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Ben Strange

Lic 95657c

m: 0418 285 951 e: iroofandgutter@outlook.com

Editorial.

Hi all,

I was checking last year's edition of ATT and rain was preventing me from burning my pruning piles. This year, heat is preventing me burning them. Toye Australian weather!

It is also hard to think that a year has already passed since Queen Elizabeth died.

We are a few articles short: this due to holidays, house renovations and illness. Hope everyone will be back on track for November.

Bunyah Hall is holding a ball in a couple of weeks and it sounds like it could be a fun night. Just the right weather at the moment to put on some glam type clothes to get into the mood and enjoy a night of dancing and eating and friendship. All in a good cause to help the halls coffers fill up for repairs.

Krambach School is also doing an evening event with a 'twilight' car boot sale. With the hot days we have been having of late, a lovely evening spent poking about in car boots for unexpected goodies is much more appealing that doing it in 30 plus day temperatures.

The dreaded 'daylight savings' has begun. I really can't see it as beneficial to families with young kids who still have to get to bed at their normal bed time to be ready to get up on time to get to school.

I can see it would be OK for adults to continue working in the yard or entertaining of an evening, but they also still have to get to work the next day so also get to bed at non daylight savings time. .

We are in dire need of some rain. The paddocks around the area all look dead, some have a little green tinge from the meagre sprinkles we have had during the last week. My tank is on its last half rung and I have been fortunate to book a delivery on Tuesday 3rd with the new water delivery service in Nabiac. Otherwise it is a 5 to 6 weeks wait as our normal water supplier is being run of his feet trying to get everyone water deliveries.

Quick question. Does anyone in the Waterloo, Bunyah Road know of any one missing a black cat, just a tiny patch of white under the chin, thin and as I can't get near it I don't know the sex? If you do, let me know please as I don't want to keep it.

Nothing else exciting happening in the area, that I am aware of, so be careful with your fires and everyone get out side and start doing some rain dancing.

Until next month, stay safe, be happy

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WHAT'S HAPPENING IN October, 2023 Markets & Events.

•	Bulahdelah	(1st Sat)	7^{nth}	8am to 1pm
•	Blackhead Bazaar	(1st Sun)	2^{nd}	8am to 12 noon
•	John's River Country	(2nd Sat)	8^{th}	9am to 1.30pm
•	Wingham Farmers	(1st Sat)	7^{th}	8am to 12 noon
•	Myall Quays	(3rd Sat)	21 st	9am to 1pm
•	The Hub Taree Showgnd	(3rd Sat)	21 st	8am to 12 noon
•	Krambach	(3rd Sun)	15 th	8:30am to 1pm
•	NABIAC	(Last Sat)	28 th	8am to 12 noon
•	Old Bar	(Last Sun)	29^{th}	7am to 1pm
•	Pacific Palms	(Last Sun)	29 th	9am to 1pm
•	Forster Town	(2nd Sun)	8 th	8am to 2pm
•	Halliday's Point	(1st Sun)	1^{st}	8am to 11am -?
•	Town Head	(every Mor	1)	8am to 2pm
•	Mt. George	(4th Sat)	28^{rth}	8am to 2pm
•	Forster Farmers Marke	t (3rd Sat)	21 st	8am to 12 noon
•	Bobbin Community		th	9am to 2pm
•	Tuncurry Markets	(4th Sat)	28^{th}	8am to 1pm
•	Burrell Creek	(2nd Sun)	8 th	9am to 12.30pm
•	Gloucester	(2nd Sat)	14^{th}	8am to 12 noon
•	Wingham Markets—sh	owgrounds		

Check out barringtoncoast.com.au for more info & confirmation

Phone Lyn on 02 6559 1811 Email: paulreid@iprimus.com.au

Production: Lyn Reid

Contributions To: The Editor, Across The Fence,1 Barry's Road, Firefly. N.S.W. 2429 or c/- Modern Motors, Nabiac, N.S.W. 2312 - please phone WHEN you have left articles there to be collected

Contributions should be submitted - in writing - by the **25th** of the month for inclusion in the following month's edition.

ALL ART WORK IN JPG ONLY

Disclaimer: The editor has **no affiliations** to **any** advertisers and the opinions expressed by submitters are their own.

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Nabiac Landcare

The effects of the current dry are definitely showing in our local bush. The weeds and natives are all looking limp and dusty. At my place I've measured just under 100mm rain for the past five months, mostly in 'dribs and drabs' of only a few mm and I've been told by quite a few people that I'm lucky to have gotten that much.

Because plants need to be actively growing for effective chemical control we are taking the opportunity to focus on hand weeding and follow-up.

One weed that doesn't seem to be too badly affected by the dry conditions is the Madeira vine (Anredera cordifolia) growing on the river bank. Its waxy fleshy leaves, succulent stems and aerial tubers all act as water storage giving this weed the edge in dry times. We are especially keen to keep the madeira vine controlled in the riparian zone to



prevent spreading down stream by floods. We regularly check the high water mark after flooding for new infestations. It can take quite a while for stems and tubers buried in flood debris to 'wake up' and start growing. We're currently bagging and red binning all the Madeira vine we remove. Check out the

Weedwise link NSW WeedWise for more information on control.

In August our local Landcare coordinator, Joel Dunn, and other interested parties organised a community tree planting and hands on demonstration of *Brush Laying* for sediment control and drainage line hydration. The idea is to lay and secure small lines of brush on the contour in sloping areas that will catch silt and debris and slow down the movement of water. Trees can be planted behind the brush lines to take advantage of the increased moisture. If you get a chance have a look between the track and the creek at the Cowper St entrance to Lily Pilly Bend.



Come and have a chat with us at our stand at the Anniversary Nabiac Farmers Market on October 28th. We should have some free copies of the excellent Garden Escapees weed book thanks to the MidCoast Council and the local Landcare network.

Nabiac Landcare normally works each Wednesday (weather permitting) 8-9am to 11am, followed by a very yummy morning tea. Membership is only \$2.00 plus an occasional donation to the morning tea fund and new members are always welcome. Training, tools and safety gear are supplied by MidCoast Council. Give us a ring if you are interested.

Remember, even if you can't help in the bush, you can do your bit for our lovely area by removing weeds from your own backyard and removing fruit and seeds from exotic plants that the birds and wind will spread. Most of all enjoy a walk in the local bush!

If you're interested in joining us, having a look at our projects or just having a chat, give me a ring on 65543196.

Liz Rees

6554 3196

Manning Great Lakes Woodworkers Incorporating the Bridge Gallery

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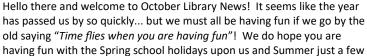
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Between the Pages Nabiac Library News



months away. There is plenty happening around our district, with the Nabiac Farmers Market and Old Bar Beach festival on the October long weekend. Nabiac pool is also scheduled to re-open this long weekend and, of course, it is once again time to change our clocks for daylight saving! There is certainly much to enjoy on our beautiful Barrington coast, including a most welcome drop of rain. More would be greatly appreciated by many.

