

Across The Fence September, 2021 - Circulation approx. 1010 - Nabiac, Krambach, Coolongolook & Bunyah



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Ben Strange

m: 0418 285 951 e: iroofandgutter@outlook.com

Editorial.

Hi all,

Well, we all knew that sooner or later we would join the major cities in being placed in "lock down". We have been really lucky up to now to be able to carry on almost as normal. I trust everyone is coping with our incarcerations.

I read Louise Collins' article on page 15 and it is a little like "déjà vu" right down to the need for two injections!

Some good new for me. I have been fortunate to have had two lovely ladies reply to my plea for someone to do a gardening article and they will both be sharing their ideas with you, sometimes monthly, sometimes when they have news to impart. We welcome Rosemary and Deb to the paper.

Now, how about some of you sending in your favourite recipes for us all to enjoy. Robyn Lacey has started the ball rolling with her quick "meatballs in tomato soup" - quick and easy and tasty.

A few new ads again this month. One for a Mobile Mechanic - great for when you can't get the car to the garage, and one for another builder. Also a bookkeeper, reminding us it is TAX time. Lyz Taylor is also ready to sell her lovely iris and daylilies which have recovered after the ghastly weather we have had over the last year. Spring is here

There is also a plea from the Blood Bank at Taree for new volunteers - apparently blood donations for the health system are needed every 24 seconds! Go and give, you never know, one day it might be you who is need of it.

Both of our lovely hair salons are shut until 10th, so I hope the district's ladies have been able to cope with trizzing up their own locks. Only another 10 days to wait for your usual beauty visits.

Fathers' Day is just about upon us which makes me wonder where the year has gone. It will be Christmas before we can fathom another lost year.

I hope all the dads, granddads, step dads and unofficial loving "dads" all enjoy a wonderful day with their families. Hopefully it will be as lovely a day outside as it is today (Tuesday 31st) and you can at least celebrate with a BBQ or such in your back yard.

Both Nabiac and Krambach Markets closed this month. Nabiac, from their article, is trying to arrange for some of their stall holders to do "orders on line" to keep customers supplied with their fresh foods. Sounds like a plan.

Fire season has been brought forward again and permits are now needed for your pile burns. With the winds we have been having, I can see the reason - one gust and your fire can go rogue. Stay safe!

Lyn, Tilley Cat & Timidthy

'til next month





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WHAT'S HAPPENING IN SEPTEMBER, 2021

Markets & Events.

Bulahdelah	(1st Sat)	4^{th}	8am to 1pm
Blackhead Bazaar	(1st Sun)	5^{th}	8am to 12 noon
John's River Country	(2nd Sat)	11^{th}	9am to 1.30pm
Wingham Community	(2nd Sat)	$11^{\rm th}$	
Myall Quays	(3rd Sat)	18^{th}	9am to 1pm
The Hub Taree Showgnd	(3rd Sat)	18^{th}	8am to 12 noon
Krambach	Closed ind	efinitely	y
NABIAC	(Last Sat)	25 th	8am to 12 noon
Old Bar	(Last Sun)	26^{th}	7am to 1pm
Pacific Palms	(Last Sun)	26^{th}	9am to 1pm
Forster Town	(2nd Sun)	12^{th}	8am to 2pm
Halliday's Point	(1st Sun)	5^{th}	8am to 11am -?
Town Head (e	very Mon)		8am to 2pm
Mt. George	(4th Sat)	25^{th}	8am to 2pm
Forster Farmers Marke	t (3rd Sat)	18^{th}	8am to 12 noon
Bobbin Community		th	9am to 2pm
Tuncurry Markets	(4th Sat)	25^{th}	8am to 1pm
Burrell Creek	(2nd Sun)	12^{th}	9am to 12.30pm
Great Lakes Palliative Ca	re (3rd Sat)	18^{th}	
Taree Rotary Book Fai	r (3rd Sat)	18^{th}	7.30am to 12.30pm

Check out barringtoncoast.com.au for more info & confirmation

Phone Lyn on 02 6559 1811 Email: paulreid@iprimus.com.au *Production:* Lyn Reid

Contributions To: The Editor, Across The Fence, 1 Barry's Road, Firefly. N.S.W. 2429 or c/- Modern Motors, Nabiac, N.S.W. 2312 - please phone WHEN you have left articles there to be collected

Contributions should be submitted - in writing - by the **25th** of the month for inclusion in the following month's edition.

ALL ART WORK IN JPG ONLY

Disclaimer: The editor has **no affiliations** to any advertisers and the opinions expressed by submitters are their own.

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Full Page - 19 x 13 cm	\$110.00	\$100.00

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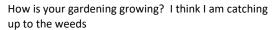
Shaz is closed until the current COVID problems are sorted out and she can open the salon properly.

She has closed her books but will continue to try to accommodate her existing clients.

She extends her apologies and is looking forward to better times for all when she can open again.

Krambach Garden Lovers News

Hoping you are all well and Covid 19 free



I have been taking the chance to renovate a garden shed and have made a garden around it - I have planted many gingers, an azalea (Silver Anniversary) in a large pot, put up lattice (a gift) and hung an elkhorn - I am quite pleased with my efforts.

The May bush is out as are the cliveas, daffodils and freesias and so without much effort I have a show.

It will be so nice when we can all get back together and chat about our gardens as well as visit each other.

If you would like to send me a note about what you have been up to in your garden I would be happy to tell our garden lovers

Happy gardening

Judi

Manning Great Lakes Woodworkers Incorporating the Bridge Gallery

Workshop and Gallery open every Saturday from 9:00am to 2:00pm

New members are very welcome. If you like "messing about" with wood, please visit us or contact us as follows:



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Nabiac Pharmacy News

Get Vaxxed!

At Nabiac Pharmacy we are really very proud to have helped hundreds of people in the local area get vaccinated against Covid 19.

We provide the Astra Zeneca vaccine and are pleased to let people know that Nabiac Medical Centre will have supply of the Pfizer vaccine from mid September.

Also we would like to officially welcome Doctor *Taha Radwi* to the local area. We hope that he is able to make a big difference in peoples lives as all other members of staff at Nabiac Medical Centre do.

Tim

TAREE BLOOD DONOR CENTRE



Is it time to tick giving blood off your bucket list?

Our friends at the Taree Blood Donor Centre need **190 new** donors this September to have enough blood for patients.

It's easier than you might think and the team in the centre are great — they'll

help you get over any first-time jitters.

You can also book with a friend too for moral support.

To book your first life-giving donation search 'give blood' or call 13 14 95.

Go on, you can do it!

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Between the Pages Nabiac Library News



Check out the CBCA 2021 winners for great reads!!! https://cbca.org.au/winners-2021

Click n' Collect Will be available at Nabiac Library during the lockdown for limited collection times.

