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Ben Strange

Lic 95657c

m: 0418 285 951 e: iroofandgutter@outlook.com

### Editorial.

Hi all.

It has taken me hours to fill the gaps this month. Basic information was done in no time as there was not a lot to play with and I thank those article writers who were fortunate enough to still have information to pass on.

I would gather that there are a lot of you out there who, like me, are getting a bit over all of our restrictions, but they have kept our area, as far as I am aware, virus free, so we have been very lucky.

We will see what happens in the next couple of weeks as restrictions are slackened and we can almost return to our old lives.

After hearing of my daughter in law's (and my cousin who is my age trying to help grand kids) fun and frustrations of trying to home school the kidlet and trying to learn the new curriculum herself before teaching the kidlet, I am sure there was an audible sigh of relief heard in the villages when the kids returned to school.

I could not have done it as the way they teach now a days is sooooo different to my time at school, I would have been at a total loss.

Hats off to the parents who managed to do it with out killing the kids or themselves!!!

Nothing much happening to report. I was surprised though, to see an application for the building of 14 houses on the land fronting Nabiac Street, and what would be the battle axe blocks behind the street frontages. Makes me think of the Sydney area I left because of the condensation of the area. The village will be a TOWN before you know it!

Good to see the local shops slowing opening again. It must have been a strain on their owners with them closed and social distancing is still required of us so it will be a slow recovery process.

Had a little chuckle with the Nook. Poor Merle had just put in an add in May's late issue for Nook suppliers to come and collect their goods and now she has had to tell them all to bring their things back. Sometimes we just can't win!

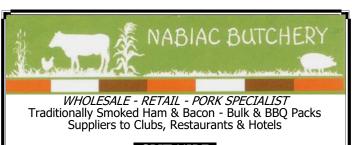
The lady who was looking for a dog in last month's issue, actually phoned me the day I delivered the papers, to pull the ad as she had just found a perfect new pal.

Apologies to those who missed a paper last month. Copier troubles again, and as the problem is still not fixed, I will be hand folding them this month, so some may not be stapled. Depends how my hands and arms hold out doing the stapling by hand. Double stapling 1,000 times is not my idea of fun, might only staple them once to hold them together

'til next month, stay warm and keep well

Lyn & Tilley Cat, & Timidthy





SPIT HIRE

**Glen Rosen** 

Phone: (02) **6554 1273** 2 Nabiac Street, Nabiac NSW 2312

### The Nabiac NOOK is **REOPENING** on **June 8th** all members please contact **MERLE**

for details

6554 1498 — 0448 048 203

Also anyone who would like to join us just pop in and visit

### Do you need a Justice of the Peace?

Then contact

Stuart Weller on 6554 1904 (Nabiac) Ray McDonald, 97 Stevens Close, Wang Wauk on 6550 2216 Diane Greig, Connect 3 Real Estate, Nabiac on 6554 1330 Jackie **Buckingham**, Buckinghams Real Estate, Nabiac on 6554 1107 Gordon **Foy**, 2949 Bucketts Way, Belbora on 6550 2547 or 0417 290 874

Julie Arnoux, 2 Cowper Street, Nabiac on 0434 253 266 Helene Murphy, 0412 778 494

Phone Lyn on 02 6559 1811 Email: paulreid@iprimus.com.au Production: Lyn Reid

Contributions To: The Editor, Across The Fence, 1 Barry's Road, Firefly. N.S.W. 2429 or c/- Modern Motors, Nabiac, N.S.W. 2312 - please phone WHEN you have left articles there to be collected

Contributions should be submitted - in writing - by the 25th of the month for inclusion in the following month's edition.

ALL ART WORK IN JPG ONLY

Disclaimer: The editor has **no affiliations** to any advertisers and the opinions expressed by submitters are their own.

### ADVERTISING COSTS

Advert Size	<u> 1 Mth</u>	6Mths (per month)
Business Card	\$ 25.00	\$ 15.00
9cm x 7.5cm	\$ 30.00	\$ 20.00
Half Page	\$ 60.00	\$ 50.00
Full Page	\$110.00	\$100.00

6 months cost based on payment in advance.

Extra costs if artwork is required or extra ink used RE DESIGN Lost & Found & Freebies are free.

For Sale, Wanted, etc. are charged by size of ad.







HAIR

HUGE welcome back to all my wonderful loyal

clients; these past few months have seen some

very worrying times for us all with CV19!

Now that we are into June we see a little normality back in our lives hopefully, while still practicing social distancing when we can and Hygiene a top priority for us all.

Please be assured that the salon is continuing with our high Hygiene standards and we ask that if you are unwell please ring and cancel your appointment with no judgement. Please note that after months of problems with the salon phone before cv19, it has now been disconnected and only *Shaz mobile number* is taking appointments..0410 541 672. Please leave a message as she is busy with other clients but will get back to you as soon as she is able. Please note the Hair salon will be **closed** now on-Wednesdays & Saturdays.

We have *CASSIE*, our wonderful BEAUTY THERAPIST, back in the salon after being closed for 2 months. Please be patient when making your appointment as she will do her best to fit you in for your service.

Please phone her direct on mobile: 0421 901 331- leave a message and she will get back to you as soon as possible.

# VALUE Nabiac Pharmacy Shop 1 Village Green

Shop 1 Village Green Nabiac NSW 2312

nabpharm@nunet.com.au Tel: (02) 6554 1511 Fax: (02) 6554 1911

### NABIAC PHARMACY NEWS



Hi all!

Back in March, during the days of worry and uncertainty, I was fairly worried for everyone's welfare and safety with the new virus. I am very proud of how we, as Australians, have done all the right things with social distancing and hygiene. It has helped us escape the worst of the new situation we now face. Well done to you!

It is exciting that other businesses in the village and our region will soon open. They may look the same from the outside but I can assure that behind the scenes they have made some really big and difficult changes that you cannot see. Please be patient with them when you are next getting a meal, having a drink, buying some clothes or queuing. It is to keep you and the community safe.

Please reach out to a friend or a neighbour during this time, I know many people are feeling the isolation more than we would think. Just saying hello can be enough.

Please keep safe,

Tim & the Ladies



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Sunny & Rosie

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### THOSE WORDS LOOK BIGGER WHEN I LOOK THROUGH THESE LENSES!

saw a client recently who has reading glasses to help with her reading difficulties. She has a problem with the white on the page,



which makes it difficult for her to read without severe discomfort. Her words also appear to move, and they fade away after going blurry. When the words go blurry, if she blinks her eyes, the blurriness is cleared for a few seconds, and then unfortunately, the blurriness recurs. This is a very basic way of

investigating if you or someone you know has Irlen Syndrome, which is a visual processing disorder. If your words go blurry as a result of an vision problem, all the blinking in the world will not make it go away. If however, blinking makes the blurriness go away, even though it might be fleeting, it is a very strong indicator that your problem is not optometric, but rather is a visual processing disorder (Irlen Syndrome).

This client today, looked through the Irlen lenses and she took them away from her eyes, looked at them and then put them back to her eyes and asked me if they were magnifying lenses. She said that the Irlen lenses made the words LARGER than her reading glasses! My answer was NO.. but if the words look bigger through them, it indicates that without them, when looking at white paper, the words are actually SHRINKING on the page. This happens because the white on the page becomes dominant and seems to "swallow up" the words, a bit like the bubbles in a bubble bath make the face washer appear smaller as it floats on the surface of the bathwater.

For further information about Irlen Syndrome or to do a self-test, go to www.aaic.org.au or

call Īrlen Dyslexia Centre Taree on 0409 653700.



# Nabiac Second Chance Opportunity Shop

Established 1993

Closed until further notice du to Corona virus

37 Nabiac St, Nabiac 6554 1876



### **News from Nabiac Second Chance Op Shop**

Nabiac's Second Chance Op Shop remains closed until further notice. There has been a lot enquiries about when the Op Shop will reopen which at this stage is still unknown.

The problem is social distancing as we could only have a few customers in the shop and shed at any one time and the main concern is keeping our volunteers safe as most are in the high risk range.

We get a lot of people from all over the Mid North Coast and travellers passing through Nabiac, we just can't take any chances.

Now that they are easing restrictions it's best we wait to see if there is going to be a second wave. We will look at it again at the end of June.

Please be patient as we will reopen, we just can't give a date just yet.

A big thankyou to the community for holding back on the donations, we really do appreciate it.

We are still unable to take donations.

If anyone has donations you could give them to other organisations that have already opened so the Op Shop and Shed can cope when we do reopen.