Nabiac Library School Holiday Events

Nabiac Library held a school holiday children's craft activity on Wednesday 27th September called "Crazy Weaving". This involved using straws and yarn to create an amazing bookmark, wrist wrap or wall hanging depending on your choice. Although this workshop was fully booked, only two children and their mum turned up. However, this meant that we all had a fun, intimate time together creating our crazy weaving. Thank you to *Tilly*, *Dylan* and *Mum* for joining us and to *Lee*, from Forster Library, for her input in running the activity. Here are some photos of our morning.







Nabiac Library does have another school holiday event scheduled for Wednesday 4th October. This is because Forster Library is currently closed for its big move to the new Forster Civic Centre at 4 Lake Street, Forster, so Nabiac Library is hosting their *Paddle Puppets Activity*.

PADDLE PUPPETS @ Nabiac Library. Wednesday 4th October 10am-11:30 am

Decorate your own paddle puppet with loads of embellishments and more! Suitable for children aged 5+yrs. Book online at Midcoast Library.

Let's hope we have more participants turn up for this event. We look forward to hosting this fun activity for our school children at Nabiac Library in the Nabiac Showground.

Re-imagine Waste Library drop-in sessions

What goes in your bin matters!

Getting the right thing in the right bin is an important way we can reduce waste being sent to landfill. Where should you put your takeaway coffee cup? What about those soft plastics? Getting it right means we can maximise the amount of recycling we can do here on the MidCoast and reduce the amount of waste we send to landfill.

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To help you learn more about recycling our education team will be visiting libraries near you over the coming months. Drop in to find out more about recycling and reducing waste, pick up a bin sticker, fridge magnet and a tote bag.

You can also enter the draw to win a \$50 MidCoast gift card. Simply ask a recycling question or tell us what you are doing to reduce making waste in the first place. Help us divert 70% of waste from landfill by 2030. No bookings required.

<u>When?</u> Nabiac Library Thursday, 19th October, 2023 | 10:00 AM - 12:00 PM



Come on into Nabiac Library and learn more about how to use your waste management bins effectively and help save our landfills and our environment.

Gratitude Wall at Nabiac Library

Have you checked out our current monthly display board at Nabiac Library? The focus is on Gratitude and encourages us all to think about being grateful for things in our life and offers some reading on these aspects of life. Come on in and add your heart of gratitude to our display.

We are always grateful at Nabiac Library to have you come and visit us and enjoy our beautiful Library in its historic building at Nabiac Showground. We are open on Monday and Tuesday from 3pm to 5pm and Thursday and Saturday from 10am to 12 noon. We look forward to seeing you.



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Nabiac Memorial Neighbourhood Centre Association



A reminder to all our Nabiac Neighbourhood Centre members of our Annual General Meeting to be held at the Neighbourhood Centre on **Thursday 9th November at 7pm**.

Financial members only may vote at this meeting. If you are nominating for a position please remember that written nominations must be received by the Secretary by 7pm Thursday 2nd November as per our Constitution.

Our email address is <u>secretarynmnca@gmail.com</u> Nomination forms are available from the Secretary.

AGM Agenda -

Election of Committee (President, Vice President, Treasurer, Secretary, and Committee members). Reports from President Treasurer, Op Shop, Farmers Market, Nook, MidCoast Quilters, Nabiac Landcare, Aub Ferris Sports Complex).

Review of Constitution (section 2 Objectives of the association).

You may be wondering what we do as a Committee?

One of our most important considerations is always the care and maintenance of our buildings both the newer buildings (the shed and the preschool) and the old Hospital built in 1915. We will also continue to support the projects that the Nabiac Village Futures Group have identified as important for our community. Again, a mention of the OP Shop volunteers who are members of the Neighbourhood Centre and who turn up each week to process and sell the donations from the community. They make an important contribution to reusing and recycling. And, without their fundraising Nabiac would be not be such a pleasant and interesting place.

You can contact us on Nabiac Community on Facebook and at secretarynmnca@gnail.com phone 0409 585 635.

Louise





MINIMBAH MATTERS



Minimbah Rural Fire Brigade understands and acknowledges that

- a) some days are diamonds and some days are stones;
- b) some days are summery and the next day it's all gone;
- c) some days you require permits and others need none;
- d) some days you are quite safe to burn but the next is a horror;
- e) some days we can locate you and others it's a real challenge;
- f) some days we can help you but it's not always the case;

but no matter what kind of a day it is, there is always a reason for it, and something that can be done to lessen the impact of the situation.

FIRE PERMIT



For example, when it comes to the requirement to have a fire permit, which is during the Bush Fire Danger Period. In the Mid Coast District that starts on 1st September and is expected to go through until the end of March the following year. That means, you need fire permits now before you carry out any outdoor burning. They are free and issued by your local Fire Permit Officer (FPO). You can obtain the contact details of your local FPO by calling NSW RFS Mid Coast Fire Control Centre on 1300 643 262.

On some of those lovely summery days the Fire Danger Rating (FDR)



FIRE RISK TOMORROW IN may be at High, or even above, and it is deemed not safe to start a fire. If this is the case, then all Permits are suspended until conditions are more favourable and the FDR returns to Moderate. In exceptional circumstances (like right now at the time of writing this) there may be a Moderate rating but permits remain suspended. They are

not cancelled - just suspended - and you need to check carefully before you enact your permit. Weather conditions are a day to day

thing over which we mere mortals have no control. To those who have access to Facebook, we suggest you follow the

NSW Rural Fire Service - Mid Coast District page for accurate and up to date information. These images have been taken from that



By having a Fire Permit and notifying your neighbours and the RFS that you intend to light up within the next day or so, we, as a small but vital part of the NSW Rural Fire Service have an idea of where and





what might require our urgent attention if things take a turn for the worst. It's all a part of the prior planning. Mind you, even if we have your notification, and address, it does not necessarily mean we can easily find you. House/Property numbers are essential. As with fighting a fire, when it comes to finding the correct property, guess work simple does not cut the mustard. Please give us "a fair go" by ensuring your property has an easy to see number at the entry. Rural Areas are not well known for street lights, so don't camouflage the number. The dust from the road will do that for you. If we can't find you, we can't help you.

All Brigades do their very best to help you, but there are times when they are simply not in a position to be able to provide assistance. We are all volunteers and just like the rest of the community we have lives to lead – mouths to feed – bills to pay – jobs to go to – appointments to keep, and in our case, fires to fight. There will never be enough fire trucks to attend every house, so we plead with you to help us out by preparing your property as best you can to lessen the likelihood of it being impacted by fire, and the consequences if it does catch alight.