Library patron's need to fill in a Click n' Collect form on the library website; for those without access to the internet they can ring Forster Library on 7955 7001 and staff can go through the form with them.

- Go to www.midcoastlibraries.com.au and select the Click & Collect option on the home page
- Fill in the request form with your borrowing requests
- Choose your location that you would like pick up your collect
- If you would like to pick up from Taree or Forster Library, choose a preferred collection time
- If you would like to pick up from Nabiac library, staff will contact you with available collection times

Bookclub groups are also welcome to contact the library to organise a Click n' Collect service for bookclub kits.

Zoom event: About a Book

Join us for a monthly online event as we share, discuss and review books recommended by our presenters and you, the audience. Hosted by author of *All We Have is Now and The One*, Kaneana May, and MidCoast Libraries Manager, Chris Jones. This month's special guests are **Sophie Green**, author of *The Inaugural Meeting of the Fairvale Ladies Book Club*, and *The Shelly Bay Ladies Swimming Circle*, and **Leonie Kelsall**, author of *The Farm at Peppertree Crossing, The Wattle Seed Inn* and *Malicious Desire*.

Tuesday 7th Sep | 7:00 - 8:00p Cost: Free event. Bookings essential Contact: MidCoast Libraries 6592 529

library.events@midcoast.nsw.gov.au

Make @ Home MidCoast

Brought to you by MidCoast Libraries and Manning Regional Art Gallery. This special collaboration provides creative activities that can be completed at home. It's a fun, interactive way to get creative and is suitable for all. Try Blackout Poetry, Painter's Puzzle, Tessellating Patterns or even Manning River Turtle weaving.

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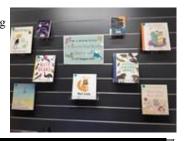
Story Box Library

Great kids books read by well known faces.

Until next month stay safe, keep well, read and enjoy life even during covid lockdown!!

There is much to be thankful for in our wonderful local area!!!. Look forward to each and every moment. We, look forward to helping keep

our awesome members reading



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Nabiac Village Futures Group

Council was recently approached by Tesla seeking discussions regarding the possible installation of a Tesla Supercharger electric vehicle recharge station in the MidCoast Council area.



- The Tesla Supercharger system is used exclusively for Tesla vehicles, although Tesla does plan to open for other vehicles in the future.
- The proposed charging station requires 6 dedicated bays for Tesla vehicles and a further 7th bay can be added to support a generic destination AC charger for general public use. The power requirements are quite onerous, and the feasibility of a site is often governed by the availability of electricity infrastructure.
- Council has previously facilitated the installation of an NRMA electric vehicle charging station at Nabiac in 2018. The site is working as intended and is considered an attractor for the Nabiac village.
- The preferred site needs to be available 24 hours and close to facilities with access to the power grid at reasonable cost. Council looked at 3 potential sites, including the Carpark in front of the Nabiac Hotel.



This information has been provided from a report considered by MIdCoast Council on Wednesday 25th August. Council requested feedback from Nabiac area residents via the Futures Group.

The overwhelming Nabiac community response sent to Council was No – the total number of parking spaces available to all users of the carpark should not be reduced.

Thank you to all who responded. Some people asked for information about Council's commitment to sustainability and the use of electric vehicles and there was much feedback about parking problems. We'll take those comments to the next community meeting with Council.

The Report to Council begins on page 103 of the Agenda for Council Meeting 25th August 2021.

What's Happening with the Town Creek Watercourse Rehabilitation?

Slowly we are moving along. There have been some changes to the final design drawings. Council hopes to tender very soon for this project. If you wood like a copy of the plan please contact us at nabiacvillagefuturesgroups@gmail.com

Louise Collins, Secretary NVFG

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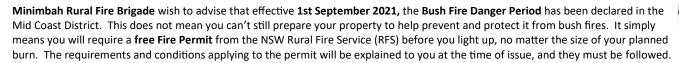
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MINIMBAH MATTERS





Handy Hint: When preparing for your burn, remember that when it comes to piles, burn piles that is, long and low is the way to go.

FIRE PERMIT REQUIRED

A minimum of **24 hours' notice** of your intention to light up must be given to your neighbours and your local fire authority. Once you have your Fire Permit, on-line notification can be made at any time of the day or night by visiting **www.rfs.nsw.gov.au/notify.**



Fill in your details and you will receive a confirmation notice straight away

Please be very mindful of the frequent and rather sudden changing weather conditions if you are lighting up.

You are required to keep your Permit and your confirmation notice with you, make sure the fire does not escape your boundary and that you do not leave the fire unattended at any time.



To find out the name and contact details of your nearest
Permit Issuing Officer, please call the
NSW RFS Mid Coast Fire Control Centre on 1300 643 262.

If you are not in a position to take advantage of the on-line notification facility, you can also ring the Fire Control Centre number to make the RFS aware of your plans.

Taking advantage of some favourable conditions recently, hazard reduction (HR) burns have been undertaken throughout the District by the RFS, together with other fire agencies and land managers in an effort to protect people and properties. During Covid-19 restriction times we are severely restricted as to what activities we are able to carry out and assistance we may provide within the community, but these official burns are considered essential, and the Minimbah Brigade has been involved with this project. Attending and fighting fires whilst remaining Covid compliant is an interesting exercise in itself; e.g. "who are those masked people in that fire truck"?

Maintaining our equipment and skills, as well as increasing our skills, is also considered essential, and another one of our truck drivers has taken advantage of a recent two-day course concentrating on Rural Fire Driving and Off-Road Driving in various fire appliances and conditions. You may be surprised at some of the places our drivers are required to take the trucks and crew.

Please be very careful with your fires ... we don't want them spreading like Covid.

Safe Burning is Your Responsibility.

//CONCRETING

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News from Nabiac Second Chance Op Shop Closed until further notice.

I would like to start with wishing all the fathers in our wonderful community very Happy Fathers day. Have a wonderful day on Sunday $5^{\rm th}$ September 2020.

Hope everyone is safe and well during this lockdown. It's great to see that everyone in our wonderful community is adhering to the restrictions and doing the right thing.

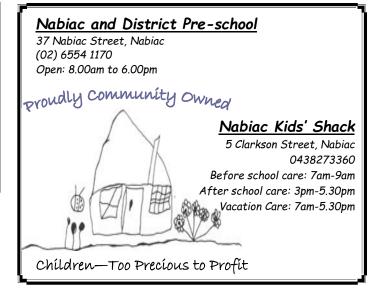
Reopening Notices:

I will put up a post on the Nabiac Second Chance Op Shop Facebook page, Nabiac News and Chat and Nabiac Community pages to advise when the Op Shop will be reopening.

Unfortunately there is not much to report as we have been closed since 9th August 2021.

