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## Editorial.

Hi all,

A beautiful day as I type this (Monday) and I hope that it is the same for Mothers Day so that all the mums in the area can enjoy a lovely day being outside with family and maybe having a lovely lunch somewhere.

**Don't forget to vote on 21st.** Doesn't seem that long ago that we were all at the polling booths doing the same thing. Remember you get FINED if you miss doing it. For people in my area, remember we can no longer go to Dyers Crossing, it is either Krambach or Nabiac for us all now.

Most of the show results are in the middle pages. Some sections I was not given and some of the winners in the Hall are missing. Can only print what I have. Congratulations to everyone who was a winner, there were some great entries. We have a lot of talented people living in the area. I have also included some great shots of the entries compliments of **Ross Dearing**, who took them and shared with us.

The weather is slowly showing us winter is creeping in with some mornings down to 13° but the days, on occasion, zoom up to 34°. Small wonder my sinus is playing up and people are getting the snuffles, but not COVID snuffles. We have become a bit paranoid these days when we get cold symptoms and worry if we have joined the throng of COVID sufferers. I think we will all end up catching a dose at some time and the disease is here to stay and for us to have to live with.

A couple of new ads. Who would have thought we would have someone selling coffee beans from home. Plus all things extra for those coffee addicts to add to their morning cuppa. See page 5 for details.

There is also a lady who will walk your beloved mutt for you if you don't have time or maybe health to walk them yourselves. I have seen Ash and her charges walking though the showgrounds on my visits to the library and they all seem to be enjoying themselves immensely. Great way for them to socialise and burn off all that energy that they need to get rid of instead of barking or digging holes in your yard with boredom.

From the reports included, ANZAC Day was well attended, with what appears to have been record numbers attending Nabiac's Dawn Service and March.

Don't want to even contemplate we could ever be involved in another big war, but bit concerned with Russia at the moment doing what Germany did starting both the BIG wars. Fingers crossed and prayers said it will be stopped SOON

'til next month  
Lyn, & Timidthy (Tilley Cat in spirit)



## WHAT'S HAPPENING IN MAY, 2022

### Markets & Events.

• Bulahdelah	(1st Sat)	7 <sup>th</sup>	8am to 1pm
• Blackhead Bazaar	(1st Sun)	1 <sup>st</sup>	8am to 12 noon
• John's River Country	(2nd Sat)	14 <sup>th</sup>	9am to 1.30pm
• Wingham Community	(2nd Sat)	14 <sup>th</sup>	
• Myall Quays	(3rd Sat)	21 <sup>st</sup>	9am to 1pm
• The Hub Taree Showgnd	(3rd Sat)	21 <sup>st</sup>	8am to 12 noon
• <b>Krambach</b>	(3rd Sun)	15 <sup>th</sup>	
• <b>NABIAC</b>	(Last Sat)	28 <sup>th</sup>	8am to 12 noon
• Old Bar	(Last Sun)	29 <sup>th</sup>	7am to 1pm
• Pacific Palms	(Last Sun)	29 <sup>th</sup>	9am to 1pm
• Forster Town	(2nd Sun)	8 <sup>th</sup>	8am to 2pm
• Halliday's Point	(1st Sun)	1 <sup>st</sup>	8am to 11am -?
• Town Head	(every Mon)		8am to 2pm
• Mt. George	(4th Sat)	28 <sup>th</sup>	8am to 2pm
• Forster Farmers Market	(3rd Sat)	21 <sup>st</sup>	8am to 12 noon
• Bobbin Community		— <sup>th</sup>	9am to 2pm
• Tuncurry Markets	(4th Sat)	28 <sup>th</sup>	8am to 1pm
• Burrell Creek	(2nd Sun)	8 <sup>th</sup>	9am to 12.30pm
• Great Lakes Palliative Care	(3rd Sat)	21 <sup>st</sup>	???
• Taree Rotary Book Fair	(3rd Sat)	21 <sup>st</sup>	7.30am to 12.30pm ???

Check out [barringtoncoast.com.au](http://barringtoncoast.com.au) for more info & confirmation

Phone Lyn on 02 6559 1811 Email: [paulreid@iprimus.com.au](mailto:paulreid@iprimus.com.au)

Production: Lyn Reid

Contributions To: The Editor, *Across The Fence*, 1 Barry's Road, Firefly, N.S.W. 2429 or c/- Modern Motors, Nabiac, N.S.W. 2312 - **please phone WHEN you have left articles there to be collected**

Contributions should be submitted - in writing - by the 25th of the month for inclusion in the following month's edition.

### ALL ART WORK IN JPG ONLY

Disclaimer: The editor has **no affiliations** to any advertisers and the opinions expressed by submitters are their own.

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### ANZAC DAY AT NABIAC, 2022

After all the rain we've had over the last month or so it was very pleasing to arrive at the Memorial Park in the gloom but be aware the sky above was showing stars. Was a bit disappointed to note that several early arrivals had parked their rather large 4X4 vehicles parallel to the curb so taking up two or three parking spaces each denying many others a closer park. Some mothers do have 'em!

The Nabiac School children – under the direction of Mrs *McKinnon* – again acquitted themselves well and the service moved smoothly from start to finish. Several people were asked how many folk they thought were present and the general consensus seemed to be the biggest gathering ever for a Dawn Service. Some thought 150+ while some thought at least 200!

Mr *Weller* again gave an interesting address telling us of the World War One service of Private *George Allen* from here in Nabiac. I checked and he's named near the top of the first panel. He'd enlisted in late 1916, was in England in early 1917 and later that year was in France. He wasn't long at the front though as he suffered a bout of appendicitis in late 1917. He finally had an operation but was returned to Australia in mid 1918.

The DONK Club members arranged and prepared the BBQ breakfast and coffee and we really are grateful for those business houses in Nabiac who provided the makings: Glen at The Nabiac Butchery; Sonny at FoodWorks; and Jo-Ann at The Old Bank Centre.

The weather held off for the morning ANZAC Day service and the march down from the school was under the direction *Tim Wright* with a large contingent of school children leading the parade. *Rev Quinn* conducted the service and MidCoast Council member, Councillor *Bell*, gave an interesting address.

All in all it was a great day and Nabiac should be quite proud of their turnout at both services. And just to add the icing, though rain threatened but didn't fall until mid afternoon.



### Nabiac Village Futures Group News



Thank you to residents who attended the Community Conversation at the Showground Hall on Thursday 28<sup>th</sup> April. Also thank you to Council staff, Mayor *Claire Pontin*, Deputy Mayor *Alan Tickle* and Councillor *Jeremy Miller* for their participation.

Residents were able to lodge questions online or ask within the meeting. This was an opportunity to hear about roads, rates, sub-division, waste recycling, etc and to discuss local issues such as Showground Hall renovations, progress of the Plan of Management for the Showground, need to improve drainage at sporting and recreational facilities, and concerns about traffic and pedestrian safety around the School, shops and Showground.

There is also a survey to complete – please make sure you return yours in the envelope provided.

You can also have your say <https://haveyoursay.midcoast.nsw.gov.au/>

Or subscribe to Council's News Wrap, a weekly emailed newsletter.

Skatepark, photo taken 2015. There are ongoing issues with

drainage in this area. The community fund raised many years for this facility and now our community preschool plans to spend considerable funds on murals in this area. Hopefully they won't give up due to drainage issues.

**Come to the Council meeting in June to talk about drainage in public spaces at Nabiac.**



**Louise Collins**, Secretary NVFG

[nabiacvillagefuturesgroup@gmail.com](mailto:nabiacvillagefuturesgroup@gmail.com)

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## Between the Pages

### Nabiac Library News



May is upon us already. We wish all our lovely Mums, Nans and women a very **Happy Mothers' Day!!** There are lots of books, DVDs, magazines from which to make the best meals, treats and gifts for Mum's special day! Come and borrow from our wonderful library and make this a never to be forgotten Mothers' Day!!

This month's theme is "Everything must be taken into account; if the fact will not fit the theory; let the theory go" (Quote from Agatha Christie's "The Mysterious Affair at Styles"). Nabiac Library has lots of great mystery reads or if you prefer to watch whodunnits, we have lots to choose from and enjoy.

Have you noticed our **latest initiative on the shelves?** Not only can members recommend a great read with a bookmark from the front desk. Now, **members and staff can recommend any book they've enjoyed by writing a short blurb**

**including title and author then giving it to a helpful volunteer.** Our lovely Yasmine will do her magic for it to appear on our shelves and inspire each other to broaden our reading genres.

**Zoom event: About A Book - May, 2022**

**Next date:** Tuesday, 3<sup>rd</sup> May, 2022 | 07:00 PM to 08:00 PM

Join us for a monthly online event as we share, discuss and review books recommended by our presenters and you, the audience.

**Hosted by:** author of 'The One and All We Have Is Now', Kaneana May, and MidCoast Libraries Manager, Chris Jones.

**With Special Guests:** Cassie Hamer, author of 'The Truth About Faking It', 'After the Party' and 'The End of Cuthbert Close' and Rae Cairns, author of 'The Good Mother'.

**Cost:-** Free

For Bookings Contact MidCoast Libraries [6592 5290](tel:65925290) or

[library.events@midcoast.nsw.gov.au](mailto:library.events@midcoast.nsw.gov.au)

Or register directly on the MidCoast Libraries website in the "events" section: <https://library.midcoast.nsw.gov.au/Events>



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Calling all Seniors who would like to be Tech Savvy with their Smartphones.

**Forster is the latest venue for this free workshop,** bookings are essential.

**When:-** Monday, 9<sup>th</sup> May, 2022

**Session One :-** 10AM – 12.30PM

**Session Two:-** 01:00 PM - 03:00 PM

**Where:-** Forster Library, 4-12 Breeze Parade. Contact MidCoast Libraries [7955 7001](tel:79557001) or [library.events@midcoast.nsw.gov.au](mailto:library.events@midcoast.nsw.gov.au). Register directly <https://library.midcoast.nsw.gov.au/Events>.

See MidCoast Libraries website for more Tech Savvy workshops and details. Hallidays Point Library has workshops 30<sup>th</sup> May, 2022 about Android phones, Tablets & PCs or Easy Steps with iPads, iPhones, and iMacs. Have a look and book your spot.

Lots of happy smiles from children attending our **Nabiac Library School Holiday Dreamcatcher Workshop 13<sup>th</sup> April 2022.** Each child made a beautiful dreamcatcher with wool, beads and feathers. Wonderful work, very clever kids!! I'm sure they had fun too!!



Until next month come visit Nabiac Library, our friendly and helpful volunteers look forward to seeing you soon. Happy reading!!

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### **Nabiac Memorial Neighbourhood Centre Association**



Nabiac Farmers Market have decided that as a small group of volunteers they will continue as members of the Neighbourhood Centre (which is an incorporated association receiving recognition as a legal entity, separate from its members).

Incorporation offers some protection for office holders from any debts or liabilities incurred by the group, as long as the Association doesn't make a profit for its members.

The Neighbourhood Centre is the "legal home" for the Farmers Market, Nabiac Landcare, CTC, Nook, Mid Coast Community Quilters, Nabiac Village Futures Group, and Second Chance Opportunity Shop. All volunteers of these groups are members of the Neighbourhood Centre, and all provide or give something to the community, and all distribute their funds raised back into our community.

#### **Round up of news :**

**Shade sail over the children's play equipment** will be installed this winter. Hopefully the weather won't hold things up too much.

**Defibrillator training** is being organised (see Kathryn at the Op Shop)

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**History of the old Hospital** – we've applied for grant funding to display an information sign.



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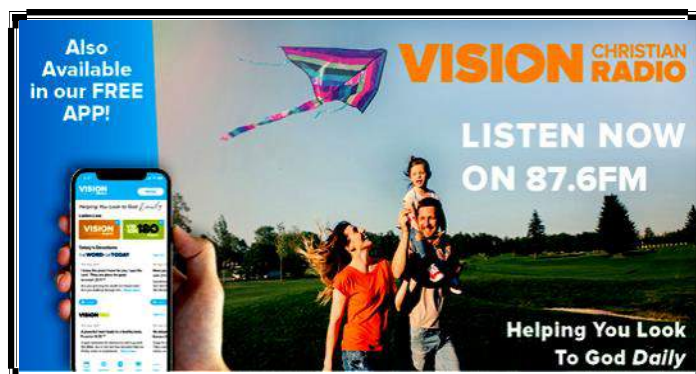
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## NEWS FROM BUNYAH

In April, our Bunyah Hall was the venue for the Wedding of local lady **Victoria Pilmore** to **Curtis McAlpin** of Singleton.

Victoria relates her & Curtis's special Day....."On 2<sup>nd</sup> April, 2022 our local beloved Bunyah Hall hosted my and my now husband's Wedding. We had near 85 guests, most of whom camped for days prior and after the big day, at my parents', **Peter & Linda Pilmore**, property located several kilometres from the Hall. The guests came from all over including areas such as Singleton, Hunter Valley, Gloucester and as far as Walgett and Narooma.

In the days leading up to the Wedding, we were setting up in inches of mud, non-stop rain and just pure slosh and yes, it was a paddock ceremony!! We sourced our flowers & foliage from local Bunyah Wildflower producer **Brian Parry** and decorated our tables and the stage which all looked wonderful and so appropriate for a country wedding. The Bridesmaids were invited to the cool room to select and put together all the bouquets. We used an assortment of Brian's eucalyptus and wattle foliage's alongside his stunning banksias, grevilleas and flannel flowers; they were beautiful, BUT the perfume was even better!

We were lucky enough to have our generous Bunyah Tennis Ladies spend the early morning making sand-wiches for our guests to have for a light lunch before the ceremony in the paddock and to dive into when they arrived at Bunyah Hall.

Alongside our local support, we used an amazing team, 'Wild Feast Grazing Co.', organised by Heidi; they made us a sumptuous 'grazing table' for our guests to snack on before Dinner.

We also used 'Photography by Amye' who enjoyed our wedding day just as much as we did; since moving out of Sydney and taking her business more rural, we found out that we were her first wedding in her newly targeted locations.

Lastly, to charter all our guests, we hired Gloucester Newcombe Coaches to bulk drive our guests to and from our property to the Hall. This gave everyone no excuses, but to let loose and enjoy the festivities!

Despite the days/weeks of rain and then a sudden wind, we spent our wedding day with beautiful sunny weather; some even got sunburnt!

Bunyah Hall was the absolute perfect location for our Reception; the sun beamed through on the timber floors as speeches were being made, the tall ceilings magically complemented the fairy lights we had put up and we utilised the tennis court for Tug-of-War. We were approved to have Pit Fires which was great (only because we are in the Fire Brigade).

Growing up in Bunyah for the past 21 years, I have attended plenty of Christmas parties, New Year's Eve parties, Morning Teas, Local Land Service training days and cups of coffee while the ladies played tennis on their routine Wednesdays at the Bunyah Hall.

We are so very grateful for having held our wedding in a small rural area in which I grew up in and at a beautiful hall that's soaked up all the memories since it was first built in 1926!"