A perfect example of property preparation was experienced locally just a couple of weeks ago. Minimbah Brigade responded to a Triple Zero call and was quickly supported by several other Brigades, in an effort to save several buildings and surrounding well kept bush. Unfortunately, some timber buildings were lost and a small area of grass was burnt, but it could have, should have, would have been much worse, had it not been for the mighty effort the property owners had gone to over the past two years to clear the thick flammable undergrowth in the extensive area surrounding the buildings. The RFS volunteers slowed the fire from spreading and put it out, but the people who helped us so much by preparing their land, made the job manageable. We thank you for your efforts, and congratulate you on a job well done all round.

"It was great to meet some of the new Minimbah residents" at our Get Ready Open Day, and that comment was made not only by our Brigade Members, but by several of the more long-term folk who are living in our area. Thank you to all those who took time out of their busy schedules to pay us a visit and hopefully took away not just the free hand crank radio, but some very useful information and perhaps the name and phone number of your new neighbours. If you weren't able to come and see us and are still interested in getting your hands on the hand crank radio, we are informed by Council that they are available from Nabiac Library, but be quick, because there aren't all

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that many in stock. Now, if it is more information you are after, we are at our Station at 9am on the second Saturday of each month. We are at the station at all sorts of times, but that is when the "pager" goes off, so we can't guarantee when that will be. Hopefully, not too often.

October long weekend is a biggie. End of the snow season. Middle of the school holidays and the beginning of **daylight saving**. Yeah, that's right. The time it is a changin' and that is your annual reminder to **please check your smoke alarms**. Have you noticed that they haven't gone off the last few times you burnt the toast? Wonder why? Just sayin'.

During the Bush Fire Danger Period, the Mid Coast Area Fire Danger Ratings (Fire Risk)

are published on Facebook whenever they change. They come with some very handy and wise tips as well. Check them out by following

NSW Rural Fire Service - Mid Coast District



Report unattended fires to Triple Zero (000)





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Show News

s of 1st October, there are 160 days until our 2024 show. Schedules are being revised and proof-read, sponsors are receiving visits, equipment looked at and repaired/replaced and painted, ribbon orders finalised, entertainers confirmed, trade stalls confirmed and the hundred other jobs that are also going on in the background.

We have approached all of the Nabiac retailers and are holding a **BEST DRESSED** window with a focus on the Nabiac show 2024. We are very grateful to the positive response we have had to this initiative and those who do not have the area to create a display are happy to support the show with posters.

The window displays will run for the four weeks leading up to the show and will be judged by a mystery shopper. The winner will be announced at the Opening of the Show.

Along with this promotion, we have been in touch with the three local schools and they have shown interest and excitement in entering the *Scarecrow* competition. These will be displayed in the window at *Shellie's Country Wear* in Nabiac and the public will vote for the best scarecrow. The schools receive a donation each as well as the winning school receiving a special prize.

It is great to have the community support behind us and hopefully showcase Nabiac as the community orientated special place it is.

Carol Baines

Secretary

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WALLAMBA CWA REPORT

Another 12 months has come and gone and this is the last report for our current financial year as our next meeting will be the 59th Annual General Meeting of Wallamba CWA Branch which was formed in March 1964.

Our September 2023 meeting was attended by 11 members and was chaired by President *Margaret Weller* at our usual venue of the Nabiac Community Church Hall and this meeting marked CWA Awareness focusing on Rural and Regional needs of country women and various health issues.

After the opening formalities President Margaret welcomed two visitors, who live in Nabiac and are croquet friends of member *Jill Hammond* – welcome to *Joan McNamara and Fay Harle*, we hope you enjoyed your time with us.

Condolences were extended to family and friends including our member *Jean Price* who lost her brother *George Waight*; sympathy was also extended to families of *Sid Lynch* of Krambach, *Eric Schubert* and Mrs *Sheila Morgan* aged 95 yrs who was a friend of members Margaret and Jill. May they Rest in Peace.

Jill provided our thought for this month and it was as follows:-

'DREAM BIG, DARE GREATLY, ADVENTURE OFTEN, LOVE ALWAYS".

Correspondence included end of year paperwork including various forms for attendance, Country of Study, Medical Research, and Ag and Environment for 2024. It was also advised that the next Group Cooking and Friendship Day has been set for 6th February, 2024 and this will be held at Lake Cathie and hosted by Bonny Hills Branch.

Gloucester Branches will be hosting the MNC Group Conference on Tuesday 24th October and it is hoped that Wallamba will have delegates and observers attending this event.

Advance advice was also received that it will be Wallamba Branch's turn to conduct the raffle for MNC Council Day coming up at Kempsey next year.

Treasurer Jenny presented her financial statements for the Branch

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and reminded all members that 2023-2024 membership fees of \$47 are due at our October meeting.

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MNC Vice President *Vivienne Beaumont*, a member of Wingham CWA Branch, will be our official guest at the AGM and will chair the election of officer bearers, and it is hope all the positions can be filled. A number of those holding office at the moment have to step down as they have done the time allowed and in some case more that is allowed under CWA regulations.

Unfortunately our International Officer and Cultural Officer *Penny Britton* was unable to attend the September meeting and therefore we didn't have a report for these segments.

Handicraft Officer *Merle* was also away with medical appointment but sent a short report on the glasses cases that she hoped members are working on, and said she would like to hold a workshop for the ladies at her home in October all being well.

Merle is one of our members who has done her time and is required to step down from her position – we will all miss her talents and enthusiasm for handicraft but has offered to assist the new officer who takes on the role.

Member Jean spoke about making the apricot roll which is one of the recipes for next year's competition, made a double mixture which gave her 3 rolls.

Members Margaret Weller and Jill Hammond had attended Wauchope CWA Branch's 85th birthday and had a lovely time. The







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Wauchope branch had presented a large number of fruit trees to local schools as their birthday gift and CWA's 100yrs. The Wallamba ladies discussed this and thought they could do something similar for Nabiac School to mark the milestone.

Happy Birthday wishes were extended to Patron *Norma Flood* for her 85th birthday on 13th September and belated wishes also went out to member *Jean Price* for her 90th birthday on 18th August. Congratulations were also extended to Jean and husband *Kevin*

for their 71^{st} wedding anniversary on 20^{th} September and to Margaret and *Bruce* Weller for their 61^{st} on 15^{th} September. A wonderful milestone for these ladies and their husbands.

Our next meeting is set down for Tuesday 10th October and is the Branch's 59th AGM commencing at 10.00am and will be followed by the general meeting.

Pam Muxlow

 $Publicity\ Officer-Wallamba\ CWA\ Branch$





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Krambach & District Garden Lovers News



Here it is, October already. Another year nearly over.

At the end of September we visited *Shandra's* and *Michael's* lovely garden in Taree, being welcomed at the gate by *Summer*, their lovely kelpie.

Their garden consists of approximately 2 acres, has many old established trees which are underplanted with many bromeliads.

They had an amazing azalea which was taller than a door opening and twice as wide. It was glorious!

Everything was so healthy, having been watered from their dam, so different from Krambach.

