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ACROSS THE FENCE

Wishing everyone a



& Happy New Year Lyn & Timidthy

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Editorial.

Hi everyone,
Last issue for the year. I can kind of relax until next February.
I would like to thank all of my 'reporters', advertisers, and suppliers for helping me keep the 'paper' going so that it can keep all of our locals up to date with what is happening in our little area.
I wish you all a very happy Christmas and a healthy New Year to follow.

Bigger paper this month with reports from everyone on their past year and wishing all of their customers Happy Christmas
Consequently I have had to find jokes and fillers for the extra pages and apologise if some of them have been in before.

Apologies from the CWA ladies for a 'no show', but their reporter is not well at the moment.

Like me I suppose everyone is getting a bit fed up with the wind and changing weather. I have given up cleaning my gutters as they, literally, fill up as soon as I have cleaned them out. I think the wind god sees me finishing and thinks it would be fun to immediately send forth another huge gale to fill them up again. I am NOT amused!

The show is looming and everyone on the committee is working hard to make sure that it will be a good one and praying that we have a dry day.

If there is anyone out there with time on their hands, you would be welcomed with open arms to help us set up and work on the day.

The schools have all reported that their kids have been doing well in end of year sports games and I am really impressed with the Krumbach 'writers' - a huge combined effort for this month's issue!

FoodWorks and the Chemist Shop are putting on their annual BBQ again, details page 16. It is very generous way of Tim, Sunny and Rosie to say 'thank you' to their customers and also for anyone else who wishes to join them in celebrating Christmas.

Pet owners, it is ideal weather for the dreaded ticks to be out. Remember your furry 'babies' and make sure they have had their anti tick medicine. The Vet's article on cruciate ligament problems is very interesting. Apparently common in dogs and hard to treat at times.

Again, Happy Christmas and a great New Year to all

That's all from me, until next year

Lyn & Timidthy



WHAT'S HAPPENING IN DECEMBER, 2025

Markets & Events.

• Bulahdelah	(1st Sat)	6 th	8am to 1pm
• Blackhead Bazaar	(1st Sun)	7 th	8am to 12 noon
• John's River Country	(2nd Sat)	13 th	9am to 1.30pm
• Wingham Farmers	(1st Sat)	6 th	8am to 12 noon
• Myall Quays	(3rd Sat)	20 th	9am to 1pm
• The Hub Taree Showgnd	(3rd Sat)	20 th	8am to 12 noon
• Krumbach	(3rd Sun)	21st	8am to 12 noon
• NABIAC	(Last Sat)	21st	8am to 12 noon
• Old Bar	(Last Sun)	28 th	7am to 1pm
• Pacific Palms	(Last Sun)	28 th	9am to 1pm
• Forster Town	(2nd Sun)	14 th	8am to 2pm
• Halliday's Point	(1st Sun)	7 th	8am to 11am -?
• Town Head	(every Mon)		8am to 2pm
• Mt. George	(4th Sat)	27 th	8am to 2pm
• Forster Farmers Market	(3rd Sat)	20 th	8am to 12 noon
• Bobbin Community		— th	9am to 2pm
• Tuncurry Markets	(4th Sat)	27 th	8am to 1pm
• Burrell Creek	(2nd Sun)	14 th	9am to 12.30pm
• Gloucester	(2nd Sat)	13 th	8am to 12 noon
• Wingham Markets—showgrounds			

Check out barringtoncoast.com.au for more info & confirmation

Phone Lyn on 02 6559 1811 Email: paulreid@iprimus.com.au

Production: Lyn Reid

Contributions To: The Editor, *Across The Fence*, 1 Barry's Road, Firefly. N.S.W. 2429 or c/- Modern Motors, Nabiac, N.S.W. 2312 - **please phone**

WHEN you have left articles there to be collected

Contributions should be submitted - in writing - by the 25th of the month for inclusion in the following month's edition.

ALL ART WORK IN JPG ONLY

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Nabiac Pharmacy News



Merry Christmas to you all in Nabiac and surrounds. Proudly, on behalf of ourselves and FoodWorks Nabiac, I would like to pass on that the now annual **Nabiac Village Christmas BBQ** is on again.

All are welcome to come and grab a sausage sandwich, drinks and lollies from 5:30pm on Thursday the 18th of December. It's a light hearted event each year and we hope you can come and maybe win a lucky door prize too. We're really lucky as the very experienced *Nabiac RSL Sub Branch* will again be running the BBQ.

On pharmacy news there is a significant change coming in 2026. The general payment rate (those without a concession/pension card) will be reduced from \$31.60 to \$25.00. This brings us in line with most other developed countries and makes medication more affordable for Australian families. Pleasingly the concession/pension rate is going to remain the same at \$7.70.

Have a safe and merry time,

Tim & Staff



Nabiac Memorial Neighbourhood Centre Association Inc. AGM



The Neighbourhood Centre AGM will be held on **Thursday 11th December 2025 at 7 pm** at the Neighbourhood Centre. All financial members are welcome.

Agenda –

Election of Committee President, Vice President, Treasurer, Secretary, and Committee members.

2024-25 Reports from President, Treasurer, Nabiac Second Chance Opportunity Shop, Nabiac Farmers Market, Nabiac Nook, MidCoast Quilters, Nabiac Landcare and Nabiac Village futures Group.

Nomination forms are available from the Secretary email secretarynmnca@gmail.com

Nominations are to be received by email. Nominations close at 7pm on Thursday 7th December 2025.

After the AGM the new committee will meet at the Neighbourhood Centre.

Louise Collins, Secretary Nabiac Neighbourhood Centre



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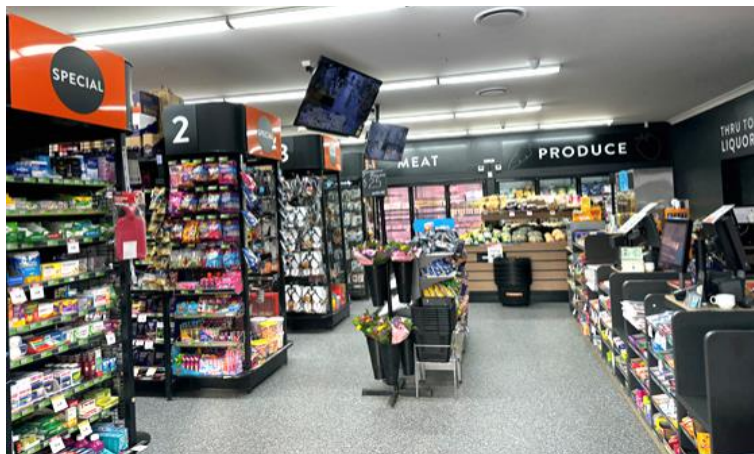
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NABIAC PUBLIC SCHOOL



Term 4 is always a busy but exciting time for us here at the best little school... anywhere! Alongside packing in lots of learning, our students have been enjoying some wonderful activities.

Our Kindergarten, Year One and Year Two students, along with our 2026 Kindergarten students, had an amazing time at the Teddy Bear's Picnic. It was such a happy and fun way to wrap up our busy transition period. The kids loved spending time with their teddy bears, making new friends, and getting ready for the year ahead. Moments like these really help our youngest learners feel comfortable and excited about being part of our school community.

In Weeks 7 and 8, we held our annual swimming and water safety program. This valuable program gave 50 of our students the chance to build confidence and skills in and around water. We are able to offer this program free to our families, thanks to the generosity of the *Nabiac Village Neighbourhood Centre*, which covers the entire cost.

We would also like to sincerely thank the *Halliday's Point Lions Club* for their very generous donation. Your ongoing support is genuinely appreciated by our school.

We still have some of our "Icons of Nabiac" Tea Towels left; they make the perfect Christmas gift — versatile, thoughtful, and full of local pride. Use it as wrapping paper, colour it in for a fun personalised touch, or gift it as is to share a piece of Nabiac with someone special. Only \$17 each! They can be purchased from the school office, The Old Bank Centre, Farm and Home, and The Nabiac Nook. A huge thank you to these businesses for stocking them to help fundraise for the best little school... anywhere!

On Thursday, December 11th, we will proudly hold our annual **Presentation Day**, a special occasion dedicated to celebrating the outstanding achievements of our students throughout the year. Families are warmly invited to join us as we recognise academic excellence, sporting achievements, artistic talents, and contributions to school life.

We warmly invite the community to join us for our **Carols on the Oval** on **December 15th**, the gates will open at 4:45pm for a 5:30 pm start. Come and enjoy a festive evening of music, joy, and community spirit! Bring your family and friends to sing traditional carols, enjoy delicious treats, and celebrate the season under the stars. Don't miss this wonderful



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opportunity to come together and embrace the holiday spirit at our school. We look forward to seeing you there!

As the year draws to a close, we want to extend our warmest wishes to all members of our school community for a safe and wonderful Christmas and holiday season. Students will return to school for Term 1 on Monday, February 2. We are especially excited to welcome our new cohort of 2026 Kindergarten students and their families.

Kind Regards,
Amelia Bridge
School Administration Officer Nabiac Public School



Krambach & District Garden Lovers News



On Monday 24th November we had our Christmas Party with special guest, **George Hoad**.

We were visited by Santa, his reindeer and his incredibly round fairy. It was lots of fun with a great bunch of people.

Certificates were given to the gardeners with the most points for their displays. People won potted flowers and prizes and we had a Christmas Carol sing along with George.

We are a happy lot and if you would like to join us in the new year you will be most welcomed.

Call me on **6559 1375** for more information.

Until next year, happy gardening



Judi

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Nabiac Landcare



Christmas is coming and the local bush is heating up. It's only a couple weeks before the Nabiac Landcare volunteers take a short break. Small weeds are getting hard to pull and other weeds are starting to stress from the dry weather and therefore less likely to respond successfully to herbicides. Our goal is to finish clearing weeds along the reserve edge between Cowper and Stuart Streets before we take our break. This task has been made more difficult by people dumping 'fill', lawn clippings and other debris along the edge and on top of the weeds. This hasn't killed the garden escapees, honeysuckle and false bromeliad (*Callisia fragrans*), that are present. The callisia is particularly tough to control since it has thick waxy leaves and stems that prevent water loss and it grows anywhere from deep shade to full sun. It makes a great house plant...keep it there!



