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# ACROSS THE FENCE

# HAPPY BIRTHDAY

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News from the Wallamba Watershed is a





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**Ben Strange**

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## Editorial.

Second month of winter has arrived and brought with it some very nippy mornings. I still think it is going to get colder as it has been so dry for so long. No frosts on my place yet but some over the road on lower ground.

The graziers must be really feeling the pinch with the continued lack of rain which has resulted in no regrowth of feed. I have neighbours starting to cut numbers in their herds as they can't feed the animals and from what I understand, cattle prices are dropping as well.

If Murphy's Law is correct, rain must be around somewhere as I am having lots of problems with ants moving into the house and at the moment, have caused this issue to be late as they have moved into my switch box and keep tripping the circuit board. Down to one section of the house's points working at the moment, so hopefully this issue will get finished before the ants hit that switch as well.

Electrician's on his way, so fingers crossed.

**Burrell Creek is having a Country Music Day** on Sunday, 14th July, at the Burrell Creek Hall. Don't have more details to pass on but you could contact Buckingham's Real Estate to get them.

I was sent an interesting article on the Dyers Crossing area by George Parker, see page 26/7. Very informative for history buffs or new locals to see how the area developed.

The local web page, [nabiac.com](http://nabiac.com), has turned one and the people looking after it welcome any new additions to be put onto it so visitors and locals alike, can look up what is happening in the area and how to reach all of those businesses tucked away on properties, which are not really advertised elsewhere.

Ticks are about already. I have had 3 myself, just the tiny ones that are near on impossible to remove, and I have taken a couple of bigger ones off Timidty. He has been treated with preventative spot on, so fortunately not suffered any affects, but one was just walking over his fur when I found it—possible cattle or brown dog tick, not the paralysis sort, but a reasonable size, so treat your pets to keep them safe.

A lot of article missing this month: understandably the schools are missing because of holidays, but I assume nothing much exciting is happening out there that needs to be told by the other reporters.

The **Junior Sporting & Camp Draft** Event is on again. Nabiac's day is Tuesday 16th. Well worth a visit to see the area's kids showing how well they can ride.

Keep warm, stay safe, 'til next month

Lyn & Tilley Cat & , Timidty



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## WHAT'S HAPPENING JULY, 2019

### Markets & Events.

• Bulahdelah	(1st Sat)	6 <sup>th</sup>	8am to 1pm
• Blackhead Bazaar	(1st Sun)	7 <sup>th</sup>	8am to 12 noon
• John's River Country	(2nd Sat)	13 <sup>th</sup>	9am to 1.30pm
• Wingham Community	(2nd Sat)	13 <sup>th</sup>	
• Myall Quays	(3rd Sat)	20 <sup>th</sup>	9am to 1pm
• The Hub Taree Showgnd	(3rd Sat)	20 <sup>th</sup>	8am to 12 noon
• <b>Krambach</b>	<b>(3rd Sun)</b>	<b>21<sup>st</sup></b>	8am to 2pm
• <b>NABIAC</b>	<b>(Last Sat)</b>	<b>27<sup>th</sup></b>	8am to 12 noon
• Old Bar	(Last Sun)	28 <sup>th</sup>	7am to 1pm
• Pacific Palms	(Last Sun)	28 <sup>th</sup>	9am to 1pm
• Forster Town	(2nd Sun)	14 <sup>th</sup>	8am to 2pm
• Halliday's Point	(1st Sun)	7 <sup>th</sup>	8am to 11am -?
• Town Head	(every Mon)		8am to 2pm
• Mt. George	(4th Sat)	27 <sup>th</sup>	8am to 2pm
• Forster Farmers Market	(3rd Sat)	20 <sup>th</sup>	8am to 12 noon
• Bobbin Community		— <sup>th</sup>	9am to 2pm
• Tuncurry Markets	(4th Sat)	27 <sup>nd</sup>	8am to 1pm
• Burrell Creek	(2nd Sun)	14 <sup>th</sup>	9am to 12.30pm

**These dates are from the council web site so could be subject to change**

**Burrell Creek Hall has Bingo 1st Monday of the month @7:00pm**

Phone Lyn on 02 6559 1811 Email: paulreid@iprimus.com.au

Production: Lyn Reid

**Contributions To:** The Editor, *Across The Fence*, 1 Barry's Road, Firefly, N.S.W. 2429 or c/- Modern Motors, Nabiac, N.S.W. 2312 - **please phone**

**WHEN you have left articles there to be collected**

Contributions should be submitted - in writing - **by the 25th of the month** for inclusion in the following month's edition.

**ALL ART WORK IN JPG ONLY**

**Disclaimer:** The editor has **no affiliations** to any advertisers and the opinions expressed by submitters are their own.

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## NABIAC PHARMACY NEWS

### Sport Health

With our local sports clubs well underway during the winter months it is important to recognise that sport, along with a wide variety of exercise, is an effective way to keep in shape for most people, and a great start on the road to a healthy lifestyle. However, organised sports and individual activities can also sometimes have adverse effects in the form of injury.

Here are some tips for getting the most out of your fitness program or sport while preventing injury.

- Avoid dehydration and overheating – Drink plenty of fluids. It is important to start activity well hydrated. Drink before and during your sporting activity. Continuing to drink after you have finished will ensure that weight lost through fluid depletion is replaced.
- Acclimatise to the conditions – This helps to ensure your body is equipped to handle the conditions.
- Use sun protection – If you are outdoors, always remember to use adequate sun protection, including wearing a hat and using sun-screen.
- Wear appropriate clothing – There is no benefit to exercising when you are dehydrated or have hyperthermia. So always wear appropriate clothing, which should be light and permits your sweat to evaporate freely. Sweat only cools you when it evaporates off your body.
- Warming up, cooling down – You can help to reduce the risk of a serious sporting injury by warming up before exercise and taking time to cool down after your activity. A warm up should consist of some gentle aerobic activity, such as cycling or jogging, to gradually warm your muscles. Stretching as part of your warm up helps to promote blood flow to your muscles, increasing flexibility and reducing the chance of getting a new injury or aggravating an old one. Remember to stretch only when you are warm. A gentle cool-down period means you will experience less muscle stiffness and soreness. It also helps to remove waste products from your muscles you have used during your activity, replacing them with nutrients and oxygen.
- Progress gradually – Try not to overdo it when beginning a new activity, build on your fitness levels and set goals. Attempting to do too much, when your body is not conditioned for it, will also increase your risk of an overuse injury.



### Treating an Injury

While broken bones and severe sporting injuries such as concussions should be treated immediately by a medical professional, less serious sprains and strains can initially be helped by the RICED method. Using this method immediately can help to limit swelling, reducing pain and loss of function.



**REST** – no further exercise, stretching or quick movements

**ICE** – should be applied for at least 20 mins as soon as possible after the injury, then every four hours while you are awake, for the next 48 hours. Cold packs are ideal, we even have instant cold packs in store that you can keep in your sports bag. No need to be kept frozen!

**COMPRESS** – use a firm crepe or elastic pressure bandage on the affected joint or limb.

**ELEVATE** – keep the injured arm or leg up.

**DIAGNOSIS** – if the injury turns out to be more than a minor strain, an accurate diagnosis is important, so that early and appropriate treatment can be obtained.

We have a large range of medical bandages and sports injury tape in store, perfect to carry in your sports bag and keep on hand. The rigid strapping sports tape supports joints and helps to prevent injury while on the field or court.

Til next month,  
Stay warm!

Lauren



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**Local History - The Wallamba** — Another in a series of historical articles gleaned from the archives of the "Northern Champion" 1934 - 1935 by Bob Mann

**QUALITY JERSEYS AT BULBY** - Northern Champion, 1934: Mr E.W. Milligan, of the Bulby Jersey Stud Farm, recently purchased three high quality Jersey cows and a Bull which is yet another addition to the fine lot of pure bred cattle which has been added to the Wallamba herds in recent years. The latest purchase was made in November at the disposal sale of Mrs J. P. White's Millabah Jersey Stud at Exeter.