Donations:

Please continue to hold your donations until we reopen and a reminder that we can only use good clean items of clothing and linen. We are unable to accept and sell toys, electrical and mechanical. Thankyou for your co-operation and understanding.



Please take care and stay safe. We are all looking forward to seeing all our wonderful and loyal customers at the Op Shop and Shed when we reopen.

Kind Regards

Kathryn and all the amazing volunteers from Nabiac Second Chance Op Shop.

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WALLAMBA CWA REPORT

Because of the lock down no meeting was held in August, but all being well we hope to hold our September meeting at the usual venue on Tuesday 14th September commencing at 10.00am.

Pam Muxlow

Wallamba CWA Publicity Officer



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Show News

AGM

The AGM was held on Tuesday 8th September. Thanks to the Members and visitors who attended.

We successfully filled all the Committee roles. Please join me in congratulating and thanking these people for the time and dedication they have volunteered to contribute to our community via this Association.

President John Baker **Vice President** Judd Barker Christine Heffernan **Treasurer** Secretary Sally Henderson **Assistant Treasurer** Marie Young Heather Fisher **Assistant Secretary Ordinary Committee Member** Cherie Paterson **Ordinary Committee Member** Colin Henderson **Ordinary Committee Member David Simon**

Additional to these are the Steward roles again filled by stalwarts of our community.

Mary Webber **Hall Steward Produce Steward** Bill Cartwright **David Simon Ring Master Assistant Ring Master** Cherie Patterson Mark Farley **Cattle Steward Poultry Steward Tony Schubert**

Goat Steward Darryl Hosking Phillip Costa WH&S Officer

What the future holds in these COVID and lockdown times, in either conducting meetings or organising and having a Show on Saturday 19th March 2022, is anyone's guess. Our intention and continued focus is to plan and deliver our 109th Show next year.

Feel free to contact the writer if you wish to join us or have ideas or suggestions to contribute.

Sally Henderson

Secretary

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IMPROVEMENTS MADE TO COVID-19 CHECK IN SYSTEM



Checking into venues and managing your check in history will become easier thanks to a new COVID-19 check-in card and a suite of updates to the Service NSW app.

Member for Myall Lakes, Stephen Bromhead welcomed the updates and said customers would soon be able to register for a COVID-19 check-in card which they could present to supermarkets and other essential retail businesses to scan as a faster and safer way to complete the self- service webform check-in or paper sign-in currently used by customers without a smartphone.

"We know many people, particularly the elderly in our electorate do not have smartphones. These updates will ensure the COVID-Safe check-in process is more accessible," Mr Bromhead said.

Customers can download and print their COVID-19 check-in card or have a plastic card mailed to them. Their contact details will be securely stored within the QR code, which will prepopulate the webform when scanned by the business.

In response to customer demand Service NSW is also rolling out two further enhancements to the Service NSW app.

The first allowing customers to review their check out history and add check out times and the second to make it easier for customers to sign into the ServiceNSW app wearing a mask.

"It is critical our contact tracers have the most accurate information possible so they can act quickly to contact casual and close contacts, which is why we're making it possible for customers to review their check-in history and enter the correct check out time after the fact," Mr Bromhead said.

"Customers will also be able to opt to extend their login-period for the Service NSW app to up to 4 hours, making it faster and easier to check -in without having to re-enter a PIN or to remove their facemask to activate Face ID each time."

The additional features will be available inside the Service NSW app from mid-August.

Customers will be able to register for their COVID-19 check-in card via the Service NSW website or by calling 13 77 88 from 13 August and can opt to receive it via email to print at home, or via postal mail.

Ed. Note: Not having a smart phone I downloaded my check in card and it is sooo much easier than having to write your details down. CAN ONLY BE USED IF THE SHOP HAS AS SPECIAL IPAD TO SCAN IT ON TO otherwise it is sign in physically.





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Nabiac Showground Art Project Treasure Hunt

s reported in previous ATF articles, Expressions of Interest (EOI) were called for from creative artists across NSW to help develop a concept for the entrance way at the Nabiac Showground.

From the EOI's received, an artist from Coffs Harbour, *John Van Der Kolk* was selected to help us develop the design concept for this project. John has created a very impressive body of work since moving to the Mid North Coast in 1989. He has held numerous group and solo exhibitions and is represented in public and private collections throughout Australia and overseas.

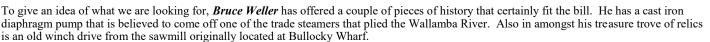
Examples of his work can be found on Twitter, Instagram and many other social media pages.

The attached photo is a lovely example of his work. It is located in the main street of Bellingen and was commissioned to honour the pianist *David Helfgott*.

While this first stage has a long way to go, one of the project goals is to give recognition to Nabiac's rural history and local identities. As many would know, the Wallamba District Show has a history dating back over a hundred years, so the location at the front entry to the Showground ties in nicely with this particular goal.

In keeping with that theme, John envisages incorporating into the overall design, elements of metal, materials and objects that perhaps played a part in the development of Nabiac and could be sourced from the local region.

However, he wanted to stress that these elements would be reimagined and reproposed into the design to the point that they may not be immediately recognised as being part of, a disc plough for example.



So what treasures do you have at your place that could find a new purpose and add true character to this exciting project?

I am acting as co-ordinator for this part of the project and would welcome the opportunity to add your donated item to our catalogue of available pieces.

Please contact me on 0400 704 788 or email ceejnabiac@gmail.com to discuss any pieces you think may be of interest.

Thank you

Colin Henderson



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Nabiac Landcare

It's been a quiet August for Nabiac Landcare but we were lucky to get in a couple of working days before lockdown.

The team is working at The Lilypilly Bend Reserve doing follow-up on the north side of Woosters Creek and clearing of large privet at the Cowper St. end of the reserve.

An area of concern for us is the riparian zone—along the Woosters Creek banks and flats. Especially obvious is the increasing presence of

three closely related weeds, *Crofton weed* (Ageratina adenophoroa), → *Mist flower* (A. riparia) and *Blue Billygoat* weed (Ageratum houstonianum). All three share the properties of having fleshy stems that retain moisture and setting thousands of very light seeds that are blown by the wind. These are all weeds that



are difficult to control. Small infestations can be removed by hand weeding. Make sure to wear gloves, bag seed heads and make sure the weeds can be left to dry without soil contact.

All three of these weeds are very evident <u>along the my home creek</u> <u>that was badly</u> affected by the 2019 fires and the recent flooding. They all contain toxic compounds that can affect livestock—even goats if they eat too much.