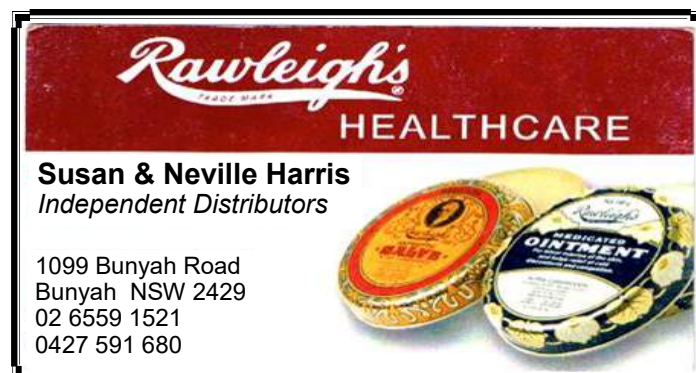
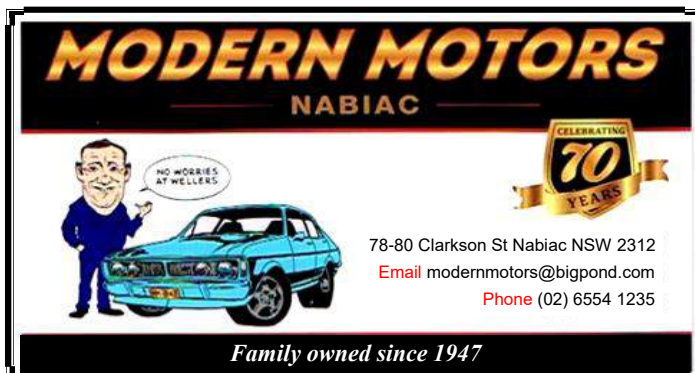
Thank you, Victoria and we all wish you & Curtis all the very best in your lives ahead!

The **Garden Crew** did a great job getting the grass mown, shrubbery trimmed and general clean up for both the Wedding and also for ANZAC Day; thank you all.

Our **Anzac Day Service 2022** attracted an increased number attending this year with new and other long term residents joining us. **Dennis Simpson** gave a heartfelt Introduction speaking about two very old mates with whom he had worked back in the 1960s and he told how differently they each had coped having to be involved in war and later when they returned to civilian life; it was a special insight and thought provoking.

**Maureen Ralph** included a lovely Prayer for Ukraine which she delivered with special feeling.

Each year **Don Ralph** looks after the music and service protocol, but the present equipment wasn't working, so he called on **Bob Thatcher** who came to the rescue with a good amplifier and after Bob did some tinkering; all worked well on the day, thanks Bob!



## MICHAEL BOURKE PLUMBING

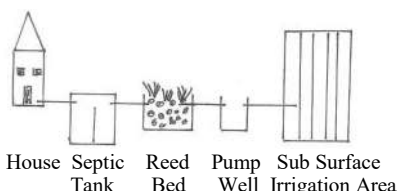
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We have had a good view of the **Parade of Planets** Jupiter, Venus, Mars & Saturn in the Eastern early dawn sky and now the Moon has also joined in. The joy of living in a rural area does have great benefits for star gazing.

The **Bunyah Hall Committee, together with the Bunyah Rural Fire Service**, are organising a 'Meet & Mingle' morning at the Hall grounds on **Sunday 12<sup>th</sup> June**, of the Queen's Birthday long weekend. Leaflets will be delivered as a Letterbox Drop in June, so keep a look-out for it. Another reminder will appear in the June issue of Across the Fence.

The next **Quarterly Meeting of the Bunyah Hall Committee** will take place at the Hall on **Wednesday 18<sup>th</sup> May, 2022 at 12 noon**. We welcome guests to come along and take part in discussions and put up ideas, however, you may not vote on issues until you are a member of the Committee. If this time of day does not suit many people, we are flexible and can change to suit the majority.

*Neryl Simpson*

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### NEWS FROM NABIAC PUBLIC SCHOOL



#### DAWN SERVICE

The leaders ran the Dawn Service on ANZAC morning at Nabiac Memorial Park. They all did such an amazing job. Thank you so much to the parents for getting the leaders there on time and ready to go. Every year I am blown away by what a wonderful job they do with not a lot of time to practice. A very special thank you to Mr *Stuart Weller* for his address. We would also like to thank the DONK club for organising the sausage sizzle and supplying the hot drinks, and to the Old Bank Centre, FoodWorks and Nabiac Butchers for all their generous donations towards the sausage sizzle.

Term 2 is already shaping up to be a bit of a catch up for us after all the rain last term. Cross Country will be held Week 1. Very early in the Term we will also hold our *Meet the Teacher* evening that was postponed a few times last term due to dreadful weather.

Week 2 will be our very important *Mother's Day Breakfast* and Assembly to celebrate all our wonderful mothers. May will also see the students in Years 3 and 5 sit their NAPLAN and our athletics carnival will be held

**Leonie McKinnon**

School Admin Manager (Rel)

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### MINIMBAH MATTERS

**Minimbah Rural Fire Brigade**, would like to congratulate the Nabiac Primary School students, teachers and the entire school community for their effort and presentations on Anzac Day. As always, it was extremely well done. Thank you.



#### Making Hay While The Sun Shines

**Now** that Covid is dwindling, and Nabiac Show's been and gone Easter Bunny has made a visit, and we **made hay while the sun shone**.

**Now** daylight saving has ended and gave us that "extra hour" to spare

We've paid tribute to fallen Diggers and all have stories to share.

**Now** that we've been jabbed in left and right arms with doses of all kinds

**So** we can visit who and where we want to, and leave our masks behind.

**Now** that travel is an option, and the roads are busy and some badly bent Be careful when you are driving - we don't want to meet you by accident.

**Now** the full moon is slowly waning and with the Planets all aligned

It's time to consider the season and those clean up jobs we find.

**Now** that the evenings are getting chilly and before the heater and fire are lit

We'd best check the state of the chimney **now** - yes get "a-round-to-it".

**Now** that we can do all our burning and a Permit is no longer needed

There are still those terms and conditions that really must be heeded.

**Now** it may be hard to get them going and even harder to believe

But even with soggy surroundings, fires can escape us and go on to deceive.

**Now** for this very reason, a good 24 hours before we light up - it's no joke,

We really must tell the neighbours so they won't panic when they see our smoke.

**Now** as trivial as some may think it, the Firies also need to know

Please advise us on [www.rfs.nsw.gov.au/notify](http://www.rfs.nsw.gov.au/notify) so we are in with a show.

**Now** if you aren't switched on with technology, the other thing you can do

Is call **Mid Coast Fire Control Centre on 1300 643 262**

**Now** that the days are cooler and shorter and we collect the cones from the pine

We should get rid of combustible items and **make hay IF the sun doth shine**.

**Now** that you have been alerted, we really don't want to say "warned"

Enjoy the change of the season - stay safe and stay warm.

**We live with bush fires,**

**so**

**Live Bush Fire Ready.**

### QUILTING NEWS

It was wonderful to be back at the Wallamba District show. I felt quite at home. I think I first demonstrated patchwork in 1997!



I'd like to thank the Show Committee for their kind invitation (not to mention the lovely lunch).

The Mid Coast Community quilters achieved a bit that day. We welcome *Angela* to our group and we also received donations of fabric and Doona covers (they are great for quilt backings)

IN the month or so since the show we have distributed lots and lots of quilts.

12 quilts to the Palliative care ward of the Taree Hospital

20 quilts to Carries Place, a women's refuge in Maitland

30 quilts, including 10 from the Gloucester Patchworkers, went on a Truck with stockfeed to Coraki and Woodburn

50 plus quilts and 2 bags of Trauma teddies are on their way to Lismore as I write this

30 quilts to a women's refuge in Sydney

So our shelves of completed quilts are severely depleted, but our members are keen and full of ideas of future quilts we want to make.

We also have some donated quilt tops which await quilting.

If our completed quilts are low, our fabric cupboards aren't!!

We have received many extremely generous donations of beautiful quilting fabrics, there were lots of "oos" and "ahs" as we sorted and folded them.

We meet at 15 Nabiac Street on Mondays and Wednesdays and we really need more sewers (the kind that sew fabric.)

Give us a call -6554 1201- or call in and see us in operation.

Jenny Fletcher.

"Everyone has a friend during each stage of life....."

But only lucky ones have the same friend in all stages of their life."

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9am to 12noon  
(Closed 1st Wednesday of every month)  
Saturday 9am to 12 noon  
37 Nabiac St, Nabiac



## News from Nabiac Second Chance Op Shop

Closed Wednesday 4th May

Hello to ALL,

**W**ishing all the Mothers a Happy Mothers Day. Hope you all have a wonderful day with your families.

We have a put together some lovely gifts for Mothers Day starting from \$1.00.

We are starting to get back to where we were before Covid; donations and sales are getting back to normal.

### DONATIONS:

Thank you all for the donations that have been received. Without your donations we wouldn't have our lovely Op Shop.

The projects we fund are just as much from the community as they are from the Op Shop.

Keep the donations coming in so we can continue to fund projects for our beautiful little town of Nabiac.

Please only send clean clothing. We have been getting a lot of dirty and unusable clothing that has to be thrown out due the bad conditions of the clothing. This in turn costs the Op Shop to dispose of thus taking funds that can be used towards projects for our community.

A reminder we are **unable** to accept and sell toys, bikes or helmets, no baby furniture and all electrical or mechanical.

Safety is always considered a priority at the Op Shop and Shed for volunteers and customers.

Please do not leave donations at the front door. It really is a hazard when opening in the morning and putting the volunteers at risk of tripping while trying to open up.

We are in need of clean towels, sheets and blankets. All these items would be received with great appreciation.

Thankyou in advance for your co-operation and understanding.

### SHOP:

There are a lot of winter jackets available. Prices for Winter Jackets with or without sleeves are - Babies \$3.00, Kids \$4.00, Adults \$6.00 unless otherwise priced.

Summer and Winter stock is available for Ladies, Men and Kids.

### SHED:

There is a large variety of CDs, DVDs and books galore.

**VOLUNTEERS NEEDED.** Ladies and Men.

If you have a spare few hours during the week from 9.00am to 12.00 on either a Monday to Saturday and would like to help raise funds for

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Hi All,

My name is Ash Rivers and I am the one that you have seen walking around Nabiac for the last few years with a large group of dogs. I live 10 km outside of Nabiac, near Krumbach, but most days I drive to Nabiac to walk my dogs. Many times over the years I have been asked if I am a Dog Walker but at the time it was all love jobs. Half of those dogs are mine. I own the Boxer (Bella), the Border Collie cross (Barney) and the Jack Russell cross (Eddie). These 3 are joined by Barney's sister (Pip - owned by my best mate), a Labrador (Lucy) and another Border Collie (Moss). The last 2 joined me by owners who love their dogs but are not always able to walk them, so like children, what are another couple in the mix.

I have been lucky to have had dogs during most of my life, especially in the last 30 years, and it is a very rare day that I don't walk at least my own dogs. If I am not walking around Nabiac, I am somewhere else walking. I like to go to the beach at least once a week and visit other areas as needs demand. With the Covid restrictions easing and people going back to work, a lot of people have realised that their beloved fur babies need more when they are back at work, and I am looking to fill that gap. Having walked in Nabiac for all these years, I wanted to start here first, as a Thank you for allowing us to enjoy your wonderful walking environment, all this time.

So, if your dog is unfit and in need of exercise, in need of socialisation, bored at home and creating havoc, I am here of you to keep them happy and healthy. And those that have seen me, know that even the weather is not a deterrent to my getting the dogs out for a walk. The first dog walk will be free and for half an hour to access your dog on how well it walks and socialises. Then, Dog walks will be an hour long (which can be varied depending on the breed and age of your dog), which includes street walking and possibly some off leash walking (in the right areas and depending on the dog) finished off with some play time to wear them out before they go home for the rest of the day. So, by getting me to walk your dog and allowing them to explore the sights, smells and sounds of the world and a chance at socialisation, I aim to return to you a well-mannered and socially well-adjusted dog.

our great community and have a fun time doing so please come in on a Tuesday or Wednesday and ask for **Kathryn**.

If I'm not available please leave your name and phone number with one of the ladies and I will contact you to organise a day and time to meet you.

Kind regards,

**Kathryn and all the amazing volunteers from  
Nabiac Second Chance Op Shop.**

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## WALLAMBA CWA REPORT

Thankfully not quite so busy this last month for most of us but no doubt all would have enjoyed the Easter Break and maybe got to spend time with family and friends.

ANZAC Day remained fine for me and others in the local area.

The April meeting of the Branch saw President *Margaret* welcome 13 members and a guest and friend of President Margaret, to our meeting at the Nabiac Village Community Church Hall on April 12<sup>th</sup>, which opened at 10.00am with the National Anthem (we are getting our voices back in tune once again) the reciting of CWA Motto and Prayer. Members then observed a minutes silence to remember *Jean Newell* (sister of Nabiac resident *Sylvia Styles*), and *Peter Chowne* of Taree (husband of the late *Jeanette Chowne* – a former Taree CWA Member) and *Ross Ferguson* a friend of member *Jean Price*. We also remembered the residents of Ukraine who are going through some horrific times.

Member *Beth Brewster* supplied the thought for our meeting and it was ***"Life if mostly froth and bubble, two things stand like stone. Kindness in another's trouble, Courage in your own"***

Member *Pam* will be supplying May's thought.

Correspondence was a little less this month and not a lot to take action on but it did include a thank you from Head Office for hand-crafted mini Koalas, lavender bags and mini tissue holders which were to be sold at this year's Royal Easter Show on the CWA Canteen and there was a request for those members who could to assist at the Canteen.

Members *Merle* and *Jenny* along with *Fay* and possibly *Penny* will all be attending the State Conference being held at Royal Randwick at the beginning of May, so we will all hear about it come our May meeting on Tuesday 10<sup>th</sup>. Member *Jean* will have some of her delicious scones going down for judging so hopefully they might come home with a blue ribbon.

Treasurer *Jenny Ang* spoke about the new procedures and changes to the way in which the Treasurer's report will now be presented – the electronic age is well and truly with us all. The takings from the Group Day Raffle and admission were pleasing and a recent funeral catering task has helped with funds held.

International Branch Officer Penny ended up her study on Malaysia telling us a little about their National Anthem and the protocol that goes with it before she played a recording of it – it called NEGARAKU and was adopted on Federation in 1957 and was a very stirring piece of music. Jenny told members that she had lived for 3 years in Malaysia and her son is married to a Malaysian girl. A compact booklet on Malaysia and all things to see and do was handed out to members.

Handicraft Officer Merle gave a verbal report which included a request to all members to make squares, either crocheted or knitted, to make rugs for the Lismore flood victims. Squares to be 15cm x 15cm or 10" in 8 ply wool. Penny is currently stitching on mesh and making a glass case which is the next group project. Merle spoke about the author of Paddington Bear and his suitcase/blanket. Pam had recently seen a video on Paddington Bear – so good to see something with a great story.

Unfortunately *Coral* was not with us today so we didn't have an Ag & Environment Report for our meeting.