There was a very healthy rose garden, a long, high fence of just finishing wisteria and many more azaleas, pentas, etc.

We welcomed *Jenny* and *Kerry* back as new members and all in all, we had a wonderful morning.

Our next visit in October will be to Beth's in Nabiac.

By the way, someone has done a rain dance because we had some rain on Wednesday night - thank goodness.

Until next time, happy gardening

Judi

6559 1375



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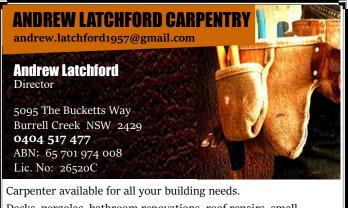
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Nabiac Village Futures Group

Our revised Strategic Plan is in its final stage now. It's taken us some time to review. You may remember way back in February some of us met at the Showground to brainstorm what important changes we would like to see in our town. As well as noting the things we'd like to see and use in Nabiac we always list our achievements as a community since the last review of our plan. This time was a little different as in 2015-16 when we reviewed the last Plan we weren't even all in the one local government area, and we hadn't experienced the drought fires, floods and COVID all in quick succession. Some of us wondered if there would even be enough achievements to report on?

As a group we are really pleased to share this list of achievements since our 2016 Plan. These are the changes that we've been involved in and some are projects that the OP Shop has funded.

- Dump point for recreational vehicles installed.
- EV charger installed.
- Road Safety improvements at Dibbs Street (stop sign) and changes to Failford intersection with M1. Sealing and drainage at Memorial Park and removal of old fence in roadway at the school. A 40 zone around the shopping area has approval but has not yet been implemented.
- Memorial Park a new fence, removal of play equipment, War Memorial signage.
- New children's play area with little kids bike track, BBQs tables and seating.
- Swimming pool installed heating and security cameras.
- Planting of new trees around the Oval.
- Town Creek removal of weeds, lining of creek bed with rocks and planting of native plants; installation of picnic tables and seating.
- Community art works planning for installation at Showground entry and Skatepark.

MICHAEL BOURKE PLUMBING

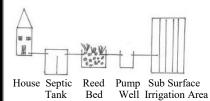
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- Aub Ferris Complex amenities block with canteen facilities, meeting room and undercover space; equipment sheds for MCC, Rugby and Soccer Clubs; and. a water station.
- Continued community interest in events and improvements is evident in the continued improvement to facilities at the community preschool, Nabiac Public School, the Showground, Hall and Kitchen. Volunteers are giving of their time at the Show, Farmers Markets, Op Shop, Fire Brigades, Library, and CTC. The monthly Farmers Markets are about to celebrate 20 years of operation. The National Motorcycle Museum's annual swap meet is a popular event and 'De Olde Donk Klub' have been setting up interesting old machinery displays in the town. Nabiac Landcare group has continued to work at Lilly Pilly Bend on weed reduction and installing seating.
- In 2017 exercise stations, a community garden and repairs to Tennis Courts were issues. Karuah & Great Lakes Landcare worked to establish the community garden at the rear of the Neighbourhood Centre. The installation of exercise stations on new pathways and works required at the tennis courts are included in our revised plan.
- The community supported the Nabiac Pedestrian Access and Mobility Plan (PAMP) which provides a series of strategies to improve facilities for walking and riding. This Plan provides for pathway linkage to a number of areas and plans for completion of the pathway circuit of Clarkson, Nabiac, Farnell and Hoskins Streets and provides pathway linkage to the Showground.

Our meetings are now held the first Wednesday each second month, at the Neighbourhood Centre.

Contact us at nabiacvillagefuturesgroup@gmail.com or Facebook at Nabiac Community.

Nineteenth century English geologist William Buckland claimed to have eaten his way through the animal kingdom, including panther and crocodile

He said the worst things he had tasted were mole and Bluebottle jellyfish.



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News from Nabiac Second Chance Op Shop

Hello to ALL.

Hope everyone is enjoying the lovely weather. What a great start to

We have had new carpet laid in the Op Shop and it looks great and refreshed.

Our \$5.00 clothing sale was very successful. We hope you were able to get in and grabbed yourself some real bargains.

We have now reverted back to the \$10.00 clothing sale which is still a good deal. 10 pieces of clothing for \$10.00. Priced items not included.

There is no other Op Shop like ours for low pricing.

VOLUNTEERS NEEDED. Ladies and Men.

If you have a spare few hours during the week from 9.00am to 12.00 Monday to Saturday and would like to help raise funds for our great community and have a fun time doing so.

If you are interested please call in to the Op Shop and leave your name and phone number with one of the ladies and Kathryn will contact you to organise a day and time to meet you or you can call me directly on 0414 836 414.

Summer stock is available for Ladies, Men and Kids.

There is a variety of crockery, crystal and much more. Come in and have a browse, there just may be that special something you have been looking for.

Shed:

There is a large variety of CD's, DVD's, pet bedding, books galore and some really lovely crockery, drinking glasses and cups, furniture and lots more.

The sale on DVD's is still available in the shed - 15 CD's and DVD's for \$5.00. Come in and go through our large collection. You are sure to find that DVD you have been wanting to watch.

Books for kids and young readers are free and all other books are \$1.00

There is an abundance of Jig Saw Puzzles. Price is \$2.00 each or 3 for

\$5.00.

A variety of plants and pots have been donated. Prices start from

Come in and have a look there might be that one plant you have been looking wanting.

Donations:

A big thank you for all the donations received during September. A reminder we cannot accept or sell electrical items or toys. Please do not leave donation at front door.

Don't forget to bring your bags.

VALE GREG PRICE, late of Krambach

Nabiac Second Chance Op Shop volunteers wish to send their deepest Condolences to Greg's family and friends on his sudden passing.

Greg was loved and will be missed immensely by all of us at the Nabiac Second Chance Op Shop for his friendship, kindness and willingness to help his fellow volunteers, customers and all those who knew him. Greg's family has made a request to all his friends and acquaintances to have a drink in his memory.

R.I.P Greg. It was a privilege knowing and working with you.



Kathryn and all the amazing volunteers from Nabiac Second Chance Op Shop.



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We will also answer any questions you might have.





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Nabiac Showground Hall 6 - 7.30pm Tuesday 21 Nov



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Nabiac Showground 8am-Midday. Last Saturday of each month, except December

Upcoming markets: September 30th. October 28th. November 25th. Save the dates!

MARKET NEWS:

The August market started quietly, then built up throughout the morning to be a good day all round. Pottery sales were better than usual, all those Fathers' Day pressies perhaps?

Megan Cooke's permaculture talk attracted a crowd of enthusiasts keen to learn more.

Although the sunny weather has been perfect for the last few market days, we are all hoping for a decent drop of rain soon.

The committee are dedicated to bringing a quality monthly market to our community and we are excited to continue welcoming new stallholders to our burgeoning market, whilst we strive to adhere to our motto,

"Hand Made, Hand Baked, Hand Grown".

