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ACROSS THE FENCE

News from the Wallamba Watershed is a 'Frogs Bottom' Production

Happy Mother's Day!

To all of the
mums in the
area

May your day
be happy and
peaceful

Don't forget

Bunyah's 20th

16th May

Details on page 12

Biggest Morning Tea



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Editorial,

Where has the autumn gone? The last few days have been extremely Wintery and I have noticed a lot of chimney smoke on my trips out. I have held off lighting a fire so far (actually need to clean the chimney before I do light it) resorting to an extra jumper and a hot water bottle to take the chill off.

Tilley Cat must really be noticing it as she has decided to act like a normal cat and crawl onto my lap for a cuddle to get warm. She is not usually a lap cat and, I suppose, due to her arthritis, doesn't like to be picked up or held which I assume causes her pain.

Kids are back to school so I expect life has returned to normal in the local homes and I bet there are not a lot of happy bodies having to get out of bed in the morning to wait on the misty verges for their buses.

A fair bit happening this month in the area. **Bunyah** is holding its **20th Biggest Morning Tea on Wednesday 16th** and hoping to outdo last year's fundraising total of \$6,300. Hope they managed it as it is a great cause they are working for. Go along and help them out.

The **Dyers Crossing St Anglican Guild** is holding its annual **Sea-food Dinner at Krumbach on Saturday 5th** to raise money for their hall and church. You would have to get in quickly as I don't know if there are any tables left - it usually books out fairly quickly. Phone **Helen on 6550 2383** for details if you missed last month's ATF.

An all day **Country Music Day** is being held at **Krumbach Hall on Sunday 27th May**, to raise money for the Hall. Food available from the Hall Kitchen and a BBQ at lunch time and lots of artists performing. If you think you can sing they allow walk-up artists to show how good they are.

Apparently they are intending to hold this 4 times a year in future.

Did anyone try their hand at the new Mah-jong Group's Game last month? I have never tried the game, actually have a Mah-Jong set - unused - but I am not a card or game playing enthusiast. I have watched it played and it is a fast game.

The time has come where we can light pile fires, a few I have seen already along the Wallanbah Road, so be careful and observe the rules. I would suppose everyone has slightly wet heaps they are trying to light with the on/off showers we have been having. Very smokey! Not enough falling to wet the undersoil, but plenty to get the weeds and grass growing. Hopefully enough to sustain the beasts over the coming winter.

Keep warm, enjoy the cool, crisp mornings and evenings and the occasional warm middle of the day that is still being experienced.

Until next month

Lyn and my mate *Tilley Cat*

WHAT'S HAPPENING MAY, 2018

Markets & Events.

• Bulahdelah	(1st Sat)	5 th	8am to 1pm
• Blackhead Bazaar	(1st Sun)	6 th	8am to 12 noon ?
• John's River	(Sat)	th	9am to 1.30pm
• Wingham Community	(every Sat)		
• Myall Quays	(3rd Sat)	26 th	9am to 1pm
• The Hub Taree Showgnd	(3rd Sat)	26 th	8am to 12 noon
• Krumbach	(3rd Sun)	20th	8am to 2pm
• NABIAC	(Last Sat)	26th	8am to 12 noon
• Old Bar	(Last Sun)	27 th	7am to 1pm
• Pacific Palms	(Last Sun)	27 th	9am to 1pm
• Forster Town	(2nd Sun)	13 th	8am to 2pm
• Halliday's Point	(1st Sun)	6 th	8am to 11am -?
• Town Head	(every Mon)		8am to 2pm
• Mt. George	(Sat)	7 th	8am to 2pm
• Forster Farmers Market	(3rd Sat)	19 th	8am to 12 noon
• Bobbin Community		— th	9am to 2pm
• Tuncurry Markets	(4th Sat)	26 th	8am to 1pm
• Burrell Creek	(2nd Sun)	13 th	9am to 12.30pm

These dates are from the council web site so could be subject to change

Burrell Creek Hall has Bingo 1st Monday of the month @7:00pm

Phone Lyn on 02 6559 1811 Email: paulreid@iprimus.com.au
Production: Lyn Reid
Contributions To: The Editor, *Across The Fence*, 1 Barry's Road, Firefly. N.S.W. 2429 or c/- Modern Motors, NABIAC, N.S.W. 2312 - **please phone WHEN you have left articles there to be collected**
Contributions should be submitted - in writing - **by the 25th of the month** for inclusion in the following month's edition.
ALL ART WORK IN JPG ONLY
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HAIR by Shaz **Wishing a HAPPY MOTHER'S DAY to all**

MOTHERS DAY VOUCHERS & GIFT VOUCHERS

Welcome to the month of May.... The team here at Nabiac Hair & Beauty Salon would like to wish ALL the mothers out there a very special day on Sunday 13th and hope they are all equally spoilt. Being a Mum is incredibly Hard-Work and some ultra-spoiling is the least she deserves!

Why not have some Girly time together and Book in for a beautiful Manicure or Pedicure with *Cassie* & your Mum for Mother's Day and we will automatically upgrade you both to an extra treat with a Deep CPR range of Nourishing Shampoo & Conditioning Treatment valued at \$30 each!

Cassie specializes in all Waxing, Tinting, Lash Extensions, Massages, Manicures and Pedicures along with beautiful facials. If you are looking for Wedding and Formal make up this is her speciality.

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GIFT VOUCHERS AVAILABLE

'What can I get for Mum?' I hear you ask! If you are looking for ideas we have great gift vouchers; purchase a Mother's Day Gift voucher that she can use in 4 ways.

Yes, mum can have a Haircut or Colour, or maybe with the Beauty Therapist a Facial, some waxing, Eyelash extensions, spray tan or Manicure or Pedicure. Or would she love a Massage - it could be a Relaxing or Hot Stones.

Now if Mum can't decide she simply may love some new professional Shampoo, Conditioner or Styling product. Neither way she can use the voucher any way she would like.

Plenty of parking right to the front door and close to the post office and general shops and opposite the new swimming pool.

Please call into the salon or phone 6554 1585....

HAPPY MOTHERS DAY TO ALL.

Also Thankyou to all who personally donated towards the Sanitary drive for #SharetheDignity fundraiser. You have helped many girls and women who are homeless and are in need. xx

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Firstly a MASSIVE thank you for your ongoing support, we are all so fortunate to live in such a generous district.

There are some really exciting projects underway for our village, and our efforts in store are visibly making a positive difference within the community, because as you probably already know...all funds raised by the Op Shop go back into the community.

With the fantastic volunteering efforts of 30 plus amazing people we are proud to have funded the Local Pool, the Fireworks display at the Annual Show, and the new Playground facility with all new equipment that is nearing completion!.

To celebrate Mothers Day we are raffling a beautiful hand crochet throw rug, handmade by one of our volunteers. The rug is displayed at the front counter with tickets at \$1 each or 3 for \$2. All proceeds, including donations, are to support The Great Lakes Women's Refuge. Drawn on the 11th of May, just in time to spoil that important "Mum in your life".

The much anticipated roomy extension to our shed at the rear of the shop now means that we are able to accept, store and display more second hand items. Furniture, puzzles, DVDs, games, toys, home-ware, luggage, sporting equipment, tools and electrical items are all on display for purchase. For all the prolific readers ...our fabulous book selection keeps growing.

We appreciate all of your clean saleable donations, not only are we the Home of the \$10 bargain bagful of clothing, we have the best selection of goodies around. In reducing our carbon footprint, we on-cycle clothing, shoes and toys to developing countries, we also help other local community Op Shops not as fortunate as ours. Please remember to donate responsibly as we just do not have the resources to dispose of dirty /broken items. Thank you again for wonderful support!!.

Our Facebook page - Nabiac Second Chance Op Shop - is growing rapidly in popularity. Please LIKE and FOLLOW our page and feel free to SHARE. We are posting photos of new arrivals, super specials and reminders - such as Mother's Day and Nabiac's monthly Village Markets on the last sat of the month. Our bargain bag of clothing is half price on this day! We want to see you all on your way to the Farmers Market! So follow our FaceBook page to receive news and bargains first.

Come on in and see the changes and have a yak and a giggle with our friendly volunteers and "nab" a bargain or two. xx

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Krambach Garden Lovers News



A very nice Autumn day for our meeting held at the home of *Helena and Norm Jacobs*, Dyers Crossing.

We welcomed another member to our club who, along with 39 members and visitors, enjoyed the sunshine; we trust *Danielle* will enjoy the friendship of our members who now number well over 60.