**KARKATT CALF SHOW** - March 1935: The annual show of the Karkatt Calf Club was held on Saturday last and again proved to be a success. The exhibition was not as numerous as in the past although the quality was up to the previous show. Competition amongst the Jerseys was fair but there was no contest in the registered A.I.S. classes. Mr D.S. Redman, of Taree, judged the Jerseys and Mr D.A. Cowan, of Oxley Island, the A.I.S. The ladies conducted a refreshment stall and luncheon booth which added considerably to the financial success of the show. Officials were as follows:- President - Mr E. Monk; Secretary - Mr. F.A. Paff; Committee Members - Messres, A.H. Mullen, G. Parker, E. Abraham, C. Middlebrook, C. Holstein, E. Milligan and A. Simmonds.

**Karkatt School** - Additions to be Made: Mr C.E. Bennett, a Member for Gloucester, has received the following from the Minister for Education:- "I refer again to your personal representation on behalf of the Karkatt Parents and Citizens the Honory Secretary, which is Mr G. Parker, Firefly via Krambach, relative to the need for additions to the Karkatt Provisional School building and desire to inform you that this Department is prepared to proceed immediately with the building improvements contemplated without waiting for the property to be vested in the Department if the owners (viz) the Parents and Citizens Association, will give an understanding that such an addition will in no way prejudice the rights of the Department in the acquisition of the building at the original price agreed upon and it is understood that the purchase price of £65 is not to be made available until the land and building become finally vested in the Department upon receipt of the desired undertaking, the building work will be promptly put in hand."

**MANNING SHIRE COUNCIL:** At a meeting of the Manning Shire Council held on Monday 10<sup>th</sup> June a letter was received from the Wallamba PDU wrote re Cowan's Crossing on the Krambach—

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Bunyah road suggesting that council apply for a high level bridge. At another meeting of the council a letter was received from Mr G.A. Paff and others who wrote re the Krambach cemetery road and suggested that attention by relief? workers be given. Any timber for culverts would be given by towns people. Inspection to be made with a view to repairs being effected

**NABIAC NOTES, JULY, 1935:** Mr and Mrs M. Ford have left the district to take up a business in Brisbane. The trip to the northern capital was made by car last week. They were accompanied by Mrs Ford's mother, Mrs N. Tattersal of Koribar.

Mr Grimson, who lately disposed of his Nabiac Business, has purchased a business in Lismore and leaves to take over same next week accompanied by Mrs Grimson and their son Bobbie. As Mr Grimson was a keen business man and a grand citizen and a good sportsman, he will be missed from the village.

Mr and Mrs Gould and family, of Sydney, are spending a holiday with Mrs Gould's parents, Mr and Mrs E.E. Everingham, of Bullock Wharf.

Mr and Mrs Joe Woodward and family, late of Coolongolook, have taken up residence in this town. Warren, son of Mr and Mrs A.E. Woodward of Bullock Wharf, who has been a patient in the M.R.D. Hospital for several weeks owing to a serious accident, is slowly showing signs of recovery.

Last week Mr Hall, who is employed on the construction of the new Wang Wauk bridge, had a narrow escape from serious injury. Mr Hall, who was working underneath the structure, was struck on the head by a piece of falling timber, suffering a very serious blow which caused facial injuries and rendered him semi conscious for some time.

Mr J. Morrow, who has not long been enjoying good health for some time, has been in Sydney to seek medical advice and as a result he found it necessary to relinquish his work as a blacksmith.

**KARKATT SCHOOL** - August, 1935: The Minister for Education writes "with further reference to your personal representation on behalf of the Karkatt's Parents & Citizens Association, relative to the proposed additions and alterations to the local school, I desire to inform you that the matter is at present with the Under Secretary for work for the preparation of the necessary plans and specifications. The officer has been asked to expedite action as far as possible and immediately a decision has been reached, you will be further advised. The Honorary Secretary is Mr G. Parker, Firefly via Krambach"

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## WOOTTON NEWS

Hooray - the days are getting longer and recent rain is starting to bring green again, though dams remain low.

The June long weekend was busy in Wootton with Saturday's chain-saw safety day very well attended, and the Brush Turkey Café open on the Sunday.

From July, artist *Lindy Finlay*, who enjoys painting landscape, still life and flowers in a range of media, will be visiting. Come along to "Meet the Artist" on Friday 5<sup>th</sup> July from 6pm at the café.

The café is open for morning tea from 10 to 11.30 on the second Sunday of each month (14<sup>th</sup> July).

Yoga is on every Wednesday in the Hall from 9.15am, the Library is open Sundays from 10-12, and Food Swaps are held on the second Saturday of the month (13<sup>th</sup> July), from 5pm in the grounds of the Hall, followed by supper in the café - \$10pp from 6pm.

The next community dinner will be a "Christmas in July" night on Saturday 27<sup>th</sup> July, \$20pp from 7pm — bookings essential.

You can meet members of the Wootton Community Network committee at an open meeting on Saturday July 13<sup>th</sup>, 3pm at the Brush Turkey Café.

If you have news or a story to share in the "Wootton Valley News", we'd love to hear from you before Monday 15<sup>th</sup> July.

Please note the Wootton website [Wootton website](http://Wootton website) is having technical difficulties, so to find news updates please use the "[Wootton Community](https://www.facebook.com/WoottonCommunity)" facebook page or contact us by email [WCN Wootton@brushturkey@live.com.au](mailto:WCN Wootton@brushturkey@live.com.au)

Fred

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## Nabiac Landcare



A bit of rain has made the weed pulling a little bit easier and there's been a nice flow of water in Woosters Creek through the Lillypilly Bend reserve. If you get a chance, have a walk through the reserve from Farnell Street to Abbot Street and enjoy the view of the Lilly Pilly Bend pool from the new bench. A big thank you to the Midcoast Council for supplying the seat and to our members for installing the seat.

My weed for the month is **moth vine** (*Araujia sericifera*) aka false choko vine. It's recognised by it's grey-green heart/lance shaped leaves that bleed a sticky milky sap when broken. The twining stems may run for up to 10 metres along the ground and up trees. The weight of a single plant may kill or stunt smaller trees and shrubs. It has 'fragrant', in my mind sickly sweet, white bell shaped flowers followed by choko shaped fruits that split to release a white fluff bearing seeds. The wind can move these seeds, which germinate easily, a long way starting new infestations.



Why am I 'picking' on moth vine? Last week, three of our members worked for three hours each removing an infestation. Unfortunately some of the fruit had already split sending their seeds off into the wild blue yonder! We collected a feed bag full of fruit from this one room sized spot. Please bag and dispose of the fruit in your red bin. When pulling large plants take care to remove as many of the roots as you can. Larger roots can regrow. Although butterflies may feed on the plant, I have read that it can stop up their feeding tubes leading to their death. As well the sap is an irritant for humans and animals and it may cause an allergic reaction.

The coming months are the best time to work in the bush so if you've got a bit of spare time, consider joining us. Make some new friends, learn some new skills and enjoy a great morning tea.

Nabiac Landcare work each Wednesday (weather permitting) 8-9am to 11am, followed by morning tea at the picnic tables at Bullock Wharf. Membership is only \$2.00 plus an occasional donation to the morning tea fund and new members are always welcome. Training, tools and safety gear supplied. Give us a ring if you are interested.

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## Krambach Garden Lovers News



Despite the cool wet weather 45 members and visitors enjoyed the garden at *Christine and Peter Heffernan's* home in Sheltie Place, Nabitac where members wandered the lush green lawns and beautiful gardens between the light showers of rain. They returned for the different types of soup to warm up followed by the wonderful sponge cake made by *Jan* which quickly disappeared and was enjoyed by all. Many thank to all those who brought the delicious soup and morning tea to share.