We are sorry for any inconvenience. The health and safety of our members, volunteers and community is most important.

We will give any updates on a reopening date via our local magazine Across the Fence, Facebook and Nabiac.com website and a Community announcement on Great Lakes Radio 101.50 FM and a notice will be put on the notice board at the Old Bank Centre. Thank you for your co-operation during this time of closure.

Renovations to the Op Shop and Shed are coming along nicely and both are looking great.

Looking forward to seeing all our dedicated customers once the Op Shop and Shed reopens.

*Kathryn* and all our wonderful and dedicated volunteers at Nabiac Second Chance Op Shop.

### **OLD BANK CENTRE**

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### **MINIMBAH MATTERS**

inimbah Rural Fire Brigade is counting the days, and we wouldn't be Robinson Crusoe in that regard. "Getting back to normal" is obviously foremost in our thoughts, but we have received exciting news. The Minimbah Fire Truck is nearly ready to come out of "surgery" and back to where it belongs! During last year's big summer of fires, our truck sustained some damage and mechanical issues that have taken longer to repair than anticipated. We are led to believe that Covid-19 has played a part in the delay. Whatever the reason, we are counting the days until we get our truck back.

Making good use of a replacement truck has meant that we can still respond to call-outs, and have been doing so. Thankfully there hasn't been much in the way of bushfires but we have had a couple of "interesting" jobs to go to. This past month has been more about diversity than quantity when it comes to call-outs.

Back to (the new) normal for us, as a Brigade, will mean training, training, training. The RFS training calendar is a highly orchestrated, intense, jam-packed six-month program beginning in March. Unfortunately, this year it coincided with social distancing and lockdown. Not ideal but the show has been going on, so to speak, with the use of modern technology and forward planning. The practical, face to face/hands-on stuff will start up again as soon as the "Covid Curtain" lifts. This also means that we will be able to hold our regular monthly meetings and in-house training sessions, so with a bit of luck you will soon see our regular notice of these on the corner of Glen Ora and McKinnon Roads. Keep an eye out for it.

The winter FireWise messages for your attention this month are:-

### One metre from the heater.

It's difficult to get clothes dry during this inclement weather and we are often tempted to place them on an airer in front of the fire/heater. Children in particular, when cold, like to stand nice and close to the fire. Clothes can easily catch fire whether they are on an airer or a child. Both are examples of distance making the heart grow fonder.

### Don't overload Power points.

At the time it might seem cheaper than getting the electrician in to install some additional power points. It is a dangerous habit and more often than you can imagine, it is a very costly one. Local electricians do advertise in the Across the Fence, so please think seriously about calling one.

### Keep looking when you are cooking.

Chops and chips for dinner tonight? Please, do not walk away while you are waiting for the oil to heat up, or while the chips are cooking. That exhaust fan that removes or relocates the smell of cooking fat, is very efficient when it comes to removing and relocating the burning

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fat fire into your ceiling cavity.

The same idea applies when you are burning off outside. Gum and Tea Tree foliage has a very high oil content and ignites without warning. It's time to stay - don't walk away.

Remember, at least 24 hours before you light up, you are required to notify your neighbours, and the RFS. The number to call for the answers to all your questions about burning off is

1300 643 262.

### FROM THE CAPTAIN.

Hi all,

Minimbah has been checking out various roads and tracks in the area this last little while (maintaining social distancing) particularly in areas around the bore field and the exit of Minimbah Rd to the Highway. This has provided us with much needed information for the next fire season.

We did have a couple of calls. One to a vehicle fire on the highway south together with Rainbow Flat and Krambach. As a result of a fire inside the vehicle, it appears the plastic fuel tank melted with the remaining fuel running down the roadside drain and setting the bush alight. All good, no injuries.

We also had a "ambulance assist". Ambulance and other agencies use the RFS on occasion when help is required.

Winter is upon us and a chat about wood fires may be in order.

Great to have the ambiance and warmth but is your flue clean? This old bloke has been to several flue fires and whilst spectacular, they can be very unsettling. Flames and burning embers several metres above the roof is not something anyone needs. The buildup from last year's winter is still there so the flue probably needs a clean.

And is the flue sealed so smoke cannot get inside the living area? Small particles in smoke can make life very uncomfortable for everyone, but those with breathing problems are ones at most risk. And DON'T have a wood fire in any area without some ventilation. Some years ago, several folks were gassed when they lit a fire inside a container they were using as accommodation.

Having a clean out like many others, and I came across an old kerosene heater we used to use. Only those over 60 would probably remember these? About 50cm square and 40cm deep, these had a circular flame provided by a tank of kerosene underneath with a grille in front to prevent kids getting too burnt. Supposed to self-extinguish if tipped over. A live hand grenade was safer. Ah them's were the days.

Stay warm and be kind to everyone, you might need their help one day. BH





### HARK - HARK NOW HEAR THIS OLYMPIA ANTIQUES HAVE MOVED

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### **Opening Hours**

Wed: - Thurs: - Fri: 10am to 4pm Saturday: 10am to 1pm **Phone: 0427 507 510** 







### **Nabiac Landcare**

nother month of social distancing down! Hopefully life will soon be settling down to normal—whatever that turns out to be. Unfortunately the weeds are ahead of us post drought, fires and floods and definitely back to their normal growth. A couple of our Landcare members have occasionally been back in the local reserves quietly working on their favourite weeds. We have now been given the go ahead by council to resume group working bees of up to ten members, of course, observing social distancing. So watch this space—we will be back soon.

I have mentioned Maderia vine (Aneredera

cordifolia) before; it is identified as a 'weed of national significance'.
The vine, by its sheer weight, will smother and kill trees. It is quite

common in the Wallamba River catchment and is spread downstream quite easily with flood water. It is very difficult to control by physical removal and chemical means. A biological control (a leaf feeding beetle, *Plectonycha correntina*) is available

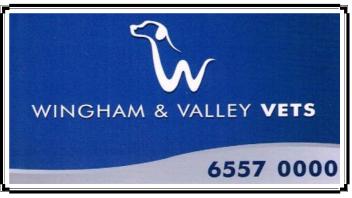
but it's a bit picky about the conditions it likes. Have a look at Weedwise, <a href="https://weeds.dpi.nsw.gov.au/Weeds/MadeiraVine">https://weeds.dpi.nsw.gov.au/Weeds/MadeiraVine</a>, for control information. Needless to say with moisture, warmth and flooding along the Bullock Wharf river frontage, it's back with a vengeance! At Lilypilly Bend many of the camphor laurels that we hoped were

dead after the fires there almost 18 months ago are showing their resilience. Most of them are shooting from their base (lignotuber) and will need monitoring for the best time to dispatch them.



On a much happier note we are very happy to welcome the newly formed Lions Club of the Wallamba River. They will, with the MidCoast Council's agreement, be working to maintain the picnic areas and trails at Bullock Wharf reserve. We're looking forward to working with them on this valuable Nabiac amenity. Remember, even if you can't help in the bush, you can do your bit for Nabiac by removing weeds from your own backyard and removing fruit and seeds from garden plants that the birds and wind will spread. And most of all enjoy the local bush!

Liz Rees 6554 3196



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### **Nabiac Village Futures Group**

Life has begun to return somewhat to normal with kids back to school, some relaxation of numbers allowed at gatherings, and recommencement of regional travel. Good to see those local businesses that have reopened and a big thank you to those who were able to operate through difficult times.

We know that many people have concerns about keeping our area virus free and we urge everyone to continue to practise distancing and continual hand cleaning.

### **Sustainability Plan**

Our group had a Zoom meeting with *Sarah Langdon* to discuss the information provided in the recent survey and interviews. We are now working out our next steps.

### Residential Housing Development 21 - 25 Nabiac Street.

DA 423/2012 was approved in 2015 with some conditions. The Development is planned in 3 stages and includes the demolition of an existing dwelling, the consolidation of the three (3) existing lots, the filling of the site and the erection of fourteen (14) dwellings.

The existing dwelling house on No. 23 Nabiac Street must be

relocated, or the existing building materials recycled where possible.

The large Forest Red Gum in the southwest corner is to



be protected from harm and disturbance during Stages 1 and 2. It may be removed from the Site as part of Stage 3. If a Koala is observed, the tree is not be felled or harmed until the koala has vacated the tree of its own free will.

