





Editorial.

I had to wait for the FINAL Library article so only had that and the 'fillers' to go on Friday to get the format finished.

Friday ended up a lost day after I stuffed up the computer trying to pay an account on line, which I have never done - brain can't cope with that sort of thing and then Saturday arrived.

They told us to expect up to 100mls and they didn't get it wrong this time; 100mls and two blackouts on Saturday and so far today (Sunday) 30 mls and cold and the fingers are not co-operating with the cold weather, but, hopefully this issue will be done by the end of the day if the wet doesn't muck up the copier and jam it all day whilst I print. - Sorry, I am having a whinge!

I had a dear neighbour pass away on Monday aged 74, from a stroke, not expected, and it made me realise how fragile our lives are and how we just take life for granted - 74 is NOT old, says she who is a tad older and just won't accept it - and how our lives can be whipped away so quickly at any age. Death does not discriminate when it decides it is your 'time' to leave this earth, so my thought is, get out there and enjoy and take advantage of EVERY day you wake up, because tomorrow may never come.

Enough morbidness on to nicer things.

Our lovely little library has gone. It will be greatly missed by those of us who used it for borrowing reading matter, enjoying a chat with the lovely lady/gentlemen volunteers, having a go at the jigsaw puzzles, using the internet facilities and just enjoying the atmosphere. A place for lonely people to stop and have some interaction with others of like minds.

From the report the "Farewell" get together brought in old and current volunteers, users, library officials and was a great event.

It was interesting looking at the old photos of when the library was actually the Show's Supper Room and seeing how it was divided to provide the Show with its little narrow office, which was apparently the serving windows for the Supper Room. Times, they are a'changing!

The Council is exploring uses for the buildings future—will keep you

Krambach Country Music day is on again. Attend to help keep the coffers filled and the Hall going and enjoy a great day whilst doing it.

That's all from me, until next month, keep warm Lyn & Timidthy



WHAT'S HAPPENING IN AUGUST, 2025 Markets & Events.

•	Bulahdelah	(1st Sat)	2^{nd}	8am to 1pm
•	Blackhead Bazaar	(1st Sun)	$3^{\rm rd}$	8am to 12 noon
•	John's River Country	(2nd Sat)	9 th	9am to 1.30pm
•	Wingham Farmers	(1st Sat)	2^{nd}	8am to 12 noon
•	Myall Quays	(3rd Sat)	16 th	9am to 1pm
•	The Hub Taree Showgnd	(3rd Sat)	16 th	8am to 12 noon
•	Krambach	(3rd Sun)	17^{th}	8am to 12 noon
•	NABIAC	(Last Sat)	30^{th}	8am to 12 noon
•	Old Bar	(Last Sun)	24^{th}	7am to 1pm
•	Pacific Palms	(Last Sun)	24^{th}	9am to 1pm
•	Forster Town	(2nd Sun)	10^{th}	8am to 2pm
•	Halliday's Point	(1st Sun)	$3^{\rm rd}$	8am to 11am -?
•	Town Head	(every Mor	1)	8am to 2pm
•	Mt. George	(4th Sat)	$23^{\rm rd}$	8am to 2pm
•	Forster Farmers Marke	t (3rd Sat)	16^{th}	8am to 12 noon
•	Bobbin Community		th	9am to 2pm
•	Tuncurry Markets	(4th Sat)	$23^{\rm rd}$	8am to 1pm
•	Burrell Creek	(2nd Sun)	10^{th}	9am to 12.30pm
•	Gloucester	(2nd Sat)	9^{th}	8am to 12 noon

Wingham Markets—showgrounds

Check out barringtoncoast.com.au for more info & confirmation

Phone Lyn on 02 6559 1811 Email: paulreid@iprimus.com.au Production: Lyn Reid

Contributions To: The Editor, Across The Fence, 1 Barry's Road, Firefly. N.S.W. 2429 or c/- Modern Motors, Nabiac, N.S.W. 2312 - please phone WHEN you have left articles there to be collected

Contributions should be submitted - in writing - by the 25th of the month for inclusion in the following month's edition.

ALL ART WORK IN JPG ONLY

Disclaimer: The editor has no affiliations to any advertisers and the opinions expressed by submitters are their own.

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Show News

The Show's AGM is on Tuesday on 12th August. All

current Committee members will be standing down on the day for new ones to be elected.

If you are a member and wish to nominate one of the Show's members for a Committee position you will need to get a nomination form, fill it in and get it signed and to the Show office, or me, before the day.

Contact me on 6559 1811) or phone the show's number 0403 012 309 or email Secretary_WDAH@outlook.com and I will send you one.

The AGM will be held in the Show's Hall Foyer starting at 7:00pm and will be followed by the General meeting.

We are especially seeking a new SECRETARY and Treasurer.

The Secretary will be trained/helped by the outgoing Secretary for as long as she is needed.

Meanwhile, think of what YOU could do for the show if you are not a member and became one. We need members and helpers to keep the show going. If it closes it will NOT open again.

You could bring new ideas, your artistry, love of caring for animals and just good bon homme to make each show a fantastic success.

It is a great feeling when the day is fine and you see all the visitors enjoying themselves. I am sure you have attended one of the shows so know the feeling.

Lyn Reid

Secretary 6559 1811





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CARE FOR HORSES AFTER FLOODING OR EXTREME RAIN EVENTS



If your horses have been affected by flooding, it is important to assess them as soon as it is safe to do so. Horses that have been standing in floods can develop illnesses and injuries that may not be apparent until several days after being removed from the flood waters. Checking your horses daily and looking for any changes in demeanour or behaviour can aid in early detection of any illness or injury.

- Monitor for changes in respiration, nasal discharge and mucous membrane (gum) colour. Aspiration pneumonia is a concern for horses who have travelled through flood water or kept their head above water
- Monitor for signs of colic: rolling, pawing, reduced feed intake, reduced faecal output. Colic signs can be due to changes in feed or potentially mouldy feed and ingestion of flood water can lead to gastrointestinal infections
- Monitor for signs of lameness. Persistently wet hooves bruising and abscesses and persistently wet legs can allow for bacterial skin infections on and under the skin, developing into cellulitis.
- Monitor for eye discomfort or discharge. Potential ulcers and injuries from loose material during floods can lead to significant damage to the eye and require immediate attention to preserve vision.

Mud fever

Mud fever in horses is a non-contagious skin condition/infection that causes irritation to the horse's lower legs, typically occurring in wet muddy conditions. You may also hear it referred to as dermatitis, greasy heel and cracked heels. This can be painful and can lead to secondary infections if not managed adequately. Treatment typically involves removal from wet conditions, drying and cleaning the legs and applying chlorhexidine and creams to soothe and treat the infection.

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Cellulitis

Cellulitis in horses is a painful bacterial infection of the soft tissues under the skin, commonly affecting the legs. It's characterized by sudden, severe swelling, heat, and pain in the affected area. If left untreated, cellulitis can lead to lameness, fever, and potential long-term damage. Cuts and abrasions can worsen these enabling bacteria and fungi to travel up through the skin and possible into the blood leading to sepsis. Cellulitis often requires antibiotics and pain management, as well as vaccination for tetanus if their tetanus vaccine status is not up to date.