While our flower display was not huge the different shades of yellow were amazing. There aren't many plants with yellow flowers at this time of the year so it was a real challenge for our members. Our swap table was amazing, so many different types of plants and wonderful fresh fruit have found their way to members homes.

We again welcomed a new member, *Heather*, who we hope will enjoy the friendship of our members. Among the visitors was a gentleman from Portugal. We hope that you enjoyed the day with us and that some time in the future we will see you again.

Congratulations to our assistant secretary *Jenny* who now has another granddaughter who has been named Lily.

We are pleased to hear that *Peggy* is home and recovering well after her recent stay in hospital we look forward to seeing you soon.

Our next meeting will be at the home of *Deborah and Robert Knokes*, Cocumbark Lane, where a guest speaker will demonstrate how to make baskets from natural garden material. Then we will be having a sausage sizzle following the meeting. The flower competition colour will be red - this should be much easier to find in our gardens than yellow was.

So why not come along with your chair and enjoy a cuppa with us learn about basket making and enjoy the sausage sizzle.

For more information contact *Deborah* on 6593 8040 or *Val* on 65549651

Till next time happy garden and hope for rain

*Val*

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## KRAMBACH HALL HAPPENINGS

**HALL MEETINGS:** Monday following the Krambach Markets each month at 3.00pm. Next meeting on **Monday 22nd July, 2019.**

**Volunteers and Committee members welcome to join.**

**HALL MARKETS:** 3<sup>rd</sup> Sunday of the month. 8:30am to 1pm

Come and choose from a wide selection of craft, fresh produce & plants, bric-a-brac, 2nd hand books & kids toys. Enjoy a hot breakfast or Devonshire tea or coffee. "Lucky Tree" Hall Raffle. New stall holders welcome.

Krambach Hall (School of Arts Inc.) has spaces available and is looking for more Stall Holders. One table costs \$11.00, two tables are \$16.00 and 3 tables are \$22.00.

Phone: **Debbie Gray** on 6559 1475 to book a stall

**HALL BOOKINGS:**

Contact **Fay Deer** on 6559 1562 or **Helen Legg** on 6559 1211

## KRAMBACH MARKETS NOTICE!!!!

Chris will be back in the Kitchen at the Krambach Markets this month.

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## NEWS FROM BUNYAH

Preparations are now underway for Bunyah's first **CHARITY SPRING FAIR** set down for **Wednesday 4<sup>th</sup> September, 2019**. Starting time is **9.30 am until 12 noon** and all of our usual attractions will be available; Morning Tea will be continuous service from 9.30 am. Stalls will be set up in the Hall and grounds with **Cathy's Crafty Crew** displaying their Quilts decorated around the tennis court fence, many other sewn articles, pickles, jams, spreads, including many interesting odds and ends will be on sale at extremely reasonable prices!

In the Hall there will be bric-a-brac, fresh produce, jams, pickles, books and clothing.

Entertainment will also be provided and our Raffle of a Queen size Quilt made by the **Dolphin Quilters of Old Bar** plus many other quality prizes which will be drawn on the day.

Now that it is Council clean-up time, what better way to clean out your cupboards and drop items to us at Bunyah Hall. Wednesday mornings from 9 am until 12.30 pm is convenient, however, if you are unable to bring it, please call **Yvonne on 6559 1536** or **Sandra on 6559 1552** and arrangements will be made to collect it from you.

This event replaces our 20 year 'Biggest Morning Tea' and all funds raised will now go to

### **Local Cancer Care on the Mid North Coast**

We look forward to welcoming back all of our previous long-term supporters as well as new visitors to this, **our first 'CHARITY SPRING FAIR'** and we greatly appreciate the support that you have all given us over 20 years. We can assure you of a wonderful '**Bunyah Welcome**' and all the trappings of an enjoyable event.

Flyers will be distributed during August and radio announcements will

also be aired. So please keep this date marked on the calendar.

A reminder that **mixed Tennis is available every Wednesday 9.00 am until 12.30 pm** and you are guaranteed plenty of fun and laughter plus morning tea. Just come along and see what you think, you can enjoy the company even if you do not wish to play tennis. **Cost is \$3.00 per person**. When it is raining, we play Table Tennis in the Hall which is always fun and loud!!

The Art & Craft Group is going well under the guidance of **Beverley Calder**; they meet each fortnight; **the next dates are 5<sup>th</sup> & 19<sup>th</sup> July commencing at 9.00 am until 12.00 noon at a cost of \$3.00** including morning tea. If you wish to revise your former Art talent that has lain dormant for years, Bev will provide the encouragement and expertise. If you prefer to do craft work, just bring along whatever takes your fancy! Another enjoyable group that meets at Bunyah Hall.

*Neryl Simpson*

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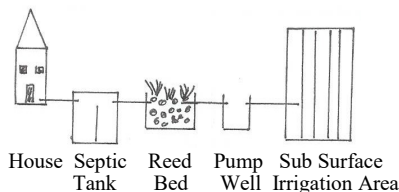
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## MINIMBAH MATTERS

Minimbah Rural Fire Brigade held their Annual General Meeting on 22<sup>nd</sup> of June and we are delighted to announce that at the meeting, *Bruce Weller* was re-elected as our Captain. Amongst others who were re-elected are *Kerry Bales* as President, and if you are sending us an email to [Minimbahrfb@hotmail.com](mailto:Minimbahrfb@hotmail.com) the person who will be opening that email is our Secretary, *Jennifer Power*.



Our Brigade holds a  
monthly meeting at 9am on the second Saturday of each month,  
and we also have a training session at 9am on the fourth Wednesday of each month.

If you wish to join us, or just meet some of your local Rural Fire Service Volunteers, the place to be is our Fire Station, 681 Minimbah Road.

### Thinking about the future? Date for your diary.

Our September meeting just happens to coincide with **NSW RFS Get Ready Weekend** so please make a note in your diary that on **14<sup>th</sup> September** our Fire Station will be open to one and all with information and fun aplenty. Last year we had a very successful day, and we hope to eclipse that this year. Further information about this will be published closer to the event.

### Spread the word, not the flames.

Burning off!! It's that time of year and it's the weather for it.

The Rural Fire Service is doing it, and so are National Parks and also the Forestry Commission.

You might be doing it, and so might your neighbours, but probably on a much smaller scale. In this case, size does not matter. It's a one size fits all scenario. Having prepared the area you wish to burn, checked the weather forecast, and made sure you will have the necessary equipment and personnel on hand, the next most important thing is to give your neighbours and the RFS at least 24 hours' notice of your intention to light up.

The number to call is **1300 Mid Coast**.

**That's 1300 643 262.**

Ignoring this could cost you more than a friend. It's the law. Large fines are enforceable for allowing your fire to escape your property.

### We'll give you the big tip.

When emptying the ash from your inside fire, beware the wolf in sheep's clothing. This time the wolf could well be a hot ember in the nice comfortable looking ash. You've heard the saying "if looks could kill". Well in the case of cool-looking ash, **looks can kill**.

**Here's the big tip.** Before you throw the ash onto the garden, or in the corner of the yard up against your picket fence, a good squirt of water into the ash bucket (galvanized, not plastic) may save you some embarrassment, may save your fence and may save you a call to Triple Zero.

At this time of year particularly we hear of house fires and loss of life caused by various things. The most obvious one is placing things too close to room heaters. **One metre from the heater.** That's the guideline and that should be the absolute minimum. Another potentially deadly practice is using portable outdoor cooking fires etc. inside the home. These are designed for outdoor use only where there is plenty of ventilation to overcome the poisonous gases they produce. Indoor solid-fuel fires require a flue/chimney to remove the gases from the room.

The guideline for this is "**no flue, no fire**". Both practices are quite common, and exceptionally dangerous.