The Artisan Farmer, Corner of Pacific Highway and Woosters Lane Good to hear that this development is moving along after such a difficult 6 months. You can find them here:-

http://www.theartisanfarmer.com.au/

and here:- <a href="https://www.facebook.com/theartisanfarmernabiac/">https://www.facebook.com/theartisanfarmernabiac/</a>

**Louise Collins,** Secretary NVFG ph 0409 585 635



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5 Norfolk Close, Tuncurry

### Nabiac Memorial Neighbourhood Centre



This month's article is about our Neighbourhood Centre in its previous role as Nabiac's Hospital. Many people with local connections have fond memories of our Hospital and are always willing to tell a story about it. Recently a lady called *Kim* posted to us a photo of the Wallamba War Memorial Hospital. The photo came from her father who perhaps had visited the Hospital at some time. Kim was unable to tell the date of the photo.

With a little help it seems that the photo can be dated between 1961 and 1963. Partly hidden by the Hospital sign is the 'new' maternity wing built in 1961. *Bruce Weller* remembers the old fence with a cattle grid which stopped wandering livestock from entering the hospital grounds. Bruce noted that he remembered crossing the grid when he delivered gas bottles to the Hospital. A new fence was constructed in 1963 without a grid.



Around 20 years ago <u>Laura Sykes</u> wrote a book "**The Hospital at Nabiac**" which records much of the history of the Hospital, the involvement of local people and the formation of the Neighbourhood Centre. Laura donated copies of the book to the Neighbourhood Centre to assist with fundraising for the building. Limited copies of the book are available for \$25 from the Op Shop. You can purchase a copy from the Op Shop when it reopens, or call *Kathryn* (0414 836 414) or *Louise* (0409 585 635).

Louise Collins, Secretary, Neighbourhood Centre

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# Delivering #NATIONALS for Regional Australia for our

If there is an issue of a Federal nature you wish to raise with me, please feel free to drop me a note via mail or email, or contact my office Kind regards David



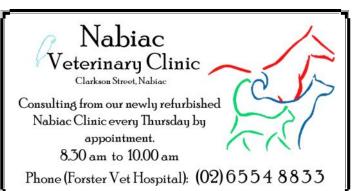
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Authorised by Dr David Gillespie MP, National Party of Australia, 144 Victoria Street, Taree NSW 2430.





### Most Libraries will be Open for Loans and Returns from Monday 1st

To further protect the more vulnerable members of the community during the initial stages of transitioning out of the COVID lockdown, the difficult decision had been made to delay the return of volunteers to Council spaces. As a result MidCoast Council Library branches in Taree, Forster, Wingham, Harrington, Gloucester, Bulahdelah, Halliday's Point, Stroud and Tea Gardens will open, while branches in Nabiac and Old Bar will remain closed for the time being, as they are volunteer run. Although Nabiac is closed borrowed items may be placed in the returns bin.

There will be reduced services in libraries, for example public programs and events, meeting rooms, public computers, newspapers and public toilets will not be available, as part of the first phase on reopening. However, we will be looking to further ease restrictions in

MidCoast Libraries will continue to offer free events and programs online and we encourage the community to visit our website to find out what's coming up.

### What's been happening at Nabiac Library during pandemic closure:

- The doors leading into the showground have been fixed/ replaced
- The weather strip has been placed on the barn door in the corner of the library
- Collection Stocktake: Our industrious co-ordinator, Yasmine, has taken every single item off the shelves and put it through a stocktake module on Libero (she may never want to see another book again). This has been a very worthwhile exercise as it has picked up items with mistakes in their records and ones that have been placed in wrong areas.
- Shelf cleaning: Yasmine has been cleaning the shelves as she's been doing the stocktake.

### What else has been happening across the library service:

Another author talk has been added to the website/Facebook-Thursday 21st May - Lisa Ireland (The secret life of Shirley Sullivan)



### P & B Calder

INTERIOR & EXTERIOR WORK NO JOB TOO SMALL FIRST CLASS WORK ALWAYS

PHONE: 6559 2836 0404 495 422



- If you missed Adam Courtenay's author talk The ghost & the bounty hunter - the link is now available on Facebook
- More virtual Storytimes have been added:

### https://library.midcoast.nsw.gov.au/Home/Featured-Content/Mini-Storytime/Mini-Storytime

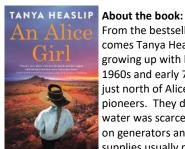
- Wednesday 27<sup>th</sup> May will be National Simultaneous Storytime, the featured book this year is "Whitney and Britney chicken divas" by Lucinda Gifford. There will be a virtual storytime and downloadable craft activities. If you want a laugh make sure you watch the National Simultaneous Storytime video, the dance scene is a crack up.
- A MidCoast Libraries App has been developed http://www.yourlibraryapp.com/midcoast

This App allows you to search the catalogue, reserve an item, renew items, check on events, look up opening hours, look at eservices and more. You can add multiple library accounts to it so that families can check on all their cards. If you can, try it out.

Make@Home MidCoast! launched https://www.youtube.com/watch? v=K2SQEzh4dwk&feature=youtu.be

The Make@Home MidCoast! series is brought to you by MidCoast Libraries and Manning Regional Art Gallery. This is a fortnightly creative tutorial online and a special collaboration which provides creative activities that can be completed at home. It's a fun, way to get creative during isolation and beyond and is suitable for all. Be sure to check out Make@Home MidCoast! Episode 2: Paddle Pop art puzzle https://www.youtube.com/watch? v=QVThHWXdkYw&feature=youtu.be

June Zoom Events: An Alice Girl with author Tanya Heaslip Next date: Wednesday, 03<sup>rd</sup> June 2020 | 06:00 PM to 07:00 PM



From the bestselling author of Alice to Prague comes Tanya Heaslip's extraordinary memoir of growing up with her sister and brothers in the late 1960s and early 70s on an outback cattle property just north of Alice Springs. Tanya's parents were pioneers. They developed the cattle station where water was scarce, where all power was dependent on generators and where a trip to town for supplies usually meant a full day's journey. Tanya

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### 

and her siblings led a childhood unimaginable to many Australians. Their father was determined to teach them how to survive in this severe and isolated environment and his lessons were often harsh. But despite all that, Tanya tells of this precious time with raw honesty, humour, love and much kindness.

June Zoom Events: Stormbird with author Karen Turner
Next date: Wednesday, 10<sup>th</sup> June 2020 | 06:00 PM to 07:00 PM



### About the book:

'Stormbird' is set in war-torn England in 1941 and tells the story of an unexpected relationship that builds between a British war widow and a German fighter pilot, shot down and in hiding, despite their countries' bitter differences. In this talk with Karen, hear about the inspiration behind her books, how Karen's travels have influenced her writing, her journey from being a self-published author to securing a UK publisher, and her tips for

Hole Pier Drilling, Mixer, Rubbish Removal and much

the aspiring writer!

Zoom Event: The Spill with author Imbi Neeme
Next date: Tuesday, 23<sup>rd</sup> June 2020 | 06:00 PM to 07:00 PM



### About the book:

A captivating debut novel 'The Spill', an exploration of the moments – small and large – upon which our lives can pivot. In 1982, a car overturns on a remote West Australian road. Nobody is hurt, but the impact is felt for decades. For sisters Nicole and Samantha this moment will echo through their lives and continually affect their responses to individual experiences and to each other.

ALL ZOOM EVENTS IN JUNE are ZOOM VIDEO CONFERENCING - You will need a Zoom account to participate. Cost:- Free event Contact:- MidCoast Libraries 6592 5290

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### Krambach Garden Lovers News



ell there's not a lot to report but with social distancing restrictions laws being lifted we may soon be able to hold our outdoor meetings again.

I am sure we are looking forward to catching up with our fellow gardening friends and having a nice hot cuppa to keep us warm. Keep reading the news letter for more up date information as it comes to hand.

With recent rain falls the weeds will grow so it's time for us all to get into the garden and prepare it for spring.

Should you like to know more about our happy group of gardeners just come along for the friendship especially after the past few months of isolation. You don't have to have a large or picture book garden and we do practice social distancing etc.

Contact *Cindy* on 6554 1916 or Val on 6554 9651 and stay safe and warm.

Happy Gardening 🔏

Val

### **Free Your Mind Activity Booklet**

The library has released the **Free** 'Your Mind' activity booklet, which is available to download on the website. It has over 20 pages of activities including Suduko, brain-teasers, mindfulness colouring-in, cross-words, art and craft and more. This booklet has been designed in partnership with Manning Regional Art Gallery.



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### Show News

ne of the last public events before we all went into COVID-19 lockdown on 16<sup>th</sup> March was the Wallamba District Show on 14<sup>th</sup> March. It seems such a long time ago, even though at the time of writing this article, its only 10 weeks. The Show Committee has not had the opportunity to meet face to face since. However, we certainly have not been sitting on our hands.