The delightful show of so many different shades of red was admired by all, especially the outstanding and very showy dahlia. Once again our swap table overflowed with plants of different varieties all finding new gardens to grow in and give pleasure to others. A great way to grow different plants for our gardens.

Following our meeting members enjoyed a walk around the garden and admiring the 9 different breed of chickens which Norm so proudly keeps and sells. Watching the little chickens was one of the dogs making sure they were safe and out of harms way.

Our next meeting will be on May 28th at the home of *Michelle Jackson* on Wallanbah Rd., Dyers Crossing, so come along see what we are about, enjoy a cuppa and friendship of others. The colour white will be our flower theme at this meeting.

For more information contact *Jenny* on **0400 105 333** or *Kathy* on **6550 2590**.

Till next time, happy gardening

Val

WALLAMBA COMMUNITY GROUP—NABIAK SENIORS

Wallamba Community Group Inc. meets Thursday mornings, at 9:30, in the Foyer of Nabiac Hall, for Bingo.

If you'd like to join us for a nice social get-together, we'd love to see you.

Holidaying in the area? Maybe you'd like to join in while you're here.

For information, phone Secretary, **Faye Gotts** on **6555 4360**



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KRAMBACH HALL HAPPENINGS

HALL MEETINGS: Monday following the Krambach Markets each month at 3.00pm. Next meeting on **Monday 21st May, 2018.**

Volunteers and Committee members welcome to join.

HALL MARKETS: 3rd Sunday of the month. 8:30am to 1pm. Come and choose from a wide selection of craft, woodwork, hand made cards, fresh produce & plants, bric-a-brac, 2nd hand books & kids toys. Enjoy a hot breakfast or Devonshire tea or coffee. "Lucky Tree" Hall Raffle. New stall holders welcome.

Krambach Hall (School of Arts Inc.) has spaces available and is looking for more Stall Holders. One table costs \$11.00, two tables are \$16.00 and 3 tables are \$22.00.

Phone: **Helen Legg** on 6559 1211 to book a stall

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News from NABIAC Kids' Shack.

Who can believe we are already into May, how this year is flying.

Our focus during vacation care is to provide leisure and recreational activities for the children to engage them socially and physically. We have just completed our April vacation care in fabulous autumn weather with outdoor activities a highlight. We had some great activities before the cool change and rain arrived at the end of the holidays.

Highlights of the program included a visit to Tuncurry for a Lego Activity, a fabulous gymnastics session at the PCYC, a movie excursion to *Peter Rabbit* and creative cooking activities including making Anzac Day Biscuits.

A busy schedule is planned for our learning program in term 2.

We still have vacancies each afternoon except Mondays and Wednesdays when we are fully booked.

If you require before or after school care or vacation care for your child (5 - 12 years) please feel free to contact Joy for additional information on **0438 273 360**
or email nabiackidsshack@bigpond.com

Letter to the Editor - name supplied

Another Dawn service; whilst moving, it was marred by the commercial aspect entering into what should be a solemn occasion.

To have a private coffee operator park within 10m of the flag and INSIDE the perimeter fence beggars belief. Why are food vans at the service at all?

Who allowed this crass situation?

One wonders why that, occasionally, new arrivals to the district want to change our local traditions to suit their own instead of blending in gracefully.

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WALLAMBA CWA REPORT

A good roll up of members for Wallamba's April meeting held at the Wallamba Showground Hall Foyer on April 10th. President *Iris Cummings* declared the meeting opened and she welcome 11 members with 2 apologies received. As usual the meeting began with the National Anthem, CWA Motto and Prayer before those present paused to remember departed family and friends that included Mrs *Clare Worth*, Joy Hobson - friend of member *Margaret Weller*, Mrs *Narelle Berry*, wife of retired Dentist *Bob Berry* who many years ago operated a practice in Nabiac and English scientist *Dr Stephen Hawkins*.

Our thought for this meeting was '*Start with what is necessary then do what is possible and soon you will be doing the impossible*' and was provided by member *Norma Flood*. Mary will bring along May's thought.

Several invitations were received including Forster's Branch International Day on *Poland* for April 24th when 4 members were to attend. We will hear all about it at our May meeting.

St. John's Anglican Guild, Dyer's Crossing also sent an invite for their annual Seafood Dinner at Krambach Hall Saturday May 5th. Some of the members were hoping to attend and I hope it was again successful for them.

Cookery Officer *Margaret Weller* remind her fellow members that the next time they are required to do competition cooking is at the Group Council Meeting November 27th, 2018 but they will all be busy cooking 'up a storm' come Tuesday May 15th when the Branch holds its own International Day on **POLAND** at the Wallamba Showground Luncheon Room.

Margaret had some interesting items from a little book giving the history of cooking in Australia since the early days of settlement including the making of jams, pickles etc. which have become a favourite in many households. *Margaret* thanked all who had assisted with cooking and assistant for the wake of the late Mrs *Clare Worth*.

Handicraft Officer *Merle* reported on her trip to HO Sydney as part of the State Handicraft Committee and said she learnt a lot during her time with the other members especially on how judging is done and what they look for to award eventual winners with their placing. *Merle* spoke of her experiences with using Sydney transport and using the Opal Card.

Merle, along with *Penny*, explained to our newer members about the

difference between Group competition and that at State Conference.

Penny has been busy with her International Duties and has sent out Branch invitations for our own day on *Poland* come Tuesday May 15th which should be one of interest by way of speakers and the food. Members discussed the menu and we are all looking forward to testing our taste buds with some traditional Polish food in the main course and dessert. *Penny* also had a collection of books on Poland which she had obtained from the local Nabiac Library for members to peruse. As well as these books *Penny* had a selection of books by children's author *Morris Gleitzman* and his series of 'Felix and Zelda'. *Penny* also spoke on *Yoram Cross*'s book 'My Animated Life'; he was an animator for such films as "Dot and the Kangaroo" and "Blinky Bill".

We didn't have an Ag and Environment Report this month as our Branch Officer *Jill Hammond* was having a break as she had family visitors who were helping her celebrate her birthday on April 7th.

During our Cultural Segment *Mary* read a poem titled "*Dust if you must*" and it was greatly appreciated by the ladies. Member *Margaret Weller* spoke of her and husband *Bruce*'s recent 'Old Cars trip' to the Illawarra and South Coast Region and enjoying a visit to the Buddhist Temple near Wollongong which was very interesting. They spoke with one of the monks who showed them around and spoke of his religion.

Member *Pam* had brought along 3 small wooden poker work plaques which belonged to her late mum, *Cicely Digby*, which she had been given as a young girl growing up in Canada and were over 100 years old to show to the members.

Happy birthday wishes were extended to members *Jill Hammond* for April 7th and President *Iris Cummings* for April 20th. Special congratulations were extended to Treasurer *Mary Webber* and her husband *Trevor* who would be celebrating their 50th Golden Wedding Anniversary on April 20th my- what a wonderful milestone.

With no further business the meeting closed around noon when members then enjoyed lots of friendly chatter and friendship over their 'bring and share' lunch.

Our next meeting will be held on Tuesday May 8th commencing at 10.00am at the Wallamba Showground Foyer when all are welcome to attend.

Pam Muxlow

Sec/Publicity Officer
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ANZAC DAY MARCH REPORT by Jennefer Trott



Well ANZAC Day has passed by for another year; we gave respect to those who have and are still serving, and we remembered those who paid the ultimate sacrifice.

We thank the serving members of 44 Wing Williamtown and the members who also travelled up from Richmond Airbase. This year we also had a special guest - we had a US Marine in attendance.

We would also like to thank the Nabitac Public School for their attendance and help especially the school captains, the Nabitac Rural Fire Service for helping keep the march safe, *Elizabeth Frias* - representative for Dr *David Gillespie*, the Wallamba Bulls Rugby Union Club, the pipe band and bugler, Nabitac Hotel for making it such a lovely afternoon of 2-up and socialising for members of the RSL, 44 Wing and the community and last, but definitely not least, thank you to the population of Nabitac and surrounding areas for helping make this day go smoothly and for supporting your local past and serving members of the Australian Defence Force. Without you days like this would not go ahead.

Once again Nabitac RSL says thank you to all involved and all who came along. Now to start planning Remembrance Day!

KEY DATES FOR MAY

1st of May 1942 - Townsville put on invasion alert

5th May 1943 - SS FINGAL torpedoed and sank off Nambucca Heads
12 killed

7th May 1945 - Germany surrendered

9th May 1943 - Point Stuart, NT bombed by Japanese

10th May 1943 - Point Stuart bombed a second time

27th May 1965 - HMAS Sydney departed on first Vietnam voyage - 1 RAR embarked

28th May 1902- Boer War ends

31st May 1942- Japanese submarines entered Sydney harbour HMAS KUTTABUL sunk

DAWN SERVICE....Bruce Weller

So pleasing to see perhaps 100 souls at the **Nabitac Dawn Service**. Weather was a bit iffy, but did not dampen the spirit.