Seedy toe

Seedy toe is most commonly a result of hoof wall and sole separation. The area of the white line at the junction of the sole and hoof wall becomes wider and white, crumbly hoof horn begins to fill the space. This material is colonised by bacterial and fungal growth from the soil, which decays the hoof protein to form a soft 'seedy' consistency. Wet conditions promote the growth of the micro-organisms and eventually the front area of the toe develops a cavity filled with decayed laminae horn. Management required regular farrier to ensure the damage hoof wall is removed to enable healthy hoof wall growth, irrigate with iodine, dry and provide protection with a boot or sealant. Be aware these horses are at a higher risk for laminitis and abscesses.

Respiratory Conditions

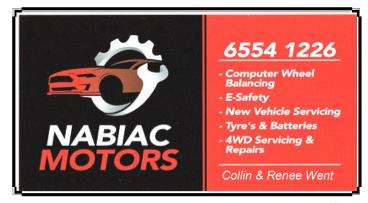
Horses trapped in floodwaters for extended periods often aspirate dirty water, leading to aspiration pneumonia. Making them at a high risk for serious lung infections. Clinical signs include coughing, nasal discharge, laboured breathing and fever. Broad spectrum antibiotics and anti-inflammatories may be required along with intravenous fluid support and nebulisation depending on the severity.

Colic and choke

Horses forced to drink flood water may ingest toxins, bacteria and debris that can lead to colic, diarrhoea and systemic illness . Rapid dietary changes, stress and dehydration can also contribute. If you see signs of colic (rolling, pawing, looking to flank) or choke (coughing, hypersalivating) then contact your Veterinarian.



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Nabiac Landcare

Landcarers who are gardeners always have a dilemma. I love my crazy semi-wild garden and I'm committed to attempting to help restore local environments, especially by controlling problem weeds (most of which are garden escapees). I enjoy propagating and sharing plants with fellow garden lovers. I could go for an entirely endemic native garden but...there are so many beautiful plants from around the world that I would like to grow!

BUT, we can thank the gardeners of the past for at least four of our most prolific weeds.

Lantana ... Mrs. Innes had it in her garden at Port Macquarie in the 1830's as a lovely trimmed hedge. John Macarthur grew it at Camden Park. It was recorded in Adelaide in 1841. By the 1860's it was naturalised in Brisbane and Sydney. Fifty years after it's introduction it was described as a widespread and troublesome weed forming thickets.

Privet ... is recorded as being grown at Camden Park in 1857 and was widely used as hedges. It didn't seem to become a weed of serious concern until the 1950's. One theory I have read is that during WW1 many privet hedges didn't get trimmed because so many young men went to war. The hedges flowered, set seed and the invasion was on.

<u>Camphor laurel</u> ... was introduced to Australia in 1822 and was widely planted in parks, school yards and cemeteries and as a street tree. Although it doesn't mature to set seed until it's seven years old, a life span of 100+ years makes a single tree a source of wide infestation, especially since it's a favourite of fruit eating birds. The seed germinates more readily after passing through a birds digestive system.

Blackberries ... were introduced for their fruit in the mid 1850's; by 1880 they were recorded as a pest. Once again the fruit is attractive to birds and the habit of rooting from the tips of the arching canes allows it to rapidly form dense thickets.

So, why the history lesson? It may take 50 to 100 years for a garden escapee to become a weed of serious concern. Why worry? Prevention is better than cost of the cure. The cost to eradicate these four plants is now prohibitive. Do you want roads or weed free verges? Our rates and taxes are what pay to maintain both. Responsible plant selection and gardening can help avoid new



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invasive weeds.

Remember, even if you can't help in the bush, you can do your bit for our lovely area. If you have a garden remove fruit and seeds from exotic plants that the birds and wind will spread. When you prune, compost your prunings or use your green bin. Over the fence or across the road in the bush shouldn't be an option. Get yourself a copy of the Garden Escapee Weed book from the local Midcoast Council. Remove plants that have been flagged as problem escapees. Most of all enjoy a quiet walk in your garden and in the local bush!

Nabiac Landcare normally works each Wednesday (weather permitting) 8-9am to 11am, followed by a very yummy morning tea. New members are always welcome. Training, tools and safety gear are supplied by Midcoast Council.

If you're interested in joining us, having a look at our projects or just having a chat, give me a ring on 65543196.

Liz Rees



CTC on TUESDAYS, & **FRIDAYS** 9.30am - 12 noon

Nabiac Community Technology Centre

is open on Tuesday, & Friday mornings (Wednesday photo copying only – see Suzie in the OP-Shop) from 9.30am until 12 midday in the Neighbourhood Centre, 37 Nabiac Street.

We have new fast computers available for your use or bring in your laptop to use our Wifi - \$5 for the morning.

We are all available to help with computer, tablet or mobile phone software problems - Word, Excel, PowerPoint, Publisher, editing photos, emailing, or searching the internet.

We have a colour scanner. Bring in your old photos & scan them to an external hard drive or DVD.

We also do copying, printing, (20c a side A4 black & white, A3 - 40c) laminating, scanning & binding.

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WALLAMBA CWA REPORT

begin this report on a very sad note to say the members were shocked to learn that our long time current member of Wallamba CWA and also member of Merriwa CWA some time ago, Mrs Jean Margaret Price, sadly passed away early on 9th July at the grand age of 91 years. President Margaret Weller had received a phone call from the family at the start of our meeting to say that Jean was in hospital and not well and members hoped that she would not suffer. Jean's funeral was held at the Manning Gardens Crematorium on Wednesday 16th July at 2.00pm and was led by George Hoad AM and was attended by 5 Wallamba Members as well as a member from Merriwa CWA. Deepest sympathy is extended husband, Kevin, of 70 years and to her family. May she Rest In Peace.

President Margaret welcomed 8 members to the meeting and this included new member *Trish Murray* and received 2 apologies.

After the opening formalities of National Anthem, CWA Motto and CWA Prayer President Margaret asked members to remember departed friends and celebrities including *Joy Harwood, Ash Croker-Griggs, Roly Brown* and *Amanda Schneider* along with *Brian Wilson* of the Beach Boys, Julian McMahon and well-known celebrity chef Peter Russell Clark.

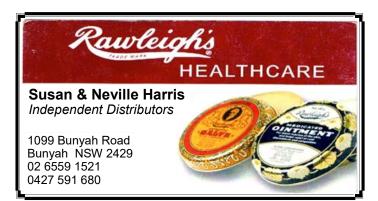
This month's thought was provided by *Merle Barber* and was "Darkness cannot chase out darkness. Only light can chase out darkness. Hatred cannot chase out hatred. Only love can chase out hatred." Member *Colleen* will bring the thought for August's meeting.

Many thanks were extended to *Stella Holz*, daughter of our late President *Edna Holz* (who was one of our original members), for her generous donation of \$500 toward Disaster Relief Funds and this was handed to Wingham CWA Branch who had set up a fund for the May Flood victims. Acknowledgement was received from Wingham Branch and a thank you and information will be forwarded to Stella.

Thanks were extended to all our members who made the MNC CWA Ag & Environment and Handicraft Day hosted by Wallamba Branch the great success it was. Many thanks also to *John Baker* who helped with the set up and working in the kitchen on the day.

A large amount of correspondence was received and discussed including invites to various Group events coming up including the Group International Day at Wingham to which several of our members will be attending. 2026 State CWA Conference will be hosted by Forster Branch in May.

Our Treasurer, Jenny, brought members up to date on our current



position and including profit from the Group Day and sales through the Nabiac Nook of our cook books.

Handicraft Officer Merle informed members of the Branch Project which is to make a plate of 4 handcrafted food items made by 4 members and she has supplied some knitting and crochet patterns suitable for this project.

