

Across The Fence December, 2023 - Circulation approx. 1010 - Nabiac, Krambach, Coolongolook & Bunyah



### Editorial.

Hi all,

It's hard to believe that another year has disappeared and what a mixed year it has been again.

I think we have experienced all the different weathers this year; lovely beginning, drought in the middle with a lot of us on the brink of no water in a lot of cases and dead properties, to the rain that has fallen over the last month, resulting it lush green pastures and lots of new WEEDS and grass too wet to mow and I still haven't lite the bonfires!

Firstly I would like to convey huge thanks to all of my advertisers for keeping the paper affordable, all of my special 'reporters' who keep you all abreast of the goings on in the area and keeping the pages filled and to you, the readers, for wanting the paper to continue. I find it hard to believe that I have been doing it for 17 years now and

I find it hard to believe that I have been doing it for 17 years now and where have they all gone to??

Christmas is upon us, so lots of things happening in the area and school holidays about to start as well. Be cautious as I have heard of a lot of friends going down with COVID again, and with the incoming holiday crowds we have to be very aware of 'travelling germs'.

Ticks are also rife so keep an eye on your fur babies. And also for snakes coming out of hibernation with the warm weather.

There is a very interesting article from Wingham Vets on snake bites in dogs—good read on page 24.

Taree Blood Bank is also touting for blood and plasma donors with the expected accidents that happen over Christmas with everyone travelling and bonhomie getting out of hand, see page 12 for details. Diane's fabulous Calendars are still available. Great gifts for friends, especially overseas or far flung friends as it shows local scenery. Tim and Sunny are having their annual Christmas BBQ on 21<sup>st,</sup> outside their shops, all welcome.

I wonder how many kids know that their Christmas presents are due to the magi (The Three Wise Men) who took gifts to give to Jesus on his birth - something I only learned myself recently and the real reason they get holidays.

All the best to everyone for a very pleasant Christmas and a New Year that will be peaceful and happy.

Until next year, stay safe, be happy Lyn & Timidthy







#### WHAT'S HAPPENING IN December, 2023 Markets & Events.

Bulahdelah 2<sup>nd</sup> 8am to 1pm (1st Sat) 3<sup>rd</sup> Blackhead Bazaar 8am to 12 noon (1st Sun) 9<sup>th</sup> John's River Country 9am to 1.30pm (2nd Sat) 2<sup>nd</sup> Wingham Farmers 8am to 12 noon (1st Sat)  $16^{\text{th}}$ Myall Quays 9am to 1pm (3rd Sat)  $16^{\text{th}}$ The Hub Taree Showgnd 8am to 12 noon (3rd Sat) 17<sup>th</sup> Krambach 8:30am to 1pm (3rd Sun) (Last Sat) 00<sup>th</sup> NABIAC 8am to 12 noon (Last Sun) 31st Old Bar 7am to 1pm (Last Sun)  $31^{st}$ Pacific Palms 9am to 1pm (2nd Sun) 10<sup>th</sup> Forster Town 8am to 2pm  $3^{rd}$ Halliday's Point 8am to 11am -? (1st Sun) Town Head 8am to 2pm (every Mon) 25<sup>rth</sup> Mt. George 8am to 2pm (4th Sat) Forster Farmers Market (3rd Sat) 18th 8am to 12 noon th **Bobbin Community** 9am to 2pm 23<sup>rd</sup> **Tuncurry Markets** 8am to 1pm (4th Sat)  $(\text{2nd Sun}) \quad 10^{th}$ Burrell Creek 9am to 12.30pm 9<sup>th</sup> Gloucester (2nd Sat) 8am to 12 noon Wingham Markets-showgrounds

Check out barringtoncoast.com.au for more info & <u>confirmation</u>

Phone Lyn on 02 6559 1811 Email: paulreid@iprimus.com.au Production: Lyn Reid Contributions To: The Editor, Across The Fence, 1 Barry's Road, Firefly. N.S.W. 2429 or c/- Modern Motors, Nabiac, N.S.W. 2312 - please phone WHEN you have left articles there to be collected Contributions should be submitted - in writing - by the 25th of the month for inclusion in the following month's edition. ALL ART WORK IN JPG ONLY Disclaimer: The editor has no affiliations to any advertisers and the opinions expressed by submitters are their own. ADVERTISING COSTS <u>1 Mth</u> Advertisements Size 6 Mths (per month) Business Card - 9 x 4.5cm \$ 25.00 \$ 15.00 T'ween Size - 9 x 7.5cm \$ 30.00 \$ 20.00 Half Page - 19 x 13 cm \$ 60.00 \$ 50.00 Full Page - 19 x 27.5 cm \$110.00 \$100.00 6 months cost based on payment in advance. Extra costs if artwork is required or extra ink used RE DESIGN Lost & Found & Freebies are free. For Sale, Wanted, Special Sizes etc. are charged by size of ad.





### Nabiac Landcare



Ah, a little bit of rain and the conversation turns to...are your tanks full yet?....did your mower work after it's

'rest'?....did you catch that storm? Yes, the grass is definitely growing and so are the weeds. Woody weeds like privet and lantana are showing signs of recovery from the drought and it didn't kill them. Unfortunately soil moisture is still low and water levels in the creeks and dams are low. I'd hold off any planting unless you're keen to haul water.

We're getting ready to take our summer break soon. All of the Nabiac Landcare team do our work for 'fun' and summer heat isn't really fun.

To re-cap the year; our team has put 937 hours into working for the community. We've continuing work on the Lilypilly Bend reserve and we were very pleased when the MidCoast Council used some of it's environmental levy funds to employ a professional team to give us a hand with some of 'the big stuff' there. We've done a complete follow-up weeding of the Bullock Wharf Reserve and the triangle by the Catholic church. Follow-up is always necessary even on sites that have had a lot of time spent on them in the past. This is especially important when reserves are small and have borders to built up areas that are sources of garden escapees. In addition to controlling weeds we've tidied up the picnic areas, removed dumped rubbish, taken part in continuing education and written for Across the Fence.

If you need a New Year's resolution....consider investigating Landcare. It's much more than 'just' pulling weeds. If you're interested in wild life, weed management or increasing the diversity and health of native plants and animals from the beach to the Barrington, Landcare has something for you. Have a look at the local MidCoast Landcare website MidCoast2Tops Landcare - the Mid Coast of NSW | Mid Coast 2 Tops Landcare for information.

Nabiac Landcare normally works each Wednesday (weather permitting) 8-9am to 11am, followed by a very yummy morning tea. Membership is only \$2.00 plus an occasional donation to the morning tea fund and new members are always welcome. Training, tools and safety gear are supplied by MidCoast Council. Give us a ring if you are interested. We'll be back in the bush in late January.

Remember, even if you can't help in the bush, you can do your bit for





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our lovely area by removing weeds from your own backyard and removing fruit and seeds from exotic plants that the birds and wind will spread. Most of all enjoy a walk in the local bush!

If you're interested in joining us, having a look at our projects or just having a chat, give me a ring on 6554 3196.

Liz Rees



### Kramhach & District Garden Lovers News



hat a lovely drop of rain. My seedlings have now sprouted in great fashion

Last Friday Kathy, Jacqui, Beth and myself travelled to Wauchope to the garden of Wayne and Fiona Sainsbury for the Mid North Coast Christmas Friendship Day.

This beautiful garden of two acres had many garden rooms and was spectacular. You could see how they loved gardening. It was a wonderful day.

On Monday 28<sup>th</sup> we had our Christmas Party at the Krambach Hall. Lots of lovely food and garden prizes.

Jacqui had put lovely little gifts on each table, a beautiful gesture.

