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Celebration
28th
February
2026

Music by
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\$25^{Pp} Hall Opens at 3pm
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Dinner served between 6 - 8pm Dancing Starts from 8pm

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show time is Nabiac
saturday coming
7th March



Krambach Country Music

Sunday 22nd February
Details page 4

News from the Murrumbidgee Watershed is a **FRESH BOTTOM PRODUCTION**



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Editorial.

Hi everyone,
I trust everyone is now over 'holiday fug' and back to normal daily routines.

I had a pleasant Christmas with a surprise visit on 27th from the kid & family and two of his friends and they all spent most of their time visiting the surrounds so that I could finish printing the Show's Schedules whilst they were out and they came home and fixed BBQs for tea, didn't have to do much at all for that week. My kind of break?

Disaster hit after they left; the dam pump died (now replaced), my email provider sent me a message saying they were discontinuing their services and go 'find another email and phone provider before March 1st', (I am not tech savvy, so doing a bit of a panic) right before show days last minute finalisations and my lovely old red "wagon" has been deemed not worth repairing. What else can go wrong??

Not a lot of news this month as the schools are not back, although Coolongolook did sneak in an early report, the CWA hasn't had a meeting, a couple of advertisers have retired, Krambach Gardeners haven't had a meeting and nothing to report from the Village Futures Group or the Vet. Roll on next month.

Bunyah Hall is getting all set up for its Centenary Bash and it sounds like a great time could be had if you go and help them celebrate.

Country Music Day is on again at Krambach Hall, details page 4

Krambach Hall is having an extraordinary meeting to try to get new members for their Committee to help keep the Hall going. If it shuts, it will not open again!!! If you want to help your local community, trot along and see if you can help.

Be extra careful mowing or whipper snipping as the growth in the paddocks is still dry and we don't want another fire in the area - note Bulahdelah's and Nabiac's recent fires which took off in minutes to cause loss and worry. The grass fires spread so fast, which is why I was nervous about not having a working pump.

From the photo on page 25 Krambach's former Ladies Golf Group look like they enjoyed their yearly catch up. Great photo.

The Show is only 5 weeks away. Have you got your entries worked out?? Finished???

Timidty Cat is coping with his diabetes injections and apart from being continually "staaaarviiiiing mum" from the meagre amount of food he is allowed, he seems to take it as routine. Apparently animals with diabetic problems are always hungry and have to be on a VERY restricted special diet. What our fur babies put us through!!!

That's all from me, until next month

Lyn & Timidthy



WHAT'S HAPPENING IN FEBRUARY, 2026

Markets & Events.

- Bulahdelah (1st Sat) 7th 8am to 1pm
- Blackhead Bazaar (1st Sun) 1st 8am to 12 noon
- John's River Country (2nd Sat) 14th 9am to 1.30pm
- Wingham Farmers (1st Sat) 7th 8am to 12 noon
- Myall Quays (3rd Sat) 21st 9am to 1pm
- The Hub Taree Showgnd (3rd Sat) 21st 8am to 12 noon
- **Krambach** (3rd Sun) **15th** **8am to 12 noon**
- **NABIAC** (Last Sat) **28th** **8am to 12 noon**
- Old Bar (Last Sun) 22nd 7am to 1pm
- Pacific Palms (Last Sun) 22nd 9am to 1pm
- Forster Town (2nd Sun) 8th 8am to 2pm
- Halliday's Point (1st Sun) 1st 8am to 11am -?
- Town Head (every Mon) 8am to 2pm
- Mt. George (4th Sat) 28th 8am to 2pm
- Forster Farmers Market (3rd Sat) 21st 8am to 12 noon
- Bobbin Community —th 9am to 2pm
- Tuncurry Markets (4th Sat) 28th 8am to 1pm
- Burrell Creek (2nd Sun) 8th 9am to 12.30pm
- Gloucester (2nd Sat) 14th 8am to 12 noon
- Wingham Markets—showgrounds

Check out barringtoncoast.com.au for more info & confirmation

Phone Lyn on 02 6559 1811 Email: paulreid@iprimus.com.au

Production: Lyn Reid

Contributions To: The Editor, *Across The Fence*, 1 Barry's Road, Firefly, N.S.W. 2429 or c/- Modern Motors, Nabiac, N.S.W. 2312 - **please phone**

WHEN you have left articles there to be collected

Contributions should be submitted - in writing - by the 25th of the month for inclusion in the following month's edition.

ALL ART WORK IN JPG ONLY

Disclaimer: The editor has **no affiliations to any advertisers** and the opinions expressed by submitters are their own.

ADVERTISING COSTS

Advertisements Size	1 Mth	6 Mths (per month)
Business Card - 9 x 5cm	\$ 25.00	\$ 15.00
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Full Page - 19 x 27.5 cm	\$110.00	\$100.00

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Show News

Only 5 weeks to show day at Nabiac. How are your entries coming along?

The Schedules have all been delivered to numerous drop points in Nabiac, Coolongolook, Krambach and Dyers Crossing. You can also look them up on the nabiac.com web page.

I apologise as I forgot to include the **ART ENTRY** form in the Hall Schedule. If you need one it is on the web or you can call me and I will email one to you.

Hopefully the weather will be fantastic and all of the events will be going ahead as normal.

Bad news for some is that we are NOT having the Demolition Derby this year due to changes in the rules which, hopefully, will be sorted out by next year.

To replace the Derby we have managed to get **Dave Manchon** and his **ROOFTOP Express Show**, which is show combining horse showmanship, stunts, with horses and cattle. I have been told it is a spectacular event!

We are always needing volunteers SO if you have the day, or just a couple of hours free and would like to help out, please contact me. It might just be helping the different ring stewards or in the hall running meals out to the judges, etc. It would also be good to have a couple of spares for helping on the entry gates.

We will be having the usual beef cattle competitions, horse events and jumpers, the show dogs down in the football ground area. Our new Poultry steward has been building up the Poultry entries and the shed has been expanded out the back for the ducks and geese.

This year we have Joe May back with Mr & Mrs Wow and son, who do stilt-walking and other clever rope shows, Quinorie with her magic tricks and her face-painting fairies, the Peppa-rific theatre with Peppy Pig, Crazy Hair Troll & Puppy Patrol shows, Old McDonald's Baby farm animals, the Reptile Man with his snakes, tortoises and baby crocks.

There will be lots of food stalls and market stalls to visit, music through the day and for the teenagers, the sideshow rides.

Woodchoppers, old machinery displays beautiful crafts and art in the hall and the LIBRARY, this year. Much more as well.

Remember there is a BBQ at the ring canteen and the bar is next to it, the hall canteen serves meals and snacks as well.

