

# News from the Wallamba Watershed is a 'Frogs Bottom' Production

and it's FREE, too-

# REMBRANCE DAS

11th Hour of the 11th Day of the 11th Month



# Lest We Forget

They shall grow not old
As we that are left grow old.
Age shall not weary them,
Nor the years condemn.
At the going down of the
Sun and in the morning

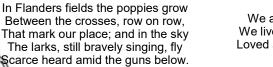
We will remember them



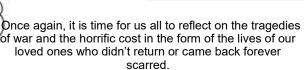
We are the Dead. Short days ago We lived, felt dawn, saw sunset glow, Loved and were loved, and now we lie

In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.







We have still not learned anything from all of these battles and losses: maybe in years to come our children will solve the problems and will not have to fight to keep our way of life as we know it, safe.

So, on Saturday 11th at 11am, take a moment to reflect and pay homage to all those who have paid the heavy price for what we all take for granted - our freedom.

Don't let them have died in vain.

# **IN THIS ISSUE**

What's Happening - Markets & Events - Local History (Wallamba 1927) - Landcare Groups - Coming Events - Library News

# NEVILLE EARTHWORKS

BOBCAT, EXCAVATOR & TIPPER HIRE

DRIVEWAYS, EXCAVATION GRAVEL SUPPLIES, NARROW ACCESS SPECIALISTS



Prompt Reliable Service Covering The Great Lakes & Manning Region

0412 075835



# Nabiac Excavation Services

Phil & Ben Martin

Mobile: 0407 948 755

### DVINYL

# LEATHER REPAIRS & CUSTOM SEWING OF:

VINYL, UPHOLSTERY, LEATHER, SADDLERY, CANVAS, PVC, SHADECLOTH, ZIPS, VELCRO, STUDS, RIVETS.

OFFERING A PROMPT, PERSONALISED INDUSTRIAL SEWING SERVICE VANESSA 0411 071 156 NABIAC. NSW

# Editorial,

The rain was welcomed with open arms at my place, but the gale force winds, downed branches and shredded leaves it left behind were definitely not. My tank is full to overflowing (really need to get a 2nd one as watching all the overflow just run into the orchard was a bit sad), and the dams have just about refilled.

I was lucky to not have any hail damage here, but I understand some areas were very badly hit with rather large hail stones. We just can't win with the weather at this time of year.

Spring "sprung" in the form of summer weather to begin with and now it is back to very crisp mornings and nights and hot days. Consequently I now have a head cold. Good all through winter when you usually get sick, but sick in the warmer weather? You go figure!!

Remembrance Day is fast approaching and there are details on page 5 of a Service being held at the Memorial Park, Nabiac, starting at 10.30am for those wishing to pay their respects.

Forster is having another of their Lakeside Music Festivals on Saturday 4<sup>th</sup> - you will have to check last month's issue for details as I wasn't sure if this issue would be out in time for another ad for it.

There is a huge "garage" sale/pre property type sale on 18th just down the Pacific Highway. Sounds like he has something for everyone, including some antique objects and furniture besides the usual tools, farm machinery, etc. Worth a visit, maybe catch a bargain!

tools, farm machinery, etc. Worth a visit, maybe catch a bargain!

The "Sinfonia Mid North Coast" is coming to Nabiac Showground Hall on Sunday 19<sup>th</sup>. The music is Australian themed and from their article on page 15, also composed by Australian artists. Sound like a good afternoon. Might even manage to get down there myself.

For all of you water lovers, Cindy has started her water aerobics at Nabiac pool again. Three mornings a week, and, astoundingly, she DOESN'T charge a fee! Not many like her about. She is a *Keeper*!

From what I understand, fire permits are available for "PILE" burns, but there is a new catch. The pile has to be inspected before the permit is granted! Assume this is because of the unpredictable weather patterns at the moment. Can appreciate that our local 'firies (?)' have had a pretty hectic couple of months and just want to make sure they don't have it as bad in the next few months.

Once again, my plaudits to them all for giving up their time – for free – to go out and risk their lives putting out fires, most of which were "little fires that got out of hand, sir!"

More new and BIG ads this month and, again, a shortage of articles. Apologies to the advertisers whose ads are concentrated on one page but I just wasn't up adding another four pages like last month and having to find enough joke/stories to fill the blanks.

Maybe it will sort it self out for December's issue.

Enjoy the days 'til next month Lyn & my new mate, Tilley Cat



### WHAT'S HAPPENING NOVEMBER, 2017

### Markets & Events.

•	Bulahdelah	(1st Sat)	$4^{th}$	8am to 1pm		
•	Blackhead Bazaar	(1st Sun)	$5^{th}$	8am to 12 noon?		
•	John's River	(Sat)	$11^{th}$	9am to 1.30pm		
•	Wingham Community	(every Sat)				
•	Myall Quays	(3rd Sat)	18 <sup>th</sup>	9am to 1pm		
•	The Hub Taree Showgnd	(3rd Sat)	$18^{th}$	8am to 12 noon		
•	Krambach	(3rd Sun)	19 <sup>th</sup>	8am to 2pm		
•	NABIAC	(Last Sat)	25 <sup>th</sup>	8am to 12 noon		
•	Old Bar	(Last Sun)	$26^{th}$	7am to 1pm		
•	Pacific Palms	(Last Sun)		9am to 1pm		
•	Forster Town	(2nd Sun)	$12^{th}$	8am to 2pm		
•	Halliday's Point	(1st Sun)	$5^{th}$	8am to 11am		
•	Town Head (e	very Mon)		8am to 2pm		
•	Mt. George	(Sat)	$25^{th}$	8am to 2pm		
•	Forster Farmers Marke	t (3rd Sat)	18 <sup>th</sup>	8am to 12 noon		
•	Bobbin Community		th	9am to 2pm		
•	Tuncurry Markets	(4th Sat)	$25^{th}$	8am to 1pm		
•	Burrell Creek	(2nd Sun)	$12^{th}$	9am to 12.30pm		
These dates are from the council web site so could be subject to						

These dates are from the council web site so could be subject to change

Burrell Creek Hall has Bingo 1st Monday of the month @7:00pm

Phone Lyn on 02 6559 1811 Email: paulreid@iprimus.com.au *Production:* Lyn Reid

Contributions To: The Editor, Across The Fence, 1 Barry's Road, Firefly. N.S.W. 2429 or c/- Modern Motors, Nabiac, N.S.W. 2312 - please phone WHEN you have left articles there to be collected

Contributions should be submitted - in writing - by the 25th of the month for inclusion in the following month's edition.

ALL ART WORK IN JPG ONLY

Disclaimer: The editor has **no affiliations** to any advertisers and the opinions expressed by submitters are their own.

# ADVERTISING COSTS

Advert Size	<u> 1 Mth</u>	6Mths (per month)
Business Card	\$ 25.00	\$ 15.00
9cm x 7.5cm	\$ 30.00	\$ 20.00
Half Page	\$ 60.00	\$ 50.00
Full Page	\$110.00	\$100.00

<u>6 months cost based on payment in advance.</u>
Extra costs if artwork is required or extra ink used RE DESIGN

Lost & Found & Freebies are free.

For Sale, Wanted, etc. are charged by size of ad.





The month of November is such a busy time with our wonderful High School end of year Formal Hairdos and Weddings which have kept us very busy, but I would like to refresh everyone's memory about the upcoming #SHARETHEDIGNITYDRIVE that will start this month.

We are a registered collection point here at the salon so please don't be shy, anyone can help this fantastic cause. You may start your collections now so your bag is full of goodies. Remember the Yellow coloured tie around the handle if you wish for your donation to go to a Teenager ©

# #itsinthebag XMAS DRIVE

The "It's In The Bag" Christmas charity campaign idea came to us when we realised that Christmas is a time for everyone to feel a little happiness. There are plenty of charities catering to the needs of children at Christmas, but the same can't be said for those women who put the needs of others before their own.

There are 85,000 homeless women who need your help this Christmas. Many have fled domestic violence or experienced extreme poverty. We wanted to make them feel special. You can help. It's simple and it makes a big difference in a woman's life.

# #itsinthebag

You have the power to make life better for a woman or girl experiencing homelessness or poverty this Christmas. Donate to our Christmas collection "It's In The Bag". Provide pads and tampons, personal hygiene products and everyday luxuries to homeless women, women at risk or women experiencing domestic violence. It's simple. First of all, choose a handbag you no longer use. Then, fill it with items that would make a woman feel special, pop in a thoughtful note or Christmas card and show her someone cares. Show her that she matters because everyone deserves to feel that way.

Next time you're at the shops, collect a few items for your Christmas handbag. No matter how you celebrate Christmas with your family, this will be the most meaningful and appreciated gift you give this year.

### What goes in the bag?

Your handbag can be packed full of useful things and little luxuries for someone experiencing homelessness or in crisis. So what do homeless women need? Chances are, she needs the same personal care and sanitary items you need. Especially relevant items are those little things you need everyday, from your toothbrush to your hairbrush. Because nobody should go without life's little essentials!

Our 2017 Collection will run from the....

# 18th November until the 2nd of December

Next time you're at the shops, just think "one for me, one for her".

# P&L McKinnon Building

New Homes, Extensions, Renovations

Mob: 0412 526 354



**eensmart** Builders Licence No. 141672C

# Industrial & Domestic Sewing Machine Mechanic

Sales and Service

Rebuilds 40 Years Experience

# **Phone Bruce Leaudais**

0412 472 215

Email: bruceleaudais@yahoo.com.au www.industrialsewingmachines.com.au

# Krambach Garden Lovers News

Another good attendance at our meeting held at **Shellie** and **Barry** home in Hillville; with 2 visitors our attendance was 44 and we also welcomed 2 new members. Welcome **Robyn** and **Jackie**, we hope that you will enjoy the fellowship and friendship of our group.

Many thanks to our members who so kindly cooked up some delicious cakes and slices for our morning tea, it's very much appreciated and enjoyed by all.

After a look around Shellie's garden it was off across the road to see *Kathy's* garden. It was nice to see just how much her garden has grown since we visited there about 4 years ago. Thanks again Ladies for allowing us to visit your lovely gardens.

Our swap table overflowed with so many different types of plants etc. so no one should have gone home without something new for their gardens which should be looking good after the rain. To those who have suffered hail damage we trust that your garden will soon be looking a picture of colour once more.

The display of fruit and vegies was interesting and pleasing to see, it's nice to have fresh vegies straight from the garden, they taste so much better.

The next meeting will be our Christmas Party held at Kings Creek Retreat on November 27<sup>th</sup>; all members and their partners are welcome. Santa and his helpers will be there to hand our gifts. This year it's a garden or Christmas theme to the value of \$15-20 and, of course, we will be singing the much loved Christmas Carols led by *George Hoad*, President of Garden Clubs of Australia.

There will be no competition or swap table at this meeting.

For more information about our club contact *Jenny* on 0400 105 333 or *Val* on 6559 1245.

Happy gardening

Val

# Midcoast Boarding Kennels & Cattery

86 James Cowan Road, Krambach

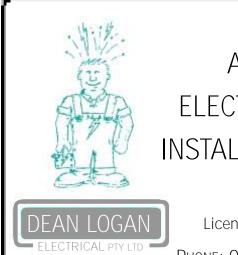
# Hydro Bath

Is your best friend smelling a bit woofy? Then it's time your dog had a bath and we have a beautiful heated Hydro Bath to do it in.

Call Beau or Steve on 6559 1284 or 0473 377 181 and make a booking.

Small Dogs:- \$20, Medium Dogs:- \$25, Large Dogs:- \$30, Extra Large Dogs:- \$35

Flea Rinse is also available at an extra cost and nail cuts are doable.



# ALL **ELECTRICAL INSTALLATIONS**

Licence No: 65772c

PHONE: 0418 467 967

# **Nabiac Landcare**

he Nabiac Landcare Annual General Meeting will be held on Wednesday 13<sup>th</sup> December at 11am at 3 Clarkson Street. The outgoing President, Secretary and Treasurer are all retiring after many years of service to the community.