The Indian kantha stitching challenge is to make a placemat, no bigger then 40 x 45 cm and we are hoping to have a demonstration of this technique by *Anne Williamson* in the near future. Merle also urged members to contribute to other aspects of the Handicraft schedule.

Jill Hammond, our Ag & Environment officer, showed us the Hunter Region Frogs booklet and described the Banjo Frog, which was one of the frogs featured. We listened to a sound bite of the Frog's call and all commented that it was aptly named. Penny told members how she had seen the glorious Regent Bower Bird feeding regularly in her garden on the dwarf umbrella tree berries.

Pam's international report this month was a 'show and tell' as she had a collection of various items brought back by her younger brother, *John*, when he and his wife, *Penny*, recently travelled to South Korea (our CWA Country of Study for 2025) that included a beautiful example of the national costume called a Hanbok. John had also sent some postcards, photos, a hand fan, several coins and a couple of the paper money and a push out palace construction kit which were on display for all to see. Pam hopes to take them along to Wingham when they host the Group International Day on Wednesday 6th August at the Wingham CWA rooms that will be attended by members Pam, Merle, Jenny and Margaret.

The 2025-6 Cultural topics were outline and include photography, short story, poem and bush Ballard and the branch project – '10 Things for a Better Future' brochure and these must be submitted by 15th November 2025. Margaret spoke of attending "Cinderella" at the MEC and Colleen went to see the musical "Shrek" at Gloucester High School. Penny also spoke of the upcoming closure of the Nabiac Library on June 30th which has saddened the local community.

Members Margaret, Merle, Trish and Jenny will have attended the MNC July meeting at Wauchope by the time this report is published so we look forward to hearing what they learnt at the next meeting which will be held Tuesday 12th August, 2025 at the Nabiac Community Church Hall commencing at 10.00am all members and new members are most welcome.

Pam Muxlow

Publicity Officer Wallamba CWA



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Nabiac Rural Fire Brigade Open Day 24th August 2025 10am-1pm

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Come on down to the grand opening of the newly renovated Nabiac Emergency Services Station and meet your local brigade from 10am-1pm on the 24th August, 2025.

Nabiac Rural Fire Brigade is under new management, and Captain *Trevor Rolland* and the team would love to welcome the Nabiac community into the station for a look around. While you're there learn the key steps in preparing your bushfire plan, ready for the start of the bushfire period.

There'll be entertainment for the kids, and a lucky door prize.

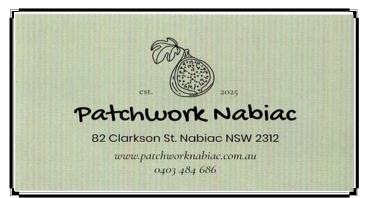
For emergencies call 000.

For enquiries or membership contact

Captain Trevor Rolland 0400 460 919.

Dragon Flies are among the world's fastest creatures - some species can travel at about 48 kilometres an hour.

Cockroaches have been around for at least 300 million years - that's 100 million years before the dinosaurs evolved



Krambach & District Garden Lovers News4



On Monday 8th we had our monthly meeting at *Kathy* and *John's* home.

The theme for the month was *Christmas in July*. There was lots of fun with members bringing a pot of colour for Santa to distribute.

Kathy and John have a lovely garden on the side of a windy hill with lots of deciduous trees to allow your to see the beautiful hill in the winter and keep you cool in summer

On Wednesday 30th July we said farewell to one of our original members, *Jeanie Wright*, who will be missed.

If you would like to join us, we meet monthly on the last Monday of the month and you would be most welcome

Call me on 6559 1375 for more information.

Judi

6559 1375 or

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MINIMBAH MATTERS



Who:

Minimbah Rural Fire Brigade has been keeping in touch with our community through the *Across the Fence* since 2007 – that's 18 years. During that time, we have reported on, amongst other things, floods and drought, fires and farewells, Citations and service awards, and long service achievements.

We have endeavoured to keep you up to date with changes in rules and procedures with regards to having your property as safely prepared as possible. We have let you know when you need fire permits and how to go about getting them, and that's what we are going to do again this month. The requirement to have a fire permit does not change but, moving with the times, the way we go about getting that permit has changed.

Early Warning.

Watch Out. It's coming!!

The Bush Fire Danger Period in the Mid Coast District will commence on 1st September, 2025.

Free Fire Permits are required from that date.

To make things easier on yourselves, and us, we ask that you make the most of the favourable "clean up weather" and get your property ready for the summer Bush Fire Danger Period. There's no need to burn a huge pile or paddock each day before the end of the month — a Fire Permit doesn't mean you aren't allowed to burn. It is a service provided by the RFS to check your proposed burn area and give guidance for safe burning.

How: To apply for a free Fire Permit, go online via the NSW RFS

website.

When: Once you have prepared the pile/area you are planning to burn and several days before you are hoping to light up.

Where: Go to rfs.nsw.gov.au/fire-information/BFDP

and follow the prompts.

Why: A Fire Permit lays out the rules for starting and keeping a fire going, and it also informs









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the RFS when you are burning, therefore preventing the need for unnecessary call-outs to a well contained fire.

Before you actually light up, you are required to give a minimum of 24 hours' notice to the NSW RFS and your neighbours.

Prior planning and preparation prevents pretty poor performance.

He who hesitates – probably didn't know what to do. If you are unsure of what is required, who your local Fire Permit Officer is, or how big your burn piles etc. can be, this information is only a phone call away. Call the **Mid Coast Fire Control Centre on 1300 643 262**.

Report unattended fires to Triple Zero (000)

Quick action is the best action - Keep small fires small.

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COOLONGOLOOK PUBLIC SCHOOL NEWS



Welcome to Term 3!

We're off to a flying start here at Coolongolook Public School. The students have settled back into classroom routines beautifully, and with so many exciting events planned, there's plenty to look forward to. We hope to see lots of familiar (and new!) faces over the coming weeks.

We're now in the final stretch of our gymnastics program, with just two sessions remaining. It's been wonderful watching students grow in strength, coordination and confidence. Whether they're balancing, tumbling or simply giving it a go, they've embraced each week with enthusiasm. A huge thank you to our fantastic instructors who've made it such a fun and rewarding experience.

We're very proud to cheer on *Natalie, Lilly, Lennox, Paisley* and *Eden*, who will be representing our school at the Zone Athletics Carnival on Friday 1st August. We're all behind them and can't wait to hear how they go. Good luck, team!

On Wednesday 6th August, we'll be celebrating Public Education Week, which this year carries the theme: "Ignite Your Potential." It's a special chance to recognise the amazing things happening in public schools every day—and how we all work together to help our young learners thrive. As part of our celebration, there will be a number of activities happening throughout the day, including opportunities for students to share their learning and showcase their talents. We invite all families to join us for a whole-school assembly at 2pm to help mark the occasion. We'd love to see you there!

From Monday 11th August, we're thrilled to welcome the *NRL Development Team*. They'll be running weekly sports sessions every Monday afternoon for six weeks, teaching rugby league skills with a focus on teamwork, fair play and fitness. These sessions are always a highlight and a great way to build confidence and connection through sport.

Next up, from Wednesday 13th to Friday 15th August, our Years 3–6 students will be heading off on their much-anticipated excursion to



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Aussie Bush Camp, along with students from Bungwahl Public School. The camp offers an incredible program full of outdoor adventure and challenges, from canoeing and giant swing to high ropes, archery, and more. It's not just about the activities, it's also about building independence, friendships, and memories that will last a lifetime.