Catering and Cookery Officer gave her report and spoke of members recently doing a catering task for a local funeral wake and the family were delighted with the efforts of the ladies with the cakes and sandwiches served. Beth also spoke of the afternoon tea arranged for the visit by State President *Stephanie Stanhope* which went off well – it was a little disappointing that a number of members were flood bound on the day as were Bulahdelah members and couldn't make it.

Cultural Officer Penny showed us a photo taken of member Beth at the recent Wallamba Show in front of the handicrafts and printed in the Forster Advocate newspaper. Penny reminded us that the Taree Eisteddfod commenced on April 20 at the MEC Taree – always a wonderful event. President Margaret mentioned she and husband *Bruce* had travelled to Tenterfield for "Oracles of the Bush" and thoroughly enjoyed themselves and also met Gloucester *Clair Reynolds* and her husband whilst there.

Discussion then followed in General Business about the upcoming State Conference and who was standing for the State Executive positions and the resolutions that would be discussed at the State AGM in this the 100<sup>th</sup> Anniversary of NSW CWA.

Two of our ladies were celebrating birthdays this month so happy birthday to Patron *Iris* for April 20<sup>th</sup> and to *Jill Hammond* who was also having another birthday on April 7<sup>th</sup> and got to do a mock cutting of the left-over branch birthday cake.

President Margaret spoke about the idea of placing a plaque on a picnic table in the soon to be upgraded Town Creek project. A letter to Midcoast Council is to be sent to find out the requirements needed to follow this through.

No further business the meeting closed at 12 noon with those staying on to enjoy their lunch over lots of chatter.

Next meeting will be held on Tuesday 10<sup>th</sup> May commencing at 10.00am at the usual venue.

**Pam Muxlow**

Publicity Officer

WALLAMBA CWA BRANCH

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## Nabiac Landcare



Last month's hunt for a mature African Olive continues — I've had one possible sighting but that was a false alarm. The tree in question was a cherry guava, another common garden escapee. Since the owner didn't eat the fruit he removed the tree. Remember uncared for exotic fruit trees often harbour pests like fruit fly that attack the fruit you want to grow.

At the moment we're on the lookout for Golden Raintree/ Chinese Raintree (*Koelreutia elegans* subsp. *formosana*) seedlings. I've mentioned this small tree before as a plant of concern on the Bullock Wharf reserve and after pulling close to 100 seedlings recently, it time to consider removing it from your garden, especially if you live close to bushland. *Koelreutia* was popular with landscapers and councils as a small, tough, attractive tree for smaller yards, in car parks and under powerlines. But....as one gardener put it '....their offspring can start a battle that can last for decades. They have a lovely floral show, but the price in headaches is not worth it.'



**What makes this plant so attractive?**  
**It's tough and drought tolerant.**

**Has glossy compound leaves, often turning yellow in the autumn.**  
**Nice big bunches of yellow flowers that then develop into pretty pink papery capsules.**  
**No serious pests.**

What they didn't tell you is that it sets thousands of seeds and under good conditions can be flowering in three years from seed. That is the description of a plant that has the potential to become an



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invader that can degrade Australian ecosystems! Pull it when young and if you have a big one consult [NSW WeedWise](http://NSWWeedWise) for chemical control methods.

We do have one native that is similar looking when small. Foam bark (*Jagera pseudor*) is a rain forest plant. The key feature that distinguishes it from *koelreutia* is that the young leaves and stems are hairy.

If you read this before May 4<sup>th</sup>, consider joining Nabiac Landcare on a walk through the bush with **Isabelle Strachen** who is MidCoast 2 Tops Private Land Conservation officer and **Anthony Marchment**, MidCoast Council Natural Assets officer. RSVP to Joel Dunn at [joel.kgl.landcare@gmail.com](mailto:joel.kgl.landcare@gmail.com)

Nabiac Landcare normally works each Wednesday (weather permitting) 8-9am to 11am, followed by a very yummy morning tea. Membership is only \$2.00 plus an occasional donation to the morning tea fund and new members are always welcome. Training, tools and safety gear supplied. Give us a ring if you are interested.

Remember, even if you can't help in the bush, you can do your bit for our lovely area by removing weeds from your own backyard and removing fruit and seeds from exotic plants that the birds and wind will spread. Most of all enjoy the local bush!

And you can still join us in the scavenger hunt! Ring me on the number below if you find what you think to be an African Olive.

**Liz Rees**  
6554 3196

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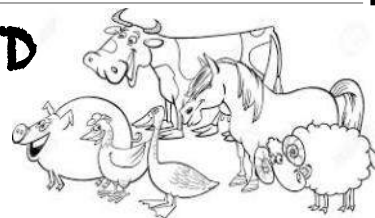
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- \*Sourdough bread \*market BBQ \*food \*Live music

#### Happy Mothers' Day!

8<sup>th</sup> May is a day to celebrate Mums, Grandmas,  
and all the amazing women out there who give you  
Mumma love!

#### Market news:

We have a new email address, phone number and web address!  
Woohoo. After a few months of tech issues, we are happy to announce our updated details:  
[nfmcoordinator@gmail.com](mailto:nfmcoordinator@gmail.com)

[www.nabiac.com](http://www.nabiac.com)

0438 012 781

After 2 months of cancelling the market, due to boggy grounds and rain, we are madly crossing fingers as I write this, 4 days before the April Market, that Saturday will be dry weather for the market.

We proudly showcase locally made, grown and baked produce. We are currently actively seeking stallholders to sell locally grown produce.

Local produce is likely to contain more nutrients than produce which has been stored and shipped long distances. You'll be helping to keep your community healthy! What a good feeling!

- Spare produce?
- Spare patch of ground?
- Spare room?
- Spare time?
- Need spare cash?!
- Do you make it, bake it or grow it?

**BECOME A  
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AND BE  
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[www.nabiacfarmersmarket.com](http://www.nabiacfarmersmarket.com)

Produce sells even better than hot cakes at our market, as people arrive early for their spuds, spinach, and seedlings. There are farmers markets in our region each week, so there are plenty of ways to grow your business! It's a great opportunity to nurture new skills too.

Why not team up with a buddy and share a stall?



#### Become a Stallholder – work for yourself and supplement your income!

Being a stallholder is great. I love the early, fresh start to the day. Be part of the market community. Working for yourself and creating your brand is super rewarding.

Applications, email: [nfmcoordinator@gmail.com](mailto:nfmcoordinator@gmail.com), or, download forms from the website [www.nabiacfarmersmarket.com](http://www.nabiacfarmersmarket.com) and email them though to us.

We regularly post info and updates on Instagram and Facebook. Follow us and stay updated!

Thank you to everyone who makes our market great. We appreciate you all.

By **Laura Pennington** on behalf of the Nabiac Farmers' Market committee.



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FEDERAL MEMBER FOR **LYNE**

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## TOWN CREEK REVIVAL FOR NABIAC



**Federal Government funding of \$250,000 will reduce the flood risk for Nabiac's town centre, restore Town Creek, deliver a new public picnic area for the town and shade sails in Memorial Park.**

The funding will see the planting of native species of trees along a 125-metre section of Town Creek north of Clarkson Street, the removal of invasive vegetation and construction of a rock-lined low-flow channel to reduce flood impact.

I joined MidCoast Council representatives in town to see plans for the upgrades.

We are prioritising work to mitigate flooding in local communities to avoid the devastation we have seen elsewhere and have experienced in our own region in recent years.

At the same time, this project will improve the charm of Nabiac's village by beautifying the banks of Town Creek, installing a new picnic area on the southern side of Clarkson Street and some long awaited shade sails over the children's playground in Memorial Park.

The work is expected to take about 12 weeks to complete, finishing up at the end of June 2022.

Dr. David **GILLESPIE** MP

FEDERAL MEMBER FOR **LYNE**

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## HALL EXHIBITS ADULT 2022

### SECTION 1 - ADULT ART

#### Class

A Works on Hardboard or Canvas	1 <sup>st</sup> Gemma Stylz,	2 <sup>nd</sup> Fred Bullen
B Works on Paper	1 <sup>st</sup> Pam Dunne,	2 <sup>nd</sup> Danny Moscatelli
C Drawing	1 <sup>st</sup> Danni Moscatelli,	2 <sup>nd</sup> Judy Connors
PEOPLE'S CHOICE -	Gemma Stylz	

### Section 2 - Photography

1. Insects	1 <sup>st</sup> Diane Willey ,	2 <sup>nd</sup> John Boshier
	Highly Commended John Boshier	
2. Animals	1 <sup>st</sup> Diane Willey,	2 <sup>nd</sup> Lyz Taylor
	Highly Commended Diane Willey	
3. Birds	1 <sup>st</sup> Diane Willey,	2 <sup>nd</sup> John Taylor
	Highly Commended Angela Cooke	
4. Australian Landscape	1 <sup>st</sup> Anne-Maree Farley,	2 <sup>nd</sup> John Taylor
	Highly Commended Mark Farley	
5. Landscape	1 <sup>st</sup> Carol Baines,	2 <sup>nd</sup> Angela Cooke
	Highly Commended Diane Willey	
6. Seascape	1 <sup>st</sup> John Taylor ,	2 <sup>nd</sup> Diane Willey
	Highly Commended Ross Dearing	
7. Action	1 <sup>st</sup> John Boshier,	2 <sup>nd</sup> John Boshier
8. Portraiture	1 <sup>st</sup> John Boshier,	2 <sup>nd</sup> Ian Dodd
	Highly Commended John Taylor	
9. Trick or Novelty Shot	1 <sup>st</sup> Chris Farley,	2 <sup>nd</sup> Angela Cooke
10. Plants or Flowers	1 <sup>st</sup> Mark Farley,	2 <sup>nd</sup> Ross Dearing
	Highly Commended Ross Dearing	
11. Open - Any Image	1 <sup>st</sup> Diane Willey,	2 <sup>nd</sup> Elizabeth Van Reece
12. Monochrome-Open/Any Image	1 <sup>st</sup> John Boshier,	2 <sup>nd</sup> Mark Farley
	Highly Commended John Boshier	
13. Creative/Digitally Manipulated/Open	1 <sup>st</sup> Diane Willey,	2 <sup>nd</sup>

### SECTION CHAMPION - ANNE-MAREE FARLEY (Class 4 - Australian Landscape)

Perpetual Trophy donated by Nabiac Pharmacy

### STEWARDS CHOICE AWARD - JOHN BOSHER (Class 11 - Open - Any Image)

Donated by Coastal Computing Solutions—Taree

### Section 3 - Cooking

1. Boiled Fruit Cake - CWA Prize	1 <sup>st</sup> Robyn Moore,	2 <sup>nd</sup> Helen Lowe
2. Best Iced and Decorated Cake - WDA & H Assoc. Ladies Committee Prize	1 <sup>st</sup> Lucy Currie	2 <sup>nd</sup>
5. Half Pound Fruit Cake - ASC/Sydney Royal Rich Fruit Cake Competition	1 <sup>st</sup> Lucy Currie,	2 <sup>nd</sup>
6. Plain Butter Cake	1 <sup>st</sup> Robyn Moore,	2 <sup>nd</sup> Annette Davis
7. Date or Date & Walnut Cake	1 <sup>st</sup> ,	2 <sup>nd</sup> Robyn Moore
8. Chocolate Cake - Iced	1 <sup>st</sup> ,	2 <sup>nd</sup> Robyn Moore
	Highly Commended Lucy Currie	
9. Carrot Cake - Iced	1 <sup>st</sup> Lucie Currie	2 <sup>nd</sup> Annette Davis
10. Banana Cake - Iced	1 <sup>st</sup> ,	2 <sup>nd</sup> Robyn Moore
	equal Helen Lowe	
11. Marble Cake, 3 Colours	1 <sup>st</sup> Robyn Moore,	2 <sup>nd</sup>
	Highly Commended Pamela Paff	
12. Gluten Free Cake - Any Flavour	1 <sup>st</sup> Pamela Paff	
	Highly Commended Lucy Currie	
13. Cooked Slice - Any Variety	1 <sup>st</sup> Robyn Moore,	2 <sup>nd</sup> Annette Davis
15. Lamingtons	1 <sup>st</sup> Lucy Currie,	2 <sup>nd</sup> Annette Davis
	Highly Commended Robyn Moore	
16. Scones - Plain	1 <sup>st</sup> Liz Van Reece,	2 <sup>nd</sup> Kerry Clout
17. Scones - Fruit	1 <sup>st</sup> Liz Van Reece,	2 <sup>nd</sup>
18. Jam Drops	1 <sup>st</sup> Robyn Moore,	2 <sup>nd</sup>
19. Muffins - Plain	1 <sup>st</sup> Helen Lowe	
20. Anzac Biscuits	1 <sup>st</sup> Maria Battista,	2 <sup>nd</sup>
21. Monte Carlo Biscuits, Plate of 6	1 <sup>st</sup> ,	2 <sup>nd</sup>
	Highly Commended Robyn Moore	
22. Gluten Free Biscuits, Any Flavour	1 <sup>st</sup> Pamela Paff,	2 <sup>nd</sup>
	Highly Commended Pamela Paff	
23. Cup Cakes - Iced, Plate of 6	1 <sup>st</sup> Lucy Currie,	2 <sup>nd</sup> Annette Davis
24. Pikelets,, Plate of 6	1 <sup>st</sup> Annette Davis,	2 <sup>nd</sup> Kerry Clout
25. Any Cake Not on Schedule	1 <sup>st</sup> Annette Davis,	2 <sup>nd</sup>
26. Any Biscuit Not on Schedule	1 <sup>st</sup> Lucy Currie,	2 <sup>nd</sup>

### Pies

27. Apple, Family Size	1 <sup>st</sup> Robyn Moore,	2 <sup>nd</sup> Lucy Currie
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### Bread

29. Homemade White Loaf	1 <sup>st</sup> Liz Rees,	2 <sup>nd</sup> Paul Cotton
30. Homemade Sourdough Loaf	1 <sup>st</sup> Paul Cotton,	2 <sup>nd</sup> Liz Rees
31. Homemade Specialty Loaf	1 <sup>st</sup> Liz Rees,	2 <sup>nd</sup> Liz Rees
32. Any Variety Not on Schedule	1 <sup>st</sup> Liz Rees,	2 <sup>nd</sup> Liz Rees

### Sweets

33. Coconut Ice	1 <sup>st</sup> Marie Battista,	2 <sup>nd</sup> Liz Van Reece
34. Rocky Road	1 <sup>st</sup> Leisi Stimpson,	2 <sup>nd</sup> Liz Van Reece
35. Any Sweets Not on Schedule	1 <sup>st</sup> Paula Layton,	2 <sup>nd</sup> Paula Laytonq