Light rain has seen lots of grass slowly emerging within the burnt areas of bushland, natures wonder! However, weeds also love this weather and the group is working around the Village on elimination of the prolific and flowering camphor laurel, privet, honeysuckle, wandering dew and lantana.

With summer just around the corner when we are all outdoors for barbeques, picnics or just having fun in the bush or by the river, be aware of spreading plant disease on returning home. Some plants can be worse than Bindies!!!! "Arrive Clean, Leave Clean", a booklet from the Department of Environment, outlines a few tips to help prevent the spread of invasive plant diseases and weeds while in the bush. These threaten our native plants, animals and ecosystems. It is so easy to brush past a plant and pick up spores on your clothing. The booklet is definitely worth a read (See Mr Google).

Lastly thank you to everyone who donated towards our Lilly Pilly bend project. We are no longer seeking funds at this stage so thanks again for your support.

Nabiac Landcare work each Wednesday (weather permitting) 8-9am to 11am, followed by morning tea at 3 Clarkson Street. Membership is only \$2.00 and new members are always welcome.

### Lexi Breese

6554 1691

# MICHAEL BOURKE PLUMBING

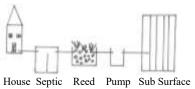
Lic. No. L14046

# **NABIAC**

0413 935 447

Licensed Plumber, Drainer, Gasfitter, Metal Roofing, Bathroom Renovations, Septic Systems

# Specialising in Rosewood REEDBED ONSITE SEPTIC SYSTEM



- No Chemicals
- No Service Fees
- Easy Maintenance Environmentally Friendly

Pump Sub Surface Well Irrigation Area

# M. & K O'CONNELL PLUMBING

Lic. No. 138283C

ALL DOMESTIC PLUMBING. Drainage, LPG, ROOFING & GUTTERING, ETC.

Phone Mick 0427 688 635 or 6559 1763

# KRAMBACH HALL HAPPENINGS

**HALL MEETINGS**: Monday following the Krambach Markets each month at 3.00pm. Next meeting on **Monday 20<sup>th</sup>November, 2017.** Volunteers and Committee members welcome to join.

HALL MARKETS: 3<sup>rd</sup> Sunday of the month. 8:30am to 1pm Come and choose from a wide selection of craft, woodwork, hand made cards, fresh produce & plants, bric-a-brac, 2nd hand books & kids toys. Enjoy a hot breakfast or Devonshire tea or coffee. "Lucky Tree" Hall Raffle. New stall holders welcome.

Krambach Hall (School of Arts Inc.) has spaces available and is looking for more Stall Holders. One table costs \$11.00, two tables are \$16.00 and 3 tables are \$22.00.

Phone: Helen Legg on 6559 1211 to book a stall

FLYING FOX PRESHCOOL: Thursdays 9.30am to 3.00pm

Phone: 6553 4884 HALL BOOKINGS:

Contact Fay Deer on 6559 1562 or Helen Legg on 6559 1211

# Midcoast Boarding Kennels & Cattery

Open 8am to 5pm 7 days a week

The ultimate 5 star home away from home for your pets to enjoy their own holiday whilst you enjoy yours

> Your **DOGS** will enjoy being out in big runs playing with other dogs during the day and tucked up at night indoors in their own "rooms" with their own toys.

Your CATS can enjoy the freedom of the "sun room" with its panoramic views of outdoors during the day to either sleep on high platforms or climb the indoor trees or just play with the toys there or other "guests" while enjoying the privacy of their own comfortable "rooms" at night

Reverse cycle AIR CONDITIONING keeps them cool in Summer's heat & warm in Winter's cold

Hydrobaths available for your pooch

Set in beautiful country surrounds at 86 James Cowan Road, KRAMBACH NSW 2429

Check us out on: www.midcoastboardingkennels.com or Email: beautimbers@yahoo.com.au or

PH: 02 6559 1284 MOB: 0458 252 952 for a brochure, business card or just to make an enquiry

Kerry & Steve O'Brien & Family



18 FERRIS PLACE, NABIAC N.S.W 2312

- \* Factory units for rent.
- \* Undercover lock up storage for Boats and Caravans
- \* Outdoor storage for Caravans and Boats
- Storage units
- Caretaker on site 24hrs

ENQUIRES: PH: ALLAN BUDD 0412 259 753

# NABIAC R.S.L. SUB-BRANCH

Remembrance Day is just around the corner. Nabiac RSL Sub branch will be holding a service at the Nabiac Memorial Park on the 11<sup>th</sup> of November starting at 10.30 all are welcome.



Armistice day (Remembrance Day) signifies the end of World War 1 with the signing of the Armistice at 11am on the 11<sup>th</sup> day of the 11<sup>th</sup> month in 1918. It was signed at Compiegne, France; this saw an end to fighting on the Western Front. On this day we pause to remember those who sacrificed their lives in all wars and conflicts.

The 31<sup>st</sup> of October was the 100<sup>th</sup> anniversary of the Battle of Beersheba which was the first and largest Australian Light Horse charge in history. To signify this battle there has been the re-opening of the Light Horse Memorial at the Australian War Memorial in Canberra

This November also signifies a major step in Australian history in the Second World War, the 75<sup>th</sup> Anniversary of Kokoda. In 1942, the Battle for Kokoda took place and on the 2<sup>nd</sup> of November Australian forces recaptured Kokoda from the Japanese with the help of the Fuzzy Wuzzy Angels.

### Jennefer Trott-Peton

0423 855 024



# Krambach Hall Supper Dance Report

A great time was had by all at the recent Krambach Hall Supper Dance. There was lots of old time dancing and

singing to the music of **Barney Carle** with an ample supper which Krambach is known for.

This will be repeated again on New Year's Eve starting at 8.00 pm - entry is

This will be repeated again on New Year's Eve starting at 8.00 pm - entry is \$10.00, including supper, so why don't you all come along and have an enjoyable evening with friends and neighbours - hope to see you there



# Can I be a service

to you?

Fully

Insured!

Lives

Local!



Bobcat and Tipper hire!

- Site clean
- Levelling
- DrivewaysPost hole auger
- Hoe attachment (trenching)
- Road broom
- General excavation

Home ceiling and wall insulation builders!
Owner builders and existing private homes!

Call Sam! Ph: 0417 659 131

Friendly, reliable, experienced operator

# Welnar Clinic

# Dr Lynette Arnoldus-Lewis

BA; Grad.Dip; MSc; PhD; MAPS **Psychologist** 

Respected Confidential Professional

🦫 Grief & Bereavement 🦫 Domestic Violence 🔏

Survivors of Childhood Abuse <</p>

→ Marriage Counselling → Work Related Injuries ←

Second Secon

Sarers Support Some Family Issues 
Some Provider 
<

50 Minimbah Road Phone: 6554 1535 Nabiac 2312 Mob: 0429 190 142

# CTC @ Nabiac

The Nabiac CTC centre at 37 Nabiac St Nabiac, is open to the public on Monday to Saturday, from 9.30am to 12.00pm Phone (02) 6554 1876

The centre is a non-profit organisation run mainly by volunteers. The centre offers many services including internet use, printing, scanning, photocopying and faxes and IT training.

Courses are offered to beginners and advanced users, so come along with your questions. Courses cost \$5.00 a lesson, plus a \$5.00 Annual Membership Fee.

Some of the services and courses on offer at the moment are:

**Monday Morning:** Photocopying and Faxing

<u>Tuesday Mornings:</u> Tim's here for all the advanced computer uses.

Sheila & Jillian will be here to help with the basics: File Management, creating Documents in Word, Publisher & Excel, Email, Internet Searches, Powerpoint and saving and adjusting Digital Photographs. So if you have any questions come along.

Wednesday Mornings: Hanna is available for general help.

<u>Friday Mornings:</u> Suzie will help with the basics, emails and internet searches.

<u>Saturday Mornings:</u> Marie can help advanced computer users, setting up an android or Apple Ipad tablet, Iphone and other Smartphones. Suzie will help with the basics, emails and internet searches.

Jillian Wood

# Kirrilg Hill NATUROPATH

# KIRRILY HILL. NATUROPATH

NATURAL HEALTH FOR THE WHOLE FAMILY

HERBAL MEDICINE
NUTRITION
IRIDOLOGY
NATURAL FERTILITY

As a Naturopath I use herbal medicine, nutrition and iridology to help you with

- Weight loss
- Women's hormonal issues
- Digestive problems
- Immune and fatigue support
- Mood Support
- Infant, children's and pregnancy health
- Remedial and Pregnancy Massage

and much more

MOBILE: 0401 815 401 EMAIL: kirrily@kirrilyhill.com

WEB: www.kirrilyhill.com 3610 WALLANBAH RD, NABIAC NSW 2312



# WALLAMBA CWA REPORT

October is the month of the AGM and this meeting preceded the general monthly held October 10<sup>th</sup> at the Showground Hall Foyer and was attended by 11 members including new member *Coral* 

Gabriel, President

Iris chaired the meeting opening with the National Anthem, CWA Motto and CWA Prayer and then all reports were presented and moved.

The election of office bearers was conducted by 2<sup>nd</sup> Vice President, *Norma Flood*, with the following re-elected to the executive and

individual categories as follows.

**President** – Iris Cummings,

1st Vice President - Margaret Weller,

2<sup>nd</sup> Vice President – Norma Flood,

Secretary - Pam Muxlow,

Assistant Secretary - Penny Britton,

Treasurer - Mary Webber,

Assistant Treasurer - Jill Hammond,

Catering Officer - Norma Frieden,

International Officer – Penny Britton,

Assistant International Officer - Pam Muxlow,

Handicraft Officer - Merle Barber,

Assistant Handicraft Officer - Janette Jones,

Agricultural and Environment Officer - Jill Hammond,

Cookery Officer - Margaret Weller,

Cultural Officer – no specific member to head up this segment and all members will help out during the year.

**Publicity Officer** – Pam Muxlow,

Auditor - Kerry Clout,

Patron - Betty Bird,

Delegates/Councillors – Penny Britton, Merle Barber, Jill Hammond, Margaret Weller, Pam Muxlow, Iris Cummings, Mary Webber and Janette Jones.

Our meeting place date and time will remain the same i.e. Wallamba Showground Hall Foyer  $2^{\rm nd}$  Tuesday of the month, except January, commencing 9.30am for 10.00am start.

The AGM was closed at 11.00am and this then followed by the monthly meeting when members paused to remember the passing of *Pam Bithrey*, wife of *Gordon* a former Nabiac resident, *Bill Murray*, brother of Mrs *Jeanie Paterson*, *Jan Roy* of Krambach, *David Nightingale*, *Norman Williams* a friend of member *Penny Britton*, *Lyn Chave-Jones*, a relative of *Pam Muxlow*, *Shelia Bull* member *Norma Frieden*'s friend and USA Musician/Rocker *Tom Petty*.

Margaret Weller brought along the thought which was "Kind words can be short, and easy to speak, but their echoes are truly endless".

# THE MARKET KITCHEN - KRAMBACH Come and enjoy a hearty or light breakfast or even morning tea on Market Day Every third Sunday of the month

All welcome - Hope to see you there

Open 8:00am to 12:30pm

Jill Hammond will bring along November's thought.

Several ideas were put forward as fundraising efforts but nothing has been finalized and more discussion will be held over the coming months with maybe something happening in 2018.

Members Merle Barber, Penny Britton, Jill Hammond, Margaret Weller and Pam Muxlow are to attend the 2017 Mid North Coast CWA Group Conference this year being hosted by Kendall CWA Branch at the Kendall Services Club on Monday October 30<sup>th</sup>. Hopefully will be able to report on it in the December issue of Across the Fence.

Details have been released on the studies for 2018 – Country of Study – **Poland**, Fauna is **Owl**, Flora is **Orchid** and Foe is **Alligator Weed and Deer**.