There are chemicals registered for control but make sure to follow directions and have a consistent program of follow-up. Slashing is mentioned as part of the program. If you are slashing areas that have



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flowering plants be sure to maintain good bio-security practices

because it is easy to spread (personal experience!).
Blue billy goat (→)is looking 'lovely' at the moment with lots of mauve/blue flowers, Mist flower is also in flower and Crofton weed is starting to flower. For information on Blue Billy



goat weed check out <u>blue billygoat weed | Weed Identification – Brisbane City Council</u> . For information on Crofton weed and mist flower consult $\underline{\sf NSW WeedWise}$.

Nabiac Landcare normally works each Wednesday (weather permitting) 8-9am to 11am, followed by morning tea. Membership is only \$2.00 plus an occasional donation to the morning tea fund and new members are always welcome. Training, tools and safety gear supplied. Give us a ring if you are interested and we'd be delighted to see you when lockdown is over.

Remember, even if you can't help in the bush, you can do your bit for our lovely area by removing weeds from your own backyard and removing fruit and seeds from exotic plants that the birds and wind will spread. And most of all enjoy the local bush!

Liz Rees

6554 3196

God made man before woman so as to give him time to think of an answer for her first question.

MICHAEL BOURKE PLUMBING

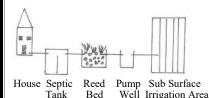
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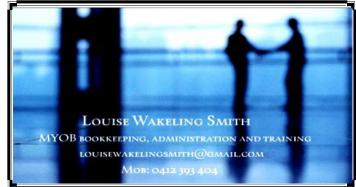
The Wallamba Watershed's History – Another in a series of historical articles gleaned from the archives of the "Manning River Times, 1943 by Bob Mann

COOLONGOLOOK AND DISTRICT SPORTS DAY - APRIL, 1943: On Saturday 27th March, Coolongolook was the scene of a highly successful sports and rodeo day arranged by the Coolongolook and District Patriotic War Fund and the local branch of the Red Cross. The interesting programme of events was witnessed by people from Nabiac, Bulahdelah, Wootton, Dyer's Crossing, Willina, Bohnock and other centres. A number of outlaws was yarded for the Allcomers Buckjumping event and some clever riding and not a few falls were seen before the judge Mr V. Nosworthy was able to award the prize to V. Walsh of Dyer's Crossing. This young rider after demonstrating his skill by riding out several of the horses which had thrown their riders during the contest. Youthful talent was catered for in the under 18 buckjump event and R. Fraser of Dyer's Crossing at length prevailing over his rivals, with J. Woodward of Coolongolook in 2nd place. With the introduction to the arena of bullocks, steers, and poddies, the spectators enjoyed a good laugh as rider after rider bit the dust. The other horse events - flag race, bending race, apple and tub and etc. were characterised by the keen competitor spirit of the riders and many finishes. Many novelty events were conducted during the day and it was not until a late hour that the programmes were completed. The Red Cross ladies who toiled long and arduous were able to provide an excellent dinner and afternoon tea for everyone on the ground as well as dispensing ice cream and cool drinks to all comers. Seldom has Coolongolook seen such a crowd as that which filled the hall to over flowing at night to dance to the strains of the music provided by Mr and Mrs Batchelor. Mr H. Woodward carried out the duties of M.C. in his usual efficient manner. Extras were played by Mrs Ireland, Miss Walsh and Mrs McGuire. During the evening Mr S. Walsh of Dyer's Crossing delighted with several humorous songs, while his two daughters were equally well received in a bracket of 2 yodelling numbers.

Winners at the sports day were Buckjumping Allcomers - V. Walsh (Dyer's Crossing), Buckjump Under 18 - R. Fraser (Dyer's Crossing), Riding Bullock - R. Fraser (Dyer's Crossing), Bonding Race - P. Godbolt (Bunyah), Flag Race - N. Nosworthy (Coolongolook), Apple and Tub race - J. Griffiths (Willina).

Novelty Advents:—Throwing at Wicket - A. Worth, Stepping 100 yards (gents) - S. Platts, Stepping 100 yards (ladies) - Miss T. Platts, Tug of War - Coolongolook and Allcomers Throwing the Broom - Miss B. Latimore, Threading the Needle - D. Bunt and partner, Driving the Nail (gents) - V. Walsh, Driving the Nail (ladies) - Mrs R. Ireland. Guessing Competition - Allen Wilson, Tailing the Pig - Rose Latimore.

<u>Tenders</u>: Tenders are invited for the purchase of the wreck of the steam drogher "Victory" with all faults as she now lies on the river



bank at Bullock Wharf, Nabiac. The purchaser is to bear all future risks and liabilities. The highest tender will not necessarily be accepted. Tenders will close on Saturday 24th April. Tenders t be addressed to owner, *C. Smith c/- H. Miles, Box 9 Forster*

KRAMBACH—MAY, 1943: A race meeting in aid of the Patriotic Funds will be held at Krambach today, Saturday, when £34 will be distributed in prizes. The first race will start at 1:15pm. There will be a luncheon and publicans booth on the ground. Mr S.R. Yates is the honorary secretary of the race club.

SERIOUS CAR ACCIDENT: On Saturday afternoon after the conclusion of the patriotic race meeting at Krambach, a car driven by Mr Fred Miller of the corner of Albert and Commerce Street, Taree and containing Messrs Baden Mills, Jim Morrison, Dan Cox, Mathy McEwan and Frank Hughes (Grafton) struck some loose gravel on the road opposite the residence of Mr Aaron Muldoon about 4 miles south of Tinonee, skidded and turned over two or three times. Mr Miller had his ear very badly lacerated and also sustained other bodily injuries. Occupants of the car state that the speed of the vehicle would not have exceeded 30 MPH when the skidding commence. Messrs Clarrie Ferari, M. Yarad and E. Baxter were in the following car. Mr Miller was at once conveyed to the M.R.D Hospital where he is still an inmate but is progressing satisfactorily. Mr Baden Mills was the only other occupant to receive injuries of any consequence having received a bruise to the top of his head and was rendered unconscious for a time. He was also struck about the chest. The car which was very badly damaged was later conveyed to Messrs Wrigley and Meldrum's in Taree. Considering that the car turned over several times the racegoers concerned had a miraculous escape. Mr Miller has a reputation for being a very steady; and careful driver.

SWIMMING CARNIVAL AT DYERS CROSSING: On Saturday a swimming carnival will be held at Dyer's Crossing commencing at 10:30am the proceeds being in aid of the Dyer's Crossing/Cocumbark Patriotic and War Fund. There will also be a programme of ground events. The day's sports will be followed by a dance and euchre party in the school of Arts. Messrs W. H. Stevens and E.J. Osmond are the joint secretaries.