## Section 4 Jams, Condiments & Preserves & Honey

1. Peach Jam	1 <sup>st</sup> Maria Battiast,	2 <sup>nd</sup> Robyn Moore
	Highly Commended Elva Salmi	
3. Strawberry Jam	1 <sup>st</sup> Maria Battista,	2 <sup>nd</sup> Robyn Moore
	Highly Commended Pat Byram	
4. Raspberry Jam	1 <sup>st</sup> Robyn Moore	2 <sup>nd</sup> Pat Byram
5. Apricot Jam	1 <sup>st</sup> Maria Battista,	2 <sup>nd</sup> Pat Byram
6. Plum Jam - Red	1 <sup>st</sup> Pat Byram,	2 <sup>nd</sup> Robyn Moore
7. Tomato Jam	1 <sup>st</sup> Pat Byram,	2 <sup>nd</sup>
8. Orange Marmalade	1 <sup>st</sup> Sally Henderson,	2 <sup>nd</sup> Sally Henderson
10. Lime Marmalade Jam	1 <sup>st</sup> Pat Byram,	2 <sup>nd</sup> Sally Henderson
11. Three Citrus Marmalade Jam	1 <sup>st</sup> Robyn Moore,	2 <sup>nd</sup>
14. Lemon Butter	1 <sup>st</sup> Maria Battista,	2 <sup>nd</sup> Liz Van Reece
15. Passionfruit Butter	1 <sup>st</sup> Pat Byram,	2 <sup>nd</sup> Robyn Moore
16. Fig Jam	1 <sup>st</sup> Robyn Moore,	2 <sup>nd</sup> Pat Byram
17. Jelly Jam	1 <sup>st</sup> Sally Henderson,	2 <sup>nd</sup> Robyn Moore
18. Any Other Variety,	1 <sup>st</sup> Christine Linton,	2 <sup>nd</sup> Maria Battista

### Preserves

20. Vegetables, Any Variety	1 <sup>st</sup> Robyn Moore,	2 <sup>nd</sup>
21. Fruit or Vegetables In Brine	1 <sup>st</sup> Kerry Clout,	2 <sup>nd</sup> Tina Lloyd

### Condiments

22. Homemade Pickle, Any Variety	1 <sup>st</sup> Marlene Simon,	2 <sup>nd</sup> Tina Lloyd
23. Homemade Sweet Mustard Pickle,	1 <sup>st</sup> Moya Harris,	2 <sup>nd</sup> Elva Salmi
24. Homemade Relish, Any Variety	1 <sup>st</sup> Debra Wilson,	2 <sup>nd</sup> Pat Byram
25. Homemade Chutney - Any Variety	1 <sup>st</sup> Robyn Moore,	2 <sup>nd</sup> Elva Salmi
26. Asian Chutney	1 <sup>st</sup> Robyn Moore,	2 <sup>nd</sup> Pat Byram
27. Sweet Chilli Sauce	1 <sup>st</sup> Robyn Moore,	2 <sup>nd</sup> Pat Byram
28. Plain	1 <sup>st</sup> Rhonda Gill,	2 <sup>nd</sup> Ronda Gill
29. Tomato Sauce	1 <sup>st</sup> Pat Byram,	2 <sup>nd</sup>
30. BBQ Sauce	1 <sup>st</sup> Pat Byram,	2 <sup>nd</sup> Robyn Moore
31. Oil - Decorated,	1 <sup>st</sup> Liz Van Reece,	2 <sup>nd</sup>
32. Vinegar - Decorated	1 <sup>st</sup> Liz Van Reece,	2 <sup>nd</sup>
33. Any Variety Not on Schedule	1 <sup>st</sup> Elva Salmi	2 <sup>nd</sup> Elva Salmi
34. Nut Pastes & Spreads, Any Variety	Encouragement Cert. Robyn Moore	

### STEWARDS CHOICE AWARD - SALLY HENDERSON (Class 17 - Jelly Jam)

Donated by Nabiac Nook

### SECTION CHAMPION - SALLY HENDERSON - (Class 8 - Mulberry Orange Marmalade)

### Section 5 - Handicraft

1. Handwoven Article	1 <sup>st</sup> Helen Breingan,	2 <sup>nd</sup> Sally Henderson
2. Cushion - Patchwork, Machine Made	1 <sup>st</sup> Maria Battista,	2 <sup>nd</sup>
3. Cushion - Patchwork, Hand Made	1 <sup>st</sup> Maria Battista,	2 <sup>nd</sup>
5. Felted Apparel	1 <sup>st</sup> Marilyn Rutledge,	2 <sup>nd</sup> Phyllis Byrnes
6. Felted Accessories	1 <sup>st</sup> Marilyn Rutledge ,	2 <sup>nd</sup> Merle Barber
7. Felting, Any Other Article	1 <sup>st</sup> Marilyn Rutledge,	2 <sup>nd</sup> Coral Gabriel
Winner Best Overall Felting Item (Donated by Merle Barber)	Marilyn Rutledge	
8. Patchwork Quilt - Machine Made	1 <sup>st</sup> Karin Brown,	2 <sup>nd</sup> Maz Stein
9. Patchwork Quilt - Machine/Hand Made	1 <sup>st</sup> Carol Carnegie,	2 <sup>nd</sup> Lorraine Ryan
10. Patchwork Quilt - Applique	1 <sup>st</sup> Lorraine Ryan,	2 <sup>nd</sup>
11. Quilt, Lap or Cot	1 <sup>st</sup> Fay Anderson,	2 <sup>nd</sup> Cindy Dearing
12. Quilt, Any Variety Not on Schedule	1 <sup>st</sup> Julie Whitehouse,	2 <sup>nd</sup> Maria Battista
15. Quilted Article - Machine/Hand Made	1 <sup>st</sup> Maria Battista,	2 <sup>nd</sup>
17. Applique Article - Completely Handmade	1 <sup>st</sup> Liz Van Reece,	2 <sup>nd</sup>
18. Applique Article - Machine/Handmade	1 <sup>st</sup> Neryl Simpson,	2 <sup>nd</sup> Sharon Moss
19. Wall Hanging	1 <sup>st</sup> Maz Stein,	2 <sup>nd</sup> Lorraine Ryan
20. Bag - Any Textile Medium	1 <sup>st</sup> Coral Gabriel,	2 <sup>nd</sup> Maria Battista
21. Bookmark - Any Textile Medium	1 <sup>st</sup> Maria Battista,	2 <sup>nd</sup> Liz Van Reece
22. Apron	1 <sup>st</sup> Maria Battista,	2 <sup>nd</sup> Liz Van Reece
23. Any Totally Hand Sewn Article /Not On Schedule		
	1 <sup>st</sup> Moya Harris,	2 <sup>nd</sup>
24. Any Machine Made Article Not On Schedule	1 <sup>st</sup> Ruby Mae Smith,	2 <sup>nd</sup> Cassidy Rolf

### STEWARDS CHOICE AWARD - CASSIDY ROLF (Class 24 - Any Machine Made Article)

Donated by Country Pickin's at the Corner - Taree

### SECTION CHAMPION -

### Section 6 - Embroidery

1. Table Centre or Runner	1 <sup>st</sup> ,	2 <sup>nd</sup> Julie Whitehouse
2. Cross Stitch Article	1 <sup>st</sup> Lorraine Ryan,	2 <sup>nd</sup>
3. Counted Cross Stitch, Even Weave Fabric	1 <sup>st</sup> Helen Lowe,	2 <sup>nd</sup>
4. Counted Cross Stitch on Aida	1 <sup>st</sup> Helen Lowe,	2 <sup>nd</sup> Colleen Starr
5...Coat Hanger - Hand Embroidered	1 <sup>st</sup> Maria Battista,	2 <sup>nd</sup>
6. Cushion - Embroidered	1 <sup>st</sup> Maria Battista,	2 <sup>nd</sup> Liz Van Reece
7. Creative Embroidery Article	1 <sup>st</sup> Jean McNamara,	2 <sup>nd</sup> Colleen Starr
	Highly Commended Ruby Mae Smith	
13. Embroidered Wall Hanging	1 <sup>st</sup> Liz Van Reece,	2 <sup>nd</sup>
15. Needlepoint Tapestry - Long Stitch	1 <sup>st</sup> Maria Battista,	2 <sup>nd</sup>
16. Any Embroidered Article Not On Schedule	1 <sup>st</sup> Colleen Starr,	2 <sup>nd</sup> Liz Van Reece

### STEWARDS CHOICE AWARD - JOAN McNAMARA - (Class 3 - Cross Stitch)

### SECTION CHAMPION -

### Section 7 - Knitting

1. Baby's Outfit - WDA & H Assoc. Ladies Committee Prize		
	1 <sup>st</sup> Thelma Wilson	2 <sup>nd</sup> Thelma Wilson

2. Baby's Jacket	1 <sup>st</sup> Thelma Wilson,	2 <sup>nd</sup> Jenny Ang
	<i>Highly Commended</i> Liz Perkovic	
4. Childs Jumper, Cardigan or Vest	1 <sup>st</sup> Thelma Wilson,	2 <sup>nd</sup> Jenny Ang
5. Ladies Jumper, Cardigan or Vest	1 <sup>st</sup> Anne Cromie,	2 <sup>nd</sup>
7. Shawl	1 <sup>st</sup> Joan McNamara,	2 <sup>nd</sup>
8. Article In Pure Wool - <b>CWA Special Prize</b>		
	1 <sup>st</sup> Phyllis Byrnes ,	2 <sup>nd</sup> Tanya Clark
9. Article In Acrylic	1 <sup>st</sup> Thelma Wilson,	2 <sup>nd</sup>
12. Tea Cosy	1 <sup>st</sup> Carmel Moore,	2 <sup>nd</sup>
14. Beaded Doll	1 <sup>st</sup> Joan McNamara,	2 <sup>nd</sup>
15. Doll - Suitable For Child	1 <sup>st</sup> Carmel Moore,	2 <sup>nd</sup>
18. Any Knitted Article Not On Schedule	1 <sup>st</sup> Thelma Wilson	2 <sup>nd</sup> Colleen McArthur
	<i>Highly Commended</i> Marj Squires	

#### STEWARDS CHOICE AWARD -

#### SECTION CHAMPION - JOAN McNAMARA - (Class 14 - beaded Doll)

#### Section 8 - Crochet

1. Baby's Outfit, 3 Pieces	1 <sup>st</sup> Helen Lowe,	2 <sup>nd</sup>
2. Baby's Jacket	1 <sup>st</sup> Marjo Cabot,	2 <sup>nd</sup> Helen Lowe
3. Childs Jumper, Cardigan or Vest	1 <sup>st</sup> Helen Lowe,	2 <sup>nd</sup> C. Linton
4. Ladies Jumper, Cardigan or Vest	1 <sup>st</sup> Julie Manning,	2 <sup>nd</sup>
5. Doily to 25cm	1 <sup>st</sup> Coral Gabriel,	2 <sup>nd</sup>
8. Rug - Large - Wool or Acrylic	1 <sup>st</sup> Cindy Younan,	2 <sup>nd</sup> Julie Manning
9. Rug - Small - Wool or Acrylic	1 <sup>st</sup> Jodie Newell,	2 <sup>nd</sup> Coral Gabriel
	<i>Highly Commended</i> Leslee Twemlow	
	<i>****</i> Helen Lowe	
10. Shawl - Wool or Acrylic	1 <sup>st</sup> Helen Lowe,	2 <sup>nd</sup> Marjo Cabot
13. Article in Pure Wool - <b>CWA Prize</b>	1 <sup>st</sup> Carol Hawkins,	2 <sup>nd</sup>
14. Acrylic Article	1 <sup>st</sup> Carol Hawkins,	2 <sup>nd</sup> Julie Manning
	<i>Highly Commended</i> Julie Manning	
15. Cotton Article	1 <sup>st</sup> Sharon Grant,	2 <sup>nd</sup> Sharon Grant
	<i>Highly Commended</i> Colleen McArthur	
16. Tea Cosy	1 <sup>st</sup> Carmel Moore,	2 <sup>nd</sup>
19. Soft Doll or Toy	1 <sup>st</sup> Renee Plevy,	2 <sup>nd</sup> Renee Plevy
	<i>Highly Commended</i> Coral Gabriel	
20. Any Article Not On Schedule	1 <sup>st</sup> Phillipa Bird,	2 <sup>nd</sup> Carmel Moore

#### STEWARDS CHOICE AWARD

#### SECTION CHAMPION - CINDY YOUNAN

#### Section 9 - Hobbies

1. Porcelain/China - Painted/Any Art.	1 <sup>st</sup> Marea Binskin,	2 <sup>nd</sup> Marea Binskin
	<i>Highly Commended</i> Marea Binskin	
2. Mosaic, Any Article	1 <sup>st</sup> Moya Harris ,	2 <sup>nd</sup> Elizabeth Henderson
	<i>Highly Commended</i> Elizabeth Henderson	
3. Scrapbooking - Any Article	1 <sup>st</sup> Maria Battista,	2 <sup>nd</sup> Liz Van Reece
4. Creative Card	1 <sup>st</sup> Liz Van Reece,	2 <sup>nd</sup> Maria Battista
6. Pottery, Any Article	1 <sup>st</sup> Phillipa Bird,	2 <sup>nd</sup> Phillipa Bird
	<i>Highly Commended</i> Phillipa Bird	
7. Woodwork - Turned	1 <sup>st</sup> Jim Fisher	2 <sup>nd</sup>
8. Woodwork - Carved	1 <sup>st</sup> John Startin,	2 <sup>nd</sup> John Startin
9. Woodwork - Any Article	1 <sup>st</sup> Fred Barber,	2 <sup>nd</sup>
11. Leadlighting, Any Article	1 <sup>st</sup> Fred Barber,	2 <sup>nd</sup>
12. Jewellery - Any Medium	1 <sup>st</sup> Vivienne Scott,	2 <sup>nd</sup> Vivienne Scott
	<i>Highly Commended</i> Merle Barber	
13. Jewellery - Any Medium - Fantasy	1 <sup>st</sup> Robyn Laurenson,	2 <sup>nd</sup> Robyn Laurenson
	<i>Highly Commended</i> Merle Barber	
14. Beadwork - Any article	1 <sup>st</sup> Vivienne Scott,	2 <sup>nd</sup> Sue Matthews
	<i>Highly Commended</i> Merle Barber	
16. Christmas Decorations/Hanging/Any	1 <sup>st</sup> Merle Barber.	2 <sup>nd</sup> Maria Battista
	<i>Highly Commended</i> Merle Barber	
17. Christmas Decorations, Any Article	1 <sup>st</sup> Merle Barber,	2 <sup>nd</sup> Moya Harris
	<i>Highly Commended</i> Merle Barber	
18. Bead, Handmade	1 <sup>st</sup> Fred Barber,	2 <sup>nd</sup> Fred Barber
20. Handmade Flowers - Any Medium	1 <sup>st</sup> Merle Barber,	2 <sup>nd</sup> Merle Barber
21. Hat/Fascinators	1 <sup>st</sup> Shannen Thorsby,	2 <sup>nd</sup> Shannen Thorsby
	<i>Highly Commended</i> Merle Barber	
24. Eco Printing	1 <sup>st</sup> Phyllis Byrnes,	2 <sup>nd</sup> M. Ruthedge
25. Leatherwork	1 <sup>st</sup> Fred Barber,	2 <sup>nd</sup> Fred Barber
26. Bookmark,	1 <sup>st</sup> Merle Barber,	2 <sup>nd</sup> Liz Van Reece
27. Any Article Not On Schedule	1 <sup>st</sup> Alan Matthews	2 <sup>nd</sup> Carol Baines
	<i>Highly Commended</i> Dave Neville	