Handicraft Officer Merle brought along a collection of Christmas decorations which members had made at the monthly craft classes conducted by Merle and we were asked to vote on our favourities so four could be selected for the Branch Project next year.

Penny has started looking for information on Poland already and brought along a DVD about a Zoo Keeper's Wife set in Poland in 1939 who helped Jewish people to escape the atrocities of the Nazis. Penny also looked up the Alligator weed on the smart phone and spoke about it and also Pam mentioned a weevil using to eradicate Salvinia weed in NT billabongs.

Cookery Officer Margaret has started to 'stir the mixing bowl' asking members to participate in 2017-2018 cookery competitions which begin in November and looking forward a huge number of entries this year.

A very proud Great Aunt Iris Cummings spoke of her great niece *Kylie Westaway* publishing her second children's book titled "Why Can't I be a Dinosaur" and showed us the review from a current Sunday paper. Member Penny, who also volunteer's at the Nabiac Library, is looking at approaching the library to purchase a copy to put on their shelves.

There being no further business the meeting was closed at 12 noon with members then enjoying a bring and share lunch and lots of fellowship and friendship.

A reminder to all members, and those ladies who would like to know more about CWA, that the next meeting will be held on Tuesday, November 14<sup>th</sup> at the Wallamba Hall foyer commencing at 9.30am for 10.00am start.

Hope to see you there and don't forget if staying for the lunch afterwards please bring a small plate of goodies to share.

### Pam Muxlow

Publicity Officer Wallamba CWA Branch







# **NABIAC & DISTRICT LIONS CLUB BRANCH**

As part of the new forming Nabiac and District Lions Branch (currently a sub branch of Halliday's Point Lions Club) one of the first projects we are undertaking is to "Share The Dignity" with the "It's In The Bag" Christmas Drive.



We all have the power to make life better for a woman or teenage girl. Share the Dignity with women and teenage girls who are experiencing homelessness, poverty and or domestic violence. Fill a handbag that is no longer used with sanitary items and items that will make a woman or teenage girl feel special and SHOW HER THAT SHE MATTERS.

*Nabiac* Hair & Beauty is our inspiration for this project and they are a registered collection drop off point at Shop 2-25 Nabiac Street, Nabiac so drop your filled handbag off between the 18<sup>th</sup> of November and the 2<sup>nd</sup> of December 2017 and "Share the Dignity".

Nabiac and District Lions Branch is also working on our first fundraiser, a community calendar for 2018. The calendar will be distributed to 1,000 homes in the area free of charge. It will include local services and community clubs information on the back and will be advertising the incredible local business's in the Nabiac and District area. Being the first fund raiser for our club it will give us, as the new Nabiac and District Lions Branch, the opportunity to do what we do best as Lions and that is to support and serve our community. For any local businesses interested in advertising for 2018 Calendar please contact us to discuss the matter further.

Lion Sue - 0418 607 292 or Simone at Bellewood Saddlery 0419 374 623



# St John's Jadies Guild Spring Juncheon Report

On the day 90 people sat down to Lunch. We had a wonderful Trading Table and many thanks to everyone who contributed to it with Jams, Cooking, Pickles, Eggs, etc.

A beautiful Guyra Crystal Necklace donated by *Kevin Layton* for a Raffle Prize made the ladies all wishing to win.

The Models did a wonderful job of displaying the Fashions from **Noni B** Taree. Many thanks to you all for your mannequin skills and especially to Noni B for supplying the clothing without which there would have been no Parade.

The Guild would like to thank everyone who helped us in any way on the day. The Kitchen Ladies, *Jeanie* for the Flowers, *Helen* on the mike, all the men folk, *Peg* and *Julie* and also Kevin and *Shirley Layton*.

Helen Martin (Sec)

# A quick reminder:-

Dyers Crossing's St John's Anglican Church's Children's Christmas Service and Christmas Tree date is Sunday night December 17th, 2017.

More information in the December issue of Across the Fence.

Helen Martin



# CHEMICAL ACCREDITATION TRAINING

ALL TRAINING CONDUCTED BY LEADING TRAINER
GRAHAM MATTHEWS

# **GRAHAM'S LAST COURSE DATES FOR 2017 ARE:**

Taree 23 November
 Dungog 27 November
 Gloucester 28 November
 Wauchope 29 November
 Port Macquarie 30 November

Pay on the Day Course Fees: Initial \$340 (full day); Refresher \$250 (half day to 1pm)

This course meets all regulatory requirements.

(On successful completion of training participants receive AQF3 certificate plus wallet size card)

BOOKINGS & FURTHER INFORMATION CALL BERNADETTE ON FREECALL 1800 872 462 OR 02 6895 2102 or

Email: enrol@trainerservices.com.au



# FOODWORK

# **NABIAC**

**Shop 4/1 Nabiac Street** 

6:30am to 7:00pm Monday to Friday 7:00pm to 7:00pm Saturday & Sunday



# FRESH PRODUCE McGRATH MEATS **DELI SPECIALS WEEKLY SPECIALS**

(get a catalogue in store)

Sunny & Rosie

# Mariac Bugal Sige Sezvice

hings have slowed down a bit after the torrid times of September and early October when we had 47 calls on our time in just 30 days. Although we have had 29 this month it feels as if we are having a spell. The usual fires and MVA's. Of course we are not the only Brigade feeling like this, all brigades have had the same experience. Sure we have had rain but it is still summer and we have a way to go yet.



We are most appreciative of the generosity shown by our locals. A Facebook post by an unknown contributor had a substantial amount of bottled water delivered over a period to our station. This was very humbling and totally unexpected. Also dropped off was an amount of non-perishable energy bars - these have already been put to good use. It also shows that the public appreciate the efforts of ALL volunteers whose aim is to make life more comfortable for others. Thanks heaps to those generous unknowns who made the effort. We go through a lot of H2o.

A couple of interesting events this last month. Got called to a southern service centre where a customer selected forward instead of reverse and drove into a pit containing a very large diesel storage tank. (Full). Just the boot lid visible to us on arrival. No damage to the tank but some to the vehicle and the driver's ego.

At the same venue, ten days later, a Benz driver tried to pass, on the left, a B double turning into the facility. This took the side out of the car and

resulted in the escape of a small amount of oil. The "*Do Not Overtake Turning Vehicle*" sign was clearly visible on the tanker.

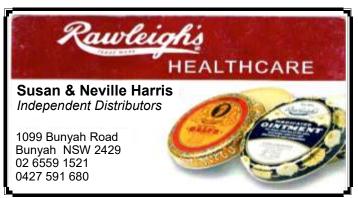
The **BIG** news for us is the arrival of a new tanker. Some may think it looks the same as our previous truck which we have had for 15 years and has done great service. Not so. This has rear passenger seats that do not resemble the previous "milk crates" as mentioned by one member, is far more comfortable than the previous vehicle and full of safety features we have dreamed about for yonks. Electric hose winders will make life so much easier for the women & those of us who are "vertically challenged" and have struggled with the manual winders fitted to the older vehicle.

It also has an automatic transmission, a first in our RFS district which includes the area bounded by Gloucester, Wauchope, Taree and Great lakes. Nabiac is, according to F/Com, one of the busiest Brigades in this district, (we attend on average 100 calls a year) and a testament to those few who make the effort. The new vehicle is valuable asset to our village and broader communities. Thanks also to those in charge who think we

Permits are again available, (pile burns only). Please be patient, there are a lot of calls on the permit guys so it may take a while for them to get to your request. Please remember we are ALL volunteers and don't get paid, so the time we spend on Brigade activities comes out of our usual living.

Permits. Simon 0488 510 513. Brian 0427 541 072

Cheers, 'Ole Smokey





0433 738 729

Odd jobs - Yard work - Painting What ever you need done No job too small



**Local History - The Wallamba** — Another in a series of historical articles gleaned from the archives of the "Manning River Times" April, **1927**, by Bob Mann

WANG WAUK was visited by a heavy rainstorm on Good Friday which raised the creek and river to an extent that was never known before. In the morning the river started to rise and kept rising until midnight. On Saturday morning it was found that the bridge on the main road, at the Post Office, over Brushby Creek was gone and a culvert at Mr J. T. Worth's (?) on the Wang Wauk - Cocumbark road over Bulby Creek was washed away and much damage done to the farms and crops. Mr James Salter (jnr.), his wife and family had to leave their home for several days. Wang Wauk was indeed isolated with no phone or mail communications and all traffic was suspended. The river was crossable on Monday, but more rain came and the river was again uncrossable from Tuesday till the following Friday. On Tuesday morning Messrs. J. Carter and W. Holden were on their way to Nabiac for supplies. They crossed the river but found they could not get any further so returned home. Their horse and sulky and the men were carried downstream. Mr J. Carter was exhausted when he got on shore having swam in a heavy overcoat. Mr W. Holden freed himself of his coats and kept the sulky as long as possible hoping it would guide the horse to shore, but the horse was drowned. The place has a most dilapidated appearance, but the traffic has resumed again through Mr T.H. Williams' property until the Manning Shire Council fixes up a temporary bridge on the main road.

<u>Note</u>: This is another story of the deluge that caused the greatest flood in the history of the Wallamba River.

NABIAC, MAY, 1927: Miss Winnie Newell was entertained at "Bapaume", on Thursday evening last, prior to her Departure for Sydney where she will be a student at the Metropolitan Business College. The function took the form of a social evening and eulogistic references to the departing guest were made by Mr Eb. Everingham, Mr James Stevens, and Mr Magennis after which Miss Newell was the recipient of a purse containing a sum of money as a small token of the esteem in which she was held. Miss Newell, who is the daughter of Mrs L.J. Newell of Koribar, has taken a lively interest in musical and society affairs throughout the district in connection in which she has rendered valued and highly appreciated assistance and she will carry with her the sincere wishes of her many friends for a brilliant career and a bright and prosperous future.

**SCHOLASTIC:** Miss  $\hat{R}$ . Taylor, teacher at Bucca Wauka school, has tendered her resignation to take effect from June 1<sup>st</sup>. The residents of that locality have arranged to entertain Miss Taylor at the residence of Mr *Val Weismantel* on Wednesday May 18<sup>th</sup> in recognition of her valuable services as a teacher which are highly appreciated.

MANNING SHIRE COUNCIL: At the recent Council meeting the following was discussed:- Nabiac - Krambach Road. Record flood rains caused much damage at the crossing of Nabiac Creek on the Nabiac - Krambach road; the old crossing was scoured to a depth of



# N. MOORE CARPENTRY

For all your carpentry needs

**Renovations - Decks - Pergolas - Etc.** 

Owner Builders most welcome



Call Neville MOORE

Mobile: 0408 430 409

about 4 feet and the road covered with logs and rubbish. The construction of a temporary crossing was necessary at a cost of about £10 pending the carrying out of a permanent one at an estimated cost of £150. The hill above the Tipperary road junction is considerably scoured and requires reforming and repairs to water table and renewal of gravel. Reforming cost - 60 chains at 15/-, £45. Renewal of gravel - 100 yards at 6/-, £30. Total £75. Avalon Hill - reforming 40 chains at 15/-, £30. Renewal of gravel - 150 yards at 6/-, £45. Total £75. Total for road, £310.

Tipperary Road:- The culvert at the 4 mile has been washed away and a temporary crossing has been fixed up. The renewal of the culvert in timber is estimated to cost about £30 and general repairs to the 6½ miles of road will cost about £15 per mile for reforming where scoured out and for renewal of gravel. Total for road £130.

Bucca Wauka Road:- There is about 11 miles of road which will require about £10 per mile for general repairs - total £110.

Bulby Road:- The general repairs on this road will cost about £100. MANNING SHIRE COUNCIL MEETING, JUNE, 1927: At a meeting of the council held on Monday 20<sup>th</sup> June, the following information re the Nabiac Creek Bridge was released. The crossing at the Nabiac Creek was so for completed that it was opened to traffic on Tuesday the 14<sup>th</sup> inst. The only work remaining to be done is the provision of a stone apron on the downstream side which should be finished early next week.