STALLHOLDER FEATURE:

Valery and Alan Borg are the proud owners of Guardian-soaps for animals. Their business has a backstory which explains how the deep -seated passion for healthy skin has blossomed into a successful business, which fulfills life in retirement.



Guardian animal soaps was founded by Valery's Great Grandfather in Adelaide, and the love of natural soaps has been passed down through the generations.

Growing up, Valery suffered with psoriasis, which was resolved with soaps created by her French born Mother, who made goat's milk soaps.

The family also had a dog with sensitive skin, which was resolved with their own natural products.

Further down the track, Valery







sought out the old recipes again. Together, with her sister, they went back to their Mother's old books and blended new and old wisdom to create their own range of soaps.

Their soaps contain natural ingredients, using a base of olive oil, castor oil, sunflower oil, and coconut oils, which nourish the skin and give a shiny coat. The essential oils: lavender, pine, eucalyptus patchouli and tea tree oils repel parasites and heal the skin and leave your pet smelling wonderful.

A snippet from the website: "If your fur baby suffers with these symptoms: paw gnawing, itching, scratching, dry skin, dandruff, fleas, ticks, flies and mosquitoes, eczema, dermatitis, sores, fly-bite, or a bad rash. Guardian Animal Soap for dogs and horses, aids in the relief of dry, itchy, and flaky skin. It is a natural wash and conditioner all in one".



The Guardian soap's range also includes a soap for humans, and another created for horses.

Their Australian owned, hand-made products have a fan base which is steadily increasing throughout the Barrington Coast and beyond. Valery and Alan relish their market presence, which includes Newcastle, Lauriton, Tuncurry, Nabiac and more.

www.guardiananimalsoap.com.au. Or call 0407 230 854.

Continued →



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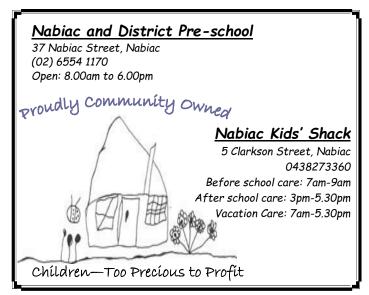
We regularly post info and updates on Instagram and Facebook. Follow us to stay in-the-know and please share our social media posts!

Thank you to everyone in our community for making our market great: Stallholders, the committee, our customers, and the shop owners in Nabiac who promote us to their patrons. We appreciate you all.

See you at the next market, Saturday 28th November. Maybe start some Christmas shopping!

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By **Laura Pennington** on behalf of the Nabiac Farmers' Market committee.



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Legacy is an iconic and uniquely Australian charity and relies on the generosity of the community for the majority of their funding. The first week of September is set aside for our major fund raising, and the first Friday of September is traditionally **Legacy Badge Day**. On this day in particular, many volunteers give their time to help us "sell our badges and bears" and spread the awareness of Legacy.

Nabiac is a terrific little town with a great community and some very community minded business people. Each year **The Old Bank Centre** is gracious enough to allow us to set-up outside their front door as part of this special day, and that makes a significant difference to our takings. You may have seen us there. Thank you very much **Nick and Sam**

Tim Wright – or 'Tim the Chemist' as most of us know him – is another one of those wonderful community minded business people. He has many "soft spots" and Legacy is one of them. Tim supports the community in various ways. There's been Freddo Frogs and biscuits to promote diabetes awareness, and there's been antibacterial, first aid supplies and general wellbeing goods given to local Fire Brigades during those terrible 2019-2020 bushfires, to name just a couple I personally have experienced.

On Legacy Badge Day this year, our "phavourite pharmacist" made a considerable donation to Legacy which had a double-edged sword effect. Those \$2 Legacy badges that Tim was handing out (not selling) to customers were part of his donation. He had purchased them to give to those who may not have been aware that it was Legacy Badge Day, to help bolster Legacy's funds and most importantly, to spread to awareness of Legacy. What a fabulous idea. Talk about thinking outside the (donation) box.

Tim Wright, on behalf of our community and of Legacy I thank you for your community spirit and your generosity.

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Cheers!! Jan Gray



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THE BLUE ZONES.

Have you seen the new series on Netflix about "The Blue Zones"? Many of you will have heard of these healthy populations. I often mention The Blue Zones in my blogs and consultations. There's a lot we can learn from the world's healthiest people...



The Blue Zones way of living...

Many people are looking for the key to a healthier life, however these 5 populations known as "The Blue Zones", struck upon the recipe for a long and healthy life, a long time ago.

Their health and longevity were so intriguing to National Geographic researcher, Dan Buettner, that he became instrumental in studying their lifestyle for over twenty years. The people in Okinawa, Japan were the first to pique his interest.

People living in these five locations experienced very low cases of chronic illness, such as: Diabetes, Alzheimer's, heart disease, thyroid disorders, cancer, and depression. They typically had robust gut microbiomes and immune function.

Buettner's book, and now the TV series, "The Blue Zones" outlines the health secrets that these people had woven into everyday life.

These are the original five locations around the globe: Okinawa (Japan), Sardinia, (Italy) Loma Linda, (California, USA) Nicoya (Costa Rica), and Ikaria (Greece).

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Each group had differing diets and lifestyles from each other, but all had some things in common, including:

- Social connectivity
- Natural, local, seasonal produce, including ferments
- Plenty of veggies & legumes
- No additives, pesticides, or environmental toxins
- Moving naturally-exercise with purpose
- Sense of purpose and belonging
- Time out for meditation, rest, or religion
- Giving back to the community



All of these groups, except the Loma Linda Group, typically consumed some amounts of local wine, meat, and fish, all in moderation.

Unfortunately, the humble, healthy ways of these inspiring people are being diluted by subsequent generations, as modern influences such as convenience food have taken hold. At least we can understand the message and make our own choices with this amazing knowledge.



Many of these Blue Zones' lifestyle tips may seem out of reach, however, it's worth checking out the main ideas and making a list of takeaways which can work for you. You'd be surprised what changes you can achieve!

Here are some tips:

- Keep a pot of herbs at the back door, to nibble on, and add to meals & teas.
- Reach out and make social connections: Call a friend you haven't seen in a while, join a book club, swap meals with the neighbour.
- Eat lots of veggies and fruit.
- Find opportunities for exercise: Take the stairs, offer to jump out and open the gate, take up pickle ball, park further from the car, join community tai chi, walk and chat with coffee instead of sitting in the cafe.





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- Laugh it off! Try not to take life so seriously. (I'm working on this one!)
- If time allows, consider volunteer work, it's super rewarding and proven to add years to your life!

In many ways, our region supports opportunities for many of the blue zone lifestyle habits, so I hope you found it useful. Laura Pennington.

Eat Well & Be Well everyone, Laura xx.





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Now Covid regulations are over we need volunteers to open other mornings. Anyone interested please contact Sheila on 6554 3032

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Alan, Terry and Sheila.