As was custom, Nabitac Public School conducted the service and **Stuart Weller** the address, concentrating on another WW1 local soldier **Walter Brownlee** mentioned on the memorial.

A former Nabitac student, **Liam Croker**, provided a bugle rendition of the Last Post and Reveille.

A small group of friends, as usual, provided the sanger and egg breakfast with coffee. This has been a labour of love for these guys for some 13 years and all goods are provided F.O.C. by local business's. Well done everyone involved.



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Mid Coast (NSW) Community Quilters Inc.

We remain very busy, with nimble fingers and purring sewing machines, distributing more than 120 quilts so far this year.

We have quilted more than 150 on our new machine and most sewing days there is a queue to use it!

We are building up a reserve to send some down to Tathra after there devastating fires.

Our next Community quilting weekend will be in June when we will attack the shelf which is groaning the loudest because on the amount of fabric it is holding, probably blues.

We sew from Friday till Monday at Belbora. Visitors are welcome (we'll find a job for you) so you can check out how we are able to be so productive. Contact **Jenny** - **6554 1201** for more information.

Wearing my other hat I will be off to the Philippines in May with the **Days for Girls** (Google it for more information, www.DaysforGirls.org) where we distribute the kits, educate, talking to high school students and educators, and then sewing the actual components for the kits. I have received some small donations and this is a win, win situation, as material purchased is being used overseas and the Days for Girls get the GST component reimbursed to help with other necessities



Jenny Fletcher

A Thought from Bruce Weller.

Has anyone else asked an obvious visitor to our village, the reason for stopping?

It is very interesting. Many visitors, "senior" and otherwise, are on the way to or from visiting family or other reasons up or down the coast.

Some stop as one couple did today to "*get a great pie*" and use the "*wonderful amenities*" the village has to offer. Others have made it a rest stop because "*it is quiet and unique*".

The reasons appear to be endless but always positive. Scarcely does a day pass that one does not see visitors walking and looking.

Came across a group of 6 recently on a walking tour up Showground Lane expecting to do the circle and get back to the village. A bit lost and the leader got a bit of a roasting.

Fascinating stuff.

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MINIMBAH MATTERS

Minimbah Rural Fire Brigade is well aware that last month we informed you that the fire season had ended. Well **you** know that, and **we** know that, but given the recent fires around the Holsworthy and Menai areas, it would appear that the Weather Gods don't read the *Across The Fence*. This all goes to prove that calendars are not necessarily as important as common sense. Just because the calendar says you can light up, common sense often needs to prevail and dictate otherwise.

Either way, don't forget the requirement to let your neighbours and your District Fire Control Centre know 24 hours in advance.

For your convenience, their phone numbers are:-

Tuncurry Fire Control Centre 6539 7700

Taree Fire Control Centre 6591 2900

If there is an emergency, or you need to report an unattended fire in your area, **Triple Zero (000) is the way to go.**

Our regular monthly meetings and training times aren't quite so regular at the moment. April's training day was "overruled" by ANZAC Day, and also our June monthly meeting date needed to be changed.

Our next General Meeting is still scheduled for **9.30am on Saturday 12th May.**

Please note in your diaries that

Minimbah Rural Fire Brigade will be holding their Annual General Meeting at the Fire Station, 681 Minimbah Road, Minimbah, on Saturday 23rd June, 2018 commencing at 4pm.

The community is invited to attend.

Don't forget – Minimbah Brigade is on email. If you have a general query or comment, please send it to minimbahrfrb@hotmail.com

Our Brigade ran the Driver Reviver at Wang Wauk on Good Friday. It's not just a community service, it is great fun and very educational. The award for the most unusual request this time goes to "do you have any mouth freshener?" Even though we couldn't provide mouth freshener, the travelling public are always appreciative of the service and are generally up for a bit of light hearted banter. If it helps to keep the community safer, it makes us happy.

That wonderful 14 inches of rain we had in March left quite an *impression* on not only the paddocks and plants, but especially on Minimbah Road. As this is being written Council are working on our road, but we were virtually on a **Watch and Act Alert** since the rains – not because of fires, but because of "Grand Canyon" type gutters that effectively reduced large parts of the road to one way, so when passing another vehicle, we had to **Watch** well ahead to establish who had the better chance of moving to the side, and **Act** very carefully when making that move.



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Nabiac Memorial Neighbourhood Centre

Exciting times at the Neighbourhood Centre at the moment with some long term projects moving from the drawing board to reality.

The plan to move the children's playground from the Memorial Park to the netball courts (behind the tennis courts) is happening as we speak. The equipment – purchased from Play Parks Australia by the Op Shop - has been installed. Mid Coast Council has commenced work on landscaping and the softfall for the playground and building a bike track (between the new playground and the pool car park). The bike track will give the younger children a safe and fun place to ride their bikes and scooters away from the skate park.

To complete this part of the precinct, a BBQ hut and picnic hut are planned. We have applied to Holiday Coast Credit Union for a grant to assist with the materials required. Mid Coast Council has purchased the BBQ unit. We are hopeful the playground works will be completed within a few weeks – in time for a Family Day being organised by Council for Monday 14th May - and all going well, the huts in place by the end of June.

The Neighbourhood Centre has put a proposal to Mid Coast Council for the solar heating of the pool. The water temperature at the pool is quite cool for upwards of four of the seven months the pool is open (some regular users would say it is cold). The solar heating aims to make the water warmer and the pool more useable across the full swimming season. The cost will be met by funds originally raised by the Pool Committee for the pool construction and not required for that. More on this (hopefully) in the coming months.

Nabiac has been well served for many years with nabiac.com, a great website built and maintained by *Tim Gething*. The website now needs rebuilding and for this we have enlisted Nabiac resident *Greg Golden*, principal of the Forster based web design business Golden Age Media. The new website will provide for all local community organisations, at no cost for most of them (we are hopeful some of the larger users will contribute to the development costs). Greg is setting up a new hosting account and developing the framework for the new site. Once that is ready, we will be able to talk to the various organisations about the content. Again, stay tuned.

Finally, an update from the Nabiac Village Futures Group. The NRMA is funding a network of electric vehicle recharging stations. The Futures Group has been successful in gaining NRMA and Mid Coast Council approval for one in Nabiac. Nabiac was ideally placed in terms of distance from Sydney and the facilities on offer for users of the station (toilets, cafes, shops, pool, dump site etc). The recharging station will be located in Clarkson Street, near the Memorial Park.



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What's been happening at Nabiac & District Preschool

ANZAC Day



We love to learn about different special days at Preschool. We have recently been learning more about ANZAC day.

As part of our learning we created a beautiful wreath together to be laid at the Cenotaph. We walked to the Cenotaph as a group, learnt about why we lay the wreath and then laid our wreath. Afterwards we listened to the last post and discussed how it was used.

All the children were interested in our learning and showed great understanding.



Growing our Garden

As we are now starting to see some cooler weather we have given our garden beds a makeover. They received some love and care with weeding, fertiliser and we were even able to incorporate the compost soil that we have made here in our own compost bins. We have planted some winter veges and we hope to get some lovely produce from it. Our preschool children would also like to start growing some seeds in hot houses they will make themselves.

Loose Parts Play

We are introducing more loose parts play into our environment. Loose parts play supports learning through divergent thinking, problem solving, experimenting and inventing. Loose parts are materials with no specific set of directions of their own that can be used alone or combined with other materials. We are looking for resources to extend our loose parts collection and we would love your help.

If you have any PVC pipe, cardboard tubes, shells, rocks, pine cones, container and bottle lids or old CD's (to name just a few) we would love them here at preschool



Nabiac & District Preschool is Nabiac's only Community Based, Not-for-profit, preschool and long day care centre.



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Local History - The Wallamba — Another in a series of historical articles gleaned from the archives of the "Manning River Times" 1928, by Bob Mann - September, 1928

KRAMBACH - SEPTEMBER, 1928: The weather continues hot and dry and rain is urgently required. There is a great deal of sickness about and measles and influenza.

Last week the spring cattle sale passed off with great oclot (sic) and there was a big influx of strangers to the town. An unusually large number of cattle were expeditiously put through by the well known auctioneers *Paterson & Easton*. Prices on the whole were firm. Buyers were present from all over the state, though a couple of well known faces were missed.