July, 1927: Secretary Wanted. In this issue of the Manning River Times Mr J. W. Startin, President of the Wallamba District Agricultural and Horticultural Society, invites applications closing with him on July 30<sup>th</sup> from persons willing to act as Secretary. Applications should state the salary required for the show only and for the show and carnival.

August, 1927: Miss Gladys Pelley's friends in the Wallamba and Manning River Districts will be pleased to learn that she is now convalescent after the trying experience of having to be still on her back at home for almost 14 weeks. The result of a sulky accident some two or three years ago. The effect of the accident did not make itself felt until recently when it was found necessary to seek medical advice. Miss Pelley's own patience and philosophy, had a lot to do with her complete recovery and she is truly deserving in the knowledge that she will soon be strong and well in her health again and Miss Pelley herself says that all the thanks for her recovery are due to the care and devotion of her people who ministered to her wants with untiring cheerfulness and also to the advice and skillful attention of Dr Stokes and Dr Richard of Nabiac respectively.





TAREE



Diagnostic Assessment for students who have:

ADHD & Autism
Reading & Comprehension difficulties
Light sensitivity & headaches/migraines

0409653700 irlentaree@gmail.com

### Here is a Testimonial from Helen Irlen, Irlen Institute California... You're Never Too Old

"I have Irlen Syndrome and so do my adult children. I recently decided to be tested by a diagnostician and get my Irlen Spectral filtered lenses. This has made a world of difference for me. I was skimming over words when reading and had completely stopped reading books for pleasure because I couldn't focus on the words. I have prescription glasses, but they didn't help enough to keep me reading. Now, I am

able to read with my Irlen Spectral Filters. In the past I always kept my classroom dark because I couldn't function in the bright fluorescent lights, but now (with my Irlen Spectral Filters) I am comfortable in rooms with fluorescent lighting.



Melanie, Reading Specialist
For more information, contact Irlen Dyslexia Centre Taree
0409653700 / irlentaree@gmail.com

# RESULTS OF THE RAFFLE RECENTLY HELD AT KRAMBACH HOTEL IN AID OF HELPING A LOCAL SUFFERING WITH CANCER.

1st \$200 gift baskets of home wares - **Kev Little** 

2nd \$100 voucher Wingham Farm Machinery - Jimmy Legg

3rd \$100 Betts Building - **D & L Jenkins** 

4th \$50 voucher BP Krambach - Brian Heart

5th \$50 Voucher BP Krambach - Nicky

6th \$50 Cafe voucher Krambach - Angeline Wilkes

7th \$70 Voucher Bangers and Mash - Narelle Griffis

8th \$25 voucher Griffo Meats - Shontelle Liprini

# Thank you everyone for all of your support.



# WT

# **HOWARD FUNERALS**

**ESTABLISHED 1922** 

GREAT LAKES 02 6557 6757

People Trust WT Howard Funerals 24hrs a day/7 days a week

Email: admin@wthowardfunerals.com.au Web: www.wthowardfunerals.com.au



# NABIAC MEMORIAL NEIGHBOURHOOD CENTRE



# NABIAC TENNIS CLUB

Our Committee has been meeting with Nabiac Tennis Club to assist the Club with much needed repairs to their court surface. We have agreed to assist the Tennis Club with the expense of the repairs and will be paying half of the cost of the project. The Club has also recently applied for a grant to replace sections of their fence. Fingers crossed that they will be successful.

A reminder that our <u>Annual General Meeting</u> is on 9<sup>th</sup> <u>November at 7.30pm</u> at the Neighbourhood Centre, Nabiac. Residents of Nabiac and the surrounding area and the volunteers who work in the Second Chance Op Shop are welcome to attend.

### AGENDA

Present the Treasurer's Report
Present the President's report

Receive reports from the following subcommittees

- Nabiac Village Futures Group
- Nabiac Second Chance Op Shop
- Nabiac Community Technology Centre
- Aub Ferris Sports Complex Redevelopment
- Nabiac Landcare

Elect a new committee - President, Vice President, Treasurer, Secretary and 3 other committee members.

Appoint a public officer.

Louise Collins, Secretary Nabiac Memorial Neighbourhood Centre Secretary





Shop 2 Village Green Nabiac Street, NABIAC NSW 2312 Phone: 02 6554 1450

# Don Gordon Cameron Steele

0408 213 138 0412 609 890

www.nabiacrealestate.com

Rural \* Residential \* Property Management "Your Local *Active Agents*"



# Between the Pages

Nabi ac Library News



### WHAT'S HAPPENING IN NOVEMBER!!!

Nearest 10.30-11.30am STORYTIMES to Nabiac are:-

HALLIDAYS POINT LIBRARY - Fridays 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, & 24<sup>th</sup> November at Village Shopping Centre in High Street,

FORSTER LIBRARY - Wednesdays 1st, 8th, 15th & 22nd November at Breese Parade,

TAREE LIBRARY - Thursdays 9th, 16th, 23rd & 30th November at 242 Victoria Street.

For pre-school age children (3-5 years) held during school term time with stories, songs and craft.

WRIGGLE, GIGGLE, READ - Stories, rhymes and craft for 0-2 years.

 $\frac{HALLIDAYS\ POINT}{10.30am\text{-}11.30am} LIBRARY\ -\ \textbf{Wednesdays}\ 1^{st}\ \&\ 15^{th}\ \textbf{November}$ 

TINY TURTLES - FORSTER LIBRARY Stories, rhymes and craft for 0-2 years Thursdays 2<sup>nd</sup> & 16<sup>th</sup> November 10.30-11.30am

Mobile Device Special Interest Group @ Forster Library Thursdays 9<sup>th</sup> & 23<sup>rd</sup> November 2-4pm. Need a hand to use your tablet or smart phone?

Knitter Knatter @ Forster Library Friday 24<sup>th</sup> November 10am-12pm A very sociable and charitable monthly event in the library.



# International Games Week @ Nabiac Library

MidCoast Libraries will join over a thousand libraries around the world during International Games Week 29<sup>th</sup> October until 4<sup>th</sup> November, as they transform their libraries with play. Like many other libraries

across the country and around the world, MidCoast Libraries will bring out board game favourites for everyone to enjoy. Customers are also welcome to bring their own games.

### When:

- Monday, 30 October 2017 | 03:00 PM 05:00 PM
- Tuesday, 31 October 2017 | 09:00 AM 05:00 PM
- Thursday, 02 November 2017 | 09:00 AM 11:00 AM
- Saturday, 04 November 2017 | 10:00 AM 12:00 PM

If you are interested in seeing which libraries around the world are involved then have a look at this map

http://games.ala.org/igw-map-and-your-library/



Here is an article about the British Library being involved http://games.ala.org/gaming-at-the-british-library/

We will also be launching the *inaugural inter-branch Puzzle Off!* The libraries that will be taking part are Taree, Forster, Gloucester, Wingham, Hallidays Point, Harrington, Nabiac and Tea Gardens. This will involve each library completing a puzzle of the same style with the same amount of pieces over the week of International Games Week and the first library to finish the puzzle will be given the title of *2017 MidCoast Libraries Puzzle Master*. Game rules will be posted soon.

We are going to keep the games and can bring them out for school holidays. The games we hope to get include snakes and ladders, Yahtzee, a card game and Jenga, plus the competition puzzle. Please invite your family and friends to come along and start playing.

# Author event: "Steps to Survival" by Denise Sweeney @ Forster Library

Monday, 27<sup>th</sup> November 2017,| 10:30 am to 11:30 am Forster Library, 4-12 Breese Parade, FORSTER

Denise's books shares her story of survival against a rare and aggressive type of endometrial cancer and the strategies she used (self-talk, compartmentalisation, visualisation, relaxation, visual cues, mindfulness and a graded activity schedule). Denise will also talk about the risk factors and symptoms associated with gynaecological cancers, to help women become aware of any unusual changes in their bodies so they can seek medical advice sooner.

Book will be available to purchase on the day.

Free event Contact MidCoast Libraries 6591 7256

library.events@midcoast.nsw.gov.au

Get tickets here

Here are the libraries newly combined Facebook and Instagram accounts

https://www.instagram.com/midcoastlibraries/

https://www.facebook.com/midcoastlibraries

Come along, experience and enjoy our wonderful Nabiac Library!!! See You There!!!!



The Bookkeeping Accountant
Payroll + Administration + BAS Agent
XERO certified—MYOB

AAR Bookkeeping & Business Solutions
April Robertson Dip. Acc.

0416105491



april@aarbbs.com.au www.aarbbs.com.au



JON KNIGHT B. PHARM

 Village Green
 Tel: 6554 1511

 Nabiac. 2312.
 Fax: 6554 1911

# Business Management Systems Consulting

Set up your business systems Independent Auditing and Compliance Checking

To recognised standards: Quality - ISO9001 Environmental - ISO14001, Safety - AS/NZS4801

Meet Supplier, Workers Compensation and Government Requirements

Julius Roos rroos1@outlook.com.au



82 Clarkson Street, NABIAC 2312 PH: 6554 1107 Fax 6554 1593 A/H 6550 6243

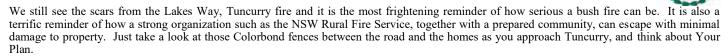
www.buckinghamsre.com.au buckinghamsre@bigpond.com

Real Estate Agents, Stock and Station Agents, Business Agents, Auctioneers, Property Management.

### MINIMBAH MATTERS

Minimbah Rural Fire Brigade is a bit like Fire in that we have a plan.

# Fire has a Plan .... Do you?



Bush fires can, and do, travel at 25 km per hour, especially with a decent wind behind them. That's way faster than people. Embers fly many kilometres ahead. Even if you live a few blocks back from the bush you are not safe. Tuncurry was proof that embers will jump rivers and roads. Flying embers will find the weak spots around your home, such as dry leaves in your gutters, or long dry grass in your back yard. Yes, there were a lot of fire trucks attending the Tuncurry and Aerodrome Road, Nabiac fires, but do the maths ... There will never be as many trucks as there are houses. Don't make it easy for a fire to take hold.

# Please Prepare your Bush Fire Survival Plan.

Now that the dust has settled, fire permits are once again being issued, but that may change if the weather gets nasty again. During the fire danger period it is essential that you have a permit before you burn. It goes without saying that fire permits do come with strict rules which must be adhered to. Don't risk a fire, a fine or a fight with your neighbours. Your local Fire Control Centre can provide information.

> Do the right thing and give them a ring. **Tuncurry 6539 7700** Taree 6591 2900

On Saturday 2<sup>nd</sup> December our Brigade will be hosting a Christmas Barbeque for Members and their families and friends. That includes all neighbourhood families. We will be at the Fire Station (681 Minimbah Road for those new to the area), and will be gassing up our new Barbie at around 11.00am. Everyone is invited – all we ask is that, for catering purposes, you ring Verena on 6554 1492 by Wednesday 27th November to let her know you are coming. Just bring your own drinks and if possible a salad, desert or some finger food to share. Last year some new "locals" came along and met us, so if you are new to the area, don't be shy. Come and meet the Volunteers who form your local Rural Fire Brigade. Because being a Member of the NSW Rural Fire Service is a very worthwhile and fun thing to do, we will encourage you to join our Brigade, but we won't hound you about it.

# Report only unattended fires on Triple Zero (000)



# **CALTEX NABIAC**

Pacific Highway, Nabiac. 6554 1303

Caltex Nabiac is open 24 hours for the convenience of its customers

Restaurant hours are Monday to Sunday 6am - 8pm Phone orders for take away available



Australian Insurance Solutions General Insurance Broker Commercial Insurance Specialist Tania McKone

ph: 6559 2025 / 0432 699 020

email: taniam@aisgc.com

**Business** Commercial Construction Farm/Rural Home & Contents Landlords Liability Machinery Marine Motor Private, Commercial & Fleet Property Mobile Plant & Equipment Strata Professional Risks Tradesman

# **Amazing Aloe Vera**

Healing; wounds, insect bites, skin disorders, acne, digestive issues, reflux, hair loss, anti-bacterial.