Our *School Photos* will take place on Monday 18th August. Please make sure your child comes to school in full school uniform, looking their best and ready to smile! More information about the day will be sent home soon.

On Tuesday 20th August, we're excited to host our first *Kindergarten Orientation* session for the 2026 cohort. This special morning will begin with our always-colourful *Book Week Parade*, starting at 10am. This year, *Book Week* runs from 16th–23rd August and celebrates its 80th year with the joyful theme: "*Book an Adventure*!" We can't wait to see the imaginative costumes, favourite book characters and—most importantly—meet our newest 'little lizards' and their families as they begin their journey with us.

Looking ahead to early September, our students will once again have the opportunity to visit the Life Education Van, where *Healthy Harold* will lead fun and engaging sessions on health, safety and wellbeing. These lessons spark great conversations and help students build skills and values they can use in everyday life.

Finally, if you're new to the area or looking for a great little school for your child, we'd love to hear from you. Coolongolook Public School is a warm, welcoming community where every student is known, valued and encouraged to shine. Please feel free to contact the school to arrange a visit, meet our friendly staff, and see our wonderful learning environment in action. You can also check out our Facebook page to get a glimpse of what's happening around the school—we know you won't be disappointed!

August is shaping up to be a big month, packed with learning, adventure, and connection. We're proud of our students and thankful to our families and community for your continued support. We can't wait to welcome you into the school throughout the term. Warm regards,

The CoolSchool Team

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NEWS FROM BUNYAH

On Saturday,19th July, the **Bunyah Public Hall** was thrilled to be added to the goodnessgravel calendar, where we were selected as a much-needed rest stop for a final count on the day of 245 enthusiastic bike riders from **Two Wheel Tours** who pedalled with passion through our picturesque piece of paradise.

Participants travelled on two courses; starting at Bulahdelah, one stretching 80kms with 1,200mt of elevation gain and the other 125km route with 2,000mt of ascent, both of which showcased the natural beauty of our beloved Bunyah and surrounding suburbs.

The loops were 70% gravel and include both sides of Manning Hill Road with lovely climbs and stunning descents.



Once at the rest stop at the Bunvah Public Hall, the 125km riders head out on a thought bubble loop before coming back to Bunyah then taking the long way back to Bulahdelah. For those taking on the 80km ride, riders will pause at the Bunyah Public Hall to refuel and recharge

before continuing their journey back to Bulahdelah. The route not only offers scenic views but adds a dash of adventure, featuring two water crossings that promised both challenge and excitement, and even a bit of rain the night before added a little extra spice to the course, making the ride even more memorable. As always, Bunyah didn't disappoint!

The Bunyah Public Hall buzzed with high spirits as volunteers Rese, Jess and Elle, made sure every rider was not just refuelled but re-energised. The air was

filled with an exuberance that only comes from good company and a



dash of local magic.

Many participants couldn't help but rave about the country hospitality and vibrant atmosphere at Bunyah, describing the stop as an absolute hoot. Cameras snapped away, capturing grins, muddy legs, and the kind of camaraderie that only a



spirited day on gravel can bring—memories to be cherished and shared long after the final rider rolled by.

The highlight of the rest stop—without a doubt—was the irresistible array of **donuts** from the **Bulahdelah Bakery** which proved to be an absolute hit with the riders, vanishing almost as quickly as they appeared. Riders and volunteers alike agreed they were simply "to die for," adding a sweet note to an already unforgettable day.

A special shout out goes to Will Levy, the fantastic organizer who chose our hall as the much-needed rest stop and our gratitude also goes also to Reuben Carr, from Reuben Carr Music, who played a great mix of tunes that added to the vibrant atmosphere.

We definitely look forward to more exciting events like this at **Bunyah** Public Hall in the future!

> Choose Bunyah Public Hall for your next event 💢 Please contact Mel: 0416 131 062

> > or via our email address bunyahhallbookings@gmail.com

Smash Into Fun! Mixed Tennis at Bunyah Public Hall

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When & Where?

- * Every Wednesday 9:00am 12:00pm
- * Bunyah Public Hall
- * Only \$3 per person bring your best serve and your pocket change!



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welcomes everyone.

Let's rally together for fitness, friendship, and a fantastic Wednesday morning. See you on the court!

Warmest Regards, The Bunyah Public Hall Committee





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. Many 19th century artists and writers living in Paris were fond of a green alcoholic drink called *absinthe*, also known as 'the green fairy'. It was believed to be dangerously addictive and cause madness so was banned by most countries by 1915





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Between the Pages Nabiac Library News

adly this will be our last article for Across the Fence as Nabiac Library had its official closing and farewell morning tea on Thursday 31st July. The farewell was an opportunity to say thank you to all our loyal members and volunteers, past and present for making Nabiac Library the important

community hub that it was known for.

It was extremely well attended with well over 30 people gathering, and gave everyone the chance to share their thoughts, memories, and love of Nabiac Library. It was particularly rewarding to see *Chris Jones* (past Great Lakes Shire Council Library Manager), *Judy Moncrieff* (a stalwart and original library volunteer for many years) and MidCoast Councilor *Digby Wilson* join us for the morning.

Our current MidCoast Library coordinator, *Yasmine*, gave a heartwarming speech to all, outlining the library history and thanking everyone for being a part of the library, especially the members and volunteers.

This was followed by a couple of songs (attached) 'sung' by one of our long serving volunteers. It was then time for the cutting of the cake, which was done by Chris Jones, and another long term volunteer staff member *Pam Paff*.

Everyone then enjoyed just chatting, sharing memories and making sure that our final day was a success. We have shared some photos of Nabiac Library's history and its final farewell below.

Written to the tune of "Botany Bay"

(with apologies)

Farewell to Nabiac Library forever Farewell to the books on the shelves Farewell to the members and volunteers Who all made our library so swell

It's leaving our library we care about It's losing what we know should stay It's because we all know it's essential That our library should remain anyway

Midcoast Council is our commander And what it has said we'll obey But our members, our staff and our visitors Know what we recommended should stay

So come on all you councilors and staff members

Take notice of what we do say
Our dear library should remain open
Or you'll surely regret it one day.

Chorus:

Singing too-ral-li, oo-ral-li, addity, Singing too-ral-li, oo-ral-li, ay, Singing too-ral-li, oo-ral-li, addity, We think our precious library should stay!

Written to the tune of "The Carnival is Over"

(with apologies to The Seekers)

Say farewell to Nabiac Library
As we sing our last goodbye
How it breaks our hearts to leave you
Now our library has to die

High above the Council decided And our voices were left unmet For our library still is closing It is something we all regret

Like a drum our hearts were beating As we fought to keep it here But the fight was short and fleeting For those that held it dear

Now the library lights are fading This will be our last goodbye Though the library doors are closing We'll forever wonder why.