Gate entries are still A. \$15, F \$40. Kids \$5, Pensioners **with card** \$5
 Where else can you get a full days entertainment for that cost???

Remember we finish with our fabulous Ka Boom Fireworks at 8pm.

Lyn Reid - Secretary -6559 1811

Nabiac Landcare



Nabiac Landcare will be back working in the bush on Wednesday, 4th February (weather permitting) 8-9am to 11am. We usually start the year with a walk around to check our work sites, followed by planning for the year AND a very yummy morning tea. New members are always welcome. We'll teach you to identify the weeds and the natives. You don't have to work every week if you join us. We can find a job for anyone of any level of fitness.

How are the weeds on your patch? If they got a spot of rain in January, probably green and growing. I have noticed that the hot, dry conditions of spring and early summer were a real set-back for my garden and my patch of bush. Growth after pruning was slow and many plants struggled to flower properly. What little rain we had never managed to make it into the creeks. It is possible to take advantage of dry creek beds and control hard to access weeds like privet and camphor laurel working up from the creek bed rather than down steep slopes.

This time of the year is normally a great window for weed control. Just remember, if a plant is stressed due to excessive heat or lack of water, herbicides may not be as effective as when conditions are better. If conditions aren't suitable for herbicides, drought affected lantana is often easier to pull. Just be careful of erosion potential. Another thing you can do is collect, bag and red-bin or burn seeds of problem plants like cassia and Formosan lily. As my weed hating grandma used to say...one year of seeding...seven years of weeding...although I know a few weeds that you can double or even triple that time frame.

Even if you can't help in the bush, you can do your bit for our lovely area. If you have a garden remove fruit and seeds from exotic plants that the birds and wind will spread. When you prune, compost your prunings or use your green bin. Over the fence or across the road in the bush shouldn't be an option. Most of all enjoy a quiet walk in the local bush!

If you're interested in joining us, having a look at our projects or just having a chat, give me a ring on 65543196.

Liz Rees



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Market Saturday 9am to 1pm
37 Nabiac St, Nabiac
6554 1876



News from Nabiac Second Chance Op Shop

We hope everyone had a lovely Christmas and New Year.

A big thank you to everyone for your ongoing support of the Op Shop and Shed.

Funds from sales have been amazing and increasing each year.

Projects.

You may have noticed the work has started on the new multi-function sports centre.

Hopefully it will be completed by August 2026.

The Op Shop is donating funds towards this project.

Without the ongoing support from the community this wouldn't be possible, so thank you all.

Donations.

A friendly reminder regarding donations.

Please do not donate dirty or unsaleable clothing / items. This has been a big problem in the past.

A lot of the donations received after we opened in January, 2026 were unsaleable, mainly clothing.

Please be mindful when donating. If you wouldn't buy it for yourself, family or a friend, please do not donate it.

A reminder we are unable to accept toys, electrical, car seats for babies/children and mechanical items.

If you are wanting to donate and unsure if we can accept your donation, please call on the above phone number before donating.

Thank you in advance for your co-operation and understanding.

Pool Passes

A reminder we are selling Pool passes for 25/26 season between 9.00am and 11.30am Monday to Saturday.

If you still have your 24/25 pass bring it with you as there is a discount of \$5.00 when you purchase your 25/26 pass.

If you wish to purchase a Pool Pass outside our hours, you will be able to purchase your pass from the Old Bank Centre

History of Nabiac books are still available.

Cost of the book is only \$30.00.

Volunteers

Looking for lady volunteers to work on a Saturday morning.

It wouldn't be every Saturday, once a month is all that would be required.



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Please call into the Op Shop and leave your name and number with the lovely volunteers.

Alternately you can call the Op Shop between 9.00am to 12.00pm Mon to Fri and leave your details. Phone Number is 6554 1876.

I will be in touch to organise a time and day that suits you to meet up. I work Wednesdays and most Saturdays.

If you are already a member of Nabiac Memorial Neighbourhood Centre, I will be able to start you immediately.

From all the wonderful volunteers of Nabiac Second Chance Op Shop.

KRAMBACH HALL

PRESENTS

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SUNDAY 22ND FEBRUARY

Contact - Meryl 0429 647 393

Laurie 0411 583 890



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NEWS FROM BUNYA

Bunyah Centennial Celebrations

Come Celebrate 100 Years at the Bunyah Public Hall!

You're Invited to a Once-in-a-Lifetime Event!

Join us for our **Centennial Celebrations at the Bunyah Public Hall on 28th February 2026!** The festivities kick off from 3:00 pm and promise a memorable arvo and night for all ages.

Whether you want to rock up at 3:00 pm to hang out with mates and soak up the afternoon vibes or turn up from 6:00 pm for a cracking meal followed by a live band, there's something for everyone at this milestone celebration.

No matter how you get here—ride your horse, stroll down the footpath, hitch a ride on a tractor, nab a lift with a mate, or simply find your own way—just make sure you come along! The main thing is to join in, celebrate, and help make this Centennial Arvo one to remember.

What's On

- * Vintage Car Display & Machinery – Admire a stunning selection of classic vehicles and early machinery, on show from the afternoon, supplied by the DONK (de Olde NABIAC Klub)
- * Early Memorabilia Showcase – Step back in time with rare local treasures and stories, early in the evening.
- * Speeches and Presentations – Honour our shared history.

Entry & Dinner

Entry: \$25 per person (includes dinner and entertainment)

Children 12 and under: Free

From 6:00 pm: Enjoy a delicious three-course meal featuring:

- * Grazing board on arrival
- * Three selections of tender meats, Turkish bread, and a choice of delicious salads

- * Scrumptious desserts such as cheesecake, pavlova, granny's apple pie and chocolate cake.
- * Non-alcoholic beverages
- * Supper provided for late-night revellers

Dance the Night Away

From 8:00 pm, hit the dance floor with the well know fantastic band **Country Dance Revival**, playing all your favourites to keep the celebrations going into the night!

Extras

- * BYO alcohol – Bring your favourite drinks and enjoy the festivities your way
- * Cash payments, and EFTPOS available on the night. Everyone is welcome.
- * Donations welcome.

Book Your Spot

Secure your place early!

Email: bunyahhallbookings@gmail.com

Phone: Mel (Booking Officer) on 0416 131 062

Or simply pay on the night (EFTPOS available)

You can camp at Forest Creek Retreat, which is right behind the hall. Be sure to book your spot by February 21st—just call Mel at 0416 131 062. Please note that overnight stays at the hall are not permitted.

See You There!

Don't miss this milestone event – bring your friends, family and neighbours to Celebrate a Centenary of Bunyah memories. We can't wait to see you there!