Juice Gel Soap Plants

Laura Pennington 0409 997 309

Candlarah Farm visitmyfarm.com.au

### The Amazing Benefits of Aloe Vera for Hair, Skin Digestion and overall good health.

The wide-uses of Aloe Vera have been realised by civilisations throughout the world for thousands of years. Alexander the Great sought out Aloe for treating wounded soldiers. Egyptians called it "The Plant of immortality". Native Americans referred to Aloe as "The Wand of Heaven".

The Aloe Vera (Barbadensis Miller) plant is about 30-40 centimetres tall, with prickly and bitter leaves, which act as a defence to keep animals and insects from feeding on the plant. The leaves hold a gooey translucent, bitter gel, which is known around the world for its



healing properties. The gel is made up of around 96% water. It contains 18 of the 20 amino acids (proteins) required by the body as well as <u>Vitamins</u> A, B, C and E.

Aloe Vera has antiviral and antibacterial properties, and the ability to help treat many conditions; including skin problems, digestion and beauty remedies. It can help restore the natural bacterial flora of the digestive system and has anti-inflammatory properties.

One of the most crucial elements found in Aloe Vera gel is a complex carbohydrate known as <u>Acemannan</u>. It allows nutrients to reach the cells, nourish them and at the same time relieve them of toxins.

This is general information and not intended to replace medical advice. Aloe Vera is not advised for pregnant women, or anyone on chemotherapy. (It boosts the immune and therefore may reduce the effectiveness of the chemo).



<u>How to use-This is key:</u> Cut a large leaf at an angle. Leave in a glass for about 30 minutes, to drain the *Aloin*, or latex. (This is the yellowish sap between the inner gel and the outer leaf. It tastes bitter, is a laxative and can be irritating to the skin).

Rinse or cut the residual sap from the end of the leaf. Fillet the leaf, then the gel is ready to use topically, or to ingest. You can add a teaspoon of the gel to a smoothie, or blend the gel with other ingredients for skin remedies, such as honey, coconut oil, rose-water or rose-hip oil (there's a huge variety of Aloe-based skin recipes to explore).

Your skin is the body's largest organ and much of what is applied to the skin is absorbed into the blood stream. It makes total sense to apply to the skin what is also good for you to consume!

### By Laura Pennington.

Candlarah Farm – Firefly: Aloe juice, gel, soap, plants and succulent arrangements. 0409 997 309. I'm at Nabiac Farmer's market (last Saturday of each month). I'd love to see you there. Call me for info, or to arrange a group visit.



▶New roofs ▶Re-roofing ▶Repairs ▶Ridge capping ▶Re-Pointing ▶Roof ventilators ▶Leaf guard ▶Gutter & valley renewals

Ben Strange

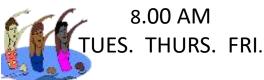
m: 0418 285 951 e: iroofandgutter@outlook.com

# AQUA AEROBICS NABIAC POOL

Fun sessions. Good music. Great location

All ages. Ladies and Gents

Entry and Sessions are FREE



ENQUIRIES:- CINDY on 6554 1916

# Do you need a *Justice of the Peace?*

Then contact Stuart **Weller** on 6554 1904 (Nabiac)

Judy Moncrieff, 45 Minimbah Road, Nabiac on 6554 1237 JP No 116-196
Ray McDonald, 97 Stevens Close, Wang Wauk on 6550 2216
Diane Greig, Connect 3 Real Estate, Nabiac on 6554 1330
Jackie Buckingham, Buckinghams Real Estate, Nabiac on 6554 1107
Gordon Foy, 2949 Bucketts Way, Belbora on 6550 2547 or 0417 290 874
Julie Arnoux, 2 Cowper Street, Nabiac on 0434 253 266

Item of interest.

Subject: Taree council Date: 6 October 2017 at 8:23:39 AM AEDT Krambach

• Project type Road reconstruction

• Project value \$1M

• Project schedule Due for completion March 2018

MidCoast Council road crews will commence preparation works on Monday 9 October for a reconstruction of 670 metres of Avalon Road near Krambach either side of the intersection with Germany Lane.

This section of road has been badly deteriorated and patched over many years, and requires a full reconstruction along the selected length of road, which extends east from near the George Windross bridge, through the Germany Lane intersection and for a further 410 metres.

I'll believe this when I see it finished Ed





One of Sydney's best rock/blues/country covers bands

# Jamie Bryen and the Floorboards

the best music from the 60's to the 90's and more

Creedence to Pink Floyd and everything in between!!!



Where:- Krambach Hotel

When:- Sat December 2nd 7.30PM

Price:- FREE! FREE! FREE!

AAU O D D

Please come along and support your local community event

Back by popular demand after packing out Krambach
Hotel last year

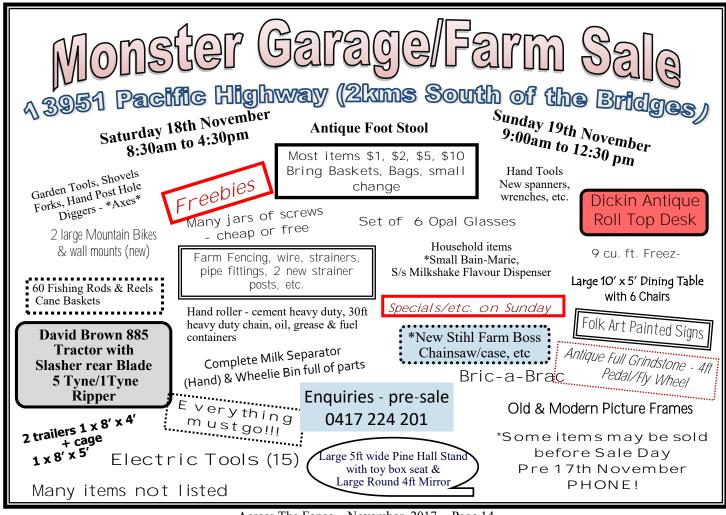
"The Floorboards"

led by young gun guitarist Jamie Bryen will certainly get the pub rockin!

Jamie credits his sensational talents to his mentor, Aussie guitar virtuoso **Phil Emmanuel** who he regularly shares centre stage with at The Tamworth Music Festival.

Come and watch this Premier guitarist go off!!

Newborn rattlesnakes have no rattle! The bead needed to make the rattle noise in their tail does not form until they have shed their first skin



Lic No. 82788C

# AARRON'S ROOF REPAI

Fully Licensed & Insured Metal Roofing Specialists

**Gutters • Downpipes • Fascia Covers** Servicing All Areas • Everything to do with Roofing

Call Paul: 0459 53 6962 • marronsroof@gmail.com

# Australian Landscapes in Words and Music

our regional community orchestra, Sinfonia MNC, is running a series of concerts in November titled Australian Landscapes. The Kantabile and Company

of Voices choirs will feature too. John Kellaway, who is one of Sinfonia's patrons, former head of Newcastle Conservatorium and head of brass at Central Coast Conservatorium, will join us again as a player and to share the conducting with Heidi Lambert and Iain Pole.

The programme is focused on Australian music ranging from the new to the well known. From music you may wish to sing along with to music that has not been performed before but is about Australia and/or by Australians. We have three world premieres in one programme.

The Man From Snowy River which is three times Australian. The music was composed by Bruce Rowland who has personally given Sinfonia permission to perform the music. It was written for the iconic film, which was inspired by the poem by Banjo Patterson. Bruce Rowland was so pleased to be approached directly for permission to perform his work that he adjusted the arrangement to suit our regional orchestra to play. Several of our regular guest players will help boost the sound which requires five French horns, piano, harp and electric bass.

Goodnight to Fraser Island by Robert Allworth is an atmospheric piece that paints a soundscape of sunset on the island. Think mosquitoes, sandhills and shadows, semi-tropical heat.

Reflections is an unpublished work by the late Mike Butcher- a "Pom" who became thorough-going Australian serving in our defence forces and who contributed broadly to music education in more than one state. Mike Butcher's deep roots in brass bands comes through in the rich sonorities of this piece.

Iain Pole, Assistant Conductor, was commissioned by Sinfonia to write a piece, which he has titled Gestalt, as a tribute to our late violin/viola player and inaugural member, Shirley Smith, who sadly passed away suddenly last year. Some Nabiac "locals" may well remember Shirley, who taught local children violin from her home "just up the road" from Nabiac.

Miguel Guthridge, this year's James Hannah-Sinfonia Scholarship holder, who you may have heard playing von Weber's Clarinet Concerto in June, has written *Luttuoso* which he will perform on cello with the orchestra.

And because it's nearly Christmas the choral second half will feature two songs you know and also four Australian Carols by William James and

You will not know our other Christmas song but probably will be able to sing it by the end of the concert. Merry Be You All was written by Jon Seccombe. It was arranged by Peter Stephenson of Turnaround Studios with assistance from Heidi Lambert for the percussion parts. Jon Seccombe has kindly given Heidi permission to present the song here in November. It will be performed in London for a Christmas event in December.

Come experience live orchestral music in one of our very Australian venues.

Australian Landscapes concerts: Nabiac Showground Hall, 2pm, Sunday 19<sup>th</sup> November Laurieton School of Arts, 2pm, Saturday, 25<sup>th</sup> November St John's Anglican Church, Taree, 2pm, Sunday 26<sup>th</sup> November

Tickets are on sale through our website: sinfoniamnc.com.au for a link to TryBooking or tickets will be available at the door. Gold coin donation for afternoon tea.



VINGHA after 30 years Your Farm Machinery Manufacturing Specialist

Want great advice on Farm equipment? Ask Boyd. OPEN HOURS - Mon to Fri 6.30am to 4.00pm Saturdays 7am to 12noon









EWA Earthware parts and attachments

Hydraulic Rams/ Fittings/valves

Full stockist Huge range of stock

SEE US FOR ALL YOUR FARM EQUIPMENT NEEDS. WE ARE 13 Industrial Close Wingham - Phone 6553 5729 - BOYD Mob. 0459 238 080 - www.winghamfarmmachinery.com.au - sales@winghamfarmmachinery.com.au



# Lyn's Larder

This is American recipe for Thanksgiving. You can find various varieties on the web. They are also popular in the USA at Christmas made without the pumpkin, but you would have to check alterations in the ingredients.

### **PUMPKIN SNICKERDOODLE COOKIES**

(For 30 cookies)

### INGREDIENTS

1/2 cup Butter
1/2 cup Brown sugar
1/4 cup Sugar
1 Egg
7 tbls Pumpkin puree - cooked & cold (about 100gr)
1 tsp Vanilla extract

1 1/2 cups Plain Flour Cream of tartar 1 tsp Baking soda ½ tsp 1/4 tsp Salt Cinnamon 1 ½ tsp Ginger powder 1 tsp 1/4 tsp Allspice 1/4 tsp Clove powder

### FOR ROLLING:

1/4 cup Sugar 1 tsp Cinnamon

### INSTRUCTIONS:

Preheat oven to 375 degrees F (190 degrees C).

Fit two cookie sheets with a silicone baking mat or parchment paper, set aside.

Mix  $\frac{1}{4}$  cup sugar and 1 tsp cinnamon in a small bowl and set aside. This is for rolling the cookie dough in before baking.

In a mixing bowl cream the butter and sugars together. Add egg, then vanilla, and mix well. Scrape down the sides as needed.

In a separate bowl, sieve together the flour, salt, cream of tartar, baking soda, cinnamon, ginger, allspice, and cloves to remove any lumps.

Add half the flour mixture to the butter mixture on low speed, then add pumpkin puree, and add the rest of the flour mixture. Scrape down sides as needed. Dough should be thick.