Our guest, George Hoad, sang Christmas carols with the team and it was a great day of fellowship.

Wishing you all a safe and happy Christmas

Happy gardening Indi 6559 1375



Across The Fence – December, 2023 - Page 3

## **CACHIA UPHOLSTERY**

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Between the Pages Nabiae Library News



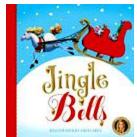
We elcome to Summer and the beginning of the 'silly season' as we plan our Christmas and New Year celebrations and make plans for the Summer school holidays for children and families. Thankfully, we have been experiencing some much welcome drops of rainfall around the

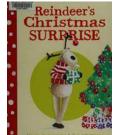
Wallamba catchment area with some milder temperatures. Let's hope it continues into the lead up to Christmas and into the New Year. It is time to prepare for those Christmas celebrations and for some Christmas and Summer holiday reading. If you are looking for some inspiring ideas for catering you may like to check out this book available at Nabiac Library.



4 Ingredients Celebrations is a collection of delicious food, celebratory drink and ideas to make every occasion successful! Be it an intimate family event or entertaining for a crowd, Celebrations shares clever recipes and tips for all occasions throughout the calendar year. Filled with new and loved recipes, 4 Ingredients Celebrations is your new 'go-to' entertaining cookbook.

Looking for some Christmas inspired children's books to settle the young ones prior to Santa's arrival? Maybe, a little bedtime reading? Try these choices, all available at Nabiac Library.



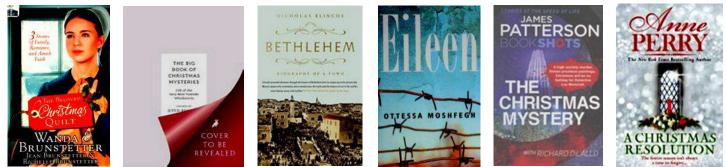








Of course, we also have some Christmas themed books for our adults just in case you have time to grab a moment or more of relaxation. Why not check out these for a quiet read.



There are a number of Christmas themed DVD's also available for children and adults. So, when you need a bit of kick-back time for the kids or just for yourself you may like to check out or DVD carousel, and see what is available to enjoy over summer.

January Summer Holiday Children's Activities at our Libraries

There will be a number of children holiday activities available at all our 11 branch libraries during January. Nabiac Library is planning a scrapbooking activity for Tuesday 23<sup>rd</sup> January at 10am; and a yet to be revealed 2<sup>nd</sup> activity on Tuesday 16<sup>th</sup> January

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at 10am, to engage the children during January. Sounds exciting! Watch the space below for more details.

Please check out: <u>https://library.midcoast.nsw.gov.au/Events</u> for information in early January for all activities in January for children and adults alike.

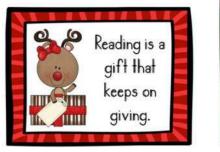
Nabiac Library Hours over Christmas and New Year Nabiac Library will be closed from

12 noon on Thursday 21st December 2023.It will re-open onTuesday 2nd January from 3pm.We do ask that you save your returns over this time, instead of using the returns box.

The main libraries at Forster and Taree will be open on the 27<sup>th</sup>, 28<sup>th</sup> and 29<sup>th</sup> December.

#### Merry Christmas and Happy New Year

To finish, the Nabiac Library staff and volunteers would like to thank all our wonderful members and friends of Nabiac Library for your patronage and friendship throughout the year. We love having you visit our unique, historical library and s haring your news and your love of all things library with you. We would like to wish you all a very happy and peaceful Christmas and look forward to celebrating 2024 with you all.





deck the halls

with books of jolly



## Nabiac Second Chance Opportunity Shop

Established 199

Open Monday to Friday 9am to 12noon (Saturday 9am to 1pm 37 Nabiac St, Nabiac 6554 1876



### News from Nabiac Second Chance Op Shop



A very big thankyou to all the volunteers who work very hard in the Op Shop and Shed sorting donations and keeping our shop and shed looking clean and tidy. You are amazing and all very much appreciated.

Good news for everyone who is unable to get to the Op Shop and Shed before closing 12.00pm of a Saturday. We are now open to 1.00pm every Saturday.

Although our sign says Sat 9.00am to 12.00pm, come in if it's after 12.00pm and before 1.00pm and you will find that we are still open.

### DATES TO REMEMBER:

The Op Shop and Shed:

Closed from 11.00am on **Friday 15<sup>th</sup> December** for our Christmas Party.

Op Shop and Shed Christmas closure dates will be from **Monday 18**<sup>th</sup> December, 2023.

Reopening Monday 8<sup>th</sup> January, 2024 at 9.00am.

Please hold all donations until the Op Shop reopens on the 8<sup>th</sup> January 2024 as all our wonderful volunteers will be having a very well earned Christmas Holiday break and will not be checking for any donations.

We will be getting both of the verandas re oiled during the Christmas break so please don't leave any donations in these areas.

Thankyou in advance for your co-operation.

#### VOLUNTEERS:

If you have a spare morning and would like to volunteer, please come in on a Wednesday between 9.00am and 12.00pm and ask for Kathryn. If I am not available please leave you details with one of the volunteers and I will contact you to arrange a meeting with you.

We wold like to take this opportunity to wish everyone a very Merry Christmas and a Safe and Happy New Year for 2024.

Thank you for all your support through 2023.

Kind Regards

Kathryn and all the amazing volunteers from Nabiac Second Chance Op Shop.





### MINIMBAH MATTERS



Minimbah Rural Fire Brigade can now confirm that, NSW RURAL FIRE SERVICE following the several weeks of suspension due to the high amount of large fires in our District, fire permits are currently being issued. You need a fire permit now before you carry out any outdoor burning. Fire Permits are free and issued by your local Fire Permit Officer (FPO).

You can obtain the contact details of your local FPO by calling **NSW RFS Mid Coast Fire Control Centre on 1300 643 262**. If the Fire Danger Rating is High or above, existing permits will be suspended, and no permits will be issued until conditions improve. The weather changes, and so do the rules regarding fire permits, so keep up to date with what's going on.



Make yourself familiar with the **Hazards Near Me** app, or have a browse through **myfireplan.com.au** 

It's not only weather changes that we have to keep up to date with. Our general health and wellbeing, is a big-ticket item. A major subheading of this topic would be Mental Health. As fire fighters we do have fun, at times, on the fire ground and at the station, and that is a vital part of our mental health wellbeing. Being part of a friendly, supportive and cohesive Brigade does play a huge part. In the RFS it is known as "Brigade Health".

Our community is very lucky to have *Tim the Chemist* looking out for us. All of us, not just fire fighters. As he says, he isn't in a position to be able to go out and protect properties, so he tries to protect the protectors. Thank you, Tim, for your interest in what we do, and your support when it comes to our wellbeing. We really do appreciate it.

Fire-fighting is a serious and dangerous activity, but the result of a job/house/life/pet saved, is extremely rewarding. It's a team effort and is the result of extensive training. Unfortunately, even with all the training, teamwork and experience in the world on your side, accidents do happen. This was the case last month when *Leo Fransen*, Captain of Diamond Beach Rural Fire Brigade, was hit by part of a falling tree while on deployment to another area, and sadly died





as a result of his injuries. We send our condolences to his family, and to his RFS friends and colleagues.

Thanksgiving is essentially an American tradition, and it was just a week ago. We missed the day, but don't want to miss extending our thanks to Lyn Reid for affording us the space in her monthly *Across the Fence* newsletter. This allows us to let our community know what we are up to, and important things such as the need for fire permits.

We would also like to thank those who have supported us both financially and generally throughout the year. It was great to meet and welcome some of the new Minimbah residents at our Get Ready Open Day in September.