The rehabilitation of the section of the Lilypilly Bend reserve between Cowper and Stuart Streets and Woosters Creek has been our major project for the past several years. This area will need careful follow-up to contain regrowth of privet, camphor laurel and bamboo. Areas that were addressed early in this project are beginning to be colonised by native ground covers and grasses.

I recently had the opportunity to attend a ground habitat workshop at a Dyers Crossing property. Ecologist, *Joel Stibbard*, from the Biodiversity Conservation Trust spoke about the diversity of animals that need good ground habitat to survive and strategies to improve their habitats. Many of these animals are nocturnal and wildlife camera 'traps' are being used to monitor populations.

We also had an opportunity to explore an area that is being

developed as a wildlife corridor on the property. A shallow, almost treeless erosion gully has been re-shaped, planted with trees and fenced. We explored the idea of using woody debris in the corridor to enhance habitat, provide cover, mitigate erosion by slowing water flow and trap sediments and seeds.

The take away for me on the day was

- * fallen logs, debris piles are good
- * layers of vegetation...big trees, shrubs, ground covers...are good
- * diversity of species is good
- * slowing water movement over the ground is good
- * messy makes good habitat!

Nabiac Landcare normally works each Wednesday (weather permitting) 8-9am to 11am, followed by a very yummy morning tea. New members are always welcome. We'll teach you to identify the weeds and the natives. You don't have to work every week if you join us. We can find a job for anyone of any level of fitness.

Even if you can't help in the bush, you can do your bit for our lovely area. If you have a garden remove fruit and seeds from exotic plants that the birds and wind will spread. When you prune, compost your prunings or use your green bin. Over the fence or across the road in the bush shouldn't be an option. Most of all enjoy a quiet walk in the local bush!

If you're interested in joining us, having a look at our projects or just having a chat, give me a ring on **65543196**.

Liz Rees



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WALLAMBA LANDCARE GROUP

Bush Tucker Teas.

The last gathering of the year was held at Candlarah Farm, in Firefly, on 17th November. Around 19 people came along.



The group thoroughly enjoyed the presentation by *Nardja Carter* of Black Apple Dreaming, from Biripi country. With over two decades of experience in indigenous Australian plants, as an Education Ranger for National Parks and Wildlife, Nardja is passionate about sharing the availability and benefits of bush foods.

It's still a niche market and often expensive, so Nardja continues to promote native Aussie plants both in restaurants and for everyday use.

We were guided through seven types of teas, learning about the flavours and benefits of each one, including: Quandong which has a peachy flavour and is tasty in chutney; Gumbi Gumbi, which has an average flavour, but is good source of antioxidants and is nice with honey or agave; Lemon Myrtle, which has antimicrobial properties. Its cleansing compounds make it perfect for a healthy tea;



Wattleseed, with its distinct appealing flavour has a wide range of uses including in cakes, detox, a coffee replacement.

Strawberry gum which has a sweet flavour with a eucalyptus kick, great for making ice blocks in summer; Rosella, which is tart but good for reducing blood pressure. We were advised not to use this when pregnant. It was introduced to Australia around 5,000 years ago and is good mixed with orange peel and sugar.

We learned about Kunzea, which has pretty flowers and is typically used in creams for eczema and arthritis remedies.

Nardja explained that it'd be great to grow these if we are looking to

add variety. It is much sought after from overseas.

It was inspiring to learn, taste and chat about the different teas. We had a poke around the garden and spotted lemon Myrtle, dianella, lomandra and a finger lime which has produced two finger limes in its life! It's suggested that we try to grow 2 or more finger limes together for more fruiting.

It was fun to share some bush tucker inspired culinary delights. Here are *Robyn's* wattleseed scones, topped with Kiwi fruit.

Creating plates for BBQs out of Bangalow palm pods, using dianella leaves as a whistle, and creating natural material artworks for children were also discussed.



Nardja said she wasn't sure if the whistle actually worked to deter snakes or was just used to distract kids for a while to give the adults a break!

We ran out of time

but would love to have heard more of Nardja's stories and knowledge.

We were pleased to welcome *Joel Dunn*, our local LandCare Coordinator, and some new faces too.

The next gathering will be in February 2026.

For membership enquiries email Joel Dunn: greatlakes@midcoast2tops.org.au.

Laura Pennington- Convener – Wallamba LandCare Group.
0409 997 309

Robyn Lamond – Co-convener.



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MINIMBAH MATTERS



Minimbah Rural Fire Brigade has had a "mixed bag" kind of a year, as have most of the community. We've gone from

- ◆ *it never rains but it pours* to *gee a bit of rain would be good*;
- ◆ from *not being able to get a fire going*, to *not another out-of-control grass fire*;
- ◆ from *we haven't had a callout for a while*, to *we need crews for the next five days*.
- ◆ We have also gone from births within our Brigade membership to the sad passing of a Life Member.

Amongst all of that we have held an Open Day at which we met new arrivals to the neighbourhood. We knew there had been much in the way of comings and goings in the past 12 months. The majority of new residents have moved here from the city so it was very satisfying to have them come and introduce themselves and ask questions about life and fires in the country.

From a membership point of view it has been encouraging to welcome new Members, one of who passed his Bush Fire Fighter assessment on a Saturday, and a couple of days later was out on the truck at a rather large grass fire.

The NSW RFS is very mindful and understanding when it comes to **Child and Youth Participation** (those between the ages of 12 and 18). Currently we have three Young Members. These three young ladies are very enthusiastic and just absorb the knowledge and skills that are asked of them with ease and good humour. Our Training Officer has adjusted our usual training times to better accommodate not just our new Members, but also those Members who work during the day, so you might see our lights on more often during the evenings now.

To the Young Lads of the district

are you really going to let these girls outdo you?

The NSW RFS is an equal opportunity organisation you know.

If you are, or know of, someone who has a bit of time on their hands and would like to put their energy and talents to a great community use, plus learn some wonderful new skills, please call the Minimbah Brigade **Captain Phil Costa on 0429 000 814** or send an email to minimbahrbf@hotmail.com

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Currently we are in the **Bush Fire Danger Period**

Fire Permits are required for outside fires.

On days when the **Fire Danger is High** or above, e.g. **Extreme**,

Fire Permits are suspended.

Total Fire Ban days are just that A **Total Ban** on any outside fire.

Fire Permits are Free of charge and are available through the New South Wales Rural Fire Service. Go online to rfs.nsw.gov.au/fire-information/BFDP to apply for your free Fire Permit and follow the prompts.

Please call the **Mid Coast Fire Control Centre on 1300 643 262** with your queries and for contact details of your nearest Fire Permit Officer.



If you are using fire on your property to reduce your fire risk, use it safely.

**Check the forecast and Fire Danger Rating before you light up.
 Don't be the fire risk to your community.**

Remember, all year round, to give at least 24 hours' notice of your intention to burn to your neighbours and the NSW Rural Fire Service - www.rfs.nsw.gov.au/notify

Where would we be without Lyn Reid. Everyone needs a Lyn Reid but only our district has the original and best Lyn Reid, and for that we are so very grateful. The Minimbah Community does not have facilities such as schools, halls, shops etc., but they do have a Fire Station and a Rural Fire Brigade, and that Brigade relies heavily on the *Across the Fence Newsletter* to spread the local RFS and Brigade news. Thankfully Lyn is very gracious and allows us to contribute to her publication without charge.

Thank you very much Lyn.

We wish everyone a very Happy Christmas and a safe New Year that is full of all the good things you may wish for. Here's a Toast to Lyn, all her readers and the community in general.

To have good health you need good blood.

To have good blood you need good health.

So, here's to your bloody good health!!

Cheers!!

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COOLONGOLOOK PUBLIC SCHOOL



As we approach the end of the school year, Coolongolook Public School has enjoyed a vibrant and energetic Term 4 filled with hands-on learning, community connections and plenty of student success. Earlier in the term, *Whizzy the Waterdrop* gave our students an entertaining and practical look at water conservation. Years 3 to 6 took part in the EnviroMentors program, exploring recycling, waste reduction and the importance of caring for our local waterways. Students also took part in *Day for Daniel* by wearing red and learning important strategies to keep themselves safe.

Our students shone brightly at the Bulahdelah Show Student Night, receiving awards for both art and writing. The support from families made the evening even more special. Another standout moment was our Game Changer team, *The Sprout Scouts*, representing CoolSchool proudly in Sydney at the NSW Grand Final. Only twelve primary schools across the state were selected and our team's innovation and teamwork were exceptional. Year 5 and 6 capped off the term with Future Focus Day at Bulahdelah Central School, where they experienced sample high school lessons and built confidence for their transition to secondary school.



Our Kindergarten Transition Program will conclude on 3rd December, and it has been an absolute delight watching our **Little Lizards** grow in confidence, learn new routines and form new friendships. They are more than ready for their exciting start to school in 2026. Presentation Day will take place on 10th December at 10.00am, and we look forward to welcoming families as we celebrate effort, achievement and growth across all learning areas.

On 11th December we will farewell our Year 6 students with an

evening celebration that recognises their leadership and contribution to our school. Following the farewell, all students from Kindergarten to Year 6 will join in our much-loved traditional school sleepover. This whole-school event is always a highlight. Students enjoy games, activities and time together, creating memories that stay with them long after the year ends.

School reports will be sent home on 12th December. Students will then look forward to Forster Fun Day on 16th December, which includes a movie, a walk across the Forster Tuncurry Bridge and an ice cream treat to finish. The final day of Term 4 for students is 19th December.

Finally, our community has experienced a significant loss with the passing of our long-serving school patron, **Mrs Beryl Ede**. Her generosity, her encouragement of students and her unwavering support have shaped our school for many years. Beryl's kindness and commitment strengthened the heart of Coolongolook Public School, and her legacy will continue to be felt by all who knew her. We extend our heartfelt condolences to her family.