Ed. Note:

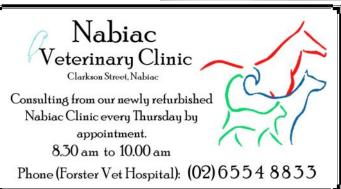
Last month the word **HUSSITS** appeared in this segment as articles sent to the soldiers. Not knowing what Hussits were some sleuthing was done and it appears a spelling error was made

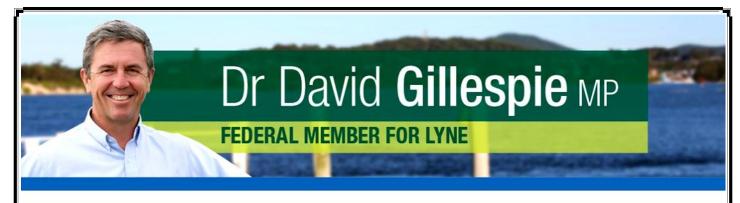
and they were actually

HUSSIFs, also know as "Housewife", being a little sewing repair kit with scissors, needles, thread, buttons in them for the soldiers to repair their clothes or some had bandages, etc. Something similar to the little kits supplied by hotels now.









Our community is a great place to live, work and raise a family.

This year, our focus has been to suppress the virus and deliver the vaccine, continue to guarantee the essential services that we rely on and protect and secure Australia's interests in a challenging world.

Our Government has been taking all possible steps to protect lives and livelihoods, including unprecedented support for health care and mental health.

We are in a stronger position to recover than most countries. The next stage in our plan to secure Australia's economic recovery includes:

- Incentives for investments, jobs, new apprenticeships, and skills training.
- More infrastructure including roads, rail, bridges, dams and electricity transmission.
- Substantial new investments in aged care, health, mental health, and the NDIS.

Locally I have been delivering for you, your family and local community, including:

- \$350,000 for the Nabiac Creek Restoration Shade Sail over Playground and CBD works
- \$30,000 for the Nabiac Showground Hall
- \$79,000 of upgrades to the Nabiac Showground Roads and box-office
- \$4,000 for the Nabiac Memorial Neighbourhood Centre Association
- \$41,250 of Black Spot Funding Wallanbah Rd near Candoormakh Cres
- \$5,000 for the Nabiac Public School

Federal funding has been secured for major projects including:

- Harrington Coopernook Overpass
- headspace youth mental health service
- Taree Universities Campus
- Nabiac Aguifer Water Supply
- Taree Indoor Stadium Iron Arena
- Radiotherapy Cancer Care Centre
- Manning Entertainment Centre Upgrade
- Bucketts Way Upgrade



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Rustic & Rural Calendar - 2022

Diane has produce another of her lovely calendars with photos of local old and historic buildings for the 2022 year. Details below.

I'm happy to say my *fotografs by diane*, 2022 Rural & Rustic Calendars (Krambach to Failford via Firefly, Dyers Crossing and Nabiac) are now available giving sufficient time for Christmas overseas & interstate posting to Friends & Relatives. They would even make for a beaut Dad's day present.

The Calendars are proudly printed in Australia, superb print quality, spiral bound, nice thick GSM paper so no curling pages once hung. I've kept the price at \$25.00ea, same as last year.

To order please contact me via email fotografsbydiane@gmail.com, phone 6559 1898 or private message on my Face book page www.facebook.com/fotografsbydiane

Collection points can be arranged (contactless if still in lockdown).

If any local shops would like to stock a few for me, please let me know.

Diane



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Nabiac Memorial Neighbourhood Centre

队 Hi Everyone,

Again, not much news from the Committee of the Neighbourhood Centre. Due to COVID rules we've been unable to meet. Our AGM is planned for 14th October 2021. We'll let members know further information as the time gets closer. If October becomes not possible we can look at the Thursday of second week of November or December.

Looking back at the Spanish Flu in 1919

The Spanish Flu spread at the end of WW1. In Australia 40% of our population were infected and around 15,000 people died. Wallamba District Agricultural and Horticultural Association decided in March 1919 to abandon the 1919 Show and in April they discussed temporary closure of the Showground Hall, in the interest of public health. Later in 1919 the Hall was used as

Laura Sykes wrote of "an outbreak of pneumonic influenza in 1919 when the hospital, the school and the School of Arts in Clarkson Street, the Agricultural Hall and a private home were all transformed into emergency hospitals." (For those who



don't know, the School of Arts was located on the now vacant block next to the Police Station). All over Australia makeshift hospitals were set up as well as temporary shelters such as tents at Showgrounds to accommodate sick people and to quarantine people. In those days of larger families quarantining at a house would have been difficult.

In 1919 Manning Shire Council announced an emergency "Inoculation Depot will be OPEN to the Public at the Manning River District Hospital, TAREE, on Saturday, February 1st and again on Saturday, 8th February, between the hours of 2 p.m. and 5 p.m. Two Inoculations are Necessary, hence those done on Saturday will be required to attend also on the following Saturday. Children under five, and aged persons over 60 will not be inoculated".

Louise Collins,

an emergency hospital.

Secretary, Nabiac Neighbourhood Centre

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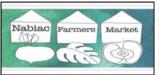
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Nabiac Showground 8am-Midday. Last Saturday of each month, except December.

Next market: TBA. Check out the FB page for updates and ways to connect with your favourite stallholders.

Challenging times:

Our amazing community faces yet another tumultuous time. We made the difficult decision to cancel the August market. Being sandwiched between differing views isn't easy, but things will only get easier from now and Spring is here! So, there's plenty to look forward to

Spring is my favourite time of year, watching blossoms coming out, planning veggie seedlings and the chance to enjoy longer, warmer days.

Good news! In the meantime, the adversity has fast-tracked some action, as we look at other ways for stallholders and customers, to connect and do business. This is a fantastic way, not only to continue trading whenever markets are cancelled, but also for trading between markets.

Online ordering:

Our coordinator, *Andrew Richardson*, is looking at e-commerce & online ordering systems. He is in discussions with stallholders and other parties to put these systems in place.

At the core of the market...

Many of you will remember the founder of our market, *Helen Smith*, who founded the market back in 2003. Helen sadly passed away in December 2020.

Helen created aims for the market which are still staunchly adhered to today. They still apply, even whilst the platform of shopping for market goods evolves.

The aims include:

 To support sustainable choices and systems, agricultural diversity and environmental conversation and reduce "food miles"



- Stimulate the local economic environment
- Promote social and cultural development between community members
- Increase income for farmers and stimulate value adding
- Inform the public about the benefits of farmers markets, health, agriculture, and job creation in the region.
- Provide a diverse range of quality products.

[Manning River Times, 20/08/2003]



I hope many of you reading this can find some joy in a quieter time in our community. Relish some family time, try new things, or have good a spring-clean!

This is a fabulous opportunity for taking a hobby one step further and starting a new business venture.