We wish you one and all a very Happy Christmas, and a New Year jam packed with good health, love and laughter.

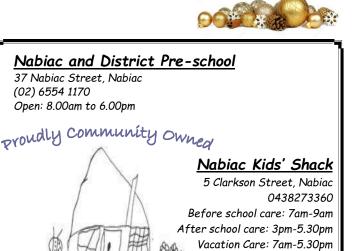
> During the Bush Fire Danger Period, the Mid Coast Area Fire Danger Ratings (Fire Risk) are published on Facebook whenever they change.

They come with some very handy and wise tips as well.

#### Check them out by following NSW Rural Fire Service – Mid Coast District



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**News from Muse** 



It has been an amazing ride so far and I would like to take the opportunity to thank everyone for their patronage, support and encouragement.

When the doors opened on December 2nd 2022 we had 25 artists signed up, we currently have 68 and that, whilst an amazing achievement, is merely scratching the surface of the talent there is in our region.

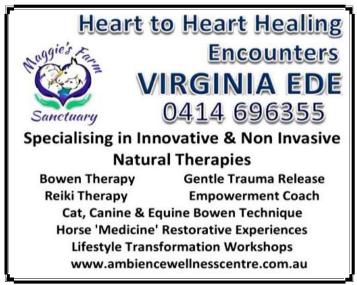
I have been amazed at the standard and quality of the art work, it is comparable to Sydney and Melbourne and a fraction of the price. Never a day goes by when I see new faces in Muse who are blown away by the art we showcase. The artist community in our area should be very proud of themselves.

We have also established the Inner Muse Art Academy, which is proving to be very popular, providing quality tuition with small classes

As you know we have suspended classes for the Christmas holidays, but the new semester starts at the beginning of February, 2024. February will be focussing on Pastels, with Vicky Bullard and Water colour painting with Sonja Ridden. March will have Acrylics, Silk Painting and Water Colour painting. So, if you are interested simply email me at <u>museartandcrafts@gmail.com</u>. Indicate which medium you are interested in and if you are a beginner or are familiar with the medium. I will pop you on the email list and send you all the information.

So, on behalf of myself and all of the artists, I would just like to take the opportunity to wish everyone a very Happy Christmas and we look forward to seeing you in the New Year.

### Kind regards Janice Oance



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### Nabiac Village Futures Group

**Progress of Strategic Plan Review** 



- Wording has been finalized.
- New photos are what we are now working on. We are looking at preparing a group of current Nabiac and district photos that both promote our area and can be used in other ways such as on our website https://nabiac.com/ or our Facebook page Nabiac Community https://www.facebook.com/ nabiac.community/ and on a planned new sign in Memorial Park.

#### **Community Conversation**

- 22 residents attended the meeting with Council staff and Councillors Tickle, Miller, Sandilands and Fowler on November 21<sup>st</sup> at the Showground.
- Pathways It was interesting to hear about items such as construction of a small amount of pathway from the corner of Showground Lane to the Library (little steps, but we'll eventually link much of Nabiac to a wonderful pathway system).
- <u>Facilities and Lighting</u> Council has listed replacement of wooden light poles for Nabiac Tennis Courts and Nabiac Oval (page 27) https://haveyoursay.midcoast.nsw.gov.au/sportslighting-plan

Still No Showground Users Committee - No news yet about the Showground Committee to be set up and to include representatives of MidCoast Council and all the user groups. Hopefully there will be a commencement of overnight camping at the Showground for those with vans and campers set up with toilet and shower facilities. There may have been some camping connected with Showground use of facilities e.g. the Wallamba Show, but no overnighters have been allowed to camp, not since the amalgamation of Local Government in 2016.

Meeting Nabiac Pool - meeting is planned (as I write) at the Pool on 29<sup>th</sup> November. Hopefully it will be well attended and will achieve a positive outcome for pool users.

Our meetings are now usually held the first Wednesday each second month, at the Neighbourhood Centre. Our December meeting will be Wednesday 6<sup>th</sup> December at 6pm.

There will be no meeting in January.

Contact nabiacvillagefuturesgroup@gmail.com

Facebook at https://www.facebook.com/nabiac.community/ Nabiac Community

Wishing you all a safe and fun filled December and January

Louise Collins, Secretary





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WALLAMBA CWA REPORT

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This meeting was the first since our AGM in October and new office bearers took their various positions within the Branch and gave their reports.

President *Margaret Weller* declared the meeting opened and welcome 9 members receiving a further 3 apologies.

Following the opening formalities the members paused to remember the passing of the following CWA member Past State President, Past Sh. Pacific Area President and Vice President of ACWW, Mrs Jenny Mitchell. Locals remembered were Maz Delamotte of Nabiac, Sandra Carven of Pipeclay Creek Road, Alan Budd former owner of Nabiac Caravan Park, Bill Hayden Australian politician, Mrs Nan Parkes of Tinonee, friend of member **Pam Muxlow**, Helen Brady, Margaret Smith and Mrs Dot Searle.

This month members also marked the first anniversary of the passing of Past CWA President *Iris Cummings*.

Today we also acknowledged *King Charles 111* on his 75<sup>th</sup> birthday today the 14<sup>th</sup> November.

Member Pam provided the monthly thought and it was as follows: "Children never put off until tomorrow, the things that will keep them out of bed tonight."

It was great to hear via email from *Lyn* and *Phil Matthews* advising us that Phil's health has improved greatly and that they will be leaving Perth coming back east for Christmas and hope to catch up with all.

Correspondence has been received advising Wallamba Branch that they will be conducting the raffle at the Group Day to be held in Kempsey March 2<sup>nd</sup>.

A final reminder received of the November Group Meeting to be held at Harrington on November 27<sup>th</sup> and 6 members have indicated that they will be attending.

Correspondence was also received regarding 2024 State Conference being held at Coff's Harbour including details on accommodation and coach travel.

Correspondence also included notice of Coolongolook and Nabiac Public School End of Year presentations and donations to these schools and these were worked out at \$30 for Coolongolook, Krambach and Nabiac Public. Schools.

World Day of Prayer service sheets etc. have also been received and





the Country for 2024 is Palestine and the date will be 2<sup>nd</sup> March, 2023.

Treasurer *Jenny* was absent for our meeting so only a brief report was presented but things mentioned include the memberships received and donation to HO and various Levies.

Member Pam, in her new position of International Officer, gave a brief report on our new Country of Study for 2024 – *FRANCE* - and conducted a quick quiz on some basic facts about France. Member *Merle* informed us that the French National Animal is the Gaelic rooster and said she is looking at creating an international Needle-work on this for the State Competition. Pam also spoke about her travels to France back in the late 1960's/early 1970s'.

Handicraft Officer gave her first report in this position and said she is looking forward to receiving some beautiful handcraft spectacle cases for the Branch Handicraft entries to go onto State Competition 2023-24.

All entries will be needed at the February 2024 meeting to go to Group Judging on  $1^{st}$  March.

**Beth Brewster**, our new Ag & Environment Officer, gave an informed report on our 'Foe', which this year is the dreaded Fire Ants, and first discovered in 2001 are now making their way across the NSW border and now cover an area of more than 2 million acres. The Federal Government have funded to the tune of \$268 million to eradicate this dangerous pest to humans, animals and crops.

Lake Cathie Community Centre will be the venue on 6<sup>th</sup> February 2024 for the next MNC CWA Cookery and Friendship Day. Cookery Officer *Jean Price* worked out who would make what on the schedule and we should have a good coverage of all the various sections of cakes, pickles, biscuits and marmalade and hopefully come home with a few winners.