Show 2020 finalisation has been an ongoing process plus our Grants Sub-Committee has been kept very busy. Both the State and Federal Governments, in an attempt to mitigate some of the impacts from drought, fires and virus, have been calling for proposals of Community based projects with a promise of funding successful applicants via a number of Grants.

The 2020 Wallamba District Show was the recipient of a \$5,000 grant under the NSW grant 'Drought Stimulus for Country Shows'. This money enabled us to offer free rides for all children on the giant fibreglass Rock Climbing Wall as well as having great fun on the three-way bungee. This was a major attraction for both kids and parents alike. The balance was used in funding Griego the Great Roving Magician and marketing material for the Show.

There are a number of other funding opportunities that have been submitted and two others in the final stages of submission.

The Federal Government's Regional Agricultural Show Development Grant is one that recent correspondence leads us to believe we may be very positive about its success. Our vision for this project is a more aesthetically pleasing and functional entry point to the Showground off Nabiac Street.

The benefits to this project are many, however the two most obvious are, creating a sense of arrival at the Grounds and safely managing the entry for all-ability pedestrians and vehicle visitors.

We are very hopeful that we will be able to go into greater detail in next month's ATF.

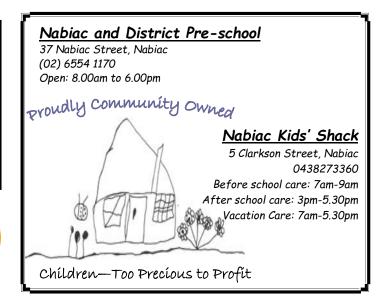
Other funding opportunities include the NSW Showgrounds' Stimulus Funding 2019/20 and its following 2020/21. With help and support from the MidCoast Council, we have submitted an application for one and are in the process of finalising the second.

To round things off, the annual NSW Government Community Building Partnership Program will be receiving an application for a mobile aluminium grandstand to seat 55 people before the closing date of  $12^{th}$  June.

Trusting this finds everyone safe, healthy and on their way to having our community back to normal very soon.

As "The Show must go on" we look forward to working with many of you in our build up to our 2021 Show, on Saturday 6<sup>th</sup> March.

Sally Henderson



Two women are in a bar

108 % YEARS

After a while, one looks at the other and says, 'I can't help but think, from listening to you, that you're from Ireland.

The other woman responds proudly, 'Yes, I sure am!'

The other woman answers, 'I'm from Dublin, I am.'

The first one responds, 'So, am I!! And what street did you live on in Dublin ?'

The other woman says, 'A lovely little area. It was in the west end. I lived on Warbury Street in the old central part of town.'

The first one says, 'Faith, and it's a small world. So did I! So did I! And what school did ya go to?'

The other woman answers, 'Well now, I went to Holy Heart of Mary, of course..'

The first one gets really excited and says, 'And so did I! Tell me, what year did you graduate?'

The other woman answers, 'Well, now, let's see. I graduated in 1964.'

The first woman exclaims, 'The Good Lord must be smiling down upon us! I can hardly believe our good luck at winding up in the same pub tonight! Can you believe it? I graduated from Holy Heart of Mary in 1964 meself!'

About this time, Michael walks into the bar, sits down, and orders a

Brian, the bartender, walks over to Michael shaking his head and mutters, 'It's going to be a long night tonight.'

Michael asks, 'Why do you say that, Brian?'

Brian answers, 'The Murphy twins are drunk again'.

### The Nurse

A policeman was rushed to the hospital with an inflamed appendix. The doctors operated and advised him that all was well, however, the policeman kept feeling something pulling at the hairs in his crotch. Worried that it might be a second surgery and the doctors hadn't told him about it, he finally got enough energy to pull his hospital gown up enough so he could look at what was making him so uncomfortable. Taped firmly across his pubic hair and private parts were three wide strips of adhesive tape, the kind that doesn't come off easily --- if at all. Written on the tape in large black letters was the sentence, "Get well soon, from the nurse in the Ford Focus you gave a speeding ticket to last week.

Kind of brings tears to your eyes doesn't it?



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# COVERING ALL YOUR EXCAVATION NEEDS

Brush Road at the last meeting. This plant is now working on the Failford-Tuncurry Road and when finished here will proceed to Nabiac to make an inspection and if nothing has been done to cancel the contract and to call fresh tenders

> FAILFORD SCHOOL JUBILEE—SEPTEMBER, 1938: This month Failford School will attain its Jubilee. It was established 50 years ago. The teachers who presided over the destinies in order were Mr E. Debisham, Mr Lockney, Mr E.E, Kenny and Mr C.H. Cook and now Mr D. Dudgeon is carrying on the good work having succeeded Mr Cook who had been in charge of the school for 36 years and two months when his time to retire came. Now the P & C Association, with Mr C. Spooner as secretary, intend to celebrate the Jubilee on Saturday  $1^{st}$  October with a basket picnic and a sports programme. Former teachers and ex pupils are specially requested to be in attendance to commemorate the occasion

> Monster Stingray - July, 1939: On Thursday Mr Bonventi of Tuncurry, caught an enormous stingray at Tuncurry The monster was seen swimming about and Mr Bonventi procured a shark line which was baited with a mullet. The ray took the bait and on being landed proved to be 6ft across the flaps, 9ft long from tip to tip and weighed 4cwt. On being cut open it was found to be full of bream, flathead and leather jackets.

SHARKS IN WALLIS LAKE - DECEMBER, 1939: We are informed that sharks are plentiful in Wallis Lake. Mr Vince Fazio and his lorry driver called at this office yesterday, Friday (Times Office) morning and informed us that Mr Leo Amato, a well known Tuncurry fisherman, whilst hauling three miles up the lake, caught two grey nurse sharks each about 7 ft on Wednesday night last On Thursday he caught a shark 10ft long with a girth of 5ft and when opened it had 12 young ones inside it, A much larger shark broke through the net but Mr Amato has hopes of capturing him. Mr Fazio attributes the presence of so many sharks in the lake to the fact that the rivers have been cleaned and the sharks breed there. A pilot fish which always accompanies a shark was also caught. It measured about 2 ft which is considered an outsize for the fish.

**The Wallamba Watershed's History** – Another in a series of historical articles gleaned from the archives of the "Manning River Times, 1933 - 1939, by Bob Mann

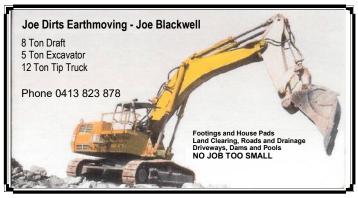
DARAWANK CREEK BRIDGE - APRIL, 1933: The Department of Main Roads advised the meeting of the Manning Shire Council on Monday of the approval of the tender of Mr. W. B. Marsh of £696.17.09 for the construction of a bridge over Darawank Creek. Mr Marsh how-ever, notified of an error in making up quantities to the extent of £113.15.00. He had mistaken cubic yards for square yards. He desired an amendment to the amount stated. The President said it was still a wonderful offer, with the extra amount it was still £100 below the next tender. They could take the matter up with the Main Roads Board It was agreed that the President take the matter up with the Main Roads Board when in Sydney next week.

<u>Failford's Empire Day – May, 1933</u>: The usual Empire Day was held at Failford on Saturday 6<sup>th</sup> May under ideal conditions. After the children had participated in a tasty meal the sporting part of the programme was carried out. A special prize donated by Mr Grimson of Nabiac was won by Miss Beth Johnson and the married ladies by Mrs. J. Gleeson. The single man's races were won by Mr Lewis Gorton and Mr Dudgeon respectively. Tea was partaken of and all departed for home after a very happy evening. On Saturday a team representing Nabiac journeyed to play a friendly game of tennis. During the afternoon tea was provided by the ladies. At the end of the day on counting up it was found that Failford were the winners by 49

**ACCIDENT:** While driving from Nabiac to Failford on May 3<sup>rd</sup>, Mr F. Johnson and his two daughters, Beth and Jean, had the misfortune to be thrown out of the sulky. It was found that the harness had broken and allowed the sulky to tip over. Fortunately nobody was hurt, but all had a lucky escape.

**DARAWANK CREEK ROAD - OCTOBER, 1935**: At the Manning Shire Council meeting held on Monday 14<sup>th</sup> October, 1935, it was announced that the amount of gravel specified by the council had been delivered and all necessary work on the road can be considered as completed and the gang that was employed can be detailed for work

MANNING SHIRE COUNCIL - AUGUST, 1936: At the meeting held on the 10<sup>th</sup> August it was reported that the Pipeclay Creek Road had been reconditioned by the power grader which was working on the Possum





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### Nabiac Farmer's Market -

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Roll up roll up...