Scoop 2 tablespoon of dough at a time and roll into a ball. Do this will all the dough. Now roll the dough balls into the cinnamon sugar mixture, and line 2 inches aside from each other on the cookie sheet (they spread out as they cook). Use the palm of your hand to press lightly on the top of the cookie, this will help even baking.

Bake for 10-12 minutes.

Cool, and enjoy! These cookies will remain fresh for a week in an airtight container or freeze to enjoy longer!

Happy Baking!



# **DREW'S CONCRETING**

Domestic & Commercial

Driveways Footpaths House & Shed Slabs



Stamp & Stencil Mini Excavator Hire High Pressure Washing

Phone 6554 3266

Free Quotes

Mobile 0407 413 171



# Krambach Smash Repairs

3739 THE BUCKETTS WAY KRAMBACH

ALL INSURANCE WORK
ALL REPAIRS, RESPRAYS & DETAILING
25 YEARS PROFESSIONAL EXPERIENCE
FREE QUOTES

Mobile 0432369449 ksrepairs@hotmail.com



Mowing
General Yard Cleaning
Whipper Snipping
Weed Spraying
General Maintenance
Landscaping

**Free Quoting** 

Michael Selfe 0488 401 543 Servicing the Mid North Coast to Newcastle

Actual classified ad in a British newspaper

COWS, CALVES:- NEVER BRED Also 1 gay bull for sale





INSTALLATION MAINTENANCE & SERVICE
ABN 74 931 244 025 • Lic. No: 123069C • ARC Lic. No: L022257

# **Mark Tidbury**

P.O. Box 858, Forster, N.S.W. 2428

Mobile: 0427 500 329

email: greatlakesair@bigpond.com

# NABIAC HAY & RURAL PTY LTD

# 3178 Wallanbah Road, DYERS CROSSING



Phone: Wendy - 0419 713 339

Ken - 0488 042 595 Trish - 0488 246 387

# **OPEN 7 DAYS**

Monday to Friday 8:00am to 5:00pm Saturday 8:00am to 4:00pm Sunday 8:00am to 12:00 noon

Huge Range of Hay: Small Bales, Rounds & Large Squares

Lucerne, Oaten, Grassy Lucerne, Straw, Mulch

Bagged Products For: Horses, Cattle, Pigs, Sheep, Goats, Poultry

Molasses

\*Supalik: Mineral Dry Lick for Horses, Cattle, Sheep & Goats \*

Fencing & Gates: Blacks & Gal Posts, Wire & Barbed

Yard Panels, Crushes, Loading Ramps, Bale

**Feeders** 

Garden: Mulch & Potting Mix (many varieties)

Pick up & Delivery by Arrangement



a lightening bolt is around 7.6 centimetres wide and 3.2 kilometres long



# NABIAC WATER CARRIERS

# Supplying all your Water requirements

Domestic, Swimming Pools, Rural

Servicing: Nabiac, Dyers Crossing, Coolongolook, Krambach Burrell Creek and all Surrounding Areas

Reasonable Rates

Mick & Donna Eason

Phone: 0408 541 482



### The Adjutant

In the great days of the British Empire, a new commanding officer was sent to a South African bush outpost to relieve the retiring

After welcoming his replacement and showing the usual courtesies (gin and tonic, cucumber sandwiches etc.) which protocol decrees, the retiring colonel said,

"You must meet my Adjutant, Captain Smithers. He's my right-hand man and is really the strength of this office. His talent is simply boundless."

Smithers was summoned and introduced to the new CO, who was surprised to meet a hunchback, one eyed, toothless, hairless, scabbed and pockmarked specimen of humanity, a particularly unattractive man less than three feet tall.

"Smithers, old man, tell your new CO about yourself."

"Well, sir, I graduated with honours from Sandhurst, joined the regiment and won the Military Cross and Bar after three expeditions behind enemy lines. I've represented Great Britain in equestrian events and won a Silver Medal in the middleweight division of the Olympics. I have researched the history of....."

At that point, the colonel interrupted, "Yes, yes, never mind that Smithers, he can find all that in your file. Tell him about the day you told the witch doctor to bugger off."



See Glenn your local computer guy now at Shop 3/25 Nabiac Street, Nabiac

**POSSIBLE SOLUTIONS** Phone 6554-1001

Computer Specialist, Internet & Software Development www.possiblesolutions.com.au

# **RAYS MECHANICAL SERVICES** TRANSMISSION & DIFFERENTIAL SPECIALIST 4WD'S & 2WD'S

3/20 ELIZABETH AVENUE TAREE 2430

**MANUAL & AUTO GEARBOXES / TRANSFER CASES** 

- **ALL MECHANICAL SERVICES / INSPECTIONS**
- LOG BOOK SERVICING
- **BRAKE, CLUTCH & SUSPENSION**

Lic. No. MVRL 49351



ABN 35 982 130 296



remedial massage

0438 591 559

Shop 3, Village Green, Nabiac NSW 2312

As the coffin was being lowered into the ground at a Parking Officer's funeral, a voice from inside screams:

"I'm not dead, I'm not dead. Let me out!"

The Vicar smiles, leans forward, sucking air through his teeth and mutters, "Too late, mate, the paperwork's already done."

# TOTAL CARAVAN REPAIRS

Over 30 years experience Roll Out Awnings, Insurance Work, Renovations Camper Vans, Alterations, Service & Spare Parts

Garry 0411 066 516 Ph. 6554 1089 Fax: 6554 1098

Merve 0417 599 288

totalvan@bigpond.net.au

1/18 Ferris Place Nabiac 2312

# ROBB & CO'RURAL & NABIAC LANDSCAPE SUPPLIES

Sand, Soils, Gravels, Cement, Dry Mix Hardware, Wire, Gate, Stockfeed,

Mulches, Garden Products & a whole lot more Bulk orders taken No Job too big or too small

6554 1204 Tel: 6554 1580 Fax: Email: robbnco@bigpond.com.au

Leon & Colleen Robb 12 Nabiac Street Nabiac 2312



Ph: 6554 1330

# Listed & SOLD in 1 WEEK

Nabiac



List & Sell your home with Connect 3 Real Estate.

FREE MARKET APRAISALS

FREE Drone Photos (conditions apply)

Recently SOLD







Steve 0429 541 469 Diane 0477 167 897 www.connect3re.com.au

# Manning Valley

Wills & Estates - Conveyancing & Property Law

Money & Other Disputes - Criminal, Traffic & Family Law

For all your Legal needs: We're here to help 75 Isabella Street, Wingham, NSW, 2429

6553 0500

www.mvlc.com.au

help@mvlc.com.au

# **CACHIA UPHOLSTERY**

**REPAIRS & RECOVERY - FURNITURE CARAVANS - MOTOR TRIMMING - MARINE SHADE SAILS - BISTRO BLINDS** ON SITE REPAIRS - FREE QUOTES PH - 6554 1842 MOB - 0410 635 741

**NABIAC HOTEL SOCIAL CLUB** 

**UNIT 3/42 KULAROO DRIVE FORSTER** 

ANNUAL MEMBERSHIP IS ONLY 5 SINGLES - \$10.00 COUPLES/FAMILIES NEW MEMBERS WELCOME.

FOR UPCOMING EVENTS SEE OUR NOTICEBOARD AT

THE PUB or Phone Publicity Officer, **Dennis Clarke** on **0417 224 201** 

Don't forget our Seafood Raffles every Friday night.

We assist local organisations or otherwise on a needs basis

Firefly Plumbing Neil Kleinig

Plumber Drainer Gasfitter

Lic. No. 116954C Tel: 02 65591799 Fax: 02 65591799 Mobile: 0427 591 799 Prompt Reliable Service



FREE DISCOVERY MEMBERSHIP, 10% OFF **NEW BOOKINGS & FREE** KAYAK OR SUP HIRE FOR 2 HOURS!\*

When you or your friends stay two or more nights with us at Discovery Parks - Forster. located just 10 minutes

from Forster's Town Centre

TO BOOK CONTACT US 1800 268 176

forster@discoveryparks.com.au 99 Aquatic Road, Darawank

www.discoveryholidaypark.com.au

Terms and conditions apply. Valid for new bookings only. Not valid in conjunction with any other offer. This offer can be discontinued at any tin



**RURAL VALLEY** Ph/Fax (02) 4997 7214 **REALTY** Email: Stevedevries@westnet.com.au 33 Park Street Web.www.ruralvalleyrealty.com Coolongolook NSW 2423 Phone: 0458 448 019 **Steve Devries** sed Real Estate Stock & Station agent lic: 902145 Local Agent & Rural specialist HOUSE SALE



Remember if you want to know what is happening in Nabiac, just look it up on the web - nabiac.com If you want to advertise an event, visit the web site and click **SUBMIT** 



Warren Murray Livestock Contractor

0459 134 557

All aspects of buying, selling, mustering, handling and transport of livestock.

Lic. No. B88659

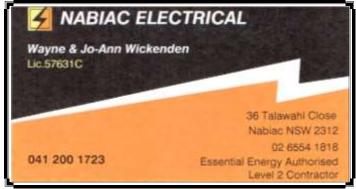
# **PAINTING**

Mark Johnson Painter & Decorator

Pensioner Discounts Ceilings

Phone: 6554 1492 All Jobs





# WEEDS.....an interesting account from a local on Council requirements.

One person's weed is another person's rose, as might any plant be if it is growing where it is not wanted or is not easily controlled. Lantana and Blackberry are examples of garden escapees that in Australia have become widespread. Gardeners are required to make sure that their pampas grass or other plants do not escape and landholders are required to ensure that they eradicate noxious weeds and control other weed species.

The Midcoast Council is there to help identify weeds and provide advice, amongst other things, and has a program of inspections. As a result of these inspections a landholder may be advised to control weeds identified or may be required to undertake a directed program of weed management. The range of options available to the council will be sympathetically agreed or defined in relation to the weed types or the extent of the problem. The recommendation is to develop a Weed Action Plan or a Biosecurity Plan to be able to demonstrate to the Inspection Officer that you are managing any issues in you land. Such plans are largely generic and minor adjustments can show you are active in controlling weeds. The council website can be a first point of exploration (<a href="https://www.midcoast.nsw.gov.au/Environment/Trees-Plants/Weed-Management">www.midcoast.nsw.gov.au/Environment/Trees-Plants/Weed-Management</a>).

The NSW Biosecurity Act (2015 No24) which replaced the Noxious Weeds Act (1993), under the NSW Biosecurity Strategy 213-2021, in the Act (Part 22 Division 2 Section 371 & 372) defines that a local authority's functions are to appoint a weed control officer to prevent, eliminate, minimise, manage biosecurity risks posed by weeds, and develop, implement, coordinate and review weed control programs, and to inspect the biosecurity risk posed by weeds in relations to the land for which it is the authority.

The Midcoast Council is a member of the Hunter Regional Weed Committee convened under the Local Land Services North Coast (//northcoast.lls.nsw.gov.au/ biosecurity/weed-control). The Committee has developed a Hunter Regional Strategic Weed Management Plan 2017-2022 in which they define the implementation and governance of weed control in the region. The Midcoast Council has developed Noxious Weed Property Inspections Fact Sheet which provides information to Landholders about the inspections the Council undertakes under the Act.

The Strategic Weed Management Plan is worth a good read as it provides quite some detail about what are the different types State & Regional Priority Weeds (Appx 1 Pg47-54 [State] & Pg55-63 [Regional]). Weeds are listed under the following headings along with targeted outcomes & strategic regional responses:

- > Prevention: currently not found in the region, pose significant biosecurity risk and prevention of the biosecurity risk posed by these weeds is a reasonably practical objective. Lists 16 species including: Chilean Needle Grass & Serrated Tussock.
- > Eradication: present in limited distribution and abundance in some parts of the region. Elimination of the biosecurity risk posed by these weeds is a reasonably practical objective. Lists species like Giant rat tail grass & Gorse.
- > Containment: widely distributed in parts of the region. While broad scale elimination is not practicable, minimisation of the biosecurity risk posed by these weeds is reasonably practicable. Lists species like Glory Lily & Groundsel Bush.
- Asset Protection: widely distributed in some areas of the region. Their spread should be minimised to protect priority assets. Lists Giant Parramatta grass & Blackberry.