In Merle's first Cultural Report she said she had a memorable time for her 80<sup>th</sup> and went to see her Granddaughter *Roxanne* perform in the Musical "Strictly Ballroom" and showed us the souvenir programme.

**Penny** shared further old photos from Nabiac Public School in the 1950's donated by *Maree Rouland* including one with member Pam in it and also her late brother *Alan* and *Russell Digby* and *Trevor Rouland* it them.

It has been decided that the Branch will mark the 100<sup>th</sup> Birthday of CWA of NSW 2022 with a donation of two dwarf mandarin trees to Nabiac Public School for their school vegetable garden and these

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### Manning Great Lakes Woodworkers Incorporating the Bridge Gallery

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New members, men & women, are very welcome.

If you like "*messing about*" with wood, please visit us or contact us as follows:





Address: 100 River Street, Taree Phone number: 0404 481 084 Email: mglwoodworkers@yahoo.com.au Web Site: www.mglwoodworkers.com

were delivered by President Margaret Weller and Pam Muxlow following our shared lunch after the conclusion of our meeting.

Next March, 2024 the Branch will celebrate it's 60<sup>th</sup> Birthday and further planning will be discussed at the December meeting, our last for the year, on Tuesday 12<sup>th</sup> as to what will be happening. After the December meeting members will gather at the White House Café and Nook on Failford Road with several local ladies and partners will join in the luncheon.

#### Pam Muxlow

Publicity Officer -- Wallamba CWA Branch





#### Nabiac Hay & Rural Supplies Christmas Hours

Saturday 23.12.23: 7:30am - 4:00pm Sunday 24.12.2: CLOSED CHRISTMAS DAY: CLOSED BOXING DAY: CLOSED

Wednesday 27.12.23: 7:30am - 5:00pm Thursday 28.12.23: 7:30 am - 5:00pm Friday 29 .12.23: 7:30am - 5:00pm Saturday 30.12.23: 7:30am - 4:00pm NEW YEARS EVE: CLOSED

### NEW YEARS DAY: CLOSED

Return to normal hours from Tuesday 2.2.24 AUSTRALIA DAY: CLOSED

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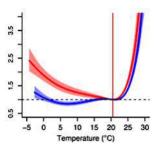


### **Nabiac Pharmacy News**

#### Heat waves are bad okay



Everyone knows that it is hard on your health and wellbeing when it is hot. Below is a scary graph that shows how heat increases chances of fatality versus temperature.



It's pretty confronting to see that when the temperature gets up to "ONLY" 30C, people are 3.5 times more likely to die than compared to the "average" temperature of 21C.

So, keep cool. Use a fan/wet cloth/air conditioner. The most economical temperature to set air conditioning for is 24C.

Tim

# Jill Flower - NDIS Provider

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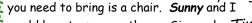
"PROVIDING HIGH QUALITY CARE WHILE PROMOTING INDEPENDENCE"

Full insurances Please call Jill: **0418 966 940** Email: jillaflower@yahoo.com.au

<u>Merry Christmas!!!</u>

Nabiac Pharmacy in partnership with Foodworks Nabiac is proud to be hosting the 57<sup>th</sup> Annual Nabiac Village Christmas Party.

- Please join us under the shop awnings and Village Green for a free sausage sizzle BBQ, soft drinks and lucky door
- giveaways. The event will be from 5:30-
- 7:00pm on Thursday the 21<sup>st</sup> of December.
- All are welcome to attend and the only thing



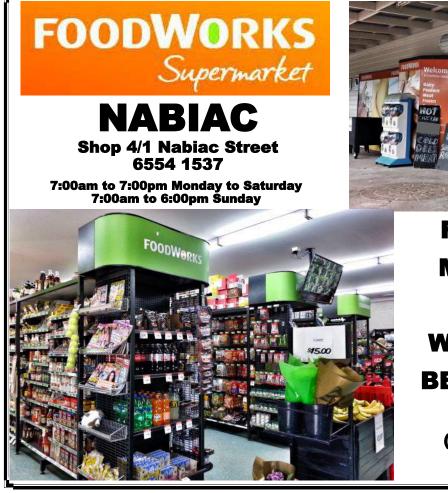
would love to see you there. Sincerely, Tim.

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FOODWORKS At Nabiac FoodWorks Supermarket we are celebrating our 8th Anniversary in the shop and we happy to advise that we are opening a Liquor section in the shop this week.

We wish you all a very happy Christmas and want to thank you all for your support

Sunny & Rosie





FRESH PRODUCE McGRATH MEATS DELI SPECIALS WEEKLY SPECIALS BEST HOT CHICKEN ON THE COAST (get a catalogue in store)

Sunny & Rosie



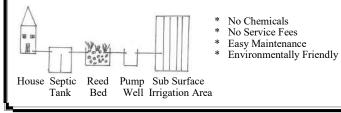
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### NEWIS FROM MADBAC PUBLIC SCHOOL

 $extsf{hristmas}$  hristmas is coming faster than anyone can believe this year!!

At Nabiac Public School, term 4 has been filled with lots of fun, adventures, and learning, of course.

Students from Kindergarten to Year 4 had a fabulous day visiting Billabong Zoo. Students were very excited to see the animals up close and learn about their habitats and behaviours. They were lucky enough to feed the kangaroos, saw koalas sleeping in their trees and heard the lions roaring.

Year 6 held their annual Fun Day this term to raise money for their end of year gift to present to the school on their departure to High School. Students purchased tokens which they could use for a range of exciting activities and snacks including the haunted house, ice cream spiders, sponge tossing, hair pampering, water gun challenges, soccer shootout and face painting. All students

and staff had a fun afternoon.

Our annual School Swimming and Water Safety Program is underway again this year where participants develop water confidence and basic skills in water safety and survival. This course runs for 10 days and is a great way for students to become familiar with water safety.

We would like to send out a HUGE thank you to the CWA, Wallamba branch, for their kind donation of 2 beautiful mandarin trees for our school Nabipatch. We are sure they will flourish with all this beautiful rain we have been receiving.

Regarding trees, some of our students were involved in planting the trees surrounding the town



oval back in July 2019 in conjunction with the Neighbourhood Centre. Our village is so lucky these trees have flourished and are producing shade despite the drought and floods, we have experienced. Like the students in the photos, the trees have grown so much!!

Nabiac Public School would like to take this opportunity to wish everyone a safe and happy Christmas. As always, please keep an eye on our school and if there is any suspicious behaviour, please report this to the police.

Happy holidays, Jodie Neville









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Christmas by rolling up their sleeves and donating blood and plasma.

An additional 100 donors are needed across the MidCoast this festive season to boost supplies.

"Christmas is the season for giving, and what could be a better gift than giving blood and plasma. Every 18 seconds, someone somewhere in Australia will need blood or plasma," Lifeblood spokesperson Ruth Harrison said.

"Donating blood and plasma doesn't cost anything, but for a patient it is life-changing. For some, it could mean spending another Christmas with family and friends. For others, it will be the key to a fuller life.

"With 1 in 3 Aussies needing blood or blood products in their lifetime, our message this Christmas is to give a gift you know is at the top of someone's wish list."

### **Bumblebree** Drafting



Plans for new builds, additions, renovations, swimming pools & sheds, BASIX & council submissions

The Taree Donor Centre particularly needs 100 donors over the festive period, with most donors needed in January as regular donors take their holidays.

The need for blood and plasma never stops. There will be people in hospital over the Christmas and New Year period who will be relying on donated blood and blood products following serious accidents, surgery, complicated childbirths or as part of their cancer treatment.

"With many donors planning to travel over Christmas and the summer holiday period, we are urging anyone who can to donate so we can ensure that patients in hospital who need blood every day will receive the blood and blood products they need. More than 80 per cent of the population has an O or A blood group meaning these blood types are most in demand by hospitals," XXX said.

