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# ACROSS THE FENCE

# Merry Christmas



# Everyone

*Lyn & Timidthy*

News from the Wallamba Watershed is a







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## Editorial.

Hi all,

How are you all coping with the changing weather at the moment? I have crickets, cicadas and frogs all competing with each other of a night to the point I can't hear the television.

The number of cicada shells around the house indicates there are an incredible amount of them this year. Must be 7 years since the last big hatching. I think they cycle every 5 or 7 years???

The little beetles, Christmas beetles and tiny bugs help me enjoy my meals, something I would really prefer to eat alone and they crunch underfoot where ever I walk.

The Gum trees' blossoms and nuts carpet the paths—tad dead on bare tootsies—and have caused the cleaning of gutters almost daily.

Ah... it's great to live in the county in Australia in the Summer.

Wouldn't change it for quids!!!

Off to Taree to print this issue tomorrow with fingers, toes and everything else crossed after the fiasco of trying to get last months done.

My apologies for the very late delivery but all beyond my control.

Holiday Coast Office is going to be my saviour by supplying me with printing facilities until I get my copier sorted in the next few weeks.

Why does everything seem to collapse at Christmas when we are all in a rush to get ready for the festivities?

A BIG issue this month. A lot of full page and half page advertisements so more pages and more empty spaces to fill.

Lots of Christmas lunches happening with the different clubs and associations. What will the waistlines be after Christmas????

I heard a little whisper that the CWA's "end of Spring" sale was a great success last Saturday. Hope everyone attending scored a bargain. Funds raised are used for good causes.

Sunny and Tim are putting on their combined annual Christmas Party and Sausage Sizzle again on Thursday 17<sup>th</sup> outside the Chemist shop.

A good way to mingle with the community and customers.

There are more new advertisers- a Real Estate Agent, a turf supplier, a scrap metal collector and a crane truck (if you need things lifted and shifted)

The jigsaw the library ladies completed looks fabulous. Not sure if it is still on the table to be seen.

Simon & Philippa seem to have settled into Muse and have been doing lots of things in the rear of the shop to accommodate the classes held there. Hope all goes well for them

Lastly a huge **thank you** to all of my "reporters for their continual supply of news for you read and to the advertisers who keep the paper viable and also to you, the readers, for still wanting copies of it.

Until next year, Merry Christmas & a Happy New Year

*Lyn & Timidthy*



## WHAT'S HAPPENING IN DECEMBER, 2024 Markets & Events.

• Bulahdelah	(1st Sat)	7 <sup>th</sup>	8am to 1pm
• Blackhead Bazaar	(1st Sun)	8 <sup>th</sup>	8am to 12 noon
• John's River Country	(2nd Sat)	14 <sup>th</sup>	9am to 1.30pm
• Wingham Farmers	(1st Sat)	7 <sup>th</sup>	8am to 12 noon
• Myall Quays	(3rd Sat)	21 <sup>st</sup>	9am to 1pm
• The Hub Taree Showgnd	(3rd Sat)	21 <sup>st</sup>	8am to 12 noon
• <b>Krambach</b>	(3rd Sun)	15 <sup>th</sup>	8:30am to 1pm
• <b>NABIAC</b>	(Last Sat)	— <sup>th</sup>	8am to 12 noon
• Old Bar	(Last Sun)	29 <sup>th</sup>	7am to 1pm
• Pacific Palms	(Last Sun)	29 <sup>th</sup>	9am to 1pm
• Forster Town	(2nd Sun)	8 <sup>th</sup>	8am to 2pm
• Halliday's Point	(1st Sun)	1 <sup>st</sup>	8am to 11am -?
• Town Head	(every Mon)		8am to 2pm
• Mt. George	(4th Sat)	28 <sup>th</sup>	8am to 2pm
• Forster Farmers Market	(3rd Sat)	21 <sup>st</sup>	8am to 12 noon
• Bobbin Community		— <sup>th</sup>	9am to 2pm
• Tuncurry Markets	(4th Sat)	28 <sup>th</sup>	8am to 1pm
• Burrell Creek	(2nd Sun)	8 <sup>th</sup>	9am to 12.30pm
• Gloucester	(2nd Sat)	14 <sup>th</sup>	8am to 12 noon
• Wingham Markets—showgrounds			

Check out [barringtoncoast.com.au](http://barringtoncoast.com.au) for more info & confirmation

Phone Lyn on 02 6559 1811 Email: paulreid@iprimus.com.au

Production: Lyn Reid

**Contributions To:** The Editor, *Across The Fence*, 1 Barry's Road, Firefly. N.S.W. 2429 or c/- Modern Motors, Nabiac, N.S.W. 2312 - **please phone**

**WHEN you have left articles there to be collected**

Contributions should be submitted - in writing - by the 25th of the month for inclusion in the following month's edition.

**ALL ART WORK IN JPG ONLY**

*Disclaimer: The editor has **no affiliations** to **any** advertisers and the opinions expressed by submitters are their own.*

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## Between the Pages

## Nabiac Library News



HO HO HO and welcome to our pre-Christmas edition of Nabiac Library News, where we bring you all our news and latest events from Nabiac Library. Before we know it will be Christmas!

November was *International Games* month and Nabiac Library had a number of games and puzzles available to suit the young and not so young members. The children's corner had some delighted children playing with the puzzles and games and our puzzle masters managed to finally finish the very challenging "Cupboard under the Stairs" jigsaw puzzle.

Our next challenge was the annual *Puzzle Off* Competition on November 28<sup>th</sup> where three branches, Nabiac, Taree and Forster libraries, compete to complete a puzzle about their library in the fastest time. Here is Nabiac Library's challenge with all hands on deck to solve it.



Smiling & working on it



All hands on deck



Completed - GO NABIAC

Reading Club, simply register at MidCoast Libraries and then head into your local library to collect your Summer Reading Club pack. Complete the reading log, challenges and challenge card in the pack and return to your library by Saturday 25<sup>th</sup> January. A whole lot of Summer fun which includes reading, activities, games and learning about our amazing marine life. Come into Nabiac Library to get a Summer Reading Club kit.

### Children's Xmas Craft at Nabiac Library

Nabiac Library will be offering a children's pre-Christmas Craft activity that involves making an embroidered Xmas decoration. It will be on a **Monday afternoon from 3.30-4.30pm**. At this stage a date has not been set, but please check the *midcoast libraries website events tab* for the upcoming details.

Our Christmas display is up at Nabiac Library and the elf on the shelf is hiding out, hoping you can find him. We have plenty of Christmas themed books for the young and not so young available and of course there is also our recipe cookbooks and easy craft gifts to explore ready to celebrate. Come in and find some inspiration.



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Nabiac Library staff would like to wish all our loyal library members an enjoyable, safe and happy season of festive celebrations for Christmas

and the New Year and look forward to seeing you at the Library.

It is expected that we will be closed for the Christmas – New Year period from Monday 23<sup>rd</sup> December 2024 until Thursday January 2<sup>nd</sup> 2025.

Until these dates we will be open from 3pm-5pm on Monday and Tuesdays, and from 10am-12 on Thursdays and Saturdays.

*SEE YOU AT THE LIBRARY WHERE YOU WILL ALWAYS BE WELCOMED WITH A SMILE!*



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**BOXING DAY CLOSED**

Friday 27.12.24 7:30am - 5:00pm

Saturday 28.12.24 7:30am - 4:00pm

**Sunday CLOSED**

Monday 30.12.24 7:30am - 5:00pm

Tuesday 31.12.24 7:30am - 12 noon

**NEW YEARS DAY - CLOSED**

Wishing you all a Merry Christmas & a Happy New Year

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## MINIMBAH MATTERS



Minimbah Rural Fire Brigade's is very pleased with the turnout to our Open Day last month. Not just the number of locals who came to see us, but the questions they asked and the interest they showed in general. Our Mothers' told us we would have days like that, and they were right. They are the days that reinforce to us the importance of what we do, and the appreciation that is shown for what we do. Thank you one and all.

If you came away with a little more knowledge about fires, their prevention and their suppression, and with the "how can I live in this neighbourhood without being in the Minimbah Rural Fire Brigade" feeling, you know where to find us.

Our Captain can be contacted on **0429 000 814** and our Secretary controls our emails on [minimbahrfb@hotmail.com](mailto:minimbahrfb@hotmail.com)

Here's a short quick quiz to see how much you remembered from our Open Day.

Question	Answer
How do I get a free Fire Permit?	You now have the option to apply for a free permit online via the NSW RFS website. Go to <a href="http://rfs.nsw.gov.au/fire-information/BFDP">rfs.nsw.gov.au/fire-information/BFDP</a> OR contact your local Fire Permit Officer.
Who is my closest Fire Permit Officer and what is their contact number?	For contact details of your local Fire Permit Officer, and to ensure you receive accurate and up to date information, please call the <b>Mid Coast Fire Control Centre on 1300 643 262</b> . Out of respect for the privacy of our volunteers, we do not publish their private telephone numbers.
Do I need to give at least 24 hours' notice to neighbours and the RFS all year round?	Yes. It's the law. If you applied for your free fire permit online, then the same process is used for giving the RFS at least 24 hours' notice of lighting up. You may be fighting with your computer, but please don't fight with us. A quick call to <b>Mid Coast Fire Control Centre on 1300 643 262</b> will cover you.
Do you think I would look good in "fire brigade yellow"?	<i>Oh yes. We know you would look absolutely fantastic in fire brigade yellow.</i>

Our Brigade extends our thanks to Lyn Reid for affording us the space in her monthly *Across the Fence Newsletter*. It's a widely read and informative publication that so many people rely on to keep up to date with local issues. This allows our Brigade to let our community know

what we are up to, important and convenient updates to the RFS systems that can help the community, and things such as the requirement for fire permits.

We would also like to thank those who have supported us both financially and generally throughout the year. It was heartening to welcome some local residents at our Open Day last month, and to be especially rewarded by those who expressed their interest in joining our Brigade, was a wonderful bonus.

We wish everyone a very Happy Christmas and a safe New Year that is full of fun, health and happiness. Here's our parting "gift" to you for the year. Okay, try singing it and not having it stuck in your head for the next few hours.



*You'd better watch out, you'd better not cry.  
You'd better not pout, I'm telling you why.  
Santa Claus is coming to town.*

*He's making a list, he's checking it twice,  
He's going to find out who's naughty and nice.  
Santa Claus is coming to town.*

*He knows when you are burning,  
He knows if your gutters are clean  
He knows when you need a permit  
And whether you're slack or keen.*

*You'd better watch out, you'd better not cry.  
You'd better not pout, I'm telling you why.  
Santa Claus is coming to town.*

*A Bush Fire Survival Plan is vital  
And practice it so everyone will know  
To pack their things beforehand  
Then they're ready if they have to quickly go.*

*All boys and girls must be included  
We all have our jobs to do.  
They can look after their precious pets  
And gather their pet's bags too.*

*You'd better watch out, you'd better not cry.  
You'd better not pout, I'm telling you why.  
Santa Claus is coming to town.*

*If the fire comes when you're sleeping  
You should all know what to take  
Have everything ready and handy  
So you'll be safe for goodness sake.*

*You'd better watch out, you'd better not cry.  
You'd better not pout, I'm telling you why.  
Santa Claus is coming to town.  
Santa Clause is coming to town.*

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**M**use has undergone a transformation. As we said goodbye to Janice on the 31<sup>st</sup> October, Philippa and I took over the Muse Gallery on the 1<sup>st</sup> November and we haven't stopped! We want to give NABIAC a place everyone can enjoy, have a chat, be amazed at the artwork and even have a go and discover your inner creative self!

After a rapid renovation we re-opened on Wednesday 13<sup>th</sup> November and we have had an amazing response from artists, locals and visitors.

We haven't finished yet; Philippa gave me the deadline to get the back area finished for workshops by 22<sup>nd</sup> November. I made it! And the first pottery workshop took place and was well received by everyone. Philippa and her friend, a fellow potter, *Kylie Hinton*, lead participants through tricks and tips to make some awesome Christmas decorations.