As this is the last edition for 2025, our school wishes everyone a Merry Christmas and a Happy New Year. We look forward to sharing all the happenings of Coolongolook Public School in 2026. Do not forget to check our Facebook page and school webpage for updates and more information about our wonderful little school.

Signing off for now,
The CoolSchool Team



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2025 Year in Review

Coolongolook Public School



2025 has been a remarkable year at Coolongolook Public School. Across every term, our students embraced challenges, strengthened their friendships and contributed to a school culture built on pride, kindness and curiosity. As a small school, our achievements have been big, and every student played a part in shaping a memorable year.

We began with our new Kindergarten students settling quickly into routines and forming friendships with confidence. New enrolments across the school brought fresh energy, and our trialled approach to whole-school literacy and numeracy created purposeful learning blocks where students thrived. Teachers noted strong engagement in early reading, writing and maths groups, with students showing growing independence and enthusiasm.

Our canteen returned early in the year thanks to the outstanding efforts of *Dee*, whose organisation and dedication ensured students enjoyed fresh, affordable meals each week. Her leadership brought life back to the canteen, and we are deeply grateful for the time and care she poured into supporting our school community.

This year we also implemented the *Buddy Seat*, a special addition generously donated by *Karen Weller* and her family, in memory of Karen's late mother, *Mrs Neryl Gordon*. The Buddy Seat has quickly become more than a place to sit. It has become a symbol of friendship, inclusion and compassion in our playground. Students have used it to connect with others, seek out a playmate or simply find a moment of comfort. We thank Karen and her family sincerely for this heartfelt gift, which will continue to support kindness and connection for many years to come.

Community events helped set the tone for a vibrant year. Students launched into the School Cross Country with energy and determination, enjoyed a colourful Easter Hat Parade and finished Term 1 with the ever-popular Colour Fun Run. Families also joined us for a respectful ANZAC Day Dawn Service at school, led proudly by our student leaders.

Term 2 brought plenty of highlights, beginning with the arrival of new students who settled beautifully into classes. Weekly gymnastics sessions quickly became a favourite and helped students build strength, coordination and confidence. Students represented Coolongolook with pride in Zone Cross Country and Zone Netball Trials, while our flexible literacy and numeracy groups supported learning at every level. NAIDOC celebrations strengthened cultural understanding and community connections.

Mid-year, we celebrated student growth and teamwork at the Manning West Small Schools Carnival, where Coolongolook Public School achieved an outstanding second place. Students competed with heart, supported one another throughout the day and displayed wonderful sportsmanship. Student leaders continued to grow in confidence, running whole-school assemblies with maturity and pride.

Term 3 was filled with adventure and school spirit. Students completed their gymnastics program, and our Zone Athletics representatives show-

cased strong determination and effort. Public Education Week invited families into classrooms, while Book Week brought colour, imagination and joyful celebration of reading. Kindergarten Orientation welcomed our 2026 new starters, who participated in warm, engaging visits across the term.

Our Years 3–6 excursion to Aussie Bush Camp provided an unforgettable experience. Students from Coolongolook and Bungwahl challenged themselves on high ropes, giant swings and canoeing adventures, and returned home brimming with stories, pride and confidence. The NRL Development Program added excitement to Monday afternoons, helping students build teamwork and movement skills.

A major highlight of the year was our Game Changer team, **The Sprout Scouts**, being selected as one of only twelve primary schools state-wide to reach the NSW Grand Final in Sydney. Their creativity, collaboration and commitment were inspiring and a source of great pride for our school.

Term 4 continued with strong learning and memorable experiences. Whizzy the Waterdrop and EnviroMentors returned to teach students about sustainability, waste and water care. Day for Daniel encouraged children to think deeply about personal safety, and our K–2 students enjoyed an engaging excursion to Timbertown, exploring early Australian life through hands-on activities. Kindergarten Transition continued strongly as our 2026 cohort prepared excitedly for school life ahead.

We also acknowledge, with sadness, the passing of our long-serving school patron, *Mrs Beryl Ede*. Her generosity, warmth and unwavering support shaped the heart of Coolongolook Public School for many years. Her legacy remains woven into our community, and she will be remembered with gratitude and affection.

This year, we offer our sincere thanks to our hardworking P&C, led by *Mr Peter Dunne*. Their dedication, fundraising efforts, event support and behind-the-scenes work strengthened our school throughout 2025. Their presence was felt at every carnival, celebration and community event, and we are deeply appreciative of the time, care and passion they contributed.

A heartfelt thank you also goes to our amazing staff team, who work tirelessly each day to create safe, inspiring and engaging learning spaces. Their commitment, planning, encouragement and warmth ensure every student is known, supported and given the opportunity to shine. The heart of our CoolSchool beats strongly because of their dedication.

Across 2025, our students grew academically, socially and emotionally. They embraced learning, supported one another and approached each new challenge with courage and pride. None of this would be possible without the combined efforts of our families, staff and community.

Thank you for being part of another successful year at Coolongolook Public School. We are excited for everything 2026 has in store and can't wait to share each new moment with you. We wish the community a joyful Christmas, a bright New Year, and a holiday season filled with family and fun. See you in 2026 for another unforgettable year at our CoolSchool!

Signing off for now,

The CoolSchool Team



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Krambach P. S. Young Writers Group

DREAM TEAM – written collaboratively by Huxley, Skye, Lillian, Chloe and Ayla



At Krambach PS we have a team,
 And when we're together our ideas just stream.
 We work on big problems that need to be solved,
 We refine our solutions until they've evolved.

We were lucky enough to showcase our ideas,
 With a room full of judges and teachers and peers.
 To support people and pets during natural disasters
 Needed out-of-the-box thinking and creative masters.
 The challenge we had was one close to our heart—
 We want to help others, and all play our part.

As we packed all our stuff, we knew the trip was far,
 But Mrs Durbin promised that we would have fun in the car.
 Mrs Durbin asked, "Who's going in the boot seat?"
 Hux and Skye dibbed it, had the rest of them beat.

As we got on the road and got comfortable in our seat,
 We started to wonder who we were going to meet.
 The girls passed the time picking songs and singing,
 Huxley knew a few but said his ears were ringing.
 After a long hour's drive and listening to music,
 We felt stuck to our seats by a really strong glue stick.

When we arrived, we grabbed our dioramas.
 Ayla had eaten too much sugar and was going bananas.
 We were nervous but still went inside—
 Who was going to go first? We had to decide.

Huxley's ideas were the Flame Jet and the Water Choppers,
 They were special machines—two death-stoppers.
 They withstand burning heat to save loads of creatures
 And can hover on water as one of their features.

Lillian's project was called *RoBo Savers*,
 And they will do people big favours.
 By flying to people that are stranded,
 The people put on a backpack that they were handed.
 The magnetic backpack connects to the robot's chest,
 And let me tell you the rest.
 The RoBo flies to safety on its jetpack,
 The person is saved, so it comes back.



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Again and again, it flies in so brave—
 Imagine the amount of lives it will save!

Chloe had the idea of making Brave Bands.
 Kids will feel braver with them on their hands.
 They wear them when natural disasters abound,
 To help them feel calm while their world's upside down.

Ayla had an idea to save stranded pets
 From natural disasters and take them to vets.
 It was a large kind of drone with a special pet space
 That would collect mournful pets from all over the place.

The *Livestock Lifter* was the one made by Skye.
 When cows are in floods, it can lift them up high.
 The hay in the back makes them want a snack,
 And once they are in, they'll be safe, calm and dry.

We were then told about the mini prizes—
 We all wanted one of those cute surprises.
 We worked really hard and spoke loud and clear,
 And promoted our ideas so all got to hear.
 It was great to get feedback and see others' ideas;
 The future looks bright—those ideas relieved fears.
 The cute prizes we won, we had loads of fun,
 And we hope our ideas may one day help everyone.



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NEWS FROM BUNYA

Annual Xmas Party Invitation

Join Us for a Festive Celebration at Bunyah Public Hall!

Get ready to kick off the holiday season in style! You're invited to our Annual Xmas Party at Bunyah Public Hall on **Saturday 20th December**, starting from 4:00pm.

- ◆ Bring a plate to share – let's enjoy a delicious spread together!
- ◆ BYO – don't forget your favourite drink.
- ◆ Games for the kids – fun activities to keep the little ones entertained.
- ◆ Trivia for the adults – test your knowledge and win some bragging rights and prizes.
- ◆ Karaoke to close the night – belt out your favourite tunes and end the evening on a high note.

Mark your diaries, round up your mates, and come celebrate with the whole community. We can't wait to see you all there Xx

Presentation of New Australian flag 7th November.

A very big thank you to **Alison Penfold, MP for Lyne**, for presenting ex-serviceman, **Don Ralph** with a brand-new Australian Flag for our hall. It was an absolute pleasure meeting Alison - she was engaging, supportive, and took a genuine interest in our community and our hall.

We greatly appreciated her valuable insights into our Grant applications, which will help us secure much needed funds for upgrades to the hall as we prepare to mark our Centennial Celebrations in 2026.

We were also joined by fellow committee members **Theresa Wilson, Anne Murray** and **Elle Calvoli**, who all enjoyed the occasion and the opportunity to discuss our plans for the future with Alison.

Thank you again, Alison, for your generosity and encouragement - it means a lot to us all.

Alison Penfold & Don Ralph



Remembrance Day Commemorative Service 11th November.

The Bunyah Public Hall Committee were honoured to pay our respects at our Commemorative Service to all who served and fought for our nation on Remembrance Day, 11th November.

Bob Thatcher gave a solemn welcome on behalf of **Dennis Simpson**, who was unfortunately unable to attend. In his remarks, Bob acknowledged Dennis's heartfelt contribution last year, when Dennis spoke movingly about honouring the forgotten animals who served alongside our brave soldiers, reminding us of the sacrifices made by all in times of conflict.

Maureen Ralph recited a poignant poem, "The Inquisitive Mind of a Child" (Author Unknown), followed by a passage titled "Words of Remembrance" and we were all moved as "Amazing Grace", (artist Samantha Jade) played during the laying of the wreaths.

