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# ACROSS THE FENCE

*News from the Wallamba Watershed is a 'Frogs Bottom' Production*

**Junior Rodeo  
Thursday  
July 13th**

**Nabiac Showground**



**Happy to  
School Holidays  
Kids**

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### IN THIS ISSUE

What's Happening - Markets & Events - Local History  
(Wallamba 1926) - Landcare Groups - Golf Results -  
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## Editorial

I have to apologise to the ladies of Cathy Amos & her Craft Crew quilters for making a huge error in the amount they raised for Bunyah's Biggest Morning Tea last month. It was **\$1,818.00**, not the \$1,811.00 that I put in the Bunyah News. Getting a little dyslectic it seems!. My sincere apologies to you all.

School holidays are with us again and at the moment the weather seems to have blessed the kids with clear skies and reasonable warmth outside. Hope everyone has a happy and safe holiday time.

It is still a tad freezing of a morning at my place. Light frost today and my fingers have had difficulty working the keyboard for the last couple of days.

I am praying for the weather to hold so that I can get outside and light my fires before the winds start next month. Have had bad luck for the last two years with unpredictable winds and rain, so there is quite a bite to get rid of as soon as this issue is delivered.

End of financial year is upon us again. Just don't know where the last six months has gone. Seems like yesterday I was pondering a trip down to the "big smoke" to deliver Christmas gifts and it will probably be next month when the stores are starting to sell Christmas articles again.

The Junior Rodeo is on again next week doing the circuit of Wingham, Nabiac and Gloucester. Worth a visit if you or your kids like watching good horsemanship. A lot of the competitors are extremely dexterous and put on a good display of skill doing the rounds of the barrel and flag racing. I like to watch the little ones who don't seem big enough to sit astride a horse let alone race on one.

Burrell Creek has started having its market days again for those interested in doing the rounds of market on a Saturday or Sunday.

I have given up as I am tempted to buy and just don't have space for more "bits".

Burrell Creek is also having a "Country Music Day" on the 16th July. For those interested you would have to get the details from Jacqui Buckingham at Buckingham's Real Estate in Nabiac as I don't have them.

Our local golfers have had to bid a sad farewell to their local game of golf. After 65 years of play, "Royal Krambach Golf Club" as it is fondly known by all the locals, has finally closed its doors.

The Course use was a "grace and favour" affair, generously given by Tom Paterson who owns the land. The Club house and its little plot of land was owned by the club and has been sold to a private buyer.

I am curiously awaiting news as to what use it will now be put. Speculation abounds.

Until next month

Lyn & my new mate, Tilley Cat

## WHAT'S HAPPENING JULY, 2017

### Markets & Events.

• Bulahdelah	(1st Sat)	1 <sup>st</sup>	8am to 1pm
• Blackhead Bazaar	(1st Sun)	2 <sup>nd</sup>	8am to 12 noon ?
• John's River	(Sat)	8 <sup>th</sup>	9am to 1.30pm
• Wingham Community	(every Sat)		
• Myall Quays	(3rd Sat)	15 <sup>th</sup>	9am to 1pm
• The Hub Taree Showgnd	(3rd Sat)	15 <sup>th</sup>	8am to 12 noon
• Krambach	(3rd Sun)	17 <sup>th</sup>	8am to 2pm
• NABIAC	(Last Sat)	29 <sup>th</sup>	8am to 12 noon
• Old Bar	(Last Sun)	25 <sup>th</sup>	7am to 1pm
• Pacific Palms	(Last Sun)	30 <sup>th</sup>	9am to 1pm
• Forster Town	(2nd Sun)	9 <sup>th</sup>	8am to 2pm
• Halliday's Point	(1st Sun)	2 <sup>nd</sup>	8am to 11am
• Town Head	(every Mon)		8am to 2pm
• Mt. George	(Sat)	30 <sup>th</sup>	8am to 2pm
• Forster Farmers Market	(3rd Sat)	15 <sup>th</sup>	8am to 12 noon
• Bobbin Community		— <sup>th</sup>	9am to 2pm
• Tuncurry Markets	(4th Sat)	22 <sup>nd</sup>	8am to 1pm
• Burrell Creek	(2nd Sun)	9 <sup>th</sup>	9am to 12.30pm

*These dates are from the council web site so could be subject to change*

Phone Lyn on 02 6559 1811 Email: paulreid@iprimus.com.au

Production: Lyn Reid

Contributions To: The Editor, *Across The Fence*, 1 Barry's Road, Firefly. N.S.W. 2429 or c/- Modern Motors, Nabiac, N.S.W. 2312 - **please phone** **WHEN you have left articles there to be collected**

Contributions should be submitted - in writing - by the 25th of the month for inclusion in the following month's edition.

**ALL ART WORK IN JPG ONLY**

Disclaimer: The editor has **no affiliations** to any advertisers and the opinions expressed by submitters are their own.

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## Krambach Garden Lovers News



On a beautiful winters morning over 40 members and visitors enjoyed the tranquil setting at **Pam Hink's** home in Failford. We also welcomed a new member to our group; welcome **Carole**, we hope you enjoy the friendship and fellowship of our group of gardeners.

Our display table was full of yellow flowers and fruit making an interesting display and our swap table once again overflowed with plants and fruit. Many thanks to our members for sharing their excess plants etc with other members and the joy of watching things grow that came from other peoples gardens is such a delight.

Two members were presented with beautiful bouquets of flowers to celebrate birthdays; thanks to the club and **Sandy** from both members.

Our next meeting will be a visit to Lumpy's Nursery at Tuncurry on July 31st which will be followed by a visit to **Jenny Williams'** home for a sausage sizzle at Zambia Place, Forster. There will be no flower competition or swap table at this meeting.

If you are interested in joining our happy group of gardeners bring a chair, a cup and enjoy the fellowship of other like minded people. Phone Jenny on 6559 1815 or Val on 6559 1245 for more information.

Happy Gardening

*Val*

## Show News

The Junior Rodeo is the next event at the Showgrounds on Thursday 13th July.

It is an all day event starting at first light and finishing under lights. Why not come along and give the kids some support while they go through their events, which can all get very fast and can also be amusing watching the tiny ones.

The Show AGM is approaching. It is being held on Tuesday 15th August in the Foyer of the Showground Hall at 7:30pm.

All Committee positions will be up for election. You have to be a paid up member of the Wallamba District A & H Assoc. Inc. to vote. Memberships will be payable on the night and at the moment they are still \$10 per adult, which gives you entry into all WDA & H Assoc. Inc. events during the year.

We are looking for a new Secretary as I would like to retire, but would still be available to train a new comer.

Come along and support your SHOW to keep it going.

**Lyn Reid**

Secretary/Treasurer  
6559 1811



**Shane Croker** LIC. No. 181110C  
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Another quiet month. Just a couple of MVA's and other minor issues. One worth mentioning was the two B doubles having a "kiss n tell" in the southbound lane approaching Coola Gap.

Following this incident, one had damaged trailer axles and a shifted load. However the other prime mover was off the road below road level with the trailers blocking one lane southbound. This put a stop to all traffic from when we arrived at 1.15 AM until around 6.00 AM when enough of the rubbish was moved sideways to allow perhaps 60 waiting semis and smaller vehicles through.

Another B double dropped a large amount of oil onto the forecourt of the Coolongolook service station following an engine failure. A lot of "kitty litter" absorbent and cleaning up ensured before it was declared safe.

As mentioned here last month, time to get your hazard reductions under way or at least planned. Permits are required after 1<sup>st</sup> October and your local RFS guy's n gals will be busy. They may be available to assist if approached and time allows. We have several hazard reductions in the pipeline but like everybody else, weather has been a problem.

And we ran Driver Reviver over the long w/end. Weather was not friendly here either, but we had a steady stream of 'customers'. From the comments, we ARE providing a very worthwhile service. Folks DO stop, and whilst not all want a coffee, they are more than happy to have a yarn, want to know about the RFS, how does the D/R operate, where does the biscuits (Arnott's) and coffee (Bushells) come from etc, all good stuff.

•Ole Smokey



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### KRAMBACH HALL HAPPENINGS

**HALL MEETINGS:** Monday following the Krambach Markets each month at 3.00pm. Next meeting on **Monday 17<sup>th</sup> July, 2017.**

**Volunteers and Committee members welcome to join.**

**HALL MARKETS:** 3<sup>rd</sup> Sunday of the month. 8:30am to 1pm  
Come and choose from a wide selection of craft, woodwork, hand made cards, fresh produce & plants, bric-a-brac, 2nd hand books & kids toys. Enjoy a hot breakfast or Devonshire tea or coffee. "Lucky Tree" Hall Raffle. New stall holders welcome.

Krambach Hall (School of Arts Inc.) has spaces available and is looking for more Stall Holders. One table costs \$11.00, two tables are \$16.00 and 3 tables are \$22.00.

Phone: **Helen Legg** on 6559 1211 to book a stall

**FLYING FOX PRESHCOOL:** Thursdays 9.30am to 3.00pm

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**HALL BOOKINGS:**

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### Nabiac Landcare

**Rolf Hoffman** photographed the newly acquired seating for Lilly Pilly Bend supplied by Mid Coast Council (per Steve Howard) and installed by the Work for the Dole team.



This is an encouraging start to the furnishing of this special local site.

Perhaps the next move will be the repair of sections of the pathways or even a new path from the foot-bridge (Abbott St) to the renovated bridge.

If you have any ideas to improve amenities for the area please share them with us.

Landcarers work each Wednesday (weather permitting) 8-9 to 11am followed by morning tea at 3 Clarkson St and new members are always welcome.