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## WALLAMBA CWA REPORT

.Our July Meeting was down slightly on members – 9 in attendance - with another 4 apologies, as they had commitments, but we did officially welcome *Jenny Ang* today and were able to present her with her Gold CWA Membership card and we hope that she will enjoy her time as a member of the Branch

Following the opening by President *Margaret Weller* and the formalities of Anthem, Motto and Prayer, members remembered the passing of former Australian Prime Minister and colourful character *Bob Hawke*.

*Penny Britton* gave us the thought for this month as follows:

**"Never regret a day in your life: Good days give happiness, Bad days give experience, Worst day give lessons, Best days give memories".**

*Beth* is to bring along the thought for July's meeting.

The members have been busy travelling around the Group area attending the various functions, including Bonny Hills's International Day on PNG when 7 ladies made the journey. Gloucester's combined Day & Evening Branch International Day was attended by 6 ladies and both these functions were informative and very enjoyable. The Show and tell Group Day was held at Bonny Hills on June 19<sup>th</sup> and we will receive a report on that at the July meeting. It was to have been attended by several members.

The next International Day, to which members were going, was that of Wingham Branch and to be held on Monday 1<sup>st</sup> July and again this will be reported on at our July 9<sup>th</sup> Meeting.

An Invitation has been received from Bulahdelah CWA Branch who is hosting the July Council Meeting at the Bulahdelah Golf Club on Wednesday 31<sup>st</sup> July – so numbers will be worked out at our July meeting.

Several branches within Mid North Coast Group celebrate their 90<sup>th</sup> birthday this year not the least being Pt. Macquarie who have advised all of their day being held Thursday 1<sup>st</sup> August and it is hoped Wallamba can be represented at their celebrations.

Our Handicraft Officer *Merle* has had a busy time as she prepared for the upcoming Show & Tell day at Bonny Hills and would be presenting a number of items in the display including a very old and fragile jacket type top that belonged to President Margaret's late mother-in-law, *Doreen Weller's*, grandmother dating back to the mid 1800's. Member *Pam* had brought along several items to go on show as well, including a fancy worked cushion cover depicting Koala's inside a map

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Peter

of Australia surrounded by Australian wildflowers in each corner, another fancywork piece of a Koala and a koala made of hessian with his swag.

Ag & Environment Officer *Jill Hammond* had attended the Taree Enviro Fair as did Penny. Jill even had her photo taken with a banner - didn't know if would end up in the newspaper or not. Members are still trying to work out a possible date for a visit the Tuncurry recycling depot to see just what the right and wrong is when it comes to recycling.

The Cultural segment was presented by Margaret who spoke about what is coming up at Taree's MEC including the locally produced film about the hunt for the Yowie at Mt. George which will screen on Saturday July 6<sup>th</sup>.

There wasn't too much to report in the Cookery Report by Margaret except to say she was delighted as to how well all members worked to deliver a wonderful meal at our PNG International Day. The tip for this month was, *when making custard, keep stirring after taking it off the heat and add 1 tablespoon of cold water to prevent a skin forming on the top.*

Penny's International report was long and detailed about her attendance at the ACWW South Pacific Conference in Melbourne and she showed us some of the goodies given out which she had brought home with her including a colourful carry bag designed by Aboriginal artist from Larrakia in NT. Many of the overseas delegates wore their national costume and performed dances for the other delegates. The Opening Ceremony was very spectacular with a 16 year old girl singing the 'Welcome to Country' - absolutely fabulous and enjoyed by all.

Members are to invite Group President *Del Robson* to their next meeting, if possible, to discuss the new re-structures of the organisation.

Margaret cleared up some confusion re the Defibulator acquired by DONKS GROUP members. I apologize for the incorrect information in last month's CWA notes on this issue.

President Margaret explained that the DONKS GROUP had applied for a Grant from the Royal Agricultural Society and received a grant of \$5,000 to purchase the Defibulator and it will be used at further Nabiac Shows and any other shows they attend. Signage is currently being made to advertise where it being held for emergency use.

President Margaret also encouraged her members to participate in the Bowel Cancer Awareness Program – kits are available from

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Chemists for \$12 now that Rotary is no longer involved in the campaign. Margaret said it is very important to do the test as a life could be saved for such a small expense.

Happy birthday wishes to members President *Margaret* for June 2<sup>nd</sup> and to newest member Jenny Ang who also shared the same birthday date, whilst Sec Pam had another birthday back on May 28<sup>th</sup>.

Congratulations to Merle Barber and husband *Fred* for their wedding anniversary 10<sup>th</sup> June and also to *Coral Gabriel* and her husband for their special day on 15<sup>th</sup> June.

During the 'bring and share lunch', Ag & Environment Officer Jill Hammond demonstrated how to make waxed cloth used as food wraps etc. It was by using bees wax grated then spread over the material then ironed to melt it on it. Jill managed to make of couple of these wraps and showed them off to all present.

*Jill Hammond ironing over the bees wax to make recycled food wrap cloths watched by Merle Barber*

The next meeting of the Wallamba CWA Branch will be held on Tuesday 9<sup>th</sup> July at the Uniting Church Hall commencing at 10.00am with all interested ladies invited to attend.

**Pam Muxlow**  
Secretary/Publicity Officer  
Wallamba CWA Branch



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There are several categories to enter, including oil or acrylic painting, watercolour, pastel, mixed media, drawing, miniatures and three dimensional works. More than \$6,000 in prize money is on offer.

Entry forms can be downloaded from the Taree Artists Inc. Facebook page or contact Christine Long on email [christinelong@bigpond.com](mailto:christinelong@bigpond.com) or by phoning 6554 3007.

The entry form gives information on conditions of entry, cost and delivery instructions. Entry forms must be received by post no later than June 11<sup>th</sup>, 2019. Emailed entry forms will **not** be accepted.

The Taree Open Art Exhibition is the only major, annual art exhibition in the Manning Valley and is attended by more than 1,000 visitors.

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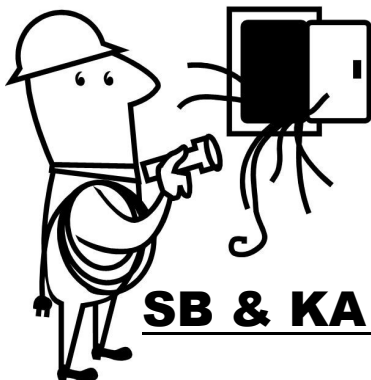
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*Between the Pages*

*Nabiac Library News*



**A**nother exciting month!!! It's school holiday time, there's lots to make, do, learn and enjoy!!! **July Midcoast Library Events.**

Of course you can view online all that's on this month, when and where it's at. Pick up a Library Newsletter from your local branch library BUT...Here are just a few to tantalise your creative tastebuds...

### **July School Holidays:**

***Dream Catchers –Nabiac Library—Thursday, 18<sup>th</sup> July, 2019***  
**9.30 – 11.00 AM**

Come along and make a dream catcher! We have loads of threads, beads and feathers. Make a gift for someone or one for yourself. All materials provided. Creative fun where you'll make something to take home or learn a new skill. Bookings essential. Age restrictions apply. Ages 5+ yrs. Supervised activity. Please note child's name must be provided on each ticket.

**Location:-** Nabiac Library, 44 Nabiac Street, NABIAC

**Cost:-**Free event.

**Contact:-** Midcoast Libraries 6554 1355

[library.events@midcoast.nsw.gov.au](mailto:library.events@midcoast.nsw.gov.au) to book your spot.

**In the branches with Chris Jones, Manager of Libraries**  
grant of \$58,449.

We will repair the floor, repaint the interior, new carpet, shelving, furniture and add a new PC.

Nabiac library will **close 22<sup>nd</sup> July - 5<sup>th</sup> August** to enable the work to be done.

We do apologise for any inconvenience, yet we're excitedly looking



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### **School Holiday**

**Program:-**Check out the fun activities. Visit the website or pick up a copy of the program from your library

branch. There is so much to do, movies, art, craft and special interest workshops. Bookings required.