Warmest Regards,

Bunyah Public Hall Committee

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MINIMBAH MATTERS



Minimbah Rural Fire Brigade wishes everyone a very happy, healthy and safe New Year. Maybe you snuck in a little bit of a well-earned rest. We hope so.

From a Brigade point of view, we got more than we wished for over the Christmas/New Year period, but as the saying goes – all's well that ends well.

The devastating Bulahdelah Fire seemed to be no sooner completely out, when we were called out to the Aerodrome Road and Willow Point Road fires which started on 28th December, and therefore we saw 2025 out, right there on the fireground. Roll over into 2026 and, along with many other Brigades, we were still amongst the flames and smoke. There were several close calls but due to dedicated, well trained, community minded volunteers, together with the help of property owners and residents, there were no lives or homes lost. The trees are blackened and bare, some lost forever, and a large area has been scarred, but Mother nature is very resilient, and this time next year hopefully we will be looking at wonderful new greenery.

To help suppress these fires the Aerial attack was extensively and effectively employed. Watching small planes and water-bombing helicopters became part of our daily lives for a few days. People keep telling us how amazed they are at the skills of the pilots, and of course that's right. It requires training, skill, concentration, understanding of fire behaviour and so much more. The Firebosses (float planes) were taking water from the rivers, and that procedure is something wonderful to watch. Understandably not everyone is able to provide us with water, especially when things are so dry, but to those who did we want to thank you (especially the Artisan Farmer) for allowing us to take water from your dams for our trucks and helicopters. *Your dam water was invaluable.*

Let's talk about NUMBERS.

Responding to a fire is just like winning Lotto.

If you have the correct numbers, you're a winner. Some people really think about it, while others have a random guess. With regards to bush fires, house fires and the like, a random guess could be very costly, and you would be losing more than just money.

Street Numbers versus Lot Numbers.

Our Fire Station is at **681** Minimbah Road which is 6.81km from the beginning of Minimbah Road. That's how they work out rural road



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numbering – by distance.

Co-incidentally it is also **Lot 2** of a certain DP which means absolutely nothing to an emergency services crew responding to an emergency. Due to subdividing of properties there would be many Lot 2s in Minimbah Road, or any other rural road for that matter.

If you are reporting an emergency, please take a few seconds to identify a landmark before you dial Triple Zero (000), especially if you are travelling. You might be just going past a well signed crossroad, or a large navigational advisory sign that tells you how far you are away from a certain town, or simply a well-known landmark. The 000 operator will ask for this type of cross reference – the Pacific Highway is a long and winding road.

Having a distinct property number on your front gate, letterbox or fence is high on the wish list of Fire Brigades, Police, Ambulances etc. Please do it.

Information of this nature is extremely important to us. It saves time. It could save lives.

Let's talk about EMBERS.

The dictionary describes them as *"small pieces of live coal or wood in a dying fire"*. That's true, but we know they are not all small pieces. In the world of a Fire Fighter, an ember can be anything from a tiny spark or a flying lit gum leaf, to something quite large. Consider this for instance: A reasonable sized piece of burning branch is broken from a tree by strong winds, lands on the roof of a house, or breaks a window and all of a sudden there is a fire inside. Now, **that's an ember!**

They are all relative. If they carry fire, they are an ember. They are all dangerously capable of starting a fire. The level of devastation they can cause depends on where they land and how quickly they are noticed and extinguished.

ONE EMBER CAN END IT!

Be well prepared.

Be vigilant.

Make and practice a Bush Fire Survival Plan.

Speaking of travelling and Christmas etc., over the past "festive season" we have combined with Nabiac Rural Fire Brigade to provide the Driver Reviver service at the Wang Wauk rest stop. It's a rewarding and fun service to provide and is much appreciated by the

Jason Packer
Director / Bricklayer



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hot and weary travellers. We believe it should be in the category of *lifesaving service*.

**The Weather Makes the Decisions for Us.
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REQUIRED**



NSW RURAL FIRE SERVICE

Currently Free Fire Permits are required from the RFS before you are legally permitted to light outside fires. Fire Permits are suspended on days when the Fire Danger is High or above, e.g. Extreme or Catastrophic. **Total Fire Ban** days are just that **A Total Ban on all outside fires.**

Go online to rfs.nsw.gov.au/fire-information/BFDP to apply for your free Fire Permit and follow the prompts.

Please call the **Mid Coast Fire Control Centre on 1300 643 262** with your queries and for contact details of your nearest Fire Permit Officer.



Remember, all year round, to give at least 24 hours' notice of your intention to burn to your neighbours and the NSW Rural Fire Service. www.rfs.nsw.gov.au/notify

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**CTC on TUESDAYS, &
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9.30am - 12 noon**

Nabiac Community Technology Centre

is open on Tuesday, & Friday mornings (Wednesday photo copying only – see Suzie in the OP-Shop) from 9.30am until 12 midday in the Neighbourhood Centre, 37 Nabiac Street.

We offer copying & printing - Colour or Black & White (30c a side A4 black & white) laminating, scanning & binding.

Colour price variable depending on amount of colour on the page & plain or photo paper - from 80c to \$3.00 A4.

We have fast computers available for your use or bring in your laptop to use our Wifi - \$5 for the morning.

We are all available to help with computer, tablet or mobile phone software problems - Word, Excel, PowerPoint, Publisher, editing photos, emailing, or searching the internet.

We have a colour scanner. Bring in your old photos & scan them to an external hard drive or DVD.

Alan, Terry, Stewart, Jillian and Sheila.

PUBLIC NOTICE:-

KRAMBACH SCHOOL OF ARTS INC. 2026

A SPECIAL MEETING TO KEEP THE DOORS OF THE HALL OPEN WILL BE HELD ON

MONDAY 9TH FEBRUARY, 2026.

AT 7:00PM.

IN THE HALL (Bucketts Way, Krambach)

THE HALL IS A MAJOR PART OF THIS TOWN and is used for MEETINGS, FAREWELLS, PARTIES, MARKETS, COUNTRY MUSIC DAYS, ANZAC DAY MARCH SERVICES, FITNESS CLASSES AND OTHER BOOKINGS

NEW MEMBERS ARE NEEDED TO HELP WITH THE RUNNING OF THE HALL.
ALL POSITIONS TO RUN THE HALL WILL BE OFFERED.

IF NOT ENOUGH INTEREST IS SHOWN IN THE RUNNING OF THE HALL, IT WILL HAVE TO CLOSE

Contact. Fay at rustyfay@live.com.au



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COOLONGOLOOK PUBLIC SCHOOL



We are delighted to welcome everyone back for what is shaping up to be an exciting, challenging and opportunity-filled 2026 school year. The school has come alive once again with energy, curiosity and connection, and it has been wonderful to see students settling back into routines and reconnecting with friends and staff.