**Leonie Bell**  
0400 958 486

### News from Nabiac Kids' Shack.

Kids Shack has July Vacation Care coming up. Highlights of the program include a visit to Laser Tag/Ten Pin at Forster, Inflatable World in Taree, a music lesson with Jacob and a Mad Hatters Tea Party. Children can make new friends and have fun!

We will continue our fun physical and learning activities in Term 3. We have an extensive range of active after school equipment, as well as crafts, books and games for all children to enjoy and develop their skills and confidence.

If you require information on Vacation Care or before or after school care for your child (5 - 12 years), please contact 0438 273 360 or email [nabiackidsshack@bigpond.com](mailto:nabiackidsshack@bigpond.com)



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### CTC@Nabiac

The Nabiac CTC centre at 37 Nabiac St Nabiac, is open to the public on Monday to Saturday, from 9.30am to 12.00pm Phone (02) 6554 1876

The centre is a non-profit organisation run mainly by volunteers. The centre offers many services including internet use, printing, scanning, photocopying and faxes and IT training.

Courses are offered to beginners and advanced users, so come along with your questions. Courses cost \$5.00 a lesson, plus a \$5.00 Annual Membership Fee.

Some of the services and courses on offer at the moment are:

**Monday Morning:** Photocopying and Faxing

**Tuesday Mornings:** Tim's here for all the advanced computer uses. Sheila & Jillian will be here to help with the basics: File Management, creating Documents in Word, Publisher & Excel, Email, Internet Searches, Powerpoint and saving and adjusting Digital Photographs. So if you have any questions come along.

**Wednesday Mornings:** Hanna is available for general help.

**Friday Mornings:** Suzie will help with the basics, emails and internet searches.

**Saturday Mornings:** Marie can help advanced computer users, setting up an android or Apple Ipad tablet, Iphone and other Smartphones. Suzie will help with the basics, emails and internet searches.

**Jillian Wood**



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**What's been happening at Nabiac & District Preschool...**

### **Thankyou Toy Universe**

A massive **THANK YOU** to **James** and his family at Toy Universe for the very generous donation of Toys. All the children at Preschool have loved seeing all the new items and testing them out!!!



### **School Visits in Term 3**

Our weekly visits to Nabiac Public School for school transition preparation will begin again in Term 3. Our Schoolies Children are looking forward to looking around the school and seeing what big school is all about!

### **Vacancies**

We are starting to run out of vacancies now. If you are looking to enrol your child please do not hold off as we may not be able to accommodate your needs. We currently only have 1 day available for 2-4yr olds (that are not attending school next year) and a couple of vacancies each day in our preschool room (attending school next year). If we do not have the days you require we can put your name on a waiting list for when positions become available.

### **Playgroup**

We have a playgroup that runs every Monday morning of the school term. This is a great way to get to know our centre and educators before starting your child in care. The children feel safe, secure and supported when they are cared for in a loving, caring, and welcoming environment like ours!

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## WALLAMBA CWA REPORT

I return to the meetings after an absence of two months due to family commitments and give thanks to my assistant Secretary, *Penny Britton*, for taking and writing up the minutes.

President *Iris Cummings* welcomed 8 members, and our visitor *Coral*, to the meeting held at the Wallamba Showground Hall Foyer on Tuesday 13<sup>th</sup> June, which commenced at 9.30am.

Following the opening formalities the members paused to remember the passing of former Nabitac resident *Alf Croucher*, who many will remember as working for *Bruce Weller* and team at Modern Motors for some 30 yrs. Members remember also Harrington CWA Secretary *Heather Murdock* on the passing of her husband *Ray* and member *Janette Jones's* dear friend 103 yr old *Nell Scott*.

*Mary Webber* supplied the thought for June and it was **"Laughter is the shortest distance between two people"**. Pam is down to supply the thought for July's meeting.

*Penny* and *Merle* had been to visit Patron *Betty Bird*, who is currently in Estia Health units, and said she is slowly getting better but still having difficulty in walking since her fall and subsequent surgery. President *Iris* had also phoned and since the meeting *Pam* has paid her a visit – any members who are able to visit would be much appreciated by *Betty*.

2017 State Conference delegates, *Penny* and *Merle*, both gave reports on their attendance and each area pertaining to their role as Group and Branch International & Handicraft Officers respectively.

*Penny* congratulated *Merle* on being winner of the International Handicraft piece with her beaded Mongolian Eagle hanging and also added congratulations to Eungai-Stuart's Point Branch who were placed 2<sup>nd</sup> with their International Book on Mongolia. *Penny* is now taking entries at the Group Council Meeting to be held in Harrington on July 31<sup>st</sup> for this year's Group International work to be judged at Kempsey on August 24<sup>th</sup>.

Material aid items such as lengths of cotton material, needles, safety pins, nylon zippers and the like are also being collected for overseas aid parcels. Mother & Baby pack requirements were also listed and these will be distributed by the Hospital Committee of HO.

Several more International Days are coming up including Eungai-Stuart's Point which was held Thursday June 22<sup>nd</sup>, Bonny Hills on Wednesday June 28<sup>th</sup> followed by Wingham on Tuesday 4<sup>th</sup> July, Pt. Macquarie Evening on Saturday 15<sup>th</sup> July, Forster Tuesday 1<sup>st</sup> August and Gloucester Monday 14<sup>th</sup> August and *Penny* will be attending each of these together with some of the Wallamba ladies.

*Merle* followed with her Handicraft Report firstly on the results from State Conference saying that Mid North Coast Group, of which Wallamba is a member, gained First place this year, winning the trophy which dates back to 1933 and will be on show at the Display cupboard in Pt Macquarie for the year. Gloucester Branch was placed 2<sup>nd</sup> with the Branch project of trees – a wall hanging - which involved

## GRIFFO'S GOURMET MEATS

### Meat To Eat

Gordon & Narelle Griffis



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Nabitac. 2312

some intricate and detailed work on it. *Merle* won 1<sup>st</sup> with the International work so overall she was very happy with the Group effort. The Show & Tell day held at Port Macquarie went well with lots of Creative Beans on display and the winner of these was *Wauchope*.

The Branch project for this year is 4 Australian theme Christmas decorations that must fit into a box 3 cm x 3 cm.

*Jill Hammond*, our Ag & Environment Officer, gave her report from the Group Day at Port Macquarie where the Guest Speaker was *Mark* from Billabong Zoo Park and who, as a new owner, is working hard to make it an interesting venue for people to visit with a crocodile now in residence and a number of other endangered species at the zoo.

Finger Limes which was this year's primary product and the day had a speaker from a nursery/producer from Kundabung who said the fruits are purchased for their taste and used as garnishes etc. *Jill* had a cork tree seed pod from the oldest growing tree in Australia which is located at Tenterfield – very interesting species to say the least.

Our Cultural Officer, *Margaret Weller*, had brought home some interesting snippets from her recent travels to Qld and all places in between and these include information on the Dunnart Centre at Julia Creek, Qld Marsupial Preservation Group. These tiny creatures are a nocturnal insect eating animal with a biological name of SMINTHOPSIS DOUGLASI. *Margaret* and husband *Bruce* also visited Lark Quarry Conservation Park 100 kms NE Winton to see the Dinosaur Stampede footprints

Congratulations to *Janette Jones* who has become a great grandmother for the first time with the birth of a little girl who has been named *Kyla Ann* – congratulations *Janette*.

*Pam Muxlow* was also thrilled with the effort of her 9 yr grand daughter, *Keala*, who had completed 30kms in the Kokoda Youth Challenge at Mt. Nebo, Qld at the beginning of May - great effort from one so young.

**Happy Birthday** wishes were extended to members *Pam Muxlow* for her 70<sup>th</sup> on May 28<sup>th</sup>, to *Janette Jones* for her 73<sup>rd</sup> on May 30<sup>th</sup> and *Margaret Weller* for her 76<sup>th</sup> on June 2<sup>nd</sup>, - Happy birthday to you all.

**Wedding anniversary** wishes were extended to *Merle* and *Fred* for their 56<sup>th</sup> wedding anniversary on June 10<sup>th</sup> and to visitor *Coral* and her husband *Don* for their 43<sup>rd</sup> on June 15<sup>th</sup>.

Members of the local Methodist Congregation enjoyed a short visit from *Rev Phil Matthews*, past minister, who stayed with *Margaret* and *Bruce* and caught up with many of his friends. Unfortunately wife *Lyn* wasn't able to make it this time.

The branch's next meeting will be held on Tuesday 11<sup>th</sup> July commencing at 9.30am when all interested ladies are welcome to come along and stay on for a 'bring and share' lunch.

### Pam Muxlow

Secretary & Publicity Officer  
Wallamba CWA Branch



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**NABIAC MEMORIAL  
NEIGHBOURHOOD CENTRE**



As many in our community are aware the Neighbourhood Centre's Op Shop funds raised were previously used to support the construction of our Pool. Since the Pool project was completed we've focused spending on some much needed work on our building.

#### Building Refurbishment

We spent \$45,787.67 (ex-GST) on refurbishing the building between April 2016 and March 2017. There have been further repairs since then and they will be reported at our next meeting on 20th July 2017.

#### Nabiac War Memorial Park

At present the Neighbourhood Centre is committed to contributing to the cost of the works at the Park. We will be working with MidCoast Council on the fence, an extra footpath across the park and some new signage. The Neighbourhood Centre has a grant from Veterans Affairs for \$1,000 and will contribute around \$4,500 to \$5,000 to this work. Council will also contribute.