#### STEWARDS CHOICE AWARD

#### SECTION CHAMPION

ALAN MATTHEWS (Class 27 - Any Article Not on Schedule)

ALAN MATTHEWS

#### Section 10 - Dolls, Bears & Animals

1. Doll's Clothes, - Fabric, Any type	1 <sup>st</sup> Maria Battista,	2 <sup>nd</sup>
2. Soft Toy - Any Material	1 <sup>st</sup> Kate Ireand,	2 <sup>nd</sup>
3. Soft Toy or Doll, Rag/Cloth for Child	1 <sup>st</sup> Maria Battista,	2 <sup>nd</sup>
5. Doll - Best Dressed	1 <sup>st</sup> Joan McNamara,	2 <sup>nd</sup>
6. Doll - Rag or Cloth	1 <sup>st</sup> Maria Battista,	2 <sup>nd</sup>
7. Teddy Bear - Knit or Crochet	1 <sup>st</sup> Carmel Moore,	2 <sup>nd</sup>
8. Teddy Bear - Fur	1 <sup>st</sup>	2 <sup>nd</sup> Carol Baines

#### STEWARDS CHOICE AWARD - NIBBY BURKE (Class 12)

#### SECTION CHAMPION - CARMEL MOORE (Class 7 Teddy Bear, Knit or Crochet)

**Note: Stewards Choice Awards for Sections 6/10 were sponsored by Forster Arts & Crafts Centre Forster**

#### Section 11 - Flowers

1. Nerines, Collection	1 <sup>st</sup> Jean Wright ,	2 <sup>nd</sup>
5. Zinnias - Collection	1 <sup>st</sup> Diane Buckley,	2 <sup>nd</sup> Liz Van Reece
6. Native Flowering Shrubs & Foliage	1 <sup>st</sup> Christine Heffernan,	2 <sup>nd</sup> Liz Taylor
7. Garden Flowers, Collection - <b>Krambach Garden Club Prize</b>		
	1 <sup>st</sup> Jean Wright,	2 <sup>nd</sup> Liz Van Reece
8. Proteas, Collection	1 <sup>st</sup> Liz Taylor,	2 <sup>nd</sup>
9. Waterlily, One Cut	1 <sup>st</sup>	2 <sup>nd</sup> Liz Van Reece
10. Any Other Cut Flower Collection Not On Schedule	1 <sup>st</sup> Liz Taylor,	2 <sup>nd</sup> Liz Taylor

#### STEWARDS CHOICE AWARD - MAGGIE BALDWIN (Class 6 Native Flowering Shrubs & Foliage)

Donated by **Nabiac Nook**

#### SECTION CHAMPION - LYZ TAYLOR (Class 8 Proteas)

#### Section 12 - Floral Art

1. Best Arrangement Of Garden Flowers - Any Container - Embellishment Optional - <b>Wallamba CWA Prize</b>	1 <sup>st</sup> Liz Van Reece,	2 <sup>nd</sup>
2. Best Arrangement Featuring Fruit & Flowers - Any Container - Embellishment Optional - <b>Nabiac Garden Club Prize</b>	1 <sup>st</sup> Liz Taylor,	2 <sup>nd</sup>
4. Green Arrangement - Any Foliage	1 <sup>st</sup> Liz Taylor,	2 <sup>nd</sup> Carol Carnegie
6. Oriental Inspired - Any Content	1 <sup>st</sup> Christine Heffernan,	2 <sup>nd</sup>
9. Arrangement of Flowers - Any Colour, Embellishment Optional	1 <sup>st</sup> Liz Taylor,	2 <sup>nd</sup>
10. Miniature Arrangement - Not higher than 10cm	1 <sup>st</sup> Jean Wright,	2 <sup>nd</sup> Jean Wright

#### STEWARDS CHOICE AWARD - CHRISTINE HEFFERNAN (Class 6, Oriental Inspired)

Donated by **Nabiac Garden Club**

#### SECTION CHAMPION - LYZ TAYLOR - (Class 9)

#### Section 13 - Flowering Plants & Foliage Plants In Pots Or Baskets

2. Begonia - Foliage	1 <sup>st</sup> Paula Layton,	2 <sup>nd</sup> Norma Joass
3. Peperomia	1 <sup>st</sup> Paula Layton,	2 <sup>nd</sup> Paula Layton
4.. Coleus	1 <sup>st</sup> Norma Joass,	2 <sup>nd</sup> Paula Layton
5. Cacti - One Pot	1 <sup>st</sup> Fiona Miller,	2 <sup>nd</sup> Julie Besson
6. Best Foliage Plant	1 <sup>st</sup> Diane Buckley,	2 <sup>nd</sup> Norma Joass
7. Collection of 3 Foliage Plants	1 <sup>st</sup> Elva Salmi,	2 <sup>nd</sup>
8. Succulent - Single In Pot	1 <sup>st</sup> Liz Taylor,	2 <sup>nd</sup> Paula Layton
9. Succulents - Collection In Pot	1 <sup>st</sup> Liz Taylor,	2 <sup>nd</sup> Liz Taylor
11. Fern - Any Variety	1 <sup>st</sup> Julie Benson,	2 <sup>nd</sup> Paula Layton
14. Bromeliad In Flower	1 <sup>st</sup> Cindy Dearing,	2 <sup>nd</sup> Ross Dearing
15. Bromeliad Not In Flower	1 <sup>st</sup> Liz Taylor,	2 <sup>nd</sup> Liz Taylor
16. Bonsai	1 <sup>st</sup> Fiona Miller,	2 <sup>nd</sup> Fiona Miller,
17. Best Original Plant, Tree, Flower grown on or in natural base, ie wood - rock	1 <sup>st</sup> Fiona Miler,	2 <sup>nd</sup> Fiona Miller
18. Orchid - Potted	1 <sup>st</sup> Christine Linton	2 <sup>nd</sup> Cindy Dearing
19. Best Flowering Plant not on schedule	1 <sup>st</sup> Ross Dearing,	2 <sup>nd</sup> Paula Layton

#### STEWARDS CHOICE AWARD - PAULA LAYTON (Class 19)

Donated by **KINSPIRIT IRIS & DAYLILY FARM**

**CINDY DEARING** (Class 13 - Fern, Any Variety)

#### SECTION CHAMPION - HEATHER RUSSELL (Class 13)

#### Section 14 - Roses

1. 1.Rose Exhibition - Red	1 <sup>st</sup> Travis Heffernan,	2 <sup>nd</sup>
2. 1 Rose Exhibition - Yellow	1 <sup>st</sup> Travis Heffernan,	2 <sup>nd</sup>
14. Cluster of Flowering Roses (floribunda)	1 <sup>st</sup> Diane Buckley,	2 <sup>nd</sup> Jean Wright

#### STEWARDS CHOICE AWARD - TRAVIS HEFFERNAN (class 14)

Donated by **Barb's Hair Care**

#### SECTION CHAMPION -

#### Section 15 - Dahlias

4. Medium, Decorative, 1 Bloom	1 <sup>st</sup> Bob Gregory,	2 <sup>nd</sup> Shelly Stanfield
5. Small, Decorative, 1 Vase 3 Blooms Same Variety	1 <sup>st</sup> Bob Gregory,	2 <sup>nd</sup> Maggie Baldwin
6. Small, Decorative, 1 Vase 3 Blooms Distinct	1 <sup>st</sup> Liz Taylor,	2 <sup>nd</sup>
7. Miniature, Decorative - 1 Vase 3 Blooms - Same variety	1 <sup>st</sup> Liz Taylor,	2 <sup>nd</sup> Mark Farley
12. Small Cactus - 1 Vase 3 Blooms - Same Variety	1 <sup>st</sup> Stan Murray,	2 <sup>nd</sup>
18. Pompon - 1 Vase 3 Blooms - Same variety	1 <sup>st</sup> Judy Farley,	2 <sup>nd</sup>
20. Ball Type - 1 Vase 3 Blooms	1 <sup>st</sup> Bob Gregory,	2 <sup>nd</sup>
22. Any Other Type, 1 Bloom, Any Size	1 <sup>st</sup> Liz Taylor,	2 <sup>nd</sup> Bob Gregory
23. Novice, Any of the Above Classes	1 <sup>st</sup> Alexander Stanfield,	2 <sup>nd</sup> Shelly Stanfield

#### STEWARDS CHOICE AWARD - BOB GREGORY (class 5 Small Decorative Same Variety)

Donated by **Belinda's Beauty Salon**

#### SECTION CHAMPION - LYZ TAYLOR (CLSS 6)



### Section 16 - Vegetables

1. 125g Beans - French	1 <sup>st</sup> Dianne Paterson,	2 <sup>nd</sup>
2. 125g Beans - Any Other Variety Including Climbing	1 <sup>st</sup> Kerry Clout,	2 <sup>nd</sup> Kimberley Voss
3. Beetroot	1 <sup>st</sup> Liz Van Reece,	2 <sup>nd</sup>
5. 3 Capsicums - Green	1 <sup>st</sup> Liz Van Reece,	2 <sup>nd</sup> NCG
7. 4 Chillies	1 <sup>st</sup> Liz Perkovic,	2 <sup>nd</sup> Maggie Baldwin
8. 4 Chillies - Dried	1 <sup>st</sup> Fiona Miller,	2 <sup>nd</sup>
10. 3 Chokoes	1 <sup>st</sup> Kerry Clout,	2 <sup>nd</sup> Shelley Stanfield
11. 3 Corn Cobs With Husks	1 <sup>st</sup> Kimberley Voss,	2 <sup>nd</sup>
13. 3 Cucumbers - Apple	1 <sup>st</sup> Paul Lawson,	2 <sup>nd</sup>
16. 3 Cucumbers - Green	1 <sup>st</sup> Liz Van Rees,	2 <sup>nd</sup>
18. Herbs - Fresh Bunch - More than One Variety - <b>Special Nabiac Garden Club Prize</b>	1 <sup>st</sup> Liz Perkovic,	2 <sup>nd</sup> Kerry Clout
19. Herbs - Fresh Bunch - One variety	1 <sup>st</sup> NCG - Rosemary,	2 <sup>nd</sup> Liz Van Reece
21. Lavender	1 <sup>st</sup> Lyz Taylor,	2 <sup>nd</sup> Liz Van Reece
23. Marrow - Any Other Variety	1 <sup>st</sup> Liz Perkovic,	2 <sup>nd</sup>
24. Gramma	1 <sup>st</sup> Liz Perkovic,	2 <sup>nd</sup> Neville Harris
25. Trombone, or Any Other Variety	1 <sup>st</sup> Liz Perkovic,	2 <sup>nd</sup>
26. Watermelon	1 <sup>st</sup> Liz Perkovic,	2 <sup>nd</sup> Judy Farley
27. Melon - Any Variety	1 <sup>st</sup> John Startin,	2 <sup>nd</sup> John Startin
29. 4 Onions - Brown	1 <sup>st</sup> Neville Harris,	2 <sup>nd</sup>
31. Parsley - Bunch	1 <sup>st</sup> Liz Perkovic,	2 <sup>nd</sup> Kerry Clout
34. 3 Rhubarb Stalks With Leaves	1 <sup>st</sup> Kerry Clout,	2 <sup>nd</sup> Kerry Clout
37. Asian Salad Greens	1 <sup>st</sup> Alan Newell,	2 <sup>nd</sup> NCG
38. Rocket	1 <sup>st</sup> Fiona Miller,	2 <sup>nd</sup> Kimberley Voss
41. Pumpkin - Butternut	1 <sup>st</sup> Pamela Moody,	2 <sup>nd</sup>
42. Pumpkin - Queensland Blue	1 <sup>st</sup> Liz Perkovic,	2 <sup>nd</sup>
43. Pumpkin - Any other variety	1 <sup>st</sup> Alan Newell,	2 <sup>nd</sup> Neville Harris
45. 1 Squash - Pimply	1 <sup>st</sup> Neville Harris,	2 <sup>nd</sup> Alan Newell
47. 4 Garlic Bulbs	1 <sup>st</sup> John Butterworth,	2 <sup>nd</sup> Diane Buckley
50. Vegetables - Any other variety	1 <sup>st</sup> Diane Buckley,	2 <sup>nd</sup> Maggie Baldwin
51. <b>An Arrangement Of Vegetables - Any container - No embellishments - Krumbach Garden Lovers Prize</b>	1 <sup>st</sup> Liz Van Reece,	2 <sup>nd</sup> Liz Perkovic

STEWARDS CHOICE AWARD - ELIZABETH VAN REECE (Class 51)

SECTION CHAMPION

### Section 17 - Fruit

53. 6 Limes	1 <sup>st</sup> Rebecca Harper,	2 <sup>nd</sup> Maggie Baldwin
54. 6 Lemons	1 <sup>st</sup> John Startin,	2 <sup>nd</sup> Liz Perkovic
55. 4 Passionfruit	1 <sup>st</sup> Liz Perkovic,	2 <sup>nd</sup> Lyz Taylor
57. 3 Persimmon	1 <sup>st</sup> Sharon Moss,	2 <sup>nd</sup>
58. 6 Tomatoes, Tommy Toes	1 <sup>st</sup> Liz Van Reece,	2 <sup>nd</sup> Liz Van Reece
59. 4 Tomatoes - Any variety	1 <sup>st</sup> Judy Farley,	2 <sup>nd</sup>
61. Figs	1 <sup>st</sup> Liz Perkovic,	2 <sup>nd</sup>
62. Macadamia Nuts - 200gms	1 <sup>st</sup> John Startin,	2 <sup>nd</sup> Liz Van Reece
63. Any Fruit Not On Schedule	1 <sup>st</sup> Diane Buckley,	2 <sup>nd</sup> Colin Henderson
64. <b>Arrangement of Fruit - Krumbach Garden Lovers Prize</b>	1 <sup>st</sup> Christine Costa,	2 <sup>nd</sup> Liz Van Reece

STEWARDS CHOICE AWARD

SECTION CHAMPION

### Section 18 - Farm Produce

65. <b>Sponsored by D &amp; J Wand Pty Ltd</b>		
6 Eggs, Chicken - White	1 <sup>st</sup> Liz Perkovic,	2 <sup>nd</sup> Kerry Clout
66. <b>Sponsored by D &amp; J Wand Pty Ltd</b>		
6 Eggs, Chicken - Brown	1 <sup>st</sup> Vicky Mullins,	2 <sup>nd</sup> Marline Smith
67. 6 Eggs, Duck - White	1 <sup>st</sup> Jeff Holden,	2 <sup>nd</sup>
70. 6 Eggs, Guinea Fowl	1 <sup>st</sup> Jeff Holden,	2 <sup>nd</sup>
71. 6 Eggs, Blue	1 <sup>st</sup> Liz Perkovic,	2 <sup>nd</sup>

### Cheese

73. Soft Cheese	1 <sup>st</sup> Kerry Clout,	2 <sup>nd</sup>
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### Honey

75. Clear, Light	1 <sup>st</sup> Magda de Berg,	2 <sup>nd</sup> Phillip Moore
76. Clear, Dark	1 <sup>st</sup> Liz Van Reece,	2 <sup>nd</sup> Paul Drury
78. Honeycomb	1 <sup>st</sup> Liz Van Reece,	2 <sup>nd</sup>

STEWARDS CHOICE AWARD - ELIZABETH VAN REECE (Class 78)

SECTION CHAMPION

Thank you Modern Motors for Sponsorship towards Sections 16, 17, 18

### CHILDREN'S CLASSES

#### Section 1 - Art

A. Preschool - Artwork Of Any Kind - Under 5 years of age - <b>Sponsored by Nabiac &amp; District Pre-School</b>	1 <sup>st</sup> Lyla Scott,	2 <sup>nd</sup> Briar Ashby
B. Infants School - Finger painting, drawing, stick-ons accepted - Hand coloured or printed	1 <sup>st</sup> Casey Stamp,	2 <sup>nd</sup> Skarlet Meadows
C. 1 Primary School - Drawing	1 <sup>st</sup> Jake Hunter,	2 <sup>nd</sup> Tom Early,
	HC Isabel Griffis	
C. 2 Primary School - Painting	1 <sup>st</sup> Eddie Voss,	2 <sup>nd</sup> Zia Singh
	HC Hafsa	

C. 4. Primary School - Computer Generated - Hand coloured or printed

	1 <sup>st</sup> Ava Thompson,	2 <sup>nd</sup> Cash Thompson
D. 5. High School - Drawing - Pen, Pencil, Charcoal	1 <sup>st</sup> Abbi Petrisic,	2 <sup>nd</sup> Hannah Watson
D. 6 High School - Work In Colour - Any medium	1 <sup>st</sup> Tayla Paterson,	2 <sup>nd</sup> Asteria Meadows
	HC Mori Buckshiram (?)	