We begin the year with 30 students, including seven new "Little Lizard" Kindergarten students who have joined our school community. This is a fantastic intake, and we are thrilled to welcome such a strong and enthusiastic cohort into our school. Our youngest learners have already begun finding their feet, forming friendships and engaging in learning, and we look forward to watching them grow and develop as an important part of our school's future.

Term 1 is set to be a busy and exciting time. A major highlight will be the *Small Schools Swimming Carnival in Gloucester*, where our students will proudly compete alongside Krumbach, Barrington, Bungwahl and Stratford. Events like this are always a wonderful opportunity for students to challenge themselves, support one another and represent our school with pride. We wish all students the very best of luck and look forward to celebrating their efforts and achievements.

Our teaching team for 2026 once again includes Mr *Tindall*, Mr *Martyn* and Mrs *Donnelly*, providing strong continuity and consistency for our students. We are also very pleased to warmly welcome Mrs *Catherine Quinn*, who joins our staff this year and brings valuable experience and enthusiasm to our team. A big welcome back also goes to Mrs *Loveday*, Mrs *Everingham* and Mr *Jake Loveday*, whose ongoing support and commitment are greatly appreciated. At the same time, we continue to send our very best wishes to Mr *Jacklin*,

who remains unwell at this time and very much in our thoughts.

Our first Parent Information Session will be held on **Wednesday 25th February**. This session will provide families with an overview of classroom routines, learning expectations and key activities planned for 2026. Importantly, we will also reflect on feedback from 2025 and outline how community voice will continue to inform our priorities and decision-making throughout the year. We strongly encourage all families to attend and be part of these important conversations.

Our first school assembly for the year will take place on **Wednesday 18th February at 2.15pm**. Assemblies are a special opportunity to come together as a school community to celebrate learning, recognise student achievement and strengthen connections between home and school. We hope to see many families join us.

There are also some exciting developments happening around the school grounds. A new bell system has been installed, allowing music to be played leading into, during and after breaks, adding a positive and uplifting atmosphere to the school day. Construction of our **Yarning Circle** has begun and is already starting to take shape. This will be a vital space for connection, reflection, storytelling and learning, and an important feature of our school moving forward. We are also looking forward to student play stencils being installed early in the term, as well as the completion of the pathway along Lombard Street that will further connect our school with the wider community.

As always, if you are new to the area and are looking for a welcoming small school that caters to all of your child's learning, wellbeing and social needs, we warmly invite you to visit. Come and have a look around, meet our staff and students, and see if our CoolSchool is the right fit for your family.

We look forward to sharing more updates as the year unfolds.

The CoolSchool Team

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Nabiac News



Blazeaid volunteers are still at the Showground Lane Complex and continuing their great work in the area.

As mentioned they have erected some 180kms of fencing since July and are continuing to do so around Wingham and the lower Manning.

Worth mentioning, local businesses are benefiting from these recent disasters in that where possible, all supplies are purchased locally. Some serious dollars are involved locally for fencing supplies and many other services.

Who would like to do fencing in the summer? Nup not me but these volunteers do every day. Some stay a few days, many for several weeks and obviously enjoy assisting those less fortunate. Some serious equipment is used that does make the operations much less difficult.

They come from every walk of life - managers, truck drivers, orchard owners, the list is nearly endless. We wish them well.

They always knew that they would have to vacate the complex when the sports start again.

Nabiac is ideally located for Blazeaid as they still have some 130 jobs to complete in Wingham and the Lower Manning and upcoming jobs following the fires south of Bulahdelah which means we could have them here for some time yet.

A condition on their location is that they cannot be on private property, rather on Council land and a commercial kitchen which are both at Nabiac.

Talks are underway to hopefully relocate to the Showground following the upcoming Show on March 7th.

Many would have noticed some activity around the creek near the bakehouse/Griffo's butchery.

Fear not, the Russians aren't coming, rather following a water main burst on the school side, some serious work till the early morning hours was carried out at the time to enable temporary repairs to be carried out and keep the village operating. Water was diverted to different areas to enable a satisfactory supply. Stuck valves didn't help the situation at the time.

These mains were installed in the mid 60s and main pipe types have changed so special connections had to be obtained which only recently became available and permanent repairs are now complete.

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Have a laugh with the kids. History Teacher: "What was Camelot?" Student: "A place where camels are parked!"

What's the difference between a train station and a teacher? - One minds the trains and the other trains the mind.

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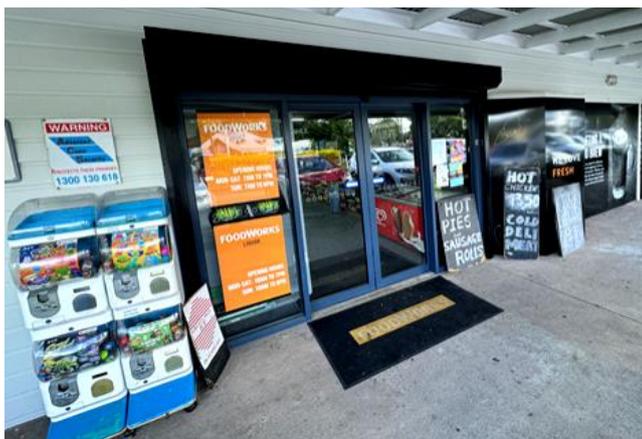
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Nabiac RSL - AGM



Welcome all to 2026. I hope it's a prosperous and healthy one for all of our members, families and friends.

Our first meeting and **AGM** will be held at our home base, Nabiac Motorcycle museum 33 Clarkson street, Nabiac. **11am on the 7th of February 2026.**

Please make every effort to come along and vote for and meet the new committee for this year.

All positions will become vacant and all service personnel are encouraged to participate.

There is a place for non personnel as well. Hopefully, this year we will be adding a social committee to assist in our activities. All members, male and female, are encouraged to put their hand up.

Welcome to our new members for this their first full year with us. We look forward to catching up .

Our social calendar starts on the 15th of February, at Forster Keys, with a full day of on water activities and a luncheon.

Looking forward to catching up with you all. This year should be bigger and better.

Regards,

Max Frost

President

Nabiac RSL: SB



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This month's "AHHH" moment



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Megan's Health and Wellness

Hi to all,

I hope you ate your weight in cake over Christmas and embraced the festive season. It's a new year (well, according to the Gregorian calendar) and the last month of summer before we enter into Autumn.

We've got plenty of cucumbers and watermelons growing in our garden, so many that we've been handing them out to any and all! I have to gloat how good it is, not just to have enough space to have gardens and grow organic, fresh veggies right outside our doorstep, but to have enough to share around... I feel like a real good-doer!