Many of your favourite vendors are selling their produce and wares from the farm-gate or on-line shopping.

Find participating vendors via our FB page:- Nabiac Farmers Market "Farmgate - On- line"

### Hints for storing fresh produce:

In times when people may wish to venture out less to the shops, or wish to ensure harvested goods keep for longer, here's some hints on storing fruits and vegetables:

The key is understanding ethylene, the hormone emitted by produce as it ripens. Well ripened apples and bananas are big ethylene emitters. Other produce, such as leafy greens and asparagus, are more sensitive to ethylene and perish quickly, when stored with high ethylene emitters.

A broad rule is to store fruit and veggies separately, since fruit emits more ethylene.

Tropical fruit doesn't like the fridge – so avoid storing it there if possible.

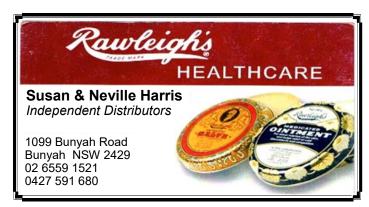
Watermelon likes to be alone.

Fruits which like the cold and store well in the fridge include: Apples, pears, berries, grapes and oranges.

Avocados should be left out until almost ripe, then left in the fridge to prevent over-ripening, if too many ripen at once. Same applies to stone fruit

Potatoes like somewhere dark and dirty! Onions like the dark, how ever need good air circulation. Whole pumpkins and sweet potatoes are stored in the same way. A friend just shared a tip for the pumpkins: sprinkle pepper on cut pumpkin, to help keep it fresh until ready for use. Then, either rinse the pumpkin, or cook with the pepper.

Hardy greens, like kale do well wrapped in a damp tea-towel, how ever lettuce and roquette prefer cool and dry conditions to stay crisp.





For more tips go to: goodfood.com.au. There are some inspiring recipes on this site too.

We trust you are all finding positive ways to engage with life in isolation. This could be the perfect time to create a new product and forge new business interests.... you could be opening your new market stall ready for Spring.

We will keep our community posted on the next market date, via our Facebook page and here in ACF, and are looking forward to seeing you all whenever that may be! ... At the next market, remember your bags, granny trolley and that stallholders will not be there during a pandemic, however they will be there on the next market day, come rain, hail or shine.

As the cold weather wraps around our homes, keep your immune boosted with loads of veggies, fruit and catch a few mins of winter sunshine to boost vitamin D.

We will all be celebrating when the markets thrive again, in the meantime, support local producers who:

### ----Make It Bake It Grow It---

\*Stall holder applications are open. Simply go to the website and download the vendor information forms from the website: nabiacfarmersmarket.com .

Call: 0422 177 122.

Or Email: <a href="mailto:nfmcommittee@gmail.com">nfmcommittee@gmail.com</a>

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Always one for keeping fit, Susie did her regular pelvic floor exercises.





"Oh my God! Mother?!"



All women learned from Eve:

A woman ran a red traffic light and crashed into a man's car. Both of their cars are demolished but amazingly neither of them was hurt.

After they crawled out of their cars, the woman said; "Wow, just look at our cars! There's nothing left, but fortunately we are unhurt. This must be a sign from God that we should meet and be friends and live together in peace for the rest of our days."

The man replied," I agree with you completely. This must be a sign from God!'

The woman continued, "And look at this, here's another miracle. My car is completely demolished, but my bottle of 75 year old scotch didn't break. Surely God meant for us to drink this vintage delicacy and celebrate our good fortune." Then she handed the bottle to the man.

The man nods his head in agreement, opened it, drank half the bottle and then handed it back to the woman. The woman took the bottle, immediately put the cap back on, and handed it back to the man.

The man asks, "Aren't you having any?"

She replies, "Nah. I think I'll just wait for the police."

Some years ago Adam ate the apple.



A police recruit was asked during an exam, 'What would you do if you had to arrest your mother?

The reply, "Call for back

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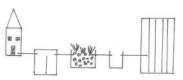
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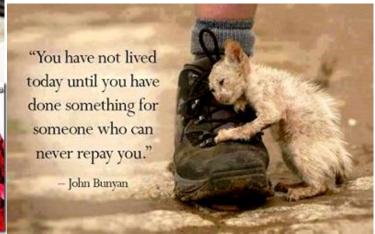
Sub Surface Septic Bed Well Irrigation Area

An elderly, but hardy cattleman from Texas once told a young female neighbour that if she wanted to live a long life, the secret was to sprinkle a pinch of gunpowder on her oat-

meal each morning.

She did this religiously and lived to the ripe old age of 103.

She left behind 14 children, 30 grandchildren, 21 greatgrandchildren, five great-great-grandchildren and a 40 foot HOLE where the crematorium used to be.



Always smile. Life isn't always full of reasons to smile, but your smile itself is a reason for others to smile too.

It doesn't matter if the glass is half empty or half full. There is clearly room for more wine

Oh Lord, Please keep all the stupid people from breeding. We're getting badly outnumbered down here.

### **Unknown**

He didn't like the casserole And he didn't like my cake He said my biscuits were too hard Not like his mother used to make I didn't perk the coffee right He didn't like the stew, I didn't mend his socks The way his mother used to do I pondered for an answer I was looking for a clue Then I turned around and Whacked him Like his mother used to do

### Had to add these Corona Jokes - Better to Laugh

No Hugging, No Kissing, 6ft Distance, No Social Interaction Like being married but with a cough!!

If you wear your jeans 5 days in a row, they become all baggy and it looks like you're losing weight.

Follow me for more quarantine life pro tips.

Gotta say that the class of 2020 outdid themselves with Senior Skip Day this year.

For those weddings cancelled due to Covid 19, God is giving you a second chance to think about it

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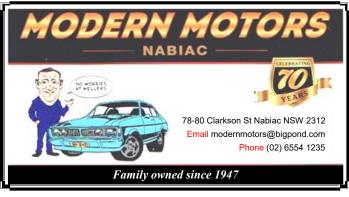
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Some Tips to Keep Your Car Running Whilst the Virus is Curtailing Trips (curtesy of web RD)

### **Flat Batteries**

It might come as a surprise, but your car is still working even when you're not driving it. Just like your laptop or mobile phone, your car battery is running the computer inside your vehicle at all times. If you're not going to be driving your car for a few weeks, place your vehicle on a trickle charger. These chargers continue to supply power to a car battery when the vehicle is not in use. Oh, and don't forget to remove the phone charger, dash-cam, and any other power-consuming devices plugged into the cigarette lighter port. These devices slowly seep your juice, too.

### Tyres.

Tyres develop flat spots when you don't drive. The weight of the car constantly putting pressure on the same part of the tyres creates a dent. Tyres lose pressure when they sit too – about one to two PSI per month. A quick spin around the block once a week will help avoid this problem. Use a tyre pressure gauge to check the pressure before you drive it again. You don't have to worry about making it to the petrol station to get air when you have a portable compressor at home.

### Ants

Remove **all** garbage, particularly drink cans, food, and sugary snacks as they will attract ants that will find a way to get inside. (*This is a problem I found I had when I lifted up a towel I keep on the back seat - a seething ants nest—and my car was clean, just hadn't been driven for a couple of weeks. Ed.)* 

### Fluids & Oils

The fluids in your car are essential for many components. For example brake fluid is pressurised and gives you the power needed to brake. Without power steering fluid, it would take a lot of muscle just to turn the steering wheel. When a car sits for a long time, fluids get stale and can pool in certain areas. Older oil won't lubricate as fresh oil would. The oil keeps the metal components lubricated, so you don't get that ticking noise of metal hitting metal, or worse, the engine overheating. Run the engine every two weeks for about 10 minutes (or take a short drive) to keep things under the hood lubricated.

### Petrol

Petrol is a fickle thing in your tank. If you leave the fuel tank near empty, it builds up moisture, which isn't ideal. "However, if you fill up to the brim before parking it long-term, it will overflow if the weather gets warmer and the petrol tank expands. Additionally, petrol goes bad after a short time. If it's sitting with half a tank, fill it up with fresh petrol when you start driving again. Or add an enzyme fuel stabilizer to the petrol to prevent it from going stale; think of it as a probiotic for your petrol tank.