The monthly mediation took place on the 28<sup>th</sup> November and it looks like Yoga may well be a regular at the gallery too.

On Saturday 7<sup>th</sup> December, 9:30 am - 3 pm we will have our Christmas Market, which will be larger than previous markets as we have the back area as well as the front. If you would like a stall please contact us on **0403 826 439**.

Then, on Sunday 15<sup>th</sup> December we invite you to a Christmas Gingerbread House making workshop. This is aimed at friends and families to come together and have a laugh at constructing a house ready for Christmas while trying not to eat too many lollies along the way!

We wish you all a Merry Christmas.

Please follow us on Facebook or check out our new website [www.musegallery.au](http://www.musegallery.au).



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## Krambach & District Garden Lovers News

Hello Gardeners,

Last Monday (last in the month) we had our end of year Christmas Party at the Krambach Hall.



Most of our friends were able to attend and a great day was had by all.

We had a sumptuous meal, Christmas tree with Santa and lots of lovely floral prizes. Certificates were handed out for place getters in the flower competition.

We will not meet again until the last Monday in January, 2025

How has your garden stood up to the heat? This is just the beginning of summer! I must say my zinnias and roses love it and my jacaranda trees are now finishing so no more purple carpet and I haven't had much luck with my tomatoes.

If you would like to join us and, maybe, meet your neighbours, please give us a call.

Until next time, Merry Christmas

*Judi*

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## NABIAC PUBLIC SCHOOL



**W**e have had such a jam packed, fun filled term so far here at the best little school anywhere!

This term we held our Intensive swimming lessons and water safety program at the Nabiac Pool. It is important that we can offer such an amazing program to support students being safe in the water. Thank you to our dedicated teachers who give up their time to ensure their training is current, enabling them to teach our students vital water safety skills. A huge thank you again to the Nabiac Neighbourhood Centre who have joined the school in subsidising the program. We really appreciate our community and the support they offer our students.

Year 6 held an amazing Fun Day. This day always brings many smiles and much laughter! Thank you to the Year 6 students for their hard work in preparing for the Fun Day.

**Carols on the Oval** is coming up on **December 9<sup>th</sup> 5:30 – 7:30pm**; this is a community event on our side oval and everyone is invited to attend. Bring cash on the night as food, drinks and some lovely Christmas craft will be available to purchase. More information will be posted on our Facebook page "Nabiac Public School" and on Nabiac News and Chat.

Nabiac School students are very excited to be entering another fabulous scarecrow into the Nabiac show next March and are working hard with Mrs *Madden* on their design. We can't wait to see their entry!

Next year students will be starting school on Thursday 6<sup>th</sup> February, following 4 school development days. These school development days provide our teachers time to be best prepared individually and collectively to implement curriculum. School development days will operate the way they always have. Students do not attend on these days as there are no timetabled lessons so staff can engage in professional development and planning.

We are busy planning for 2025. Enrolment numbers are playing a huge part in what class structures we will have for next year. If you know of anyone coming who hasn't approached the school, please suggest they do. If there is a change to your child's enrolment for next year, please inform the front office as soon as possible.

Our last day of term is December 18<sup>th</sup>, if you see any activities at the school during the holidays, please phone the police.

We wish everyone a safe and wonderful Christmas and New Year! Enjoy your break and we will see you all next year at the best little school anywhere!

Kind Regards,  
*Amelia Bridge*

Ph: 02 6554 1247

W: [nabiac-p.school@det.nsw.edu.au](mailto:nabiac-p.school@det.nsw.edu.au)



## Nabiac Pharmacy News



As you know the end of the year is upon us, which means only one thing.....

The annual Nabiac Village Christmas Party. Each year ourselves at the pharmacy and our great friends at FoodWorks Nabiac love to throw a free BBQ with drinks, lollies and lucky door prizes. We would love any one from the local community to attend.

The event will be held on **Thursday the 19<sup>th</sup> of December from 5:30-7:00pm**, and we look forward to serving you as a thanks for your patronage through the year.

Healthwise, there are a lot of different things that happen as a result of hot weather. If you or a loved one need help please see us and we'll do our utmost to give you the best of care. Most of these problems relate to lower limb swelling and dehydration, so put your feet up and drink plenty of water too!

Merry Christmas and a happy new year to you all,  
Tim & Ali



**The Christmas Wreath**  
Wreaths have been around since the ancient Greek and Roman times, but the evergreen Christmas wreath, often adorned with boughs of holly, eventually took on Christian meaning, with the circular shape representing eternal life and the holly leaves and berries symbolic of Christ's crown of thorns and blood



### Wallamba District Agricultural & Horticultural Assoc. Inc

A Message from the Hall Steward

#### Volunteer Hall Stewards Needed



Nabiac's next show is on **Saturday 8<sup>th</sup> March**.

I am needing volunteers, both ladies & men, to help set up the Hall on Friday 7<sup>th</sup> March from 7.00am to about 4.30pm, lunch provided.

Then Sunday 9<sup>th</sup> March from 9.00am to around 12.00noon for handing back these exhibits.

Support will be given, just your time & energy is requested.

Please help to make a great show!

**Mary Webber**  
0416 190 410

[maryjwebber@bigpond.com](mailto:maryjwebber@bigpond.com)



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# KRAMBACH

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★ Saturday- December 7<sup>th</sup> - Massive Ham Raffle: 60 hams.. drawn from 4pm

**Jimmy Mac** playing after the raffles

★ Sunday December 22<sup>nd</sup>- **Christmas Party** Music - **Highcloud** ...

Toy, ham & meat raffle....**Facepainter**....- special guest **Santa** starts 2pm

★ New Year's Eve - Fancy dress party!! .....Band - **Phat Tracta** all starts 8pm

## KRAMBACH BISTRO & TAKEAWAY

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## WALLAMBA CWA REPORT

The November Wallamba CWA meeting took place on Tuesday 12<sup>th</sup> November at the Nabiac Community Church Hall and was conducted by President *Margaret Weller* who welcomed 10 members and received three apologies.

Following the opening formalities the members paused to remember the passing of Wingham CWA member Mrs *Jac Hyde*, OAM – a much loved and dedicated member of NSW CWA and also Mrs *Norieda Fotheringham*, OAM also of Wingham and *Doug Hodget's* family tragically died from an accident on the Bucketts Way.

*Merle* supplied our thought for the meeting and was as follows ***“Do not regret growing old. It is a privilege many are denied!”***. *Jill* has offered to supply the thought for the December meeting.

The members were updated on the recent catering task for the funeral of *Lindsay Phegan* and all members who helped or contributed to the food were thanked and the donation received was much appreciated.

The October 22<sup>nd</sup> Mid North Coast CWA AGM at Nambucca Heads was attended by members *Penny* and *Jenny* and they gave a full and comprehensive report on their attendance – thanks ladies.

The Trash and Treasure Garage Sale – which was to be held on Saturday November 30<sup>th</sup> was discussed and all hoped the weather would be kind to them and the community support make it all worthwhile.

A number of correspondence items were put forward including an invitation to attend the next MNC CWA meeting at Port Macquarie which was set for Monday 25<sup>th</sup> November.

Information on the 2025 State Conference regarding Bus travel had been circulated to our interested members.

Treasurer *Jenny Ang* presented the financial statement of the Branch which shows a comfortable balance and many thanks were extended to *Ross Dearing* for auditing our Books for end of year

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OUR EXPERIENCE YOUR IMAGINATION

report. A number of payments were ratified including CWA Levy, Hall Hire, End of Year school Presentation prized to Nabiac, Krambach and Coolongolook PS, and 2025 Wallamba Show prizes.

Handicraft Officer *Merle* thanked everyone for some great pincushions for the Group handicraft project but said more would be welcome. Thanks also to member *Jill* for a lovely rug to go into the over 80's class and hope that *Margaret* might also have some knitting as well. The 8 items for group was also discussed and *Merle* is hoping for a good showing in the competition.

This year's featured topics in the Agriculture and Environment Segment is FROGS, and *Jill* showed off a book from the local library which gave some interesting facts on them including the fact that frog's eardrums are on the outside of their head - they are the bumps behind the eyes and that each frog has its own unique frog call. *Beth* gave an overview of the symbolism of frogs, many cultures have long considered frogs to be good luck symbols. Frogs have been around for a long time and have survived multiple extinctions and some massive changes to conditions over a few hundred million years on earth. They are amphibians which comes from the Greek term for two lives. *Beth* ended her presentation by saying that if a frog lives in your area, then it means that there is a healthy balance of life because these other insects are also present – they eat living things.

*Margaret* hadn't realized she was elected as Cookery Officer and didn't have a report. Our great cook *Jean* brought along an article on processor cakes to share with members and are ideal for people who want to speed up the normal mixing process. The recipes used a metal mixing blade and had a few varieties to try, lemon ginger cake, coffee and walnut cake, honey gingerbread and fairy cakes.

*Pam* gave her first international report on our new country of Study, South Korea, and the information came from an old encyclopaedia giving some details on the area, the name being a corruption of Korya, the name given to a Korean Kingdom that flourished from 935AD until 1392. South Korea is known as Han Look – Land of the Morning Calm and North Korea is Chosun. The main religions are Buddhism, Confucianism and Taoism. The South Korean capital is Seoul and the chief seaports are Busan and Incheon with South Korea having over

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Jill gave us some culture with a newspaper article to share with members "Why I'm a fan of the cuddle cap"

Headline referring to Dunedin airport in NZ limiting hug time to 3 minutes at the departure drop off areas. This is very similar to the "Kiss and Drop" zones giving 2 minutes for parents to drop off or pick up children at schools.

Margaret also told members of husband *Bruce* and herself taking a fabulous journey on the Pitchi Richii railway from Port Augusta to Quorn, a distance of 35 kms, in the old steam train engine and carriages.

The Christmas lunch for members this year is planned following our final meeting for the year on Tuesday 12<sup>th</sup> December and will be held at the Boathouse Café, Endeavour Place in Taree.

Sadly the planned Linked Community services presentation didn't take place despite lots of advertising and no one turned up from Linked – however members had a delicious lunch with lots of goodies provided by our members.

I hope to be able to report on a successful garage sale held Saturday 30<sup>th</sup> November in my next report

*"Wishing everyone a Happy Festive Season and a safe one from Wallamba CWA,*

**Pam Muxlow-Wallamba CWA,**

Publicity Officer



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## Nabiac Landcare



The Nabiac Landcare team is continuing to do weed control in the Lilypilly Bend reserve. The two objectives at the moment are to continue the control of camphor laurels and larger privets by drill and poison and the hand removal of smaller weeds at the Stewart Street end of the reserve and a follow-up patrol along Woosters Creek.

We are concentrating on hand removal of Crofton weed before it flowers and sets seed. Crofton weed (*Ageratina adenophora*) has become a major issue along the creek following our mild, wet winter. It rapidly forms dense mats that smother any smaller native ground covers and grasses such as basket grass (*Oplismenus spp.*). We are choosing not to spray Crofton weed because with the concentrations needed for effect control the risk of damage to surrounding plants is high.

We have also been monitoring the spread of the smut fungus we introduced to the reserves with the help of the CSIRO to control white flowered trad aka wandering jew (*Tradescantia fluminensis*). In some area the smut has been very effective. The trad looks sick and is allowing other more favourable species to spread. In other areas results are not so good.

Walking through infected area and then into healthy infestations may help its spread. Sort of reverse biosecurity measures.

My weed for the month is **broad leaf privet** (*Ligustrum lucidus*). This garden escapee is a rather attractive small tree until you have to smell its flowers or deal with it in the bush. It has creamy flowers in terminal sprays followed by blue-black berries that are attractive to the birds that help spread it. At the moment it is highly visible on the left as you approach the Martin Bridge going into Taree and in surrounding gardens from the top Aldi car park. Check out Weedwise for control. [NSW WeedWise](http://NSWWeedWise)

We'll be taking our summer break soon and returning to the bush around Nabiac in early February. Consider adding 'join Nabiac Landcare' to your New Years resolution list.