The Krambach Hotel has recently changed hands, Mr *Blackwell*, our popular townsman, having sold out to Mr *Bonnette* of the Maitland district. Mr *Sharpe* has also sold out his well known stores to Mr *Hall*, formerly of Newcastle. Some little time back Mr *Robert Fulton* sold his business to Messrs *Felsted & Sons* of Sydney so changes seem to be the order of the day.

Mr *Bonnor* of the E.S. & A. bank is making a good recovery from his recent serious operation for appendicitis. Mr *Percy Piper* of the National Branch is helping to fill the gap for the time being. Mr *J.T. Worth* is trying his hand in our local bakery and judging by the result he is a past master in the art.

Miss *Mavis Worth* of Wang Wauk is at present holidaying with Mrs *Geo. Martin*.

WANG WAUK - OCTOBER, 1928: A very successful and enjoyable dance was held at the residence of Mr & Mrs *Alf Tagg* on Saturday evening 6th in aid of the School of Arts. Visitors were present from Bunyah - Coolongolook, Dyers Crossing, Wootton and NABIAC. Mr *A. Tagg* was M.C. and the music was supplied by Mesdames *Worth* and *Mitchell*, Misses *Worth* and *Harris* and Messrs *Tagg*, *Griffis*, *Avery* and others. Mr *S. Avery* won a tea pot and Mr *B. Stevens* a powder box. Supper was in the capable hands of the ladies.

As the timber is on hand this week a very energetic committee are working hard and the School of Arts will soon be an established fact. Miss *Margory Worth* has been spending a holiday in Taree and whilst there Miss *Worth* passed her conservatorium musical examination (violin) with honours. Miss *Mavis Worth* spent a holiday at Krambach and Miss *Joyce* and *Margaret Williams* spent their vacation at Hallidays Point and were joined by Mrs *Williams* and Miss *Linda*

Worth for the weekend. Mr *William Newell* from Bulahdelah has been spending a few days here.. Notwithstanding the advanced age of over 87 years. Mr *Newell* has been ploughing at Bulahdelah and is well and hearty.

NABIAC SPRING SHOW: The Hon. *Walter Bennett*, member for Gloucester, informs us that a public holiday has been gazetted for Friday November 2nd for the above show for the following places - NABIAC, Forster, Failford, Tuncurry, Lower Wallamba, Koribar, Avalon, Dyers Crossing, Wang Wauk, Cowans, Cocumbark and Krambach districts.

THE WALLAMBA CO-OP SOCIETY: The above company manufactured 44,790lbs of butter for September, all of which was the highest quality and paid suppliers at the rate of 1/3/4 per lb. which amounted to \$3,227.00.00 being distributed among 176 suppliers. The output shows an increase of 2,308lbs over August and 16,768 lbs over September, 1927.

Some months ago everything pointed to a prolific spring, but lack of rain when expected, together with severe westerly winds, created quite a different aspect and although the district experienced a few light showers recently, there have since been more westerly winds of gale force so, that prospects are anything but bright now. The seasons of late have been very similar, too much rain during the winter and no spring rain and autumn production, but unfortunately most of the cows are now in work and will miss the flush period.

WALLAMBA NEWS: A very anxious time was spent in many localities during the recent bushfires and many areas are a scene of desolation. Much of this will soon be altered as mother nature assails itself.

STORK VISITATION: Delight has recently been experienced in the homes of Mr *Frank Bennett* and Mr *J.F. Smith* respectively by the advent of sons, also in the home of Mr *R. W. Cook* of Arncliffe where the advent of a son elevated Mr and Mrs *C.H. Cook* to the honour of grandparents.

RAINFALL: After a considerable period of dry weather rain began to fall last Thursday and 52 points were registered. This supply has been supplemented by very appreciable showers falling on Sunday which was a great contrast to the weather prevailing on Black Sunday.

HEALTH: Miss *A. Lowrey*, sister of Mr *T. Lowrey* of Failford, has been for sometime in indifferent health and lost weeks in hospital for treatment which was considered essential. During her absence from home, Sergeant *W. J. Lowrey* of Gordon, who is also on the sick list leave, is the guest of Mr *T. Lowrey*.

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Between the Pages

Nabiac Library News



Term 1 School holidays are over. We do hope all our children and grandchildren enjoyed their time exploring some of the events offered in the local area; particularly at our MidCoast Libraries. There were many opportunities for children to engage. We know at Nabiac Library there were lots of queries on how to book for these events. Please be aware that to book for any of these school holiday events for children it needs to be done online. We can help you do this when the next school holiday activities are advertised.

PHONE CONTACT AT NABIAC LIBRARY on 6554 1355.

We would like to apologise for any inconvenience members have experienced trying to ring Nabiac Library; particularly for those people enquiring about school holiday activities for our kids in our local libraries. We, as volunteers, were equally frustrated as we couldn't ring you to notify you of your reservations or pickups. The good news is the technology issue has now been resolved and Nabiac Library phone is now working again!

SCIENCE ON THE MOVE AT NABIAC LIBRARY

Nabiac Library is a small venue, and we have not had many events scheduled at our local Nabiac Library in the past. However these autumn school holidays there was an inaugural event at Nabiac Library to 'test the waters' to see how popular these events maybe in the future. It was called '*Science on the Move*' and was available for up to 10 children. This was very popular with many people enquiring how to register and hoping they could join in. For those lucky children who did participate, a fun, scientific exploration morning was experienced. Here is some feedback and photos courtesy of *Yasmine* our Nabiac Library Coordinator.

"'Science on the Move' was a fantastic success. It booked out very quickly; however, due to space limits we didn't have a huge crowd. The children had a great morning.

They made an image spinner, whirligig and slime. Here are a couple of photos.

Bethany and *Hannah* covered in slime



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and *Avee* and *Riley* dropping their whirligigs. We look forward to having another activity next holidays."



WANT TO LEARN MORE ABOUT YOUR RECYCLING AND OUR RED, YELLOW AND GREEN BINS?

On Monday the 28th May there will be another event at Nabiac Library called "*Tea & Talk*".

A MidCoast Waste Services Education

Officer will be available during the afternoon from 3PM to discuss and talk about our local recycling services. Tea, coffee and light refreshments will be provided.

This is a chance for us all to become more environmentally conscious citizens and learn what actually happens currently with our various waste management services. Hopefully we could also make suggestions on how this could be improved! We do hope to have you join us!

NABIAC LIBRARY IS YOUR PLACE: WHY?

Nabiac Library volunteers always look forward to helping you locate your favourite author or book and helping you follow your latest interest in reading. We have many members that follow particular authors and series, and we love to help you locate and follow these and share this with others. We can also help you locate anything that is published; and if it isn't in our catalogue; we will help you make a suggestion for purchase or try an Inter-Library loan. Just ask! We will help!

Nabiac Library also has free public internet access; and you don't have to book! We can offer limited advice if you are unsure how to access your services on our public access computer. However we don't provide tutorial assistance! Printing or scanning costs are 40c for B/W pp and \$1 pp for colour.

We also have copies of Great Lakes Advocate News and Wallamba Across the Fence Newsletters on our Community round table for your perusal. Back copies are also available.

Some Great Lakes Council and Midcoast Council plans and documents relevant to Nabiac are also available in our Reference Section. We could guide you to these if needed. We could also show you some of the historical documents in our collections that relate to early Nabiac and Wallamba history. If you are new to the area maybe it will help you learn our history.

Look forward to seeing you in our beautiful Nabiac library at the Showground in Nabiac St:

Our current opening hours are:

Monday: 3-5pm
Tuesday: 3-5 pm
Thursday: 9-11 am
Saturday: 10 – 12 noon

See you at our Nabiac Library! Please come and join us! We love to share!

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NEWS FROM BUNYAH

Have you heard.....**BUNYAH IS THE HIGHEST FUND RAISER ON THE NSW NORTH COAST** of money raised for the Cancer Council **over the last 19 years \$48,561.10 !** How great is that and it is only achieved with the support of you, our guests, Donors & Raffle Ticket buyers. If you haven't experienced a Bunyah BMT yet, make sure you visit us for this milestone event. Flyer appears alongside this News.

We are now on the home straight in our **20th Year** with preparations for our famous **Bunyah's Biggest Morning Tea** being held on **Wednesday 16th May, 2018 at Bunyah Hall**, Willina Road, Bunyah commencing 9.00 a.m with morning tea served continuously from 9.30 a.m.