It was wonderful to see a substantial number in attendance, and we

sincerely thank the community for coming together on this special occasion. Morning tea was also a lovely time to reflect and honour those who have given so much for our Country.



Neryl Simpson, Maureen Ralph, Jessica McGarry and Bob Thatcher

We would also like to extend our sincerest gratitude to all the organisers of our Commemorative Service - the champions working tirelessly behind the scenes to make it all possible. Thank you for your efforts and for making such an important day truly memorable for our community.

Wishing everyone a festive season so merry and bright you'll need sunnies just to handle the sparkle! May your holidays be filled with laughter, too much pavlova, and the kind of good company that doesn't judge you for wearing your best Christmas socks with thongs. Have a fabulously safe time and may the New Year bring you more joy than a surprise public holiday.

See you all next year!

Warmest Regards,

The Bunyah Public Hall Committee.



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QUILTING NEWS



Once again this year our busy group of industrious ladies have nearly worn their fingers to the bone producing beautiful quilts to provide warmth and comfort.

The 500th quilt for the year will be donated to the Wallamba Show society for next years raffle. So be sure to buy some tickets!

We continue to support Taree Hospital Palliative Care Ward with our "Ray of Sunshine" quilts. We were proud to accept a Certificate of Appreciation from Hunter New England Local Health District in September acknowledging our contributions.

Earlier in the year we gifted 43 quilts to the Starlight Foundation. It is very confronting to make Palliative and wheelchair quilts for small children and teenagers.

We distributed 30 plus quilts to flood victims through the aid of the Taree Lions Club.

We still give quilts to the Maternity and Children's Wards at the Taree Hospital, as well as their Oncology Ward and the Oncology ward at Forster Hospital. Nursing Homes in Gloucester and Newcastle also receive our quilts.

Donations to Women's Refuges have slowed down as the



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accommodation crisis has meant that many people are unable to move forward. Some of our quilts went to Newcastle to a group, "Car to Home", where each night a Church opens its carpark so that people who live in their cars can feel safe.

We would like to thank the people who have given us material donations throughout the year. Some of the contributions to our Stash have been awesome. We have been blessed to receive \$1,500 from both Taree Lions and Wingham Rotary as well as \$500 in Spot-light gift Cards from grateful recipients of our quilts.

Our quilting machine, thank you once again to the Nabiac Memorial Neighbourhood Centre, is well utilised, almost 400 quilts quilted on it this year.

For anybody interested, we meet at 15 Nabiac Street, Nabiac Mondays and Wednesdays. Please check us out.

Jenny Fletcher

Secretary, Mid Coast (NSW) Community Quilters



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Megan's Health and Wellness

Hi to all!

'Tis the season! Many of us will be gorging ourselves on all the Christmas, summer festive goodness. And if you think I'm here to spoil it for you and tell you to think twice about the gorging... You guessed wrong! I know, right?

"Health" is such a funny thing. There are people who are as healthy as an ox, yet eat like a 3 year old in a lolly factory. Or those who are in their 90's but smoke, drink and do other funny business. Then you've got those who have their clean and healthy diets, yet riddled with health issues. Although many factors play into this, I believe there is a phenomenon that also plays a key part, and I'm sure you've heard of it... It's the ancient concept:

MIND OVER MATTER.

It is a wonderful tool to have in the shed, especially when life throws a curveball.

Here's a scenario:

2 men, same situation. Both fall down a set of stairs and injure their leg.

One man walks off more than just sore and sorry but also angry, embarrassed, ashamed, and from this untoward experience comes a new belief. It could be: "gee I'm bloody stupid!". Or perhaps "I'm always so unlucky".

The second man is just grateful to be alive and thinks to himself "gee, I'm a lucky duck!"

Despite having the same experience, both have a very different reaction.

Both have very different minds - and beliefs.

Beliefs are the lens we see the world through. Most are created during early childhood, and from our beliefs stem our thought patterns. Have you ever noticed how addictive negative thoughts can be? They are like a riptide, and very hard to get out of.



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Thoughts run deep within our subconscious and have a huge impact in shaping our reality. If they are negative, then the subtleties in our body will too feel its negative, stressful impact.

Every cell in our body feels the effect of stress, and therefore ripples into every organ and impacts their ability to function, affecting the greater whole. Stress means more cortisol, more oxidation, poor digestion, more demand for nutrients and energy. The list goes on... But! The same goes when it comes to positive thoughts. Our body will be more conducive to function at its' highest potential, be resilient to disease, absorb more nutrients from food, let alone the emotional benefits of living a life that projects peace, harmony and joy.

I understand my hypocrisy. Here I am giving out health, diet and life-style advice, but then appear as if I'm saying "it's festive time, throw it out the window!" That's not the case at all. I'd love to go into the 'why' eating clean healthy food is important, but I guess what I am trying to say is that stress has the power to propel and worsen all the junk food out there. So if you're stressing in your mind about eating (or anything!), then your body has already felt it's' negative effects. That's how powerful the mind is.

Worrying about our health will always be counterproductive. And there's so much to say in having a balanced life. I love going to a cafe on my own, buying myself a cappuccino in a mug, paired with a delicious sweet treat, and sit and watch the busyness around me. It's so simple but does wonders for my mental health. I'm still but the world isn't. The calming effects of this far overrides the effect of any indulgences. If I was sitting there stressed about the coffee and sweets, I should expect a gut ache afterwards!

There is so much to embrace this time of year - everyday of the year if truth be told - there's so much togetherness, fun, joy, love in the world. And sometimes, the festive season can bring a lot of that.

May this festive season give you much love, joy, and peace in your mind, and therefore your body.

Catch you all in the New Year!

Megan.



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PEACE NOEL

Krambach Bible Church
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on
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at the Church starting with a
free sausage sizzle at 6:00pm
&
CAROLS at 6:30pm.
Please bring a folding chair / blanket.
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Sunny, Rosie & Tim



Show News

It is only **12 weeks** to the Wallamba Show!!! Have you started on your entries yet??

The programmes will, hopefully, be on the show's website before Christmas and the programmes in paper form will be available at the normal shops at the same time so that you can check out what is your chosen class of entry.

We are NOT having the Demolition Derby this year or the Auto Soccer. Unfortunately the person who runs it will not be available on the day and has been unable to find a responsible replacement.

Following the unfortunate accident in Walcha this month we felt it wise to wait and find a responsible steward as we don't want any problems which could cause mishaps. Hopefully we will do it in 2027.

We look forward to seeing what type of Scarecrows the local schools enter in the Scarecrow competition. They seem to be getting into the spirit of the game and getting better each year.

All events will be back to normal, hoping the weather is good and we are not washed out again.

The horse and beef cattle are all set up, the show dogs should be well represented and our new steward in the poultry shed has expanded the selection of poultry/ducks to be entered.

There will be the normal food and novelty traders and the carnival rides for the kids.

Quenorie, the magician, balloon and bubble lady, will be back, also with her fairy face painter and tattooist, along with Joe May and his stilt walking and the snake man and also the performing Peppararifics to amuse young and old.

Any queries please contact me on 6559 1811

More news next month

Lyn Reid

Secretary

Family friendly  From 4pm

Christmas PARTY

Bunyah Public Hall
Saturday 20th December
Please bring a plate to share
Spend time with friends,
neighbours have a chat,
play games, Trivia and towards
late evening try karaoke  

BYO alcoholic drinks

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a Christmas Carol Service
@ 7:00pm

All welcome to come and join us

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Lyn's Larder

IMPOSSIBLE PIE

Simple cake and quick for Christmas Visitors - different
(Women's Weekly 'the Country Collection' 2012)

INGREDIENTS

½ cup	Plain Flour
1 cup	Castor Sugar
1 cup	Desiccated Coconut
4 Eggs	- lightly beaten
2 tsp	Vanilla extract
125 g	Butter, unsalted and melted
2 cups	Milk
2/3 cup	Double Cream
125 g	Fresh Raspberries

METHOD

Preheat the oven to 180°C/350°F. Grease straight sided 24cm (9") pie dish.

Sift flour into medium bowl; stir in sugar, coconut, eggs, vanilla, butter and milk. Pour mixture into pie dish

Bake pie about 45 minutes or until set. Stand pie 10 minutes before serving. Serve warm with cream and raspberries

Everyone loves a quick mix recipe.

This one obligingly sorts itself out in the oven into three layers, hence its name

Something you would have to try out just to see the way it separates into layers.



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Nabiac Sports Courts Redevelopment



Earlier this year we announced that Wallamba Netball Club (WNC), with assistance from Nabiac Memorial Neighbourhood Centre (NMNC), was successful in obtaining a Federal Government Grant to redevelop the courts (which had been assessed by MidCoast Council (MCC) as 'end of life'). The redevelopment will include:

- New playing surface marked for tennis, netball and pickle ball;
- New clubhouse
- New fencing
- New state of the art lighting system with hinged poles (for easy access when maintenance is required).

The project is being managed by a Steering Committee comprising of representatives of WNC, NMNC and MCC.

Since the announcement, much has been happening in the background to get all of the ducks in a row. We have now hit the point where work is commencing and changes will be noticeable. So, what has happened:

- A site survey was completed by Zenith Surveying
- a Geotech survey was completed by Regional Geotechnical

- Solutions, essential to ensure the new facility is properly built
- plans for the new clubhouse were drawn by Jamie Brislane of Cinz and JB 3D Drafting and Design, after consultation with the principal user groups as to requirements
- testing of the materials in the clubhouse was undertaken by HTS Group Northern from Taree (Trevor Grieves) with HTS then removing the external cladding, the eaves and two interior walls
- the residual clubhouse demolished with most of the materials being recycled
- new power pole and sub board installed, the work being done by Matt from Caiban Electrical.

Contracts have been signed with:

- Scott McCloy of McCloy Enterprises to remove the existing concrete surface with the work being done in two stages – firstly the concrete at the clubhouse end then, slightly later, the rest of the surface
- a local builder for the construction of the clubhouse
- Dynamic Sports Facilities Australia (DSFA) of Bowral for the court surface, footings and fencing
- Precision Sports Lighting (Brisbane) for the new lighting system.