Remember, even if you can't help in the bush, you can do your bit for our lovely area by removing weeds from your own backyard and removing fruit and seeds from exotic plants that the birds and wind will spread. Most of all enjoy a walk in the local bush!

If you're interested in joining us, having a look at our projects or just having a chat about weeds, give me a ring on **6554 3196**.



**Liz Rees**



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# Nabiac Second Chance Opportunity Shop

Established 1993

Open Monday to Saturday  
9am to 12noon  
Market Saturday 9am to 1pm  
37 Nabiac St, Nabiac  
6554 1876



## News from Nabiac Second Chance Op Shop



A big thank you to all who have made Donations to the Op Shop and Shed. They are very much appreciated.

All profits go back into the community.

A friendly reminder we are unable to accept toys, electrical, car seats for babies/children and mechanical items.

A friendly reminder to be mindful when donating. If you wouldn't buy it for yourself, Family or a friend, please do not donate it.

Thank you in advance for your co-operation and understanding.

### Christmas closure dates:

As Christmas is just around the corner, a friendly reminder of our trading hours over Christmas and New Year closure.

The Op Shop and Shed will **close early on Friday 13<sup>th</sup> December, 2024 at 11.00am** for our Christmas Party.

Will open on Saturday 14<sup>th</sup> December, 2024. This is our last day for 2024.

Op Shop and Shed will be closed on the **Monday 16<sup>th</sup> December, 2024 and open again on Monday 6<sup>th</sup> January, 2025 at 9.00am.**

*Please hold all your Donations as all our volunteers will be enjoying a well-earned holiday.*

### Op Shop

#### IMPORTANT INFORMATION FOR ALL CUSTOMERS.

Price Increase of clothing as of 1<sup>st</sup> January 2025

Please see full page advertisement for further information.

We have been busy replenishing the summer stock. We still have winter clothing available.

Our clothing prices will remain at the current pricing until we close in December for the Christmas Holidays.

10 items for \$10.00 or \$2.00 per item. Priced clothing is **not** included.

Between now and when we close come in to get your clothing at the current prices.

The new prices will come into effect as of January 2025 when we reopen.

## Manning Great Lakes Woodworkers Incorporating the Bridge Gallery

Workshop and Gallery open every Saturday from  
9:00am to 2:00pm

New members, men & women, are very welcome.

If you like "messaging about" with wood, please visit us or contact us as follows:



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### Shed

We have received more furniture over the last month. We are still looking for furniture so if you have any items you wish to give to the Shed please come in and speak to guys in the shed.

Thanks to those who have donated furniture.

If you have any fiction books you would like to pass on, please bring them into the Op Shop. We have had big sales of the fiction books and would love to be able to restock.

Books are still a \$1.00 each and kids' books are free.

The Sale on DVD's is still available in the shed. 20 DVD's for \$5.00. There are a lot of DVD's for the kids.

All our Christmas decorations are still available.

For those who purchase rags from the shed please see our closure dates for over Christmas and New Year. If you are going to need any before we close or before we open in the New Year, please come in before the 14<sup>th</sup> December, 2024.

### The History of Nabiac and District.

We have sold out of the Nabiac History Book and are looking at getting more printed. If you or your friends and family are wanting a copy, we have started a list. Come into the Op Shop or call on **6554 1876** and we will take your name and phone number then contact you once the books are available.

### Friendly reminder:

Please remember the speed limit is only 5km's when driving into the carpark, and take notice of the No Smoking signs attached to the fence around the preschool. Please consider the children. Thank you in advance for your co-operation.

We would like to wish everyone a wonderful Christmas and a happy, healthy and a safe New Year.  
See you all in 2025.

Kind Regards

**Kathryn and all the amazing volunteers from Nabiac  
Second Chance Op Shop.**



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At Wingham & Valley Vets we understand that visiting the Vet can be a stressful experience for many of our patients. Anxiety is common in pets when they face new environments or medical procedures. To help make these visits smoother and more comfortable, we often recommend pre-visit medications designed to ease anxiety and make the experience less daunting for your furry friends. Pre-visit medications are tablets that you would give at home prior to visiting our clinic and they are available for both dogs and cats and can be of great benefit.

Many of our Clients travel a long way to come our practice, because we have a focus on animal behaviour, and we handle their pets gently with special care taken at all times to minimise their stress and discomfort. Veterinary Hospitals with a strong emphasis on animal behaviour have better patient outcomes, because pets that are calmer and happier can receive more thorough examinations, diagnostics and treatment. Administering pre-visit medications not only improves your pet's wellbeing during the Vet visit, they also allow Veterinary staff to undertake a more thorough physical examination and perform any necessary additional diagnostics without your pet becoming upset or overwhelmed.

#### **Why Pre-Visit Medications?**

- **Calming effect:** These medications help reduce stress and anxiety, allowing your pet to feel more relaxed during their visit.
- **Ease of examination and treatment:** By using pre-visit medications, we can help ensure that your pet remains calm and cooperative, making the examination and treatment process smoother and more thorough.
- **Key development periods:** Pre-visit medications help to ensure that your adolescent pet continues to have positive association with the Vet. Giving them prior to a procedure such as desexing, even though they may not be anxious, can aid this process and prevent the development of negative associations with the Veterinary environment.
- **Reduce sedation and anaesthetic requirements:** These medications provide a level of safe and light sedation, which results in them requiring less premedication and anaesthetic agents for procedures.

Our clinic is very focused on providing a fear free environment for your pet. Our staff have undertaken fear free certification training to

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ensure all our patients are handled in a calm and low-stress manner. If your pet experiences anxiety or stress during vet visits, please contact our clinic to discuss how pre-visit medications might benefit them. We're here to

support your pet's well-being and ensure their visits are as stress-free as possible so if you would like any advice about your pet's next visit please call Wingham & Valley Vets on 6557 0000.



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# Thankyou!

**With an election due in just over 6 months, recently I announced that I will not be recontesting the next election.**

It's been an honour and privilege to serve and represent you as the Federal Member for Lyne in the Commonwealth Parliament of Australia since 2013.

**Since that time, we have achieved a lot together.** I'm particularly proud of the nine years during The Nationals' term in government in which our electorate was able to **secure record funding for so many projects throughout our region.** It has been a lot of hard work, but also an absolute pleasure working with so many of you involved in various organisations across the community who have helped me deliver these projects.

Every time I walk into the Parliament and into the House of Representatives Chamber, it is certainly not lost on me, the trust you have placed in me and the importance of the position I hold as your representative.

**In Parliament, I have used this national forum as an opportunity to advocate on behalf of our community and our local industries and work with my parliamentary colleagues on all sides to improve the lives of Australians and help deliver a better country now and in the future.**

Whether it be in energy policy, tax reform, cutting red tape, infrastructure investment, support of our primary industries and small business, competition policy, aged care, national security, social services or reform of our Federation, **I've certainly continued to prosecute the case on why we need to invest and implement common sense policies in these areas.**

Having served in the Ministry for three years including as Minister for Regional Health in the former government, I was able to utilise my knowledge and skills through my background as a medical specialist in developing policies which are now being rolled out today. **I was particularly passionate about the need to build our medical and health workforce in the regions, and as Minister I secured funding for a major expansion of the network of full-time medical schools and nursing and allied health campuses across regional Australia.**

As the Chair of Parliamentary Friends of Nuclear Industries for the past five years, **I have continued to work with members of the Coalition and across the Parliament in pushing for new zero-emissions nuclear technology as a viable option to secure Australia's energy security in the future** and I'm delighted that it has now become Coalition policy.

Throughout my time as the Federal Member of Parliament, our region has experienced many challenges from the 2019/2020 Bushfires, the 2021 Floods

and the Covid Pandemic. During these challenging events, I have worked with our community and my parliamentary colleagues in Canberra to ensure we were able to secure the support we needed to respond and help us bounce back stronger.

**For over 11 years, my wife Charlotte and our family have supported me in this wonderful job and I thank them for their love and support.** As good as it is, the job has taken me away from home to Canberra for Parliament and across Australia as a Minister for well over half the year, each year, for over 11 years. Keeping a very busy schedule across a big electorate also means many more days away from my family. **Having completed many national policy initiatives and having secured funding for many local projects that I have been working on for some years,** I'm now looking forward to spending more time with Charlotte and my family.

Australia is at a crossroads, and we need more people in Parliament with real life experience that are prepared to speak up in support of commonsense policies that work. Supporting and retaining the many things that work, while also embracing new things that can help improve the lives of Australians is critical for our ongoing prosperity as a nation.

I will of course be working hard between now and the next election as your Federal Member and will work closely with the next Nationals candidate to ensure our region continues to not only receive strong representation, but also remains the focus of regional investment.



Dr David **GILLESPIE** MP **FEDERAL MEMBER FOR LYNE**

*He Listens. He Cares. He Delivers.*





The Nationals have already begun the preselection process for Lyne and nominations close in about three weeks' time. From there, a preselection meeting will be held on Saturday 7th December to determine the next candidate who will contest the electorate of Lyne for The Nationals.

**I'll be working with and supporting the new Nationals candidate to ensure many of the projects we are continuing to work on locally will be included in The Nationals' plan for Government at next year's election.**

Finally, I'd like to take this opportunity to thank the people of the Lyne electorate for their ongoing support. Thank you to The Nationals party members who have continued to help with policy development and in supporting me at each and every election, and thank you to my staff for all of their hard work in helping me do my job serving the people of the Lyne electorate.

## Delivering for our Region

- ✓ 2013-2025 Financial Assistance Grants - MidCoast - \$222 million
- ✓ 2014-2025 Roads to Recovery funding - MidCoast Council - \$34.11 million
- ✓ Local Roads and Infrastructure Package - MidCoast Council - \$20.26 million
- ✓ Road Safety Program - MidCoast Council - \$23.87 million
- ✓ Annual Federal funding for Aged Care and Home Care in Lyne Electorate increased from \$90 million in 2013 to \$300 million
- ✓ Manning Roads and Bridges Package - \$10 million
- ✓ Nabic Public School - ICT Upgrade - \$5,000
- ✓ Nabic Sports Fields lights upgrade - \$50,000
- ✓ Nabic - Wallanbah Road near Candoormakh Crescent - \$41,250
- ✓ Nabic Show Ground Hall - upgrades - \$30,000
- ✓ Nabic - improvements including shade sails in Memorial Park - \$50,000
- ✓ Taree Universities Campus - permanent home in the former Pulteney Street Council Chambers, and operational funding - \$10 million
- ✓ Forster Surf Club upgrade - \$6.3 million (Federal-State)
- ✓ Resource Recovery Centre, Coolongolook - \$987,544
- ✓ Bucketts Way Upgrade Program - \$41 million
- ✓ Nabic Memorial Neighbourhood Centre Association - shared pathway - \$4,000
- ✓ Taree "Iron Arena" Stadium development - \$12.951 million (Federal-State)
- ✓ Taree Northern Gateway Project - \$15 million (Federal-State)
- ✓ Taree Transport Terminal - Jim Pearson Transport - \$500,000
- ✓ Taree Airport Upgrade - \$2 million
- ✓ MidCoast Water infrastructure - water security projects - \$10 million
- ✓ Jobs and Investment package for industry expansion projects - \$25 million
- ✓ Community Hall for the Rainbow Flat Community Funding allocated - \$742,125
- ✓ Rainbow Flat - The Lakes Way north of Spicers Road - \$466,000
- ✓ Forster Civic Precinct - construction of a multipurpose Civic Precinct - \$6 million
- ✓ Nabic Town Centre - Nabic Creek restoration - \$350,000
- ✓ Possum Brush - Pacific Highway south of Possum Brush to Triton Road - \$535,763
- ✓ Possum Brush - Pacific Highway north of Possum Brush Road - \$412,169
- ✓ Pacific Highway north of Lakes Way to Seven Mile Road - \$298,110
- ✓ Wallamba District Show - upgrade entry point to the showground - \$79,000
- ✓ First Steps Count Child and Community Centre in Taree - \$3.2 million
- ✓ Fig Trees on the Manning Precinct Development, Taree - \$8.5 million
- ✓ New Headspace Taree service for Manning-Great Lakes region - \$3.5 million
- ✓ New Regional Radiotherapy unit - \$4.2 million
- ✓ Manning Entertainment Centre expansion and upgrade - \$1.2 million
- ✓ Kundle Creek Bridge replacement - \$400,000
- ✓ Mid Coast Dairy Advancement Group - \$16,600
- ✓ Pacific Highway - install median barrier north of Coolongolook - \$2.15 million
- ✓ Taree South Roads Safety Project - Pacific Highway - Jack Wards Road to Old Bar Road On/ Off Ramp - \$1.06 million

**Wauchope:** 📍 Shops 2 & 3, 43 High Street, Wauchope NSW 2446 ☎️ 6586 4462

**Taree:** 📍 144 Victoria Street, Taree NSW 2430 ☎️ 6557 8910

✉️ david.gillespie.mp@aph.gov.au 🌐 davidgillespie.com.au 📺 DavidGillespieMP

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## COOLONGOLOOK PUBLIC SCHOOL NEWS



### Coolongolook PS: Where Milestones and Memories Shine

The countdown to the holidays is on, and Coolongolook Public School is buzzing with excitement as we wrap up an incredible year. Here's a snapshot of what's been happening and what's on the horizon.