The power of positivity:

A positive, forward-thinking mindset has a profound effect on the immune and well-being in general. Stay healthy & happy everyone.

Locally produced

New coordinator, Andrew Richardson.

For Stallholder applications, go to the website www.nabiacfarmersmarket.com and download the vendor information forms; call: 0422 177 122.

Or Email: nfmcommittee@gmail.com

Follow us on Instagram and Facebook. Thank you – market committee.

By Laura Pennington ©



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Avocado, coconut milk & chocolate dessert.

This dessert is super delicious & nutrient dense too! Coconut milk contains healthy fats & protein, there's fibre & Vitamin E in the almond meal base, and avocados are packed with healthy fats, minerals & fibre too. Cocoa & cacao are bitter, so you may need to sweeten it more, with maple syrup, honey, agave, or stevia, to your liking. Cacao has more health benefits than cocoa, since it is not heat treated like cocoa, however, is more bitter. Good quality, dark chocolate contains magnesium, iron, potassium, copper, and antioxidants. Choose ethical, natural chocolate. The yoghurt provides fab source of calcium, protein & probiotics.

This dark choc & avocado mix goes beautifully with something sweet, like vanilla yoghurt or vanilla ice cream (choose good quality and grass-fed of course). Cashew-cream or natural yoghurt is yum, but probably not sweet enough for most palates as a pairing with the chocolate mix.



INGREDIENTS: Avocado-choc mixture

1/2 cup coconut milk 1/4 cup (or less) of cacao or

2-3 grinds salt (needed to offset bitterness of chocolate)

3 teaspoons raw, natural honey

3-4 teaspoons freeze dried raspberries (taste amazing, but is optional)

2 just ripe avocados pinch cardamom

Blend all ingredients in food processor until combined.

Rase

3 tablespoons whole almond meal 1 teasp flax meal

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1-2 tablespoons approx. of fresh orange juice & teaspoon of orange

Mix these ingredients in a bowl and then press down in the bottom of the glass (note that Laura has made this to serve in glasses) *Another option is to spread the almond mix onto a baking sheet, bake

Topping

The best pairing for this desert is a good quality vanilla ice cream or vanilla yogurt.

Decorate with edible flowers, fruit, nuts or chocolate shavings.



it then use as a crushed crumb mix.

Note: You can add a few spoonsful of maple syrup, agave, or some stevia to the chocolate mix, which will pair well with cashew cream or natural yoghurt.

A sweeter chocolate, melted over double boiler, can be used instead or in addition to the cocoa.

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Stay healthy everyone ©

Laura









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Is it September already? Where the heck did 2021 go? Oh yeh, I remember: we've all been locked up; not allowed to go and see anybody; I forget what my kids look like; my grandchildren are voices on the phone; I've got to wear a mask when I'm outside, getting the mail or buying the paper; and if I speak on the telephone to anybody who lives in a hotspot (like my brother-in-law in Melbourne) I've still got to wear a mask and then quickly sanitise the phone when I hang up! Contrary to what ScoMo says, it is a race and I'm the fastest dude in our 'hood with the sanitising alcohol and wiper!

Sport – as many feel it must – still goes on though for some events there will be no tomorrow or at least not this year. Many local agricultural shows for instance, have bitten the dust and you'd also be aware of a host of events that make up our way of life, have also been delayed. In that category I bemoan the fact several Book Fairs will not go ahead. My mother - in the face of comments that derided her buying the National Geographic magazine, for instance - always replied (and it's a comment I still use to this day), "This is my drinking and smoking money." There's no coming back when a comment like that smacks you in the face. I do miss the Book Fairs and also the many Op-Shops as well as the tip shops. They all have a great range of books and you never know what you might come across. I've had my second COVID shot so can't wait to get back amongst it.

It must be fate, karma or I've killed a Swiss man (Political Correctness says we're not allowed to be racist any more but as the Swiss are perpetually neutral, we can refer to them in this way) somewhere along the line because both my football teams have already begun their end of season trips. Mind you, they're not going far, first, because of the lockdown, second, because money is tight this year as very few games have had crowds and third, neither of them have played well enough to be even given the bus fare to the local Bunnings! But there is a silver lining: The Glorious St George finished ahead of The Broncos and The Bulldogs though there's little joy in writing that as everybody finished in front of *The Bulldogs*. As I've said before, they were lucky to only finish 16th and that was because there were only 16 teams in the comp – they should have finished somewhere in the low twenties!

Down south The Heavenly Cohort St Kilda were smit rather un-Christian-like by a host of heathen louts and ended up just out of the 8. Mind you the silver linings were in full view here as well as they finished half a gnat's nostril behind The Tigers (who, if memory serves, did very well last year) and streets in front of *The Magpies*. We therefore, have reason to look forward with some high hopes to next year, if we can somehow get rid of or reduce the threat of COVID a bit. On top of that, I've been able to hold my head high in the local Op Shop as The Tigers' ear worm has been forced to modulate his pronouncements considerably of late and it must be said, been reduced to complaining about the umpires and the linesmen – like the rest of us. I wonder if he'll scrape his 2021 Tiger's Club membership sticker off the back of his car?

The Olympics have been done and dusted and we did very well. Well, I say we because as taxpayers we actually do fund quite a few of the athlete's expenses and though the Games were a year late we punched way above our weight. But that's not all, as you read this, the Paralympics will be under way and we've got some very good athletes set to go round in those as well. I'll be watching and so should you.

You can tell it's the end of a sports period because all the dribblers start to look at which coaches they think are going to get the chop – as if they have the final say! There are a couple of vacancies both up north and down south and in the fullness of time appointments will be made. As is normal, some will be met with approval (again, as if the dribblers have any say) while others will be howled down. I can't say I've heard anything (because I wasn't listening) but it's a fair bet the ARU is looking for a new Wallabies coach as they've been whopped again by the All Blacks in the annual blood-letting that is laughingly referred to as The Bledisloe Cup. Why do The Wallabies bother? Do they like poking the hornet's nest (as one of the team did) and then having their butts handed to them on a platter? Masochist thy name is Wallaby!

Also noticed the Super Netball grand final is to be fought out between the two NSW teams, The Giants and The Swifts shortly. I've watched some of the games that have lead up to this and the play is very good. We look good in this sport for the Commonwealth Games in Birmingham next July.

Talk at you next month,

The Hillside Critic



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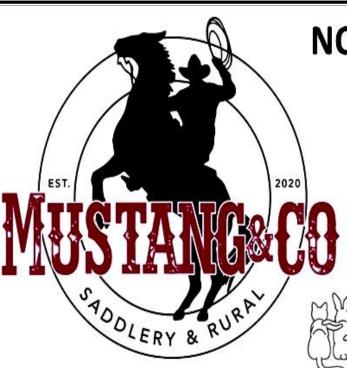
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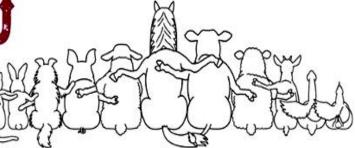
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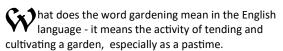








Welcome to Debs Gardenina.