#### Children's Play Area

##### Requests from the community have involved

- a new play area for young children behind the Tennis Courts,
- a bike/scooter area suitable for younger children and
- a shaded play area.


Taking all this into account, MidCoast Council and the Nabiac Village Futures Group agreed that a new play and bike area for younger kids would be constructed behind the Tennis Courts.

Involved also in this discussion have been the Preschool and Kids Shack, and the Tennis Club. Council have some funds to put towards this project and we expect that the Neighbourhood Centre will be contributing. We should have more information about this in the next month.

This also will mean that the children's play area at Memorial Park will be removed after the new area is complete.

#### Mid Coast Quilters

The Neighbourhood Centre is also talking with the Mid Coast Quilters about assisting them in purchase of a quilting machine to assist with the quilts that they make and donate into communities. In 2016 they donated 509 quilts to hospitals, nursing homes, domestic violence



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units, women's refuges, NSW Dept. of Family and Community Services and the Dundaloo Foundation, and 41 quilts were donated to the village of Mualawa in Fiji after Cyclone Winston.

They estimate they need approx \$10,000 to purchase the machine needed. This will be followed up at our meeting on 20th July.

#### Nabiac Tennis Courts

The Nabiac Village Futures Group (a sub committee of the Neighbourhood Centre) have been approached by the Tennis Club to assist them in works to the court surface. We'll take that request to next meeting on 20<sup>th</sup> July.

#### Further projects

We have had some very early discussions with Council regarding the area around Town Creek. We offered to **contribute seating**, but this is still in very early stages of planning.

We are aware that there is community interest in both **exercise stations for fitness** and in a **community vegetable garden**.

## Assistance Available

It is heart breaking to read Chriss's account (page 20). Packs of wild dogs are now more prevalent in our area and across the Manning/Great Lakes region. These are feral dogs which are causing havoc to small livestock, pets and wildlife. All landholders have a responsibility to control them on their land and without ongoing control programs the numbers will only increase. Local Land Services can assist and guide landholders and neighbourhoods affected by these unpredictable animals. Report all incidents and sightings to:

**Laurie Mullen - [laurie.mullen@lls.nsw.gov.au](mailto:laurie.mullen@lls.nsw.gov.au) / 0407 785 007**

with details of date, time, direction, photos, animals affected

Local Landcare Coordinator for the Great Lakes catchments, **Joel Dunn**, based at Nabiac, can assist supporting neighbourhood groups in learning preventative strategies and implementing regular baiting, trapping and even shooting programs. Such groups will work in conjunction with NPWS and State Forests, coordinated by Hunter Local Land Services. Working together we can enable landholders to carry on with their enterprises, more securely.

If you have issues with wild dogs or can assist these neighbourhood groups please contact:

**Joël Dunn - [joel.dunn@glcr.org.au](mailto:joel.dunn@glcr.org.au) or 0401 932 533**

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Japanese scientists have bred completely see-through frogs so that they can investigate their internal organs without having to kill and dissect them



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**Local History - The Wallamba** — Another in a series of historical articles gleaned from the archives of the "Manning River Times" **March, 1926**, by Bob Mann

**BENEFIT AT KRAMBACH:** The recent benefit arranged at Krambach in aid of Mr T Berriman, who had been ill for some weeks, was a great success. Collections and dances here resulted in the committee being able to hand Mr Berriman about £190. Mr J.T. Payne was secretary/treasurer. The committee appreciates the response by the public to the appeal.

**BAGGED AT NABIAC: JULY, 1926:** Mr Everingham, driver of the service car at Nabiac, had an unenviable experience on Thursday near Nabiac when the wheels of his car sank down in the soft earth and the car refused to budge an inch. Mr Everingham opened the throttle wide in an effort to force the car out of the boggy patch but the wheels only whirled around and around and failed to grip on the greasy soil. To make matters worse the car kept sinking and soon was firmly embedded with mud nearly up to the axle. Chains had to be put on the wheels and boards and brambles placed underneath before the car could be induced to move. The car was delayed over an hour by the unpleasant happening.

**FUNERAL OF MRS W.J. EVERINGHAM, JULY, 1926:** The funeral of Mrs J. Everingham at the Failford cemetery on Tuesday was one of the largest ever held in the district and was an impressive tribute to the respect and high esteem in which the deceased lady was held. The Rev S.C. Roberts conducted the funeral service assisted by the Rev. C.W. Nicholls (Nabiac) and the Rev. J.W. McCredie (Taree) and Mr C. Eather (Nabiac). The funeral proceeded from the church to the Failford cemetery where the Revs. J.W. McCredie and C.W. Nicholls spoke of the excellency of character of the one who had been called away and expressed sympathy with those who had been bereaved. A memorial service will be conducted by the Rev. S.C. Roberts in the Nabiac Church on Sunday night.

**NABIAC POLICE DEPARTMENT, OCTOBER 1926:** The Hon. J.J. Fitzgerald, Minister for Local Government, has received the following letter from the Under Secretary, Chief Secretaries Department. *Dear Sir, In reply to your representation in relation to the communications received by you from Mr T.D. Gallagher, Secretary Agricultural Bureau, urging that a second constable be stationed at Nabiac, I am directed by the Chief Secretary to inform you that the Commissioner of Police reports that representation made for the appointment of an additional constable have been personally inquired into by the District Superintendent who recently visited the locality. As a result it is considered that the constable stationed at Nabiac should be able to deal with any matters which might arise in his patrol and that there is no necessity to increase the numerical strength of the force at that station at the present time. The Commissioner of Police adds that approval has been given for the police station to be connected by telephone with the local exchange in view of the number of stock that passes through the patrol and the amount of traffic going through*

*Nabiac en route to Tuncurry.*

**NABIAC TELEPHONE SERVICE, NOVEMBER, 1926:** The Hon Earle Page has been advised by the Post Master Generals Department—Sir, *With reference to a communication received some time since from Mr H.J. Bowers, Secretary Nabiac Progress Association, relative to the desired provision of an extended service, subject to the post mistress being prepared to provide attendance for additional payment at the rate of £20 per annum. To provide such a service (Sundays, Public Holidays and weekly half holidays excepted) however, additional payment at the rate of £52 per annum is required. Before the service could be provided it would therefore be necessary for the person interested to make good, each year, the additional amount required by the post mistress in excess of £20 and lodge an amount of £32 to cover the first year. The extended service could be provided only during the pleasure of the present post mistress or in the event of a change should her successor agree to carry it on at a suitable rate*

**NABIAC:** Mr V. Lulham, who has been acting as assistant at Nabiac Post Office for a number of years, has been appointed to the charge of the Tuncurry Post Office.

Mr C. Priestly (jnr) who has been a resident of the Wallamba for a number of years, has disposed of his interest in Nabiac and proposes to take up residence at Port Stephens at an early date.

## REPORT FROM NABIAC RSL SUB-BRANCH



It's been a quiet month for the Nabiac R&SL Sub-branch with not much happening.

We remembered the bombings of Sydney and Newcastle at our June meeting.

The events committee of Nabiac R&SL Sub-branch would like to know if anyone in the Nabiac community has any memorabilia or history of any family members who may have served in any conflict, as we are planning the Sub-branches' 75<sup>th</sup> anniversary in 2019.

Also, if anyone in Nabiac or the surrounding is a current or ex-serving member of the Australian Defence Force and/or Peace Keeping Forces you are entitled to join the NSW R&SL and we would love to have you join us. Please contact either myself, or our president Brian Penton on 0481 169 495, for any details.

Don't forget our meat tray raffles every Tuesday at the Nabiac Hotel. We are a small Sub-branch in a small community and all monies raised by us stay in the local community to assist local members of our Sub-branch.

### Some important dates for July

3rd - Reserve Forces day marches in Newcastle and Taree  
11th - 106th Birthday of Royal Australian Navy

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Between the Pages

Nabiac Library News



**REMINDERS!!! Nabiac Library Winter closing time is 4.30pm.**  
**We are open:**

Monday - 3:00 pm to 4:30 pm Tuesday - 3:00 pm to 4:30 pm  
Thursday - 9:00 am to 11:00 am Saturday - 10:00 am - 12:00  
noon (except Farmers' Market Saturday, the last Saturday of the  
month, the library opens 9:00 am - 12:00pm)

**No Homework Help during the School Holidays 1<sup>st</sup> - 18<sup>th</sup>  
July. Homework help resumes Monday 24<sup>th</sup> July at Nabiac  
Library 3.15 - 4.30pm. See you there!!!**

NAIDOC Week Celebration - Our Language Matters - Forster

**When: Friday, 7<sup>th</sup> July 2017 from 10:30 AM - 12:30 PM**

Children can learn more about Aboriginal art from local artist  
*Ronnie Potter* and create their own piece/s to take home. Also  
last years' canvas painting will resurface for further contributions  
by willing participants. Ronnie will fill in any white space using  
his artistic talent to tie all the work together.

**Location: Forster Library, 4-12 Breese Parade, FORSTER,**

**Cost: Free event To Book your spot contact MidCoast  
Libraries 6591 7256 or online:**

[library.events@midcoast.nsw.gov.au](mailto:library.events@midcoast.nsw.gov.au)

### **BILL "SWAMPY" MARSH - FORSTER**



**When: Friday, 07 July 2017 | 02:00  
PM to 03:00 PM**

Bill "Swampy" Marsh - author, song-  
writer, storyteller and playwright. Sit  
back, relax, and enjoy Bill's stories and  
songs. Presented with a touch of  
magic, a dollop of dry Australian humour,  
and a splash of fun.