One curious aspect of the Weed Management Plan and the listed species is that the Soda Apple species is not listed in the above plan nor in the Midcoast Council's *Plants declared noxious table* available from their website. There is a long list of plants in the table and it indicates in which of the original three council areas (Gloucester, Taree or Great lakes) these may be found.

If you have received a letter from the council and were wondering what weeds they might be looking for you may refer to the above table or the Plan appendices. These lists may, however, not be a complete guide to all weeds, and in this the council visit may give you an opportunity to clarify if that plant you are noticing is a controlled -as in Gazetted- weed or not. Of course, in your Weed Action or Biosecurity Plan you will have identified the ways you will patrol for weeds on the land you are responsible for.

A Weed Action or Biosecurity Plan, which can be presented to the council as a demonstration of our care and control of weeds may typically have some details of aims, plans and definitions as well as a map of the property showing areas of management activities and a list the actions taken: date, plant focus, action, season, herbicide, results. Plans need to be regularly reviewed and will have a lot of generic details and can be easily adapted for a particular property. The Council may be able to show you an example.

My inspection was planned and I stand ready with my gumboots and plan in hand keenly awaiting the Council officer. I think we'll wander down along the creek and over the hill skirting the blackberry and lantana invading from the road. I'm sure I'll learn a lot.

Julius







2/1 Nabiac Street Nabiac 2312 Phone 5510 -1012

- · Style cuts, Summer cuts, Puppy cuts
- · Flea & tick wash, ears & nails treated, sensitive skin catered for
- Great regular prices from \$30
- Open Monday to Friday 9am 'til 5pm



Karuah Great Lakes Landcare News Imminent KGLL Events

### KARUAH AND GREAT LAKES LANDCARE AGM

### Monday 6th November, Nabiac Community Centre, 2pm-3pm

All KGLL members are invited to our AGM to hear annual reports from our President, Treasurer, Local Landcare Coordinator and Sub-Group Convenors, and help elect our Committee for 2017-18.

Please RSVP to KGLL President, Robyn Lamond,

<u>robyn.lamond@gmail.com</u> to RSVP and for Committee nomination forms. Afternoon tea will be provided.

### KARUAH CATCHMENT LANDCARE GROUP MEETING

Monday 6<sup>th</sup> November, Stroud Hotel, 7pm-9pm

Join us for our regular monthly catch-up, plotting Landcare action and sharing local knowledge in the Karuah catchment. Please RSVP to *Rod Zemanek 0414 635 536* 

### TOPI TOPI SUSTAINABLE FARMING GROUP

Annual Planning Session, Topi Topi, November 13th

Have your say on the future plans and activities of your local Sustainable Farming Group at a planning session facilitated by Local Landcare Coordinator **Joël Dunn**.

Please RSVP to Sue Williams on 0438 433 063

# **DYERS CROSSING LANDCARE GROUP**

Vermicast Biostimulants and Soil Biology, Dyers Crossing November 15<sup>th</sup>

Local industrial ecology entrepreneur and Chief Worm Wrangler, **Lee Fieldhouse** of <u>Islands in the Stream Vermiculture</u>, will attend the next Dyers Crossing Landcare Group meeting to share some of his soil biology insights.

Please RSVP to John Jenkins on 0459 973 793

# RIPARIAN REGENERATION AND PRIVET CONTROL FIELD DAY

Monday 27<sup>th</sup> November, Wootton, 9am-1pm

Join veteran bush regenerator and walking encyclopaedia of all things plants, **Andrew Paget** of Wildwood Flora, for an information packed morning in the field.

Topics will include Bush Regeneration strategies and methods, riparian issues and their management, and efficient and effective weed

management techniques, with a focus on managing Privet. There will be a field walk with site assessment and practical weeding technique demonstrations.

Morning tea will be provided.





Please RSVP to Joël – joel.dunn@glcr.org.au or 0401 932 533



777 Minimbah Road

Nabiac NSW 2312

# **Daniel Monk**

Rental

Licence No. 14313 Licensed Plumber Drainer, Gasfitter Bathroom Renovations

Phone: 6554 1188 Mobile: 0404 864 112 Email: ranmon@bigpond.com



# BRETT'S CONCRETING &

Handyman Ser vice

Licence No 165554C

Driveways – Paths – Garden shed slabs - specialising in small jobs Phone: 6550 2516 - FREE QUOTES – bhandyman@bigpond.com



# **Corey Geerling**

Licensed Electrical Contractors

◆Rural ◆Domestic ◆Commercial

cgeerling@yahoo.com.au ABN: 17 880 850 721
Tel: 0416 224 471 Free quotes Lic No: 35781C



www.binnaburraconstruction.com.au

SERVICING SMITHS LAKE, PACIFIC PALMS, WOOTTON NABIAC, FORSTER AND SURROUNDS Phone Brendon on 0421 245 197

Phone Brendon on 0421 245 197 LICENCE: 299434c





NABIAC ROOF & GUTTERING & PLUMBING Ph: 0410 506 044

# 9.90 LUNCHES CURRY NIGHT THURSDAY NIGHTS



**6554 1210** 

Courtesy bus 0428 541 242 from tue 5pm, fri, sat 3pm

# WHAT'S ON

**MONDAY** 

WHEEL OF FORTUNE

**TUESDAY** 

RAFFLES

WEDNESDAY

WHEEL OF FORTUNE

FISHING CLUB RAFFLE

FREE POKER
(guaranteed \$500 game each week)

**THURSDAY** 

**MEAT & VEGE RAFFLES** 

FRIDAY

RAFFLES & ENTERTAINMENT

SATURDAY

\$2 HORSE TIPPING COMP EVERY SATURDAY

SECOND CHANCE MEAT TRAY DRAWER

# BowtechByDiane {BAA Member 9933}

# Bowen Therapy

Achieving great results in treating conditions such as:

- Adrenal Exhaustion
- Ankle, Knee, Hamstring problems
- · Back and Neck pain
- Digestive problems inc. IBS
- Hay fever, Sinus, Respiratory problems
- Headaches and Migraine
- · Pelvic Imbalance
- Sciatica
- Tennis or Golfers Elbow
- And many other conditions

Please phone 0490 148927 or e-mail bowtechbydiane@gmail.com

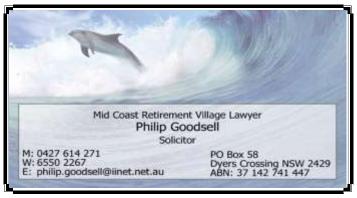
or see Face book page for more info - www.facebook.com/

# **REAL KULTCHA**

It's been a long, hard winter: not the weather you fools, the footy season! But it's now over and all the clubs are looking seriously at what happened to their season and what can they do to improve their chances of winning next year? There are a couple of standout issues already. Cooper Čronk has moved to Sydney to live with his fiancée and has told his manager he'd be prepared to play for a couple more years if the right deal came up. The word is the *Chooks* are breathing heavy for him but at the time of writing no deals had been done. Also, Garth Brennan (Garth Who?) has been signed as the Titans new coach to replace Neil Henry who lost out in a battle of egos with Jarryd Hayne. The word is Garth was a police prosecutor and a beat cop before he took up coaching seriously so you'd have to think he can negotiate and if not, he'd better be carrying a big truncheon (like a mattock handle). And just so you know I'm up to speed (of course, I wouldn't have to be moving very fast to be out in front of you lot) but I have a copy of the 2018 ARL draw and let me give you a couple of observations. The Sea Pigeons will face only one (1) top eight team (from this year) in their first six matches and the Chooks will face only two top eight teams in their first 10 matches! There's no justice the silver tails are still being looked after!

Down south the AFL has just completed their transfer period and a number of high profile players bounced around in the hope they can land in a premiership winning team while the clubs hope their hiring/ firing can help them put together a good team. If my information is correct, the AFL draft is about to start and for those of you who haven't managed to stay awake around this time each year, the draft is where players (generally younger but not always) coming into the sport are assessed and the clubs that finished at the bottom of the comp this year get first pick of the new meat! Of course, clubs can (and do) trade their picks with other clubs for players on another club's roster. It gets complicated and I have to admit upfront, I'm not fully across the process. In truth what I've just written is pretty well the total of my knowledge. Will however, the mighty St Kilda manage to make some clever trades and good picks to set them up for 2018? Who knows? Every player is only an injury away from the hospital ward and if a club has too many in that, then it's an early arrival at the Loser's Pool!

Let's talk about the *Galahs*. I don't really want to but with the Poms due here shortly (possibly without their best player because he's a knuckle dragging lunatic) and after the results achieved during the tour





of Bangladesh and India (which could best be described as an unmitigated disaster) we could be looking at a thrashing! At the time of writing *The Southern Stars* (the Australian Women's cricket team) have beaten their Pommy counterparts in the first one-dayer and by the time you read this they'll have played another two one-dayers at Coffs Harbour and be preparing for the first Test at North Sydney Oval on 9<sup>th</sup> November. If they do well (as I confidently expect they will) I'd like to suggest we play *The Southern Stars* against The Pommy men because I just don't see *The Galahs* being competitive against any international team unless it was Malta or the Japanese – and I'm a bit leery regarding the latter.

I don't know if you've been following the issue but last year a player in the NFL (American football) "took a knee" during the playing of the National Anthem. By that I mean when the anthem started he dropped onto one knee rather than stand with a hand on his heart – which seems to be the accepted way of doing it. The fellow said he'd done it to demonstrate against racism in the US. At the time there was a bit of flak but it cooled down. Now however, the Hew Hess of Hay has a new President and he has - in his inimitable fashion - taken on the many more players (usually of Afro/American race) who have "taken a knee" so far this new season. If there's one thing I've noticed as I watch the NFL games I record, there are a lot of Afro/American players in the NFL and the owners have sided with them. Question: are the owners siding with their players because they also believe there is a lot of racism in the US or are they just protecting their investment because they've got a lot of money tied up not only in the franchise and the players but the stadiums as well? Trump has now started a petition so his supporters can show their patriotism by signing it. Another question: how would you feel if members of the Kangaroo team in the upcoming Rugby League World Cup "took a knee" during the playing of Advance Australia Fare in protest against something they felt was wrong in Oz? Essay of no more than 500 words should be forwarded to the editor.

Talk at you next month, *Hillside Critic* 



# Servicing All Across The Fence Areas

# TRANQUILLITY FUNERALS

"We Can Come to Your Home In Time of Need"





Tranquillity Funerals,
Serving Forster-Tuncurry,
Taree & The Mid North Coast

# We Specialise in...

- Prepaid & Prearranged Funerals
   Cremations
- Burials
   Headstones & Monuments
- Church & Chapel Services
   Direct Transfers
- We Also Specialise in Enviro Coffins



65553500 | 0418241233

www.tranquillityfunerals.com.au

Tranquillity Funerals, 80 Kularoo Drive Forster

Only 48 hat tricks have been scored throughout the FIFA World Cup's history. There were none scored during the 2006 tournament, but eight were scored in 1954

# GOOCH AGENCIES

# Real Estate & Livestock

CATTLE SALES:

NABIAC on the Last Saturday of EVERY Month GOODS & CHATTLES @ 9:00am CATTLE @ 12:00noon **GLOUCESTER** — CATTLE every Thursday

**MAITLAND** — CATTLE every Monday

**TAREE** — CATTLE every Monday

**AUCTIONEERS OF CLEARANCE SALES** 

ALL LIVE STOCK & GENERAL ENQUIRIES CONTACT

**DAVE CALLAUGHAN** 

Live Stock Agent & Auctioneer PHONE: 0457 707 573

**BILL DWYER** 0427 582 990

**JAMES GOOCH** 0409 923 068

Livestock Auctioneers

61 Church Street GLOUCESTER NSW 2422 Email: dcallaughan@goochagencies.com.au Internet: www.goochagencies.com.au

Office Phone: 02 6558 1205 Fax: 02 6558 2560



# NABIAC PEST CONTROL

20 years experience in the identification and control of termites, cockroaches, spiders, etc *Pre-purchase and timber pest inspections* Fully licensed and insured

6554 1152 Bill Sites 0403 822 752 nabiacpestcontrol@gmail.com

# Wallamba Fishing Glub

The Spring Away Outing was held at Harrington on 20-22 October.