This is true, but for me gardening means so much more. It means the ability to create a space by changing the landscape, to improve the environment and the wellbeing of the natural world.

I have been gardening for most of my life; my dad had a farm, growing tomatoes and watermelons on a broad scale. My mum was always tending to her beautiful garden, so gardening and growing vegetables was a way of life.

My passion is gardening organically. In 2004 my parents and I started growing hydroponic tomatoes and vegetables commercially. Of course hydroponics is not organic, Hydroponics is growing plants in a soilless medium and using chemical fertiliser, and in our business growing in large tunnels and hothouses, so growing organically was out of the question. My dad was old school; bring out the toxic chemicals to control the major outbreaks of whitefly, thrips and mites which were an ongoing problem in the early days. How it would stress me out to see dad use them. I was determined to achieve the organic principles in hydroponics; I had to look beyond the hothouses. The area around the tunnels and hothouses was just grass nothing else, so I started to plant gardens around the growing area, mainly flowering plants and companion plants which started to bring in the beneficial bugs and insects. Over the years the attacks were less severe and I could start to use organic sprays or make our own sprays. Many litres of milk were sprayed on the vegetables for the control of blossom end rot and as a use for fungicide. In the end the organic principles was achieved. The awful chemicals were off the property and not allowed back on..

My parents have since passed and in the end Mother Nature and her mean storms put an end to the business. I guess I ran just ran out of puff to rebuild and it was time to retire but gardening is always a part of my life and now I am concentrating on my few acres of gardens, fruit trees and of course a large vegie patch and all organically grown.

In an organically managed garden the emphasis is on cultivating an ecosystem that sustains and nourishes plants, soil microbes and beneficial insects rather than simply making plants grow.

So I would love to share my knowledge and hopefully give you some tips to achieving a productive and flourishing gardening, so until next time stay safe and a reminder to stop and smell the roses.

Deb



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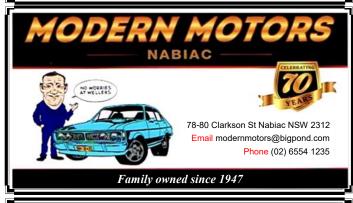
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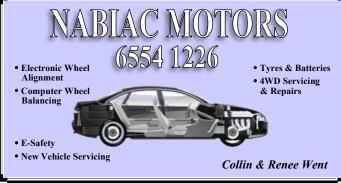
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A London lawyer runs a stop sign and gets pulled over by a Glasgow copper.

He thinks that he is smarter than the cop because he is a lawyer from London and is certain that he has a better education then any Jock cop. He decides to prove this to himself and have some fun at the Glasgow cop's expense!

Glasgow cop says, "License and registration, please."

London lawyer says, "What for?"

Glasgow cop says, "Ye didnae come to a complete stop at the stop sign."

London lawyer says, "I slowed down, and no one was coming. So, in fact, I met the intent of the legislation."

Glasgow cop says, "Ye still didnae come to a complete stop. License and registration, please."

London lawyer says, "What's the difference?"

Glasgow cop says, "The difference is, ye huvte to come to complete stop, that's the law. Your license and registration, please!"

London lawyer says, "If you can show me the legal difference between slow down and stop, I'll give you my license and registration and you give me the ticket. If not, you let me go and don't give me the ticket."

Glasgow cop says, "Sounds fair. Exit your vehicle, sir."

The London lawyer exits his vehicle.

The Glasgow cop takes out his baton and starts beating the daylights out of the lawyer and says, "Dae ye want me to stop, or just slow doon?"

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IAKEMASON

Now you know where these sayings came from.

'A SHOT OF WHISKEY'

In the old west a .45 cartridge for a six-gun cost 12 cents and so did a glass of whiskey.

If a cowhand was low on cash he would often give the bartender a cartridge in exchange for a drink. This became known as a "shot" of whiskey.

'THE WHOLE NINE YARDS'

American fighter planes in WW2 had machine guns that were fed by a belt of cartridges.

The average plane held belts that were 27 feet (9 yards) long. If the pilot used up all his ammo he was said to have given it the whole nine yards.

'BUYING THE FARM'

This is synonymous with dying. During WW1 soldiers were given life insurance policies worth \$5,000.

This was about the price of an average farm so if you died you "bought the farm" for your survivors.

'IRON-CLAD CONTRACT'

This came about from the iron-clad ships of the Civil War. It meant something so strong it could not be broken.

'PASSING THE BUCK / THE BUCK STOPS HERE'

Most men in the early west carried a jackknife made by the Buck Knife company. When playing poker it was common to place one of these Buck knives in front of the dealer so that everyone knew who he was. When it was time for a new dealer the deck of cards and the knife were given to the new dealer. If this person didn't want to deal he would "pass the buck" to the next player. If that player accepted then "the buck stopped there".

'RIFF RAFF

The Mississippi River was the main way of traveling from north to south. Riverboats carried passengers and freight but they were expensive so most people used rafts. Everything had the right of way over rafts which were considered cheap. The steering oar on the rafts was called a "riff" and this transposed into riff-raft – or riff-raff, meaning low class.

'COBWEB'

The Old English word for "spider" was "cob".

SHIPS' 'STATE ROOMS'

Traveling by steamboat was considered the height of comfort. Passenger cabins on the boats were not numbered. Instead they were named after states. To this day cabins on ships are called staterooms.

'SLEEP TIGHT'

Early beds were made with a wooden frame. Ropes were tied across the frame in a criss-cross pattern. A straw mattress was then put on top of the ropes. Over time the ropes stretched, causing the bed to sag. The owner would then tighten the ropes to get a better night's sleep.

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Grial and Error

J inherited my love of gardening from my mother. She loved colour and had a prize winning garden. She won the Sydney Morning Herald's Garden Competition 7 years in a row for her category.

So when my husband *John* and I moved to Dyer's Crossing with many acres, I immediately pictured large gardens with lots of colour. But I soon learnt that gardening on the crest of a hill with soil that was mainly shale and very little earth presented quite a challenge.

The first thing I learnt was how to improve your soil. I was very jealous when watching Gardening Australia and *Tino* would put his spade into the garden bed and the whole blade would disappear into rich dark soil. Buying rich, dark planting mix became a priority as I saw the lush produce Tino produced with it.