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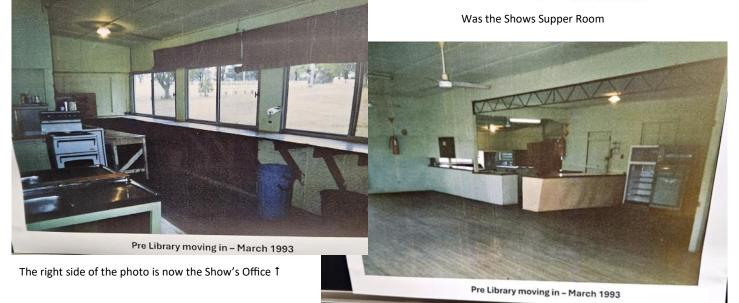
Library's Ristory

- March 12th 1991 Nabiac Community Library located in the neighbourhood Centre becomes part of Great Lakes Shire Library
- August 4th 1993 Library opens in the old Supper Room (Showground)
- April 1994 Goes online with new computer system
- May 2002 Gets a returns bin, second branch in the region to do so.
- 2002 Video and music collection added to the library
- December 2011 Visit by Biblio Tourism, Librarians on motorcycles
- August 31st 2013 20th Anniversary Celebration
- 2016 Formation of MidCoast Council
- June 2014 Home Work Help starts
- February 2nd 2019 Grant funding Celebration with Stephen Bromhead
- August 26th 2019 Grand opening after refurbishment
- March 25th 2020 Libraries close due to COVID Lockdown, Nabiac offers Click & collect
- December 2020 Nabiac starts putting out Elf on the Shelf
- August 17th 2023 30th Anniversary Celebration
- November 2022 Public PC's updated to new system
- July 31st 2025 Library Closed





Pre Library moving in - March 1993





Across The Fence – August, 2025 - Page 15



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Al seems to be the IN thing at the moment and Wimbledon has got on board, using it to determine if a serve is in or out. For 147 years the club has "employed" humans to do the job but we must go with the times! Oops! On the first day they discovered that the computergenerated line calls took some time to come through and the call (when it came) was quite quiet! Turn it up! "Sorry," said the umpire,

From the What Tha? File: It has been reported that a Chinese company has approached several players in a State soccer league game to lose matches, give away yellow cards or perform other onfield actions for betting purposes!!! I don't understand. Betting on nags or puppies to me is dumb but who bets on 2nd or 3rd division soccer matches in Oz? Get a life folks.

"I can't!" Isn't "progress" just wonderful!

Moesha Johnson is an Oz swimmer and she's just won gold in the 10 klm open water swim at the Singapore World Aquatics Championships and she's backed it up with a bronze in the 3 klm knockout sprint. Swimming, to me, is staying alive in water so a 10 klm swim is ludicrous and what a 3 klm knockout sprint is, I have no idea. Kyle Lee took a bronze in men's race.

A few short items: King Charles has decided to scrap the Royal Train after it was used just twice last financial year and cost £80,000 (\$A167,000). He'll just have to muck in with we hoi polloi I guess; James Cummings (a grandson of Bart) has accepted a deal to train horses with the Hong Kong Jockey Club starting September next year; You may not have been aware but qualifying has been taking place for the T20 World Cup to be played in India and Sri Lanka next year. And who will take part? Glad you asked. Here is the list - Afghanistan, Australia, Bangladesh, Canada, England, India, Ireland, Italy, New Zealand, Pakistan, South Africa, Sri Lanka, USA and West Indies. I had to read that several times to believe it too; Here's a sentence I thought I'd never type - Djokovic knocked out of Wimbledon! He's not as young as he used to be but he says he'll be back again next year; and If you have a lazy \$A20 million burning a hole in your pocket, you could give it to me (thank you) or you could attend next year's Inglis Easter Yearling Sales and try to buy Winx's first colt. Is he a gooden? Who knows? Playing the ponies is a gamble and giving the money to me might be the better investment. Hav-a-ago-ya-mug!

Talk at you again next month

The Hillside Critic

REAL KULTCHA

As I grow older I've noticed a couple of things about sport: First, there seems to be more sports! Dragon boat racing, skate boarding and Hyrox are just three (and I don't even know what I'm talking about with the latter, though you can check it on Google). And women are muscling in on what used to be men's sports only: Rugby League, Rugby Union and Oz Rules! And that brings me to Second: how is a bloke supposed to report on this rapidly expanding list? Well, he can't and I make no apologises for leaving many sports out and focussing on what interests me. So here goes this month.

The Tasmanian election has taken place but the result is still up in the air. It appears no party has a majority so there will need to be negotiations. In some ways I feel sorry for the pollies down there. The offer of a team in the AFL has been dangled in front of the folk and they've emphatically said YES! But, as always, the devil (no pun intended) is in the detail. The boffins in the AFL have decreed before the final nod is given, the team (i.e. Tasmania) must build an enclosed stadium for the team, which means mega bucks - like, at least a billion! Yep, that's a "b" not an "m" and nobody has yet been able to produce a final cost for the stadium that all can agree on and one of the minor political groups in the Tassie parliament that will have to be consulted is dead against the build! The people want the team but have they really looked at the cost? Tassie is a small state with limited funds so I suspect there will be some more discussions with the AFL.

The Galahs are in the West Indies at the moment and they've done well. In the last Test Starc bowled like a demon and he was backed up by Boland (who took a hat-trick). They're playing several T20 games at the moment and are continuing the rout. The next Ashes Series against The Poms will occur in Oz this summer. Can't wait.

The British Lions are in Oz at the moment and try as I might, I just can't get interested. Cross-country wrestling does nothing for me what with too many blokes on the field, weird rules (that no body knows) and a ref that has his own interpretation of rule book and probably doesn't speak English any way! As I've said before, it may be the game that is played in heaven but it's not played on the #1 field, it'll probably be played on #257 down by the sewerage ponds – which (on reflection) seems about right.

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AGLAND TURF

As the cooler months are coming to an end and the weather is set to start warming back up, it is now time to start thinking about spring lawn care.



Service Your Lawn Mower

With warmer weather, your lawn will start growing faster, meaning more frequent mowing. Now is the perfect time to give your lawnmower a good go-over before Spring sets in.

Tackle Any Weeds & Debris

Remove any debris sitting on your lawn and inspect for any signs of weeds. You can either remove weeds by hand or treat them with a broadleaf herbicide like *Amgrow Bin Die* or *LSA All Purpose Weed Control* to eliminate the usual broadleaf varieties.

Lawn Maintenance

Dethatching removes the spongy build-up of dead material that blocks air and nutrients. Aeration, using a fork or aerator, helps break up compacted soil, improving water and nutrient absorption. For uneven spots or better soil quality, top dressing with a thin layer of soil or sand can smooth the surface and support healthy growth.

Apply Lawn Care Products

We recommend applying a granular fertiliser such as Lawn Solutions Premium Fertiliser to give your lawn a good nutritional boost going into Spring. August is also an ideal time to apply a pre-emergent herbicide such as Oxafert to help prevent seasonal weeds. A preventative insecticide such as Grub Guard Ultimate can be applied simultaneously to prevent damage-causing insects such as armyworm for up to 6 months.

As a little treat for your lawn, consider using Lawn Kelper to boost turf growth and strengthen roots and shoots and Lawn Soaker to enhance water absorption, helping moisture reach deep into the soil for stronger root development.

For the months of August and September we are offering 20% off our lawncare packs for Father's Day.

If we don't have a pack to suit you, reach out and we can make a custom pack to suit your needs.