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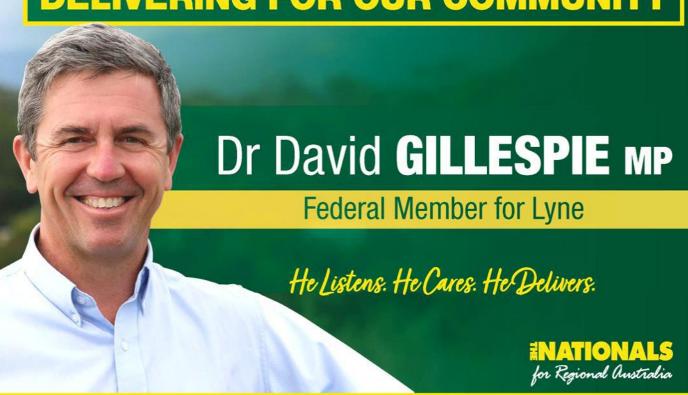


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Authorised by Dr David Gillespie MP, National Party of Australia, 44 Victoria Street, Taree NSW 2430.



REAL KULTCHA

Ah, September! It's that time of the year again when it can truthfully be said (football speaking, of course) that, The Whips Are Cracking! Then again, that statement used to mean something - when I was knee high to a grass hopper - when whips were whips, not tissue paper and whips could be used by a jockey to urge his mount on rather than restricted to a few hits occasionally!

Football – in its several variants here in Oz – is reaching it annual climax and while I was watching the idiot box last evening I was reminded of the quote by Karl Marx: *Religion* (I'd substitute *Sport*) is the opiate of the people. I'm writing this tome on Sunday, 24th September and last evening I saw Carlton supporters shattered having just watched their team get off to a blinder against Brisbane and then began jogging on the spot as *The Lions* ran them down easily. *The Blues* supporters were (to quote my mother) *rending garments, tearing hair and crying a river* over the result and you just knew, shortly, they were going to realise that not only had their team lost but they were in Brisbane – thousands of kilometres from home – and they had to get to work on Monday! *I've got to get back to Melbourne!* More tears. More flagellations.

On the other side of town, *The Broncos* were playing *The Warriors* in a rugby league pre-lim final and while many hate *The Broncos*, they stood firm and thrashed those from *The Land Of The Long White Cloud*. *The Warriors'* supporters had that same look as *The Blues'* supporters and they knew they also had to get to work on Monday, were even further from home and hoped the aeroplane was flying 'coz otherwise it's a long swim! Being there when your team wins may be a life-changing event for you, but after the match finished, I turned off the TV, brushed my teeth and 5 minutes later was in bed. If you don't partake of the opiate there's no craving.

Of course next weekend both codes have their Grand Finals and you can bet it'll all happen again. Me? I'll be watching the matches on the idiot box without a care in the world.

And just for a moment let's look over the hill to next year's ARL comp. It's been decided that Rugby League needs a bigger fan base so the boffins have decreed next year's comp will open on 2nd March with a double header at (wait for it) the 65,000 seat (wait) Allegiant Stadium (what) in Las Vegas in the Hew Hess Of Hay (you gotta be kidding me)! Nope! The Bunnies, the Chooks, the Sea Gulls and the Broncos will





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be part of *an exciting Australia Week* in Las Vegas. Hugh Jackman (who follows the *Sea Gulls*) and Russell Crowe are apparently on board and the stadium is something to behold. It cost \$3 billion to build, it's the home ground of the NFL team the *Las Vegas Raiders*, it's known locally as *The Death Star* and the field is (*would you believe*) five metres narrower than a traditional Rugby League field! Oh, and it's also four metres shorter! Time will tell if the ARL is able to have the field enlarged and whether this venture will be a success or failure. *If you never, never go – you'll never, never know.*

I could've cobbled this rant together tomorrow morning and that would've given me the opportunity to report on the match *The Wallabies* are to play in France against Wales at dawn. They're in deep do-do at the moment and must win the game or they're on the plane home. Rugby in Oz has been going through hell the last few years – if you've a mind to follow it – and the latest wrinkle/disaster (depends who you talk too) seems to centre around the coach Eddie Jones. It would be fair to say that while the boffins in Rugby Australia don't profess to worship him, I'd suggest they're at least very fond of the ground he walks on and tomorrow morning's game could well be a rude awaking for many. I'm not a gambling man but I'd venture there'll be a lot rending of garments, rivers of tears and lamentations aplenty here in Oz tomorrow.

The Galahs are in India at the moment and are continuing their pathetic efforts following their visit to South Africa. I'm tellin' ya, they couldn't win a chook raffle at the pub on Friday night even if they had the only ticket in it!! They're hopeless and I have to admit I've gone beyond the course of gelding some to try and get some focus on their play to a policy of wholesale chucking out. Get rid of them all (yep, scorer as well) and start again. What've we got to lose?

From the What Tha! file: Nick Kyrgios has finally made an indelible mark on world tennis. He has achieved his own Grand Slam notoriety. Yep, this year he withdrew from the four majors: the Australian Open, the French Open, Wimbledon and the US Open! It's not something he'll want to talk about I guess, but just for the record, I've never lost a game at any of those comps either, though I also don't want to talk about it.

Talk at you again next month, **The Hillside Critic**







At **Wingham & Valley Vets** we believe good equine dentistry is the cornerstone of equine healthcare.

Horses have 'hypsodont' dentition, meaning their teeth continue to grow throughout their life and are constantly worn down as they erupt, so the mouth is constantly changing. This is why regular

dental examinations are essential. This wearing process creates the sharp enamel points on the outside of the upper molars and the inside of the lower molars which lead to ulceration of the cheeks and tongue, causing pain, weight loss, reduced performance and behavioural problems under saddle. The sharp points can develop very quickly, especially in young horses. Common issues we see include retained baby teeth (horses shed 24 baby teeth between 2.5-5 years old), hooks interfering with the bit, infections in the gums or teeth and abnormal wear of teeth (e.g. long teeth and wave mouth). Horses, unlike cattle, only chew their food once so it is important that they are able to shred it into small enough pieces to aid digestion. Dental problems causing ineffective chewing have a cost in terms of poorly digested or wasted food.

A professional oral examination by an Equine Veterinarian will diagnose dental problems in their early stages, which minimises the risk of progression to more serious disease. All horses should receive an annual dental examination as a minimum. Young horses may require dental examinations more frequently as their mouth and dentition change markedly in the first 5 years of life and problems picked up early can be gradually corrected. Once dental disease becomes severe, it is often irreversible, and so the horse never regains its ability to chew properly. Horses over 20 have an increased risk of periodontal disease and tooth loss. Periodontal disease is found in 60% of horses over 15 years old – it is uncomfortable for your horse and in the long term it will lead to premature loss of teeth, which shortens the life of the horse. Biannual dental examinations are often required to keep the teeth of senior horses functioning correctly. You should ask your veterinarian to advise you on the recommended frequency of dental examinations for your horse. Wingham & Valley Vets recommends biannual dentals for horses ages between 1 and 7 years of age, then annually until they reach 18 years of age, when they should have biannual dentals again.