### **HSC Study Nights**

Free wi-fi, printing/ photocopying, snacks and the luxury of the library space for group or individual study.

**Forster & Taree Libraries - Wed 24<sup>th</sup>, 31<sup>st</sup> July, 7<sup>th</sup> & 14<sup>th</sup> August**  
**5:00 - 8:00pm. Just come along. No booking required.**

### **Hallidays Shores Art Group in the Gallery**

A vibrant display using a variety of styles by 12 artistic residents of Hallidays Shores Retirement Village. This exhibition is definitely worth a look.

**Hallidays Point Library, Exhibition:- 1<sup>st</sup> - 26<sup>th</sup> July**

Until next month, come and enjoy our wonderful Nabiac Library!! Remember our borrowing period is three weeks, be sure to borrow sufficient while Nabiac Library is refurbished. Should you forget, renewals can be made online or you can visit any MidCoast library branch to borrow or return items. Happy reading!!

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**Nabiac Village Futures Group News**  
Our funding application for **tennis court repairs and planning for a new pathway** has not been selected to be put up for community voting. We'll continue to seek funding for Nabiac projects.

Thank you to Council for following up with **line marking** needed at the narrow section of Nabiac St. Starting soon, **replacement of the old dilapidated fence** on the roadway in front of the School and **sealing** the road edges of Clarkson Street at Memorial Park.

**Nabiac's Community Strategic Plan 2016-21** has recently been reviewed and will soon be presented to Council. This process had been interrupted by Council amalgamation in 2016. Some of the updates and additions include a community space masterplan, continued support of community garden, improvements to traffic flow and pedestrian safety, caravan parking and showground camping.

**The Children's Playground** has needed a few minor repairs. Thank you **Christal Pearce** for following up. The **BBQ installation** is moving very slowly. The **Charging Station** opening was another opportunity for our Group to chat with MCC staff and Mayor West about Nabiac matters.

**Archie Blanch's photo collection** has many uncaptioned local historical photos. This one (below) seems to be an early photo of the Nabiac Oval, with the Tennis Club fence on the left. The roof tops would be those of the school and the headmaster's residence.

Memories from our local residents .....

“....there are two small buildings either side of the fellow on the horse..... on the right was the boy's toilet and the one on the left was the toilet for the headmaster's residence. There were no “inside” toilets in those days. Between them was an old car shed but the fellow on the horse blocks it out. The Staff toilets and the girl's toilet was on the



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other side of the block beside the fence on Hoskins Street.” **Stuart Weller**

“The Methodist Church (now Uniting) also had two courts at the rear of the church facing Hoskings St. They owned the land from Nabiac to Hoskins. We played there quiet often in the 50's and later converted some of it to a basket ball court following a visit to Australia by the Harlem Globetrotters and we became enthused. No world beaters came out of that. From memory the court was covered with fine gravel (old ants nests perhaps?) and was great to play on, could slide some distance instead of running. It had it's own roller and dodgy marking machine.” **Bruce Weller**

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## News from Nabiac Memorial Neighbourhood Centre Assoc. Inc.

This month we are focusing on our community website [www.nabiac.com](http://www.nabiac.com) The Neighbourhood Centre funded the upgrade of the website, a process that happened 12 months ago. In the website's Publications drop down menu are the monthly copies of "Across the Fence". Also, you'll find there other publications for download.



These include the "Nabiac Heritage Walk – A Guided Walk" written a few years ago by Stuart Weller, and the "Nabiac Community Strategic Plan 2016" which is currently being revised. The latest addition uploaded is the information presented on the large sign at our Memorial Park. Stuart Weller provided this information. Have a look at "The Nabiac War Memorial" in Publications.

4

### Additional photos of the Nabiac Memorial



Two different views of the Nabiac Memorial, firstly with the Police Station in the background, then with the old Hotel building in the background. (1 & 2)  
This Hotel stood on the corner of Nabiac and Clarkson Streets (on what is now the village Green).  
Photos from Great Lakes Historical Society (Archie Blanch Collection).



(3 & 4)

"The photo (3) of the memorial was taken from a tall tank stand at the rear of the block where our father had the power plant to supply electricity for the village. Would be before 1938 as the house has not been started but the workshop has been completed. (This is the house over the creek from the bakery where we grew up)." Bruce Weller. Photos from Mr Les Weller.



3

This information can also be found on Facebook at **Nabiac Community**. To look at Archie Blanch Collection on [nabiac.com](http://nabiac.com) go to Information > Historical photos.



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: Repent O Scottish Sinner

*There was a Scottish painter named Smokey Macgregor, who was very interested in making a penny where he could, so he often thinned down his paint to make it go a wee bit further.*

*As it happened, he got away with this for some time, but eventually the Baptist Church decided to do a big restoration job on the outside of their large building.*

*Smokey put in a bid, & because his price was so low, he got the job. So he set about erecting the scaffolding & setting up the planks & buying the paint & yes, I am sorry to say, thinning it down with water...*

*Well, Smokey was up on the scaffolding, painting away, the job nearly completed, when suddenly there was a horrendous clap of thunder, the sky opened, & the rain poured down, washing the thinned paint from all over the church, & knocking Smokey clear off the scaffold to land on the lawn among the gravestones, surrounded by telltale puddles of the thinned & useless paint.*

*Smokey was no fool. He knew this was a judgment from the Almighty, so he got down on his knees & cried:*

***"Oh, God, Oh God, forgive me; what should I do?"***

***And from the thunder, a mighty voice spoke..  
Repaint! Repaint! And thin no more.***

A man walks into a rooftop bar and takes a seat next to another guy. "What are you drinking?" he asks the guy.

"Magic beer," he says.

"Oh, yeah? What's so magical about it?"

Then he shows him: He swigs some beer, dives off the roof, flies around the building, then finally returns to his seat with a triumphant smile.

"Amazing!" the man says. "Lemme try some of that!" The man grabs the beer. He downs it, leaps off the roof – and plummets 15 storeys to the ground.

The bartender shakes his head. "You know, you're a real jerk when you're drunk, Superman"

An Italian tourist asks a blonde man:

"Why do scuba divers always fall backwards off their boats?"

To which the blonde man replies:

'If they fell forward, they'd still be in the boat.'

Paddy was waiting at the Bus stop when a lorry went by loaded with Turf,

Paddy said " I'm going to do that when I win the lottery"

"What's that" said his mate,

"Send me lawn away to be cut" said Paddy. !!!

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##### INGREDIENTS

- 1.5kg Stewing beef cut into 5cm cubes
- ½ tsp Salt
- ¼ tsp Black Pepper
- 2 tbsp. Vegetable Oil
- 3 lge Onions, thickly sliced
- 1 tsp Sugar
- 1 can Larger Beer (375ml)
- 1½ tsp Dried Thyme
- 1 Whole bay leaf
- 8 med Carrots, peeled and cut into 4cm lengths
- 500g Small New Potatoes
- 2 tbsp. Cornflour or arrowroot blended with ¼ cup cold water
- 1½ tbsp White wine vinegar

##### METHOD

1. Season the beef with half of the salt & pepper. Heat the oil in a large saucepan over moderately high heat for 1 minute. Working in batches, add the beef and brown it on all sides - about 7 minutes per batch. Transfer the beef to a plate.
2. Add the onions, season with the remaining salt & pepper, and sauté over moderate heat, stirring occasionally for 8 to 10 minutes or until they are lightly browned. Add the sugar and cook, stirring for 1 minute more.
3. Return the beef to the saucepan and add the beer, stock, thyme and bay leaf. Bring the stew to a boil, reduce the heat to moderately low, cover and simmer for 1½ hours, or until the beef is tender. Add the carrots and potatoes cover and simmer for 20 to 30 minutes more or until the vegetables are tender.
4. Remove the cover and bring the liquid to a boil over moderately high heat. Blend in the cornflour mixture and cook, stirring constantly, for 2 to 3 minutes or until the sauce thickens. Stir in the vinegar and remove the bay leaf.