Recently, our school united for a heartfelt Remembrance Day ceremony. The students' respect and maturity during this solemn occasion were truly inspiring, as they reflected on the sacrifices of those who came before us. It was a poignant moment that showcased the strength and values of our community.



At Coolongolook Public School, we're all about

growth and achievement. Our team regularly updates student learning goals, tailoring each step to meet the unique needs of every student. By using innovative data tracking and a dedication to differentiation, we ensure that every learner thrives in our multi-stage classes. Our personalised approach empowers students to shine in their individual journeys.

Music is the heartbeat of our Fridays, thanks to Jake's dynamic lessons. From the beat of the drums to the strum of the guitar - and even the cheerful notes of the recorder - students are discovering their musical talents. But Jake's contributions don't stop there! He's also the creative force behind the stunning Lionel mural, a vibrant tribute to our school values: being respectful, safe, and switched on. His passion infuses every corner of our school.



We're bursting with pride over the achievements of our students at the Bulahdelah Show. Public speaking stars *Natalie*, *Charlette*, and *Paisley* wowed the crowd, with *Liliana* earning 2<sup>nd</sup> place in the Stage 3 section. In the art competition, *Ariella* and *Justin* claimed 1<sup>st</sup> place in

their stages. Bravo to all our talented students!

A special shoutout goes to our Year 5 leaders, *Charlette*, *Brock*, *Natalie*, *Liliana*, and *Hannah*, who delivered their captaincy speeches with poise and confidence. Their efforts made the decision-making process for students and staff incredibly tough. We can't wait to reveal the results during our Presentation Assembly.



Mark your calendars! Our **Presentation Assembly is on Tuesday, 10<sup>th</sup> December**

**at 12pm.** Join us in celebrating the outstanding achievements of our students. Then, on **12<sup>th</sup> December**, we'll gather for the **Year 6 Farewell**, featuring a school-wide disco and an exciting sleepover for all students. It's the perfect way to wrap up the year with joy and camaraderie. The fun doesn't stop there - we'll also enjoy a *Water Fun Day* and the *End-of-Year Rewards Day* in Forster.

As the 2024 school year comes to a close, we want to extend our heartfelt gratitude to Lyn and the "Across the Fence" team for their unwavering support and dedication to connecting our community. Your platform has given us a wonderful opportunity to celebrate our students' achievements, share our stories, and showcase the spirit of our school. Thank you for being an integral part of our journey and helping us shine beyond the school gates.

And if you know a family moving to the area or someone curious about our incredible small school, be sure to let them know about the vibrant community and exciting opportunities awaiting them at Coolongolook PS. From our dynamic learning programs and inspiring teachers to the unforgettable events and cherished traditions, there's something special for every student here. We look forward to welcoming new faces in 2025 and continuing to create milestones and memories that will last a lifetime!

Wishing everyone a merry Christmas and a joyful New Year filled with happiness and success.

**The Coolschool Team**



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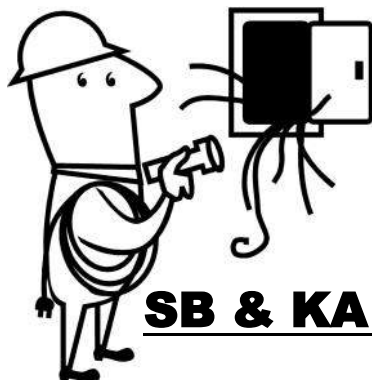
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## Show News

Not long now (with the way the days are disappearing) for  
Show Day in NABIAC.

Things are progressing slowly and the entertainment is being planned  
for a great finish to the day.

We are having the CAR SOCCER on again! It will be on just before the  
Demo Derby and, as usual, we will have our fabulous fireworks  
display.

Mary Webber has an ad in seeking volunteers to help her set up the  
Hall and we will also be needing **lots more** volunteers to help with the  
ring events, general running around and the GATES. If you are  
familiar with selling entry tickets we hope you can help again this  
year.

So far we have some great donations for our raffle and, with luck, the  
tickets will be on sale from January.



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A fabulous patchwork quilt, baskets of goodies from the Pharmacy,  
Earth, Body & Soul, the Caravan Shop, R M William's Leather Belt  
(man's), vouchers from Lumpy's Garden Supplies and also from  
Tuncurry Bowling Club and lots more.

The Lawn Mower racers are coming again to impress you with their  
driving, and our Face Painter and Magician will be back.

Hopefully I will have the programmes out for delivery at the begin-  
ning of January for you to start on your Hall Entries and with luck, the  
weather will be good for all of the produce items.

Our sponsors are doing the show proud with their donations, all help-  
ing to make the day great.

The schools are going to show us that last years Scarecrows were just  
the beginning of their talents and the local shops will be vying for the  
first place ribbon again with their windows done up to impress.

Any queries phone me on 6559 1811

Lyn

# Steele

PROPERTIES

## Office Relocation Notice Steele Properties

82 Clarkson Street NABIAC NSW 2312

Dear valued clients and customers,

Steele Properties would like to inform you that due to the ending of our lease at 82 Clarkson Street  
NABIAC, we will be relocating to temporary premises in NABIAC.

This will take effect on **20<sup>th</sup> December 2024**

**Cameron & Jane** would like to express our continued gratitude and thanks for all the support &  
co-operation you have given us over the last 3 years.

We look forward to a continuing and prosperous relationship with our clients & customers in business and  
will continue to provide Sales & Property Management Services in the local NABIAC Community and Re-  
gion.

If you have any questions about the move please don't hesitate to contact

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## NEWS FROM BUNYAH

This year has just flown by and the Xmas season has fallen quickly upon us again, and as we celebrate this year's end, we can reflect on all the wisdom that our past experiences have instilled in us.

We are just so pleased that our local businesses are offering an array of services and activities so close to home.

We now have a regular **Yoga Session** with Nadine on Wednesday afternoons at 5:30pm at the **Bunyah Public Hall**. Everyone is definitely enjoying the Community friendships. Cost is \$15. Hoping to see you all on the mat.

Our **Remembrance Day** service held at **The Bunyah Public Hall** was coordinated by our Bunyah Public Hall Committee Secretary, Mrs **Maureen Ralph** and we all thoroughly enjoyed Mr **Dennis Simpson's** recitation, as he honoured all the amazing animals who served alongside us. Mr Simpson served for 5 Years in the 13<sup>th</sup> National Service Battalion over 65 Years ago.

Calling all you Christmas Spirits and let's Mingle and Jingle. Join us for our Christmas Party full of family fun and games, at the **Bunyah Public Hall** on Saturday the 14<sup>th</sup> December from 4pm. BYO and please bring a covered plate to share. This is a free event and we hope you can come and help us get the party started!




**The Bunyah Public Hall Committee** wishes everyone a safe and joyous festive season and may the beauty of the holidays warm your spirit and sparkle with love and laughter.

☆ Merry Christmas ☆

The warmest of Regards,  
**The Bunyah Public Hall Committee**





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## NABIAC MOTORS

We wish to advise our customers of our  
Christmas Closing Times

20th December, 2024 to 2nd January, 2025

We wish all of our customers a wonderful  
Christmas and a  
Happy New Year

**Renee, Colin and crew**



## Christmas Tradition Explanations

### Advent Calendars

**Advent calendars have their roots in the 19th century**, when German Protestants started taking creative steps to mark the days leading up to Christmas, like ticking off chalk marks on walls or doors, lighting candles and placing straws in a Nativity crib

Early versions of this tradition, started in Germany in 1903 by publisher Gerhard Land, offered a way for children to count down to Christmas by opening one "door" or "window" a day to reveal a Bible passage, poem or small gift. Since gaining mass popularity by 1920, the calendars have evolved to secular calendars that include daily gifts from mini bottles of wine to nail polish to chocolates to action figures



### Gingerbread Houses

Although Queen Elizabeth I gets credit for the early decorating of gingerbread cookies, once again, it's the Germans who lay claim to starting the gingerbread house tradition. And when the German Brothers Grimm wrote "Hansel and Gretel" a new holiday tradition was born. To-day, the edible decorations are available in a slew of pre-packed kits



### Giving Gifts

Toward the end of the 18th century the practice of giving gifts to family members became well established. Theologically, the feast day reminded Christians of God's gift of Jesus to humankind even as the coming of the Wise Men, or Magi, to Bethlehem suggested that Christmas was somehow related to giving gifts. The practice of giving gifts, which goes back to the 15th century, contributed to the view that Christmas was a secular holiday focused on family and friends. This was one reason why Puritans in Old and New England opposed the celebration of Christmas and in both England and America succeeded in banning its observance.



### Christmas Trees

Where did the modern Christmas tree originate? **The modern Christmas tree originated in Germany**, where families set up a paradise tree in their homes on December 24<sup>th</sup>, the religious feast day of Adam and Eve. They hung wafers on it (symbolizing the Eucharistic host, the Christian sign of redemption)



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Next Market 25<sup>th</sup> January, 2025

Season's Greetings from Nabiac Farmers Market Committee and Stallholders.

See you on Saturday, 25<sup>th</sup> January 2025. Enjoy the summer hols.

#### Market News:

As I write this, we are getting excited for the last market of 2024 on Saturday 30<sup>th</sup> November.

It's set to be a big one, especially since it falls on a 5<sup>th</sup> Saturday. We'll have extra stalls who only attend the 5<sup>th</sup> Saturday markets; plus 2 BOB radio, "DONKS"; complimentary face painting and pony rides!

At the November committee meeting we discussed the usual end-of-year topics, such as the working-bee; our Christmas party; a review of the workshops; and charitable donations.

#### This year donations have included the following:

- Arrow Bone Marrow
- 4 local Fire Brigades (bottled water)
- Taree Catholic Care

#### Workshops and special guest stalls:

Committee member *Joy Maxwell* has been busy arranging workshops, plus special guest stalls, to create further interest at the market. These included: Bangalow palm weaving with *Susie*; Poke Bowl workshop in the kitchen with *Laura*; Garden sculptures with *Leone*; activities with the Native Bee Association; Green-bikes upcycled bikes and Nabiac RFS.

#### Social Media:

Facebook and Instagram are a large part of promotion for our market, so it'd be great if you could head to the page and give us a shout! Likes, comments and shares, help spread the word about the market. We love to create sales for our hard-working, amazing stall-holders.