People who donate through to 31 December 2023, will receive a limited-edition "Australiana" Christmas-inspired bandage designed by Melbourne-based artist Madeleine Stam

In designing the bandage, Stamer, who is also a donor, wanted to create a festive "thank you" to donors

"My bandage design literally says, 'Thank You'. As we inch to the end of another year it's my way of saying thank you to other donors and thank you to the wonderful caring staff who always make me feel at ease when giving blood," she said.

Ruth Harrison said: "Blood donation is one of the greatest gifts you can ever give, not just at Christmas time but all-year round. We're urging Australians to book a donation this festive season and make a huge difference to someone who needs it."

To book visit <u>lifeblood.com.au</u>, download the Donate Blood app or call 13 14 95.



# **PRESS RELEASE**

August 202

### Harcourts Nabiac Real Estate: The Perfect Mix

Bake the world a better place. Nabiac Real Estate Director Graham Russell has been in real-estate for almost 15 years. When the chance arrived to combine with Harcourts, he didn't hesitate.

"Being a Baker/Pastry cook by trade, I know a thing or two about the perfect mix. It's all about using the best ingredients!"

Nabiac Real Estate is now Harcourts Nabiac Real Estate, a sure-to-rise recipe that brings the best of both worlds.

"Our friendly faces and local expertise remain the same, while we embrace a dynamic new brand that combines the power of a large international real estate group," remarks Mr Russell.

"By joining forces with Harcourts, we bring a world of real estate knowledge and expertise right to your doorstep. This international network provides us with access to cutting-edge technology, innovative marketing strategies, and a vast pool of potential buyers and sellers."

Harcourts Nabiac Real Estate's commitment to servicing the region's evolving demographics through nextgeneration property services is the fundamental reason for the change.

The partnership with Harcourts provides access to exclusive advertising systems that use data to target buyers, based on their own online real estate search patterns. The approach has revolutionised property services and overturns traditional techniques.

"After proudly servicing Nabiac and surrounds for over 25 Years we are thrilled to partner with a brand that embodies the characteristic spirit of our culture and its attitudes and aspirations."

"We love seeing our buyers settle into their new homes, and made a lot of close friends in the Nabiac area through these sales."

"In fact, our Motto is: 'Enter as strangers leave as friends.""

"Nabiac Real Estate brand's transition to <u>Harcourts Nabiac Real Estate</u> represents an evolution of its property services, a response to changing market dynamics, a local success story, and reflects a history of consistent growth," explains Katrina Tarrant, CEO Harcourts NSW.

"I am absolutely thrilled to welcome Nabiac Real Estate into the Harcourts family. This rebranding represents not just a name change but a powerful alignment of values, commitment to excellence, and a shared vision for the future. As we join forces, we look forward to combining our expertise and passion to continue delivering exceptional real estate experiences to the Nabiac community and beyond."

The rebrand means new systems, and more advanced property services than competitors, while retaining and increasing direct community engagement through local knowledge, events, and local sponsorships.

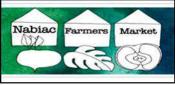
"I have trained my staff to be stock and station experts as 80% of our stock is rural property giving us the upper hand on both, rural and residential sales and listing, handing our vendors and clients the best opportunity," continues Mr Russell.

"We love the rural lifestyle and the community. We are one of the main sponsors for the Nabiac Show, and due to my background as a Pastry cook, I judge the cake section of the show!"

Harcourts Nabiac Real Estate: history in the baking.

Harcourts Nabiac Real Estate Shop 2, Village Green, Nabiac. NSW Phone: 6554 1450





### **Home Baked Home Made** Home Grown.

Nabiac Showground 8am-Midday. Last Saturday of each month, except December

The next market is on Saturday 27<sup>th</sup> January, 2024.

From the Nabiac Market Committee, Merry Christmas everyone and Best Wishes for the Festive Season. Thank you to all our producers and customers.



#### Market News from the November market.

The last Nabiac Farmers Market for 2023 was a huge success. With people from far and wide pouring into the market, which was busy by 8am! Stall holders reported bumper sales. Visitors enjoyed socialising, shopping, and sipping coffee against the backdrop of music from local artist Brendan Harvey.

#### Raffle to raise funds for the entrance piece at the showground:

Congratulations to Virginia from Nambucca Heads on winning the wooden platypus sculpture by John Van Der Kolk. It's great to see support for our thriving village, from locals, and people from further afield.

#### The November market was the last one for Hazel and Paul Cotton.

They have been stoic, long-term stallholders, bringing beautiful fresh produce to Nabiac Farmers' Market for many years. We wish them well in retirement and hope they now have time to enjoy being shoppers instead of vendors at the markets!



Petra's gingerbread adds a festive touch to Christmas time.

Lic. No: 43824C



Paperbach Farm's stall was laden with fresh produce, perfect carrots, and yummy pickles.

 COMMERCIAL PRE-SALE / VACATE AIR B&B AGED CARE / NDIS © 0438 665 439 stacey@forrestfresh.com.au

RESIDENTIAL





The Wash Collective had a fab day.





ASSISTA

It was wonderful to see crowds of people buying gifts and wares from the Nabiac Public School stall

#### Nabiac Farmers market's local producers:

\*fresh produce, \*seedlings \*microgreens \*flowers \*wine \*cheese \*plants woodwork \*macadamia oil \*boutique gin \*chutney \*honey \*gingerbread \* coffee \*culinary delights \*art \*hand-spun wool products

\*unique artisan wares \*garden art

\*pasture-raised meat & eggs \*plants \*crafts \*textiles \*baby clothes \*pooch care \*ginger beer \*jewellery\*sourdough bread \*market BBQ \*fab food \*Live music

We regularly post info and updates on Instagram and Facebook. Follow us to stay in-the-know and please share our social media posts!

Thank you to everyone in our community for making our market great: Stallholders, the committee, our customers, and the shop owners in Nabiac who promote us to their patrons. We appreciate you all.

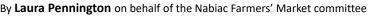
See you at the next market on Saturday 27<sup>th</sup> of January 2024.

We wish you all a safe and joyful Christmas.

www.nabiac.com nfmcoordinator@gmail.com 0438 012 781







# NABIAC ROOF & GUTTERING **& PLUMBING** Ph: 0410 506 044

Across The Fence - December, 2023 - Page 14

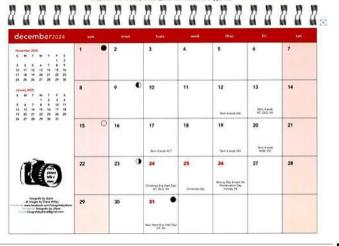
#### fotografs by diane 2024 calendar — Rural, Rustic & Coastal — A Midcoast Meander

Beautifully printed in Australia. Spiral Bound. A4 opens to A3 size. \$30 ea. + P&H if required



fotografs by diane 2024 calendar Rural, Rustic & Coastal A Midcoast Meander Are you looking for a unique Christmas gift which showcases our region from coast to hinterland Featuring images from our Wallamba district, Forster, Tuncurry Tinonee, Wingham, Taree, Old Bar & Darawank Available from Nabiac Village Café Takeaway, Krambach Post Office or by contacting Diane direct via her facebook page www.facebook.com/fotografsbydiane or via email fotografsbydiane@gmail.com







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#### Nutrition & Wellness Coaching -

Laura Pennington.

Let's chat! Message me via the website, FB, Instagram. In person or facetime. 0409 997 309.

### Happy Festive Season.



All our Christmas's have come already, in the form of trillions of rain drops. We arrived home from living mostly overseas in the USA for four years, to a brown, crisp garden. The recent rain has been just beautiful.