Serve with your choice of green vegetables and pumpkin or sweet potato for colour and some crusty bread.  
Serves 8

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This is one of the main things that stop some parents thinking that their child may have Irlen. BUT the child may read well, but they may be light-sensitive to the point

where the white page is discomforting for them, and while it may not affect their fluency, it can affect their comprehension, or they may simply be reluctant to read, despite being a good reader.

Other signs could be that they come home from school more fatigued than would normally be expected. These also are signs that should be investigated to make sure that they are not the result of Irlen. The only way to determine if anyone (adult or child) has Irlen is to have them assessed by an Irlen Certified Screener or Diagnostician. There are no standardised educational or psychological tests that can identify Irlen Syndrome.

Contact Irlen Dyslexia Centre Taree on 0409 653700 for information or appointment. Visit our website for more information and self-test [www.aaic.org.au](http://www.aaic.org.au)

A golfer teed up his ball on the first tee, took a mighty swing and hit his ball into a clump of trees. He found his ball and saw an opening between two trees he thought he could hit through.

Taking out his 3-wood, he took a mighty swing. The ball hit a tree, bounced back, hit him in the forehead and killed him.

As he approached the gates of Heaven, St. Peter asked, "Are you a good golfer?"

The man replied: "Got here in two, didn't I?"



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## DE OLDE NABIAC KLUB.

Yep, we were at the Motorfest at Tuncurry. A great day, good crowds and perfect venue. As usual a lot of questions. Delighted to observe some young girls showed interest in how things work. Absolutely no reason why females cannot be involved in things mechanical. Just as smart as blokes and sometimes more careful. They just need the opportunities.

If you are at the Rusty Iron Rally at Macksville or Killabakh "Day in the Country" you will find us there. Macksville is the largest machinery exhibition on the East Coast of OZ and this year there is an attempt on the Australian record of the most stationary engines running at the same time. Worth the trip.

And we don't have just machinery, we have 33 cars, trucks and motorbikes older than 30 years on Club plates. Two are about 1908. This enables us to drive them 60 days a year for a modest registration fee. They must of course meet normal registration requirements where applicable and are inspected once a year as is your own vehicle. Some machinery can be dangerous, don't put your hand in the blender.

**Greasy.**



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The Nabiac CTC centre at 37 Nabiac St Nabiac, is open to the public on Monday to Saturday, from 9.30am to 12.00pm Phone (02) 6554 1876

The centre is a non-profit organisation run mainly by volunteers.

The centre offers many services including internet use, printing, scanning, photocopying and faxes and IT training.

Photocopying & faxing is available Monday to Saturday mornings

Courses are offered to beginners and advanced users, so come along .

Some of the services and courses on offer at the moment are:

**Monday Morning:** Photocopying and Faxing

**Tuesday Mornings:** Sheila, Jillian & Alan will be here to help with the basics: File Management, creating Documents in Word, Publisher & Excel, Email, Internet Searches, Powerpoint and saving and adjusting Digital Photographs. So if you have any questions come along.

**Wednesday Mornings:** Suzie will help with the basics, emails & internet searches

**Thursday Mornings:-** Deb will help with the basics, emails & internet searches

**Friday Mornings:** Photo copying and faxing

**Saturday Mornings:** Marie and Suzie will be available to help on the First Saturday of each month to help advanced computer users, setting up an android or Apple Ipad tablet, Iphone and other Smartphones. Suzie will help with the basics, emails and internet searches.

**Jillian Wood**

Q. What are steroids?

A. Things for keeping carpets still on the stairs ( Shoot yourself now , there is little hope)

Q. What happens to your body as you age?

A. When you get old, so do your bowels and you get intercontinental

Q. What happens to a boy when he reaches puberty?

A.. He says goodbye to his boyhood and looks forward to his adultery (So true



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## Artists of Wallamba

Inspire ~ Create ~ Connect



Council Clean Up is underway and I'd love to throw out so much more than is on my tiny rubbish heap however, like many of my artist friends, I find nearly everything that could be rubbish, also has the potential to become art. Seems the same with sheds and acreages – you never know when that thing you threw out will be exactly the thing you need!

**Artists of Wallamba** have recently installed a fabulous new exhibition in the dining room of Krambach Pub - so do go along for a look, a drink and a great meal at the bistro.

A number of our members have work going into Taree Open Exhibition which is on at Taree High School Hall from 14<sup>th</sup> – 21<sup>st</sup> July. It's a excellent venue and always has a wonderful diversity of local artists' work. The official opening and prize presentation will be on Saturday 13<sup>th</sup> July from 1.30pm.

Sometimes as we lug supplies to classes and artwork between venues and competitions, we question why we've chosen to be artists – but really art chose each of us. Some of our members talk on what they most love about making art:

*"The art I make is an extension of myself. It's a very personal thing."*

*"For me it was the way back from stroke and depression – to put something together that I dream..."*

*"I enjoy the planning and process. Looking at a blank piece of paper and the exhilaration of seeing what I have in my mind appear ..."*

*"Art takes me to another world. It makes me happy."*

*"I'd go bonkers if I couldn't be creative in some way, shape or form."*

*"It makes me feel great, shuts my mind from every day problems and makes me money. I admit it's hard work."*

*"I think in pictures. Art is essential to who I am. It helps me process life and create worlds."*

Our next meeting is in NABIAC on Saturday 3<sup>rd</sup> August at 10am. Please call Carmel Spark on 0419 273 849 or Kate Landsberry on 0402 287 244 for more details. We love to welcome local artists and art supporters and guarantee creative company, delicious food and warm hospitality!

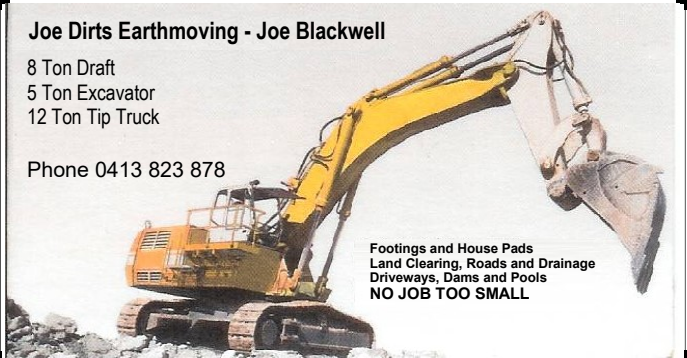


Krambach Hotel Dining Room - deciding on artworks L-R: Di Smith, Eleanor Carrier, Ariane Bell, Susie Oldfield, Carmel Spark, Gemma Stylz, Diane Willey, Deborah Hoare and Beate Brooks Tracy.

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The victorious enemies of Roman Emperor Valerian, killed him by pouring molten gold down his throat

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## REAL KULTCHA

It's been another interesting month on several sporting fields and I guess the place to start this epistle should be with Ash Barty. After losing her interest in tennis several years ago she had a run with *The Brisbane Heat* (in the Women's cricket Big Bash League) for a while before heading back to tennis and it's fair to say, she hasn't looked back. As I write this (22<sup>nd</sup> June) she's currently doing very well in *The Birmingham Classic* and if she wins there, she'll emerge as the #1 Women's player in the world: tell me that's not going to be a moral boost going into Wimbledon! Grass is her preferred surface as well, so the win on clay at The French Open at Roland-Garros a couple of weeks ago was a huge bonus.