The weather was temperamental, it rained Friday and Saturday but luckily the sun came out on Sunday and members were able to weigh in a good catch.

The following fish were weighed in:

Lauchlan Harvey - estuary

4 x bream - 1.82kg

Brendan Harvey - estuary

2 x flathead - 0.67kg

**Darrell Harvey - blue water** 2 x snapper - 0.82kg

1 x flathead - 0.34kg

Bill Crick - blue water

4 x trag - 4.87kg

1 x flathead - 0.80kg

1 x pigfish - 0.35kg

Paul Lawson - blue water

5 x trag - 7.60kg

1 x pearl perch - 0.43kg

Paul Kneller - blue water

1 x hairtail - 1.46kg \*Club Record

Ray Pascoe - blue water

8 x flathead - 2.48kg

Luke Williams - blue water

1 x kingfish - 11.20kg \*Club Record Juniors

1 x flathead - 0.43kg

1 x morwong - 0.57kg

Ethan Williams - blue water

1 x flathead- 0.32kg

The weekend was a success despite the weather. Members enjoyed the convenient location and variety of fishing options and as a result caught a wide range of fish.

Fishing weekends are held on the third weekend of every month with the weigh-in taking place at Nabiac Hotel at 2.30pm on the Sunday.



We welcome our recently joined members and invite anyone interested in joining to contact Michelle Pascoe on 0400 651 288.

Anne Kneller



# TRL BRICKLAYING PTY LTD

### ALL ASPECTS OF BRICK AND BLOCKLAYING



Tim Loveday Licence Number 82923C

0414299385 trlbricklaying@live.com.au

# Nabiac Second Chance "Op Shop"

····

Serving the community since 1993 in the "Old Hospital", next to the Pre-School, down from the Post Office in Nabiac Street Friendly helpful volunteers will assist you with a brilliant selection of clothing for all the family. Bed linen, bric-a-brac & crockery. Books for children's & adults

Buttons galore, Bags of cleaning rags Electrical Goods - All sorts of things

**BROWSE & BUY** 

Now available in the back shed —FURNITURE OPEN MONDAY TO SATURDAY 9.00 TO 12.00 NOON Shop Manager is Hannah Lindbeck 6554 1876

We are very grateful for any donations of goods that we can sell. However, items like mattresses, which we can't sell, cost money for us to take to the tip so NO mattresses. Large items must be delivered when we are open. If you bring them when we are closed, they will be damaged by dew and rain and then we have to pay to send them to the tip.

# DANK (DE OLDE NABIAC CLUB)

Yep we were at the Taree Show and had a great day. Didn't see much of the show although the racing piglet's next to us were very entertaining. We also had a great number of visitors which makes the effort of setting up and running our display worthwhile. Never ceased to be amazed that the majority of people (less than say 50 y/o) who ask "what does that engine do? run on"

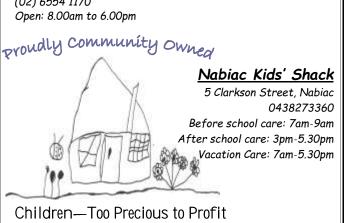
Of course, years ago there was no electricity (and maybe again soon?) to drive pumps, milking machines, anything that electric motors now do and to explain gently that this was how we lived is, at times, met with some disbelief.

All good though and part of the education of the younger generation by these smelly old blokes who enjoy some of the old mechanical stuff.

Greasy Hands

# Nabiac and District Pre-school

37 Nabiac Street, Nabiac (02) 6554 1170







# A cross A romatherapy

Flu, Eucalyptus Essential Oil, Inhalations and Chest Rubs

Eucalyptus Essential Oil is an excellent oil to keep in your medicine cupboard. Like Lavender Essential Oil it has many uses including in the treatment of minor cuts, wounds and blisters. It has analgesic properties and can relieve headache as well as muscular and joint aches and pains. It can also relieve insect bites and acts as an insect repellent. Eucalyptus Essential Oil is antibacterial and antiviral, (it kills bacteria and viruses) and has decongestant and expectorant properties (that is it helps to loosen congestion enabling phlegm to be coughed up). This makes it ideal to use as an inhalation or chest rub for those suffering from coughs, cold, sinusitis, chest infections or flu. Furthermore, there is research to support the effectiveness of inhalations using Eucalyptus Essential Oil to improve respiratory function. (Balacs 1997).

Steam inhalations can be used with plain boiling water. The heat, via steam, introduced into the nose, throat, sinuses and lungs makes the environment hostile to bacteria and viruses. But by adding Eucalyptus Essential Oil the bacteria and viruses are actively killed.

Note that when you inhale essential oils the molecules are absorbed by the lungs into the bloodstream where they travel throughout the body, assisting it to fight disease. This also applies when essential oils are rubbed into the skin, which is why they are considered to be therapeutic, and why it is important to use therapeutic grade essential oils.

**Inhalation:** place approximately 600mls of boiling water into a bowl, (preferably pyrex), and add 1-3 drops of Eucalyptus Essential Oil. Start small and increase as necessary. Keep your eyes closed and if the heat hurts your nose move your head further upwards away from the bowl to where the steam is more comfortable, taking care not to burn the sensitive mucous membranes of your respiratory system.

**Chest Rub:** place 1-3 drops of Eucalyptus Essential Oil in the palm of your hand or a saucer, add approximately 5mls of oil (canola, grape seed or whatever you have in the kitchen) and rub the chest, front and



back, to provide relief, particularly overnight.

Note it has been reported that Eucalyptus Essential Oil can be toxic if swallowed.

I work from Earth Body and Soul in Nabiac, but for an appointment you can reach me on 0419 604 605. An aromatherapy massage costs is therapeutic and very relaxing. The cost is \$65. Allow 1-1.5 hours.

Jane

# WALLAMBA DISTRICT FOOTBALL CLUB



Congratulations to all the office bearers who were elected in this years AGM.

A huge welcome to *Daniel* and *Krystal* who already have some outstanding ideas.

The 2017/2018 committee consists of

David Weller:- President
Andy Harper/ Daniel Wilson:- Vice Presidents
Michelle Gordon:- Secretary
Melinda Berry:- Treasurer
Bec Harper/Wendy Weller:- Registrar

Krystal Wilson: Canteen Co-coordinator

Tanya Kauter:- Uniforms

We thank these people for donating their time to Wallamba FC and making it the club we have grown to love.

Monthly Meat Raffles at Nabiac Hotel (2<sup>nd</sup> Friday)

Look out for the registration dates in February 2018. We look forward to seeing you all then.

Modern Motors Pty Ltd 80 Clarkson Street NABIAC NSW 2312 Phone (02) 6554 1235

# News From The Pews

# Nabiac Uniting Church

# Please note your new Daylight Savings Start time

Services are held every Sunday at 9:30am

Holy Communion is celebrated with the service on the 3<sup>rd</sup> Sunday. For information regarding the Uniting Church, Nabiac please contact Margaret Weller (6554 1212), Jill Hammond (6555 7747)

# St John's Anglican Church, Dyers Crossing

A Contemporary Service is held on  $2^{nd}$  Sunday of the month at 11:30am. Families & children most welcome

Services of Holy Communion will be held at 11:30am on the 4<sup>th</sup> Sunday of the month.

A non-denominational Bible Study group meets fortnightly. Ring Peggy Sawyer on 6559 1238 for details re times.

# St Isidore's Catholic Church, Nabiac

November Mass time is Saturday 18th at 6.00pm

# (St Bernadette's note NEW TIMES all Saturdays!

# St Bernadette's Catholic Church, Krambach

November Mass times are: - Saturday  $4^{th}$  at 6.00pm, Saturday  $11^{th}$  at 6.00pm, Saturday  $25^{th}$  at 6.00pm

Could be subject to change - check with Helen Legg on 6559 1211

# St Thomas' Presbyterian Church, Krambach

A Family Service is held on the last Sunday of each month at 11:15am. A light luncheon is served afterwards. All welcome. Any enquiries please phone Pastor Michael Deal on 6553 0077.

### St Paul's Anglican Church, Nabiac

A Contemporary Service is held on  $1^{\rm st}$  Sunday of the month at 11:30 am. Families & children most welcome

Services of Holy Communion will be held at 11:30 am on the 3<sup>rd</sup> Sundays of the month.

Every Week Day Before and after school care by *KIDS SHACK* We also provide Vacation time care.

Call Joy on 0438 273 360.

# OLD BANK CENTRE

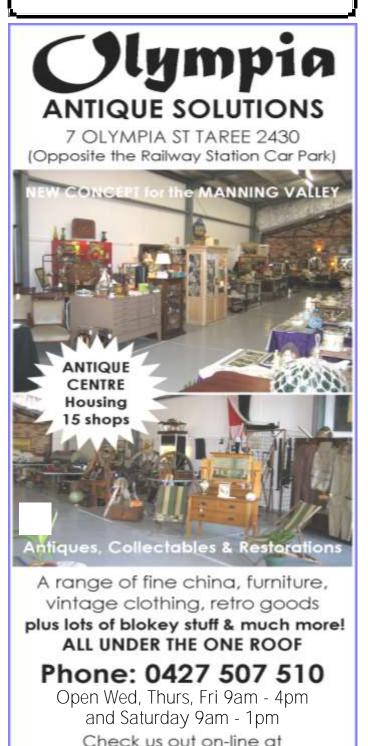
OPEN SEVEN DAYS FROM 7AM
GROCERIES, FRUIT & VEGETABLES

NEWSAGENCY - LIQUOR SUPPLY

LICENCED POST OFFICE

19 NABIAC STREET,

NABIAC 2312 PHONE: 6554 1211



Local Directory / Antiques Taree



Hi everyone,

Hope you all enjoyed the rain. We know We did! Just to let everyone know Belinda is having a holiday. Her last day is November 13<sup>th</sup>, and she will be returning on Wednesday 29<sup>th</sup> November.

Now Christmas is just around the corner, so to be prepared think about booking soon.

Gift vouchers are always available. Remember **Jess**, who has become a great member of our family, is available Fridays and every second Saturday by appointment.

Check us out on Facebook as well.

Now for our saying of the month, donated by a lovely client

Heal the past. Live the present, Dream the future. Belinda, Barb and Jess.

Belinda & Barb & Jess

\* Need to advertise something for sale or wanted to buy or a freebie?

An announcement of a birth, birthday, passing? Some personal message?

Do it on the back page to get full attention

# WALLAMBA COMMUNITY GROUP—NABIAC SENIORS

Wallamba Community Group Inc. meets Thursday mornings, at 9:30, in the Supper Room of Nabiac Hall, for Bingo.

If you'd like to join us for a nice social get-together, we'd love to see

Holidaying in the area? Maybe you'd like to join in while you're here. For information, phone Secretary, **Norma Frieden on 6554 1746**.

# sheep/Lambs for sale

8 Ewes, 6 x 3month old Lambs (5 male, 1 female) Wiltshire x Dorper

1 Ram, 2 years old and very quiet

1 Goat (free) good grass eater

Prefer to sell as a mob. \* Drenches, Guns, Tools included

\$1,300.00 - ONO

Or Ewes \$100.00 each, Lambs \$70.00 each, Ram \$150.00

Selling due to ill health and moving

Phone: 0417 224 201