**Location: Forster Library,  
4-12 Breese Parade, FORSTER, 2428**

**Cost: Free event**

**To Book your spot contact MidCoast Libraries 6591 7256 or**

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Have you heard just **Ten Minutes a Day** could be "the best  
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information are available at our own Nabiac Library in hanging  
bags below our **E1 books** right now or online resources at  
[tenminutesaday.com.au](http://tenminutesaday.com.au). "...children who are read aloud to on  
a regular basis when they are young are readily able to learn to  
read once they start school. You really can make a world of  
difference with just 10 minutes a day!"

For those members who enjoy the junior fiction kits that were  
in hanging bags, the junior fiction kits are now together on JF  
shelf labelled **Junior Fiction Kits**.

We also have **Easy Reader Books** which are located in plastic  
tubs on the Junior Fiction table, between Premier's Reading  
Challenge wire baskets, the Easy Reader tubs are marked with  
Level 1, 2 or 3 and their corresponding coloured dot. They are  
currently in the process of being changed to a green sticker with  
a letter in the top left hand side of the books.

Have you recently read the last available book of a favourite  
author? Would you like to read some home-grown, Australian  
authors? To mention just a few: John Flanagan, Graeme Base,  
Sara Douglass, Margareta Osborn, Markus Zusak, Mem Fox,  
Matthew Reilly, Ruth Park, Kate Grenville, May Gibbs, Rachael  
Treasure etc.

Come in to Nabiac Library and discover great Aussie authors,  
biographies, travel books and magazines for even our "Grey  
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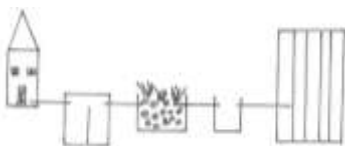
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## NEWS FROM BUNYAH


Bunyah Tennis Group and Cathie's Crafty Crew had a get-together to celebrate our very successful record breaking 2017 'Biggest Morning Tea'. The weather was perfect and everyone relaxed with a Sausage Sizzle and enjoyed the time to just sit and talk because both groups are so busy beforehand and on the day of the morning tea, we all needed this lovely lay-back day to catch up and enjoy each other's company. Planning is already underway for our 20<sup>th</sup> 'Biggest Morning Tea' in 2018.

**In August**, we will be hosting 'The Rattling Bones' and 'Engine Groans Machinery Society' who will be driving their Vintage & Classic Tractors on a 600 km trip over 6 days on a 'Rattling Around the Barrington's' Tour.

They will truck their tractors to Bulahdelah where they commence their tour and will come over the mountain via Manning Hill, for **morning tea at Bunyah Hall** arriving around 10.00 a.m.

From Bunyah they will go to Krambach, Wingham, Nowendoc, Nundle, Moonan Flat, Gloucester overnighting along the way, then return to Bulahdelah to then truck their tractors back to their respective homes.

The tractors are all different brands, Fords, Fergusons, David Browns, Chamberlains from the late 1940's & 1950's; all the tractors are over 45

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years old.

The Dungog Club and three other organisations are running the tour with tractors from 13 other Clubs in New South Wales, Corowa, Bega, Berrima, Riverina.

**Make a note of this date Sunday 27<sup>th</sup> August, 2017**, to come and see the spectacle of these vintage Tractors and the enthusiasm of their owners.

We hosted this same group in 2011 and we are pleased to be asked to host them again.

A reminder about this event and any further details, will appear in the August issue of 'Across the Fence'.

You may have seen a story on morning television during the last week in June, 2017, about the town of Tailem Bend in South Australia whose residents are 'bringing back the wave'!

On our local roads, it has always been that we wave to each other when we are driving, however, this lovely 'country custom' has been gradually declining. We have many new residents living here now who may not be aware of this small, but simple friendly gesture. Let's also do 'the wave' in our local area and make sure this 'country custom' is kept alive.

*Neryl Simpson*



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### Apothecary Centre



Hello from Nabiac Pharmacy!

We have had a very busy couple of months and have some fab things going on in our pharmacy!

A very important issue which we deal with on a daily basis is Blood pressure.

So we have decided to focus and throw a bit of extra awareness out there relating to this issue.

#### KEY FACTS to think about-

\* If we had no blood pressure at all we wouldn't be able to live; having a healthy blood pressure is vital for keeping all parts of our bodies supplied with the energy and oxygen we need.

\* We have a lot of questions regarding what the numbers mean when your blood pressure has been taken; your reading consists of 2 numbers - the maximum and minimum levels, shown as e.g. 120/80. The **top** number is the highest level your blood pressure reaches when your heart is squeezing, this is called your systolic blood pressure level. The **bottom** number is your diastolic pressure, the lowest level of your blood pressure which is when your heart is resting.

It is measured by how hard your blood is pushing against your arteries, so the lower your BP the better.

THE NORMAL RANGE - UNDER OR AROUND 120/80mmHg

- READINGS OVER 120/80 mmHg and up to 139/89mmHg are in the normal to high range.

- READINGS OF OVER 140/90mmHg are considered high.

Your doctor will be able to tell you based on your circumstances.

We offer a free blood pressure testing service in our pharmacy, no appointments needed, pop in and see one of our amazing staff members for your check.

- \* You can keep a tab on healthy blood pressure by adding some physical activity to your lifestyle.
- \* Limiting your alcohol intake to 2 standard drinks per day.
- \* Limiting/avoiding stress.
- \* Think about quitting smoking.

Sometimes it's unavoidable as it's already in your family history or due to old age.

Often by taking supplements you can aid in the overall health of your cardiovascular system. One of our favourites is a practitioner only product called CardioBrama BP. This is a fabulous tablet designed to aid in healthy blood pressure maintenance. Pop on in and chat to us about this amazing product.

With all of the important bits out of the way we can chat about the fun stuff!

\* Have you checked out our Facebook page? This is a fab way to stay up to date with our deals and comps etc. @nabiac pharmacy give us a like!!!!

\* Suffering with cold tootsies on those super cold nights and mornings!!? 'Slumbies' super warm and comfy slippers are available

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again and are proving to be very popular this winter; we have some great styles at just \$19.99 a pair! Kids, men's and ladies!

There's also a lot of fabulous giftware in store for everyone from funny to love filled we have it covered!

That's it for this month! Take care! Stay happy, healthy and warm.

**Melanie, Lauren, Di and Jon xx**

## Mid Coast (NSW) Community Quilters Inc

### JUNE HAPPENINGS

How busy and productive our sewing machines have been this month, allowing us to distribute quilts to many different groups who give them to people in need of warmth and comfort.

To the Palliative Care wing of the Taree Hospital we gave a dozen "Ray of Sunshine" quilts, these brighten up the ward.

We also sent 6 quilts to the Royal Flying Doctor Service, special thanks to Nabiac Publican, Matt Morris, for paying the postage.

As June officially marks the beginning of Winter a time when quilts are really needed, through contacts and information from Dunedoo CWA, we were able to deliver 30 quilts for fire victims and we are assured they will go to needy recipients.

The Manning Great Lakes Police were given 20 quilts (and Trauma Teddies) for distribution through the domestic Violence Unit to give comfort to those exposed to threatening situations.

Our Cupboards were also able to satisfy requests for quilts for people facing challenges, whether that be an illness or move to different accommodation.

#### Just a reminder

We meet Mondays and Wednesdays at

2516 The Bucketts Way, Belbora

Phone Anne at 6550 2605

Bring your lunch and a sense of humour.

Don't Know what to sew?

We have cupboards full of donated fabrics so we'll find something to suit you.

#### AND

The first weekend of every month is devoted to a "QUILT IN" where we are forced to use only fabrics on hand (no sneaking in pretty bits).

The choice is usually decided by the fullest shelf, the green shelf is sagging so a green weekend will be planned soon, also plaids.... and rug rats....

For more information about the weekends, contact **Anne or Jenny at 6554 1201**

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### Dads Old Gun.



A fair bits changed round here since I remember as a teenager going to Nancy Frasers shop, buying a packet of chips, 3 slices of devon and a box of .22 bullets.

Whilst we never walked down the street with it over our shoulder, a kid having a slug gun or 22 just wasn't that uncommon.

Attitudes to firearms have changed and it had to change; we lost a lot of our innocence and devil-may-care through visions bought to us on the nightly news and a horrible day in 1996 at Port Arthur.

What happened afterwards was unprecedented in any civilised country when the government created a gun buyback scheme and really put the screws on those that chose to keep their firearms.

There's arguments on both sides of the fence in regards to all this, but the fact is gun related deaths in Australia fell from 677 in 1987 to 211 in 2015 and it's reasonable to assume that with the new laws and regulations in regards to storage and responsible gun ownership have had an affect there.

Which brings me to the point of this article, starting *July 1<sup>st</sup> and running through to the 30<sup>th</sup> of September there is a National Firearms Amnesty*, during that period you can hand in or register any unregistered firearms without penalty or fear of prosecution.

It should be noted that there are some pretty stiff penalties for hanging onto an unlicensed firearm, even if you have a Gun Licence.

So now's the time to do something about dads old gun, it can be handed in to Taree or Forster Police Stations, Boydies Hunting and Camping in Wingham or given to a collector who can register it for his collection.

The registration and safe storage of firearms is an important part of responsible gun ownership.