All going well in the meantime, construction of the new clubhouse is scheduled to commence on 13 January 2026.

Stay tuned for further updates, with pictures, as the work progresses.



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REAL KULTCHA

Well, another month – another pile of decisions! *The Child Bride* and I decided to watch The World Series - sort of live - and we did well until the 7th game. Even though I extended the recording time, we missed the end because the teams were tied at the bottom of the 9th and this carried through to the bottom of the 10th. What with the pile on of ads we missed the 11th when *The Dodgers* took it out. And we still have games recorded from the final's series!

The Ashes started yesterday and I was set: TV working, new batteries in the remote, blinds shut, drinks and snacks FETH*-ed and away we go! Starc was brilliant and before we knew it, The Poms were back in shed with a miserly 172 runs on the board. ***This'll be a doddle!*** I should have known better. Our innings started badly with Khawaja not allowed to open because he spent an inordinate amount of time off the field while The Poms were batting and it went down hill from there. At stumps we were 9 for 109 and I doubt I'll be able to watch this afternoon – I think I'll go mow the lawn – at least I know that'll be done well. Between Baz-ball and our batter's complete incompetence I just know I've got to get in touch with our coach. I've found the bottle of metho and the rusty razor blade and as this Test looks like it will be over short of the 5 days expected, there'll be time to geld a few of the players not concentrating. Let's be serious, the way they batted, you wouldn't think of breeding from them!!! After I finish this literary gem I'm off to Perth to catch the team before they head to Brisbane for the 2nd Test. I can guarantee, you will see a better performance up there.

The Melbourne Cup of course, has been run and won and for the second time, the jockey of the winning horse (*Half Yours*) was a female – Jamie Melham. She did well and the overhead shot showed her positioning her horse on the rail as she turned for home and pushing forward looking for a gap. When it came she nudged her mount through it and by her husband (who was aboard the tiring *Smokin' Romans*) and won by a couple of lengths. That win was only half the story as just a week earlier Jamie had piloted *Half Yours* to a win in The Caulfield Cup as well.

Down in Tasmania the legislation regarding the building of the covered stadium for the new team in the AFL, the *Tassie Devils*, has passed the Lower House and is now set for debate in the Upper House around the time you'll be reading this. All the members know the Tassie economy is struggling and what it doesn't need is the cost of a white elephant of a stadium that will set them back at least **\$1.2 billion!** How the Upper House votes is important because there's a

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very real possibility it could cripple the State for the next couple of generations or we (the rest of Australia) may have to bail them out if they go broke and default. Keep an eye on it, as it could be your taxes at risk.

You recall I spoke about LIV Golf sometime ago, as it was an attempt by the Saudi Government to take over golf worldwide. They've got squillions of petro dollars and no idea what to do with it all. Well, they bought Greg Norman to be the face of their competition and called it LIV (that's actually 54, in Roman numerals) Golf and then proceeded to buy players for obscene amounts of money. Their tournaments were over 54 holes and they also incorporated teams in the events. There was a lot of hype involved but it never really took off and the latest news is they have decided to *take a proactive step to align with the historic format* of playing their tournaments over four days and 72 holes! In other words, it's not working, nobody watches it on TV so we're going to now compete with the PGA. Yeh, right. Money can buy a lot of things but it can't buy tradition and I doubt LIV Golf will last much longer.

Do you recall Bernard Tomic, the Oz wiz-kid tennis player of a few years ago and who was once ranked #17 in the world? Well, he's been forced to chase world-ranking points in some weird places of late (India, Tunisia, Mexico, Colombia and Kazakhstan) and played in the NSW Open last week chasing more, but it didn't end well. To use a racing term, it seems he's thrown a fetlock and the 19 spectators saw him lose the first set (though the report I saw, said he did play a few vintage Tomic shots) and then call it quits after losing the first point of the second set. He was on the court for a total of 35 minutes. When he was hot he wouldn't listen to anybody on how he should approach the game, preferring instead to do it his way. Well, he's done it his way but sadly, now, it seems he just doesn't know when to give up. But then again, what has he got to fall back on?

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Sunday December 21st: Christmas party - music - **THE TRAPPS**. *Ham & Toy raffle* & **SANTA!!!**

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CANINE CRUCIATE LIGAMENT DISEASE



Cruciate ligament disease is the most common orthopaedic condition that we diagnose and treat in dogs. The cranial cruciate ligament is a ligament inside the knee that strengthens and stabilises the knee joint during movement. Unfortunately, disease of this cruciate ligament is common in dogs and we would see a case of cruciate disease weekly at Wingham & Valley Vets. Rather than a sudden trauma being the cause of the problem (as is common in humans), usually in dogs the cause is a gradual and progressive weakening and deterioration of the ligament, which leads to long-term pain and arthritis. Treatment (surgery) for dogs with this problem is very successful, providing good long-term comfort and function.

What are the Symptoms of Cruciate Ligament Disease?

A lameness (or limp) developing in the hindlimb can be suggestive of cruciate disease. This can be either sudden or gradual in onset. The limp can be either mild or severe, depending on the case. If both hindlimbs are affected, a dog may have trouble lifting themselves from a lying or sitting position and may be stiff or less able to jump and be active. If your dog is limping, they should be examined by a Veterinarian as soon as possible, as untreated cruciate disease leads to irreversible arthritis and long term pain. It is best to diagnose and surgically treat cruciate disease as early as possible in the disease course, so dogs can have the best long term outcome and avoid arthritis setting in. It is not recommended to adopt a wait and see approach to cruciate disease – early treatment results in significantly better patient outcomes. Radiographs (x-rays) help confirm the diagnosis and plan the surgery. If your dog has been limping for some time, and has already



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developed arthritis secondary to cruciate disease, it can still be beneficial to surgically repair the joint, as this has been shown to significantly improve long term function and comfort.

Treating Cruciate Disease: TPLO Surgery

Wingham & Valley Vets offer two types of surgery to treat cruciate ligament disease. One is the de Angelis surgery, which provides external support around the joint using a heavy gauge suture that mimics the role of the cruciate ligament, however this surgery is only feasible in small dogs. Most commonly we recommend a surgery called the Tibial Plateau Levelling Osteotomy, or TPLO. This surgery permanently changes the angle of the stifle joint to treat a partially or fully ruptured cranial cruciate ligament. During a TPLO surgery, the angle of the top of the tibia (or shin bone) is made more flat to improve the overall stability of the stifle (knee joint) when the dog is bearing weight on the leg. A semi-circular cut is made in the top of the tibia, and the top section of the tibia is rotated and levelled. The cut bone is stabilised with a bone plate and screws, to hold the top of the tibia in its new position. Once the bone is healed (usually 6-8 weeks post-surgery), the procedure is complete. This surgery has a very high success rate for treating cruciate ligament disease. We are very proactive about providing good pain relief before, during and immediately after surgery, and as a result, many dogs are



comfortable and bearing weight on the leg within 48 hours after surgery. If your dog has a chronic hindlimb limp it is strongly recommended their cruciate ligament be assessed by a Veterinarian. If you have any questions or you would like to book an appointment please contact Wingham & Valley Vets on 6557 0000.



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Subject: A TRUE QUEEN'S TALE

Lest we forget....she had a sense of humour. A cute story about the Queen.

We'll always remember that beautiful smile...and now this.

I was on Guard of Honour, waiting for the King of Saudi Arabia, on Horse Guards.

On the right flank: Scots Guard (100 guardsmen) a gap, HM The Queen, mounted in uniform; alongside her the CO Colonel Gerald, another gap, then on the left flank, the Queen's Company Grenadier Guards (100 guardsmen).

We stood at ease waiting. Suddenly the silence was broken by Colonel Gerald's charger erupting with horse farts at full volume for two minutes.

Embarrassed and staring straight ahead Colonel Gerald says, "Sorry about that your Majesty!"

She replies, in a wonderfully loud voice, "That's alright Gerald, . . . I thought it was your horse!"

200 guardsmen silently cried with laughter, and tapped their rifle butts on the gravel.

From that moment, every man there adored her!



CHRISTMAS LAWN CARE GUIDE

3 simple steps to get your lawn looking great in no time.

Christmas is just around the corner and if your lawn is looking a little tired before the celebrations, don't panic! Follow these 3 simple steps to have it looking its best in no time.

Mow & Edge

Mow twice a week to promote healthy growth, keep weeds under control and reduce clippings. Edging will also give you that polished and professional look, making it more attractive and inviting to your guests over the holiday season.

Fertilise

A slow-release granular fertiliser, such as our Premium Fertiliser, will give your lawn that rich green colour while providing essential nutrients to handle the extra foot traffic over the holidays.

Water

Give your lawn a thorough soaking twice a week. Deep watering encourages strong root growth, helping your lawn to stay greener and more resilient through the summer heat and Christmas chaos.

For more information, give us a call on (02) 6550 2126 or check out our Lawn Maintenance Advice on our website; www.aglandturf.com. Open 6 days a week, we stock a wide variety of lawn care products on-farm at 520 Dargavilles Rd, NABIAC.

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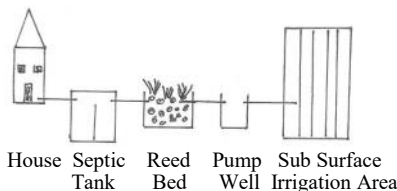
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KRAMBACH HALL'S COUNTRY MUSIC DAY'S Results

On Sunday 21st November we had our quarterly Country Music Day at Krambach Hall.

It was a great day with many regular and walk up artists.

There was a mixture of country music including cheery sing alongs.

We had our usual popular BBQ plus raffles and morning and afternoon teas.

We have these events to raise money towards the upkeep of our historic hall.

Thanks you to all who attended and we hope you enjoyed yourselves.

Judi

On November 27th a local resident (name supplied) recently contacted MidCoast Council with a query about the state of Wallanbah Road and she sent me their response for any one who is interested.