The kitchen garden and veggie patch are growing well and are producing, after just a few weeks.

Christmas is around the corner and I'm finding myself in a happy whirlwind of planning BBQ's and finding fresh, cool foods in the humid weather.

### Summertime smoothie

Here's a refreshing smoothie for you - it's so thick and creamy, I eat it with a spoon. I love the bright green colour.

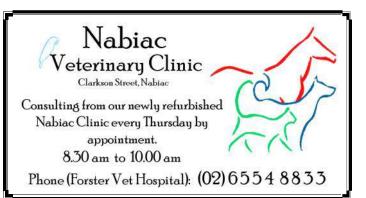


- ½ can coconut milk
- 2. ½ frozen banana
  - 1 mango
  - 1 large handful of baby spinach
- 1 teaspoon matcha (or green superfood powder) - optional

I often substitute the banana for avocado.

Matcha has some caffeine.

Blend in the Nutri bullet or Vitamix - enjoy!





David 0467 303 705 or Raylene 0478 533 309 Email: admin@dcwcare.com.au www.dcwcare.com.au

#### Healthy Summer Habits - here's a few ideas for a healthier summer.

- Add Rosemary when barbequing meats, to reduce carcinogens and add flavour
- Add a glass of lemon water to your day
- Add fresh fruit to salads, for a burst of colour and flavour
- Find moments of mindfulness to stay calm •
- Plan meals in advance to the likelihood of making healthy choices
- Make/chop extra when prepping meals, to reduce time in the hot kitchen!

### **BEST WISHES FOR THE FESTIVE SEASON! ENJOY DELICIOUS FRESH LOCAL PRODUCE!**

See my contact details below. Laura x

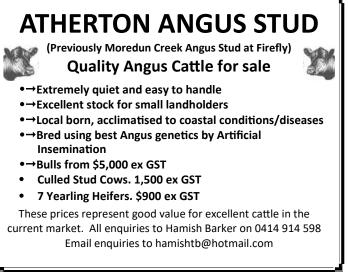


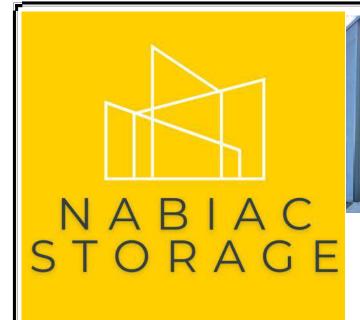


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Message me on FB or Instagram to arrange a consultation, or feel free to call: Ph: 0409 997 309









### FOR LEASE BRAND NEW SELF STORAGE UNITS

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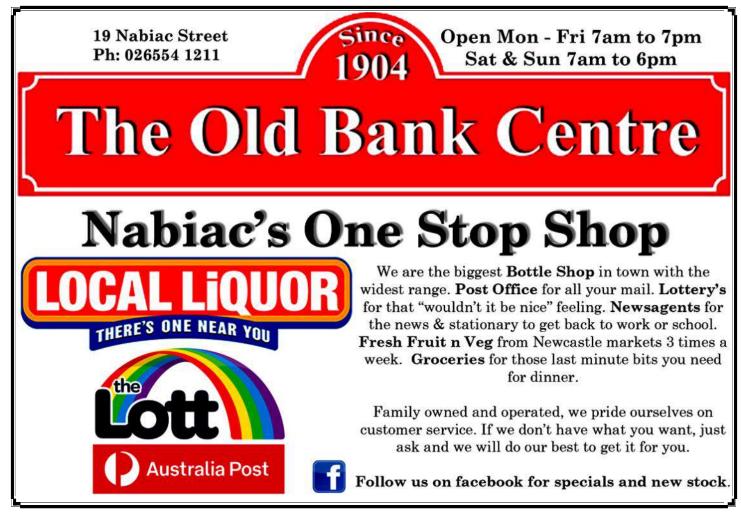
Nabiac Storage is a sleek, brand-new storage facility with the size and space for all your larger toys such as caravans, boats, jet skis and alike. Insulated ceilings & a concrete Western wall will ensure your precious goods are protected from the heat during the Summer months, while the extra wide driveway makes for easy manoeuvrability to access the individual units.

Centrally located in the heart of Nabiac village in Ferris Place, (tucked out of sight behind the working units) just minutes from the Highway, means you can grab your toy and get on your way without any hassle.

SIZE: Length = 9.6m, Width = 3.5m, Height = 3.35m

Also available are 2 x 100sqm units in our Industrial precinct, ideal for businesses with large access door & 3 Phase power.

Buzzards can see small rodents on the ground from 4,500 metres (almost 15,00 feet) up in the air





For more information about community project funding, assistance with Federal Government services or to have your say on our Vision 2030 Plan visit **www.davidgillespie.com.au** 



Wauchope: Shops 2&3, 43 High Street, Wauchope NSW 2446 Solve 6586 4462 Taree: 144 Victoria Street, Taree NSW 2430 Solve 6557 8910 Authorised by Dr David Gillespie MP, National Party of Australia, 44 Victoria Street, Taree NSW 2430.



### **REAL KULTCHA**

OK children, pull up a stump and pay attention. This last month has been exhausting and your correspondent (that's *moi*) has had a bit of a rough time.

Flick. Heads! OK, Rugby's first cab off the rank and then I promise I won't talk about it again for the rest of the year! Well, contrary to the ending of my rant last month, it looks like not all Rugby folk are gentlemen. They're just like us – prepared to let the boffins run the show but if they stuff up, we get angry, pissed off and then very vindictive. At the pointy end of Rugby Australia (RA) sits Hamish McLennan and this month saw the states (Queensland, WA, South Australia, Tasmania, the ACT and the Northern Territory) send a letter of No Confidence in his leadership and for all I know, possibly even his choice of after shave! But he let it be known he was going NO WHERE!! There was a meeting. Then another. And another. And then, surprise, sur - bloody - prise, Hamish takes the high jump. Walks the plank. Falls on his sword. Whatever! The result is he's been punted (many rows back into the grandstand) and we shall never speak his name again. Like the availability of coaches though, there's always somebody ready to do a better job and RA has a new boss (don't know his name and really don't care) but RA has many issues and the new boffins would be a pack of fools if they didn't learn something from the Eddie Jones debacle. Time will tell.

The Galahs! Yep, they are/were in India for the cricket World Cup and for those of you who are not familiar with the term, it's the 50 over version of cricket. The Galahs (that's the Oz team - please try to keep up) didn't start all that well but settled and came home like a train! I'm not a betting man and even though they'd won the World Test Championship and retained The Ashes, I just couldn't have backed them in Ahmedabad. There was something about the Indian side that threatened and I guess that was they'd won all their matches and then there was Kohli. We won the toss and against all the best advice (given in pages and pages of news print by the so-called experts) our captain, Pat Cummins, decided to bowl! What tha? Are you mad? I watched the game for several hours and for me the high lite was Cummins against Kohli. Kohli had cantered to his 50 and looked the goods to build on it but Cummins dropped one a bit short and it fizzed up close to Kohli's body. He was caught by surprise and instead of dropping his hands and letting it go through to the keeper, his ego wouldn't allow him to do that and he tried to guide it down through





slips but got the shot all wrong. It caught the bottom edge of his bat and cannoned into his stumps! The 120,000+ people in the Narendra Modi Stadium went silent as the stumps and bails started winking furiously. As one commentator said, 'you could've heard a pin drop a mile away!' Kohli looked at the wicket, looked back at the stumps, at his bat, the wicket again, the stumps again and you just knew the whole of his life and his considerable ego, were passing through his mind - I AM THE BACKBONE OF THIS SIDE! I WILL NOT GET OUT! I CANNOT GET OUT! I MUST NOT GET OUT. He must have stood there for all of 5 or 6 seconds, rooted to the spot in what looked like a vain attempt to ignore the winking stumps and bails, trying to comprehend the reality of the fact he'd been bowled. He was out! And he just knew catastrophe could well follow!! And it did. They managed only 240 runs which, if they bowled well, was defendable. Then Head (137 off 120) and Labuschagne (58 off 110) took charge and in just 43 overs passed the total. It's been a great year for The Galahs and it's basically a young team. Time will tell how far they can go.