For more information go to [www.firearmsamnesty.ag.gov.au](http://www.firearmsamnesty.ag.gov.au)

\*\*\*\*\*

*A child asked his father, "How were people born?" So his father said, "Adam and Eve made babies, then their babies became adults and made babies, and so on."*

*The child then went to his mother, asked her the same question and she told him,*

*"We were monkeys then we evolved to become like we are now."*

*The child ran back to his father and said, "You lied to me!"*

*His father replied, "No, your mom was talking about her side of the family."*

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## Lyn's Larder

### LAMB & PUMPKIN CURRY WITH COCONUT RICE

#### INGREDIENTS

1 tbsp.	Vegetable Oil
600g	Boneless Mini Lamb Shoulder, cut into 3cm pieces
½ cup (100g)	Yellow dried split peas
1	Brown Onion, finely chopped
1	Long Green Chilli, seeded, finely chopped
2	Garlic Cloves, crushed
1 tbsp.	Ginger, finely grated
1	Cinnamon Stick or quill
1 tsp	Ground Turmeric
2 tsp	Ground Cumin
1 tsp	Ground Cardamom
1 tsp	Ground Coriander
400g can	Diced Tomatoes
400g can	Light Coconut Milk
500g	Butternut Pumpkin, peeled & cut into 3cm pieces

#### METHOD

- Heat half the oil in a large saucepan over medium-high heat. Add half the lamb and cook, turning occasionally, for 5 minutes or until brown all over. Transfer to a slow cooker, Repeat with remaining lamb. Sprinkle the lamb in the slow cooker with the split peas.
- Heat remaining oil in the pan over medium heat. Add the onion, chilli, garlic and ginger and cook, stirring, for 5 minutes or until the onion softens. Add the cinnamon, turmeric, cumin, cardamom and coriander and cook, stirring for 1 minute or until aromatic. Add the tomato and coconut milk and stir to combine. Pour over the lamb.
- Cook for 4 hours on high or 6 hours on low or until lamb is tender. Add pumpkin and cook for a further 30 minutes or until tender. Taste to season. (Could be done on stove top cooked on very low heat)

#### COCONUT RICE

1½ cups	Basmati Rice, rinsed & drained
½ cup (125ml)	Light Coconut Milk
1½ cups	Water

#### METHOD

Combine rice, coconut milk and water to a medium saucepan. Season with salt. Bring to the boil over high heat. Reduce heat to low. Cook covered for 12 minutes or until liquid is absorbed. Set aside, covered, for 5 minutes to rest. Serve with the curry.

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"Sugar why don't you sit down by the table and we'll start supper." Said Dorothy to her Husband of 50 years.

"Sure thing," said her husband settling himself down.

"Now darling, would you like the soup first or the salad?" Questioned Dorothy.

"Umm I guess I'll take the soup." He responded.

After a whole meal of one endearing term after another, their guest Bob couldn't contain his curiosity any longer. Bob snuck into the kitchen and asked, "Dorothy do you always talk to your husband like that?"

"Bob, I'll be honest with you," Dorothy replied. "It's been five years now, I just can't remember his name, and I am just too embarrassed to ask him!"

\*\*\*\*\*

"C'mon Ma you have got to try it" I pleaded to my elderly Mother. I don't know how my Mother lasted this long without ever using the internet, but enough was enough! I thought.

"Ok" she said reluctantly settling down by the computer and slowly putting on her reading glasses "what do I do now?"

"Now I'm going to open the home page of google", I explained. "OK here it is! Now type in ANY question you want into the bar over here and you will find an answer to your question." I confidently assured her.

My Mother looked at me warily, thought for a second, and slowly began to type,

*How is Gertrude doing this morning?*

\*\*\*\*\*

After much nagging from his wife, Sam was visiting the audiologist. Yes, he would need hearing aids and they ranged in price from \$10.00 to \$2,000, was what he was told.

"I'll try the \$10.00 pair" Sam said.

The nurse placed the hearing aids into his ears and hung a wire around his neck.

"Does the wire really have to be around my neck?" asked Sam.

"Why of course!" replied the nurse. "You think these things in your ears do anything?! It's the wire around your neck - it makes people talk louder!"

\*\*\*\*\*

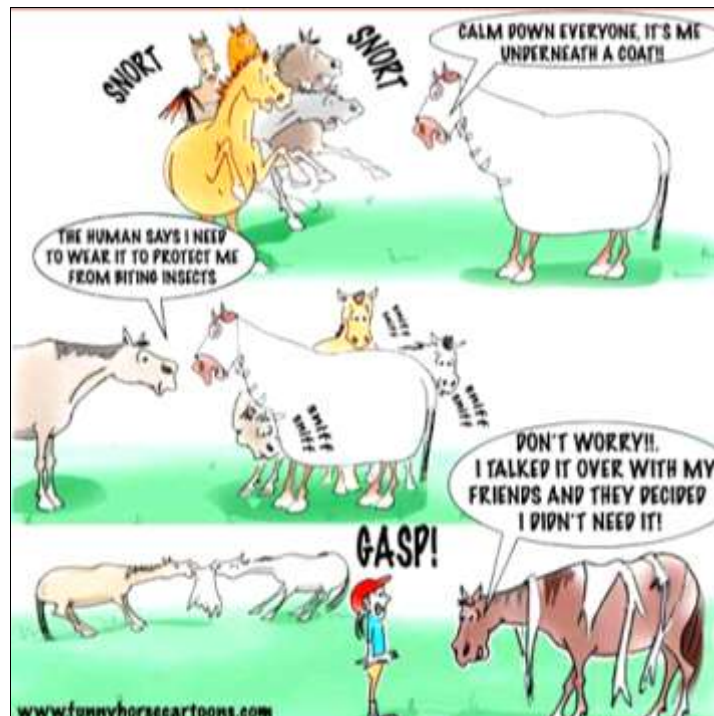
At the urging of Harry's wife and doctor, 50 year old Harry finally made it to the gym. After consulting with one of the trainers, Harry decided to try out a steep treadmill.

"Ok", said the trainer "I'm going to set it for ten minutes, if you want to go longer just press start again."

At first Harry was doing fine but after 5 seconds he started getting tired, and after a minute he jumped off gasping for breath. Walking to the side to sit down, he passed by a friend of his.

"Man", said Harry. "I could barely last a full minute on that treadmill."

"Alright, alright", said his buddy, "no reason to brag!"



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- So it's a wrong number? Sorry.
- No sir, Google bought it.
- OK. Take my order please.
- Yes sir, you want the usual?
- The usual? You know me?
- According to our caller ID data sheet, the last 12 times, you ordered pizza with cheeses, sausage, thick crust.
- OK! This is it.
- May I suggest to you this time ricotta, arugula with dry tomato?
- What? I hate vegetables.
- Your cholesterol is not good, sir."
- How do you know?
- We crossed the number of your fixed line with your name, through the subscribers guide. We have the result of your blood tests for the last 7 years.
- Okay, but I do not want this pizza. I already take medicine.
- Excuse me, but you have not taken the medicine regularly, from our commercial database, 4 months ago, you only purchased a box with 30 cholesterol tablets at Drugsale Network.
- I bought more from another drugstore.
- It's not showing on your credit card statement.
- I paid in cash.
- But you did not withdraw that much cash according to your bank statement.
- I have other sources of cash.
- This is not showing as per you last Tax form unless you bought them from undeclared income source.
- What the hell.
- I'm sorry, sir, we use such information only with the intention of helping you.
- Enough! I'm sick of google, facebook, twitter, WhatsApp. I'm going to an Island without internet, cable TV, where there is no cell phone line and no one to watch me or spy on me.

**I understand sir but you need to renew your passport first as it expired 6 weeks ago.**

### Understanding Engineers

*Two engineering students were biking across a university campus when one said, "Where did you get such a great bike?"*

*The second engineer replied, "Well, I was walking along yesterday, minding my own business, when a beautiful woman rode up on this bike, threw it to the ground, took off all her clothes and said, "Take what you want."*

*The first engineer nodded approvingly and said, "Good choice: The clothes probably wouldn't have fit you anyway"*



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### Understanding Engineers

A priest, a doctor, and an engineer were waiting one morning for a particularly slow group of golfers.

The engineer fumed, "What's with those guys? We must have been waiting for fifteen minutes!"

The doctor chimed in, "I don't know, but I've never seen such inept golf!"

The priest said, "Here comes the greenkeeper. Let's have a word with him." He said, "Hello George, What's wrong with that group ahead of us? They're rather slow, aren't they?"

The greenkeeper replied, "Oh, yes. That's a group of blind firemen. They lost their sight saving our clubhouse from a fire last year, so we always let them play for free anytime!"

The group fell silent for a moment.

The priest said, "That's so sad. I think I will say a special prayer for them tonight."

The doctor said, "Good idea. I'm going to contact my ophthalmologist colleague and see if there's anything she can do for them."

The engineer said, "Why can't they play at night?"