Cathy Amos and her Crafty Crew start working the week after the BMT is held and continue every week of the year making Quilts, bags of all shapes and sizes, anything that can be sewn or crafted, they make it and they come along with an absolute truckload.

We also have great bric-a-brac, jams, pickles, cakes, produce. The Quilts are hung on the tennis court fence which makes for a real carnival atmosphere and they are sold, as is everything, at prices that will make your jaw drop! Such bargains! Be early!

The **Annie Rose Academy of Dance & Kate's Tappers** are back again to entertain you and this year for the first time **'Nightmoves'** a Rock 'n' Roll Band playing 50s & 60s Rockabilly music. Both of these Entertainment Groups donate their 'appearances' to our cause, for which we thank them.

A **community BBQ and Tennis** afternoon was held during April which was an enjoyable, casual event with some good tennis, good food etc., and lots of laughs. The kids got into the Table Tennis plus plenty of other active games.

Bunyah Public Hall is now on Facebook, please visit us and leave a comment or 'like'.

Two of our residents were home and settling in for a quiet evening when one of them saw what they thought was a belt lying on the floor, but no, it was a black snake.....yikes!!!!

After much coaxing and prodding and some quick step dancing, the snake decided it would take its' leave from the house. That night the house was aglow to check every nook and cranny for his/her mates! Not a good sleep was had that night! Who left the door open??

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Anzac Day Commemoration Service was held at our Bunyah Cenotaph followed by morning tea and tennis later. This was well supported by the residents and a Poem 'For the Fallen', was read by **Lisa** and her two daughters **Miller & Hunter**. **Maureen** delivered the Prayer, her husband **Don** and daughter **Cherine** organised the music. It was a moving tribute to our servicemen and women both past and present.

Neryl Simpson

It's on again, so come to
BUNYAH'S "20th" BIGGEST MORNING TEA
to celebrate Bunyah being the Highest Fundraisers on NSW North Coast - \$48,561.10 raised over 19 years.
9.00am Start
Wednesday 16th May 2018
@ Bunyah Hall, Willina Road, Bunyah
"Morning Tea" will be available continuously from 9:30am
Win this beautiful Quilt, hand made by the "Dolphin Quilters" of Old Bar, plus many other quality prizes
Raffle tickets only \$1.00 each
Drawn on the day
Tables of Craft - Bric-a-Brac - Home made Jams, Pickles & Cakes - Plants - Fresh Country Produce - Second Hand Books plus more, all on sale
Dancers from **Annie Rose Academy of Dance & "Kate's Tappers"** will be performing for your enjoyment & Rock & Roll Band **"Night Moves"** Playing 50's & 60's music




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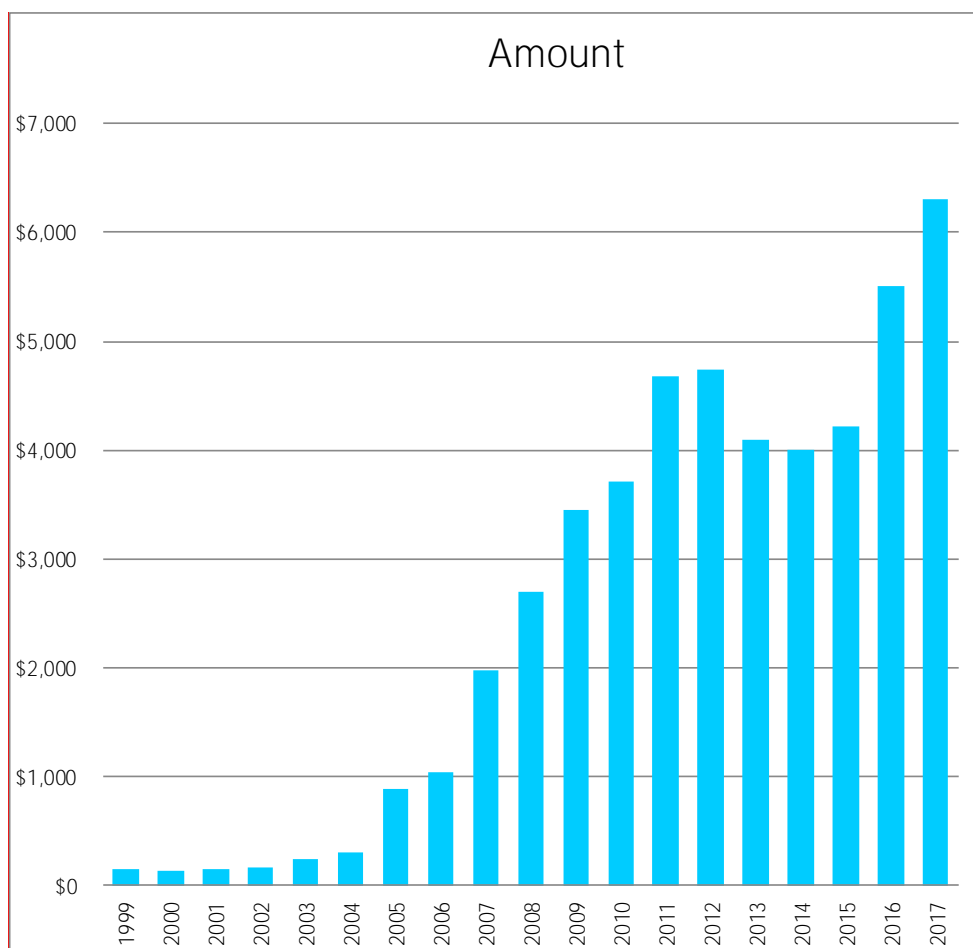
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BUNYAH'S BIGGEST MORNING TEA RESULTS OVER 19 YEARS

	Year	Amount
1	1999	\$142
2	2000	\$141
3	2001	\$154
4	2002	\$167
5	2003	\$238
6	2004	\$300
7	2005	\$884
8	2006	\$1,046
9	2007	\$1,974
10	2008	\$2,700
11	2009	\$3,450
12	2010	\$3,716
13	2011	\$4,683
14	2012	\$4,735
15	2013	\$4,100
16	2014	\$4,000
17	2015	\$4,214
18	2016	\$5,500
19	2017	\$6,300
Total		\$48,444



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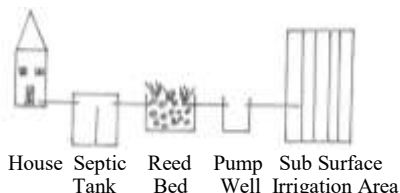
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Some Funnies

One day my housework-challenged Husband decided to wash his Sweatshirt.

Seconds after he stepped into the laundry room, he shouted to me, 'What setting do I use on the washing machine?'

'It depends,' I replied. 'What does it say on your shirt?'

He yelled back, 'Brisbane Broncos!'

And they say blondes are dumb

'It's just too hot to wear clothes today,' Jack says as he stepped out of the shower. 'Honey, what do you think the neighbours would think if I mowed the lawn like this?'

'Probably that I married you for your money,' she replied.

While creating husbands, God promised women that good and ideal husbands would be found in all corners of the world.....

.....then He made the earth round, and laughed and laughed and laughed

Catholic Dog

Muldoon lived alone in the Irish countryside with only a pet dog for company. One day the dog died, and Muldoon went to the parish priest and asked, 'Father, my dog is dead. Could ya' be saying' a mass for the poor creature?'

Father Patrick replied, 'I'm afraid not; we cannot have services for an animal in the church. But there are some Baptists down the lane, and there's no tellin' what they believe. Maybe they'll do something for the creature.'

Muldoon said, 'I'll go right away Father. Do ya' think \$5,000 is enough to donate to them for the service?'

Father Patrick exclaimed, 'Sweet Mary, Mother of Jesus! Why didn't ya tell me the dog was Catholic?'

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Some interesting Dog Facts

1. Canine Ears - Dogs can register over 35,000 vibrations a second. To give you an idea of how many that is, the human ear can only register 20,000 vibrations a second. Dogs have a hearing capacity 75% greater than our own.

2. Longevity - Most people assume dogs can only live for 10+ years, but the world's oldest dogs managed to live for over 20 years. In fact, the oldest dog to ever live survived for 29 years and 5 months.

3. Seeing At Night - Dogs have a few sight myths. They can see in colour, but to a very limited degree. Additionally, they have better night vision than we do because of special reflective layers in their eyes.

4. As Warriors - Dogs have been trained to do many things in human history, including riding alongside in battle. In the middle ages, mastiffs were trained to run in alongside knights. Germans in World War II were also said to have used them to blow up tanks.