Signs of dental disease or oral pain in horses: dropping feed while eating or balling feed in the cheeks, taking longer to eat, avoidance of certain feeds or stopping eating altogether, weight loss, excess salivation, oral odour and/or fighting the bit. Horses, being prey species, have evolved to hide pain or vulnerability so often by the time many owners notice a problem, the problems inside the mouth are severe.

Only a veterinarian has the medical, anatomical and physiological knowledge to diagnose and treat dental problems. Veterinarians are the only people who can legally sedate your horse, provide adequate pain relief during potentially painful procedures (such as extraction) and treat any concurrent medical conditions that may be affecting your horse. Veterinarians are able to assess the overall health of your horse before they are sedated or medicated to ensure that the medications given are the safest and most appropriate. Sedation is essential to allow a complete oral examination. It allows all structures to be examined properly and it ensures the horse is comfortable throughout the procedure.

Once sedated, the Veterinarian can examine the chewing muscles, bones of the skull, salivary glands and lymph nodes, as well as the range of jaw movement. To access the horse's cheek teeth a dental gag must be placed and then the surfaces of each tooth and the spaces between be thoroughly examined and then treated as necessary. The nostrils are also checked for discharge and the forehead may be tapped to check for fluid in the sinuses. The inside of the mouth can then be examined visually with a powerful light & by feeling for any abnormalities. All findings are recorded on a dental chart and if further diagnostic tests are required such as x-rays, then your veterinarian can also perform these. A veterinarian also understands the importance of biosecurity and is trained in how to prevent the spread of infectious diseases between horses and properties.

Once the oral exam has been performed the Vet uses power tools to efficiently and precisely reduce any overgrown or sharp teeth and perform any additional treatments. Sedation is essential when using power tools within a horse's mouth for not only the safety of horse and vet, but to be able to perform the task to a high standard. These tools are both efficient and precise when used under sedation with a Veterinarian's experience. When used improperly by laypeople without sufficient training, power tools can have catastrophic consequences and cause severe injury to the teeth. We have seen severe injuries to the cheeks and tongue and also exposure of the pulp cavity of the tooth leading to the death of the affected teeth. When it is done right, equine dentistry can have a major positive impact on the health of your horse.



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Managing Your Dams for Healthy Farms, Frogs and Feathery Fauna

Sat, 7 Oct 2023 9:00 AM - 1:00 PM, Willina

Come with us as we visit a NSW Biodiversity Conservation Trust property in Willina to look at farm dam health and how you can manage it to encourage a healthy population of frogs, waterbirds and other native flora and fauna.

We will be joined by Dr Jodi Rowley from the Australian Museum and ecologist Matt Herring of Murray Wildlife as they talk about:

- the productivity benefits that come with a healthy, biodiverse farm dam
- how to manage your farm dam for biodiversity
- the flora and fauna your healthy dam might attract

Bring sturdy walking shoes and a hat. We will provide lunch and water. You are also encouraged to send through photos of your own farm dam before the event (or bring them on the day) so that we can offer suggestions and discuss your dam management.

Please let us know if you have any dietary requirements.

Please RSVP using this link

Ioël Dunn

Local Landcare Coordinator Karuah & Great Lakes Landcare m 0401 932 533

w https://www.midcoast2tops.org.au/karuah-great-lakes

*this sounds rather interesting and worth attending Ed

The new state-of-the-art Civic Centre at 4 Lake Street, Forster is set to be unveiled and opened to the public on October 9th.

The Forster Civic Centre will be home to three community services including a new library, Visitor Centre and Customer Service Point to support the Forster-Tuncurry area.

The new Forster Library will be twice the size of the old Breese Parade site and will operate Monday to Saturday. The new Civic Centre also has several conference and function rooms that can cater for up to 200 people for community and corporate hire.

To accommodate the move into the new building the existing library will close its doors on Saturday 16th September for three weeks before reopening in the new space.

The Forster Customer Service Point will close for one day on 6 October and the Visitor Centre will operate as normal to support the busy school holiday tourist period.



This Month's AWWWH Moment

A nice, calm and respectable lady went into the pharmacy, walked right up to the pharmacist. looked straight into his eyes and said."I would like to buy some cyanide."

The pharmacist asked "Why in the world do you need cyanide?"

The lady replied, "I need it to poison my husband"

The pharmacist's eyes got big and he exclaimed, "Lord have mercy! I can't give you cyanide to kill your husband! That's against the law! I'll lose my licence! They'll throw both of us in gaol! All kinds of things will happen. Absolutely not! You CANNOT have any

The lady reached into her purse and pulled out a picture of her husband in bed with the pharmacist's wife. The pharmacist looked at the picture and replied,

"Well now, that is different. You didn't tell me you had a prescription "

Council & Government Snippets

FORSTER'S NEW OFFSHORE ARTIFICIAL REEF **MAKES A SPLASH**

Forster welcomed the launch of its brand-new Offshore Artificial Reef (OAR) this week.

This initiative has been years in the making, with the groundwork laid by Member for Myall Lakes, Tanya Thompson's predecessor, Stephen Bromhead. "Stephens vision for enhancing recreational fishing opportunities in the Forster region have come to fruition with the official launch of Forster's Offshore Artificial Reef," said Mrs Thompson.

The Forster Offshore Artificial Reef, situated approximately 4 km east -north-east of Wallis Lake entrance at a depth of 33 meters, is set to become a focal point for local and visiting anglers. This purpose-built structure, designed and constructed by Australian-based company SMC Marine, will undoubtedly elevate Forster's appeal for fishing enthusiasts, both local and tourists alike.

The innovative design of the reef, featuring two steel towers placed 30m apart each weighing around 50 tonnes, standing 13 meters high, and 16 x 16 meters wide, promises to create the perfect marine environment, attracting a variety of fish species in a relatively short time, including Kingfish, Mulloway, and Snapper. These artificial reefs also play a crucial role in deflecting currents and creating eddies and upwellings, providing intricate habitats for marine life.

MidCoast Koala Festival

Come along to the Koala Festival at Tinonee Sports Field on Saturday 7th October - 9am - 1pm, and enjoy a barbecue lunch, activities for kids and a range of stalls.

Landholders and families will have fun and learn how to help our local koala populations.

"You'll find out how to report koala sightings and identify koala feed trees," said MidCoast Council Manager Natural Systems, Gerard Tuckerman. "If you have land, you can learn how to make your property a koala safe space."

There will also be opportunities to learn about weeds that impact koalas, water and heat stress, cultural burning, sustainable farming, koala vehicle strike, the importance of water and refuge areas, responsible dog ownership, and koala population monitoring and surveys.