Cucumbers and watermelons are awesome foods to eat throughout the summer; they contain high amounts of water and minerals, such as calcium, magnesium, potassium, phosphorus and zinc, just to name a few. Cucumber (particularly the skin) is especially high in silica, which could be the reason we associate them with "beauty" as silica is wonderful for our skin and hair. Additionally cucumbers are great for those with diabetes as it helps lower blood sugar levels and are very hydrating.

Many fruit and veg are a source of hydration as they contain electrolytes, which are minerals that have a positive charge and conduct electricity - or more simply put, they act as "water magnets". What this means is they ensure our cells absorb the water and actually become hydrated, instead of it just passing through our system and we're having to go to the loo all the time!

Ensuring we have adequate hydration is part of the "essential needs" of a human as water is required in almost every function, like digesting foods, removing wastes and toxins from the body, lubrication of joints and, relevant to summertime, temperature regulation.

Without enough water we feel fatigued, have poor concentration and digestion, and may be the simple cause of a headache.

Other foods to consider for hydration are pineapples, oranges, strawberries, rockmelons, tomatoes, capsicums, lettuce, celery. All are great snacks to hydrate yourself but they're also nutrient dense and high in fibre for healthy bowel movements.

Here's a quick, simple and healthy snack for some inspiration:

Rice cakes, spread with tahini.

Sliced cucumbers with a pinch of salt.



WINGHAM & VALLEY VETS

6557 0000

Kimchi added on top.

Too easy!

While drinking water is a clear and obvious choice to hydrate ourselves, there are some tips and tricks when it comes to getting the most out of it.

Let's call it "water hygiene".

I add a pinch of salt in 1 litre of water to provide the minerals for an electrical charge and better cell absorption.

The best salts to use, whether it be for adding to water or cooking, are those that are unprocessed and have retained their natural mineral content and ratios.

It is a shame but there are many salt products at the supermarket that have been refined and nearly all of the natural trace minerals filtered out, leaving an unnatural and imbalanced ratio of just 2 minerals: sodium and chloride. Which may explain why many suffer from issues linked to high sodium... Meanwhile, unprocessed salt contains almost 90 minerals! I use Celtic Sea Salt, but pink Himalayan salt is also an option if unrefined and unadulterated.

If salt isn't available, squeezing a bit of lemon, lime or orange, or in theory any fruit will do, and will put a charge in your water.

Another thing is to sip. Allow the water to mix with the saliva in your mouth. Sculling volumes will just pass the water straight through you and back to the loo you go! Smaller amounts are easier to absorb. Furthermore, water can dilute the gastric enzymes required to break down our food, which means it enters our gut undigested and can become fermented, a contributing factor as to why some people have gut issues, like chronic bloating and pain in IBS, and breakouts of skin such as acne.

In fact, for those suffering with any chronic conditions, I would recommend no water intake 1 hour before and after large meal times, until their stomach / acid becomes strong again.

And last, but certainly not least, is water quality. Clean and filtered water is best. But that's a whole topic in itself that could lead us down some rabbit holes... So, I hope you embrace the last month of summer and enjoy keeping yourselves hydrated!

Until next time,

Megan.

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REAL KULTCHA

Welcome to 2026. It's a whole, brand new year that stretches out in front of us and just to look at it from a different angle, I've never been this old before!

In my last missive I vented my anger on how pathetic *The Galahs* were on the first day of the first Ashes Test in Perth and how I was going over there to geld a few of the players to get them to concentrate/focus on the task in front of them. Would you believe with just the rumour of me arriving with my bottle of metho and rusty razor blade, they focussed and took out the Perth Test in just two days! Who says I'm powerless! The rest (as they say) is history: Brisbane and Adelaide were doddles and *The Galahs* were up three zip going to Melbourne and on track for a five zip rout. Ah, Melbourne – beautiful one day (or maybe an hour of one day) and crap thereafter. And what kind of wicket was prepared at the MCG for the Boxing Day Test? The best way to describe it I suppose, is to say it was reminiscent of a "mullet" hairstyle – the grass was short in some places but mostly long! The result: it was almost unplayable and, like Lazarus, the Poms rose up and won it. The MCG curator (you'll be happy to know) has been transferred to preparing wickets in Antarctica (and long may he toil there)! On to Sydney and normal services were resumed: a five day Test was played, the weaknesses in the Poms' side were finally exposed and Smith guided *The Galahs* to another win. Yeh, it wasn't five zip but four one is pretty close so we'll take it.

Here's a thought bubble from me: with this Ashes series exposing the unreliability of grass wickets, why can't we Aussies come up with an artificial wicket, maybe a rubber based strip along the lines of Heuga carpet tiles! It can't be that difficult to make something that would be hard (to help the fast bowlers) but with a surface that would take spin. If something like that could be developed it would get rid of poorly prepared wickets (like the MCG), we wouldn't have to watch, read or listen to the legion of dribblers going on and on about the condition of the wicket, it wouldn't have cracks developing in the surface over the Test and it wouldn't be subject to being cut up by bowlers on their follow through. You can pass this suggestion onto anybody you think might want to have a go at developing the idea but you heard it here first.

There's another event that starts on Boxing Day and that's the Sydney to Hobart yacht race. There are three *starting lines* up the harbour with the big boats up front because, let's face it, a thirty footer would

certainly come off second best if a hundred footer bore down on it under full sale after starting from the rear line! The big boats of course, get all the attention after the starting cannon is fired, as they race for the heads, turn right at their marker outside and then head south under as much sail as they dare to put up and at a speed like all the hounds of hell are after them! It's a handicap event and much like Rugby Union, the rules are incomprehensible to we outsiders. What I do know is the big boats (because of their handicap) are effectively racing for line honours in Hobart so they're going hell-bent -for-leather and hoping the weather down the south coast and across Bass Strait is good because if it goes pear shaped, they'll encounter it first and the last few years have seen a deal of wreckage, several deaths and many withdrawals when the weather turned foul. Their race of course, is over quickly and the race record was set by *Comanche* in 2017 at 1 day, 9 hours, 15 minutes and 24 seconds! Hardly worth getting the sails wet! The overall winner in 2025 however, set a couple of records. It was *Min River*, a double-handed (manned by only two people) yacht which took it out (a first) and the vessel was captained by a female (another first). *Min River* took just under 4 days to complete the race and won it after a protest against another double-handed yacht (named *BNC*) was up held because they'd used a pole to secure the spinnaker as they sailed up the Derwent. Do I know what I'm talking about? Haven't a clue but that last bit is from the official records so it's got to be correct.