The Facebook page is a good way to check for market updates too.

#### Eggy news:

Unfortunately our egg stall-guy had to stop coming to the market, however, this has provided an opportunity to many other stalls to bring eggs, ensuring a supply of fresh, local eggs from well-loved chooks. Eggs can be found at Shaz's Hummingbird Haven (fresh meat); Good 'Ol Mum;s (Boali farm eggs); and at several of the produce stalls.

#### Fresh Produce:

We are proud of our range of fresh, local produce, which has further blossomed in 2024. Each produce stall has their own niche, including mushrooms and microgreens, so be sure to check them all out! Many are supplying beautiful flowers.

It's great to have two meat suppliers, fresh sourdough, herbs, specialty teas and a range of chutneys, preserves; dukkah and fermented garlic too.

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New stallholder *Cherith*, with her business "Skinb" products, had a fab start to the market in October, with plenty of sales. Our skin is the biggest organ, and what goes on your skin is absorbed into the bloodstream, so it's good to use products which are as natural as possible.

#### It's been a great year for Nabiac Farmers Market



#### Nabiac Farmers market's local producers:

- \*fresh produce, \*seedlings \*microgreens \*flowers \*wine \*cheese
- \*plants \*woodwork \*macadamia oil \*boutique gin \*chutney \*honey
- \*gingerbread \*culinary delights \*art \*hand-spun wool products
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- \*coffee \*specialty teas \*plants \*crafts \*textiles \*baby clothes
- \*garden art \*pooch care \*ginger beer \*jewellery
- \*sourdough bread \*cakes & treats \*market BBQ \*fab food
- \*Live music

We regularly post info and updates on Instagram and Facebook. Follow us to stay in-the-know and please share our social media posts!

Thank you to everyone in our community for making our market great: Stallholders, the committee, our customers, and the shop owners in Nabiac who promote us to their patrons. We appreciate you all.

See you at the next market on Saturday 25<sup>th</sup> of January 2025.

Thank you to all of you, for ensuring our market continues to thrive. We wish you all a safe and joyful Christmas.

Market enquiries, including new stallholder applications:

[www.nabiac.com](http://www.nabiac.com)

[nfmcoordinator@gmail.com](mailto:nfmcoordinator@gmail.com)

0438 012 781

By **Laura Pennington** on behalf of the Nabiac Farmers' Market committee.





# **Nabiac Second Chance Op Shop.**

## **IMPORTANT INFORMATION FOR ALL CUSTOMERS.**

### **Price Increase of clothing as of 1<sup>st</sup> January 2025**

I would like to advise all our loyal customers of an upcoming price increase for clothing at Nabiac Op Shop.

The Op Shop hasn't had a price increase for at least 8 years.

The time has come to make some small increases.

This is mainly due to increasing insurance and other costs.

We will still be the best and cheapest Op Shop in the area.

It's not a large increase just enough to help with our overhead charges to keep the Op Shop running, maintenance and repairs to the Neighbourhood Centre.

We can't do as much with the same amount of money.

**The changes will come into effect as of 1<sup>st</sup> January, 2025.**

At the moment you can buy 10 unpriced items of clothing for \$10.00. The cost as of the 1<sup>st</sup> January will be \$15.00 for 10 items.

The increase is 50 cents per item.

Single items will be \$3.00 unless priced, increase \$1.00.

Denim Jeans will be \$5.00 unless priced, increase \$2.00.

There will be revised price lists available and on show throughout the Op Shop as of 6<sup>th</sup> January, 2025 when we open after the Christmas break.

Thank you to all in advance for understanding of our price increase. These changes will make a big difference towards our needs.

Regards

**Kathryn and all our amazing volunteers.**





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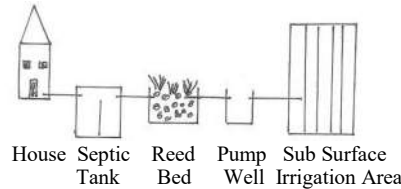
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Hello All,

The end-of-year wrap up is in full swing: Preparing the garden for the hot weather, December newsletters, Christmas shopping and planning workshops for 2025.

How was your health in 2024? What were some of the healthy options you chose? This could be food, exercise or relationships. This warm weather has me craving cool, fresh, nourishing salads.

**Summer is perfect for fresh, cool salads.** The perfect pairing with your meat and veggie dishes, or a stand-alone meal.



A great salad has a range of colours and something sweet, crunchy, salty and bitter.

I love selecting tender leaves from the kitchen garden... lettuce, rocket, edible flowers and herbs. Crunchy radish, cucumber and zucchini, then build up from there!

Are you looking for ways to add a sweet burst of flavour to your favourite salads?

### Here are 5 foods to add sweet flavour zing to salads

1. **Honey** – Natural, contains antioxidants which boosts the health of cells in our bodies and reduce risk of cancer. Honey contains enzymes which help the body break down nutrients from our food, which is why it's great in marinades and dressings.

2. **Sultanas** – Look for preservative-free dried fruit. Sultanas are source of fibre, energy, and minerals, such as potassium and zinc.
3. **Capsicum** – Sweet and sharp, and loaded with antioxidants (to keep your body's cells healthy), plus vitamins and minerals. Grilled capsicum is easier to digest and delicious, however raw capsicum is packed with vitamin C and delightfully crunchy.
4. **Coconut** – Good source of carbohydrate (fuel for the brain), fibre, and fats. We need fats to absorb fat-soluble vitamins (A,E,D & K)
5. **Mango** – Is delicious, an excellent source of vitamin C, fibre and antioxidants. Mango contains enzymes to help the body break down carbohydrates.



Let me know your favourite salad add-ins. Message me via the FB page, website or Instagram @\_thenaturalspace\_

[www.naturalspacenutrition.com](http://www.naturalspacenutrition.com).

If you're looking to shape some healthier habits, check out my habits blog: <https://www.naturalspacenutrition.com/post/untitled-1>

All the best for a healthy, happy summer, from **Laura** xx



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## REAL KULTCHA

Well, it's December again and all the old clichés are going to be trotted out by one and all: another year down the gurgler; another year older; another year closer to (*whatever*); and another cricket season has just begun. This year it's a five Test series against India! Look on the bright side: the New Zealanders have just toured India and they cleaned up the locals three Tests to zip! On top of that several of the Indian team have stayed home for various reasons and they've also selected Kohli – he hasn't made a decent score since Adam wore short pants! Mind you (and as I suspected) the Cricket Australia boffins have selected Smith!

Several years ago and after a particularly woeful series against somebody, I realised our Men's Cricket team didn't have a nickname and that's almost un-Australian! There's the *Roosters*, the *Broncos*, the *Wallabies*, the *Magpies* or the *Crows* but the Oz men's Cricket team – nada, zero, zip, nuffin! So I started to think. It had of course, to be an Australian animal of some description and (if possible) an animal that would reflect, in some way, the tenacity of the team, the willingness to sacrifice self for the collective good, the can do spirit that has seen us win against humungous odds many times.

Hang on, it's coming. *The Galahs*.

Yep, that's the name and it also reflects the incompetence/stupidity of the team at times. Almost immediately I recalled the lines from Hartigan's poem *The Old Bush School*:

*Still the scholars pass before me with their freckled features grave  
With a nickname fitting better than the name their mother's gave.*

Yep, *The Galahs* is perfect. But we've got no problems this time out. Didn't we beat the Indians earlier this year in the Test Match Championships in England! We've only lost Warner from that side and they're down a couple!

Ah, all dreams are just that – dreams. I'm writing this late on Friday and I'm in a den of despondency: a black hole of sorrow; a pitiable pit of pulp trying to type this with tears flooding my eyes.

The Indians won the toss and decided to bat. Our bowlers are going to get amongst this second string rabble and make short work of them. Oh joy! Oh rapture! They're all out for a measly 150! **150!** My mother could've batted better than that and she's been dead these last dozen years! Now the Indians are in for some leather chasing.

Oh no, they're not called *The Galahs* for nothing.



In very short order we're in deep do-do. It could be said Smith set the example as he shuffled across his stumps (even before Bumrah had delivered the pill) and he's out first ball! LBW! A Golden Duck! In fact *The Galahs* are out for a pathetic 104! Oh, I'm glad my mother's not here to see this. I wish I wasn't here to see this!

Where did we get these players? Out of the 2 for \$1 bin at Bunnings? I swear by all that I hold dear and holy (Saint Daryl Baldock and Princess Denise Drysdale) that I shall not watch the rest of this Test! It's hoped the CA boffins might also be disgusted by that first day's effort and drop several of the team – let's be serious, you wouldn't breed from them – and select a new team! Having been selected in the Taree High School First 11 a few years ago, it's quite possible I might get a call up.

Still no word on what new teams might be given the nod to round out the Rugby League ladder and I'm still in the dark as to how the Tassy *Devils* bid to be the new team in the Oz Rules ladder is progressing. The last I heard was the new covered stadium to be built in Hobart doesn't even have a set of plans drawn up yet! There's said to be a lot of contaminated soil on the site, there'll be no parking, they're still saying it'll only cost \$750 million (the new **uncovered** stadium in Perth, where the First Test against the Indians was played, cost over a billion dollars!) and there was also talk that when the new stadium is built, the Hobart War Memorial will be very, very close to the structure and may have to be moved or somehow recessed into the rear of the grandstand! I think there's some running to go with both these selections yet.

**From the Pathetic File:** Mike Tyson (aged 58) has stepped into the ring against *You Tuber* Jake Paul (31 years his junior) and lost a points decision over eight rounds. Was it sport? Was it boxing? Probably no on both counts but *Netflix* seems to have done well out of it. So, if you're interested in that kind of thing, expect more.

**From the Sad, Sad File:** Two Oz teenage girls, on the trip of a lifetime, have died in Laos having been served drinks laced with methanol! **METHANOL!!** On my first overseas trip (which was Government sponsored) we were told **NEVER EVER** consume a drink with ice in it! Why? You don't know where the ice came from. If you must drink only drink from bottles and cans and insist those are opened in front of you! I became addicted to Coca Cola! **METHANOL??** What is the world coming to?

Talk at you next year,

*The Hillside Critic*



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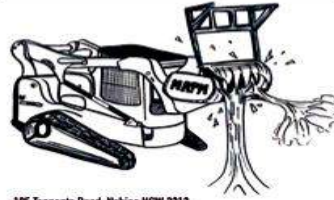
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### DYERS CROSSING LANDCARE GROUP

DCLG Dyers Crossing Landcare Group has a new name!...

"Wallamba Landcare"



Dyers Crossing Landcare Group has had a fab year, having been re-ignited in 2024 after a hiatus of around 5 years.

Dyers Crossing Landcare (DCLG) has recently merged with Wang Wauk Wallamba, Sustainable Farming Group. (WWWSFG), after *Ros McDiarmed* and *Jenny Larrain* decided to stand down from their positions of running WWWSFG for the past twelve years. They are still keen to be involved and come along to some field days.

**So...We have created a new group name, "Wallamba Landcare".**

The purpose of the group is to create a platform for social connectivity and share ideas for managing and improving our properties.

**Robyn and I are in the throes of planning field days** for 2025 and will post the dates soon on the FB page and via the group email.

**There were 5 DCLG field days in 2024, all well attended. A huge thank you to all of the hosts who kindly open their properties to the group:**

**Laura & Chris- Candlarah Farm;** Topic: Sharing "mistakes and successes" on each of our properties. We nipped out ideas for future topics to explore in the group, including combatting Giant Parramatta Grass, building healthy soil, vegetable growing and feral animal control.

**Raelene's horse stud property** in Dyers Crossing: We discussed issues with Setaria. Raelene provided snippets from the agronomist report, which included outcompeting the setaria, promoting biodiversity, improving soil and grazing management

**Sonja & Kevin's 2000-acre cattle property:** Kevin provided a plethora of insights into holistic management of their herd, all year-round grazing and types of grasses. They run around 500 head.