5. Jaws of Steel - A dog's jaws are its most powerful weapon. Whereas most hunters have claws as well, dogs can exert almost 200 pounds of pressure in each square inch with their jaws, far more than a human being ever could.

6. Nose Prints - Every dog has a unique nose print on par with human finger prints. In fact, these nose prints have been used in the past to identify dogs that were lost or accused of attacks.

7. Anatomy - Despite their size differences and shapes, every dog is almost identical in terms of anatomy with 321 bones and 42 permanent teeth. Variations occur in size and length of these bones of course, with large number of variants in organ placement as well.

8. Puppy Sleep - Puppies will sleep for 90% of the day for the first handful of weeks. Many people mistake this for illness and many vets will see countless "sleepy" puppies every year.

9. Dog's Ears - The ears of a dog have twice as many muscles as human ears. Their ability to move and control their ears is equal to our ability to swivel and bend our necks.

Some dogs have even greater control over their ears than others, with some breeds bred for dampened hearing.

As you can see, dogs are incredible animals with so many unique facts that it's impossible to think of them as anything more primal than what they are - our loving friends and pets. Their physiology, intelligence, and even their character is unique among all domesticated pets.



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The centre offers many services including internet use, printing, scanning, photocopying and faxes and IT training.

Photocopying & faxing is available every morning.

Courses are offered to beginners and advanced users, so come along. Some of the services and courses on offer at the moment are:

Monday Mornings: Photocopying and Faxing

Tuesday Mornings: Sheila, Jillian & Alan will be here to help with the basics: File Management, creating Documents in Word, Publisher & Excel, Email, Internet Searches, Powerpoint and saving and adjusting Digital Photographs. So if you have any questions come along.

Wednesday Mornings: Suzie will help with the basics, emails & internet searches

Thursday Mornings:- Deb will help with the basics, emails & internet searches

Friday Mornings: Photo copying and faxing

Saturday Mornings: Marie can help advanced computer users, setting up an android or Apple Ipad tablet, Iphone and other Smartphones. Suzie will help with the basics, emails and internet searches.

Jillian Wood

WHAT'S ON IN WOOTTON

What a fantastic Sunday was had in Wootton as part of the Great Lakes Food Trail. The Brush Turkey Café was buzzing with local volunteers serving the hordes of visitors homemade scones, gluten free orange and almond cake made with Wootton oranges and eggs and the famous Lemon Myrtle Cheesecake. Main meals included Moroccan lentil soup served with local Bulahdelah rolls, cucamelon bruschetta with locally grown cucamelons, that are a tiny cucumber-type vegetable, served on Palms Micro Bakery sour dough, Wootton Ploughman's Lunch with local cheese and home-grown ingredients and other homemade dishes. In addition to being fed and watered in the café, visitors could browse and find bargains in the bric-a-brac sale being held in the Wootton Hall. Lucky for us the weather stayed fine all day – we missed out on the downpours that hit the very coastal fringe so our visitors were quite happy wandering around the café, the hall and the surrounding grounds.

Through May we have the regular events of the Food Swap (from 5pm) and supper night (from 6pm) on May 12th and the monthly dinner from 7 pm on May 26th. This month the dinner is going to be fully planned, made and cleaned up by the men of the area! It was very successful last year so can they make it two years in a row?

The extra event for May is a Mother's Day lunch on Sunday May 13th. Bookings for dinner or Mother's Day can be made by calling Fran 4997 7323 or emailing brushturkey@live.com.au.

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HOW DO DUNG BEETLES HELP IMPROVE YOUR FARM BIOLOGY?

When did you last think about the important role dung beetles play on your property? Do you know how best to care for these hard working beetles on your farm?



Find out how you can build your farm biology with dung beetles, thanks to Australia's leading dung beetle expert **Dr Bernard Doube**, from Dung Beetle Solutions International.

Dr Doube is attending a series of free field days hosted by Hunter Local Land Services next week at Martindale, Wollombi, Bulahdelah and Wherrol Flat.

The events are being held in partnership with local Landcare groups including Midcoast 2 Tops, Martindale Creek Landcare and Wollombi Landcare, and are supported by Catchment Action NSW

Dr Doube will explain the unique role these insects play in providing productive pastures.

Producers will learn how to care for and monitor beetles on their property, as well as how to use beetles and biochar to build soil carbon.

"Many local farmers have been shocked at how hard drought conditions hit their properties this summer," said *Simon Turpin*, Hunter Local Land Services Agricultural Extension team leader.

"While many are still battling a tough season, some are looking to help their property recover, and we want to help producers manage their pastures and property to be better prepared for hard times in the future.

"Utilising dung beetles is just one management practice that can help build resilience on your property."

Dung beetles can also have benefits in animal health through aiding in worm and fly control.

Dr Doube is a leading soil health expert with 29 years at the CSIRO and has plenty of expertise to share with local producers.

"We wanted to bring Dr Doube's expert knowledge to local producers, to assist them with thinking about whole farm planning in drought recovery and management," said Mr Turpin.

Workshop dates and locations:

Sunday 8 April, 10am-3pm Martindale

Monday 9 April, 10am-3pm Wollombi

Tuesday 10 April, 10am-3pm Bulahdelah

Wednesday 11 April, 10am-3pm Wherrol Flat.

Free morning tea and lunch will be provided. More information and RSVP details are available at: <https://hunter.lls.nsw.gov.au/resource-hub/events>

Penny Evans | Communications Officer Local Land Services

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HUNTER THREE-DAY SICKNESS WARNING AS MOSQUITO NUMBERS SURGE

Hunter Local Land Services is reminding cattle farmers in our region to look out for Three Day Sickness.

Recent rain has led to increasing numbers of mosquitoes and midges which can spread the disease and late autumn is the usual time we see cases in our region.

Hunter Local Land Services District Vet **Jane Bennett** said livestock display a variety of symptoms, but generally most recover.

"Animals affected by Three Day Sickness experience a sudden onset of fever over 40 degrees, become stiff in their joints, lame and are often reluctant to move," she said.

"They may drool, have watery eyes and a nasal discharge and infected animals will often go down.

"Cattle are typically only unwell for several days, hence the name **Three Day Sickness** - however, some cattle can take weeks to get up."

Heavy and high producing animals, such as bulls, pregnant cows and dairy cows appear to be most affected.

High temperatures can lead to temporary infertility in bulls, and heavy animals suffer secondary issues just from being down for a long time.

"It is important to watch for potential cases and give appropriate nursing care to any down animals such as food, water and shelter from hot sun," said Jane Bennett.

"Anti-inflammatory medication relieves fever and inflammation and can assist their recovery."

Three Day Sickness can be diagnosed with a blood test in the early fever stage of the disease and on clinical signs.

Most cattle which have been infected through previous exposure to the virus develop long term immunity.

Vaccination is a wise precaution to take for valuable and heavy cattle, particularly bulls and dairy cows. Vaccination is usually given in November - December so that the cattle are protected during the high risk period in late summer and autumn.

Producers with questions regarding Three Day Sickness can contact a Hunter Local Land Services District Veterinarian on **1300 795 299** or their local vet.

Further information is available on the Hunter Local Land Services website at www.hunter.lls.nsw.gov.au

Penny Evans | Communications Officer

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- Common local native bees and their benefits
- Keeping different types of stingless native bee
- Pollination, location of colonies, hive structure, splitting & harvesting honey
- Encouraging native bees to your garden, best species to plant

Morning tea provided

Please RSVP to Joël Dunn 0401 932 533

joel.dunn@dlcr.org.au



In the Garden

Found this tip in an old garden magazine. It is a Foliar Feed for fruit trees, especially citrus and the seaweed concentrate helps plants resist frost damage. Good thing as we sometimes get some heavy frosts where I live.

1. Mix a tablespoon of Epsom salts in a bucket of water. Make sure they are dissolved.
2. Add two tablespoons of a seaweed concentrate, available everywhere. Very important to mix the seaweed concentrate in well.
3. Spray the feed over the foliage of your fruit trees, especially the citrus. Make sure that you evenly cover all the leaves and the fruit.

And another mix which is non toxic and helps control algae on paths, steps and fences. Spray with a mix of one part white vinegar to two parts water. Needs to be repeated every month in wet periods.

It is time to tidy up the garden, removing all the dead stuff and working the soil, adding some good compost, so it is nice and friable, ready to plant your spring flowering bulbs and annuals and transplanting any shrubs you want to move.

When buying bulbs in plastic packaging, make sure to check them over and see there is no mould on them. The packets can get hot and steamy if left in the sun and cause mould to grow.