From: **Ryan Britten** <Ryan.Britten@midcoast.nsw.gov.au>

Date: Wed, 26 Nov 2025, 11:00 am

Subject: Wallanbah Road Customer

Good morning,

Thank you for your customer request regarding Wallanbah Road. The section that is currently being resurfaced between Failford and Tuncurry is not a council road but actually state road controlled and maintained by Transport NSW.

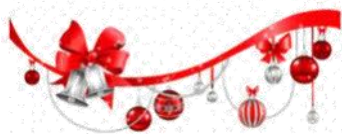
Wallanbah Road is part of an asphalt resurfacing program being delivered by contractors who use specialised equipment for this type of work. Resurfacing is a preventative treatment that reseals the road surface, helping to protect the pavement underneath from water damage and significantly delaying the need for full reconstruction which can be up to 20 times more costly. By contrast, the section of Wallanbah Road between Tipperary Road and Mimi Creek Road has deteriorated beyond the point where resurfacing would be effective and now requires full reconstruction."

There are three segments of Wallanbah Road in particular that currently sit high in our list of priority works. This **10-year plan** is currently under review with a lga-wide condition assessment and will be finalised in early 2026

I hope this information has been helpful.

Kind Regards

Ryan Britten | Asset Officer



WALLAMBA CWA REPORT

Apologies from the CWA for the lack of a report this month. Due to unforeseen circumstances it could not be presented.

They wish everyone a very Happy Christmas and a safe New Year Ed.



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News from Nabiac Second Chance Op Shop

A big thankyou to everyone for your ongoing support of the Op Shop and Shed.

Christmas closure dates:

As Christmas is just around the corner, a friendly reminder of our trading hours over Christmas and New Year closure.

The Op Shop and Shed will **close** early on **Friday 19th December, 2025** at 11.00am for our Christmas Party.

Will **open** on **Saturday 20th Dec 2025**. This is our last day for 2025.

Op Shop and Shed will be **closed as of Monday 22nd December, 2025** and **open** again on **Monday 12th January, 2026** at 9.00am.

Please hold all your Donations as all our volunteers will be enjoying a well-earned holiday.

Pool Passes

A reminder we are selling Pool passes for 25/26 season between 9.00am and 11.30am Monday to Saturday.

If you still have your 24/25 pass bring it with you as there is a discount of \$5.00 when you purchase your 25/26 pass.

If you wish to purchase a Pool Pass outside our hours, you will be able to purchase your pass from the Old Bank Centre

History of Nabiac books are still available.

Would make a great Christmas present for family and friends.

Cost of the book is only \$30.00.

We would like to wish everyone a Merry Christmas and safe and Happy New Year for 2026.

From all the wonderful volunteers of Nabiac Second Chance Op Shop.

Get your relatives speaking to one another again by sending a heartfelt Christmas card with a picture of your family with an extra child nobody knows.



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Welcome to Deb's Gardening



Humpty Dumpty Construction Company has been at it again, well that's what I call myself when I have to erect any sort of construction or put anything together. I am pretty useless at it. I decided this year to erect a tunnel with netting to protect my tomatoes and capsicums, my capsicums failed last year because of pests. I had a successful crop of tomatoes last year because I netted. This year the tomatoes and capsicums are planted on the outside of the vegetable garden in the raised concrete beds and along the outside of the fence. Because I crop rotate there has been no Solanaceae plants grown along the outside or in the concrete tanks for some time. So it was the perfect spot this year to plant my crop.

Tomatoes and capsicums are in the Solanaceae family, commonly known as the nightshade family. This family includes many edible plants like potatoes and eggplants as well as some toxic plants like tobacco and belladonna.

So as I looked at the layout of the concrete tanks and the position of the fence I decided to build one big tunnel and net the whole lot. I bought 9m x 6m strong netting online last year which keeps fruit fly out as well. I now have them all protected under this makeshift tunnel that I have to keep propping back up because, like I said, Humpty Dumpty construction company has been at it again.

My only small problem is I built it after I came back from my trip overseas and I planted the tomatoes and capsicums before I left. I meant to build it just after planting but I never had the chance. The fruit had already formed on the tomatoes before I left - moths and white butterflies had already laid their eggs and then I go and net them all and wonder why I have moths and white butterflies inside my net and wholly rotten fruit. Luckily it was only on the first lot of flowers so the pests aren't affecting any further fruit.

That is now under control, the moths and white butterflies are squashed, the effected fruit have been picked and composted and I am now just starting to pick my first lot of tomatoes. The capsicum is still at the early stage and it will be a while till I start picking them. I planted roma and round tomatoes, mainly for sundried and cooking, and cherry, grape roma for salads. I also planted basil in amongst the tomatoes to enhance the flavour of the tomatoes and marigolds which will be dug back into the soil to deter nematodes.

Botanically, both tomatoes and capsicums are a fruit because they develop from the flower of a plant and contain seeds. However, in a culinary sense, they are both used as vegetables due to their savory flavour.

Tomatoes and capsicums are both self pollinating and don't require insects to pollinate the flower, however they do require some sort of vibration to release the pollen from the stigma. We have had a lot of windy days which helps release the pollen but on still days I give the plants a shake mostly in the morning or early afternoons to help release the pollen.

Tomatoes and capsicums are heavy feeders, so every 3 weeks they get a liquid fertilise from my brewed tea, which is the weeds that have been soaked in water for many weeks and a dose of Seasol. The bottom leaves are pruned and a few laterals are pinched out to help with air flow to stop fungal disease occurring. I actually enjoy going through my dodgy door into my netted tunnel and having a wonder. I noticed a couple of white fly in there and I have been monitoring them, then the next thing I see is a couple of hover fly which are predators for white fly. Even though it's all netted there is always some sort of insect flying around but nothing to worry about, so far Mother Nature is doing her thing. I just hope my Humpty Dumpty tunnel keeps upright till the end of the season.

The rest of the vegetable garden is producing lots of vegetables. I picked a big basket of beans and they have been blanched and frozen, with a succession of beans planted and just starting to flower. The corn has successfully germinated. I am now picking zucchini and plenty of salad greens, like rocket, frilly lettuce, endive, sorrel and baby spinach. I have to start making beetroot relish soon because there is plenty of beetroots ready and the next lot just starting to germinate. Watermelon and pumpkin are spreading out their laterals and flowering. Lebanese cucumbers starting to climb. And what I am excited about is I am going to have a nice row of sunflowers this year which I haven't had much luck in the past. I covered the seeds this year with sawdust thinking that maybe the scent of the sawdust will deter any pest from eating the seeds and it worked.

The mangoes are growing in size, very excited about that. I have 6 big bunches of bananas on 3 banana plants - I never thought that would happen. So many pears forming which I must go and net or the king parrots will eat the lot.

Only weeks away until Christmas and time for me to think about the food menu, most of it will come from the garden. In our family Christmas time is celebrated with family, love and great food.

Until next time, from my family to your family, Merry Christmas and have a safe and happy holiday. May your house be filled with love and laughter

Deb



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Next market: Saturday 31st January, 2026



Season's Greetings from Nabiac Farmers Market Committee and Stallholders.
See you on Saturday, 31st January 2026. Enjoy the summer holidays.



The November market was fantastic! It was wonderful to see customers flowing in and the market was buzzing with shoppers by 9am.

Falling on a 5th Saturday, we welcomed extra stalls for a big last market for 2025.

Face-painting was popular and lots of fun; this being our thank-you gift to the community. DONKs brought along a stunning range of vehicles and engines, drawing attention from many interested people, and camel rides brought lots of smiles,

The market BBQ did a roaring trade. As I went around taking photos, stalls were busy and happily reported excellent sales: artwork, pottery, bath products, goat's milk products, cakes, plants, herbs, teas, curry packs, toys, edible flowers, spices and so much more!

People loved buying relish, chutney, sauces and honey as Christmas gifts too.

Massages were welcomed, produce and bread were snapped up early and people generally enjoyed the music, market vibe and perfect weather.

Two coffee vendors and plenty of food, including gozleme, pizzas, bagels and Thai all complete the market experience

We have heard on the grapevine that Nabiac Farmers Market is the best market across the region!

In 2025, we made donations to local causes, including \$500 to the mural in Krambach.

We are making a donation to Blaze-aid, who have set up on the oval in Nabiac, to continue their great work across the region.



Nabiac Farmers market's local producers:

- *fresh produce
- *seedlings
- *microgreens
- *flowers
- *wine
- *goat's cheese
- *plants
- *woodwork
- *leather goods
- *macadamia oil
- *boutique gin
- *chutney
- *specialty honey
- *gingerbread
- *culinary delights
- *art
- *hand-spun wool products
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- *plants
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- *Live music
- *coffee



We regularly post info and updates on Instagram and Facebook. Follow us to stay in-the-know and please share our social media posts!

Thank you to everyone in our community for making our market great: Stallholders, the committee, our customers, and the shop owners in Nabiac who promote us to their patrons. We appreciate you all.

See you at the next market on Saturday 31st of January 2026.

We wish you all a safe and joyful Christmas.

Market enquiries, including new stallholder applications:

www.nabiac.com

nfmcoordinator@gmail.com

0438 012 781

By **Laura Pennington** on behalf of the Nabiac Farmers' Market committee.



DID YOU KNOW

From their website, Blaze Aid is a volunteer-based organisation that works with families and individuals in rural Oz following natural disasters such as floods, fire, droughts and cyclones.

Their mission is to relieve the poverty suffering, distress, misfortune, destitution and helplessness experienced by survivors of bushfires and other natural disasters through the help of volunteers.

How did it start? Blaze Aid grew out of a request for local help from *Kevin and Rhonda Butler* following the Black Saturday fires in Queensland???? Read their remarkable story on their website.

The organisation are ALL volunteers and all ages. They do NOT get paid. What sort of motivation is that?

However, they are provided with safe areas (camps) to operate from, hot showers, electricity and all meals.

Camps operate wherever required. Quilpie in Qld has just closed and camps in all other states, including Tasmania, are at the moment closed. **Nabiac** is the one remaining camp operating and is camped at the soccer fields for at least two months, mainly fencing for those requiring assistance following the disastrous flood earlier in the year.