**Paper Bach Farm: Bec and Dan** gave us a tour of their vegetable gardening business, including irrigation, ground covers, pros and

cons of mulch and compost/comfrey tea.

**Kings Creek Retreat:** Carla and Spud explained how they restored the creek, ensured areas for wildlife, and created a successful and inspiring agri-business.

**Next year's calendar is nearly sorted out, with 4 hosts booked thus far, to hold field days.** More details to come:

- \* Villa D'Esta: Winery Friday 21<sup>st</sup> March
- \* Robyn & Stewart: Wednesday 7<sup>th</sup> May – focus on Dung Beetles
- \* Ros & Geoff's: Tuesday 10<sup>th</sup> June
- \* John & Juno: Monday 25<sup>th</sup> August.
- \* TBA – bush food expert.

I'm keen for an expert in bush foods & indigenous plants to provide knowledge about plants, for edible or topical use, and inspire us to learn more about the benefits of local plants.

Robyn is going to follow up and hopefully find someone to give a talk. If you're reading this and know anyone who could give a talk about bush foods, let me know!

I have let Les Roberts know personally about the name change, as the founder of DCLG, along with his wife, Alice, a few decades ago. I'm sure that it is hard to hear, however a name change is needed to encompass the new group demographic/geographic's area. It's great Les is still involved, coming along to field days to provide support and a wealth of knowledge.

### SEASONS GREETINGS ALL

We wish you all the best for a wonderful summer, see you in 2025.

Thank you,

Laura Pennington – Convener- 0409 997 309.

Robyn Lamond – Co-Convener.

Membership enquiries: Joel Dunn: [greatlakes@midcoast2tops.org.au](mailto:greatlakes@midcoast2tops.org.au)



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## Date for your diary

On Australia Day, 26<sup>th</sup> January, Nabiac old engines and vehicles Club, **DONK**, will be holding our usual annual Australia Day display in the Modern Motors car park area in Clarkson St and adjacent streets.

All sorts of interesting stuff to check out and the kid's love it as well. Be there.

Included in the mix is a Penny-farthing bicycle, an Austral stationary engine and a beautiful old Chevrolet car.



David Neville on his 'bike'

David Neville's engine



Garry Turney's "Chevy"



**MODERN MOTORS NABIAC**

We will be closed from  
Saturday 21<sup>st</sup> December, 2023 and back on  
Tuesday 7<sup>th</sup> January, 2025

We hope you all have a Merry Christmas and a  
Happy New Year.

Thank you for your continued support and look forward to seeing you  
all when we open back up

*Mitchell & Hayley*

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## NABIAC EXCAVATION SERVICES

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### Welcome to Deb's Gardening

We are now in the 11<sup>th</sup> month of a major renovation and the best thing about it is, (not including the fact that there will be a beautiful liveable house that I have dreamed about having at the end of it all, because I have lived in sheds and humpies most of my adult life. And this house, prior to the renovation, required umbrellas up and buckets around the house on raining days and watching the mouse scurry across the floors and listening to them having parties in the roof) the amount of plain cardboard boxes that you get. What a blessing they are and they are all being used in the garden. Since the reno has taking over my life, and yes I am still painting, the weeds were always getting on top of me but now down goes the cardboard boxes on top of the weeds. I have even gotten my new toy out, filling it up with mulch and then driving it around covering the boxes with the mulch, wallah, no more weeds. With all this rain it is the perfect time to do it as well with the soil nice and moist. I did go around prior to putting down the cardboard with fertiliser using pellets of organic life and blood and bone. I still haven't finished yet but there are still plenty of boxes waiting for me to continue.

The poor vegetable garden doesn't get much attention, thank goodness for self sowing. I let celery go to seed and now I am picking celery that has germinated throughout the vegetable garden. I also let a big zucchini, that I didn't pick last year, rot down in a garden bed. It has now germinated and I have 4 plants that looked like I planted them this season and I am picking them already. Beans that have self sown from last season and are now starting to climb the fence. Lettuce that I let go to seed and I noticed are germinating everywhere. Warrigal spinach germinating everywhere: Capsicum that are in their second season that I didn't cut back, which I should have, have fruit all over them. The Richmond green cucumbers, which were prolific last year, rotted down and looks like they will be prolific again this year. It pays to buy heritage seeds and let a few plants go to seed; you are always guaranteed to have true to form plants when they germinate the next season, and I didn't do a thing so I will be picking some vegetables this season. I have packets of corn, sun-flowers, watermelon, Lebanese cucumbers, beetroot and carrot seeds waiting patiently for me to sow. It's on my to do list and I better do it soon especially with summer just around the corner.

The garlic is ready to harvest and waiting for me to dig up but the soil is so wet. It is better to have a dryer soil to dig up garlic. I make a long garlic plat and hang it up in a cool dry area. I have organically



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grown garlic that lasts the whole year. What is left over is next season's crop. The garlic lets me know when it is time to plant, as they start to sprout.

I did make sure I planted tomatoes at the start of the season and I have them netted with a good strong net to keep fruit fly and grubs out and already I am starting to pick cherry tomatoes. If there is one thing I make sure I do and that is to give the tomato and capsicum plants a dose of my home brew, which is weeds soaked in water and Seasol every three weeks. Tomatoes and capsicums are heavy feeders and do well with an extra dose of fertiliser throughout the growing season. There is plenty of fruit on the plants already and hopefully I have my new kitchen ready in a few weeks and I will be back making pickles and chutneys.

We have an outdoor dunny, that is set up close to the house, which we have had to use throughout the renovation; there are hoses and pipes surrounding it to flush, and it is impossible to mow. Hence the grass is growing tall around it and the old septic system. Our faithful Kelpie was sniffing there the other day and curled up amongst the long grass was a red belly black snake. Snakes don't worry me, it's rats and mice that do; snakes eat rats and mice so more snakes the better. Though I was a bit concerned it was too close to the house. So I now try to whipper snip more often around the house to keep the snakes away. Who knows what other snakes are curled up around the house hiding under building material.

I have a favourite plant, the hydrangea. I got given a dark pink hydrangea when I started my garden about 7 years ago and planted it close to the water tank. I bought another and planted it next to it with the thought of surrounding both tanks with a row of hydrangeas. I required 6 plants per tank, which worked out to cost a bit, so I thought idiot, propagate them. So I took heaps of cutting from the original plant about 3 years ago and now my water tanks are full of beautiful hydrangeas. The interesting thing is that there are different soil types at each tank. One tank the blooms are now purple and blue and the heads are on the small size. The other tank the blooms are very pale pink with a hint of blue with very large heads.

The pH of the soil in which a hydrangea is planted affects the colour of its blooms:

**Blue flowers:** Hydrangeas produce blue flowers in acidic soil with a pH of 5.5 or lower. In acidic soil, aluminium is more available to the roots, which results in blue flowers.

**Pink flowers:** Hydrangeas produce pink flowers in neutral to alkaline soils with a pH of 6.5 or higher. In alkaline soil, aluminium availability decreases, which results in pink flowers.

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**Purple flowers:** Hydrangeas produce purple flowers in soil with a pH between 5.5 and 6.5.

**Lower the pH**

To encourage blue flowers, you can lower the pH of your soil by adding soil acidifier, an acidic organic mulch like pine needles or pine bark, or other soil amendments like potting mix, peat moss, perlite, compost, or manure.

**Raise the pH**

To encourage pink flowers, you can raise the pH of your soil by adding dolomitic lime or garden lime.

I have been hoping that the renovation would be finished by Christmas but it doesn't look like that will happen, close but not close enough. My family will be here for Christmas as the new deck is almost finished; I just have to paint it. And I will be cooking out of my new kitchen so lots to celebrate. I wish you all a very merry Christmas, stay safe and I hope all your dreams have come true, like mine.

The best of all gifts around any Christmas tree - the presence of a happy family all wrapped up in each other.

Until next time, Happy gardening.

**Deb**



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## Lyn's Larder

*With Cherries in season this is a simple tart to make for Christmas (not sure if I have put this in before, but it is a Christmas bake!)*

### CLAFOUTIS

#### INGREDIENTS

1½ cups Milk  
2 Eggs  
1 cup Plain Flour  
½ cup Castor Sugar  
2 cups Dark Red Cherries  
60g Butter  
1¼ cups Cream

#### METHOD

1. Make a smooth batter of the milk, eggs flour and ¼ cup of castor sugar. Add 30g melted butter and mix at a low speed with an electric blender or beat well. Set aside in the refrigerator.
2. Wash, stem and pit the cherries. Grease a 24cm (9½ in) shallow ovenproof dish with 30g of butter. Sprinkle the cherries with remaining castor sugar, mix and spread over the pie plate. Pour batter over the cherries
3. Bake in a preheated hot oven for about 30 minutes, reducing heat to moderately slow for the last 10 minutes if necessary to prevent browning

Serve at once, sprinkled with castor sugar and accompanied by cream

### SPICED CHRISTMAS COOKIES

#### INGREDIENTS

1cup Plain Flour  
½cup Brown Sugar  
1tsp Cinnamon  
½tsp Mixed Spice  
75g Unsalted Butter, chopped  
¼ cup Golden Syrup  
Pkt White Chocolate Writing Fudge for decorating

#### METHOD

1. Line 2 baking trays with non stick baking paper.
2. Sift flour, sugar and spices into a large bowl.



- Using fingertips, rub in butter until mixture resembles coarse breadcrumbs. Add golden syrup; and mix to form a soft dough. Turn onto a lightly floured surface and knead for 1-2 minutes until dough is smooth. Cover with plastic wrap and chill for 30 minutes
3. Preheat oven to 180°C or 160°C fan. Roll dough on a lightly floured surface until 5mm thick. Using cookie cutters, cut shapes from dough. Place on prepared trays allowing room for spreading. Chill for 10 min.
  4. Bake for 10 min, until pale golden. Cool on trays, Store in airtight container. Decorate with writing fudge just before serving. Can be decorated with icing sugar mix when cool before storing.

## ROAST PORK WITH ROCKET, PINE NUT & FETTA STUFFING

*(A change from Turkey and who can pass up good crackle?)*

#### INGREDIENTS

1½ cups Fresh White Breadcrumbs  
1 pkt Rocket, trimmed & chopped (from supermarket)  
50g Toasted Pine nuts  
180g South Coast Persian Fetta, drained (oil & garlic reserved!)  
1 Egg, lightly beaten  
2kg Fresh rolled Pork loin roast  
1tbsp Olive oil  
2tbsp Salt

#### METHOD

1. Preheat oven to 230°C - 210°C fan
  2. Combine breadcrumbs, rocket and pine nuts in a large bowl. Chop the reserved garlic from the jar of fetta and add to breadcrumbs with fetta, reserved fetta oil and egg. Mix well.
  3. Remove pork from netting (if netted) and lay flat on a clean board, skin side up. Using a sharp knife, score skin. Turn pork over and pound to flatten slightly. Arrange stuffing down the middle of the pork. Fold pork over stuffing to form a log encasing the stuffing and tie up roll with kitchen string.
  4. Drizzle with oil and rub in salt all over the skin. Place on a rack in a baking pan and bake for 30 minutes. Reduce heat to 200°C - 18°C fan. Bake for another 1hr - 1½hrs until cooked through.
  5. Cover loosely with foil and rest for 15 minutes before slicing.
- Serve with apple and fig compote or just apple sauce.

# GOOCH

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I have put this in before, but in case you haven't seen it, it is something to paste on a board and save, just in case!!!!

**How to Give CPR to Yourself....**Try to remain calm, and REMEMBER THIS...A possible lifesaver

This comes from Dr. Patrick Teefy, Cardiology Head at the Nuclear Medicine Institute University Hospital, London, Ontario.