If you are game to try tulips or hyacinths stick the bulbs in the fridge crisper until mid winter because they need a long cool winter to flower well, being a European bulb. They look great in pots.

Get ready to plant things like asparagus, broad beans, rhubarb, citrus trees, maybe a pomegranate or quince if you like something a little exotic.

Order you bare rooted roses and deciduous trees, climbers and shrubs now, so you don't miss out on any particular one you might want, but don't plant them yet. It is still a tad warm for them to thrive.

Check your lawn and sow some seeds on any bare patches. Throw a handful of magnesium rich dolomite per square metre to sweeten the soil and discourage moss.

Check for bindii. Mine is already showing its nasty little green heads so a quick spray is needed to kill them before they seed.

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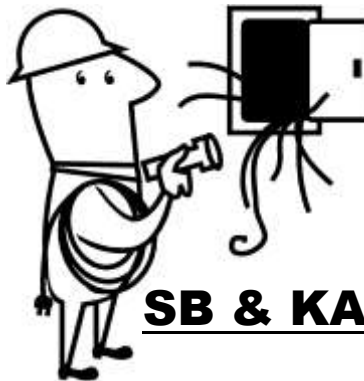
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TWO BLIND PILOTS

Two blind pilots were both wearing dark glasses. One is using a guide dog and the other is tapping his way along the aisle with a cane.

Nervous laughter spreads through the cabin, but the men enter the cockpit, the door closes and the engines start up.

The passengers begin glancing nervously around, searching for some sign that this is just a little practical joke. None is forthcoming.

The plane moves faster and faster down the runway and the people sitting in the window seats realize they're headed straight for the water at the edge of the airport.

As it begins to look as though the plane will plough into the water, panicked screams fill the cabin.

At that moment, the plane lifts smoothly into the air.

The passengers relax and laugh a little sheepishly and soon all retreat into their magazines, secure in the knowledge that the plane is in good hands.

In the cockpit, one of the blind pilots turns to the other and says, "Ya know, Bob, one of these days, they're gonna scream too late, and we're all gonna die."


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An Engineer dies and goes to Hell. Dissatisfied with the level of comfort, he starts designing and building improvements. After a while, Hell has air conditioning, flush toilets and escalators. The engineer is a pretty popular guy.

One day God calls and asks Satan, "So, how's it going down there?"

Satan says, "Hey, things are going great. We've got air conditioning and flush toilets and escalators, and there's no telling what this engineer is going to come up with next."

God is horrified. "What? You've got an engineer? That's a mistake - he should never have gone down there! You know all engineers go to Heaven. Send him up here! "

Satan says, "No way. I like having an engineer on the staff. I'm keeping him."

God says, "Send him back up here or I'll sue."

"Yeah, right," Satan laughs, "and where do you think you're going to find a lawyer?"

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- Loses place
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- Misreads words



Complaints While Reading

- Strain or fatigue
- Tired or sleepy
- Headache or nausea
- Fidgety or restless

Writing Characteristics

- Trouble copying from board

Other Characteristics

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- Difficulty reading music
- Sloppy careless maths errors
- Misaligned numbers in columns
- Ineffective use of study time

Depth Perception

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INGREDIENTS

Filling

300 ml Cream
3 Eggs, whisked
1/2 Cauliflower, cut into florets
185g can Tuna in oil, with chilli
1 Zucchini, thinly sliced
125 g can Creamed corn
1/2 cup Grated tasty cheese
2 tbsp Grated parmesan cheese

PASTRY

2 cups Plain flour
185 g Butter, chopped
1 Egg, whisked
2 tbsp Iced water

METHOD

Preheat oven to very hot, 220°C. Lightly grease a 22cm deep quiche pan

PASTRY

In a food processor, pulse flour and butter together, add the egg and enough water, pulsing, to form a dough. Wrap in plastic wrap and chill 15 minutes.

Roll out pastry between two sheets of baking paper until 3mm thick. Ease into the pan. Prick base with a fork and trim edges. Chill 15 minutes.

FILLING

In a medium jug, whisk the cream and eggs together. Season to taste. Arrange the cauliflower, tuna, zucchini and corn in the pastry case evenly over the base. Pour egg mixture over it all. Sprinkle with the combined cheeses.

Bake 45-50 minutes until the filling sets. Serve warm with salad and lemon wedges.

Can be eaten cold.



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REAL KULTCHA

It's another month and here I go sticking my neck out again!

I've copped a deal of flak regarding last month's rant because I didn't mention "the incident" *The Galahs* were involved in, in the 4th Test in South Africa. There's a very good reason for that and it relates to deadlines: I need to compose my Internationally Acclaimed piece of verbiage by a certain date and that I did. Would you believe the brouhaha blew up the day after I filed my piece and developed over the next week? So, here is my take on the issue.

The Galahs have (in my 'umble opinion) been riding for this fall for sometime and as Peter FitzSimons opinioned in his piece (SMH, 29 March, p37) we all need to own a bit of it! We all think it's great fun when our blokes get the upper hand over another side with intimidatory bowling and constant sledging. It was OK as long as the side was winning and there was no evidence of anything that looked like it was a bit over the top or broke the rules. It was OK if the rules were head-butted just so long as the side won!

Well, welcome to the world of slow incremental head-butting of the rules! Like little kids the leadership group of *The Galahs* has slowly upped the anti as they continued to get away with stuff. From a distance the use of sand paper to scuff a side of the ball is a ginormous step but it appears that some of the players (and Warner may have led the push here) it was just another little step and they'd been getting away with those tactics for years! What's the big deal?

Well, the big deal is – **IT'S AGAINST THE RULES YOU IDIOTS** and any Under 10 player could tell you that!

This tour of South Africa has been an eye opener. Warner got into trouble over there once before and from a distance I tend to think they're pretty good at sledging. Let's face it, they've developed a fairly thick skin because of their stand with the apartheid policy so I'd suggest Warner was a target from the get-go. I've no doubt they tested him early and then let it all hang out in the 4th and Warner responded as they hoped he would (he's pretty thin skinned when it comes to comments about his wife) and he blew up. Then, rather than backing off they went for him a bit harder and he couldn't dial it down. In hindsight it probably would have been better if "Boof" and Smith had arranged for Warner to "be sick" for the rest of the Test but that didn't happen. Bancroft was tasked (by Warner, according to one report) to

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carry a piece of sand paper in his pocket to scuff the ball up when he was bowling. **DUMB.** It was a piece of bright yellow sand paper and it didn't half stand out against his creams!

So now Smith and Warner have been banned for a year and Bancroft for 9 months! It's a lucky thing for them I wasn't in charge of the jury because if I had been, they'd be sending out their CVs by now looking for another job because they'd never be given a chance of ever playing for Australia again. Of course, that could well be the case anyway, because I'd expect there'll be some form of registering with CA to play again and I don't like their chances of that happening.

It's cost both Smith and Warner **BIG TIME!** They no longer have a CA contract, they've been dropped like hot potatoes from the IPL and they've lost (the last time I looked) all of their sponsors. They've dropped literally, millions of dollars each.

And do I feel sorry for any of them? No, I don't. And as Peter FitzSimons said, the new captain Tim Paine (and the new coach, when one is appointed) need to come down hard on anything that resembles the culture that existed up to the 4th Test. Some of my mates think we may be in for a bit of a lean time for a while (the inference being, until we learn to play without sledging, etc.) but I have faith: I think they'll do well.

I must admit I watched the blubbing apologies (I thought I was watching The Senate for a while) but waited cautiously to see if any of them lodged an appeal against their penalties. To me that would have negated all the tears but they didn't and I think that was for the best.

Has anything else been happening of late? Well, the Commonwealth Games have just finished and despite what some folk have said, I think it was worth the effort. There are all manner of "games" held around the world by various groups and I see no problems with the Commonwealth celebrating their thing. On top of that, there were some world records set so it's fair to say the competition was of a high standard.

The Heavenly Cohort (St George, for you folk who haven't been paying attention) are still atop the ARL ladder and that's as it should be: **Honesty, Truth and Clean Living** will always triumph over less gifted groups.

Talk at you next month,

Hillside Critic



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Wallamba Fishing Club



Fishing Report Weekend 20th – 22nd April 2018

With the weekend's challenging weather conditions, only a couple of our fishos ventured out to try their luck.

The following catches were recorded:

Blue Water

Paul Lawson	5 x Flathead – 2.30kg 1 x Squire – 0.45kg 1 x Pigfish – 0.51kg
Bill Crick	2 x Snapper – 2.51kg 4 x Flathead – 2.03kg

Winners of the Easter Rod Raffle, drawn 28/3/18 were:

- 1st **Garry Laidlaw**
2nd **Ron Brooks**
3rd **Greg Bates**

Thanks to **Great Lakes Tackle**, for supplying the prizes, and thanks to all those who purchased tickets.