#### Special Prize for Handwriting E & F donated by Jim Fletcher

E. Primary School Handwriting	1 <sup>st</sup> Stella Barnes,	2 <sup>nd</sup>
F. High School Handwriting	1 <sup>st</sup> Isobel Bramley	2 <sup>nd</sup>

### Section 2 - Photography - Colour

8. Insects	1 <sup>st</sup> Isabel Griffis,	2 <sup>nd</sup> Ariella Griffis
	HC Heath Murray	
9. Animals and Birds	1 <sup>st</sup> Heath Murray,	2 <sup>nd</sup> Levi Madrid
	HC Ariella Griffis	
	HC Heath Murray	
10. Landscapes or Seascapes	1 <sup>st</sup> Isobel Griffis,	2 <sup>nd</sup> Isobel Griffis
11. Action	1 <sup>st</sup> Heath Murray,	2 <sup>nd</sup>
12. Portraiture	1 <sup>st</sup> Myah Hassler,	2 <sup>nd</sup> Tye Phegan
	HC Brax Hennesy	
13. Trick or Novelty Shot	1 <sup>st</sup> Stacey Henderson,	2 <sup>nd</sup>
14. Plants or Flowers	1 <sup>st</sup> Isobel Griffis,	2 <sup>nd</sup> Joey Hill
	HC Ariella Griffis	
15. Open - Any Image	1 <sup>st</sup> Stacey Henderson,	2 <sup>nd</sup> Stacey Henderson
<b>Creative Digitally Manipulated</b>		
16. Open - Any Image	1 <sup>st</sup> Levi Madrid,	2 <sup>nd</sup>
<b>CHAMPION - Ross Dearing special Prize &amp; Ribbon</b>		

### Section 3 - Cooking

18. Cup Cakes - 6 Decorated	1 <sup>st</sup> Ariella Griffis,	2 <sup>nd</sup>
20. Chocolate Cake	1 <sup>st</sup> Isabel Griffis,	2 <sup>nd</sup>
	Encouragement	Isla Bramley
22. Pikelets - 6	1 <sup>st</sup> Isla Bramley,	

### Section 4 - Hobbies

25. Lego	1 <sup>st</sup> Archie Pearce,	2 <sup>nd</sup> Archie Pearce
	Encouragement	Khloe Wade
26. Best Mobile/Suncatcher/Dream Catcher	1 <sup>st</sup> Sienna Bridge,	2 <sup>nd</sup> Alana Twemlow
28. Sculpture - Any medium	1 <sup>st</sup> Evie Hill,	2 <sup>nd</sup> Charlotte Merrick
29. Article In Woodwork	1 <sup>st</sup> Claire Twemlow,	2 <sup>nd</sup> Jonas Durbin
30. Any Article Not On Schedule	1 <sup>st</sup> Penny Battista,	2 <sup>nd</sup>
	Encouragement	Tom Early
	Encouragement	Ruby Burke

### Section 5 - Handiwork

31. Patchwork - Any article	1 <sup>st</sup> Amelia Gale,	2 <sup>nd</sup>
35. Any Article Not On Schedule	1 <sup>st</sup> Bianca Battista,	2 <sup>nd</sup> Bianca Battista
	Encouragement	Bianca Battista

### Section 6 - Flowers and Pots

38. Miniature Arrangement In Any Container	1 <sup>st</sup> Amelia Clements,	2 <sup>nd</sup> Chloe Paterson
39. Vase of Flowers - Any Type	1 <sup>st</sup> Amelia Clements,	2 <sup>nd</sup> Phoenix Madrid

### Section 7 - Vegetables

44. Chillies - 3 - Any kind	1 <sup>st</sup> Sienna Bridge,	2 <sup>nd</sup>
45. Cucumbers	1 <sup>st</sup> Liam Bridge,	2 <sup>nd</sup> Chatham High School
47. Squash, Pimply, Smooth or Button	1 <sup>st</sup> Loxley Bridge,	2 <sup>nd</sup> Chatham High School
48. Pumpkin - Any Variety	1 <sup>st</sup> Chatham High School	2 <sup>nd</sup> Sienna Bridge
49. Any Other Vegetable Not On Schedule	1 <sup>st</sup> Chatham High School,	2 <sup>nd</sup> Eddie Voss

### Section 8 - Fruit

53. Watermelon - 1	1 <sup>st</sup> Matilda & Darch Hobden,	2 <sup>nd</sup>
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#### Special Prize donated by Sue Beilby

57. Animal or figure made from Fruit or Vegetables	1 <sup>st</sup> Liam Hill & Jake Hunter,	2 <sup>nd</sup> Skye Anderson
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### Section 9 - Eggs

58. Eggs, Chook - Brown - 6 - <b>1st Prize Sponsored by D &amp; J Wand P/L</b>	1 <sup>st</sup> Codee Marsh,	2 <sup>nd</sup> Khloe Wade
59. Eggs, Chook - White - 6 - <b>1st Prize Sponsored by D &amp; J Wand P/L</b>	1 <sup>st</sup> Chatham High School,	2 <sup>nd</sup> MVAC
60. Eggs, Duck - White - 6	1 <sup>st</sup> MVAC Yr 7,	2 <sup>nd</sup> MVAC Yr 9
63. Eggs, Blue - 6	1 <sup>st</sup> Chatham High School,	2 <sup>nd</sup>

(MVAC - Manning Valley Anglican College)

OVERALL WINNER OF PRODUCE SECTION SPONSORED BY DARON & JODIE WAND PTY LTD

### DEMOLITION DERBY

1st	Ryan Vella
2nd	Tabitha Wares
3rd	Jason Rasport
4th	Blake Taylor
5th	Wade Harry
Biggest Hit	Blake Taylor

## POULTRY

### CHAMPION BIRD IN SHOW

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Reserve Champ Hard Feather Large  
Champion Soft Feather Large  
Reserve Champ Soft Feather Large  
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Reserve Champ Hard Feather Bantam  
Champion Soft Feather Bantam  
Reserve Champ Soft Feather Bantam  
Champion Waterfowl  
Reserve Champion Waterfowl

**Peter Gambrell**  
**Geoff Grady**  
**Tony Schubert-**  
**Anja Schenkel**  
**M & J Denning**  
**Brendaan Hopkins**  
**Neville Blanch- s/ship**  
**Tony Schubert**  
**Shane Debreceny**  
**Shane Debreceny - sponsor Lyn Reid**  
**MIA KELLY**

### CHAMPION JUNIOR EXHIBIT

### WINNERS OF ADULT SECTIONS

Khy Shart  
Anja Schenkel  
Daniel McDonald  
L & S Clarke  
Tony Schubert  
Shane Debreceny  
Paul Hosey  
Liz Terkovic  
L & S Clarke  
Daniel McDonald  
Neville Blanch  
Greg Milligan  
Jacob Debreceny  
Riley Debreceny  
Diden Debreceny  
Eagleton Poultry,  
Bob Lee  
Geoff Grady  
Peter Gambrell  
Dwayne Kelly  
Brendon Hopkins  
M & J Denning,  
Mark Dempsey

**JUNIOR WINNERS**  
**Rory Gambrell**  
**Reginald Penfold**  
**Eli McDonald**  
**Koby Gambrell**  
**Connor Macey**  
**Mia Kelly**  
**Georgia Jones**  
**Michaela Jones**  
**Hayden Jones**  
**Arabella Gray**  
**Riley ebrecey**  
**Jacob Debreceny**  
**Shane Debreceny**

### DOG HIGH JUMPING

<b>Small Dog</b>	1 <sup>st</sup> Jess Corrick - "Snoopy"	2 <sup>nd</sup> Bec Harper - "Audrey"
<b>Large Dog</b>	1 <sup>st</sup> Tayla Roby - "Zahli"	2 <sup>nd</sup>
<b>Farm Dog</b>	1 <sup>st</sup> Lachlan Hall - "Fergus"	2 <sup>nd</sup> Jenny Godbolt - "Ash"

### BEEF CATTLE

#### RED ANGUS

Junior Champion Heifer	Lachlan Moore	"Moore Vale Red Diamond Mist"
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#### SHORTHORN

Junior Champion Bull	Tipperary Shorthorn Stud	"Tipperary Simba"
Junior Champion Heifer	Tipperary Shorthorn Stud	"Tipperary Crocus Queen 18"
Reserve Junior Champ Heifer	Tipperary Shorthorn Stud	"Tipperary supernova Cameo"

#### BRITISH WHITE

Senior Champion Female	Bulang Park	"Dingo Hilary 3 <sup>rd</sup> "
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#### SPECKLE PARK

Junior Champion Heifer	KJ Speckle Park Hill	"JK Hill "Adena"
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#### HEREFORD

Senior Champion Bull	Grahame Johnson	"Prince Harry"
Reserve Senior Champion Bull	Graham Johnson	"Prince Edward"

#### LIMOUSIN

Senior Champion Bull	S & T Edman	"Bulang Park Rango"
Junior Champion Heifer	Amber Park Limousins	"Amber Park Rising Star"
Junior Reserve Champ Heifer	Amber Park Limousins	"Amber Park Regal Mimi"
Senior Champion Female	Amber Park Limousins	"Amber Park Neon Nicky"
Reserve Senior Champ Female	Bulang Park	"Kundle Park Patty"

#### DRAKENS BERGER

Junior Champion Heifer	Bulang Park	"Bulang Park Sani"
Senior Champion Female	Bulang Park	"Bulang Park Luton Hoo Qala"

#### TARENTAISE

Senior Champion Female	Chatham High	"T7 Rachel"
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<b>SUPREME CHAMPION BULL -</b>	Tipperary Shorthorn Stud	"Tipperary Simba"
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<b>SUPREME CHAMPION FEMALE -</b>	Amber Park Limousins	"Amber Park Neon Nicky"
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<b>RESERVE SUPREME CHAMPION FEMALE</b>	Lachlan Moore	"Moorevale Red Diamond Mist"
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### INTER BREED

Class 13: Pair of Females, not over 20mths, owned by exhibitor Amber Park Limousins  
Class 14: 3 Head Different Age/Sex owned by exhibitor - Tipperary Shorthorn  
Class 15: 2 Head of stock by one sire, owned & bred by exhibitor - Amber Park Limousins

## YOUNG JUDGES

Under 12 years	1 <sup>st</sup> Mitchell Hyne - MVAC,	2 <sup>nd</sup> Eli McDonald - CTPS
	3 <sup>rd</sup> /4 <sup>th</sup> Ayden Croft & Armani Mitchell - MVAC	
12/15 years	1 <sup>st</sup> Aaron Moore - CH,	2 <sup>nd</sup> Elly Sieverts - MVAC,
		3 <sup>rd</sup> Matilda Murray Gill - MVAC,

### RAS JUDGING - GROUP FINAL

15/u25 years (at 1/5/22)	1 <sup>st</sup> Lachlan Moore - IS,	2 <sup>nd</sup> Frayer Wisemantle - IS
	3 <sup>rd</sup> Arabella Randle - MVAS	4 <sup>th</sup> Madison Gill - CH
	5 <sup>th</sup> Scott Walker - MVAC	6 <sup>th</sup> Logan Doolan - MVAC

**CHAMPION YOUNG JUDGE** LACHLAN MOORE - INDEPENDENT OF A SCHOOL

**RESERVE CHAMPION JUNIOR JUDGE** - FRAYER WISEMANTLE - INDEPENDENT OF A SCHOOL

### LED STEER/HEIFER

**Light Weight** 1<sup>st</sup> Chatham High - "Shaggy", 2<sup>nd</sup> Chatham High - "Saint"  
3<sup>rd</sup> Chatham High "Sargent"

**Middle Weight** 1<sup>st</sup> MVAC - "Peanut",  
2<sup>nd</sup> MVAC - "Garren Park Snoopy"

**Heavyweight** 1<sup>st</sup> MVAC - "Lenny", 2<sup>nd</sup> MVAC - "Roberta"  
3<sup>rd</sup> MVAC - "Midnight"

**CHAMPION LED STEER/HEIFER** MANNING VALLEY ANGLICAN HIGH- "PEANUT"

**RESERVE CHAMPION LED STEER/HEIFER** CHATHAM HIGH - "SHAGGY"

### YOUNG PARADERS

Under 11 years	1 <sup>st</sup> Eli McDonald - CPS,	2 <sup>nd</sup> Armani Mitchell - MVAC
		3 <sup>rd</sup> Adelaide Stamp - MVAC
11/13 years	1 <sup>st</sup> Isobel Sieverts - MVAC,	2 <sup>nd</sup> Aiden Croft - MVAC
		3 <sup>rd</sup> Adena Campbell - IS

### RAS PARADERS - GROUP FINAL

13/u19 years (at 1/5/22)	1 <sup>st</sup> Bibiannah Peattie -CH,	2 <sup>nd</sup> Chloe Bisley - IS
		3 <sup>rd</sup> Bridie Stone - CH

**CHAMPION YOUNG PARADER** BIBIANNAH PEATTIE - CHATHAM HIGH

**RESERVE CHAMPION YOUNG PARADER** - CHLOE BISLEY - CHATHAM HIGH

**BEST PRESENTED AND PREPARED SCHOOL GROUP** MANNING VALLEY ANGLICAN HIGH

### ROYAL AGRICULTURAL SOCIETY YOUNG JUDGES FRUIT & VEGETABLE COMPETITION

1<sup>st</sup> Jessica Kemahan  
2<sup>nd</sup> Arabella Randle - MVAC  
3<sup>rd</sup> Eden Jaminsky - independent of a school  
4<sup>th</sup>/5<sup>th</sup> Stormy Lee Shumacher & Peter Douglas - MVAC & CH  
6<sup>th</sup> Caitlin Sheldon - CH

### ROYAL AGRICULTURAL SOCIETY YOUNG JUDGES GRAIN COMPETITION

1<sup>st</sup> Bibiannah Peattie - CH  
2<sup>nd</sup> Natalie Schneider - Independent of School  
3<sup>rd</sup> Jessica Kemahan  
4<sup>th</sup> Peter Douglas - CH  
5<sup>th</sup> Stormy Lee Schumacher - MVAC  
**Manning Valley Anglican College (MVAC), Chatham High (CH), Taree Christian College (TC), Independent of a School (IS), Cundletown Public School (CT)**

### DAIRY GOATS


Best of Breed - Saanen	Blue Brook Savannah	shown by B & M Gleeson
Best of Breed - Anglo Nubian	Glenugie Posh	shown by Sue Seager
Best of Breed - Australian Melaan	Eagleton Sarella	shown by B & M Gleeson
Best of Breed - Australian Brown	Eagleton Limian	shown by B & M Gleeson
Junior Champion Doe	Glenugie Macie Lu	shown by Sue Seager
Reserve Junior Champ Doe	Eagleton Sari	shown by B & M Gleeson
Mid North Coast - Dairy Doe of the Year	Glenugie Posh	shown by Sue Seager
Grand Champion Dairy Doe	Eagleton Limian	shown by B & M Gleeson
Supreme Udder of Show	Eagleton Limian	shown by B & M Gleeson
Reserve Supreme Udder	Blue Brook Savaanah	shown by B & M Gleeson
Senior Champ Doe	Eagleton Limian	shown by B & M Gleeson
Reserve Senior Champion Doe	Glenugie Posh	shown by B & M Gleeson
Champion Doe Kid	Glenugie Luisah	shown by Sue Seager
Reserve Champ Doe Kid	Blue Hills Sarah	shown by A & P Tilbrook

**Unfortunately I haven't been given the Wood Chop, Pet Show, Tug of War, Horse or Show jumping results. Maybe in the next issue?**









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**Love your gut,** nurture the good bacteria.