1. Let's say it's 7:25 pm and you're going home (alone of course) after an unusually hard day on the job.
  2. You're really tired, upset and frustrated.
  3. Suddenly you start experiencing severe pain in your chest that starts to drag out into your arm and up into your jaw. You are only about five km from the hospital nearest your home.
  4. Unfortunately you don't know if you'll be able to make it that far.
  5. You have been trained in CPR but the guy that taught the course did not tell you how to perform it on yourself.
  6. **HOW TO SURVIVE A HEART ATTACK WHEN ALONE?**
- Since many people are alone when they suffer a heart attack without help, the person whose heart is beating improperly and who begins to feel faint, has only about 10 seconds left before losing consciousness.**
7. However, these victims can help themselves by **coughing** repeatedly and very vigorously.
- A deep breath should be taken before each cough and the cough must be deep and prolonged, as when producing sputum from deep inside the chest.
- A breath and a cough must be repeated **about every two seconds** without let-up until help arrives, or until the heart is felt to be beating normally again
8. Deep breaths get oxygen into the lungs and coughing movements squeeze the heart and keep the blood circulating.
- The squeezing pressure on the heart also helps it to regain a normal rhythm. In this way, heart attack victims can get help or to a hospital.
9. Tell as many other people as possible about this. It could save their lives!
  10. A cardiologist says: "If everyone who gets this email and kindly sends it to 10 people, you can bet that we'll save at least one life.
- I received it as an email some years ago, but if you scan it you can forward it to others.

Continuation of Animal Group Names	
<b>Leopards: a leap</b>	Stingrays: a fever
Lice: a flock	Storks: a mustering
Lions: a pride	Swans: a bevy or lamentation, a wedge when in flight
Locust: a plague or cloud	Tigers: an ambush or a streak
Magpies: a tiding or tittering	Toads: a knot or knob
Mallards: a sord	Trout: a hover
Manatees: an aggregation	Turkeys: a gang, posse or rafter
Mares: a stud	Turtles: a bale or nest
Martens: a richness	Vultures: a venue
Minnows: a steam	Wasps: a pledge
Moles: a labor	Weasels: a colony, gang or pack
Monkeys: a barrel, cartload or troop	Whales: a pod, school or gam
Mules: a pack, barren or span	Wolves: a pack or route
Nightingales: a watch	Wombats: a wisdom
Otters: a family, romp or raft	Woodpeckers: a descent
Owls: a parliament	Zebbras: a zeal
Oxen: a team or yoke	
Oysters: a bed	
Parrots: a pandemonium or company	
Partridges: a covey	
Peacocks: a muster or ostentation	
Penguins: a colony	
Pheasants: a nest, nide or bouquet	
Pigeons: a flock or flights	
Pigs: a drift or drove (younger pigs), or a sounder, litter or team (older pigs)	
Ponies: a string	
Porcupines: a prickle	
Rabbits: a colony or warren	
Raccoons: a gaze	
Rats: a colony, pack, swarm or mischief	
Rattlesnakes: a rhumba	
Ravens: an unkindness	
Rhinoceroses: a crash	
Sharks: a shiver	
Sheep: a drove or flock	
Skunks: a stench	
Snakes: a nest or knot	
Sparrows: a host	
Squirrels: a dray or scurry	
Starlings: a murmuration	

What do you call Santa when he's on the beach in Australia? *Sandy Claus!*  
What happened when Santa tried stand-up comedy? *He sleighed.*  
What do you call an elf who won't share? *Elfish.*  
Why did the gingerbread man go to the doctor? *He was feeling crummy.*  
What did one Christmas tree say to another? *Lighten up!*  
What's the best Christmas present to receive? *A broken drum—you can't beat it!*  
Why was Frosty the Snowman looking through the carrots? *He was picking his nose! (think about it!)*  
What's the best way to keep warm at a chilly family gathering? *Stand in the corner; they're usually 90 degrees!*



Lot of thought in the planning of this!

A farmer stopped by the local mechanic shop to have his truck fixed. They couldn't do it while he waited, so he said he didn't live far and would just walk home.

On the way home, he stopped at the hardware store and bought a bucket and a gallon of paint. He then stopped by the poultry store and picked up a couple of chickens and a goose. However, struggling outside the store, he now had a problem - how to carry all of his purchases home.

While he was scratching his head, he was approached by a little old lady who told him she was lost.

She asked, "Can you tell me how to get to 1603 Mockingbird Lane?"

The farmer said, "Well, as a matter of fact, my farm is very close to that house. I would walk you there, but I can't carry this lot."

The old lady suggested, "Why don't you put the can of paint in the bucket? Carry the bucket in one hand, put a chicken under each arm, and carry the goose in your other hand."

"Why thank you very much," he said and proceeded to walk the old girl home.

On the way, he said, "Let's take a short cut and go down this alley. We'll be there in no time."

The little old lady looked him over cautiously, then said, "I am a lonely widow without a husband to defend me. How do I know that when we get in the alley you won't hold me up against the wall, pull up my skirt, and have your way with me?"

The farmer said, "Holy smokes lady! I'm carrying a bucket, a gallon of paint, two chickens, and a goose. How in the world could I possibly hold you up against the wall and do that?"

The old lady replied, "Set the goose down, cover him with the bucket. Put the paint on top of the bucket, and I'll hold the chickens."

### "Dangerous Cargo"

Our Supply Clerk at the factory where I work, discovered a box that was left on the loading dock with this warning printed on it: DANGER DO NOT TOUCH!

Management was called and all employees were told to stay clear of the box until it could be analysed.

When the foreman arrived, he donned gloves and safety glasses, and then, very carefully opened the box.

Inside were 25 signs that read:

**DANGER! DO NOT TOUCH!**

James had never been to the church all his life. But he showed up one Sunday.

After Mass, the priest caught him and said "James, I am so glad you decided to come to Mass, what made you come?"

James said, "I got to be honest with you Father. A while back, I misplaced my hat and I really, really love that hat. I know that Shaun had one just like mine and I knew that Shaun came to church every Sunday. I know Shaun has to take off his hat during Mass and I figured he would leave it in the back of church. So, I was going to leave after Communion and steal Shaun's hat."

The priest said, "But I notice that you don't have Shaun's hat with you."

James said "Well, after I heard your sermon on the 10 commandments, I have changed my mind."

The priest gave James a big smile and said "After I talked about 'Thou shalt not steal', you decided you would rather do without your hat than burn in Hell, right?"

James shook his head and said, "No, Father, after you talked about 'Thou Shalt Not Commit Adultery,' I suddenly remembered where I'd left my hat!"



On a bitterly cold winter's day several years ago in northern British Columbia, a RCMP constable on patrol came across a motorcyclist, who was swathed in protective clothing and helmet, stalled by the roadside.

"What's the matter?" asked the policeman.

"Carburettor's frozen," was the terse reply.

"Pee on it. That'll thaw it out."

"Can't."

"OK, Watch me and I will show you."

The constable lubricated the carburettor, as promised.

The bike started and the rider drove off, waving.

A few days later, the detachment office received a note of thanks from the father of the motorbike rider.

It began:

"On behalf of my daughter, who recently was stranded beside the road....".

*I was having trouble with my computer. So I called Eric, the 11 year old next door, whose bedroom looks like Mission Control and asked him to come over. Eric clicked a couple of buttons and solved the problem.*

*As he was walking away, I called after him, 'So, what was wrong?*

*He replied, 'It was an ID ten T error.'*

*I didn't want to appear stupid, but none the less inquired, 'An, ID ten T error? What's that? In case I need to fix it again.'*

*Eric grinned..... 'Haven't you ever heard of an ID ten T error before?*

*'No,' I replied.*

*'Write it down,' he said, 'and I think you'll figure it out.'*

*So I wrote down: I D 1 0 T*

*I used to like Eric, the little b.....*

\*\*\*\*\*

**To try and steady the keel...**

A London lawyer runs a stop sign and gets pulled over by a Glasgow copper.

He thinks that he is smarter than the cop because he is a lawyer from London and is certain that he has a better education than any Jock cop. He decides to prove this to himself and have some fun at the Glasgow cop's expense!

Glasgow cop says, "License and registration, please."

London lawyer says, "What for?"

Glasgow cop says, "Ye didnae come to a complete stop at the stop sign."

London lawyer says, "I slowed down, and no one was coming. So, in fact, I met the intent of the legislation."

Glasgow cop says, "Ye still didnae come to a complete stop. License and registration, please."

London lawyer says, "What's the difference?"

Glasgow cop says, "The difference is, ye huvte to come to complete stop, that's the law. Your license and registration, please!"

London lawyer says, "If you can show me the legal difference between slow down and stop, I'll give you my license and registration and you give me the ticket. If not, you let me go and don't give me the ticket."

Glasgow cop says, "Sounds fair. Exit your vehicle, sir."

The London lawyer exits his vehicle.

The Glasgow cop takes out his baton and starts beating the .... out of the lawyer and says, "Dae ye want me to stop, or just slow doon?"

## LIFE

Available for a limited time only.

Limit one (1) per person.

Subject to change without notice.

Provided "as is" and without any warranties.

Non-transferable and is the sole responsibility of the

recipient. May incur damages arising from use or misuse.

Additional parts sold separately

Your mileage may vary. Subject to all applicable fees and taxes.

Terms and conditions apply

Other restrictions apply.



## Snippets

### 2025 FREE LEGAL AID SENIORS' DIARIES NOW AVAILABLE



Tanya Thompson, Member for Myall Lakes, is pleased to announce that the 2025 Legal Topics for Seniors diary is now available from her Tuncurry electorate office.

Mrs Thompson said these diaries are provided by Legal Aid NSW.

"This free resource is such an invaluable tool for seniors, offering guidance on a range of important legal topics, including protecting against scams, understanding elder abuse, planning ahead, and preparing wills.

"They're packed with practical information to help seniors navigate some of the challenges they may face, understand their rights and find details where to access advice and support."

The diaries are available free of charge from Mrs Thompson's office, located at Level 1, 1-9 Manning Street, Tuncurry. However, quantities are limited and will only be available while stocks last.

"I encourage seniors to stop by and pick up a copy. It's an excellent resource to help you stay informed," Mrs Thompson added.

For those unable to visit the office, the diary is also available online at <https://www.legalaid.nsw.gov.au/ways-to-get-help/publications-and-resources>

### CERVICAL SCREENING CHECKS SAVE LIVES

Tanya Thompson, Member for Myall Lakes and Shadow Assistant Minister for Regional Health is encouraging residents to ensure they are up to date with their Cervical Screening Tests, after it was revealed more than 40 per cent of eligible people are falling behind.

Mrs Thompson said the campaign launched by the Cancer Institute of NSW is an important and timely one to remind people to put their health first.

"Cervical cancer is one of the most preventable cancers, which is why I am encouraging our community to check and make sure you have had your latest checks," said Mrs Thompson.

"The shocking truth is that more than 70 per cent of cases occur in people who have never been screened or are not up to date with their cervical cancer screening, and that should serve as a big wakeup call for everyone.

"This quick and simple procedure could save a life; you don't need a specialist; a quick visit to your regular doctor is all it takes."

Shadow Minister for Regional Health Gurmeh Singh said a Cervical Screening Test is needed every five years.

"Cervical cancer **kills one in every three Australians who are diagnosed with the disease**, and the best way to avoid that is to keep up to date with your checks so it can be caught as early as possible," Mr Singh said.

"We all have busy lives and it's easy to let these things fall by the wayside, so let this be a chance to book in your next appointment and remind your loved ones to do the same.

"There are also options these days to either have your test done by a healthcare provider, or opt for a self-collection test, so you can choose what you are more comfortable with."

A Cervical Screening Test is recommended for eligible people aged 25 to 74 who have ever been sexually active, and is available at locations including medical centres, community health centres or sexual health clinics.