### Tree Sap & Bird Poop

Both can badly damage the paint work on your car. Wash off any droppings, sap as soon as possible







### FEED OR FOE FROM FODDER? PRODUCERS URGED TO CHECK NOW FOR WEEDS EMERGING FROM FEED

Hunter Local Land Services is urging producers to be checking their paddocks regularly for new weed incursions, after several sightings of unwanted weeds in our region.

Of particular concern is the number of weeds emerging in sites used to feed out fodder during the drought. "There is still enough moisture and warmth in the ground for weeds to germinate and with the good rainfall we saw in late summers and early autumn it has provided ideal conditions," said Matt Kennedy Hunter Local Land Services' Regional Weeds Coordinator. "We're asking producers to be vigilant in checking any spots they fed out fodder brought in during the drought so we can stop incursions of new weeds into our region.

The discovery of *parthenium* weed in two Upper Hunter locations over the last week is a good example of best practice weed identification and management. "While the first incursion has been linked to machinery, the second it's believed is the result of a fodder drop during the drought," said Matt. "In the more recent case, a landholder reported



an unusual looking specimen in their paddocks to the Upper Hunter Weeds Authority, and it has now been confirmed as Parthenium Weed and the site controlled," said Matt. "It is advised when handfeeding to restrict fodder distribution to certain containment paddocks so as not to risk spreading imported weeds across your property."

Now the seasons have improved, weeds are quickly taking hold in some pastures. If you wish to report a suspicious weed, please contact your local council weed officer. "Producers need to be keeping a close eye on emerging weeds. It is easier to eradicate these weeds in small patches now than to be managing them for generations to come, so if producers see something unusual they need to get in contact with their local authorities" said Matt. "It is recommended when purchasing fodder you request a Fodder/Commodity Declaration, so any weed infestations emerging from purchased fodder can be traced back to the source."

If you need advice or support managing your livestock feeding and drought management, please contact the Hunter Local Land Services Agricultural Extension Team by calling 1300 795 299 or visit <a href="https://www.lls.nsw.gov.au/regions/hunter">https://www.lls.nsw.gov.au/regions/hunter</a> You can read more at: <a href="https://www.lls.nsw.gov.au/data/assets/pdf\_file/0010/1156564/">https://www.lls.nsw.gov.au/data/assets/pdf\_file/0010/1156564/</a> <a href="https://www.lls.nsw.gov.au/data/assets/">https://www.lls.nsw.gov.au/

Penny Evans, Hunter Local Land Services, 0417 413 026



### NABIAC HOTEL SOCIAL CLUB

Annual membership is only \$5 singles - \$10.00 couples/families NEW MEMBERS WELCOME.

For further information
Contact our Secretary, Maureen Ahmling
on 0497 784 962

We hold Thursday night meat and vegie raffles at the pub.

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Pertinent local highlights from "Brommy's Bulletin, May 2020"

### FAILFORD ROAD/PACIFIC HIGHWAY UPGRADE



Our calls for a safer intersection at Failford Road and Pacific Highway have been heard. In addition to the already \$1.6 million upgrade that is currently underway at the intersection an additional \$1.5 million will be added to the project under the NSW Government's economic stimulus package. This will allow Transport for NSW to build upon the safety and include the installation of an acceleration lane for vehicles turning left out of Failford Road. Completion is expected by October 2020, weather permitting.

### **AUB FERRIS SPORTS FIELD NEW FACILITIES**



The Aub Ferris sports field, Nabiac has seen the much needed upgrades commence to replace existing change rooms and the construction of a new canteen thanks to again the NSW Governments Stronger Country Communities Program which saw the sports field granted \$393,000 towards the project.





(02) 6554 1330

connect3re.com.au Steve Howe 0429 541 469 office@connect3re.com.au

74 Clarkson St. Nabiac 2312 Diane Greig 0477 167 897

### **CELEBRATING FEMALE VOLUNTEERS IN MYALL LAKES**

Member for Myall Lakes, Stephen Bromhead has urged people to recognise female volunteers in their local communities, as nominations officially open for the 2020 Hidden Treasures Honour Roll this week.

Mr Bromhead said the Honour Roll shines a spotlight on the contribution of women in regional New South Wales, who willingly lend their time and skills to make the community a better place.

"Female volunteers in Manning / Great Lakes keep local organisations running, ensure sport is played on weekends, fight bushfires and so much more," Mr Bromhead said.

"This year, as we battle the ongoing drought, bushfires and now a pandemic, female volunteers have stood even taller. So, this is the perfect opportunity to recognise their invaluable contributions by nominating them for the Hidden Treasures Honour Roll."

The opening of nominations coincides with National Volunteer Week, and Mr Bromhead said now is the perfect time to celebrate the pivotal role that female volunteers play in the Manning/Great Lakes.

"Please, tell us the stories of who is making your community a better place, and how they are doing it, so that we can recognise their tireless efforts," Mr Bromhead said.

To nominate a Hidden Treasures volunteer, complete a nomination online: <a href="www.dpi.nsw.gov.au/about-us/rural-support/rural-womens-network/hidden-treasures">www.dpi.nsw.gov.au/about-us/rural-support/rural-womens-network/hidden-treasures</a> or download a nomination form, explaining why your nominee deserves to be recognised. Nominations **close 24th July**. For more information, contact the Rural Women's Network on 02 6391 3186 or email <a href="mailto:rural-women@dpi.nsw.gov.au">rural-women@dpi.nsw.gov.au</a>.

### Name to Return to Manning Base Hospital

Member for Myall Lakes, Stephen Bromhead has today announced the name of Manning's Public Hospital will return to 'Manning Base Hospital.'

The change comes as a result of a community survey regarding the name of the hospital, which was changed over a decade ago to Manning Rural Referral Hospital. This change was made to reflect the hospital's significant role in providing specialised care to patients from across the region.

Mr Bromhead said that Hunter New England Health has listened to the community and has honoured the results of the survey.

"I am advised that the survey received a total of 851 votes by the closing date of 28<sup>th</sup> February 2020, with Manning Base Hospital receiving 60 per cent of votes. The results clearly show the majority of the people who voted preferred a return to the name of Manning Base Hospital," Mr Bromhead said.

Manning Base Hospital 60% - 514 votes Manning Hospital 36% - 306 votes Manning Rural Referral Hospital 4% - 31 votes



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## On Hold: Construction of Forster's Civic Precinct

Construction on the Forster Civic Precinct development is currently on hold, with the COVID-19 pandemic impacting on the developer's ability to meet the works schedule.

The project will deliver a number of MidCoast Council facilities to the community including a new public library, visitor information centre and customer service point.

The building is being delivered by developer Enyoc, who entered an agreement with Council for the design and construction of these community facilities.

Initially work paused while the developer assessed the impact of COVID on the health and safety risk for the site. The deepening community risk caused by COVID across Australia has caused financial difficulties that have impacted on the original timeline of completion by September this year, which will now not be possible.

Council is currently working through the situation with the developer.

An update will be provided to the community when further formation is available.

For information on the project go to <a href="www.midcoast.nsw.gov.au/civicprecinct">www.midcoast.nsw.gov.au/civicprecinct</a>.

An update will be provided to the community when further information is available.

For information on the project go to <a href="www.midcoast.nsw.gov.au/civicprecinct">www.midcoast.nsw.gov.au/civicprecinct</a>.

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### Travel restrictions ease, physical distancing stays

With the NSW Government announcing the easing of restrictions allowing travel and holidays within NSW, the MidCoast region will be welcoming visitors from Monday 1<sup>st</sup> June, although physical distancing rules will still apply.

"Our businesses and especially the tourism sector are very happy to be able to begin welcoming visitors back to the MidCoast," said MidCoast Council's Manager of Growth, Economic Development and Tourism, Deb Tuckerman.

"At the same time, local businesses are working hard to adapt their operations to ensure they comply with the public health orders and protect our community and visitors from COVID-19. Slowing the spread of the virus as restrictions ease is a key priority for everyone."

As a result, many local businesses will look a little different as they reopen. MidCoast residents and visitors alike will need to adapt to new measures, including physical distancing, increased cleaning and restrictions on numbers allowed at any one time in venues.

"Our businesses are asking us to all be tolerant and expect things to be a little different as they open and welcome visitors for the first time in two months,' added Ms Tuckerman.

While businesses will be following guidelines for operating within existing public health orders, customers also have a responsibility to practice physical distancing and comply with the requests of business operators for everyone's health.

"These measures will ensure we can reopen our businesses, and give some much needed relief to our economy."