At the other end of the pool (where I fear, there's too much chlorine for him) Nick Kyrgios has been at it again. He had melt down last night (or the night before – who really cares) while playing in The Queens Club Championships. He lost, blew his stack, abused officials, threw stuff around and ended up copping a \$17,000 fine. It must be getting close to the point where some tournament (Wimbledon, you'd hope) won't send him an invitation to play! As far as I know he has no coach (who'd want to try to coach him anyway) and it appears his mum hasn't/won't smack him around the ears, so it's possible the only way to get through to him that his attitude is less than appropriate, is not allow him to compete. You heard it here first, but I doubt it'd do any good: **Mrs Kyrgios – your son needs help!**

The other BIG news on the Oz sporting front is how well *The Matildas* (the women's soccer team) have been going in the World Cup. The sad part about it seems to be that if women are doing well in any sport, then they're all lesbians! That has got to be the dumbest and most stupid comment anybody could make. It's another example of the well-established Australian tall poppy tendency. I've always felt that was being conducted by the many couch potatoes who inhabit this land. They just don't like to see somebody else doing well. And why is that? Well, it makes them look bad because they know they don't have the talent, don't have the urge to improve and are certainly not prepared to have a go, so they lash out. In this day and age it's made all that easier because they can hide behind a false name on Facebook (or whatever) and never be held accountable for what they spew. Why does the media give the rants of these cowards oxygen! How dumb is that? They should be treated as the New Zealanders have treated that mental deviate who shot up the mosques – they



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refuse to use his name! We should grow up and do the same thing!

*The Galahs* are doing well in the Cricket World Cup and that's despite my calls for Warner and Smith to be banned from ever playing for Australia again. Yeh. Yeh. Yeh! I know all about "they did the crime and they done their time" compost but there are some things that are beyond the pale. Sadly, I have to admit, David has knuckled down and is scoring well. I hope it lasts but I still don't like it.

And so to Football. What-Tha-beep-beep-beeping hell happened with *The Cockroaches* in Game #1 of the State Of Origin? We seemed to be doing it in a canter and then one forced pass as we closed to attack *The Canetoads'* line was all it took. Dare I say it again – there are times when we're our own worst enemies! By the time you read this you'll know if we were able to win the second match in Perth and so keep the series alive for the third match back in Sydney. Brad Fittler (the Coach) has swung the axe quite viciously and some of those blokes who got chopped need to take a long hard look at themselves. They played poorly in the first game and they've either got to face up to that fact and lift or resign themselves to never getting another shot at that level. *Go The Cockroaches!*

With my mother's stern words ringing eerily in my ears ("If You can't say something nice then don't say anything!") I've decided to say something about Rugby. Their uniforms look nice. Oh, to hell with it. The game here in Oz is in a shambles. The best-placed team are *The Brumbies* (Canberra) and they're running fourth (by a wide margin) to two New Zealand sides and a South African side. The next best Oz team is *The Rebels* (Melbourne, would you believe) and they're six spots below with Queensland (*The Reds*) and NSW (*The Blues*) saved only from running last by the Japanese side (*The Sunwolves*). And then to top it all off, Israel Folau has started a *Go Fund Me* page so he can take the ARU all the way to the High Court if necessary so he can (apparently) express his brand of religion. The last figure I heard his page has around \$80,000 pledged and he reckons he'll need about a million.

Talk at you next month,

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## Permaculture in the Garden

### Flowers for Winter



Spring, we all know, is all about the blossoms. When I think summer I think fields of wild flowers and sunflowers. Autumn obviously is when nature paints the landscape in deep reds and oranges and then there's winter. It's the time of year when you start to question if that tree was deciduous or has just died. But I realised this winter that I've been underestimating the beauty of some of winter's flowers. These are some of my favourites. Medicinal, edible, super easy care, flower prolifically and are a great splash of colour.

#### Chamomile

##### Quick Grow

- Does best in full sun but will tolerate some shade
- Will tolerate most soils
- Regular watering
- Attracts beneficial insects

Chamomile is an herb that comes from the daisy-like flowers of the Asteraceae plant family. It has been consumed for centuries as a natural remedy for several health conditions for its anti-bacterial, anti-inflammatory, anti-allergenic and sedative properties. To make chamomile tea, the flowers are dried and then infused into hot water.

It's also great in the garden as it repels unwanted insects as well as attracting beneficial friends.

#### Calendula

##### Quick Grow

- Full sun to part shade
- Regular water
- Will grow in most soil types
- Hardy
- Self Sows
- Bee attracting

Calendula is a member of the Asteraceae Family, which includes stevia, sunflowers, and even lettuces. It's useful in repelling unwanted insects, but great at attracting beneficial ones, plus it works to protect and enrich the soil.

Since the times of ancient Romans and Greeks, this edible herb of a flower has been used in religious ceremonies and for medicinal purposes. The name Calendula originated from the ancient Romans due to the fact it was said to have bloomed the first day of each month (kalend or calend) and was a symbol for happiness.

Can be made into skin creams, tinctures, teas and in cooking but those allergic to the Asteraceae family, pregnant or breast-feeding women and those on sedative, diabetic and blood pressure medications should



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avoid consuming it.

#### Borage

##### Quick Grow

- well drained soil
- Full Sun to part shade
- Beneficial Insect attractor
- It grows quickly as an annual but will colonize a corner of the garden by self-seeding and reappearing year after year.

It is native to the Middle East and has an ancient history in war as an enhancement for bravery and courage.

Also known as starflower, bee bush, bee bread, and bugloss, it is a medicinal herb with edible leaves and flowers and is a super star bee attractor! Its leaves taste like cucumber and it is used in soups, teas, salads or as candied flowers dipped in sugar on cakes.

This herb is also the highest known plant source of gamma-linolenic acid (an Omega 6 fatty acid, also known as GLA) and it is also a source of B vitamins, beta-carotene, fibre, choline, and trace minerals.

So! When you're looking for colour this cold season, don't look past these three super stars and for more info contact me on 0473 372 825 or [freerangechange@gmail.com](mailto:freerangechange@gmail.com)

Happy gardening everyone!

Lauren ☺

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An item of possible interest of the area sent to me by George Parker

#### Dyer's Crossing

(Koribar - Dyers Crossing – Cocumbark)

**Khoribakh** white cedar place corrupted to *Koribakh, Koribar*, creek flowing E, SE from Belbora to Brown's Creek, extinct village, locality east of Dyer's Crossing

**Kookumbakh** fig tree place corrupted to *Cocumbark*, locality west of Dyer's Crossing

#### Koribar

380 acres of land on the Wollomba River (parishes Wollom & Goolongolok, R143) about 2 miles SE of the village of Koribakh, were reserved as the site for a future village in 1886. However, the use of this site for a village apparently lapsed with site of Koribakh being used instead.

The name Koribar, an Anglicised version the First Australian place name, Khoribakh, was initially shortened to Koribakh and in 1907 changed to Koribar.


The original European settlers in the Koribar district, near the junction of Khoribakh Creek and Brown's Creek, took up land under conditional purchase from 1864, were -

- 1864: Owen Matheson, 40 acres, N side at horseshoe bend of Wollomba River,
- 1865: William Startin, 80 acres, S side of Wollomba River at junction of Khoribakh Creek
- 1865: Samuel Croker, 40 acres, S side of Wollomba River at junction with Khoribakh Creek.
- 1865: Jas McKeough, 40 acres NE side of Wollomba River;
- 1867: Thomas Dyer, 49 acres, on S side of Khoribakh Creek
- 1867: George Brown, 40 acres, on N side of Khoribakh Creek opposite T Dyer's 49 acres
- 1867: Thomas Brown, 50 acres, on NW side of Khoribakh Creek
- 1878: John Korn, 40 acres, on N side of Firefly Creek
- 1879: Ludwig Schlenert, 40 acres, S side of Firefly Creek

The village of **Koribar**, also known as Jockey Gulley (from 1886 until at least 1907), was about 4 km west of Nabitac, about 1 km NE of Dyer's Crossing and about 0.5 km NW of the junction of Khoribakh Creek, Brown's Creek and Wollomba River.

It was established in the 1880's with St. John's Church of England church and graveyard being built in 1882, a public school (1884) and, as well a post office, general store, butchery and probably a community hall.