**For more details, please visit:**

[Cervical screening for multicultural women | Cancer Institute NSW  
www.cancer.nsw.gov.au/prevention-and-screening/screening-and-early-detection/cervical-screening](https://www.cancer.nsw.gov.au/prevention-and-screening/screening-and-early-detection/cervical-screening)

### Boat ramp safety trial begins



Local boaties are reminded that the Little Street boat ramp safety trial begins this Sunday 1<sup>st</sup> December.

During December and January, only **non-motorised** watercraft may use the boat ramp during daylight hours.

This is to provide a safer launching facility for non-motorised craft. It will also improve safety near the swimming baths, amenities and boat shed cafe nearby.

Local boat shed operators and businesses have been consulted on the trial.

During summer, the area is very busy with foot traffic crossing the boat ramp.

The boat ramp is congested with vehicles launching boats and people using the ramp with kayaks and paddle boards. There is also limited parking in the nearby area for boats with trailers.

MidCoast Council rangers will monitor boat ramp operations during the trial.

The trial is a recommendation in the MidCoast Recreational Boating Infrastructure Plan. The Plan identifies that this area has restricted access for motorised watercraft during peak times. The aim is to allow safe pedestrian access around the amenities, cafe and baths.

Motorised craft users can access Wallis Lake boat ramps with larger parking facilities at:

- Forster Marina
- Tuncurry (Point Road)
- Elizabeth Reserve (Forster Keys)
- Pacific Palms (Recreation Club) and Coomba Park foreshore.

An initial review of the trial will take place in March, 2025. Users of the facility will be able to provide feedback after the first part of the trial finishes on 31<sup>st</sup> January, 2025.

For more information about the boat ramp facility, visit [www.midcoast.nsw.gov.au/little-street-boat-ramp](http://www.midcoast.nsw.gov.au/little-street-boat-ramp).

### Country and the Sea explored at Manning Regional Art Gallery

Everyone is invited to view three new exhibitions showing at Manning Regional Art Gallery between 22<sup>nd</sup> November and 18<sup>th</sup>, January 2025.

**Beric Henderson** brings a unique perspective in *The Seven Seas* with his distinctive ocean themed artworks.

With a background in art and a PhD in science, Beric has had the opportunity over many years to collaborate with scientists, artists and filmmakers.

During the past five years he has turned his attention to the oceans and the impact of climate change, illustrated by drawings made up of thousands of lines and three-dimensional paintings that challenge the senses.

Beric will give a talk on Saturday 23<sup>rd</sup> November at 11am, where he will share his insights into the creative process. Come along and be inspired.

Sydney artist, **Laraine Deer**, is presenting her first exhibition in the MidCoast, titled *Landscapes from the Heart*.

This series of plein air paintings are the result of a seven month journey across Australia in 2022. The trip was explorative in nature, and her artworks a response to the vast coastlines and desert interiors of the Western Australia, Central Australia, the Northern Territory and South Australia.

Working primarily in large scale drawing, *The Good* - **Anna Louise Richardson** renders realistic scenes that speak strongly to Richardson's experience of rural life as a member of a multi-generational farming family. *The Good* emerges from Richardson's broader investigations into the complex relationships between humans and the natural world, tinged by grief and the competing demands of nurturing new life. In a world increasingly defined by division and hardship, Richardson's work points to the necessary act of radical optimism needed to seek goodness in all things.

*The Good* is curated by Rachel Arndt and Dr Lee-Anne Hall and is a Wagga Wagga Art Gallery, The Condensery and Museums and Galleries of NSW touring exhibition.

These three exhibitions will open at 6pm on Friday 22<sup>nd</sup> November. Everyone is welcome to come along to opening night, entry is free.



### Nabiac and District Pre-school

37 Nabiac Street, Nabiac  
(02) 6554 1170  
Open: 8.00am to 6.00pm

*Proudly Community Owned*

### Nabiac Kids' Shack

5 Clarkson Street, Nabiac  
0438273360

Before school care: 7am-9am  
After school care: 3pm-5.30pm  
Vacation Care: 7am-5.30pm



*Children—Too Precious to Profit*

## Good Medicine

### Christmas Learning

Do we always appreciate the joy and significance of learning? ... Children might feel that school is good for seeing friends and playing sport. In poor countries, however, education is often considered by a child as a way to help their family out of poverty by achieving a personal goal such as becoming a doctor or nurse.

In past centuries education was often begun by Christians eg. -

\* Robert Raikes in Britain in 1780 who decided to give children a chance to read and write and learn about God. These children worked in squalor 6 days a week so he started a free school on Sunday, their day off, and called it Sunday School. Within fifty years there were '1.5 million children being taught by 160,000 volunteer teachers' with a vision to educate a generation ... now called one of the 'great educational volunteer triumphs of the world'.

\* St Cyril, the missionary who discovered the Slavic people had no alphabet so he created one for them, to enable them to read about Jesus in their own language. The alphabet is called Cyrillic, in his memory.

The Bible says the people who sat in darkness have seen a great light, *Matthew 4:16* ... referring to Isaiah's prophecy about the coming of Jesus, which we celebrate at Christmas. Jesus is the source of enlightenment. Interestingly, the word 'university' began with those who believed that God created the universe, so His ways must be studied and known. The first universities were Christian, some still are. Martin Luther, while highlighting the New Testament, taught



- Pool Coping & Tiling
  - Paving
  - Decks
  - Excavations/Tipper Hire
  - Stone Work
  - Irrigation
  - Retaining Walls
  - Drainage
  - Fencing
  - Water Features
  - Turfing
  - Tree Felling
  - Log Splitting
  - Grounds Maintenance
- auscapelandscape.com.au  
@auscape\_landscapes

that every person needs to be able to read and write 'so they can study the Scriptures' for themselves.

In America the first law calling for mass education in 1647 was aptly named 'The Old Deluder Satan Act' ... recognising Satan's goal of keeping us from knowing the bible; it's aim was stated that learning not be 'buried in the graves of our forefathers'. It's good to remember that God is the God of truth, and ignorance is the devil's tool. Many dictionaries, grammars and alphabets were assembled by missionaries ... can't imagine how they did this ... as well they discovered languages yet to be written. Translating the Bible continues to be an ongoing work of missionaries.

If you are literate it is hard to imagine life without reading and writing, literacy can be one of many blessings we enjoy. Many people live with a disability ... my daughter works with a blind person who is hearing impaired; she still does amazing things, like attend zoom meetings.

Christmas can be a time to count our blessings and remember the greatest of all blessings ... that immortal God became man by sending His son Jesus into the world to die for us, so we could become His children.

Have a blessed Christmas, remember the carols at Krumbach on 21<sup>st</sup>.

At the name of Jesus every knee shall bow ...



*Quotes from Word for Today  
The Counsellor*

## News From The News

### Nabiac Village Community Church

Services are held every Sunday at 10:00am  
Holy Communion is celebrated with the service on the 3<sup>rd</sup> Sunday  
For information regarding the Nabiac Community Church please contact **Margaret Weller** (0427 570 039),

### St Bernadette's Catholic Church, Krumbach

**December** Mass times are Saturday 7<sup>th</sup> at 6:00pm, Saturday 14<sup>th</sup> at 6:00pm, **Wednesday 25<sup>th</sup> at 9:00am** & Saturday 28<sup>th</sup> at 6:00pm

**January Mass** Saturday 4<sup>th</sup> at 6:00pm, Saturday 11<sup>th</sup> at 6:00pm, Saturday 25<sup>th</sup> at 6:00pm  
(contact **Helen Legg** on 6559 1211)

\* Note Christmas Mass is at 9:00 am

### Krumbach Bible Church (a ministry of Wingham Presbyterian)

A Family Service is held **every** Sunday at 11am.  
All denominations are welcome to join in.  
Any enquiries please phone **Robert** (0400 310 357) .


### St Paul's Anglican Church, Nabiac

Service each Sunday at **11:00 am**. All welcome  
Enquiries: Contact **Kit Carson** (0493 278 243)

Every Week Day Before and after school care by *KIDS SHACK*  
We also provide Vacation time care.  
Call **Joy** on 0438 273 360.

### St Isidore's Catholic Church, Nabiac

**December** Mass time is Saturday 21<sup>st</sup> at 6:00pm  
**January** Mass is Saturday 18<sup>th</sup> at 6:00pm



**David Morgan**  
 Electrical Contractor  
 ABN: 29 032 481 894  
 EC: 30592  
 New Homes, Renovations,  
 Maintenance and Repairs  
 📍 Dyers Crossing  
 M: 0418 459 094



**Belinda's**  
 BEAUTY SALON  
**NABIAC**  
 CNR NABIAC & CLARKSON STREETS  
**6554 1326**  
*Barb's* Hair care...  
**0431 168 318**

*Belinda available Monday - Tuesday - Wednesday - Friday*  
*Barb available on Monday - Tuesday - Wednesday - Thursday*  
*Jess available Friday, Saturday (by Appointment) Otherwise we are shut Sat.*

Do you need a *Justice of the Peace?*

Then contact

Stuart **Weller** on 6554 1904 (Nabiac)  
 Gordon **Foy**, 2949 Bucketts Way, Belbora on 0417 290 874  
 Lance **Fletcher**, Blackbutt Drive, Failford on: 0409 850 671  
 Karen **Tyler**, The Bucketts Way, Kundibakh on 0425 226 699  
 Kate **McIntosh**, on 6554 1144 or 0434 589 048 (Minimbah)  
 Vicki **Turner**, on 0422 115 454 (Nabiac & Minimbah)  
 Amanda **Chapman**, on 0437 067 117, 3392 Wallanbah Road Dyers Crossing  
 Jane **Hallock**, on 6554 1107, 82 Clarkson Street, Nabiac. 9am-3pm weekdays.  
 Brett **Dennett**, on 0459 988 241 (Failford)

**Useful Numbers**

**EMERGENCY - Police - Fire - Ambulance 000**

Essential Energy - General enquiries	132 391
Essential Energy - Power outages	132 080
Police	131 444
FAWNA (NSW)	6581 4141
MidCoast Koalas in Care	6552 2183
WIRES (Wildlife Rescue)	1300 094 737
RSPCA (Taree)	6552 7177
Post Office - Dyers Crossing	5565 1222
Post Office - Krambach (closed 1pm to 2pm)	6559 1240
Post Office - Nabiac	6554 1211
Fire Permits	1300 643 262


**Need to advertise** something for sale or wanted to buy or a freebie?  
 An announcement of a birth, birthday, passing?  
 Some personal message?  
 Do it on the back page to get full attention



**St Paul's Anglican Church**  
 Nabiac  
 Tuesday 24<sup>th</sup> December  
**Christmas Eve**  
**a Christmas Carol Service**  
**@ 7:00pm**

All welcome to come and join us

Contact:  
 Kit Carson  
**0493 278 243**



Christmas has arrived once again. We will be open until the 24th of December. We are having a little break, and will return on Monday the 6th of January 2025.

Don't forget gift packs are available for Nake and Arbore plus gift vouchers for that special someone. Thank you all for another wonderful year together.

"Wishing you all the joy, peace, and love this time of year brings. May you experience the light of laughter, the warmth of love, and the joy of gratitude this season."

Merry Christmas, stay safe, and see you all soon.

*Belinda, Barb & Jess* ❤️

\*\*\*\*\*  
 ★ **Need to advertise** something for sale or wanted to buy or a freebie?  
 ★ An announcement of a birth, birthday, passing?  
 ★ Some personal message?  
 ★ Do it on the back page to get full attention  
 ★ \*\*\*\*\*

Remember if you want to know what is happening in Nabiac, just look it up on the web - **nabiac.com**  
 If you want to advertise an event, visit the web site and click **SUBMIT**

**PEACE**  **NOEL**

**Krambach Bible Church**  
 is having a Community  
**CAROLS NIGHT**  
 on  
**SATURDAY 21<sup>st</sup> December**  
 at the Church starting with a  
**free sausage sizzle at 6:30pm**  
 and  
**CAROLS at 7pm.**

Please bring a folding chair / blanket.  
 Call Robert on 0400 310 357

**Christmas**  **JOY**