The Australian Bureau of Statistics released figures this week indicating the NSW Mid North Coast was one of Australia's hardest hit regions economically by the COVID-19 restrictions, with the highest national unemployment rate of 11.8%. The MidCoast Council area is part of this region.

"The MidCoast community is resilient and people here really step up and pull together in hard times. The business chambers and local businesses have worked hard during the lock down to keep business flowing, and our community has responded, supporting their local businesses wherever possible," said Mayor David West.

"The #ShopMidCoast campaign is helping to support businesses through this really tough time, what we need now is for all MidCoast locals to welcome our visitors back, and help our local businesses, and our community, come out of restrictions strongly," said the Mayor.

Businesses can find guidelines and free resources for operating safely during restrictions at <a href="https://www.shopmidcoast.com.au">www.shopmidcoast.com.au</a>, and everyone is encouraged to visit the #shopmidcoast directory there to keep our dollars local, and keep local jobs.

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### REAL KULTCHA

Well, it's late May and like the proverbial shag on a rock, I'm full of hope but a tad confused.

Rugby League – under new boss Peter V'landys – begins again in a couple of days and while the participants (*Eels* and *Broncos*) don't float my boat, I'll be watching. The child bride thinks the last couple of months have been heaven because she's been able to pick and choose what we watch on the idiot box and as there's been no sport, I really don't have any kind of argument. Like most of you, we haven't been out and about that much and I can identify easily with the joke: *My wheelie bin's been out more often than I have!* 

We've also been berated regularly on our TV by ads that announce "Footy's Back!" and that relates to Oz Rules. As far as I can figure, they're hoping to re-start the 2020 season on 11<sup>th</sup> June, but there could be problems with several State borders still being closed and I'd imagine there's a lot of work going on behind the scenes trying to sort it all out.

With regard to the cross-country wrestlers (Rugby), a one-armed fan dancer would be having an easier time. They've just punted their leader of several years (Raelene Castle) into touch and Rob Clarke is now trying to pick up the pieces. Their problem is even worse than other codes because they play against teams from New Zealand, South Africa, Argentina and Japan and given there are few (if any) international flights at the moment and the Corona virus is just now making a run into Africa and South America, there's little chance of their comp starting up anytime shortly – if ever! With no games, there's no revenue from TV stations and there have been reports of players exiting the code. Rugby Australia has announced they're hoping to start a 12 week domestic comp in early July with five or six teams and one of those could be the Japanese Sunwolves but will they be able to travel? If they can't then RA thinks they'll restart the Western Force (which they punted a couple of years ago) but at the moment that (and several other schemes) are just that – schemes. The New Zealanders are apparently playing with themselves!

And what's happening with Soccer? At the risk of having one of their heavies on the coast here putting a price on my head, I'll just say they're also in a dark place. Money is tight and the A-League players are upset by rumours that they'll have to cop an 80% cut in pay this

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coming season and there's no information regarding their salaries and a comp for next year! They want to see some details before re-signing and the A-League (it appears) is not able to give them any. A dark place indeed.

Stranding on the side lines right now are *The Galahs* and *The Southern Stars* waiting to see when the end of the various footy comps will be. There's a problem with that because both the winter and summer sports want access to the same fields and given at the moment, three of the football codes don't even have confirmed start dates let alone a finish date, cricket's a bit twitchy. Here in NSW they lost the end of last years comp (early 2020) to the virus and bush fires so they're more than a bit interested if some football codes decide to extend to late October or even mid November! Where will *The Galahs* play the Indian side who is touring late this year and it appears the Twenty20 World Cup (which was to be played here in Oz) may have already been punted to 2021.

Nobody will talk about this of course, but there is another reason why Peter is getting the ARL under way this week. Even without crowds attending, there's money to be made. How, I hear you muse?

Just in case you haven't noticed, not only is there no sport happening here in Oz, there is no sport happening around the world and that means: THERE'S NO SPORT HAPPENING IN THE HEW HESS OF HAY! Zilch. Nothing. Zip. Nada. Zero. Now, if you think we're bored here in Oz, try to focus on this. 2020 is an election year for them and all they've got to watch at the moment is Big Orange beating his gums about how great he is and re-runs of basketball, baseball and gridiron games! That may well be fine – for a while – but once you've heard BO once and you know who the winner of all the games are, then you'll be ripe for something else. Anything else.

### TA TA!

Snap your peepies on this you poor demented folks in the USA! They'll be suckers for it. They won't understand it of course, and will be completely flummoxed by the fact the game keeps going – there's no "committee meetings" every 10 seconds as there is in gridiron. But they'll watch it because they know what the alternatives are. Oz Rules may get up and running in two or three weeks but if the yanks have trouble with League, Oz Rules will look like Egyptian hieroglyphics! They'll watch it and the ARL will get payed. Down the track of course, when crowds are let in there'll be a bit more cash about but for the moment, the world will be watching Rugby League.

Talk at you next month,

**Hillside Critic** 





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### Lyn's Larder

A savoury chicken dish with wine and herb sauce served on noodles.

### BURGUDY CHICKEN 1/2 INGREDIENTS

11/2 kg Chicken, skinned and cut int 8 pieces

Olive oil 4 tsp 4 tsp Plain flour

6 Garlic cloves, peeled and halved

4 French shallots, chopped

1 cup Thinly sliced carrot 1 cup Dry red wine

2/3 cup Chicken stock 4 tsp Tomato Paste

Chopped fresh or 1/2 tsp dried Rosemary 2 tsp

Chopped fresh herbs for garnish

### **METHOD**

- Place chicken and flour into a clean plastic food storage bag and shake well to coat chicken. In a large non-stick frying pan, heat 2 teaspoons olive oil over a medium heat. Add chicken and fry until golden, about 6 minutes. Place chicken on a plate cover with foil and keep warm.
- Reduce heat to low. Add remaining oil to frying pan and add garlic, shallots and carrot, stirring until shallots are crisp-tender, about 5 minutes.
- Add the wine, stock, tomato paste, rosemary and pepper. Increase heat to medium and bring mixture to the boil.
- Return the chicken to the pan, cover and reduce heat to low. Simmer until cooked, about 30 minutes. Test by piercing thighs with skewer. If the juices run clear, then the chicken is cooked.
- Serve the chicken hot, garnished with finely chopped fresh herbs.

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### Good Medicine

### The Lords Prayer

When I was at school the only Scripture lessons we had were during the minister's intermittent visits to our small school ... and our lessons were put on hold while we listened to him. Two lessons I remember were **The Lords Prayer** and the **Apostles Creed** ... both considered part of education in those days. Some of you may have similar memories. Today we often hear modern versions of the Lord's Prayer at church services, weddings and funerals, but we learnt the old fashioned one

An amusing 'Lords Prayer' story in our family relates to my daughter's wedding over 20 years ago when she printed out 100 or so copies of a modern version for the ceremony and later found she'd typed *trail* instead of *trial* in the line 'save us from the time of trial'. Despite our protests she re - did them all and we had a year's supply of spare paper! For ages I had to stifle a giggle at church.

The Apostles Creed is now available as an inspiring song and can be found on YouTube at Hillsong Worship ... by going to "This I Believe The Creed Lyrics Hillsong Worship".

My granddaughter's school band once performed this song, very uplifting.

### The 2020 Lord's Prayer

Our Father who is in heaven, Hallowed is Your name, Your Kingdom come ... in our minds and hearts to us ... our families ... friends ... others, Your will be done on earth as in heaven by us to others ... loving, caring, serving ...,

Give us today our daily bread ... health ... jobs ... homes ... safety ... finance,

and forgive us our sins ... self-will ... pride... stubbornness ... ignoring You,

As we forgive those who sin against us.

And do not lead us into temptation but deliver us from evil ... harm ...

fears ... anxieties

For Yours is the kingdom and the power and the glory forever.

Amen

Prayer can bring hope and lately the word 'prayer' has been googled many times as people grapple with an unknown situation and search

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for hope. Hope is like a campfire, it brings light to the darkness, warmth in the cold and helps you feel better.

Is it possible that these times are bringing out the best in us? Some examples that come to mind -

- \* the church feeding the homeless in Sydney
- \* the person who left a bunch of flowers on a street bench with a note saying, take me
- \* the men bringing firewood who also cleaned my friend's chimney. Now is the time to treat each day as the gift it is.

the Counsellor





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Hi everyone,

I am finally back. I have missed you all.

Hope everyone is safe and well. As you can all imagine I am super busy, so please be patient as I try to fit everyone in while cleaning my space to keep us all safe.

Thank you for your patience and understanding. I'm excited to be back.