Operating on generous donations from many national businesses. For example, Isuzu has provided a super quiet 24 hour generator to provide the camp of some 15 caravans/motor homes with power as well as vehicles.

Bosch, electric fencing equipment, post drivers, borers drills etc. A retired mechanic at the camp at Nabiac, keeps equipment running

Materials, fencing wire posts etc are NOT provided by Blaze Aid, one can imagine what sort of problems that would create

They pass our place around 7.00 -730 each morning every day, at some camps 7 days a week when required.

BW



CTC on TUESDAYS, & FRIDAYS
9.30am - 12 noon

Nabiac Community Technology Centre

is open on Tuesday, & Friday mornings (Wednesday photo copying only – see Suzie in the OP-Shop) from 9.30am until 12 midday in the Neighbourhood Centre, 37 Nabiac Street.

We offer copying & printing - Colour or Black & White (30c a side A4 black & white) laminating, scanning & binding.

Colour price variable depending on amount of colour on the page & plain or photo paper - from 80c to \$3.00 A4.

We have fast computers available for your use or bring in your laptop to use our Wifi - \$5 for the morning.

We are all available to help with computer, tablet or mobile phone software problems - Word, Excel, PowerPoint, Publisher, editing photos, emailing, or searching the internet.

We have a colour scanner. Bring in your old photos & scan them to an external hard drive or DVD.

Alan, Terry, Stewart, Jillian and Sheila.



Forrest Fresh

DOMESTIC ASSISTANCE PTY LTD

Located in the heart of Nabiac Village, Forrest Fresh has proudly supported the local community and surrounding areas for over 10 years.

We specialise in delivering high-end cleaning services and convenient laundry solutions, ensuring your home or business always looks its very best.

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0407 381 319

A pensioner drove his brand new Mercedes to 100 mph on the M1. Looking in his rear view mirror, he saw a police car behind him. He floored it to 140, then 150, ... then 155, ... Suddenly he thought, "I'm too old for this nonsense !" So he pulled over to the side of the road and waited for the police car to catch up with him.

The officer walked up to him, looked at his watch and said, "Sir, my shift ends in ten minutes. Today is Friday and I'm taking off for the weekend with my family. If you can give me a good reason that I've never heard before, why you were speeding... I'll let you go."

The man looked very seriously at the policeman, and replied :- "Years ago, my wife ran off with a policeman, I thought you were bringing her back." !!!

The cop left saying, " Have a good day, Sir "...

Been around but still worth a laugh

A woman noticed her husband standing on the bathroom scale, sucking in his stomach.

"Ha! That's not going to help," she said.

"Sure, it does," he said. "It's the only way I can see the numbers."

Shorties.

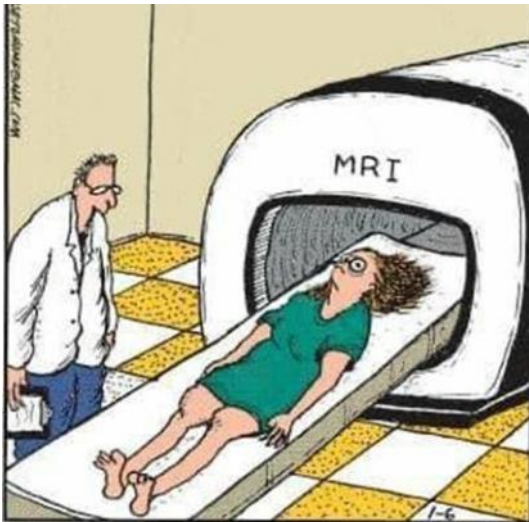
My goal for this year was to lose 10 pounds. Only have 14 to go.

I just did a week's worth of cardio after walking into a spider web.

If you can't think of a word, just say, "I forgot the English word for it". That way people will think you're bilingual instead of an idiot.

I don't always go the extra mile, but when I do, it's because I missed my exit.

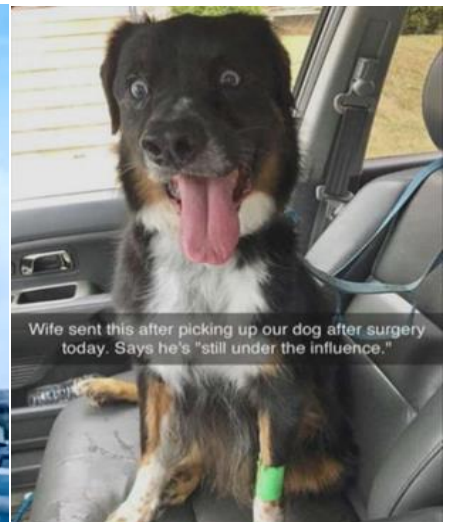
I think I'll just put an "Out of Order" sticker on my forehead and call it a day.



"OK, Mrs. Dunn. We'll slide you in there, scan your brain, and see if we can find out why you've been having these spells of claustrophobia."



Street Sign in Malta



Wife sent this after picking up our dog after surgery today. Says he's "still under the influence."



Meanwhile at the vet ...

Two old friends arrive at St. Peter's gate and are shocked to bump into each other...

Mabel: "Doris!? No way!"

Doris: "Mabel?! What on Earth—well, not on Earth anymore—but how'd you get here?"

Mabel: "Froze to death."

Doris: "Oh, bless your heart! That must've been horrible."

Mabel: "Actually, once the shaking stopped, it felt like a heated blanket and a nap. Could have been worse. How about you?"

Doris: "Heart attack. Thought my husband was cheating. So I came flying home, ready to bust him. Turns out, he was just in the den watching Wheel of Fortune."

Mabel: "Then what?"

Doris: "I didn't believe it so I tore the house apart—attic, basement, closets, under the beds, no mystery woman. I got so worked up, I keeled over. Bam. Done."

Mabel: "If only you'd checked the freezer first....we'd both still be alive."

My last relationship taught me this.
You can be the total package, delivered to the wrong address.



NOOOOO!

IT'S A BOOBY TRAP!



FROSTY!
YOU WENT OUT AND
GOT PLOWED AGAIN,
DIDN'T YOU?!



If I had poisoned
you 30 years ago
I'd be out on parole by now!



VIRTUAL FENCING ON BUCKETTS WAY



Vehicle-detecting posts that produce light and sound to deter wildlife from crossing the road are being installed at 25-metre intervals along 4km of the the Bucketts Way near Tinonee with the aim of sparing more koalas and other wildlife from vehicle strikes.

The first section of virtually fenced road is from the Bootawa Road / Bucketts Way intersection extending westward. Another 2km-section is also planned from the Gloucester Road / Bucketts Way intersection to BoBo Creek.

The virtual fencing complements the existing signage and awareness approach.

"Our Kiwarrak/Bootawa koala population is of state significance, so we are very pleased to try this new innovative solution along known vehicle strike hotspots.

"The virtual fencing complements the existing signage and awareness approach.

"Our Kiwarrak/Bootawa koala population is of state significance, so we are very pleased to try this new innovative solution along known vehicle strike hotspots.

Virtual fencing is most effective when vehicles move at or under 80km per hour. Council does not have jurisdiction to change speed limits and is encouraging drivers to slow down on the Bucketts Way.

SECOND SAFETY TRIAL FOR LITTLE STREET FORSTER BOAT RAMP

Local boaties are reminded that Forster's Little Street boat ramp safety trial begins on Monday 1 December.

This is the second of a two-year trial designed to improve safety during busy summer months.

During December and January only **non-motorised** watercraft may use the boat ramp during daylight hours.

This year, a bollard will be in place on the ramp during daylight hours. It will be lowered so that motorised watercraft can access the ramp after sunset.

This is to provide a safer launching facility for non-motorised craft. It will also improve safety near the swimming baths, amenities and boat shed cafe nearby.

Local boat shed operators and businesses have been consulted on the trial.

During summer, the area is very busy with foot traffic crossing the boat ramp.

The boat ramp is often congested with vehicles launching boats and people using the ramp with kayaks and paddle boards. There is also limited parking in the nearby area for boats with trailers.

MidCoast Council rangers will track boat ramp operations during the trial.

The trial is a recommendation in the MidCoast Recreational Boating Infrastructure Plan. The Plan identifies that this area has inadequate access for motorised watercraft during peak times.

Motorised craft users can access Wallis Lake boat ramps with larger parking facilities at:

- Forster Marina
- Tuncurry (Point Road)
- Elizabeth Reserve (Forster Keys)
- Pacific Palms (Recreation Club) and
- Coomba Park foreshore.

Users of the facility will be able to provide feedback after the second trial finishes on 31 January 2026.

A review of both trials will take place in 2026. Council will consider community feedback from both trials and operational matters.

For more information about the safety trial, visit

<https://haveyoursay.midcoast.nsw.gov.au/little-street-boat-ramp>



MYALL LAKES MP WELCOMES NEW BREAST SCREEN TECHNOLOGY, AND



CALLS FOR PERMANENT DEDICATED FACILITY IN THE AREA

Myall Lakes MP Tanya Thompson has welcomed the rollout of cutting-edge machine reading breast screen technology, and has underlined the need for a permanent and dedicated screening facility in our area.

"This is great news for women's health. This technology was initially a 12-month trial, used to read images from women aged 50-59 and is now being rolled out to all women. It has significantly reduced call backs for extra tests and biopsies because it is more accurate," Mrs Thompson said.

"This means less unnecessary callbacks and less stress, without compromising on detection rates. A real win for women in regional areas who often need to travel for screenings.

"Now I am calling on the NSW Government to make screening available in this area permanently.

"A check with BreastScreen NSW is free, requires no referral, takes only 20 minutes, and all radiographers are female. There are women in our communities who are only comfortable accessing this free, dedicated, female-staffed service."

More than 75% of breast cancers occur in women over 50 and regular screening is the best way to find breast cancer early.



Some mothers do have them!