\*\*\*\*\*

*Statistics just released from Statistics Australia and  
The United Nations B.O.H. Team, reveal that: Australian men  
between 55 and 85 years of age, will on average,  
have sex two to three times per week,  
(and a small number a lot more),*

*whereas Japanese men, in exactly the same age group, will  
have sex only once or twice per year if they are lucky.*

*This has come as very upsetting news to both me and most  
of my mates at the Bowling Club, as none of us had any idea we  
were Japanese.*

\*\*\*\*\*



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# YOU GUESSED IT - NOT ENOUGH ARTICLES AGAIN



## Ode to Golf

In My Hand I Hold A Ball,  
White And Dimpled, And Rather Small.  
Oh How Bland It Does Appear,  
This Harmless Looking Little Sphere.  
By Its Size I Could Not Guess,  
Or The Awesome Strength It Does Possess.  
But Since I Fell Beneath Its Spell,  
I've Wandered Through The Fires Of Hell.  
My Life Has Not Been Quite The Same,  
Since I Chose To Play This Stupid Game.  
It Rules My Mind For Hours On End,  
A Fortune It Has Made Me Spend.  
It Has Made Me Curse And Made Me Cry,  
And Hate Myself And Want To Die.  
It Promises Me A Thing Called Par,  
If I Hit It Straight And Far.  
To Master Such A Tiny Ball,  
Should Not Be Very Hard At All.  
But My Desires The Ball Refuses,  
And Does Exactly As It Chooses.  
It Hooks And Slices, Dribbles And Dies,  
And Disappears Before My Eyes.  
Often It Will Have A Whim,  
To Hit A Tree Or Take A Swim.  
With Miles Of Grass On Which To Land,  
It Finds A Tiny Patch Of Sand.  
Then Has Me Offering Up My Soul,  
If Only It Would Find The Hole.  
It's Made Me Whimper Like A Pup,  
And Swear That I Will Give It Up.  
And Take To Drink To Ease My Sorrow,  
But The Ball Knows ... I'll Be Back Tomorrow.

A final joke for our golfers. I know it will strike a cord with you all as true, having listened to nearly all the above when Paul played with you years ago. Really makes me wonder why you continue with the game!!

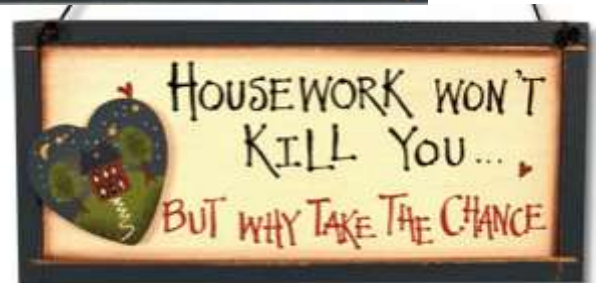
Lyn



I would love to be able to create something of this detail. Ed.



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A Kentucky farmer got in his pickup and drove to a neighbouring farm and knocked at the farmhouse door. A young boy about 9 opened the door.

"Son, is yer Dad home?" the farmer asked.

"No, sir, he ain't," the boy replied. "He went into town."

"Well," said the farmer, "is yer Mom here?"

"No, sir, she ain't here neither. She went into town with Dad."

"How about your brother, Howard? Is he here?"

"He went with Mom and Dad."

The farmer stood there a few minutes, shifting from one foot to the other and mumbling to himself.

"Is there anything I can do fer ya?" the boy asked politely.

"I knows where all the tools are, if you want to borrry one. Or maybe I could take a message fer Dad."

"Well," said the farmer uncomfortably, "I really wanted to talk to yer Dad. It's about your brother, Howard, getting my daughter, Pearly Mae, pregnant."

The boy considered for a moment. "You would have to talk to Pa about that," he conceded. "If it helps you any, I know that Pa charges \$50 for the bull and \$25 for the hog, but I really don't know how much he gets fer Howard."

\*\*\*\*\*

#### IRISH Wit & Wisdom

Father O'Malley rose from his bed one morning.

It was a fine spring day in his new Washington D.C. Parish.

He walked to the window of his bedroom to get a deep breath of the beautiful day outside.

He then noticed there was . . . A donkey lying dead in the middle of his front lawn.

He promptly called the White House .

The conversation went like this:

"Good morning. This is Donald Trump, How might I help you?"

"And the best of the day te yerself . This is Father O'Malley at St. Ann's Catholic Church. There's a donkey lying dead in me front lawn and would ye be so kind as to send a couple o'yer lads to take care of the matter?"

Trump , considering himself to be quite a wit and recognizing the Irish accent, thought he would have a little fun with the good father, replied,

"Well now Father, it was always my impression that you people took care of the last rites!"

There was dead silence on the line for a moment . . . Father O'Malley then replied:

"Aye,' tis certainly true; but we are also obliged to notify the next of kin first, which is the reason for me call."



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Mr. and Mrs. Brown had two sons. One was named Mind Your Own Business & the other was named Trouble.

One day the two boys decided to play hide and seek. Trouble hid while Mind Your Own Business counted to one hundred.

Mind Your Own Business began looking for his brother behind garbage cans and bushes. Then he started looking in and under cars until a police man approached him and asked,

"What are you doing?"

"Playing a game," the boy replied.

"What is your name?" the officer questioned.

"Mind Your Own Business."

Furious the policeman inquired, "Are you looking for trouble?!"

The boy replied, "Why, yes."

=====

A 3 years old boy sits near a pregnant woman.

Boy: "Why do you look so fat?"

Pregnant woman: "I have a baby inside me."

Boy: "Is it a good baby?"

Pregnant woman: "Yes, it is a very good baby."

Boy: "Then why did you eat it?!"

=====

Little Susie, a six-year-old, complained, "Mother, I've got a stomach ache."

"That's because your stomach is empty," the mother replied. "You would feel better if you had something in it."

That afternoon, her father came complaining that he had a severe headache all day.

Susie perked up, "That's because it's empty," she said. "You'd feel better if you had something in it."

=====

Four men are in the hospital waiting room because their wives are having babies.

A nurse approaches the first guy and says, "Congratulations! You're the father of twins."

"That's odd," answers the man. "I work for the Minnesota Twins!"

A nurse then yells the second man, "Congratulations! You're the father of triplets!"

"That's weird," answers the second man. "I work for the 3M company!"

A nurse goes up to the third man saying, "Congratulations! You're the father of quadruplets."

"That's strange," he answers. "I work for the Four Seasons hotel!"

The last man begins groaning and banging his head against the wall.

"What's wrong?" the others ask.

"I work for 7 Up!"



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We're almost half way through the 2017 winter season!

Wallamba FC has 10 teams this year with over 100 registered players. We have new lights at our home ground, Aub Ferris Sports Field (thanks to funding from Mid Coast Council along with a grant from the State Government), which means we can now host Women's games on Friday nights.

To kick off the season, we hosted a 3-session coaching program for goal-keepers from Clubs across the region which was very popular.

At the end of the 2016 season we were overwhelmed to be announced Northern NSW Football's Club of the Year. **Rob Mouthaan**, our Club Captain, travelled to Newcastle for a black-tie event to receive our trophy.

Thanks to the \$1,000 voucher with which we were presented, we've been able to purchase some much needed training and game equipment.

We're enjoying another action-packed, fun-filled, successful season. Like our Facebook page for details of home games, and come down to cheer on our teams and enjoy our canteen faire (getting quite the reputation!).

Wallamba FC would like to send out a huge thank you to our generous, supportive and invaluable sponsors.

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### SAD LETTER OF INTEREST SENT IN

Thursday 15<sup>th</sup> June will go down in my books as a killing day.

Let me begin by saying I started my herd of Dorper sheep in 2014 with 7 initial purchases from various people. Over the years the numbers had grown to 29 due to many celebrated births. Thursday morning I woke and looked down through the mist to the sheep in the yards below the house and saw a sheep standing very close to my dam and what appeared to be a sheep in the dam very close to the edge. Thinking one of the recent 7 lambs born over the last three weeks may have slipped in, I immediately proceeded down to find it was a fully grown sheep that appeared to be stuck in the mud. I also witnessed all 7 lambs dead throughout my walk to the dam. Two sheep were also floating in the dam. I quickly did a reconnaissance of the paddock to find that most of the sheep were mauled to some degree and a total of five were dead and two needed euthanizing due to the degree of carnage inflicted on them.

Not being an expert I believed that either a wild dog or dingo, solely or a pack, inflicted this damage and turmoil.

I immediately called a vet to come and do whatever was necessary to assist the remaining walking wounded. The vet explained that a lot of the sheep still had a chance of a good recovery given time, albeit with scarring. I also rang Land Services and later that day their representative identified the location of the access point of the killers and proceeded to set a trap in the chance that they may return to finish off the herd. He also confirmed that he thought it was a pack of wild dogs on a "thrill kill".

I have written this letter as a form of advice for other people who keep sheep or other easily killed animals in the area.

I have made the decision to sell my remaining sheep. I am a gentle natured person who finds it hard to comprehend how anything could kill just for the sake of it. I may try having sheep again in the future, when the attitude to trapping and baiting of wild dogs is more accepted by the general public.

Chriss Maskey Firefly.



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## REAL KULTCHA

WET?? Would you believe our ducks have got foot rot? I've also been marking the days off my calendar and it's very close to what I consider to be the point of no return where it'll be time to start building an ark! Yeh, right, you little redheaded twerp on the left, you can scoff but how are you at treading water for somewhere in the vicinity of sixty days? Lotsaluck.

In the meantime, life goes on. The new American President (he with the orange possum on his head) continues to rock Washington. Mind you, that's what he said he was going to do. He also said he was going to drain the swamp as well and if by that, he meant he was going to get rid of some of the government's employees in Washington he began with the FBI director, which resulted in a Special Prosecutor being appointed and two of his Executive Orders have been thrown in the round filing cabinet (read: the garbage bin) and about now he's up to his nether reaches in the swamp he said he was going to drain!! Do I know what's going to happen over there? Haven't got a clue but both the US and Britain have non-compulsory voting systems in place and the first threw up The Donald and the latter dropped Theresa May in the brown stuff big time. I don't think our voting system is all that bad, really.