Greyhound racing has copped some flak and some of it was quite justified. It survived an attempt by the NSW Government to shut it down completely several years ago but it now appears the sport could be on the skids. Once seen as a battler's sport (a greyhound is much cheaper to own, train and race than a thoroughbred horse) the governing body has decided to *rationalise* the number of tracks in the State and so Moree, Muswellbrook, Broken Hill, Coonamble, Kempsey, Potts Park, Tamworth, Wauchope, Wagga Wagga and Young are all doomed or already gone. If you follow the *dish lickers* I'd suggest you be prepared to see your sport consigned to history.

Talk at you next month,
The Hillside Critic

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Hollywood kangaroo, Feznik, had plastic surgery to reconstruct his lip after he was attacked by a wolf

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Welcome to Deb's Gardening



Another year over and a new one has begun, my house has been filled with children for the school holidays. They have all gone back home now and peace is upon me. I need a few days to recoup, get my house back in order then it's into the garden. I have only had snippets of gardening this past few months. Having the grandkiddies for the school holidays reminds me of when my children were little, gardening was difficult, stop start, stop start or not at all. I had a garden but it was a challenge to get out into it and it was only a small garden nothing to the extent I have now.

What gardening I did achieve in the past month was plant more corn which has germinated. I watered the garden, thank goodness the rains came and greened everything up again. Pulled a few weeds out now again when the children were playing outside. Pruned the Irisine which likes a good haircut to maintain shape.

Iresine is a soft wooded shrub from Brazil, growing around 1m tall with an open, loose habit. This frost tender plant is grown for its beautiful foliage. It does prefer a shady spot but I have a few growing in full sun and the colour is less vibrant than the shaded plant but is still striking. The heat also got to the Iresine that are in the full sun and didn't get much water over the dry period, so a good hair cut and they are already showing signs of healthy new growth. They also make a nice display in the vase. I also potted up my buxus and roses which I propagated a few months ago and now waiting to plant when the renovations have finished. (And no, the renovation has not finished. We are in year 2 now but only the front veranda to be finished and that's it, the inside is complete).

I netted my pears but it was a total waste of time. Instead of the birds getting the pears the monolepta beetles annihilated them. The beetle managed to find its way under the netting. I went to check on the pears only to discover that they were brown, not having my glasses on, I had to focus and discovered every pear was swarming with the beetles and being chewed. Not one pear left, I have never had that happen before. I am sure this season is worse than last year. I don't mind a few beetles around but that plague was so bad that I bought a few cans of fly spray and the pear tree got a spray. My alfresco ceiling is brown from where they go at night. They must be attracted to the fairy lights that are still up, so I would get the spray out and give them a hit at night, slowly the numbers are dwindling.

I had to research the life history of the monolepta and found that the

eggs are laid in the soil surface, mainly in pastures, and the larvae, which are about 5mm long when full-grown, feed on the grass roots and pupate in the soil. The life cycle takes about 2 months during summer and there are 3 to 4 generations annually. Adults usually emerge from the soil after good rains following a dry spell. If larval populations in the soil are high, the multitude of emerging beetles will form an aggregation and swarms may migrate into tree crops at any time of the year.

Another incident that I had to deal with was the rodents getting into the vegetable garden. The final straw came when I went to pick some beetroot only to discover that they were all eaten by rodents. I have been umming and arring whether to bait or not; well eating my beetroot was the last straw so out came the baiting station. I saw one come out of it when I went to check the bait and it was just a black rat, yuck. So I felt no remorse, only relief that I am on top of rats in the garden.

On a positive note the grandkiddies ran around the garden with no shoes on because the iron sulphate that I sprayed to kill the bindii back in October worked, not a bindii on site. The tunnel that I erected over the tomatoes and capsicum has worked a treat, plenty of tomatoes and capsicum to eat, sundry and cook with and give away. I have a freezer full of strawberries from the strawberry patch. The peaches are picked and stewed with a few grubs in them, but not many. The mangoes are still hanging on the mango tree and starting to change colour, almost ready to pick and all have a good size about them. Touch wood, nothing eats them in the meantime.

I have 7 big banana bunches hanging on the plants all green. You can start to pick bananas when they are plump and full, the angles have softened, and the top bananas show a yellow tinge or start to split. I got a bit impatient and decided to start cutting small bunches to ripen on the bench and eventually they did but they didn't have much size about them. One granddaughter said that they were the best. They have since all been eaten so I have another bunch waiting but this lot are now bigger in size though not showing a yellow tinge yet. Harvesting them while still mostly green allows them to ripen indoors, preventing pests and ensuring a good harvest.

The garden has produced plenty of fruit and vegetables this season to harvest for just plain eating fresh, stew, preserve, freeze, or sundry. If there is one thing in life that I am grateful for it is that I love to garden and grow.

Until next time - 'Gardening is cheaper than therapy. Until your spouse adds up the receipts.'
Deb



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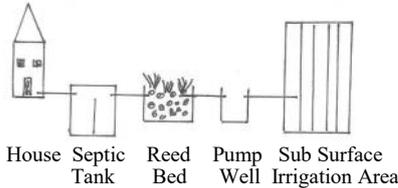
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If your lawn looks dull, feels dry underfoot or leaves footprints that don't bounce back quickly, these are signs that your lawn is lacking moisture and feeling heat stress.

Water Smart, Not Often

Water early in the morning before the heat sets in. This maximises moisture absorption and reduces evaporation. Deep, infrequent watering encourages roots to grow deeper, which makes your lawn more resilient to heat and drought.

Help Moisture Reach the Roots

As soil dries out during prolonged heat, it can become hydrophobic, meaning water just runs off the surface instead of soaking in. This is where our *Lawn Soaker* can make a real difference. Our ready-to-use wetting agent helps water penetrate deeply into the soil so roots get the hydration they need. Regular use improves water absorption, reduces dry patches and encourages deeper, drought-tolerant root growth.

Keep Up the Basics

Leaving grass a little longer, mowing at cooler times of the day and avoiding heavy foot traffic during the hottest hours all help reduce stress on your lawn.

With these tips and a little extra help from our Lawn Soaker, your lawn can finish summer looking healthy and ready for the cooler months ahead.

For more information, give us a call on (02) 6550 2126 or check out our Lawn Maintenance Advice on our website; www.aglandturf.com. Open 6 days a week, we stock a wide variety of lawn care products on-farm at 520 Dargavilles Rd, Nabiac.



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except December

Next market: Saturday 28th February. 8-12 at the showground.

Happy New Year All!

Kick-starting 2026.

We rounded off 2025 with a successful November market. Stallholders reported excellent sales, and it was a wonderful end to the year.

We have just had our January committee meeting and are excited to continue working together in 2026. We are proud of our team commitment, our stallholders and the connection between Nabiac Farmers Market and the community. We also love that many people come from outside the immediate area, planning their trips up and down the coast, around market day in Nabiac.