Weekly raffles are held Wednesday night at the NABIAC Hotel.

Michelle Pascoe - 0400 651 288

Grey Gum Transport and Property Maintenance

0409 591 782 or 02 6559 1781

We have recently restructured our business operations and no longer run semitrailers, but can now offer the following services:



LARGE AREA MOWING
diesel zero turn mower with 60" cut



TRACTOR WORK
slashing, mulching, aerating, light clearing & animal burials



8X4 TILT /SLIDE TRAY, 32 TON GVM
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WATER TANK
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NABIAC HOTEL SOCIAL CLUB

NOTICE

MOTHER'S DAY RAFFLE

Mother's Day is fast approaching (Sunday, 13th May), and the club is running a raffle with some lovely prizes on offer, as follows:

1st PRIZE: Gift basket of bubbly & chocolates, & \$100 gift voucher for NABIAC Hair & Beauty

2nd PRIZE: Gift basket of bubbly & chocolates, & \$65 gift voucher for Jane Goodsell (Earth Body & Soul) for aromatherapy massage etc.

3rd PRIZE: Himalayan Salt Lamp

4th, 5th & 6th PRIZES: Choice of red or white wine or bubbly

TICKETS ARE \$2 EACH OR 3 FOR \$5.00 OR 7 FOR \$10

They are on sale at the NABIAC Hotel on Friday pm, 4th & 11th May.

DRAW WILL TAKE PLACE AT THE PUB AT APPROX 8PM ON 11TH MAY

NOTE: You do not need to be there to win, as you will be contacted by phone.

SO COME ALONG TO THE PUB AND SUPPORT THIS RAFFLE.

(The club donates to local community causes each year ON A needs BASIS).



NABIAC HOTEL SOCIAL CLUB

ANNUAL MEMBERSHIP IS ONLY
\$5 SINGLES - \$10.00 COUPLES/FAMILIES
NEW MEMBERS WELCOME.

FOR UPCOMING EVENTS SEE OUR NOTICEBOARD AT
THE PUB or

Phone Publicity Officer, **Dennis Clarke** on **0417 224 201**

Don't forget our **Seafood Raffles every Friday night.**

We assist local organisations or otherwise on a needs basis

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Lavenders Ain't Lavenders!

There are four main species of lavender, which can be confusing because they all have different properties and uses. They are:

- Lavender angustifolia or true lavender
- Lavender latifolia or spike lavender
- Lavender x intermedia or lavandin
- Lavender stoechas or maritime lavender

When we think of lavender we think of true lavender. Much of this essential oil comes from cultivated clones which provide a 50% higher yield than the population of lavender raised from seed. Lavender from France is said to have a superior fragrance and is consequently more expensive than cloned lavender and lavender from other countries such as Australia, Bulgaria, England, Italy, India, and Morocco.

Lavender is one of the most commonly adulterated essential oils. Adulteration of true lavender in the essential oil trade is quite common and is achieved by:

- * The addition of lavandin to true lavender
- * Completely substituting true lavender with lavandin
- * The addition of synthetically produced chemicals such as linalool and linalyl acetate, chemicals which contain the lavender smell
- * The addition of these chemicals from natural sources

If you purchase a cheap lavender, which may even say on the label that it is 100% essential oil, you probably aren't getting a quality lavender and it may not have the health benefits that you are looking for, although it might have a nice perfume, which is ok if this is what you are looking for. A good quality essential oil will always have 100% *Therapeutic Grade Essential Oil* on the label.

I have discussed the health benefits of true lavender in a previous ATF but here is a brief list, and if you have queries and you can't find the answer on line you can call me. It can relieve muscular aches and pains, it has a harmonising effect on the nervous system and helps

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reduce the stress reaction, it can be a sedative or stimulant depending on one's actual needs, it is good for insomnia when the cause is anxiety, also for relief of PMT, it can be used as a chest rub for coughs, colds and flu, it can be used as an insect repellent and also to treat insect bites.

Spike Lavender is quite a different plant to true lavender, being taller and having different shaped leaves and long flowering spikes with greyish blue flowers. Spain is the major producer of this oil and most is produced from wild plants. It has a fresh camphoraceous smell, which is not surprising because the big difference between spike lavender and true lavender is the high camphor content. It is a good insect repellent, also good to break up cough up phlegm when used as a chest rub.

Lavandin is a hybrid of true lavender and spike lavender. It is a bigger and hardier plant than true lavender and is well suited to large scale cultivation and harvesting. This essential oil is very popular with the fragrance industry because it yields twice as much oil as true lavender and it is commonly used in soaps, detergents and cosmetics.

Maritime lavender is sometimes known as cotton lavender, but it's not readily available in Australia. It is predominantly harvested and distilled from the wild in Portugal and has been used to break up phlegm and as an antimicrobial, although there are some concerns about the oil's toxicity and I would not recommend it.

I am available for aromatherapy massage at Earth Body and Soul in NABIAC. Ladies will be treated to a mini facial. An auric/chakra energy assessment is also available. The cost is \$65. Allow between 1 and 1½ hours. For an appointment phone 0419 604 605.

Jane

Do you need a *Justice of the Peace*?

Then contact
 Stuart **Weller** on 6554 1904 (NABIAC)
 Ray **McDonald**, 97 Stevens Close, Wang Wauk on 6550 2216
 Diane **Greig**, Connect 3 Real Estate, NABIAC on 6554 1330
 Jackie **Buckingham**, Buckingham's Real Estate, NABIAC on 6554 1107
 Gordon **Foy**, 2949 Bucketts Way, Belbora on 6550 2547 or 0417 290 874
 Julie **Arnoux**, 2 Cowper Street, NABIAC on 0434 253 266

News From The Pews

NABIAC Uniting Church

Please note your new Start time from May, 1st

Services are held every Sunday at **10:00am**
 Holy Communion is celebrated with the service on the **3rd** Sunday.
 For information regarding the Uniting Church, NABIAC please contact Margaret **Weller** (6554 1212), Jill **Hammond** (6555 7747)

St John's Anglican Church, Dyers Crossing

A Contemporary Service is held on **2nd** Sunday of the month at **11:30am**. Families & children most welcome
 Services of Holy Communion will be held at **11:30am** on the **4th** Sunday of the month.

A non-denominational Bible Study group meets fortnightly. Ring Peggy **Sawyer** on 6559 1238 for details re times.

St Isidore's Catholic Church, NABIAC

March Mass time is Saturday 19th at 5.00pm *

** Note earlier times*

St Bernadette's Catholic Church, Krambach

May Mass times are: - Saturday 5th at 5.00pm, Saturday 12th at 5.00pm, at 5.00pm, Saturday 26th at 5.00pm

** Note earlier start times*

Could be subject to change - check with Helen **Legg** on 6559 1211

St Thomas' Presbyterian Church, Krambach

A Family Service is held on the last Sunday of each month at 11:30am. A light luncheon is served afterwards. All welcome. Any enquiries please phone Pastor Paul Smith on 6553 00771.

St Paul's Anglican Church, NABIAC

A Contemporary Service is held on **1st** Sunday of the month at **11:30** am. Families & children most welcome

Services of Holy Communion will be held at **11:30** am on the **3rd** Sundays of the month.

Every Week Day Before and after school care by **KIDS SHACK**
 We also provide Vacation time care.
 Call Joy on 0438 273 360.

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Machinery - Large Industrial type Saws -

Building Materials - Wood - Tools

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Sheep of various breeds

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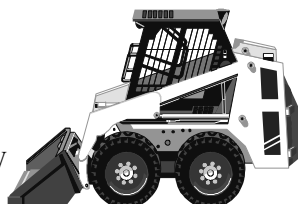
Phone Tony on 0412 980 684 for details-

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Belinda available Monday - Wednesday - Friday

Barb available on Monday - Tuesday - Wednesday - Thursday

Jess available Friday, Saturday (by Appointment) Otherwise we are shut Sat.

Hello everyone,


Barb, Jess and I would like to wish all the mothers out there a very wonderful Mothers Day. May you all have the day off, and the family take great care of you all.

Remember gift vouchers and gift packs are available, they always make for wonderful presents.


Our saying for the month is for all the mum's out there;

"Nothing is really lost until your mum can't find it."

Belinda & Barb & Jess



Various breeds of **Guinea Pigs**, including short haired & fluffy haired.



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