Home milk delivery was once a regular service and the milkman often carried eggs & other items. Here is a collection of notes left in milk bottles by the front door:

1. Dear milkman: I've just had a baby, please leave another one.
2. Please leave an extra pint of paralyzed milk.
3. Cancel one pint after the day after today.
4. From now on please leave two pints every other day and one pint on the days in between, except Wednesdays and Saturdays when I don't want any milk.
5. Sorry about yesterday's note, I didn't mean one egg and a dozen pints, but the other way round.
6. Please leave no milk today. When I say today, I mean tomorrow, for I wrote this note yesterday.
7. Please don't leave any more milk. All they do is drink it.
8. Please cancel milk. I have nothing coming into the house but two sons on the dole.
9. Sorry not to have paid your bill before, but my wife had a baby and I've been carrying it around in my pocket for weeks.
10. Please send me a Government form for cheap milk, for I have a baby two months old and did not know about it until a neighbour told me.
11. Please send me details about cheap milk as I am stagnant.
12. My back door is open. Please put milk in 'fridge, get money out of cup in drawer and leave change on kitchen table in pence, because we want to play bingo tonight.
13. When you leave my milk please knock on window and wake me because I want you to give me a hand to turn the mattress.
14. Milkman, please put the coal on the boiler, let dog out and put newspaper inside the screen door. PS Don't leave any milk.
15. No milk. Please do not leave milk at No. 14 either as he is dead until further notice.

Jokes, We Luvem All!

TODAY'S WORKING FROM HOME TIP

**BLOWING ON THE WINE IN THE MUG
WILL HELP TO CONVINCE YOUR
ZOOM MEETING THAT
YOUR TEA IS HOT**



ALISON PENFOLD MP

FEDERAL MEMBER for *Lyne*

**The Federal Government is responsible for national issues that affect all Australians.
As your Federal MP I can assist you with:**

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- ✓ Medicare
- ✓ Aged Care
- ✓ NDIS
- ✓ Post and Telecommunications
- ✓ Banking and Finance
- ✓ Taxation
- ✓ Immigration
- ✓ Foreign Affairs and Trade
- ✓ Defence



WAUCHOPE OFFICE

☎ (02) 6586 4462
🏠 Cnr High and Hastings Streets
(PO Box 244), Wauchope NSW 2446

✉ Alison.Penfold.MP@aph.gov.au 🌐 alisonpenfold.com.au

📘 AlisonPenfoldMPforLyne 📺 alison_penfold_for_lyne

TAREE OFFICE

☎ (02) 6557 8910
🏠 144 Victoria Street, Taree NSW 2430

Authorised by Alison Penfold MP, National Party of Australia, 144 Victoria St, Taree NSW 2430.

Nabiac and District Pre-school

37 Nabiac Street, Nabiac

(02) 6554 1170

Open: 7:45am to 5:45pm

Email: admin@nabiacpreschool.nsw.ed.au

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Good Medicine

Extra – Ordinary

Events around the birth of Jesus which we celebrate at Christmas are described in the Bible as joyful ... glorious ... praising God ... good tidings, *Luke 2: 9 – 11*. When God sent the angel to the shepherds, He was putting **extra** in front of **ordinary**.

It was an 'ordinary night ... one minute the shepherds are sleeping, the next minute rubbing their eyes', staring at an angelic being telling them a Saviour has been born.

Have you ever wondered why the angel appeared to ordinary, everyday people?

Put it this way ... if He'd appeared to theologians they'd have had to consult their commentaries ... if He'd appeared to rich people they'd have had to check and see who was watching ... if He'd appeared to CEO's they'd have had to consult their smartphones. So He gave the news to a bunch of shepherds who had 'no reputation to protect and no ladder to climb'. They didn't know enough 'to argue that angels don't sing to shepherds and Messiahs aren't found laid in a manger ... a feeding trough'.

The shepherds were the first ones to be 'surprised by Jesus' birth' ... but they spread this news to others. Good news is meant to be shared. Around you there are hurting people ... they might be sick ... in despair ... perhaps they've lost hope. The Bible tells us to minister to others, and Jesus says when we do this it's the same as doing it to Him, *Matthew 25:40*. So reach out to someone this Christmas. 'Go ahead - it will be your best Christmas ever!' Perhaps extraordinary.

Some historians believe that the first-ever radio broadcast of music was heard by operators on ships in the Atlantic Ocean on Christmas Eve, 1906 ... instead of the usual beeps to transmit codes they heard a violin solo of the carol 'O Holy Night', one of my favourites. It must have been startling ... maybe even extraordinary.



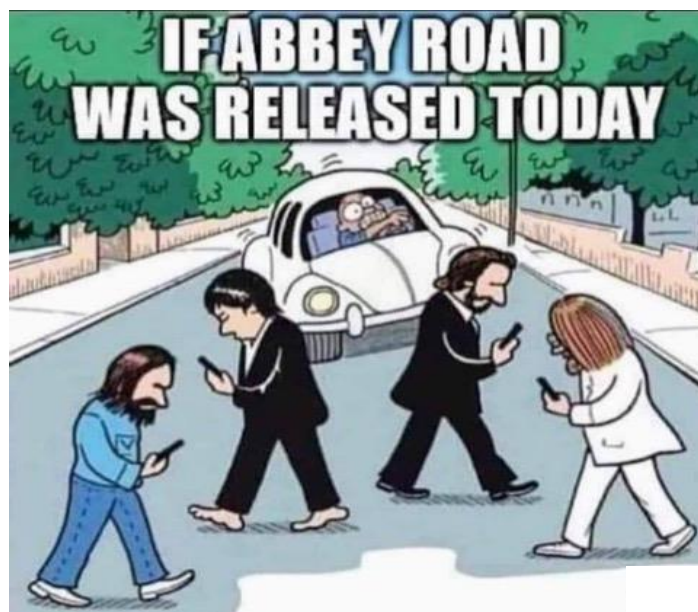
Outside Bethlehem is a cathedral which marks Jesus' birthplace and behind the altar is a cave. You can go in and 'admire the ancient church'. You can even enter the cave ... but the door's very low ... to get in you have to kneel. And God is generally found among ordinary people. To meet Him 'all you have to do is get down on your knees!'

Giving and receiving gifts at Christmas reminds us that God gave His son to heal a broken world because He loved it, *John 3:16*. He's waiting for you to give Him your heart.

Have a blessed Christmas.

Quotes from Word for Today and Our Daily Bread

The Counsellor



News From The News

Nabiac Village Community Church

Services are held every Sunday at 10:00am

Holy Communion is celebrated with the service on the 3rd Sunday

For information regarding the Nabiac Community Church please contact **Margaret Weller** (0427 570 039),

St Bernadette's Catholic Church, Krambach

December Mass times are Saturday 6th at 6:00pm, Saturday 13th at 6:00pm, Wednesday 24th at 6:00pm, (Christmas Eve) Saturday 27th at 6:00pm

January Mass Saturday 3rd 6:00pm
(contact **Helen Legg** on 6559 1211)

Krambach Bible Church (a ministry of Wingham Presbyterian

A Family Service is held **every** Sunday at 11am.

All denominations are welcome to join in.

Any enquiries please phone **Robert** (0400 310 357) .

St Paul's Anglican Church, Nabiac

Service each Sunday at **11:00 am**. All welcome

Enquiries: Contact **Sandra Martin** on 0439 541 329

Every Week Day Before and after school care by **KIDS SHACK**

We also provide Vacation time care.

Call **Joy** on 0438 273 360.

St Isidore's Catholic Church, Nabiac

November Mass time is Saturday 20th at 6:00pm

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Belinda available Monday - Tuesday - Wednesday - Friday

Barb available on Monday - Tuesday - Wednesday - Thursday

Jess available Friday, Saturday (by Appointment) Otherwise we are shut Sat.



Hi Everyone,

Christmas is upon us once again. We would love to thank everyone for their continued support throughout another year.

Don't forget we have gift vouchers available for that special someone, as well as Nak and Arbore Christmas packs.

We are available until Christmas Eve, and returning on Monday the 5th of January.

"It is with warmth, and gratitude, and joy that we hope you all have a safe, happy and joy-filled day.

Merry Christmas and a wonderful New Year to everyone."

Thank you

Belinda, Barb & Jess



DESPERATELY WANTED 3 EBDEN GESE

Or at least one, as the GANDER is
fretting at the loss of his mate to a
fox and he needs company.

Contact Mary on 0416 190 410



Do you need a *Justice of the Peace?*

Then contact

Stuart Weller on 6554 1904 (Nabiac)

Gordon Foy, 2949 Bucketts Way, Belbora on 0417 290 874

Karen Tyler, The Bucketts Way, Kundibakh on 0425 226 699

Kate McIntosh, on 6554 1144 or 0434 589 048 (Minimbah)

Amanda Chapman, on 0437 067 117, 3392 Wallanbah Road Dyers Crossing

Jane Hallock, on 0414 626 549 (Nabiac)

Brett Dennett, on 0459 988 241 (Failford)

Need to advertise something for sale or wanted to buy or a
freebie?

An announcement of a birth, birthday, passing?

Some personal message?

Do it on the back page to get full attention

Useful Numbers

EMERGENCY - Police - Fire - Ambulance 000

Essential Energy - General enquiries	132 391
Essential Energy - Power outages	132 080
Police	131 444
FAWNA (NSW)	6581 4141
MidCoast Koalas in Care	6552 2183
WIRES (Wildlife Rescue)	1300 094 737
RSPCA (Taree)	6552 7177
Post Office - Dyers Crossing	5565 1222
Post Office - Krambach (closed 1pm to 2pm)	6559 1240
Post Office - Nabiac	6554 1211
Fire Permits	1300 643 262



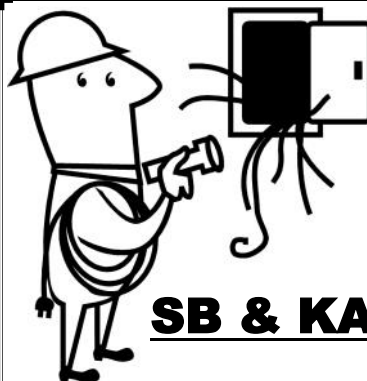
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