When we are born, our gut is populated with microbes, which includes both good and bad bacteria. Much of our gut flora is shaped during experiences in early childhood.

Microbes (which includes bacteria, fungi & viruses) exist on, and in our bodies and make up around 50 % of us! These microbes perform essential roles in the body, including communicating with the brain. The gut brain link has been implicated in many health issues, such as Crohn's, Parkinson's, Autism, and diabetes. There is a growing body of research into understanding the role of microbes in our bodies.



We do know that when beneficial gut bacteria are depleted, bad bacteria can thrive. This means less good gut bacteria to perform tasks and more bad bacteria to cause problems!

Modern day living means that our friendly gut bacteria may be depleted, by toxins which we are often unaware of, such as in air freshener, pesticides, and body lotion. Also, by antibiotics and

over-use of sanitizer products.

We can boost the number and variety of these essential good bacteria, by consuming probiotic foods and avoiding things which damage the beneficial bacteria.

#### How to add probiotics

Most of us know that probiotics are good for gut health. What do you think of when you hear "probiotic"? Would you like to know



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Web Site: [www.mglwoodworkers.com](http://www.mglwoodworkers.com)

more?

Nourishing the good gut bacteria with probiotic foods is important. Probiotics are essentially good bacteria, which we consume to add to the existing gut flora. We can eat fermented, soaked, and sprouted foods and drinks. We can also take probiotics if need be. Here's a few reminders and tips:

#### 8 ideas for how to add probiotics and encourage probiotic activity:

1. Natural, unsweetened yoghurt – enjoy with nuts, fruit, and seeds. Add a dollop to soup, curries, and smoothies
2. Eat greens, nuts, and seeds which have been sprouted
3. Sauerkraut (fermented cabbage) is delicious with cheese and organic brown rice crackers or homemade flax crackers
4. Small glass of kombucha, or kefir some days
5. Cup of miso soup – a great pick me up in the afternoons or a base for meals.
6. Tempeh (fermented tofu)
7. Add ½ tsp raw honey to yoghurt, tea, smoothies, salad dressings, or enjoy on its own
8. Soak oats on the bench overnight. Add a little ACV, lemon, or natural yoghurt to help break down phytates and aid digestion.



What topics interest you and what would you like to see in these articles? Let me know if you'd like to receive weekly emailed "health bites" from Natural Space Nutrition, and I'll add you to the list.



\_thenaturalspace\_

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## REAL KULTCHA

Just a couple of *bring you up to date* items from my last rant. a) the Richmond ear-worm is not travelling well. He's now been told by several other team supporters around here they don't want to know him either – a turncoat is about as popular as a boundary umpire; b) the Manly ear-worm is also not travelling well, especially after their latest match where they were down a lot to zip at half time to then come storming back to fall just short. It didn't help when I suggested they might approach V'landy and see if they can play two second halves rather than a first and a second; c) Tom Brady's *last pass ball* was sold at auction for US\$518,000+ but he un-retired himself less than 24 hours later meaning the ball wouldn't be his last pass! So guess what? The cheque for the auction price hadn't actually been handed over so the sale has been voided; d) Tiger Woods did play in *The US Masters* in early April and while looking good early and making the cut, he faded. Our own Cameron Smith however, was looking the goods for a long time before his ball found the water and his run also faded; and e) *The Southern Stars* (I love that name) took on the English women in the final of the 50 over World Cup in Christchurch and thumped them comprehensively. They also set a record of 26 consecutive ODIs in a row!

**CAUTION! NAME DROPPING!** Years ago and in another life, I was given a chance to play in a Pro-Am in Canberra. For those of you who don't know what that means draw near and I'll whisper in your pinky. The day before the first round of any major golf tournament, there is a practice round for the players where a professional (a **Pro** who will play the next day) is grouped with three hackers (the **Amateurs**) who the major sponsors would like to thank. I was grouped with Peter *Chook* Fowler and he was good. What interested me more however, was the flight behind us and their big name was Jack Newton. Now Jack walked into an aircraft propeller in 1983 and lost his right arm and other bits but could still crush a ball. In fact he was doing better with his one arm than I was doing with two!!!! I did meet him at the after function and was very impressed with his attitude to life. So it was with a good deal of sadness I read his obituary this last week. Australia has lost a number of our sporting heroes over the last few months but Jack was the first I'd actually met. So sad.

I notice Ash Barty is striking out again. She's to play in the inaugural Icons Series event, which is a nine-hole team matchplay format on the the Liberty National course in New Jersey in June. She will play with

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boxer Carnelo Alvarez, Manchester City boss Pep Guardiola and Spurs striker Harry Kane. The team will be captained by Ernie Els. Fred Couples will captain the USA Team of swimmer Michael Phelps, former gridiron quarterback Ben Roethlisberger and boxer Oscar De La Hoya. It should be interesting and I'd expect it will be broadcast on pay TV at least. I'm going to try and watch it.

From the **WHAT THA??** file. *The Galahs* have a new coach in Andrew McDonald, after Cricket Australia went through the trauma of punting Justin Langer – for apparently being too hard on the players. Anyhoo, there is now a report in the London *Daily Mail* which says the Poms are in search of a new coach after their diabolical tour of Australia and are supposed to have approached Langer. Their team is in disarray and in a newspaper report Geoff Boycott says he thinks Joe Root should resign and while he blathers on a bit about what talents a captain should have, he hints at Ben Stokes being given a chance. The item finishes with this: *Better that a captain is hard and tough and not liked, but wins. Sport is not a popularity contest.* Maybe Langer would fit the bill? If it happens, the next Ashes Series would see *The Galahs* under new coach McDonald up against their old coach in Langer. That could be fun!

Ah, the mystery of the footy comps. One day you're a rooster and the next you're a feather duster. Or to put it another way – one day you're a pigeon and the next you're the statue. The Mighty *St Kilda* team (god fearing angels that they are) are now sitting 4<sup>th</sup> on AFL ladder after beating *The Giants* at Manuka Oval last night. Their season – despite their coach having COVID – is bubbling along quite well at the moment and we legion of fans of the Red, White and Black have a bold and lightness to our step. Up in Sydney however, The Heavenly Cohort *St George* (also god fearing) are struggling in the far reaches of the bottom half of the ladder. No, they're not on the bottom but they're pretty close. All is not lost yet but they need to get their act together if they intend to play in the finals.

And finally, Novak Djokovic (of all people) says Wimbledon is *crazy* for punting Russian player Daniil Medvedev because of the Ukraine invasion by his country. He'd know crazy!


Talk at you next month,

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**The Wallamba Watershed's History** – Another in a series of historical articles gleaned from the archives of the "Manning River Times, 1946 by Bob Mann

#### **FEBRUARY, 1946: FIREFLY TRAGEDY: INQUEST OPENED AND**

**ADJOINED.** On Saturday Mr R.S. Hawkins, the district coroner, opened and adjointed an inquest into the cause of death of *Albert Dudley* of Alexandria near Sydney. Sgts *Banslie* (?) and *Fitzgerald* assisted the coroner. Mrs *Jean Catherine Dudley* gave evidence that the deceased was her husband and licensee of Camellia Grove Hotel at Alexandria. She last saw him alive on November 14<sup>th</sup> when he left home with Mr *J.N. Lucas* to spend a short holiday at Tuncurry. They left in a utility. John *Normington Lucas* (Hotel Manager) of Alexandria said that he and Dudley left Sydney together in the truck. Dudley had driven the truck from Gosford to Tuncurry, although he was not a competent driver he had driven motor vehicles previously but had not done so since his return from New Guinea in 1941. They had camped on Tuncurry Reserve. Dudley never drank intoxicants. On November 21<sup>st</sup> they left Tuncurry, Dudley driving. They called at a shop in Krumbach and had an orange drink and asked to be told the best place for shooting rabbits. The shopkeeper advised them to go to Tipperary and described the route through Firefly. Dudley drove the truck along the Firefly road. When approaching at a speed of between 20 and 30 miles an hour the truck skidded when halfway around a turn. Dudley lost his nerve and the truck went over the side of a culvert and into the water. Witness was hurled out of the truck on to some stones as it somersaulted. He saw Dudley half underneath the water with his head on some stones. Witness dragged him to the bank and on feeling his wrist could notice no pulsation. The lower part of his body had been beneath the truck. Witness ran to a house and asked the people there to phone for a doctor and an ambulance. He returned with two other men to Dudley, took out the seat from the truck and placed Dudley on it. He was wrapped up to the hip to keep him warm until the Doctor arrived. Doctor *F.O Stokes* described the injuries to Dudley. He attributed death to a severe crushing of the chest. At that stage the inquiry was adjourned until a date to be fixed. The body was

taken to Sydney by train on Saturday night for interment.

**WALLAMBA JUNIOR FARMERS SHOW:** The combined annual show, in connection with the Junior Farmers Clubs of the Wallamba, is to be held on the NABIAC Showground on Saturday next. A number of ring events are advertised in this issue of the paper. Luncheon, cordials, ice cream and etc. will be available on the ground

**NABIAC: A SERIOUS DRIFT FROM THE LANDS:** Since 1938, every boy, except one, who passed the Intermediate Certificate at School in the NABIAC area had left the district, declared Mr W. Dobell of the Wallamba at the annual conference of the Junior Farmers Clubs council. He was stressing the need for a scheme of agricultural education of country children and the settlement of Junior Farmers on the land to prevent the drift of children to the cities. Avenues were not opened for an agricultural future therefore the bright boy left the land to find a future in the city, he said. One delegate blamed the lack of finance a factor in the drift to the city. M.P. E. Breakwell, the retiring State organiser, said that Agricultural and Regional Committeemen should be asked to consider the interest of Junior Farmers in connection with land settlement conference should appoint sub committees to investigate and report to the Minister for Education on rural Education and to enquire into a scheme for land settlement of Junior Farmers. Delegates agreed to the change in the constitution of the club providing that Junior Farmers who turn 21 years of age while a project or division of a project is in progress may continue as a member for a period not exceeding 9 months to allow him to finish the project and to compete in any competition related to it.

**Appreciation at the work of the Rural Bank in regard to the filming of Junior Farmer activities.** Collaboration of the Rural Bank and the Education Department was of the utmost importance to the club it was stated.

**TIPPERARY - MARCH, 1946: TEACHER FOR TIPPERARY:** The Minister for Education, Mr *Hefron*, told a deputation that a teacher would be sent to Tipperary School as soon as the furniture had been installed in the school.

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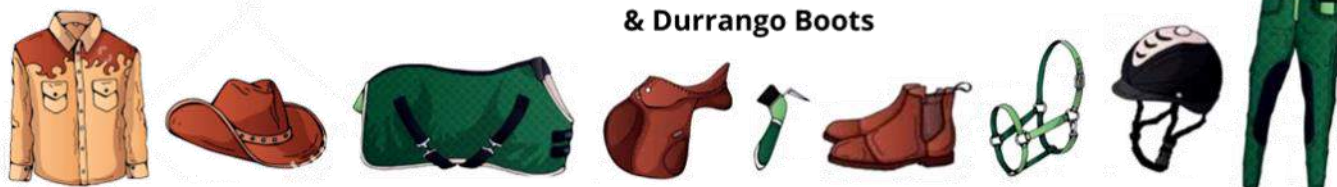
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### Rugging For the Seasonal Change

As the daylight hours begin to shorten and the temperature begins to dip horses will naturally begin to grow their winter coat. Horses begin to grow a winter coat as a biological reaction to the daylight hours shortening. Therefore, by the time autumn arrives your horse has already started growing his winter coat.

Horses' winter coats are incredibly effective at keeping them warm and for some owners keeping their horse "naked" with a healthy winter coat is their preference. There are, however, other contributing factors that may mean rugging your horse is the best choice for your situation.

#### Why rug?

Reasons to rug include keeping the horse's coat shorter as a personal preference, usually for riding and competition maintenance. Often owners will rug to help reduce feed costs during the cold months, as horses burn more energy in winter keeping warm. Environmental factors, such as wind and rain can increase the likelihood of a horse feeling the cold and needing a rug. A horse's age and health status are also reasons why an owner may choose to rug. Generally, foals, older horses and horses light on condition are less able to regulate their body temperature and can feel the cold more easily.

#### Rugging for a short/shiny coat

Many horse owners prefer the aesthetic of a short, shiny coat all year long. Rugging horses will help keep the coat shorter, however this won't completely prevent horses from growing a winter coat. To keep the coat short some owners opt to stable their horse under lights or clip their coat. When using either of these methods, it is important to provide your horse with adequate rugs to prevent them feeling the cold with an unnaturally short coat during the winter months. Our suggestions would be to use a winter rug with polyfill, or layer your rugs, for example use

lighter under rugs with a raincoat over the top.

#### Rugging to maintain condition and save on feeding

In general, during winter horses will require more feeding, firstly because grass supplies tend to decrease, secondly because horses use more energy

staying warm. In order to not only keep your horse's condition up but save money on feed, rugging is a great option. Even a light rain sheet can keep your horse warmer, so they're not using stored energy to heat themselves.