Elsewhere, Muslim terrorists continue to be active. I'm not the sharpest chisel in the tool box but if your good book says anybody who is not of your faith should die then surely when you perform an act designed to kill non-believers wouldn't you make sure non of your faith were injured? Ah, but they're not of my exact faith, they're in another sect. Eh? The whole situation seems to me, to mirror The Middle Ages when Christianity had folk rebelling against Roman Catholicism and the Inquisition was afoot. Does that mean we have to endure another 400 to 500 years of this mayhem before the Muslim faith grows up?

On a happier note, *The Mighty Blues* (led by local boy Boyd Cordner) thrashed The Pathetic Maroons in the first State of Origin and by the time you read this, you'll know how Daley's Darlings have fared. I expect they'll win and go onto also win the third clash – and that's how it should be.

My two football teams have positioned themselves brilliantly for their run at their respective flags. The money is on (at very good odds) so tighten your seat belts – things are about to become crazy.

On another front: if I were to mention to you *The MacRobertson Shield*, you'd know what I was talking about, wouldn't you? Oh, for crying out loud, it's that same little redheaded twerp on the left: NO YOU DON'T. You wouldn't know if your backside was on fire! Let me enlighten you. In 1925 Sir MacPherson Robertson (an Oz chocolate maker {Freddo Frog is one of his} and philanthropist) arranged a Test match between Australia and England. England won

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it and Robertson presented a shield that became known as *The MacRobertson Shield* or the "MacRob" or simply the "Mac" and it's been played for every four years since then. What sport, I hear you mutter? Good question and the answer is, Croquet. Don't knock 'till you've tried it. I've never played it either but I'm told it's a very cerebral sport – like billiards on a pretty big lawn. We won the next three events but it's been a drought since then. However, (and I'm quoting from a news source here) during a fierce (told you: a cerebral game of billiards on a lawn) competition at Rancho Mirage in California the Oz team played off against England, New Zealand and the USA over three five-day Tests and 21 matches. For a croquet player it's like playing in the Olympics and the Oz team took out the gold! Another interesting aspect of the win was the makeup of the Oz team: Ian Dumergue (was Captain), Simon Hockey, Stephen Forster and the Fletcher brothers Robert, Malcolm and Greg were it. Yep, three brothers from the small Victorian town of Lismore formed the backbone of the team and given their ages, it can be expected they'll be around the sport for a while yet.

And speaking of sport and longevity, by the time you read this *The Royal Krumbach Golf Club* will be no more. It seems to be a sad fact of life, in country NSW at least, that many sports are struggling. It appears the current generations are being forced to move to the cities to get jobs or – if they play any sports – they'd rather play on computers or go surfing. Established sports like tennis, cricket, Rugby League and golf are experiencing down turns and this is what has killed The Royal. For several years our numbers have been falling and with very few youngsters replacing those who retire, the writing was on the wall. I'm going to have to look for another Club or maybe another sport. I may drop down to the Forster Sporting Complex and check out their Croquet Club. I'd like to think I'm somewhat cerebral – though many are prepared to swear I'm brainless – and give it a go.

Talk at you next month,

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Julius Roos [rroos1@outlook.com.au](mailto:rroos1@outlook.com.au)

## Wallamba Bulls

### Wallamba Bulls Corralled Temporarily

**T**he Wallamba Bulls have had a busy month despite only playing 3 games with a long weekend bye in June. The team and coaches have been busy training and the officials and supporters have been preparing for the tenth anniversary celebrations and for the first night game against Old Bar at Aub Ferris Oval in Nabcac on Friday 7<sup>th</sup> July, 2017 at 6pm.

The Bulls took on the Manning Ratz at Rat Park in Taree on 3<sup>rd</sup> June. A physical game saw the Ratz throw everything they had at the Bulls. The Bulls stuck to the Game plan and improved discipline in their play saw the Bulls defeat the Manning Ratz 40 – 3 with the Ratz points coming from a penalty goal.

The competition took a break over the June Long Weekend when the Bulls took a well deserved break before the competition resumed for the second game of the month when the Bulls returned to Aub Ferris Oval to host the Myall Coast Mud Crabs. The Mud Crabs have had a tough season but in the true spirit of Rugby gave there all against the Bulls. Despite the strong performance, which unfortunately was not reflected in the Mud Crabs score, the Bulls defeated the Mud Crabs 68 – 5. In a blow to the Bulls, **Matthew Steele** (AKA Pommy) suffered a fracture to his ankle metres from the try line putting him out for the season and under the care of his surgeon.

The clash at the top of the table took place on 24<sup>th</sup> June when the Dolphins hosted the Bulls at Dolphin Park. Both teams knew the stakes. A win by the Bulls had the potential to decide the Minor Premiership whilst a win to the Dolphins would see them join the Bulls at the top of the competition table. The Bulls supporters knew what was at stake and a large number turned out in a show of support for the Bulls.

The main event was preceded by the Golden Oldies traditional game between the Old Bulls and the Manning Mongrels which saw the Old Bulls claim the win.

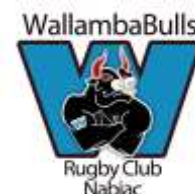
For the main event, both teams played a tough physical game and both were held scoreless 15 minutes into the first half before both teams turned up the pressure. The Bulls played a strong game but the Dolphins were better on the day and the Bulls stampede was temporarily halted when the final whistle blew and the scoreboard read Dolphins 24 – Bulls 14.

The Dolphins now join the Bulls at the top of the points table with a huge clash set to take place on July 29<sup>th</sup> when the Bulls host the Dolphins in the game that will most likely decide the minor premiership. A great result for the fans of the game who will be treated to some top shelf Rugby in the last game before the finals.

The Bulls will travel to Gloucester to take on the Cockies on 1<sup>st</sup> July, 2017 with the Nabcac Hotel Supporters Bus leaving the hotel at 1.45pm. On FRIDAY 7<sup>th</sup> July the Bulls will host Old Bar at the Aub Ferris Oval for the Bulls first ever night game at 6pm under the newly installed lights. A great way to end a tough week.

The Bulls return to the Saturday program on 15<sup>th</sup> July when they host the Manning Ratz at Aub Ferris Oval with a 3pm kick-off. The Bulls then head south to take on the Myall Coast Mud Crabs in Tea Gardens with the Nabcac Hotel supporters bus on hand for a free shuttle ride to the game on 22<sup>nd</sup> July and then the clash of the round, the last game before the finals series is at the Bull Pen when the Bulls host the Dolphins on 29<sup>th</sup> July 2017.

The Bulls are giving their all in the year of the Bull and wish to thank their supporters and sponsors for travelling with them on this exciting journey.



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## DONK (DE OLDE NABIAC CLUB)

We were at the show - n - shine at John Wright Park during the month and whilst the weather was threatening and as a result crowds down, those that did attend were treated to a good day.

We had several things running and the local kids (and much "older" kids") enjoyed what we had to offer.

There were also several vehicles on display including one member's 1937 "sports" three wheeled Morgan. This vehicle has some UK racing history before being brought to OZ and raced for several years here by the present owner. These vehicles used a twin JAP motor-cycle engine sitting out the front driving the one rear wheel through a manual transmission. Morgan cars, since 1910, have been a family owned business and produce around 1,700 cars a year and are reported to be the oldest car manufacturing still in business under the same name in the world. Look it up, very interesting company.

We will be at the Forster Keys Family Fun Day on July 2nd with our gear running and vehicles on display so are hoping for fine weather.

*Greasy Hands*



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Hole in One

I guess golf is a lot of fun  
There in the Valley of the Sun,  
But it pays to be smart like a fox  
And carry an extra pair of socks,  
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## Wallamba Fishing Club



### FISHING REPORT WEEKEND

16<sup>TH</sup> – 18<sup>TH</sup> JUNE 2017

Being the final fishing weekend of the year, this was the last chance for the fishos to add points to their tally.

Despite the unpredictable weather a few members went out and caught a mixed bag of fish for Sundays weigh in.

#### BLUE WATER – JUNIOR

**Cameron Thomas** 1 x Flathead 0.48kg  
2 x Snapper 1.01kg

#### BLUE WATER

**Rod Thomas** 1 x Teraglin 1.30kg  
1 x Snapper 0.52kg

**Wayne Wickenden** 3 x Flathead 1.37kg  
2 x Snapper 1.03kg  
1 x Pearl Perch 0.84kg  
**Paul Lawson** 4 x Teraglin 5.38kg  
1 x Flathead 0.42kg  
4 x Snapper 4.05k  
2 x Jewfish - 1 x 4.05kg  
1 x 6.43kg

Just a reminder members, the **AGM is on Sunday 16<sup>th</sup> July** at Nabiac Hotel, following weigh in.

Nominations will be open for Executive Committee positions. Hope to see you all at the meeting.

NEW MEMBERS ALWAYS WELCOME.

**Michelle Pascoe** (club secretary)  
0400 651 288

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### KRAMBACH GOLF CLUB



Sunday 25th - Stableford  
Men's & Ladies Last Day's Play at Royal  
Krambach

#### MENS RESULTS - JUNE, 2017

##### Sunday 4th - Monthly Medal Play-off - Stroke

<b>Daily</b>		
Winner:	Michael White	68 nett
R/Up:	Ian Andersen	69 nett c/b
Third:	Tom Paterson	69 nett c/b
<b>Monthly Medal Play-off</b>		
Winner:	Tony Brennan	70 nett c/b
2nd:	Steve Nye	69 nett c/b
NTP:	1 <sup>st</sup> /10 <sup>th</sup> Steve Nye	
	4 <sup>th</sup> /13 <sup>th</sup> Michael White	
	7 <sup>th</sup> /16 <sup>th</sup> Brian Nuttall	
	8 <sup>th</sup> /17 <sup>th</sup> Ken Martin	

##### Sunday 11th - Charity Day - 4 Person Ambrose

Winners:	Krambach Hotel Team	55 nett
2nd:	Neil Moore Team	56 nett
3rd:	Steve Nye Team	56 nett
4th:	Nabiac Hotel Team	57 nett
5th:	Jason Betts Team	57 nett
6th:	Blackhead Tavern Team	57 nett

A big thank you to all players for making our Charity Day for Westpac Rescue Helicopter Service such a big success.