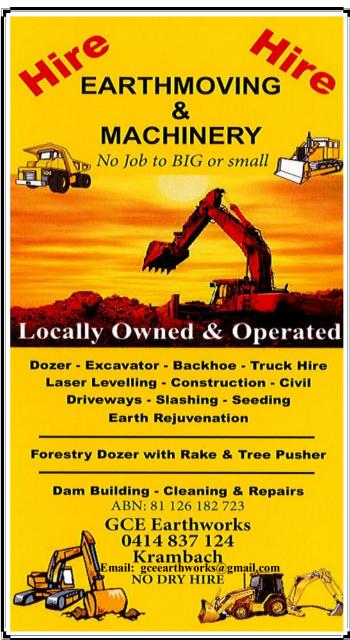
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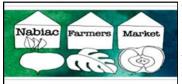
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Next market: 30st August – This is a 5th Saturday and almost the last day of winter, so it will be a biggie. We'll have a spring in our steps and extra stalls, so mark the calendar for a fab morning at the market

July market news:

After a sunny week, the rain decided to fall exactly when our market



The rain and cold meant a slow start, then more people rolled in around 10am as the rain eased.

People enjoyed the music, coffee and pizzas.



Bread, pastries, cakes and produce

enjoyed good sales. Honey, eggs and gingerbread were also popular buys, with Boali Farm

eggs all sold out.





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Nabiac Primary School was a welcome guest, with their silent auction



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*sourdough bread *cakes & treats

*market BBQ *delicious ready food

*Live music *coffee

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Thank you to everyone in our community for making our market great: Stallholders, the committee, our customers, and the shop owners in Nabiac who promote us to their patrons. We appreciate you all.

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By **Laura Pennington**, on behalf of the Nabiac Farmers' Market committee.





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Welcome to Deb's Gardening

Reality has finally hit me! I am not as young as I used to be. My head and heart still feel young but my body doesn't. There was a time, and not that long ago, when I could work hard all day everyday and feel fine but now if I work hard for a few days straight that is the end of me, I need to spend the next few days resting to recoup. And I struggle with that. My other half is constantly telling me "don't overdo it".

As you know if you read my column every month, I am renovating my house and it is the longest, slowest renovation that I have ever encountered. I know I mention this renovation every month in my article but it is doing my head in. It has now been 18 months since it started. Our builder takes on more than one job and we always seem to be at the bottom of his work load. Well, he turned up a few weeks ago for 4 days straight much to my surprise and achieved a fair bit that I was back with the paint brush in my hand. School holidays were due to start and the grand kiddies were turning up, so I had to finish the painting before they came as it was the bedrooms that he had worked on. So I got stuck into it from early morning to late in the afternoon - 3 days straight - and then wondered why I felt sore and spent the next few days struggling to do a damned thing. I have been seeing a physio for my hand which is in a splint and I am now in my 8 month with this splint on my hand because I have been over doing it and its not healing. I haven't even been playing golf, another big passion of mine. Once the flood came and I was busy helping out and busy doing other things it has just been too hard for me to get back

As for the garden, I think I have pulled out a dozen fireweeds and when I was in the vegetable garden picking stems of self sown celery, I pulled out elderberry shoots that keep coming back even though I chopped it down 3 years ago. A friendly reminder, don't grow an elderberry close to a vegetable garden as it will take over and be a big pest. That is all I have achieved in the garden this past month.

Thank goodness my grandchildren still love their fairy garden, which we put in many years ago; that was covered in weeds, as they worked on it during the school holidays and tidied it up. I so loved that they wanted to do that. I enjoyed my time with my grand children, I even had my youngest 3 year old grandchild stay and her mum, who is my youngest daughter who is due to have her 2nd child in September. They had moved interstate and they have thankfully moved back to the area. We all had fun spending time together, going on picnics in the paddock, building a bonfire, playing in the creek, teaching them



how to drive the side by side. I love how they don't ever want to go out, they just want to be here on the farm when they are here, there is so much to do and they still enjoy coming to nanny's house. It was exhausting at times but a good exhaustion.

As I am typing I am thinking what else I have been doing with my time that has made me feel so exhausted and losing sleep all the time of late, and not being able to spend time in the garden. Oh yeah, I spent a few weeks helping my elderly friends who had to move suddenly into a nursing home and clear out there house to put on the market; that was stressful and exhausting but it is done and they are comfortable in their new surroundings, a new chapter in their lives. Life moves so quickly and changes within a blink of an eye.

I should change the name of my article from "Debs gardening" to "Debs woes" because, honestly, gardening has gone out the window and here I am telling you about my woes. Though funny in saying that, I stand at the sink in my new kitchen and look out the window at the garden and it still looks beautiful, the jonquils are flowering, the daffodils are about to open. The Chinese forget me nots that have self sown throughout the garden are flowering, as are the poppies. The nandinas are turning a striking colour of orange and red. And in the distance the citrus are loaded with fruit. All that time that I spent landscaping and creating a garden is paying off. Would I change a thing with renovating our house or creating a garden if knowing that down the track I couldn't spend the time to maintain a garden to keep it looking like the botanical gardens? Oh I have such high expectations of myself and my capabilities but the answer is no, I wouldn't change a thing. The reality is the garden is fine and I am fine, I just have to learn to slow down and not have too high an expectation and think that everything needs to be finished now. The house will be finished one day, hopefully before the year is out. I will get more time back and be able to spend more time in the garden and get back into golf. For now, I have to learn to be gentle and kind to myself and to take more time with projects and not go at it at a bull at a gate and expect it to be finished that day. Age is something that happens to us all and acceptance is the key. I am still healthy and fit but I have to learn to accept that I am getting older and can't do what I am used to at the same rate anymore. And that is OK.

Until next time – Rome wasn't built in a day.

Deb

(Don't plant elderberry ANYWHERE, like bamboo, you can't kill the b...dy stuff, I have been trying for 23 years. Ed)



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Lyn's Larder

VEGETABLE & BROWN RICE SOUP

Keeping with the winter theme, this is an easy & quick belly warmer.

Olive Oil 1 tbsp

Onion, finely chopped 1 med

Garlic, crushed 1 clove

Bacon Rashers, finely chopped 3

1 cup Brown Calrose Rice 2 sticks Celery, finely chopped 2 med Carrots, finely chopped 4 cans Tomatoes, crushed (400g tins)

Tomato Paste 2tbsp

3 ctns Vegetable Stock (13/4 ltrs)

11/4 ltrs Water

Zucchini, chopped 1 lge Parsley (fresh, chopped) 2 tblsp

METHOD

1. Heat oil in a large pan, add onion, garlic and bacon; cook, stirring until onion is soft, Stir in rice, celery and carrot, cook, stirring for 3 minutes. Add undrained tomatoes, paste, stock and water. Bring to the boil, simmer, uncovered for 30 minutes.

2. Add zucchini, simmer, uncovered another 10 minutes or until rice is tender, stir in parsley.

Serves 6. Serve with lovely hot, crunchy baguette & butter. Suitable to freeze and microwave,

ORANGE CHICKEN

Had the space so you get another belly warmer!

INGREDIENTS

Chicken pieces (legs, thighs) 1¾ kg

Onions, cut into small wedges

½ cup Orange juice Chicken stock 1 cup

1 tsp Chilli sauce or Hot Pepper sauce

1 tbsp Soy Sauce

2 tsp Grated Orange Rind

Seasoned flour for coating

METHOD

Coat the chicken pieces with seasoned flour and brown all over in a fry pan with the oil. Transfer to a casserole dish. Add onions to the fry pan and cook gently, shaking the pan frequently for about 5 minutes then put them in the casserole dish with the chicken.

Pour oil from the pan, add the orange juice, stock and sauces, heat until boiling, stirring and scraping bottom of the pan. Add the grated orange rind.