Booking is not required, simply turn up on the day. Find out more about Koala Safe Spaces here https:// haveyoursay.midcoast.nsw.gov.au/koala-safe-spaces-program

Work starting on the Bucketts Way, Belbora

Motorists are urged to take extra care when travelling along the Bucketts Way, Belbora.

Crews will be undertaking intersection and road widening upgrades at Days Road from 25 September. Work is expected to take 16 weeks, weather depending.

Expansion underway at Nabiac borefield and water treatment plant

An expansion of the Nabiac bore field and water treatment plant is underway to increase the region's drought security.

Five new bores are being added to the bore field and the capacity of the plant is being upgraded to increase the volume of water it can provide.

"Around 80 per cent of our customers are supplied by Bootawa Dam, which stores water pumped from the Manning River," said Mr Scott.

"As we saw during the 2019-2020 drought, having a secondary source of water from the Nabiac aquifer can be crucial during those prolonged dry periods when flows in the river get low.

The upgrade to the water treatment plant is also underway. Key components of the plant are being duplicated to increase its treatment capacity and ensure it can continue to operate if something breaks down or requires maintenance at a critical time.

The Nabiac bore field expansion has been made possible thanks to \$1.47 million of funding from the Australian Government.

The project is expected to be completed by the end of 2024.

To find out more, visit https://haveyoursay.midcoast.nsw.gov.au/ major-water-projects/nabiac-water-treatment-plant-upgrade



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A Galapagos tortoise called Harriet (said to have been collected by Charles Darwin in 1835) lived at a zoo in Brisbane, Australia, until she died in 2006, making her 170 years old

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Lyn's Larder

FRENCH ONION SOUP MEATBALLS

(Website)

INGREDIENTS

500g Beef Mince (or Pork & Beef)
½ Onion, finely chopped
½ cup Dried Breadcrumbs

40g Packet French Onion Soup Mix

1 Egg, lightly beaten 2 tbsp Worcestershire Sauce

Salt & Pepper to season (taste first before adding salt as the soup packets can be salty)

Plain Flour for dusting Tomato Sauce to serve with

METHOD

 In a large bowl, combine mince, onion, breadcrumbs, soup mix, egg and Worcestershire sauce. Mix well and season to taste

 Line an oven tray with baking paper. Roll level tablespoons of mixture into balls. Dust with flour to coat. Arrange on the tray and chill for 10 minutes

 Heat a large frying pan on medium. Brush with oil. Cook meatballs 8 - 10 minutes, turning on all sides until cooked through

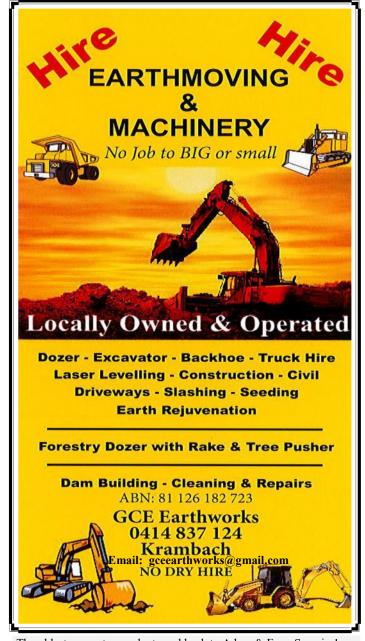
Serve hot or cold with tomato sauce, if liked.

These can be frozen before cooking as long as the meat wasn't frozen before using.

Quick meal. Buy a bottle of Bolognaise sauce mix, and toss in the COOKED meat ball to reheat, and serve with your favourite spaghetti or mashed spuds and vegies.

My girlfriend swears by the mix but she shallow fries them in oil.

Check the web page for variations of using the soup mix in mince



The oldest computer can be traced back to Adam & Eve. Surprise! It was an Apple. But with extremely limited memory. Just 1 byte.

Then everything crashed

News From The Pews

Nabiac Village Community Church

Services are held every Sunday at 10:00am
Holy Communion is celebrated with the service on the 3rd Sunday
For information regarding the Nabiac Community Church please
contact Margaret Weller (0427 570 039),

St Bernadette's Catholic Church, Krambach

September Mass times are Saturday 7th at 6:00pm, Saturday 21st at 6:00pm Saturday 28th at 6:00pm

6:00pm Saturday 28th at 6:00pm November Mass Saturday 4that 6:00pm (contact Helen Legg on 6559 1211)

Krambach Bible Church (a ministry of Wingham Presbyterian

A Family Service is held **every** Sunday at 11am. **All** denominations are welcome to join in. Any enquiries please phone **Robert** (0400 310 357).

St Paul's Anglican Church, Nabiac

Service each Sunday at **10:30 am**. All welcome Enquiries: Contact Kit Carson (0493 278 243)

Every Week Day Before and after school care by *KIDS SHACK* We also provide Vacation time care. Call **Joy** on 0438 273 360.

St Isidore's Catholic Church, Nabiac

September Mass time is Saturday 14^{th} at 6:00pm ** Note: Mass has changed from the 4^{th} weekend to the 3^{rd} .**



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MidCoast Koalas in Care	6552 2183
WIRES (Wildlife Rescue)	1300 094 737
RSPCA (Taree)	6552 7177
Post Office - Dyers Crossing	5565 1222
Post Office - Krambach (closed 1pm to 2pm)	6559 1240
Post Office - Nabiac	6554 1211
Fire Permits	1300 643 262

Need to advertise something for sale or wanted to buy or a freebie?

> An announcement of a birth, birthday, passing? Some personal message?

Do it on the back page to get full attention ·*************

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Please contact Hamish on 0414 914 598.



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Hi everyone,

"The fabric of life is woven from everyday moments"

"Belinda, Barb & Jess 🧡

Remember if you want to know what is happening in Nabiac, just look it up on the web - nabiac.com If you want to advertise an event, visit the web site and click **SUBMIT**

Do you need a *Justice of the Peace?*

Then contact Stuart Weller on 6554 1904 (Nabiac)

Gordon Foy, 2949 Bucketts Way, Belbora on 0417 290 874 Lance Fletcher, Blackbutt Drive, Failford on: 0409 850 671 Karen Tyler, The Bucketts Way, Kundibakh on 0425 226 699 Kate McIntosh, on 6554 1144 or 0434 589 048 (Minimbah) Vicki Turner, on 0422 115 454 (Nabiac & Minimbah)

Amanda Chapman, on 0437 067 117, 3392 Wallanbah Road Dyers Crossing Jane Hallock, on 6554 1107, 82 Clarkson Street, Nabiac. 9am-3pm weekdays.

Wanted: Euchre Players

We play every Thursday night in the old Catholic School Centre. We start at 7:00pm and generally finish about 9:30pm



We then have a cuppa and a chat, all for \$5.00.

Doesn't matter if you are only a beginner, you would be most welcome

To find out more please ring

Helen on 6559 1211 or 0429 778 011