A favour to ask! Please follow us on Instagram, and press "like", "share", or make a comment. Social Media is one of the most significant platforms for us to get the word out about our market. Facebook gets pretty good attention; however, Instagram could use a little boost. Thankyou in advance!

Search: #nabiacfarmersmarket

Celebrating Nabiac Farmers Market



2026 marks our 23rd year in business, since the market was founded by fondly remembered, **Helen Smith**. The bench between the library and the hall commemorates this occasion.

The ripple effect of benefits from Nabiac Farmers Market is wide-reaching. Farmers markets are an essential source of income, either primary, or supplementary, for many local people. Our market is a platform for creatives and aficionados alike, to create a business for people empowered to work for themselves. Such opportunities are also a drawcard for people looking to move into the area.

Providing fresh produce helps to keep us healthy. There are many places in the world, including in major industrialised cities, where there is a fresh food desert, and people only have access to processed food. (We stopped off at one of these towns in South Carolina and literally there was no fresh food to be seen). We are so lucky here on our bountiful Barrington Coast.



Nabiac Farmers Market and the local businesses go hand in hand to boost the local economy, create a convivial atmosphere in the town and attract tourism. Not to mention the positive role modelling for



children who see the array of interactions playing out around them.

The next time you're about to head to the big stores to buy a gift or various goods, it could be worth checking to see if you can buy the items at the next Nabiac Farmers Market. The act of shopping local is a good one.

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Nabic Farmers Market's producers, who proudly make it, bake it, or grow it...

- *fresh produce, *seedlings *microgreens *flowers *wine *cheese
- *goat's milk soaps and body products *plants *woodwork
- *macadamia nuts & oil *garlic *specialty mushrooms *boutique gin
- *chutney *preserves *honey *gingerbread *culinary delights
- *art *hand-spun wool products
- *unique artisan wares *pasture-raised meat & eggs
- *coffee *specialty teas *plants *crafts *textiles *baby clothes
- *garden art *pooch care *ginger beer *jewellery

- *sourdough bread *cakes & treats *market BBQ
- *fab ready to go food *Live music



We regularly post info and updates on Instagram and Facebook. Follow us to stay in-the-know and please share our social media posts.

Thank you to everyone in our community for making our market great: Stallholders, the committee, our customers, and the shop owners in Nabic who promote us to their patrons. We appreciate you all.

See you at the next market on Saturday 28th February. Market enquiries, including new stallholder applications:

www.nabic.com nfmcoordinator@gmail.com **0438 012 781**

By **Laura Pennington** on behalf of the Nabic Farmers' Market committee.



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LAPIN MOUTARDE (RABBIT WITH MUSTARD)

There are still some butchers who sell rabbit, not cheap, but lovely when cooked properly. Rabbit stew was a common dish when I was young. This recipe is from a French Cook book

INGREDIENTS

- 1 Rabbit (dressed)
- 2 tpsps Vinegar (brown)
- Pinch Salt
- Seasoned plain flour
- 6 small Onions
- 1tbsp Olive Oil
- 30g Butter
- 125g Streaky bacon in the piece
- 3 cups Light Chicken Stock
- 2 tpsps French Mustard
- ½ cup Fresh Cream
- 1 tpsps Parsley, freshly chopped.
- Bouquet garni (parsley stalks, sprig of thyme, bay leaf, a few peppercorns)
- Salt and freshly ground Pepper

METHOD

Cut the rabbit into serving pieces and soak overnight in vinegar, pinch salt and water to cover. Drain and dry with a kitchen towel or kitchen paper. Dust with the seasoned flour.

Peel and quarter the onion, heat the oil and melt the butter in a heavy casserole dish add the onions and cook for 3 minutes until light golden, remove and keep warm.

Add the rabbit and the diced bacon and saute until golden. Pour in stock with seasonings, mustard and bouquet garni. Return onions, cover and simmer gently for 1½ hours or until tender. Arrange the rabbit on a heated serving dish.

Boil sauce brisly until reduced by half and add the cream. Bring to the boil, check for seasonings and adjust with salt and freshly ground pepper. Pour over the rabbit and sprinkle with parsley.

Serve with potato mash, greens and carrots or vegies of your choice.



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A farmer had five female pigs. Times were hard, so he decided to take them to the county fair and sell them:

At the fair, he met another Farmer who owned five male pigs. After talking a bit, they decided to mate the pigs and split everything 50/50.

The farmers lived sixty miles apart. So they agreed to drive thirty miles each, find a field in which to let the pigs mate.

The first morning, the farmer with the female pigs got up at 5 A.M., loaded the pigs into his truck and drove the thirty miles. While the pigs were mating, he asked the other farmer,

"How will I know if they are pregnant?"

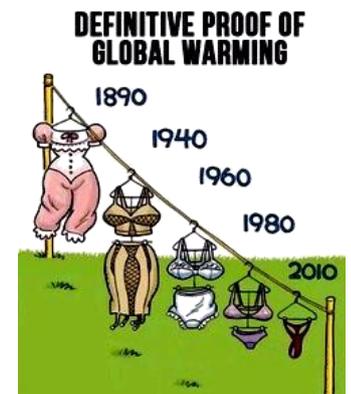
The other farmer replied. "If they're lying in the grass tomorrow morning, they're pregnant. If they're in the mud, they're not."

The next morning the pigs were rolling in the mud. So he hosed them off, loaded them into the truck and proceeded to try again. This continued each morning for more than a week. Both farmers were worn out.

The next morning he was too tired to get out of bed. He called to his wife,

"Luv, please look outside and tell me whether the pigs are in the mud or in the grass."

"Neither," replied his wife. "They're in the truck and one of them is honking the horn." 🐷



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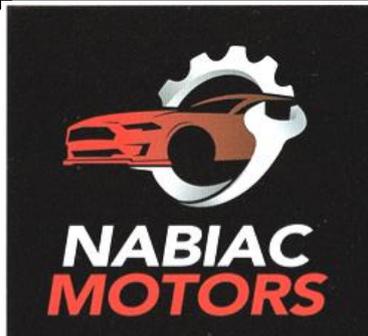
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Tanya THOMPSON #NATIONALS for Regional NSW **MINISTER'S HEALTH UPDATE IS ALL TALK, NO ACTION FOR MYALL LAKES**

Member for Myall Lakes, Tanya Thompson, has criticised the Health Minister's latest health update, saying it delivers more talk and paper-work while patients and frontline health workers across the Myall Lakes electorate continue to be left waiting.

Mrs Thompson said the public release of another Review of Environmental Factors (REF) for the Manning Hospital Stage 2 redevelopment is being presented as progress, despite no certainty around timelines or construction.

"It is January 2026 and our community is still being shown planning documents and environmental reviews," Mrs Thompson said.