A provisional school, located at parish Wollom 99, operated between 1884 and 1888 and as a public school, 1888 to 1936.



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The public school was moved to the recent location on the Dyer's Crossing – Nabitac road in 1936, being renamed Dyer's Crossing provisional school until 1938 and as a public school until closure 1969.

The original church was built by John McKay (for £30) from pit sawn timber on 3 acres of land (Wollom 99) registered in 1886 to the Right Rev. Josiah Brown Pearson, Bishop of Newcastle.

Sale of the church was proposed in 1905 to finance a new parish hall at Nabitac. However, the church remained on the Koribar site until 1924 when it was moved across Khoribakh Creek to the present Dyer's Crossing site. This church was replaced by the current St John's church, Dyer's Crossing in 1938, built, adjacent, south of the older church.

Early identities who were buried in the churchyard included William Startin, (1889) and James Hanna, Firefly Creek, 1890; James was the father of Robert Hanna who was an itinerant Anglican catechist who ministered to the early settlers in the Myall, Wallamba and southern Manning districts.

A general store existed at Koribar. It was operated by P U Alley prior to 1908 when it was purchased by G Mohammad. He operated until 1918 when it was sold to George Newell.

#### Dyer's Crossing

The place name, "Dyer's Crossing," was adopted after Thomas Dyer who took up land there in 1867 – (49 acres, parish Wollom 11); the name first appeared in the media in 1903.

The establishment of the Upper Wallamba Co-op Dairy Co. in 1904/05 kindled the development of the locality which led to the slow demise of Koribar as a village.

A general store was opened by McFadyen in about 1915; this was later operated by Adam Murray from 1917 and a butchery operated by Jim Carney from 1928; at a later date, he moved to Krambach. A receiving post office was opened in 1909.

#### Cocumbark

A provisional public school at Cocumbark (parish Wollom 53) opened in 1880 with William Alway as the first teacher; Alway was originally the teacher at the two half time schools at McLean's River (Wang Wauk, Coolongolook). The status of the school was upgraded to public school in 1888 which operated until closure in 1947.


A Union Church, serving the Presbyterian, Methodist and Anglican congregations, existed opposite the school between 1904 and the 1930's.

A glimpse of the early days of Cocumbark is recorded in the *Dungog Chronicle*, 4 May 1937 p 4 -

"In 1877, the residents of Cucumbark first turned their attention towards the establishment of a school in their district.

In those days it was a centre and there were sufficient children of

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school ago. Owing to the tireless efforts of the late Robert Hanna, James Stevens, Colin Cowan and others the erection of a school was sanctioned by the administration of Sir Henry Parkes. On the present site the land was cleared, slabs cut, bark stripped from the trees and the building erected wholly by the parents themselves. The structure was small, badly ventilated, and dark, possessing one shutter for a window and a large fire-place capable of accommodating huge logs. In the course of time the slabs began to shrink and out of the cracks the children obtained a view of as much of the land scape as the trees would permit.

Native bears were numerous in the playground and provided great amusement for the youngsters.

In 1879 (?) a public school was opened and the first teacher to be appointed was Mr. Alway - an Englishman and an old soldier of an Indian Regiment. He was a most eccentric, exacting disciplinarian, who was kind to a fault and a confirmed bachelor. He provided a bark house for himself in the school ground, and carried out his duties as teacher in a very capable manner. He had interests in farming pursuits at Wang Wauk and frequently journeyed to that centre after school in the afternoon, but never was known to return late for school. Sometimes he would walk back in the moonlight playing his cornet as he proceeded along the narrow track. He was generous to a fault and willingly handed over anything he had to the residents. Financial assistance was also gratefully given, as some of the old pioneers may remember.

His newspapers were always circulated, one copy reaching, in many instances, more than a dozen homes."

In 1895, Alway retired to his farm, "Dilkhoosha," at Wang Wauk where he died in 1905. Dilkhoosha being the name of the site of the Indian Mutiny in 1857)

A second, lesser known, Clarkin's Crossing was at Brown's Creek, Cocumbark on the early Myall River - Bunyah - Waterloo - Larry's Flat - (to Tinonee) road.

The trial survey of the proposed eastern route of the Morpeth - Grafton railway line passed through Cocumbark, north via Krumbach to Wingham. The western route via Gloucester was adopted in preference to the eastern route.



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### MAH JONG

A group of local people have just started playing Mah Jong once a week in the Nabiac Neighbourhood Centre.

If you would like to learn how to play, or already enjoy playing Mah-jong, you would be most welcome to join us.

We meet every Tuesday evening, starting at 6:30pm and finish at 9:30pm. Sometimes a bit later if we are at the end of a game. (Put the bin out and come to mah-jong)

If you are interested, please ring

**402 445 035.**



### Why Teachers Drink

The following questions were set in last year's GED examination. These are genuine answers (from 18 year olds)

Q. Name the four seasons?

A.. Salt, pepper, mustard and vinegar

Q. How is dew formed?

A.. The sun shines down on the leaves and makes them perspire

Q. What guarantees may a mortgage company insist on?

A.. If you are buying a house they will insist that you are well endowed

Q. In a democratic society, how important are elections?

A.. Very important. Sex can only happen when a male gets an election

### WALLAMBA COMMUNITY GROUP—NABIAC SENIORS

Wallamba Community Group Inc. meets Thursday mornings, at 9:30, in the Foyer of Nabiac Hall, for Bingo.

If you'd like to join us for a nice social get-together, we'd love to see you.

Holidaying in the area? Maybe you'd like to join in while you're here.

For information, phone Secretary, **Faye Gotts** on **6555 4360**

## News From The News

### Nabiac Uniting Church

Services are held every Sunday at **10:00am**

Holy Communion is celebrated with the service on the 3<sup>rd</sup> Sunday.

For information regarding the Uniting Church, Nabiac please contact Margaret **Weller** (6554 1212), Jill **Hammond** (6555 7747)

### St Bernadette's Catholic Church, Krumbach

**July Mass** times are Saturday 6<sup>th</sup> at 6:00pm - Mass; Saturday 13<sup>th</sup> at 6:00pm - Liturgy; Saturday 20<sup>th</sup> at 6:00pm - Mass **August 3<sup>rd</sup>** at 6:00pm

Could be subject to change - check with Helen **Legg** on 6559 1211

### St Thomas' Presbyterian Church, Krumbach

A Family Service is held on the 2<sup>nd</sup> & 4<sup>th</sup> Sunday of each month at 9:30am. Everyone is welcome to join in. Any enquiries please phone Robert on 0400 310 357 .

### St Paul's Anglican Church, Nabiac

A service will be each held at **10:00 am**. All welcome

Every Week Day Before and after school care by **KIDS SHACK**  
 We also provide Vacation time care.

Call **Joy** on 0438 273 360.

### St Isidore's Catholic Church, Nabiac

July time is Saturday 27<sup>th</sup> at 6:00pm - Liturgy

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Hi everyone,  
Just our saying for this month-

"We are all broken, that's how the light gets in."

Belinda & Barb & Jess ☺

Do you need a *Justice of the Peace?*

Then contact

Stuart Weller on 6554 1904 (Nabiac)

Ray McDonald, 97 Stevens Close, Wang Wauk on 6550 2216

Diane Greig, Connect 3 Real Estate, Nabiac on 6554 1330

Jackie Buckingham, Buckinghams Real Estate, Nabiac on 6554 1107

Gordon Foy, 2949 Bucketts Way, Belbora on 6550 2547 or 0417 290 874

Julie Arnoux, 2 Cowper Street, Nabiac on 0434 253 266

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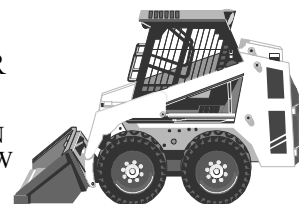
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