Here's a question for you? The surfing event for the 2024 Paris Olympics is to be held at Teahupo'o in French Polynesia. Is that the furthest distance an event has been held from the host city? Somebody said no. In the 1956 Melbourne Olympics, the equestrian events were actually held in Stockholm, Sweden because of Australia's very tough quarantine laws. Well, would you believe, somebody has done some calculations. Melbourne to Stockholm – 15,589 klms; Paris to Teahupo'o – 15,716 klms. Make a note of that for your next Trivia night event.

I love the English language and the way you can use it – if you really try. For instance, Elon Musk is trying to get his two-stage spacecraft *Starship* to do it's thing so he can lift NASA stuff into space so they (NASA) can go onto the moon and, down the track, to Mars. But the doofungle isn't talking to the watch-a-ma-call-it and the latest launch from Musk's own Starbase launch site near Boca Chica in Texas had a *rapid unscheduled disassembly*! Just so you're not feeling left out, that's geek talk for *it blew up*! Back to the drawing board!

Talk at you again in the new year. Have a Merry and safe Christmas,



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### Save Krambach Swimming Pool

And prevent usage restriction on MidCoast Council pools



The shocking news to close, or restrict pools across our region has sent ripples of anger through our

communities. There was unreasonably

short notice,

2,500 1,948 Signatures Next goal

and no community consultation. However, many people have leapt into action to fight this decision.

The decision has been based on a report by *Denis Pontin*, RMP & Associates, from the Sydney suburbs of Turramurra (which, BTW, has a pool with swimming lessons) and Palm Beach. The report's insights, and comparisons to pools such as Hurstville swimming centre in Sydney, are irrelevant to the needs of rural people and running of pools in rural communities.

Four (4) local people addressed the council on 25<sup>th</sup> October, imploring council to vote against the decision to close (or restrict) local pools. Speaking on behalf of Wingham, Nabiac and Krambach, they each did a convincing job. Our councillors listened, and voted in our favour.

Fighting for Krambach Pool, is the "Save Krambach Pool Action group".

To date, our action group has done the following:

• Written comprehensive submissions to council



- Addressed council resulting in the positive outcome of delaying pool closure decisions until the 4<sup>th</sup> February.
- Met to discuss what can be done
- Organised a community meeting in Krambach Hall at 6.30pm on Monday 4<sup>th</sup> December. Mrs. Tanya Thompson MP is coming along to support us.
- Sourced the report from RMP & Associates
- Seeking the report from Royal Life Saving
- Seeking the pool audit on Krambach Pool
- Created a QR code to monitor usage
- Created a petition, both online and paper
- Made and posted signs everywhere saying "Save Krambach Pool"
- Created a Save Krambach Pool Facebook page.

We need to stand up and fight for this. Rural kids need safe places to swim, or they will resort to dams and rivers. Rural communities need to be thriving places, with a range of activities, business, and opportunities to connect. Especially if we want to continue to make rural towns attractive places to live and for Australia to continue growing food.

All are welcome to attend the community meeting on Monday 4<sup>th</sup> December at 6.30.

Remember the pop-up meeting on Tuesday 12<sup>th</sup> December at 4pm.

\*\*\*\*\*\*\*

NABIAC MOTORS

Let's win this - Save Krambach Pool Action Group.







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A bacterium in spoiled food, which causes the food poisoning botulism, is one of the deadliest known poisons. Just 450 grams of the bacteria could wipe out the human race



### Real Estate & Livestock

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GLOUCESTE	<b>R</b> — CATTLE Store Sales Fortnightly on Thursdays
MAITLAND	— CATTLE every Monday
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**TAREE** — CATTLE Fortnightly on Mondays

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Office Phone: 02 6558 1205



### Signs of a snake bite in your dog

Information adapted from Animal Emergency Services 2023 Unfortunately, snake bites are not an uncommon emergency we see here working in rural Australia.

- Collapse (and then recovery)
- Lethargy
- Muscle tremors, shaking and reduced blinking
- Dilated pupils
- Sudden onset weakness / wobbliness
- Complete paralysis
- Inability to control bladder and bowels
- Bleeding from nose, bite site, mouth
- Discoloured urine (often dark)
- Muscle soreness
- Vomiting
- Seizure like activity
- Changes in breathing rate or effort

#### 10 SIGNS YOUR DOG OR CAT MAY HAVE BEEN BITTEN BY A SNAKE



**BE AWARE** – some pets may be fine initially **BUT** they may then vomit or collapse but then recover for a short while. They can then crash and develop more symptoms afterwards.

### Snake bites can be fatal so knowing and recognising the signs is important.

Early intervention, even if you have just seen your pet with / near a snake, can save its life!

#### Will I be able to see the snake bite site?

• Sometimes, we can find various swellings and puncture sites but often this is not the case.



• You may notice swelling at the site, possibly with puncture marks or a small amount of bleeding from the site.





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#### Some tips for looking out for snake activity in your back yard:

- 1. *Noisy birds* birds will often become more vocal and active if there is a snake around
- 2. *Dogs barking* many dogs will bark at snakes and some people describe this as a specific 'snake bark'
- 3. *Cats stalking* cats will often stalk ground prey through long grass etc
- 4. *Pet birds may make more noise* (due to other birds being more vocal)
- 5. *Dog behavioural changes* they may be interested in a certain place or dig at the ground to try to get to the snake

#### What to do if I think your pet has been bitten:

- 1. Don't panic and keep dog calm and away from the snake Try to remember what the snake looked like if possible but remain safe
- Please call your veterinary clinic to inform them you are on your way with a possible snake bite We can then start to prepare for a potential snake venomation
  - Wingham and Valley Vets 6557 0000
- 3. Apply a firm bandage to the area if you know where the bite has happened e.g. foot.
- 4. Take collar off if the bite has been around the head due to risk of swelling
- 5. Restrict dogs movement and activity as much as possible. Please do not feed them.
- 6. Inform reception staff immediately of your arrival with a possible snake bite case

#### What will we do if you think your pet has been bitten by a snake:

- If you can call ahead, we will be prepared to have nurses and vets ready for your arrival
- We will get your details and a brief history of what has happened, signs observed and any details of the snake
- We will examine your pet and get some 'vitals' e.g. heart rate, pupil size etc.
- We will likely run some tests to confirm snake envenomation
- This usually involves a clotting test, muscle enzyme test and blood test
  - We will normally collect some urine for testing
- We will place a catheter (cannular) into your pets leg and likely s art giving some fluids
- If we believe it is a snake bite, we will progress to giving antivenom (with your consent) under close monitoring.
- It is likely that your pet will be required to stay in the hospital for at least 24 hours for monitoring and to allow excretion of the toxins.





• Some cases of snake envenomation require more than one vial of antivenom but we will discuss this with you if this is the case.

#### What happens to your pet after they have been bitten by a snake?

The effects of snake envenomation can be variable depending on the type of snake, amount of venom injected and time since envenomation. In general, many snakes cause problems with clotting in that they stop the animal from being able to clot their blood normally. This puts them at risk of bleeding into their chest or abdomen or from the mouth / nose etc. This may also result in abnormal urine colour. In severe cases, blood transfusions may be required.