"While the Minister is busy talking up revised scopes, our doctors and nurses are at breaking point and patients are waiting in corridors. We don't need more reviews we need shovels in the ground, beds on wards and staff supported."

Mrs Thompson said the community remains deeply sceptical about what will actually be delivered under the revised scope for Manning Hospital Stage 2, with concerns important elements of the original plans have been quietly removed.

She also said frustration is growing over continued delays to the Forster Urgent Care Centre, which remains stuck in consultation years after it was first promised.

"To tell an ageing and growing community that you are still reviewing plans for an Urgent Care Centre is an insult," she said.

"Locals aren't asking for updates, they want a safe place to take their sick children and family members without risking a long drive to Taree. Every delay puts lives at risk."

Mrs Thompson said the Health Minister must stop the smoke and mirrors and deliver the healthcare this region was promised.

Tanya THOMPSON #NATIONALS for Regional NSW **10,000 SIGNATURES SECURED FOR FAILFORD INTERSECTION UPGRADE PETITION**

Member for Myall Lakes, Tanya Thompson has announced that her community petition calling for urgent safety upgrades to the Failford Road and Pacific Highway intersection has now surpassed 10,000 signatures — a clear and powerful message to the Minns Labor Government that the Myall Lakes community expects action.

Mrs Thompson said the overwhelming response reflects years of frustration and fear from locals, motorists, and first responders who know just how dangerous this intersection has become.

"Reaching 10,000 signatures shows just how strongly our community feels," Mrs Thompson said.

"This petition represents thousands of voices calling for the Government to make this deadly intersection safe."

"Once Parliament returns, I will table this petition at the first available opportunity, ensuring every signature is heard on the floor of the House. I will continue pushing the Government and Transport for NSW until this upgrade is delivered."

"The community has made its position clear, and I will be pressing the Government for action."

Mrs Thompson thanked the community, local businesses, and volunteers who helped circulate and promote the petition.



Krambach Ladies Golf Group's Catch up Luncheon in December

Krambach golf ladies are still meeting for their yearly catchup, this year at Nabiac Pub for lunch and chat.

A few girls are missing in action, but still a lovely day was enjoyed by all, looking good girls !!! It's been 8 years since our course closed, but friendships are as strong as ever.

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Web Site: www.mglwoodworkers.com

Good Medicine

Good Resolution

The New Year is traditionally the time to make good resolutions ... although why do we wait till then? We wish people happy New Year and hope for things like the end of wars and poverty etc. or maybe our goals are more personal such as losing weight or making more money ... there are any number of new year wishes..

Have you considered making a resolution to read the Bible in the new year? Recently reading facts **about** the Bible has given me some new insights. However my experience from actual reading it is that you are led on an adventurous journey where there are always new things to be discovered. You never know what's around the next corner ... no matter how much you read or how long you've been reading.

In his list of 'Reasons the Bible is the Greatest Book in Existence', Warwick Marsh makes these points.

- ◇ It is the most read and best selling book in history ... over 6 billion copies sold and
- ◇ distributed worldwide.
- ◇ It is the most translated book of all time ... being fully or partially translated into 4,000 languages
- ◇ Archaeology has confirmed its historical reliability regarding many people, places and events; and over 300 Old Testament prophecies about Jesus have been fulfilled.
- ◇ It nourishes the soul – Theodore Roosevelt considered knowledge of the Bible 'more important than a college education'.
- ◇ Its deep moral wisdom supports justice, mercy and human dignity. Most people believe
- ◇ the Golden Rule ... do unto others.

- ◇ Apart from giving us comfort and hope *Psalm 34:18*, it answers life's important questions about ... suffering ... why we are here ... what happens after death.
- ◇ The Bible has transformed countless lives ... offering reconciliation ... forgiveness ... courage. Martin Luther says 'the Bible runs after me'.

What's not to love about the Bible?

What is interesting is that it was written over approximately 16 centuries in three languages by 40 authors largely unknown to each other, yet has a 'unified message' ... God loves us. The authors were soldiers, farmers and fishermen who wrote in prison, palaces and tents. Over the centuries, having been 'burnt by governments and banished by courtrooms', it has outlived all its opponents. *Isaiah 40:8* says the word of our God shall stand forever.

But can you trust it?

Think about this - prophecies fulfilled about Jesus were all written 'at least 400 years' before He was born.

Imagine if we found a book today, written in the year 1900 ... that 'prophesied two world wars, a depression, an atomic bomb, the assassination of a president and humans landing on the moon, wouldn't we trust it?' Overwhelmingly yes!

Let me encourage you to read the Bible and discover it for yourself. You will never be the same again.

All scripture is inspired by God, *2 Timothy 3:16*

Quotes from The Daily Declaration and Word for Today.

The Counsellor

News From The News

Nabiac Village Community Church

Services are held every Sunday at 10:00am
Holy Communion is celebrated with the service on the 3rd Sunday
For information regarding the Nabiac Community Church please contact **Margaret Weller** (0427 570 039),

St Bernadette's Catholic Church, Krambach

February Mass times are Saturday 7th at 6:00pm, Saturday 14th at 6:00pm, Wednesday 28th at 6:00pm,
March Mass Saturday 7th 6:00pm
(contact **Helen Legg** on 6559 1211)

Krambach Bible Church (a ministry of Wingham Presbyterian)

A Family Service is held every Sunday at 11am.
All denominations are welcome to join in.
Any enquiries please phone **Robert** (0400 310 357) .

St Paul's Anglican Church, Nabiac

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Enquiries: Contact **Sandra Martin** on 0439 541 329

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St Isidore's Catholic Church, Nabiac

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Karen Tyler, The Bucketts Way, Kundibakh on 0425 226 699

Kate McIntosh, on 6554 1144 or 0434 589 048 (Minimbah)

Amanda Chapman, on 0437 067 117, 3392 Wallanbah Road Dyers Crossing

Jane Hallock, on 0414 626 549 (Nabiac)

Brett Dennett, on 0459 988 241 (Failford)

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RSPCA (Taree)	6552 7177
Post Office - Dyers Crossing	5565 1222
Post Office - Krambach (closed 1pm to 2pm)	6559 1240
Post Office - Nabiac	6554 1211
Fire Permits	1300 643 262

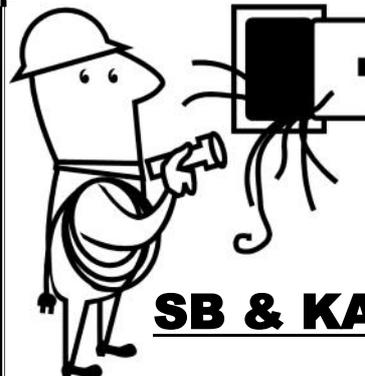
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