Pour sauces over the chicken, cover and cook in a moderately slow oven for about 1 hour, or until chicken pieces are tender.

If you wish, let the pieces cool a little, remove flesh from the bones and return to the sauce and reheat.

Serve with vegies and fluffy rice,

I may not have lost all my marbles yet, but there is a small hole in the bag somewhere!

Always make sure SOMEONE in the relationship has good credit;

That's why it's called SIGNIFICANT other. Sign/if/I/can't.

So Daffy Duck & Elmer Fudd break into a distillery. Daffy turns to Elmer and says: "Is this Whiskey?"

Elmer says: "Yeth, but not a whiskey as wobbing a bank!"



The ITIALIAN Elbow

An Italian grandmother is giving directions to her grown grandson who is coming to visit with his wife.

"You comma to de fronta door of the apartamenta. I am inna apartamenta 301.

There issa bigga panel at the fronta door. With you elbow, pusha button 301.

I will buzza you in. Come inside, the elevator is on the right. Get in and with you elbow, pusha 3. When you get out, I'ma on the left. With you elbow, hit my doorbell."

"Grandma that sounds easy, but, why am I hitting all these buttons with my elbow?

"What You comin empty handed?

I'D LOVE TO BE EIGHT AGAIN

A man asked his wife what she'd like for her birthday.

'I'd love to be eight again' she replied.

On the morning of her birthday, he arose early and made her a bowl of Coco Pops and jammy toasties!

He took her to Alton Towers and put her on every ride in the park:

- * The Death Slide
- * The Wall of Fear
- * The Screaming Monster Roller Coaster

Five hours later she staggered out of the theme park. Her head was reeling and her stomach felt upside down. Right away they journeyed to a McDonalds where her loving husband ordered her a Happy Meal with extra fries and a refreshing chocolate milk shake.

Then it was off to the movies: the latest Kiddies three hour epic cartoon, a hot dog, popcorn, all the Coke she could drink, her favourite lolly and M&Ms. What a fabulous adventure! Finally she wobbled home with her husband and collapsed onto the

bed exhausted. He leaned over his precious wife with a big smile and lovingly asked 'Well dear, what was it like being eight again?' Her eyes slowly opened and her expression changed to one of total realisation...'I meant my dress size, you twit !!!'

The moral of this story:

Even when a man is listening, he's still gonna get it wrong.....

A woman walked into the kitchen to find her husband stalking around with a fly swatter.

What are you doing?" she asked

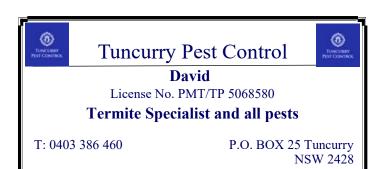
"Hunting flies," he replied

"Oh, killed any?" she said.

"Yep, 3 males, 2 females," came the answer

Intrigued, the wife asked, "How can you tell them apart?"

Husband: "3 were on a beer can and 2 were on the phone.



tuncurrypestcontrol@gmail.com



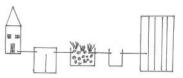
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Do you drink?

I Drink.

You smoke? 2 packets a day

I eat enough Will you stop doing all this? No!

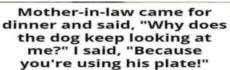
> Then why did you come to the gym?

o fix the air-conditioning..



This is a lady I can relate to!

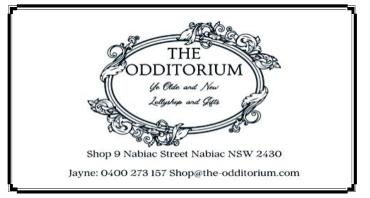












MIDCOAST

SNIPPETS

Wingham pipeline

Work will begin soon to restore a permanent water supply to Wingham after the pipeline that had supplied the town since the 1960s was damaged during the floods. This fast-tracked project is expected to be completed in December

Questions. Concerns. Ideas

Our mobile customer contact point will be out and about across the region during August.

Whether it's asking a question, voicing a concern, or even helping pay a bill, our team will be on hand to listen and provide the support you need.

Come talk about it! You'll find us here:

- Harrington: Outside IGA, Tuesday 5 August, 9am 12:30pm
- Forster: Civic Centre, Wednesday 6 August, 9am 12:30pm
- Taree: Outside Big W, Thursday 7 August, 9am 12pm
- Gloucester: Gloucester Markets, Saturday 9 August, 8am 12pm

Free Koala Trees

Visit our tree giveaway stall at the Gloucester Markets on Saturday 9 August, from 8am. A mix of koala feed trees will be available until stock runs out.

Taree Library

The Taree Library will be closed from Monday 18 August to 1 September for air conditioning upgrades.

The new units will provide a more comfortable library experience for users all year round.

At the MEC

Take a chance on...ABBALANCHE!

The award-winning ABBA tribute show, celebrating 30 years delivering sound style and flair to the stage, is performing for one night only at the MEC, Saturday 23 August

Book your bulky waste

Looking to get an early start on that spring clean? Eligible households receive one free bulky waste collection per financial year. Visit our website to book your bulky waste collection

Adopt a pet

Furry friends are looking for loving homes! Our dogs are ready to find their perfect match, could it be you?

Billabong footbridge

If you haven't heard the good news already, the stunning new footbridge in Gloucester's Billabong Park has opened! The original bridge was damaged during the 2021 flood event.

Help continues to flow into the MidCoast following the destructive May floods.

Cumberland City Council is the latest LGA to offer assistance and will be sending a pothole patching team to our area for two weeks to work on the road network from Monday July 14.

This follows on from both Wollongong Shire and Newcastle Council's sending crews to help.

MidCoast Council's Director of Infrastructure and Engineering Service, Rob Scott, said any assistance was welcomed with opened arms.

"As you can expect our crews are really up against it at the moment," he said.

"This assistance takes a lot of pressure off our crews, and while the pothole teams from other Council areas are here, it frees our staff up to work on other affected roads.

"The help from all the Councils cannot be understated and is greatly appreciated."

MidCoast Council is incredibly thankful to the Wollongong Shire Council for sending manpower and resources to help with the flood recovery process.

Two pothole filling crews of four staff in each team did one-week stints on the MidCoast doing their bit to help the local road work crews.

A spokesperson from the Wollongong Shire Council said they were proud to be able to lend a hand.

"Our guys put their hand up and offered to head up the coast and help out," they said.

"We are all incredibly proud of them.

"From all accounts they enjoyed their time in the region and said the MidCoast Council and its residents were a pleasure to deal with."

Newcastle Council also sent a crew to the MidCoast to provide assistance.

MidCoast Council Mayor Claire Pontin was beyond grateful to all the different LGAs and crews that have put themselves out to assist.

"It really shows what the Australian spirit is all about," she said.

"Our crews will take all the help they can get following the floods. There was a lot of damage to so much of our infrastructure it is hard to comprehend.

"I want to thank all the different Council's, that have offered and provided help to us following the destructive floods in May."



SENIORS CONCERTS CANCELLED

Member for Myall Lakes, Tanya Thompson, has announced with regret that the rescheduled Seniors Concerts, planned for August 2025, will not go ahead due to a lack of available funding support from the NSW Government.

The concerts, initially postponed from March, were intended to provide a joyful and engaging day out for local seniors.

"This is really disappointing news, especially for our seniors who were so looking forward to these events," Mrs Thompson said.
"I sought funding support from the Government to help deliver the

"I sought funding support from the Government to help deliver the concerts, but unfortunately that support has not been made available." Mrs Thompson said it's disheartening to see a long-running, regional community event cancelled. "Our seniors play such an important role in our communities, and they deserve to be celebrated."