Black snakes especially cause large amounts of muscle break down. This is an incredibly painful process (imagine going REALLY hard at the gym for a few days in a row) and also releases a substance called myoglobin which has to then be excreted by the kidneys. Without appropriate fluid therapy, this can cause severe kidney damage and failure. The muscle breakdown will also cause urine discolouration.

Snakes can affect the nervous system in several ways. This may look like different sized pupils, tremors, seizure like activity, comatose state or changes to respiration.

The sooner antivenom is given, the better the chance we have of reversing all these effects and the greater chance of survival your pet will have.

### Alternative use for a basic commodity - Great

A Chinese guy goes to a Jew to buy black bras, size 38.

The Jew, known for his skills as a businessman, says that black bras are rare and that he is finding it very difficult to buy them from his suppliers. Therefore he has to charge \$50.00 for them.

The Chinese guy buys 25 pairs.

He returns a few days later and this time orders fifty.

The Jew tells him that they have become even harder to get and charges him \$60.00 each.

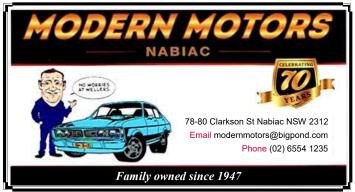
The Chinese guy returns a month later and buys the Jew's remaining stock of 50, and this time for \$75.00 each.

The Jew is somewhat puzzled by the large demand for black size 38 bras and asks the Chinese guy, "...please tell me - What do you do with all these black bras?"

The Chinese guy answers: "I cut them in half and sell them as skull caps to Jews for \$200.00 each."



40 D Muldoon Street, Taree Phone: 6591 2000 Email: michael@nswofficetechnology.com

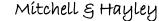




Monday 25<sup>th</sup> December,2023 and back on Tuesday 9<sup>th</sup> January, 2024

We hope you all have a Merry Christmas and a Happy New Year. Thank you for your continued support and look forward to

seeing you all when we open back up



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### CTC @ Nabiac CTC on TUESDAYS & FRIDAYS

#### GREAT NEWS!!

We have a new volunteer with good computer knowledge who will be able to help you. Stewart will be there on Fridays – 9.30 until 11.30am

Nabiac Community Technology Centre is open on Tuesday & Friday mornings from 9.30am until 12 midday in the Nabiac Neighbourhood Centre.

We are available to do copying, printing, 20c a side A4 (black & white) laminating, scanning or help with Word, Excel, PowerPoint, Publisher, emailing, searching the internet or other software problems.

Printing is available through Susie in the Op shop on Wednesdays.

Customers are welcome to bring their own laptop to use our WiFi or use our desktop computers - \$5 for the morning

We need volunteers to open other mornings. Anyone interested please contact Sheila on 6554 3032

Alan, Terry and Sheila.





Under the sea, rock moves around slowly and is recycled! It goes back under the surface of the Earth to melt and re-emerges through volcanoes. The entire seabed is renewed every 150-200 million years!!!



### KRAMBACH BISTRO & TAKEAWAY

OPEN WEDNESDAY - SUNDAY, LUNCH AND DINNER

### WEDNESDAY

RAFFLES & MEMBER'S DRAW

### FRIDAY

RAFFLES & JOKER DRAW

### LIVE MUSIC

CHECK FACEBOOK & INSTAGRAM FOR UPCOMING GIGS

FREE COURTESY BUS!

3736 THE BUCKETTS WAY, KRAMBACH

6559 1201

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### and Mechanical Services

INSTALLATION MAINTENANCE & SERVICE ABN 74 931 244 025 • Lic. No: 123069C • ARC Lic. No: L022257 ARCTick Trading Authorisation AU11166

### **Mark Tidbury**

P.O. Box 858, Forster, N.S.W. 2428 Mobile: 0427 500 329 email: greatlakesair@bigpond.com

### Good Medicine

Have you ever done or written something without giving it enough thought?... I did last month when writing about the book "The boy who came back from Heaven". More research into the book revealed that , although it was a best seller, parts of it are not true. The true part is the accident resulting in quadriplegia ... and no doubt there are others ... but the boy, Alex, now says that he didn't go to heaven, see angels or talk to God. When I read this I had feelings of disappointment and being let down, and I want to apologise to any reader who might feel this as well.

In contrast we don't need to wonder which parts of the Bible are true because all of God's Word can be trusted.

At Christmas when we think of the birth of Jesus, we can see predictions about this made centuries before. Micah 5:2 declared that out of Bethlehem would come one who will rule over Israel. God sent Jesus to be born in tiny Bethlehem 'as from the royal line of David', Luke 2:4-7.

Magi, learned men, had been watching the sky for signs and, when the star of Bethel appeared, they followed it.

A writer tells the story of his father's experiences in the armed forces during wartime. He learnt to navigate by the stars and at times his life depended on this ability. He then taught his son about the constellations and how to locate the North Star, Polaris (I only know the Southern Cross).

Finding Polaris meant that 'you could always find your way home', and the Star of Bethel was used by God to guide the Magi to baby Jesus

Astronomers 'don't know' what caused the star of Bethel to appear but the Bible says God created it to point the world to Jesus, 'the bright Morning Star', Revelation 22:16.

Jesus came to save us and guide us back to God. Follow Him and you'll always find your way home.

Wishing everyone a blessed Christmas.

quotes from Our Daily Bread

The Counsellor



### News From The Pews

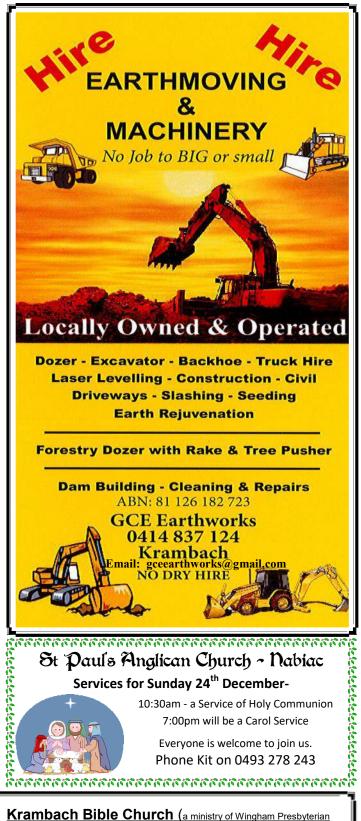
### Nabiac Village Community Church

Services are held every Sunday at 10:00am Holy Communion is celebrated with the service on the **3<sup>rd</sup>** Sunday For information regarding the Nabiac Community Church please contact **Margaret Weller** (0427 570 039),

### St Bernadette's Catholic Church, Krambach

**December** Mass times are Saturday 2<sup>nd</sup> at 6:00pm, Saturday 9<sup>th</sup> at 6:00pm Saturday 23<sup>rd</sup> at 6:00pm Saturday 24<sup>th</sup> at 7:30pm, Saturday 30<sup>th</sup> at 6:00pm

**January Mass Saturday** 6<sup>th</sup>at 6:00pm (contact Helen Legg on 6559 1211)



A Family Service is held **every** Sunday at 11am. **All** denominations are welcome to join in.

Any enquiries please phone Robert (0400 310 357).

### St Paul's Anglican Church, Nabiac

Service each Sunday at **10:30 am**. All welcome Enquiries: Contact Kit **Carson** (0493 278 243)

Every Week Day Before and after school care by *KIDS SHACK* We also provide Vacation time care. Call **Joy** on 0438 273 360.

### St Isidore's Catholic Church, Nabiac

December Mass time is Saturday 16<sup>th</sup> at 6:00pm



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