We found that *Valley Industries'* nursery, *Nature Care*, sells the most wonderful garden planting mix, so we were able to enrich our garden beds. Of course we added compost, manure and blood and bone. Apart from the flower beds we have 6 x 30ft long vegetable beds. I am still practising and learning to grow vegetables. I have *Diggers Vegetable Sowing Guide and Companion Planting* pinned up, easy to read and know what to plant each season. This is so important to get right and the other thing I learnt was to stagger my planting so I could have a succession of cauliflowers and broccoli, for instance, and they wouldn't be all ripe together. I now have a wonderful crop of silverbeet, lettuce, rocket, radishes, onions, and snow peas. Plenty for us and friends. And I checked this morning and it is time to plant capsicum.

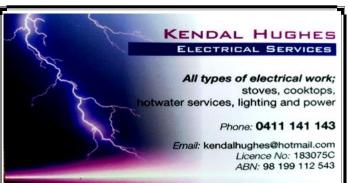


Green Ahumb

←Before soil improvement

After →







Lyn's Larder

This was sent to me by Robyn Lacey. Sound easy, quick and tasty for a late supper or lunch.

Now I just hope some more foodies out there are willing to share their favourite dishes for us all to try.

MEATBALLS in TOMATO SOUP

Ingredients

500g Lean mince beef
2 handfuls Rice, uncooked
1 can Tomato soup
1 Onion, chopped
1 can Water
1 Egg
1 tblsp Tomato paste
Salt & pepper to taste

Method

- 1. Mix beef, rice, onion and egg together. Shape into meatballs.
- Put soup, water, tomato paste into a large saucepan, add salt and pepper if desired. Mix together. Heat until very hot.
- 3. Drop meatballs into the soup. Bring to the boil, cover, simmer and cook for approx. one hour or until cooked.
- Cut a meatball in half to see if cooked through, if not leave a little longer

Serve with your favourite vegies.



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Good Medicine

Praise and Mercy

e don't hear the word 'mercy' much these days – we might hear of a judge showing mercy in a court case, or children might call for mercy when playing a game. It's a bit old fashioned; the dictionary meanings are clemency, patience, forbearance ... what's that? ... oh, controlling feelings, just looked it up!

The Bible has a lot to say about mercy ... from the well known end of Psalm 23, 'surely goodness and mercy shall follow me all my days' to the words of Jesus to the crowds 'blessed are the merciful for God will show mercy to them' ... and many other occasions. Many of the Psalms were written by people talking about or asking for God's mercy. Blind beggars and lepers weren't afraid to call out for mercy ... what about us, could we ask God for mercy?

As a matter of fact, last month Christians around Australia did exactly that. The Australian Prayer network organised August 22nd as a day for Australians to pray to God in relation to the pandemic. Whether by zoom or individually ... people put aside that day to confess individual sins and those of our nation and pray for God to have mercy on Australia ... and also countries around the world.

Receiving God's mercy begins with being truly sorry and repenting, Psalm 51. We live in an unforgiving society where one remark on Twitter can condemn you forever, but God's forgiveness is unconditional. If we confess our sins He throws them into the depths of the sea, Micah 7:19 ... I love that!

Psalm 118:1 says His mercy endures forever. "The word mercy means 'steadfast love' and refers to God's faithfulness. He has promised to be present always to care for His children".

As Spring begins and brings new hope let us remember all that God has given us in the past as well as the present. It's easy to get

memory loss in times of trouble ... like the Israelites in the barren desert who forgot their slavery in Egypt and only remembered the food, Exodus 16:2-3. An attitude of gratitude is a great goal for it also give us more joy, optimism and pleasure. Praising God can benefit us because it takes our minds off ourselves.

In the 1980's an Irish punk rock band wrote a song from the words of a Psalm 40, a psalm that praises God, and sang it at the end of all their concerts. U2 went on to become one of the biggest bands in the world and this song was consequently sung in some of the biggest stadiums in the world.

Praising God might not give you world fame but it will give you the joy of the Lord which is your strength, Nehemiah 8:10, and we all need strength.

Quotes from ourdailybread.org

The Counsellor

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News From The Pews

Nabiac Community Church

Services are held every Sunday at 10:00am

Holy Communion is celebrated with the service on the 3^{rd} Sunday For information regarding the Nabiac Community Church please contact Margaret Weller (6554 1212), Jill Hammond (6555 7747)

St Bernadette's Catholic Church, Krambach

September Mass times are Saturday 4th at 6:00pm - Saturday 11th at 6:00pm - Saturday 18th at 6:00pm (contact Helen Legg on 6559

October Mass Saturday 2nd at 6:00pm

Krambach Bible Church (a ministry of Wingham Presbyterian

A Family Service is held on the every Sunday of each month at 11am. All dominations welcome to join in. Any enquiries please phone Robert (0400 310 357).

St Paul's Anglican Church, Nabiac

Holy Communion service each Sunday at 10:00 am. All welcome Enquiries: Contact Kit Carson (6554 1409)

Every Week Day Before and after school care by KIDS SHACK We also provide Vacation time care. Call Joy on 0438 273 360.

St Isidore's Catholic Church, Nabiac

September Mass - Saturday 25th at 6:00pm

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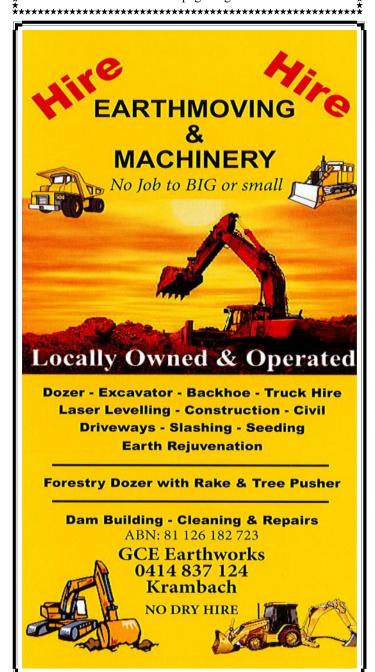
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Hello everyone,

Barb, Jess and I hope that everyone is coping with today's strange world and that you are all safe and well. At the moment we are in lockdown until Friday the 10^{th} of September. If things go to plan we will reopen on Monday the 13^{th} . Fingers crossed %

For any inquiries we can be contacted on our mobiles, and any updated info will be on our Facebook page.

We would like to wish all the dads out there a wonderful Father's Day. We know that many of you want get to see your dad, but they are only a phone call away.

Hopefully COVID will be under control soon, so we can look forward to the future.

So everyone stay safe and well. We are looking forward to seeing you all soon, and now I will leave you with the saying of the month:

Here's to the dads
The step dads
The not dads yet
The should be dads
And those without a dad
Happy Father's Day!

Belinda (3)

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Helene **Murphy**, on 0412 778 494

Lance Fletcher, Blackbutt Drive, Failford on: 0409 850 671