##### Sunday 18th - Stableford Men's & Womens

<b>Men's</b>		
Winner:	Dennis Ruddick	43 pts
R/Up:	Rick Paff	41 pts
NTP:	4 <sup>th</sup> John Blackwood	
	8 <sup>th</sup> Tom Moore	
<b>Ladies</b>		
Winner:	Di Lamborne	31 pts
R/Up:	Kerry Roos	30 pts
NTP:	4 <sup>th</sup> Moya Harris	
	17 <sup>th</sup> K. Sellings	

#### Golf Partners

Alex comes home after his regular Saturday golf game and his wife, Amanda, asks why he doesn't include John Gumby in the games anymore.

Alex asks, 'Would you want to play with a guy who regularly cheats, swears outrageously over everything, lies about his score, and has nothing good to say about anyone else on the course?'

'Of course I wouldn't,' states Amanda.

'Well,' mutters Alex, 'neither does John Gumby'.

<b>Mens</b>		
Winner:	Matt Morris	43 pts
R/Up:	Trevor Cheers	41 pts
3rd:	Rick Paff 39 pts c/b	
<b>Ladies</b>		
Winner:	Rhonda Nightingale	36 pts
R/Up:	Moya Harris	32 pts
NTP:	8 <sup>th</sup> /17 <sup>th</sup> D. Hanson & Moya Harris	
	4 <sup>th</sup> /13 <sup>th</sup> Moya Harris	

The course has now closed for play and a very big **THANK YOU** to the Paterson family for allowing us to enjoy the 'game of golf in the paddock' for 65 years.

A very big shout out to everyone that came the following day to help with the working bee, it was very much appreciated to have all the help given.

#### Cheers Pam and Krambach Golf Players

#### VETERANS RESULTS - JUNE, 2017

##### Thursday 1st - No Results

##### Thursday 8th - Stableford

Winner:	Dennis Ruddick	40 pts
R/Up:	Ian Andersen	39 pts c/b
NTP:	4 <sup>th</sup> /13 <sup>th</sup> Ken Martin	
	8 <sup>th</sup> /17 <sup>th</sup> Don Gordon	

##### Thursday 15th - Stableford

Winner:	Dennis Ruddick	41 pts
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##### Thursday 22nd—Stableford

Winner:	Peter Wildblood [Cpt Taree]	36 pts
R/Up:	Dennis Ruddick	35 pts c/b
NTP:	4 <sup>th</sup> /13 <sup>th</sup> Neville Harris	
	8 <sup>th</sup> /17 <sup>th</sup> Trevor Cheers	

#### LADIES RESULTS - JUNE, 2017

##### Wednesday 7th - Medals - Stroke

<b>A Grade:</b>		
Winner:	Kerry Roos	74 net c/b
R/Up:	Moya Harris	74 net
<b>B Grade:</b>		
Winner:	Rose Pearson	80 nett
R/Up:	Rhonda Nightingale	80 nett
NTP:	1 <sup>st</sup> /10 <sup>th</sup> Moya Harris & Rhonda Nightingale	
	7 <sup>th</sup> /16 <sup>th</sup> Kerry Roos	
Putting:	Kerry Roos	30 putts

##### Friday 9th - Open Day - Stableford

<b>A Grade</b>		
Winner:	G. Randall [Gloucester]	33 pts c/b
2nd:	B. Gordon [Bulahdelah]	33 pts
3rd:	E. Moore [Krambach]	32 pts
<b>B Grade</b>		
Winner:	B. Bisbey [Wingham]	34 pts
2nd:	P. Paff [Krambach]	31 pts
3rd:	A Jones [Forster]	29 pts
<b>C Grade</b>		
Winner:	C. Jennings [Harrington Waters]	33 pts
2nd:	K. Sellings [Harrington Waters]	31 pts
3rd:	P. Burrows [Gloucester]	31 pts

##### Wednesday 14th - Stableford

Winner:	Rhonda Nighthingale	43 pts
R/Up:	Moya Harris	36 pts
NTP:	4 <sup>th</sup> Pam Paff	
	17 <sup>th</sup> Rhonda Nightingale	

##### Wednesday 21st - Medal of Medals - Stroke

Winner:	Moya Harris	77 nett
R/Up:	Rhonda Nightingale	78 nett
NTP:	4 <sup>th</sup> /13 <sup>th</sup> Kay Moylan	
A Grade:	Rhonda Nightingale	
B Grade:		
	8 <sup>th</sup> /17 <sup>th</sup> Kay Moylan	
A Grade:	Kay Moylan	
B Grade:	Margaret Weller	
Long Drive:		
A Grade:	Kay Moylan	
B Grade:	Margaret Weller	
Putting:		
A Grade:	Kay Moylan	31 putts
B Grade:	Rose Pearson	34 putts

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**Another** way to inhale essential oils is to place 5 drops of oil in a bowl of very hot water, place a towel over your head and inhale the fumes, (keeping your eyes closed). This is a very effective way to relieve symptoms of upper respiratory tract infection and congestion. Alternatively place 3-5 drops on a handkerchief and regularly inhale.

**Another** effective way to relieve symptoms of coughs and congestion is to rub 5 drops of essential oil in 5-10mls oil, (such as grapeseed, almond, coconut or olive oil or whatever you have in the kitchen) and rub it directly onto the patient's chest, front and back.

As we all know, essential oils have specific therapeutic effects creating a sense of well being and relieving physical symptoms. There are many to choose from for use in the treatment of colds and flus. Probably the one that everyone has in their cupboard is eucalyptus and this oil covers a wide range of flu-like symptoms, but the pine smelling oils, such as Atlas cedarwood, are pleasant and effective as are ravensara, rosemary and spike lavender. And remember that lavender (French or true) is very helpful in treating headache.

I am now working from *Earth Body and Soul*, but for an appointment you can reach me on 0419 604 605. An aromatherapy massage costs is therapeutic and very relaxing. The cost is \$60. Allow 1-1.5 hours.

*Jane*

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Diane **Greig**, Connect 3 Real Estate, Nabiac on 6554 1330

Jackie **Buckingham**, Buckingham's Real Estate, Nabiac on 6554 1107

Gordon **Foy**, 2949 Bucketts Way, Belbora on 6550 2547 or 0417 290 874

Julie **Arnoux**, 2 Cowper Street, Nabiac on 0434 253 266

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## News From The Pews

### Nabiac Uniting Church

Services are held every Sunday at 10:15am for fellowship and coffee before commencement of service at 10:30am

Holy Communion is celebrated with the service on the 3<sup>rd</sup> Sunday.

For information regarding the Uniting Church, Nabiac please contact Margaret **Weller** (6554 1212), Jill **Hammond** (6555 7747)

### St John's Anglican Church, Dyers Crossing

A Contemporary Service is held on 2<sup>nd</sup> Sunday of the month at **11:30am**. Families & children most welcome

Services of Holy Communion will be held at **11:30am** on the 4<sup>th</sup> Sunday of the month.

A non-denominational Bible Study group meets fortnightly. Ring Peggy **Sawyer** on 6559 1238 for details re times.

### St Isidore's Catholic Church, Nabiac

**July Mass** time Sunday 23<sup>th</sup> at 9.00am

(note that in future Mass will be held every 4<sup>th</sup> Sunday in Nabiac)

### St Bernadette's Catholic Church, Krambach

**July Mass** times are: - , Sunday 9<sup>th</sup> at 9.00am, Saturday 15<sup>th</sup> at 5.00pm,

Saturday 29<sup>th</sup> at 5.00pm Liturgy of the Word

Could be subject to change - check with Helen **Legg** on 6559 1211

### St Thomas' Presbyterian Church, Krambach

A Family Service is held on the last Sunday of each month at 11:15am. A light luncheon is served afterwards. All welcome. Any enquiries please phone Pastor Michael Deal on 6553 0077.

### St Paul's Anglican Church, Nabiac

A Contemporary Service is held on 1<sup>st</sup> Sunday of the month at **11:30** am. Families & children most welcome

Services of Holy Communion will be held at **11:30** am on the 3<sup>rd</sup> Sundays of the month.

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Hi everyone, Barb and I have some exciting news at Belinda's Beauty Salon.

Barb will no longer be working Friday's but she will be available on a Thursday.

Now we would like to introduce a new member to our family here, **Jess Nye**. Jess is a local lady who will be working Friday's and Saturday by appointment. She is from NABIAC, and works Tuesday, Wednesday and Thursday's at Taree.

She is young and loves doing trendy new styles and bright colours. So our salon will now be open 5 days a week.

**Barb** - Monday, Tuesday, Wednesday, Thursday

**Belinda** - Monday, Wednesday, Friday

**Jess** - Friday, Saturday by appointment.

Jess has some opening specials for July.

**Free haircut with any colour service**

**Free treatment with any shampoo or blow dry. So give us a call.**

Check us out on Facebook @ Belinda's beauty salon.

I now leave you with our saying of the month.

*The purpose of life is a life of purpose. ☺*

*Belinda & Barb*

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