Mrs Thompson confirmed that planning is underway to bring the concerts back in March 2026.

"I'm committed to these concerts returning next year, they're a muchloved tradition and I'll keep working to make sure they remain part of our local calendar," she said.

RAISING A GLASS FOR OUR DAIRY FARMERS

Member for Myall Lakes, Tanya Thompson, is encouraging locals to support a new fundraising campaign helping flood-affected dairy farmers across the Mid North Coast.

The initiative, organised by Member for Port Macquarie, Robert Dwyer, has been developed in partnership with Clubs NSW and the Mid Coast Dairy Advancement Group (MCDAG). It will see participating clubs donate up to 50 cents from every schooner and/or cup of coffee sold between 1 July and 31 October 2025 to a dedicated recovery fund.

In the Myall Lakes, Club Old Bar, Club West in Taree, and Wingham Services Club are taking part.

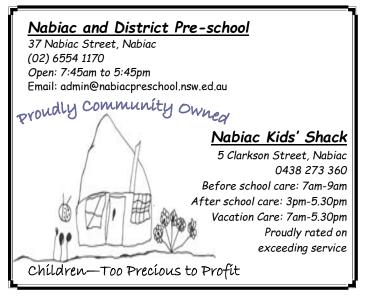
"These floods have taken a huge toll on our farming families, and many are still dealing with the cost of damage," Mrs Thompson said.

"The \$25,000 in Category C funding falls well short of what's needed to help farmers recover."

"This community effort is a great way to show our farmers that we've got their backs and I commend our local clubs for stepping up and being part of the solution."

Nicole Mullen, CEO of Club Old Bar and Club West, said "Supporting our local community is at the heart of everything we do and that's why we are honoured to be part of the Dairy Farmers Flood Appeal Fundraiser."

"Every schooner and coffee purchased helps us give back. The funds raised will go directly toward urgent and practical needs like machinery repairs, fuel and fodder, the essentials our farmers need to keep going."



Good Medicine

God's Radar

Do you ever feel you are far from God? Sometimes we don't think about God much or at all, but all the time He is thinking about us. The Bible says He is thinking thoughts of peace towards us, *Jeremiah* 29:11.

Brian Walpole was a former RAF officer in England who began his flying career in a two - seater Tiger Moth biplane. He then went on to aerobatic displays in jets. Finally he was 'flying Concorde for British Airways ... at twice the speed of sound'! In early days the Concorde was losing money, but Brian was able to 'steady it into a profitable venture and was awarded the OBE'.

He piloted hundreds of Trans - Atlantic flights at supersonic speed... pretty mind boggling ... but still, God was not on **his** radar.

It was through his daughters' tennis playing that this changed. Both were keen players, one or both playing in the US open at different times. At a tennis dinner their proud dad started talking to a journalist and ended up going to church with him. This began a 'long search for answers' and eventually he concluded that Jesus Christ **had** been raised from the dead ... in agreement with the Bible.

When flying Boeing 707s he had used the stars for navigation, but now they showed him the beauty of the Creator he worshipped.

An old word for worship is *worth-ship*, encouraging us to think about the worth of the things we consider important.

A statement by Christian author, CS Lewis, says - "Christianity, if false, is of no importance, and if true, of <u>infinite</u> importance. The only thing it cannot be is moderately important". This is what Brian came to believe and now says that investigating what Jesus did for us is the most important thing to do in life.

Manning Great Lakes Woodworkers Incorporating the Bridge Gallery

Workshop and Gallery open every Saturday from 9:00am to 2:00pm

New members, men & women, are very welcome.

If you like "messing about" with wood, please visit us or contact us as follows:



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Web Site: www.mglwoodworkers.com

His recently published autobiography called "Captain Concorde", by Grace and Down Publishing, would be great reading I'm sure.

Worship is 'one of the best ways in the world to love God'. Praying can be part of this as *Philippians 4:6* tells us, in every situation to bring our requests to God. If you want to talk to God remember, 'Anything large enough to occupy our minds is large enough to hang a prayer on'.

Quotes from 'Captain Concorde', and Our Daily Bread

The Counsellor



News From The Pews

Nabiac Village Community Church

Services are held every Sunday at 10:00am
Holy Communion is celebrated with the service on the 3rd Sunday
For information regarding the Nabiac Community Church please
contact Margaret Weller (0427 570 039),

St Bernadette's Catholic Church, Krambach

August Mass times are Saturday 2nd at 5:00pm, Saturday 9th at 5:00pm, Saturday 23rd at 5:00pm and Saturday 30th at 5:00pm **September Mass Saturday 6th** 5:00pm **(contact Helen Legg on 6559 1211)**

*Note: Mass times back to 5:00 from May with the end of daylight savings.

Krambach Bible Church (a ministry of Wingham Presbyterian

A Family Service is held **every** Sunday at 11am. **All** denominations are welcome to join in. Any enquiries please phone **Robert** (0400 310 357).

St Paul's Anglican Church, Nabiac

Service each Sunday at **11:00 am**. All welcome Enquiries: Contact **Sandra Martin** on 0439 541 329

Every Week Day Before and after school care by *KIDS SHACK* We also provide Vacation time care. Call **Joy** on 0438 273 360.

St Isidore's Catholic Church, Nabiac

August Mass time is Saturday 16th at 5:00pm *Note: Mass is back to 5:00pm again from May with the end of daylight savings

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MidCoast Koalas in Care	6552 2183
WIRES (Wildlife Rescue)	1300 094 737
RSPCA (Taree)	6552 7177
Post Office - Dyers Crossing	5565 1222
Post Office - Krambach (closed 1pm to 2pm)	6559 1240
Post Office - Nabiac	6554 1211
Fire Permits	1300 643 262

Remember if you want to know what is happening in Nabiac, just look it up on the web - nabiac.com

If you want to advertise an event, visit the web site and click **SUBMIT**

STUART LOWTHER PORTER

14.05.1951 - 28.07.2025

Stuart Lowther Porter, late of Monk Road, Firefly, passed away peacefully on Monday 28th July, 2025.

He is survived by his wife, Tatava, and children, Lua, Claire & Sala and grand children He will be greatly missed



Hi Everyone,

Just letting you know that the salon will be **closed** from *Monday the* 11th to Thursday the 14th of August for some salon maintenance.

Therefore, Barb will be having a few days break. Belinda will be on holidays from Monday the 11th of August and returning on Monday the 1st of September.

I now leave you with the saying of the month and I will see you all after my holiday.

"They say a person needs just three things to be truly happy in this world: someone to love, something to do, and something to hope for."

Belinda, Barb & Jess



Do you need a Justice of the Peace?

Stuart Weller on 6554 1904 (Nabiac) Gordon Foy, 2949 Bucketts Way, Belbora on 0417 290 874 Karen Tyler, The Bucketts Way, Kundibakh on 0425 226 699 Kate McIntosh, on 6554 1144 or 0434 589 048 (Minimbah) Vicki Turner, on 0422 115 454 (Nabiac & Minimbah) Amanda Chapman, on 0437 067 117, 3392 Wallanbah Road Dyers Crossing Jane Hallock, on 0414 626 549 (Nabiac)

******************** Need to advertise something for sale or wanted to buy or a freebie?

> An announcement of a birth, birthday, passing? Some personal message?

Do it on the back page to get full attention



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