I now leave you with the saying of the month.

"Life isn't about getting and having, it's about giving and being."

Belinda 🕄



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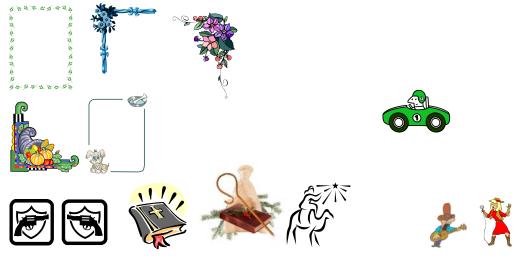
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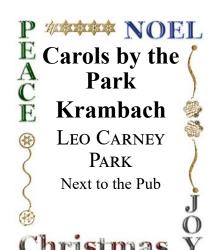
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Jacinda Ardern, Prime Minister of Nee Zulland, is awoken at 4am by the telephone.  Jacinda, its David, the Hilth Munister here. Sorry to bother you at this hour but there is an emergincy JUESSED IV -  I've jist received word thet the Durex factory en Aucklind hes burned to the grane VENEGH ARVICLES  It is istimated that the entire Nee Zelland apply of condoms will be gone by the ind of the week."
PM: "Shut!! The economy wull niver be able to cope with all those unwanted babies. We will be ruined."  Hilth Munister: "We're going to haf to shup some in from Brutun?"  PM: "No chence. The Poms will have a field day on thus one."  Hilth Munister: "What about Australia?"  PM: "I'll call the Aussies. Tell them we need one million condoms, ten enches long and four enches thuck.  That way they'll continue to respect the 'All Blacks'."  Three days later, a delighted David rushes out to open the boxes that arrived at the Pist Office.  He finds one million condoms - 10 enches long, 4 enches thuck, all
coloured green and gold with small writing on each one.  "MADE IN AUSTRALIA - SIZE: MEDIUM"



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Across The Fence – June, 2020 - Page 30



The Nabiac CTC centre at 37 Nabiac St Nabiac, is open to the public on Monday to Saturday, from 9.30am to 12.00pm Phone (02) 6554 1876

The centre is a non-profit organisation run mainly by volunteers.

The centre offers many services including internet use, printing, scanning, photocopying and faxes and IT training.

Photocopying & faxing is available Monday to Saturday mornings

Courses are offered to beginners and advanced users, so come along .

Some of the services and courses on offer at the moment are:

**Monday Morning:** Photocopying and Faxing

<u>Tuesday Mornings:</u> Sheila, Jillian & Alan will be here to help with the basics: File Management, creating Documents in Word, Publisher & Excel, Email, Internet Searches, Powerpoint and saving and adjusting Digital Photographs. So if you have any questions come along.

<u>Wednesday Mornings:</u> Suzie will help with the basics, emails & internet searches

Thursday Mornings:- Deb will help with the basics, emails &internet

Jillian Wood

### KRAMBACH HALL HAPPENINGS

HALL MEETINGS: Monday following the Krambach Markets each month at 3.00pm. Next meeting on Monday 16th March, 2020. Volunteers and Committee members welcome to join.

HALL MARKETS: 3<sup>rd</sup> Sunday of the month. 8:30am to 1pm

Come and choose from a wide selection of craft, fresh produce & plants, bric-a-brac, 2nd hand books & kids toys. Enjoy a hot breakfast or Devonshire tea or coffee. "Lucky Tree" Hall Raffle. New stall holders welcome.

Krambach Hall (School of Arts Inc.) has spaces available and is looking for more Stall Holders. One table costs \$11.00, two tables are \$16.00 and 3 tables are \$22.00.

Phone: Judy on 6559 1375 to book a stall

HALL BOOKINGS:

Contact Fay Deer on 6559 1562 or Helen Legg on 6559 1211

### News From The Pews

### Nabiac Village Community Church

Services are held every Sunday at **10:00am**Holy Communion is celebrated with the service on the **3**<sup>rd</sup> Sunday.
For information regarding the NVCC please contact
Margaret **Weller** (6554 1212), Jill **Hammond** (6555 7747)

### St Bernadette's Catholic Church, Krambach

Mass times are all cancelled until further notice due to corona virus

Check with Helen Legg on 6559 1211

I have not been advised by the other churches as to what they are doing. You will have to check them your selves Ed.

### St Thomas' Presbyterian Church, Krambach

A Family Service is held on the  $2^{nd}$  &  $4^{th}$  Sunday of each month at 9:30am. Everyone is welcome to join in. Any enquiries please phone Robert on 0400 310 357 .

### St Paul's Anglican Church, Nabiac

A service will be held at **10:00 am each Sunday** All welcome 1st & 3rd Sundays - Contemporary Service 2nd & 4th Sundays - Traditional Service

Every Week Day Before and after school care by KIDS SHACK We also provide Vacation time care. Call **Joy** on 0438 273 360.

### St Isidore's Catholic Church, Nabiac

Mass - No Mass services until further notice due to corona virus \*Note Friday Service

& Events - Local History (Wallamba 1931) - Landcare Groups - Library News Gardening - Recipes

1/8 3/8 1/8 1/4 1/2 3/4









Saturday 14th March

Wallamba District Agricultural & Horticultural Assoc Inc's

108th Show.

Something for everyone. See you there.



Diannes Lindsay's
Country Music Festival
21st March @ 7pm
Nabiac Showground Hall
Details page 5



### Fennel & Mushroom Gratin

1 Small Potato
1 Large Fennel bulb
10 g Butter
2 tsp Olive oil
1 Small Clove Garlic, crushed
50g Button mushrooms, sliced
1 tbsp White wine or dry vermouth
1/4 cup (60ml) Cream
1 tsp Chopped fresh thyme
30g Semi dried tomatoes, chopped

Bring a small saucepan of salted water to the boil, add the potato and boil for 5 minutes or until tender

Cool and cut into 5mm slices

2 tbsp Grated Parmesan

Meanwhile lightly grease a 2 cup (500ml) shallow ovenproof dish cut the top and base off the fennel and remove any tough outer layers. Thinly slice the fennel

Heat the butter and oil in a frying pan, add the fennel and cook over a low heat for 6 minutes or until soft. Add the garlic and mushrooms and cook for a further 6 minutes. Add the wine, cream, thyme and tomato, reduce the heat and simmer for 2 minutes, stirring occasionally. Stir in 1 tbsp of the parmesan.

Place the fennel mixture in the prepared dish, layering it with the potato. Sprinkle with the remaining cheese and place under a hot grill for 1-2 minutes, until the cheese melts. Serve with tossed green salad.

### PORK WITH APPLE AND SWEET POTATO MASH

1/2 green apple, unpeeled 30g Butter 1 leek, thinly sliced lengthwise 1/2 tsp Soft brown sugar 2 tsps. Oil 1 (200g) pork fillet, trimmed 100g orange sweet potato, cubed 1 tsp Plain flour 2 tsp Dijon mustard

100ml cream

2tsp snipped fresh chives

1-2 tsp milk

Core the apple and cut into 6-8 slices. Melt the butter in a frying pan and add the leek and sugar, cook for 2-3 minutes then add the apple and cook for another 5 minutes or until the leek and apple are golden brown. Set aside and keep warm

Heat the oil in the same pan and cook the pork over medium heat for 3-4 minutes each side, or until cooked through. Remove from pan, cover with foil for 5 minutes then cut into thick slices

Place the sweet potato in a saucepan of water, bring to boil, then reduce heat and simmer for 5 minutes until tender.

Combine the flour and mustard in a small bowl, then add the cream. Add to the frying pan and cook, stirring until bubbling and slightly thickened. Add the pork and chives and stir until warmed through. Season. \

Drain the sweet potato when just abut tender, add the remaining butter and enough milk to moisten, season and mash with a fork or masher.

To serv arrange the pork over the leek and apple and spoon on the sauce. Serve with the sweet potato massh and steamed vegetables of your choice

### Béarnaise Sauce

Put a tablespoon grated white onion, 2 tblsp white wine vinegar, 1 tbsp fresh tarragon leaves, 1/2 tsp dried tarragon leaves and 1 tbsp water in a SMALL saucepan. Bring to the boil, then reduce the heat and simmer for 2-3 minutes until the sauce reduces to 2 teaspoons. Remove from the heat. Whisk 2 egg yolks with 1 tsp water and add to the pan, combining well. Gradually whisk in 80g melted butter. Strain the sauce through a dine strainer season with salt & pepper and stir in 5 shredded tarragon leaves. Serve with char grill steak or veges.