#### Rugging to combat the elements

Environmental factors are the top reasons for rugging in the colder months. Horses are usually able to keep themselves adequately warm when left unrugged, however when they experience heavy rainfall that soaks their coat completely through, or there's a strong wind chill factor their ability to regulate their body temperature changes. In still conditions horses can more easily regulate their body temperature than when they experience extreme weather conditions. When heavy rainfall or cold blasts occur, these are the times your horse would appreciate extra rugging to keep their internal temperature ideal.

#### Rugging based on age and health

Foals, older horses and horses in poorer condition tend to feel the cold more, as it is more difficult for them to regulate their body temperature. For these horses a rug with fill will be beneficial over winter. For foals you can purchase special foal rugs or opt for a mini/pony size rug.

#### Takeaway message on rugging

When it comes to rugging it's best to think about what will benefit your horse's needs the most and what you're able to manage time wise (with some rugs these will have to be taken off in the morning and put on in the evening). Over rugging can be more harmful than under rugging or not rugging, therefore if you're unsure about what rug is best for your horse get in touch with the team at Mustang & Co, we can help you devise a rugging plan for your horse.







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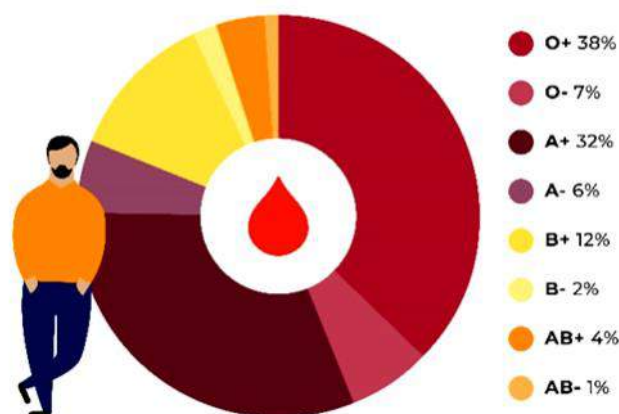
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## Blood type break down

More than a third of Australians have the most common blood type, while other types are far more rare; where does yours fall?



\*Percentages are based on patient pathology results provided across Australia in 2019. Data available at: <https://onlinelibrary.wiley.com/doi/10.5694/mja2.51429>



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**Artists of Wallamba**  
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Great meeting at Di Smith's home in Failford where she lead a fantastic workshop in mixed media. **Our next workshop/meeting will be on Sunday 15<sup>th</sup> May, 10am at Burrell Creek. Beate will be running a Pastel workshop. All welcome** – beginners to more experienced. Lots of play and learning, always with laughter and great company! Call for the address and details of what to bring.



**Gemma Stylz** sold this beautiful piece at **The Edge Gallery** in Taree and had great interest in her work. Gemma is available for commissions as are many of our artist with a diversity of style and medium - [www.gStylz.art](http://www.gStylz.art)

**Carmel Spark's** exhibition, **Eucalpytus**, opens on **5<sup>th</sup> May** at The Edge Gallery and runs for 2 weeks. Some stunning paintings to add to any collection! Carmel skilfully brings to life her passion for Australia's diverse Eucalyptus species. Carmel finds living in the bush and creating art both deeply spiritual experiences. She seeks to engender a love of the biodiversity of Australian flora to all who view her work.



Congratulations to **Susie Oldfield** who took out first prize for best 3D work at the Great Lakes Open Exhibition with her sculpture, *My Bangalow*. Also to **Kate Landsberry** who received a highly commended in the Open section for her mixed media work *Ebb and Flow*.

**The Lansdowne Art Exhibition** runs on **30<sup>th</sup> April – 1<sup>st</sup> of May** only. See Facebook under: <http://www.facebook.com/landsdownecommunityhall/> for further details or call **Rhonda Hardes** on 0418 920 984.

Entry forms for the **TAREE OPEN ART EXHIBITION** close 7<sup>th</sup> June. Start planning your entries and check out the categories and details on **Facebook – Taree Artists Inc./recent media sidebar**

Call **Carmel Spark** on 0419 273 849 for details of **Artists of Wallamba** and if you would like to join our Facebook Group. We have ongoing information for many exhibitions, workshops, online courses and competition opportunities that our members share, along with inspiring quotes and ideas.

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*Kate Landsberry*



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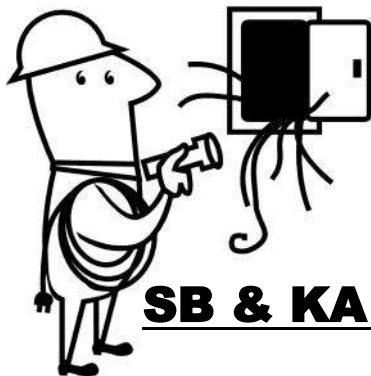
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- 2 tbsp Canola Oil
- 1 Onion, diced
- 500 g Trimmed Diced Lamb
- 2 tsp Moroccan Seasoning
- 1 tbsp Plain Flour
- 1½ cups Beef Stock
- 1 Piece Lemon Rind
- ½ cup Raisins
- 420 g tin Red Kidney Beans, drained
- 410 g tin Baby Carrots (or cooked julienned carrots)
- ½ cup Water
- ¼ cup Chopped Parsley

#### METHOD

1. Heat 1 tablespoon of oil in a large, deep frying pan over high heat. Add lamb and cook for 2 minute or until browned (hint, make sure the meat is DRY so that it sears quickly) on the outside. Remove from the heat
2. Add remaining oil to the pan and reduce heat to medium. Cook onion and Moroccan Seasoning for 1-2 minutes. Add the flour and cook 1 minute further.
3. Stir in stock, lemon rind, raisins and beans. 3. Cook uncovered for 5-10 minutes or until the sauce has thickened slightly
4. Remove lemon rind, add carrots and water and return cooked lamb to pan. Cook for 2 minutes or until heated through.
5. Remove from heat and stir through the parsley.

Serve with rice or chunky buttered bread.

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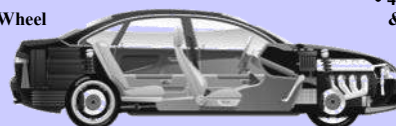
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## Welcome to Deb's Gardening,



With a moment of dry weather it didn't take me long to get the garden in order, the grass mowed, whipper snipping done and weeds under control, the garden looks like someone cares for it. I was starting to feel over whelmed as the garden did look an eye sore and there were so much work to do as I wandered around. I couldn't get to it because of the wet weather but like I said it didn't take long to get it back to being under control. Why did I worry so...

I have lost a few plants to the wet weather, bound to happen. I lost some of my lavender, rosemary and a few daisy plants as they didn't like the constant wet feet. They have been cut out and dug up and added to the compost heap.

The vegie garden is starting to get planted out. Peas, beetroot, carrots, turnips are just starting to germinate. The onions are in and the broccoli, cauliflower and cabbage seeds have germinated and been potted up ready to plant. I just need another dry period to get them into the bed that they are going into as I ran out of time before the rains fell again to prepare the bed.

It's time to plant the bulbs and get them into the ground in my deciduous tree patch. I do have to prepare the soil first and get rid of the weeds but it is time to get them in for a lovely spring display.

I am big on houseplants; I am starting to get a good selection of houseplants. Apart from the regular watering, once a month I get a big bucket of water add 50mls of Seasol and pop the plant into the bucket and let it soak until the bubbles stop. Then let drain, the plants love this. I have also potted up some of the plants as they were showing signs of pot bound, time to re-pot them up with a good potting mix into a bigger pot.

Plants can often show the same symptoms for over – or – under watering (limp, yellowing leaves) so you can always rely on them to tell you; simply insert your index finger to the second knuckle into the potting mix. If it is dry, water, but if it's moist you can leave watering for a few days. As a general rule, water once every week (until water runs out of the drainage holes) but extend this to 7-10 days during

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**Paul D'Elboux**

the cooler months.

House plants are good for your health – and not just for the visual beauty. They essentially do the opposite of what we do when we breathe: release oxygen and absorb carbon dioxide. This not only freshens up the air but also eliminates harmful toxins. It has been proven that houseplants can decrease dust levels by 20 percent. There are so many different house plants to suit. So when my other half makes a smart comment on my shrubbery inside the house and on the veranda, I say in return that I am looking after his health.

Until next time, happy gardening

Deb

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## Good Medicine

### Daily Bread

Bread is an important food and you probably eat it every day. The unprocessed bread of yesteryear was nutritious, often home cooked and played a big part in diets ... it truly was the 'staff of life'. Not sure if the same can be said of it's modern counterpart although there are many varieties of tasty bread to choose from.

The bible mentions bread many times. In the Old Testament manna was a type of bread which literally came down from heaven ... given by God to the Israelites in the wilderness, *Exodus 16:4*. Years ago at a teen church camp I remember singing a song (?vaguely related to this story) while we lined up for meals, "here we stand like birds in the wilderness waiting to be fed!". Accompanied by much stamping of feet and banging of tin plates we considered this great fun, but perhaps the cooks had a different idea!

When Jesus was on earth bread and fish seemed to be diet mainstays ... such as in the story of feeding the 5,000 in *John 6*. Jesus says 'I am the bread of life, if anyone comes to Me they will no longer be hungry', *John 6:35*, referring to our spiritual needs. The Lord's Prayer also asks God to 'give us today our daily bread'.

You might have noticed sometimes in these articles quotes from 'our daily bread'. This is a publication which aims to point people to God's Word and His son Jesus, by helping them to read the Bible daily. People read the Bible as spiritual bread.

Field Marshall Montgomery was someone who read the Bible every day and also quoted it to his troops to enable them to become better fighters. He was known as the finest General in World War 2.

Our Daily Bread is a great booklet to connect with ... there are so many great stories in it that I could fill pages with them. The organisation known as Daily Bread Ministries was originally begun in the mid 1950's by Dr M De Hann with Henry Bosch. Over sixty years

later, from this small beginning, the ministry now produces radio and television programs, online university programs and courses in many languages from Christian University GlobalNet, plus much more.

There are offices worldwide. Later taken over by Richard De Hann and later still by his sons, Mart and Rick ... quite a family affair ... the organisation is not funded by any denomination or group but by people and friends interested in their work. There is no subscription fee and the aim is still to point people to the Bible.

If you would like help to read the Bible you can subscribe at:  
[ourdailybread.org](http://ourdailybread.org) or write to -

*Our Daily Bread Ministries, PO Box 15, Kilsyth, Vic 3137*

It will turn up in your mail box every 3 months.

Here are some sample quotes from odb:

**'Life:** The way you live reveals your real reason for living.

**Friendship:** The dearest friend on earth is a mere shadow compared to Jesus.

**Aging:** Keep going for God, we are never called to retire from life and coast home to heaven.

**Space:** Exploring the universe is amazing but exploring the God who made it - that's *beyond* amazing!

**For Mothers Day:** God bless my mother ... all I am I owe to her (Abraham Lincoln).

Let us honour the women in our lives as they share their wisdom, show us kindness and who seek above all to honour God'.

Quotes from [ourdailybread.org](http://ourdailybread.org)

*The Counsellor*

**IS YOUR GLASS HALF FULL OR HALF EMPTY??**

**I THINK I AM GRATEFUL TO HAVE A GLASS.**

## News From The News

### Nabiac Community Church

Services are held every Sunday at 10:00am  
Holy Communion is celebrated with the service on the 3<sup>rd</sup> Sunday  
For information regarding the Nabiac Community Church please contact Margaret **Weller** (6554 1212), Jill **Hammond** (6555 7747)

### St Bernadette's Catholic Church, Krambach

**May** Mass times are Saturday 7<sup>th</sup> at 6:00pm - Saturday 14<sup>th</sup> at 6:00pm - Saturday 28<sup>th</sup> at 6:00pm  
(contact **Helen Legg** on 6559 1211)

### Krambach Bible Church (a ministry of Wingham Presbyterian)

A Family Service is held **every** Sunday at 11am.  
All denominations are welcome to join in.  
Any enquiries please phone **Robert** (0400 310 357) .

### St Paul's Anglican Church, Nabiac

Service each Sunday at **10:30 am**. All welcome  
Enquiries: Contact Kit **Carson** (0493 278 243)

Every Week Day Before and after school care by **KIDS SHACK**  
We also provide Vacation time care.  
Call **Joy** on 0438 273 360.

### St Isidore's Catholic Church, Nabiac

**May** Mass time is Saturday 21<sup>st</sup> at 6:00pm

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### Karuah Great Lakes Landcare

0401 932 533



Join the **Nabiac Landcare** crew on Wednesday  
4<sup>th</sup> May, as they host a tour of their regeneration sites led by our  
Private Land Conservation Officer **Isabelle Strachan** and MidCoast  
Council's Natural Assets Officer - two very sharp minds in local bush  
regen.

Check out the progress at the group's sites, learn regen tips, tricks  
and strategy, pick up some weed and native plant ID, and learn about  
Private Land Conservation opportunities and about Council's bush-  
care program.

Informal, in the field, with plenty of opportunity for Q & A....come  
prepared to pull out a weed or two...

Please RSVP to **Joël Dunn** at [joel.kgl.landcare@gmail.com](mailto:joel.kgl.landcare@gmail.com) for details  
on where to meet

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Barb available on Monday - Tuesday - Wednesday - Thursday

Jess available Friday, Saturday (by Appointment) Otherwise we are shut Sat.

Hello everyone,

May is here, along with Mother's Day.

Wishing all the mums out there a wonderful Mother's Day 🌸.  
Remember we have gift packs and vouchers available, excellent  
presents for that special woman.

Hope everyone is staying well. Keeping dry and COVID free. I now  
leave you with the saying of the month:

*"To all the Mothers, Grandmothers, Aunts, Sisters and other women  
in our lives that care for us and loves us unconditionally."*

*Belinda 😊*

### KRAMBACH HALL HAPPENINGS

**HALL MEETINGS:** Monday following the Krambach Markets each  
month at 3.00pm. Next meeting on **Monday 18<sup>th</sup> April, 2022.**

**Volunteers and Committee members welcome to join.**

**HALL MARKETS:** 3rd Sunday of the month. 17th April.

Stall spaces available. One table costs \$11, two are \$16 and 3 are \$22  
Phone Judy Bonnifin Wright on 6559 1375 to book one.

**HALL BOOKINGS:**

From the 1st December the Krambach Hall will be free for bookings  
Contact **Fay Deer** on 6559 1562 or **Debbie Gray** on 6559 1475

### Do you need a *Justice of the Peace*?

Then contact

Stuart **Weller** on 6554 1904 (Nabiac)

Gordon **Foy**, 2949 Bucketts Way, Belbora on 6550 2547 or 0417 290 874

Helene **Murphy**, on 0412 778 494 (Dyers Crossing)

Lance **Fletcher**, Blackbutt Drive, Failford on: 0409 850 671

Karen **Tyler**, The Bucketts Way, Kundibakh on 0425 226 699

Kate **McIntosh**, on 5444 1144 or 0434 589 048 (Minimbah)

Vicki **Turner**, on 0422 115 454 (Nabiac & Minimbah)

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